

Prova 24  
26-01-2020

Femin., 200m Estilos

Absoluto  
Resultados

S5	4:26.08	FRAGOSO Simone Silva	POR	Rio de Janeiro (BRA)	15-09-2016
S6	59:00.00	start			
S7	59:00.00	start			
S8	3:19.65	CASTRO Ana Filipa	FVCD	Oeiras	12-05-2019
S9	2:51.48	VEIGA Susana Pereira	POR	Londres (GBR)	14-09-2019
S10	2:50.03	NEVES Teresa Lamego	SCP	Vila Franca de Xira	23-02-2014
S11	59:00.00	start			
S12	59:00.00	start			
S13	59:00.00	start			
S14	3:15.72	RESENDE Sonia Castanheiro	SCA	Póvoa de Varzim	19-06-2016
S15	3:10.42	LOURENCO Susana Maria	SCP	Póvoa de Varzim	10-05-2015
S16	59:00.00	start			
S17	59:00.00	start			
S21	4:06.35	NG Mannie	GESL	Póvoa de Varzim	26-02-2015

S5 Esp S5: 6:47.10; Sen S5: 6:39.12 / S6 Esp S6: 5:29.59; Sen S6: 5:23.13 / S7 Esp S7: 5:16.71 / S8 Esp S8: 4:35.40;  
Sen S8: 4:30.00 / S9 Esp S9: 4:23.96; Sen S9: 4:18.78 / S10 Esp S10: 4:20.15; Sen S10: 4:15.04 / S11 Esp S11: 4:20.15;  
Sen S11: 4:15.04 / S11 Esp S11: 4:58.35; Sen S11: 4:52.50 / S12 Esp S12: 4:50.70; Sen S12: 4:45.00 / S13 Esp S13: 4:13.98;  
Sen S13: 4:09.00 / S113 Esp S113: 4:13.98; Sen S113: 4:09.00 / S14 Esp S14: 4:59.45; Sen S14: 4:53.58 / S114 Esp S114: 4:59.45;  
Sen S114: 4:46.88 / S15 Esp S15: 3:54.22; Sen S15: 3:48.50 / S16 Esp S16: 4:59.45; Sen S16: 4:53.58 / S17 Esp S17: 4:59.45;  
Sen S17: 4:53.58 / S21 Esp S21: 6:16.92; Sen S21: 6:09.53

Pontos: KNZB 2018 + Para

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe SM5-SM14-Absolutos

1.	BREUER Janina	98	SM14		SSC Karlsruhe	<b>2:43.82</b>	603	-
	50m: 35.39 35.39	100m: 1:17.37 41.98	150m: 2:06.88 49.51	200m: 2:43.82 36.94				
2.	PINTO Renata Vaz	99	SM9	1,3,5	ADADA Porto	<b>2:59.40</b>	597	9,00
	50m: 39.94 39.94	100m: 1:26.40 46.46	150m: 2:15.37 48.97	200m: 2:59.40 44.03				
3.	SONNTAG Peggy	99	SM5	3,5,12+	BV Leipzig	<b>3:57.62</b>	539	-
	<i>Minimos MQS JO Para Swim</i>							
	50m: 53.37 53.37	100m: 1:55.97 1:02.60	150m: 3:01.31 1:05.34	200m: 3:57.62 56.31				
4.	CORREIA Ana Beatriz	98	SM10	8	Natacao de Faro	<b>3:08.20</b>	456	9,00
	50m: 37.00 37.00	100m: 1:28.92 51.92	150m: 2:25.94 57.02	200m: 3:08.20 42.26				
5.	FRAGOSO Simone Silva	80	SM5	A Y 3,5,12+	Palmela Desporto	<b>4:44.98</b>	313	7,00
	50m: 58.00 58.00	100m: 2:10.61 1:12.61	150m: 3:38.95 1:28.34	200m: 4:44.98 1:06.03				
6.	VASCO Maria Sio	00	SM10	3,5,12+	Desportivo de Odemira	<b>4:28.00</b>	158	-
	50m: 1:02.88 1:02.88	100m: 2:07.24 1:04.36	150m: 3:26.20 1:18.96	200m: 4:28.00 1:01.80				

Classe SM5-Seniores

1.	SONNTAG Peggy	99	SM5	3,5,12+	BV Leipzig	<b>3:57.62</b>	539	-
	<i>Minimos MQS JO Para Swim</i>							
	50m: 53.37 53.37	100m: 1:55.97 1:02.60	150m: 3:01.31 1:05.34	200m: 3:57.62 56.31				
2.	FRAGOSO Simone Silva	80	SM5	A Y 3,5,12+	Palmela Desporto	<b>4:44.98</b>	313	7,00
	50m: 58.00 58.00	100m: 2:10.61 1:12.61	150m: 3:38.95 1:28.34	200m: 4:44.98 1:06.03				

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Classe SM9-Seniores

1. PINTO Renata Vaz 99 SM9 1,3,5 ADADA Porto **2:59.40** 597 9,00  
50m: 39.94 39.94 100m: 1:26.40 46.46 150m: 2:15.37 48.97 200m: 2:59.40 44.03

Classe SM10-Seniores

1. CORREIA Ana Beatriz 98 SM10 8 Natacao de Faro **3:08.20** 456 9,00  
50m: 37.00 37.00 100m: 1:28.92 51.92 150m: 2:25.94 57.02 200m: 3:08.20 42.26  
2. VASCO Maria Sio 00 SM10 3,5,12+ Desportivo de Odemira **4:28.00** 158 -  
50m: 1:02.88 1:02.88 100m: 2:07.24 1:04.36 150m: 3:26.20 1:18.96 200m: 4:28.00 1:01.80

Classe SM14-Seniores

1. BREUER Janina 98 SM14 SSC Karlsruhe **2:43.82** 603 -  
50m: 35.39 35.39 100m: 1:17.37 41.98 150m: 2:06.88 49.51 200m: 2:43.82 36.94

Classe SM21 (SDown)-Absolutos

1. CASTRO Ana Alexandra 92 SM21 Porto **4:32.47** 9,00  
50m: 1:02.80 1:02.80 100m: 2:11.52 1:08.72 150m: 3:30.57 1:19.05 200m: 4:32.47 1:01.90  
GOMES Barbara Ines 91 SM21 APC Coimbra **4:48.80** 9,00  
50m: 1:12.16 1:12.16 100m: 2:31.37 1:19.21 150m: 3:44.95 1:13.58 200m: 4:48.80 1:03.85

Classe SM21 (SDown)-Seniores

1. CASTRO Ana Alexandra 92 SM21 Porto **4:32.47** 9,00  
50m: 1:02.80 1:02.80 100m: 2:11.52 1:08.72 150m: 3:30.57 1:19.05 200m: 4:32.47 1:01.90  
GOMES Barbara Ines 91 SM21 APC Coimbra **4:48.80** 9,00  
50m: 1:12.16 1:12.16 100m: 2:31.37 1:19.21 150m: 3:44.95 1:13.58 200m: 4:48.80 1:03.85