

Campeonato Nacional Juniores e Seniores de Piscina Curta
Felgueiras, 20 a 22 de Dezembro de 2019



Prova 1
20-12-2019 - 17:20

Masc., 800m Livres

Absolutos
Resultados

RN25 Absoluto	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
RN25 Sen	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
RN25 Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto	11-12-2015
RN25 Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
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Seniores

1.	LOPES Jose Paulo	00	Braga	7:42.14	+0,67	883
	<i>Rec Nacional, Sen e Abs</i>					
	50m: 25.97 25.97	250m: 2:21.63 29.10	450m: 4:18.12 28.69	650m: 6:14.98 29.35		
	100m: 54.45 28.48	300m: 2:50.85 29.22	500m: 4:47.22 29.10	700m: 6:44.40 29.42		
	150m: 1:23.29 28.84	350m: 3:20.18 29.33	550m: 5:16.31 29.09	750m: 7:14.09 29.69		
	200m: 1:52.53 29.24	400m: 3:49.43 29.25	600m: 5:45.63 29.32	800m: 7:42.14 28.05		
2.	GIL Rafael Lourenco	96	Sporting	7:56.53	+0,74	805
	50m: 27.40 27.40	250m: 2:26.25 29.97	450m: 4:26.51 30.01	650m: 6:26.86 30.17		
	100m: 56.63 29.23	300m: 2:56.25 30.00	500m: 4:56.54 30.03	700m: 6:57.05 30.19		
	150m: 1:26.30 29.67	350m: 3:26.36 30.11	550m: 5:26.55 30.01	750m: 7:27.24 30.19		
	200m: 1:56.28 29.98	400m: 3:56.50 30.14	600m: 5:56.69 30.14	800m: 7:56.53 29.29		
3.	CARDOSO Diogo Santos	01	Colegio Monte Maior	8:13.31		726
	50m: 28.61 28.61	250m: 2:32.09 31.04	450m: 4:37.34 31.37	650m: 6:42.05 31.09		
	100m: 59.49 30.88	300m: 3:03.36 31.27	500m: 5:08.59 31.25	700m: 7:13.42 31.37		
	150m: 1:30.34 30.85	350m: 3:34.40 31.04	550m: 5:39.84 31.25	750m: 7:43.99 30.57		
	200m: 2:01.05 30.71	400m: 4:05.97 31.57	600m: 6:10.96 31.12	800m: 8:13.31 29.32		
4.	SANTOS Pedro Miguel	01	Porto	8:18.85	+0,63	702
	50m: 27.74 27.74	250m: 2:27.73 30.17	450m: 4:32.63 31.68	650m: 6:42.77 32.59		
	100m: 57.83 30.09	300m: 2:58.36 30.63	500m: 5:04.67 32.04	700m: 7:15.05 32.28		
	150m: 1:27.63 29.80	350m: 3:29.56 31.20	550m: 5:37.05 32.38	750m: 7:46.44 31.39		
	200m: 1:57.56 29.93	400m: 4:00.95 31.39	600m: 6:10.18 33.13	800m: 8:18.85 32.41		
5.	CRUZ Miguel Duarte	99 S15	Belenenses	9:07.81	+0,60	530
	<i>Rec Nacional S15</i>					
	50m: 30.49 30.49	250m: 2:48.95 35.00	450m: 5:09.52 35.30	650m: 7:28.17 34.27		
	100m: 1:04.29 33.80	300m: 3:24.13 35.18	500m: 5:43.94 34.42	700m: 8:01.69 33.52		
	150m: 1:39.18 34.89	350m: 3:59.11 34.98	550m: 6:19.10 35.16	750m: 8:35.38 33.69		
	200m: 2:13.95 34.77	400m: 4:34.22 35.11	600m: 6:53.90 34.80	800m: 9:07.81 32.43		

Juniores

1.	RIBEIRO Gustavo Carvalhais	03	Galitos / Bresimar	8:06.66	+1,82	756
	50m: 27.98 27.98	250m: 2:26.97 30.18	450m: 4:28.95 30.53	650m: 6:33.47 31.45		
	100m: 57.21 29.23	300m: 2:57.17 30.20	500m: 4:59.87 30.92	700m: 7:04.79 31.32		
	150m: 1:26.86 29.65	350m: 3:27.63 30.46	550m: 5:30.85 30.98	750m: 7:36.14 31.35		
	200m: 1:56.79 29.93	400m: 3:58.42 30.79	600m: 6:02.02 31.17	800m: 8:06.66 30.52		
2.	DEUS Andre Portugal	02	Naval do Funchal	8:22.48	+0,59	687
	50m: 27.86 27.86	250m: 2:30.79 31.14	450m: 4:37.44 31.78	650m: 6:44.19 32.16		
	100m: 57.94 30.08	300m: 3:02.43 31.64	500m: 5:08.85 31.41	700m: 7:16.89 32.70		
	150m: 1:28.56 30.62	350m: 3:34.03 31.60	550m: 5:40.34 31.49	750m: 7:49.76 32.87		
	200m: 1:59.65 31.09	400m: 4:05.66 31.63	600m: 6:12.03 31.69	800m: 8:22.48 32.72		

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Felgueiras, 20 a 22 de Dezembro de 2019



Prova 1, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
3.	AMARAL Francisco Rodriguez	02	Campinho	8:26.87	+0,73	669	
	50m: 28.40 28.40	250m: 2:31.28	31.26	450m: 4:38.18	31.76	650m: 6:48.05	32.52
	100m: 58.58 30.18	300m: 3:03.12	31.84	500m: 5:10.23	32.05	700m: 7:20.81	32.76
	150m: 1:29.12 30.54	350m: 3:34.75	31.63	550m: 5:42.75	32.52	750m: 7:54.03	33.22
	200m: 2:00.02 30.90	400m: 4:06.42	31.67	600m: 6:15.53	32.78	800m: 8:26.87	32.84

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