Prova 1 — Femin., 800m Livres — Master Esc A
09-07-2021 — Resultados

RN A(25-29) 10:12.96 LEITE Ana Filipa AAC Oeiras 01-07-2011

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	ROSAS Joana Filipa	95	Leixoes	**11:25.14**		524	9,00
	50m:		250m:		450m:		650m:
	100m: 1:17.73		300m: 4:10.04		500m: 7:06.59		700m: 10:01.99
	150m:		350m:		550m:		750m:
	200m: 2:42.71		400m: 5:38.75		600m: 8:34.41		800m: 11:25.14
2.	FERNANDES Alexia Alves	96	Fluvial Portuense	**12:52.28**		366	7,00
	100m: 1:27.77	1:27.77	300m: 4:41.20	1:37.38	500m: 7:59.14	1:38.96	700m: 11:16.36 1:38.68
	200m: 3:03.82	1:36.05	400m: 6:20.18	1:38.98	600m: 9:37.68	1:38.54	800m: 12:52.28 1:35.92
3.	VIEIRA Barbara Rocha	94	Gafanha da Encarnacao	**13:56.32**		288	6,00
	100m: 1:37.34	1:37.34	300m: 5:07.71	1:46.66	500m: 8:44.06	1:48.62	700m: 12:15.99 1:45.62
	200m: 3:21.05	1:43.71	400m: 6:55.44	1:47.73	600m: 10:30.37	1:46.31	800m: 13:56.32 1:40.33

Prova 1 — Femin., 800m Livres — Master Esc B
09-07-2021 — Resultados

RN B(30-34) 9:37.05 GRILO Ana Paula UDCA Millau (FRA) 26-08-2003

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	**11:42.51**		520	9,00
	50m:		250m:		450m:		650m:
	100m: 1:23.35		300m: 4:20.07		500m: 7:19.67		700m: 10:16.94
	150m:		350m:		550m:		750m:
	200m: 2:50.52		400m: 5:50.11		600m: 8:49.34		800m: 11:42.51
2.	MOLEN Laurelin Lucinda	87	CCDSerta	**13:36.86**		330	7,00
	100m: 1:34.61	1:34.61	300m: 5:00.94	1:44.48	500m: 8:30.20	1:44.83	700m: 11:56.22 1:41.75
	200m: 3:16.46	1:41.85	400m: 6:45.37	1:44.43	600m: 10:14.47	1:44.27	800m: 13:36.86 1:40.64

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Prova 1, Femin., 800m Livres

Prova 1 — Femin., 800m Livres — Master Esc C
09-07-2021 — Resultados

RN C(35-39) 9:30.91 GRILO Ana Paula UDCA Stanford (USA) 04-08-2006

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	CARVALHO Ines Silva	83	Fluvial Portuense	**17:01.67**		184	9,00

100m:	4:09.35	4:09.35	400m:	8:29.63	2:10.03	600m:	12:47.88	2:10.40	800m:	17:01.67	2:02.64
200m:	6:19.60	2:10.25	500m:	10:37.48	2:07.85	700m:	14:59.03	2:11.15			

Prova 1 — Femin., 800m Livres — Master Esc D
09-07-2021 — Resultados

RN D(40-44) 10:27.37 GRILO Ana Paula INDALEN Oeiras 01-07-2011

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SILVA Ana Sofia	78	Fluvial Portuense	**12:17.53**		506	9,00
2.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	**12:26.77**		488	7,00
3.	NEVES Isabel Carolina	80	Fluvial Portuense	**14:26.23**		312	6,00
4.	MARTINS Ana Maria	79	Sporting de Aveiro	**16:09.74**		222	5,00
5.	LEITE Joana Isabel	80	Fluvial Portuense	**19:13.13**		132	4,00

50m:			250m:			450m:			650m:		
100m:	1:27.47		300m:	4:32.90		500m:	7:38.96		700m:	10:45.49	
150m:			350m:			550m:			750m:		
200m:	2:59.51		400m:	6:06.14		600m:	9:12.06		800m:	12:17.53	
50m:			250m:			450m:			650m:		
100m:	1:23.98		300m:	4:31.75		500m:	7:43.41		700m:	10:53.12	
150m:			350m:			550m:			750m:		
200m:	2:56.57		400m:	6:07.37		600m:	9:17.84		800m:	12:26.77	
50m:			250m:			450m:			650m:		
100m:	1:38.61		300m:	5:16.71		500m:	9:00.82		700m:	12:42.28	
150m:			350m:			550m:			750m:		
200m:	3:26.70		400m:	7:07.99		600m:	10:53.24		800m:	14:26.23	
50m:			250m:			450m:			650m:		
100m:	1:57.12		300m:	6:05.04		500m:	10:11.41		700m:	14:15.08	
150m:			350m:			550m:			750m:		
200m:	4:01.70		400m:	8:08.55		600m:	12:14.06		800m:	16:09.74	
100m:	2:09.46	2:09.46	300m:	6:57.47	2:26.31	500m:	11:49.91	2:27.05	700m:	16:50.20	2:29.40
200m:	4:31.16	2:21.70	400m:	9:22.86	2:25.39	600m:	14:20.80	2:30.89	800m:	19:13.13	2:22.93

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Prova 1, Femin., 800m Livres

Prova 1 — Femin., 800m Livres — Master Esc E
09-07-2021 — Resultados

RN E(45-49) 11:01.56 ROTHES Ines Maria CFP Reguengos de Monsaraz 19-07-2019

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	COSTA Maria Luisa	74	Fluvial Portuense	**11:47.99**		551	9,00
	50m:	250m:	450m:	650m:			
	100m: 1:21.12	300m: 4:16.55	500m: 7:15.64	700m: 10:18.26			
	150m:	350m:	550m:	750m:			
	200m: 2:48.86	400m: 5:46.30	600m: 8:47.09	800m: 11:47.99			
2.	ROTHES Ines Maria	73	Fluvial Portuense	**12:47.80**		432	7,00
	50m:	250m:	450m:	650m:			
	100m: 1:26.84	300m: 4:37.76	500m: 7:54.61	700m: 11:11.51			
	150m:	350m:	550m:	750m:			
	200m: 3:00.87	400m: 6:06.36	600m: 9:33.02	800m: 12:47.80			
3.	LOBO Isabel Xavier	76	Lisboa PoolSharks	**14:54.59**		273	6,00
	50m:	250m:	450m:	650m:			
	100m: 1:45.71	300m: 5:27.31	500m: 9:14.03	700m: 13:02.11			
	150m:	350m:	550m:	750m:			
	200m: 3:35.77	400m: 7:20.55	600m: 11:07.76	800m: 14:54.59			
4.	RIBEIRO Helena Isabel	74	Lagoa AC	**15:48.08**		229	5,00
	50m:	250m:	450m:	650m:			
	100m: 1:49.60	300m: 5:47.91	500m: 9:49.91	700m: 13:51.73			
	150m:	350m:	550m:	750m:			
	200m: 3:47.94	400m: 7:49.45	600m: 11:51.14	800m: 15:48.08			
5.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	**16:08.05**		215	4,00
	100m: 1:37.31 1:37.31	300m: 5:36.06 2:03.98	500m: 9:49.18	2:07.69	700m: 14:02.96	2:06.15	
	200m: 3:32.08 1:54.77	400m: 7:41.49 2:05.43	600m: 11:56.81	2:07.63	800m: 16:08.05	2:05.09	
6.	PINTO Isabel Maria	72	Fluvial Portuense	**16:38.91**		196	3,00
	100m: 1:57.06 1:57.06	300m: 6:08.54 2:06.62	500m: 10:22.82	2:07.01	700m: 14:37.59	2:07.76	
	200m: 4:01.92 2:04.86	400m: 8:15.81 2:07.27	600m: 12:29.83	2:07.01	800m: 16:38.91	2:01.32	
7.	BENTO Teresa Sofia	74	Fluvial Portuense	**18:41.86**		138	2,00
	100m: 2:02.11 2:02.11	300m: 6:39.11 2:21.34	500m: 11:38.41	2:29.48	700m: 16:31.56	2:27.87	
	200m: 4:17.77 2:15.66	400m: 9:08.93 2:29.82	600m: 14:03.69	2:25.28	800m: 18:41.86	2:10.30	
8.	ALMEIDA Maria Astride	72	Fluvial Portuense	**19:28.80**		122	1,00
	100m: 2:14.65 2:14.65	300m: 7:10.41 2:29.10	500m: 12:06.51	2:28.05	700m: 17:04.62	2:27.92	
	200m: 4:41.31 2:26.66	400m: 9:38.46 2:28.05	600m: 14:36.70	2:30.19	800m: 19:28.80	2:24.18	
DNS	SANTINHA Fernanda Maria	72	Masters de Almada				-

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Prova 1, Femin., 800m Livres

Prova 1 | Femin., 800m Livres | Master Esc F
09-07-2021 | Resultados

RN F(50-54) 11:28.66 GRILO Ana Paula NDCO Vitoria (ESP) 27-04-2019

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PEREIRA Patricia Diogenes	69	Lisboa PoolSharks	**11:36.99**		613	9,00
	50m:		250m:		450m:		650m:
	100m: 1:24.01		300m: 4:18.16		500m: 7:14.61		700m: 10:10.65
	150m:		350m:		550m:		750m:
	200m: 2:50.50		400m: 5:45.87		600m: 8:43.08		800m: 11:36.99
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	**12:00.70**		555	7,00
	50m:		250m:		450m:		650m:
	100m: 1:22.82		300m: 4:19.82		500m: 7:25.47		700m: 10:30.34
	150m:		350m:		550m:		750m:
	200m: 2:49.64		400m: 5:52.06		600m: 8:57.94		800m: 12:00.70
3.	PALHARES Daniela Maria	71	Fluvial Portuense	**14:08.42**		340	6,00
	100m: 1:36.54 1:36.54		300m: 5:10.81 1:47.92		500m: 8:50.04 1:49.28		700m: 12:24.53 1:46.79
	200m: 3:22.89 1:46.35		400m: 7:00.76 1:49.95		600m: 10:37.74 1:47.70		800m: 14:08.42 1:43.89
4.	REIS Margarida Bleck	68	Porto	**15:03.52**		281	5,00
	100m: 1:42.10 1:42.10		300m: 5:33.27 1:56.12		500m: 9:25.54 1:55.81		700m: 13:14.55 1:53.97
	200m: 3:37.15 1:55.05		400m: 7:29.73 1:56.46		600m: 11:20.58 1:55.04		800m: 15:03.52 1:48.97
5.	FERREIRA Maria Manuela	70	Vitoria Guimaraes	**15:15.02**		271	4,00
	50m:		250m:		450m:		650m:
	100m: 1:39.72		300m: 5:27.88		500m: 9:27.24		700m: 13:30.85
	150m:		350m:		550m:		750m:
	200m: 3:30.92		400m: 7:27.27		600m: 11:24.73		800m: 15:15.02
6.	BARBARA Ana Bernardo	70	Lagoa AC	**15:39.61**		250	3,00
	100m: 1:43.50 1:43.50		300m: 5:43.08 2:03.41		500m: 9:48.18 2:01.36		700m: 13:46.66 1:58.19
	200m: 3:39.67 1:56.17		400m: 7:46.82 2:03.74		600m: 11:48.47 2:00.29		800m: 15:39.61 1:52.95
7.	SOARES Susana Maria	70	Natacao de Valongo	**16:46.85**		203	2,00
	100m: 1:53.38 1:53.38		300m: 6:07.84 2:08.00		500m: 10:25.91 2:09.10		700m: 14:43.14 2:09.05
	200m: 3:59.84 2:06.46		400m: 8:16.81 2:08.97		600m: 12:34.09 2:08.18		800m: 16:46.85 2:03.71
8.	GARCIA Ana Luisa	70	Leixoes	**17:09.05**		190	1,00
	100m: 2:04.07 2:04.07		300m: 6:17.18 2:06.95		500m: 10:34.36 2:08.70		700m: 14:56.59 2:13.58
	200m: 4:10.23 2:06.16		400m: 8:25.66 2:08.48		600m: 12:43.01 2:08.65		800m: 17:09.05 2:12.46

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Prova 1, Femin., 800m Livres

Prova 1 — Femin., 800m Livres — Master Esc G
09-07-2021 — Resultados

RN G(55-59) 11:40.48 KRAEVA Elena Nikolaevna ADRCIMM Loulé 13-07-2018

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	GUIMARAES Rita Cabral	64	Fluvial Portuense	**14:07.98**		363	9,00
	100m: 1:39.31 1:39.31	300m: 5:14.87 1:48.35	500m: 8:50.48 1:48.17	700m: 12:25.22 1:47.11			
	200m: 3:26.52 1:47.21	400m: 7:02.31 1:47.44	600m: 10:38.11 1:47.63	800m: 14:07.98 1:42.76			
2.	FERNANDES Maria Santos	62	Leixoes	**14:39.53**		325	7,00
	100m: 1:42.48 1:42.48	300m: 5:22.92 1:51.21	500m: 9:07.49 1:51.94	700m: 12:50.88 1:51.03			
	200m: 3:31.71 1:49.23	400m: 7:15.55 1:52.63	600m: 10:59.85 1:52.36	800m: 14:39.53 1:48.65			
3.	NETO Maria Manuela	62	Natacao da Maia	**15:56.51**		252	6,00
	100m: 1:52.24 1:52.24	300m: 5:54.15 2:00.01	500m: 9:55.54 2:00.79	700m: 13:57.88 2:01.62			
	200m: 3:54.14 2:01.90	400m: 7:54.75 2:00.60	600m: 11:56.26 2:00.72	800m: 15:56.51 1:58.63			
4.	CANINAS Maria Madalena	63	Masters de Almada	**16:24.31**		232	5,00
	50m:	250m:	450m:	650m:			
	100m: 1:51.22	300m: 6:02.97	500m: 10:16.98	700m: 14:25.22			
	150m:	350m:	550m:	750m:			
	200m: 3:56.29	400m: 8:10.73	600m: 12:22.30	800m: 16:24.31			
5.	MOTA Anabela Verissimo	66	Amigos da Natacao	**17:47.80**		181	4,00
	100m: 2:05.85 2:05.85	300m: 6:33.46 2:13.28	500m: 11:01.70 2:13.65	700m: 15:36.57 2:18.51			
	200m: 4:20.18 2:14.33	400m: 8:48.05 2:14.59	600m: 13:18.06 2:16.36	800m: 17:47.80 2:11.23			
6.	CARDOSO Helena Maria	66	Fluvial Portuense	**18:25.03**		164	3,00
	100m: 2:02.94 2:02.94	300m: 6:43.25 2:22.33	500m: 11:24.97 2:20.27	700m: 16:07.00 2:21.54			
	200m: 4:20.92 2:17.98	400m: 9:04.70 2:21.45	600m: 13:45.46 2:20.49	800m: 18:25.03 2:18.03			
7.	MARTINS Delfina Maria	66	Ginasio Santo Tirso	**18:25.85**		163	2,00
	100m: 2:10.33 2:10.33	300m: 6:47.18 2:19.34	500m: 11:26.58 2:19.57	700m: 16:07.20 2:20.78			
	200m: 4:27.84 2:17.51	400m: 9:07.01 2:19.83	600m: 13:46.42 2:19.84	800m: 18:25.85 2:18.65			

Prova 1 — Femin., 800m Livres — Master Esc H
09-07-2021 — Resultados

RN H(60-64) 12:46.28 FERREIRA Ana Maria SAD Riccione (ITA) 10-06-2012

Pontos: DSV Masters 20

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	CAEIRO Ana Maria	59	Amigos da Natacao	**16:30.06**		364	9,00
	50m:	250m:	450m:	650m:			
	100m: 1:55.99	300m: 6:07.45	500m: 10:19.01	700m: 14:29.42			
	150m:	350m:	550m:	750m:			
	200m: 4:01.07	400m: 8:13.19	600m: 12:24.58	800m: 16:30.06			
2.	DUPONT Ana Paula	58	Fluvial Portuense	**19:07.34**		234	7,00
	100m: 2:06.16 2:06.16	300m: 6:52.29 2:26.58	500m: 11:45.12 2:25.80	700m: 16:41.51 2:28.80			
	200m: 4:25.71 2:19.55	400m: 9:19.32 2:27.03	600m: 14:12.71 2:27.59	800m: 19:07.34 2:25.83			

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Prova 1, Femin., 800m Livres, Master Esc H

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
3.	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	**19:14.88**		229	6,00
	100m: 2:11.40 2:11.40	300m: 6:59.90 2:25.63	500m: 11:55.17 2:28.64	700m: 16:52.87 2:29.26			
	200m: 4:34.27 2:22.87	400m: 9:26.53 2:26.63	600m: 14:23.61 2:28.44	800m: 19:14.88 2:22.01			
DNS	WERNICKE Maria Giraldo	60	Fluvial Portuense				-

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