

Campeonato Nacional Clubes 2ª Divisão
Leiria, 14- - 15-12-2019



Prova 29
15-12-2019 - 16:00

Femin., 400m Estilos

2ª Divisão FEM
Resultados

RN25 Absoluto	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Sen	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Jun17	4:46.89	ROCHA Ines Neto	CAP	Felgueiras	15-04-2018
RN25 Jun16	4:50.85	DURAES Diana Margarida	FOCA	Silves	02-12-2011
RN25 Juv A	4:51.85	SANTOS Ana Claudia	SFUAP	Setubal	21-11-2004
RN25 Juv B	4:56.53	CUNHA Mariana Pacheco	CFP	Porto	05-05-2018
RN25 Inf A	5:03.94	FERNANDES Carolina Miranda	CGA	Condeixa	12-05-2018
RN25 Inf B	5:15.68	MIGUEL Susana Patricia	SFUAP	Rio Maior	06-07-2002

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MONTEIRO Ana Catarina	93	24320	Vilacondense	4:46.93	+0,78	734	25,0(-)
	50m: 29.35 29.35	150m: 1:39.58	37.37	250m: 2:57.79	41.56	350m: 4:14.24	34.23	
	100m: 1:02.21 32.86	200m: 2:16.23	36.65	300m: 3:40.01	42.22	400m: 4:46.93	32.69	
2.	MACHADO Luisa Maria	01	121850	Uniao Piedense	4:49.57	+0,81	715	23,0(-)
	50m: 30.47 30.47	150m: 1:43.99	37.47	250m: 3:01.98	40.20	350m: 4:16.42	33.28	
	100m: 1:06.52 36.05	200m: 2:21.78	37.79	300m: 3:43.14	41.16	400m: 4:49.57	33.15	
3.	MENDES Mariana Amaral	02	123959	Colegio Monte Maior	4:52.81	+0,77	691	22,0(-)
	50m: 31.91 31.91	150m: 1:46.87	38.66	250m: 3:06.58	41.66	350m: 4:20.91	33.30	
	100m: 1:08.21 36.30	200m: 2:24.92	38.05	300m: 3:47.61	41.03	400m: 4:52.81	31.90	
4.	VARGAS Giovanna Vaz	00	110957	Nautico Marinha Grande	4:54.62	+0,82	678	21,0(-)
	50m: 30.72 30.72	150m: 1:43.76	38.33	250m: 3:04.07	42.98	350m: 4:21.15	34.08	
	100m: 1:05.43 34.71	200m: 2:21.09	37.33	300m: 3:47.07	43.00	400m: 4:54.62	33.47	
5.	CARDEAL Beatriz Nunes	04	124753	Academico Viseu	5:01.83	+0,75	631	20,0(-)
	50m: 31.70 31.70	150m: 1:47.35	39.39	250m: 3:09.13	43.44	350m: 4:28.78	35.34	
	100m: 1:07.96 36.26	200m: 2:25.69	38.34	300m: 3:53.44	44.31	400m: 5:01.83	33.05	
6.	GARCIA Carla Goyanes	01	202653	Desportiva de Viana	5:06.83	+0,80	601	19,0(-)
	50m: 32.56 32.56	150m: 1:48.14	39.49	250m: 3:10.89	44.07	350m: 4:31.93	36.57	
	100m: 1:08.65 36.09	200m: 2:26.82	38.68	300m: 3:55.36	44.47	400m: 5:06.83	34.90	
7.	RIBEIRO Margarida Messias	98	110544	Geslours	5:08.40	+0,69	591	18,0(-)
	50m: 32.78 32.78	150m: 1:51.40	40.38	250m: 3:13.59	43.16	350m: 4:34.54	36.11	
	100m: 1:11.02 38.24	200m: 2:30.43	39.03	300m: 3:58.43	44.84	400m: 5:08.40	33.86	
8.	TOMAS Beatriz Monteiro	03	121183	Fundacao Beatriz Santos	5:09.70	+0,72	584	17,0(-)
	50m: 32.76 32.76	150m: 1:52.11	39.98	250m: 3:14.94	41.82	350m: 4:34.09	36.55	
	100m: 1:12.13 39.37	200m: 2:33.12	41.01	300m: 3:57.54	42.60	400m: 5:09.70	35.61	
9.	AGOSTINHO Catia Iordan	02	127312	Rio Maior	5:11.16	+0,83	576	16,0(-)
	50m: 33.07 33.07	150m: 1:50.29	39.51	250m: 3:14.33	44.95	350m: 4:35.69	35.75	
	100m: 1:10.78 37.71	200m: 2:29.38	39.09	300m: 3:59.94	45.61	400m: 5:11.16	35.47	
10.	DOMINGUES Monica Seara	00	110972	Braga	5:14.59	+0,84	557	15,0(-)
	50m: 32.16 32.16	150m: 1:48.98	39.94	250m: 3:14.61	45.92	350m: 4:39.12	37.62	
	100m: 1:09.04 36.88	200m: 2:28.69	39.71	300m: 4:01.50	46.89	400m: 5:14.59	35.47	
11.	FERREIRA Margarida Filipe	04	132347	Cova da Piedade	5:15.37	+0,84	553	14,0(-)
	50m: 34.39 34.39	150m: 1:57.04	44.49	250m: 3:20.54	41.00	350m: 4:39.19	35.86	
	100m: 1:12.55 38.16	200m: 2:39.54	42.50	300m: 4:03.33	42.79	400m: 5:15.37	36.18	
12.	RAMOS Ines Asseiceira	03	123618	Torres Novas	5:17.64	+0,79	541	13,0(-)
	50m: 32.91 32.91	150m: 1:51.06	39.04	250m: 3:16.85	47.02	350m: 4:41.40	37.11	
	100m: 1:12.02 39.11	200m: 2:29.83	38.77	300m: 4:04.29	47.44	400m: 5:17.64	36.24	
13.	VARANDAS Joana Filipa	02	124305	Laranjeiro	5:19.20	+0,78	533	12,0(-)
	50m: 33.53 33.53	150m: 1:53.46	41.68	250m: 3:20.91	46.63	350m: 4:44.73	35.94	
	100m: 1:11.78 38.25	200m: 2:34.28	40.82	300m: 4:08.79	47.88	400m: 5:19.20	34.47	
14.	COSTA Anita Gouveia	06	200417	Condeixa Clube	5:23.33	+0,76	513	11,0(-)
	50m: 34.37 34.37	150m: 1:54.36	40.64	250m: 3:22.80	48.15	350m: 4:48.08	36.20	
	100m: 1:13.72 39.35	200m: 2:34.65	40.29	300m: 4:11.88	49.08	400m: 5:23.33	35.25	

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	MACEDO Beatriz Daniela	02	124313	Vitoria Guimaraes	5:24.51	+0,85	508	10,0(-)
	50m: 33.93 33.93	150m: 1:55.69	43.07	250m: 3:23.00	45.29	350m: 4:47.17	37.51	
	100m: 1:12.62 38.69	200m: 2:37.71	42.02	300m: 4:09.66	46.66	400m: 5:24.51	37.34	
16.	DOMINGUES Vitoria Cruz	06	132163	Natacao de Vagos	5:26.32	+0,63	499	9,0(-)
	50m: 34.64 34.64	150m: 1:56.80	42.64	250m: 3:24.90	46.17	350m: 4:50.05	38.40	
	100m: 1:14.16 39.52	200m: 2:38.73	41.93	300m: 4:11.65	46.75	400m: 5:26.32	36.27	
17.	MAGALHAES Ines Filipa	02	121786	Aquatico Pacense	5:26.73	+0,92	497	8,0(-)
	50m: 33.26 33.26	150m: 1:56.17	44.48	250m: 3:25.84	46.65	350m: 4:51.05	38.40	
	100m: 1:11.69 38.43	200m: 2:39.19	43.02	300m: 4:12.65	46.81	400m: 5:26.73	35.68	
18.	JESUS Mariana Teixeira	06	200025	Estarreja	5:26.81	+0,83	497	7,0(-)
	50m: 36.48 36.48	150m: 2:00.79	41.01	250m: 3:24.89	44.15	350m: 4:50.44	39.59	
	100m: 1:19.78 43.30	200m: 2:40.74	39.95	300m: 4:10.85	45.96	400m: 5:26.81	36.37	
19.	NEVES Natalia Passeira	05	200503	Natacao de Valongo	5:30.29	+0,88	481	6,0(-)
	50m: 35.61 35.61	150m: 1:59.80	41.67	250m: 3:28.01	47.52	350m: 4:54.14	37.33	
	100m: 1:18.13 42.52	200m: 2:40.49	40.69	300m: 4:16.81	48.80	400m: 5:30.29	36.15	
20.	RIBEIRO Maria Joao	05	133241	Colegio SMLamas	5:32.50	+0,84	472	5,0(-)
	50m: 34.77 34.77	150m: 2:01.27	45.55	250m: 3:29.34	43.55	350m: 4:54.10	39.96	
	100m: 1:15.72 40.95	200m: 2:45.79	44.52	300m: 4:14.14	44.80	400m: 5:32.50	38.40	
21.	NOVAIS Regina Correia	06	129769	Foca Quinta da Lixa CNF	5:34.08	+0,85	465	4,0(-)
	50m: 33.89 33.89	150m: 1:57.89	43.46	250m: 3:27.14	46.77	350m: 4:54.72	39.59	
	100m: 1:14.43 40.54	200m: 2:40.37	42.48	300m: 4:15.13	47.99	400m: 5:34.08	39.36	
22.	GAMEIRO Marta Domingues	04	130616	Nautico Coimbra	5:36.94	+0,79	453	3,0(-)
	50m: 37.44 37.44	150m: 2:04.59	42.85	250m: 3:33.53	46.06	350m: 4:59.32	38.41	
	100m: 1:21.74 44.30	200m: 2:47.47	42.88	300m: 4:20.91	47.38	400m: 5:36.94	37.62	
23.	SILVA Maria Santos	06	202788	Naval Povoense	6:03.42	+0,79	361	2,0(-)
	50m: 41.58 41.58	150m: 2:19.77	46.75	250m: 3:53.78	49.37	350m: 5:24.93	40.81	
	100m: 1:33.02 51.44	200m: 3:04.41	44.64	300m: 4:44.12	50.34	400m: 6:03.42	38.49	
24.	FERNANDES Maria Margarida	99	110203	Ginasio de Vila Real	6:12.05	+0,74	337	1,0(-)
	50m: 35.32 35.32	150m: 2:04.35	48.09	250m: 3:45.96	53.95	350m: 5:28.06	45.47	
	100m: 1:16.26 40.94	200m: 2:52.01	47.66	300m: 4:42.59	56.63	400m: 6:12.05	43.99	