

Prova 5	Femin., 200m Costas					Absolutos
07-11-2020 - 10:45						Resultados
Rec Nac Absoluto	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017	
Rec Nac Sen	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017	
Rec Nac Jun17	2:11.13	REBELO Camila Rodrigues	ALN	Felgueiras	20-12-2019	
Rec Nac Jun16	2:11.74	REBELO Camila Rodrigues	ALN	Felgueiras	21-12-2018	
Rec Nac Juv A	2:14.11	REBELO Camila Rodrigues	ALN	Condeixa	12-05-2018	
Rec Nac Juv B	2:17.86	MARTINHEIRA Catia Raquel	LDC	Sines	21-12-2008	
Rec Nac Inf A	2:21.33	AZEVEDO Rafaela Gomes	SAD	Algés	06-06-2015	
Rec Nac Inf B	2:27.90	FERNANDES Carolina Miranda	CGA	Mealhada	26-03-2017	

Pontos: FINA 2020

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CATARINO Laura Andre	03	126929	CCDSerta	2:27.82	+0,70	524	23,00
	50m: 34.75 34.75			100m: 1:12.67 37.92	150m: 1:51.70 39.03	200m: 2:27.82 36.12		
2.	CANINHAS Maria Pinto	05	201665	Natacao do Fundao	2:28.85	+0,89	513	21,00
	50m: 34.83 34.83			100m: 1:11.89 37.06	150m: 1:51.05 39.16	200m: 2:28.85 37.80		
3.	MAGALHAES Luana Cardoso	06	201688	Bombeiros Estoris	2:28.90	+0,69	513	20,00
	50m: 35.07 35.07			100m: 1:13.40 38.33	150m: 1:51.16 37.76	200m: 2:28.90 37.74		
4.	FERREIRA Leonor Marques	03	126252	Campinho	2:33.16	+0,68	471	19,00
	50m: 35.08 35.08			100m: 1:14.26 39.18	150m: 1:54.21 39.95	200m: 2:33.16 38.95		
5.	NARCISO Susana Chanoca	04	129388	CPCD-Povoa St Iria	2:34.11	+0,76	463	18,00
	50m: 35.89 35.89			100m: 1:14.98 39.09	150m: 1:54.64 39.66	200m: 2:34.11 39.47		
6.	CONCEICAO Sara Oliveira	07	203607	Feirense	2:36.93	+0,82	438	17,00
	50m: 36.33 36.33			100m: 1:16.52 40.19	150m: 1:57.32 40.80	200m: 2:36.93 39.61		
7.	SOUSA Matilde Filipe	07	200333	Nucleo Sporting da Terceira	2:37.48		433	16,00
8.	INACIO Ana Sofia	04	202686	Vikings	2:40.10	+0,79	413	15,00
	50m: 36.50 36.50			100m: 1:16.14 39.64	150m: 1:58.96 42.82	200m: 2:40.10 41.14		
9.	FELIX Ines Silva	04	125697	Sporting de Aveiro	2:42.67	+0,62	393	14,00
	50m: 37.74 37.74			100m: 1:18.98 41.24	150m: 2:01.00 42.02	200m: 2:42.67 41.67		
10.	LUIS Jessica Santos	00	111887	Sao Roque	2:43.06		390	13,00
11.	MACEDO Laura Pinheiro	07	202537	Albicastrense	2:45.01	+0,83	377	12,00
	50m: 39.54 39.54			100m: 1:21.34 41.80	150m: 2:03.61 42.27	200m: 2:45.01 41.40		
12.	CARICHAS Joana Medeiros	06	200965	Juventude Atlantico	2:49.35		348	11,00
13.	JESUS Beatriz Alexandra	03	123290	Peso da Regua	2:49.93	+1,00	345	10,00
	50m: 40.40 40.40			100m: 1:22.37 41.97	150m: 2:06.10 43.73	200m: 2:49.93 43.83		
14.	PEREIRA Filipa Maria	06	201139	Aminata	2:50.41	+0,86	342	9,00
	50m: 39.07 39.07			100m: 1:20.80 41.73	150m: 2:05.37 44.57	200m: 2:50.41 45.04		
15.	OLIVEIRA Marta Alexandra	06	129783	Sporting de Espinho	2:51.73	+0,71	334	8,00
	50m: 40.36 40.36			100m: 1:24.21 43.85	150m: 2:09.02 44.81	200m: 2:51.73 42.71		
16.	REIS Mariana Tavares	05	132979	Agua de Pau	2:51.78		334	7,00
17.	COSTA Ana Medeiros	07	152164	Ginasio Santo Tirso	2:52.19	+0,90	331	6,00
	50m: 39.69 39.69			100m: 1:22.46 42.77	150m: 2:08.39 45.93	200m: 2:52.19 43.80		
18.	CUNHA Victoria Elisabete	06	203081	Naval Praia Vitoria	2:53.97		321	5,00
19.	BARBOSA Ines Santos	07	208653	Fundacao Salesianos	2:57.76	+0,73	301	4,00
	50m: 43.01 43.01			100m: 1:28.56 45.55	150m: 2:14.45 45.89	200m: 2:57.76 43.31		

Prova 5, Femin., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	GIL Matilde Basilio 50m: 40.91 40.91	03	125757	Natacao do Tejo	2:59.57 100m: 1:26.31 45.40 150m: 2:13.58 47.27	+0,85	292	3,00
21.	MEDROA Margarida Viegas 50m: 41.63 41.63	06	200866	Nautico Abrantes	3:02.00 100m: 1:27.19 45.56 150m: 2:15.27 48.08	+0,71	281	2,00
22.	MONRAIA Matilde Nabeiro 50m: 42.48 42.48	06	206511	CLAC-Entroncamento	3:05.63 100m: 1:29.76 47.28 150m: 2:18.73 48.97	+0,87	264	1,00
EXH	TRINDADE Cristina Alexandra	03	208556	Peso da Regua				-