

Prova 3
25-01-2020

Femin., 200m Livres

Absoluto
Resultados

S1	59:00.00	start							
S2	59:00.00	start							
S3	5:07.35	BARROSO Susana Cristina	GESL	Lisboa				26-05-2001	
S4	4:07.64	GUIMARAES Diana Lobo	FCP	Vila Franca de Xira				01-12-2007	
S5	3:31.89	MORGADO Maria Joao	POR	Braunschweig (GER)				13-08-1999	
S14	2:48.99	RESENDE Sonia Castanheiro	POR	Loano (ITA)				11-06-2016	
S15	2:40.90	ALMEIDA Eunice Evora	SCP	Povoa de Varzim				12-05-2018	
S16	3:35.36	TABORDA Maria Joao	FCP	Povoa de Varzim				07-04-2019	
S17	59:00.00	start							
S21	3:34.41	TORRES Diana Ines	ADADA	Vila Franca de Xira				05-03-2016	

S1 Esp S1: 11:19.32; Sen S1: 11:06.00 / S2 Esp S2: 9:32.25; Sen S2: 9:21.03 / S3 Esp S3: 7:50.25; Sen S3: 7:41.03 /
S4 Esp S4: 6:18.89; Sen S4: 6:11.46 / S5 Esp S5: 5:24.19; Sen S5: 5:17.84 / S14 Esp S14: 4:18.55; Sen S14: 4:13.48 /
S114 Esp S114: 4:18.55; Sen S114: 4:13.48 / S15 Esp S15: 3:29.24; Sen S15: 3:24.13 / S16 Esp S16: 4:18.55; Sen S16: 4:13.48 /
S17 Esp S17: 4:18.55; Sen S17: 4:13.48 / S21 Esp S21: 5:28.05; Sen S21: 5:21.62

Pontos: KNZB 2018 + Para

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S1-S14-Absolutos

1.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	3:46.89	156	9,00
	50m: 45.99 45.99	100m: 1:42.01 56.02	150m: 2:45.29 1:03.28	200m: 3:46.89 1:01.60				
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	3:56.36	138	7,00
	50m: 51.63 51.63	100m: 1:54.02 1:02.39	150m: 2:55.32 1:01.30	200m: 3:56.36 1:01.04				
3.	REGO Joana Candeias	04	S14		ADADA Porto	3:57.36	136	9,00
	50m: 52.65 52.65	100m: 1:51.29 58.64	150m: 2:52.54 1:01.25	200m: 3:57.36 1:04.82				
DSQ	CARVALHO Ana Filipa	88	S14		Sporting			-
	, 3.8.5 - O(A) atleta puxou pela pista separadora aos 120 metros							

Classe S21 (SDown)-Absolutos

1.	REIS Adriana Godinho	95	S21		Feira Viva	3:51.78		9,00
	50m: 53.56 53.56	100m: 1:53.17 59.61	150m: 2:53.99 1:00.82	200m: 3:51.78 57.79				
	GASPAR Matilde Lucia	06	S21		APC Coimbra	4:14.82		9,00
	50m: 58.47 58.47	100m: 2:05.40 1:06.93	150m: 3:14.81 1:09.41	200m: 4:14.82 1:00.01				

Classe S14-Esperanças

1.	REGO Joana Candeias	04	S14		ADADA Porto	3:57.36	136	9,00
	50m: 52.65 52.65	100m: 1:51.29 58.64	150m: 2:52.54 1:01.25	200m: 3:57.36 1:04.82				

Classe S14-Seniores

1.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	3:46.89	156	9,00
	50m: 45.99 45.99	100m: 1:42.01 56.02	150m: 2:45.29 1:03.28	200m: 3:46.89 1:01.60				
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	3:56.36	138	7,00
	50m: 51.63 51.63	100m: 1:54.02 1:02.39	150m: 2:55.32 1:01.30	200m: 3:56.36 1:01.04				

DSQ CARVALHO Ana Filipa 88 S14 Sporting -
, 3.8.5 - O(A) atleta puxou pela pista separadora aos 120 metros

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Classe S21 (SDown)-Esperanças

1. GASPAR Matilde Lucia	06	S21	APC Coimbra	4:14.82	9,00
50m: 58.47 58.47	100m: 2:05.40 1:06.93	150m: 3:14.81 1:09.41	200m: 4:14.82 1:00.01		

Classe S21 (SDown)-Seniores

1. REIS Adriana Godinho	95	S21	Feira Viva	3:51.78	9,00
50m: 53.56 53.56	100m: 1:53.17 59.61	150m: 2:53.99 1:00.82	200m: 3:51.78 57.79		

EXH BRANCOURT Yonina	04	Geslours			-
EXH COSTA Catarina Nunes	04	Geslours	2:23.09		-
50m: 33.32 33.32	100m: 1:09.62 36.30	150m: 1:46.81 37.19	200m: 2:23.09 36.28		