

Campeonato Nacional Clubes 3ª Divisão
Sines, 30-11-2019



Prova 14

Masc., 800m Livres

Absolutos

30-11-2019 - 16:00

Resultados

Rec Nac Absoluto	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
Rec Nac Sen	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
Rec Nac Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto	11-12-2015
Rec Nac Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009
Rec Nac Juv A	8:09.43	COSTA Rui Filipe	VSC	Senhora da Hora	12-05-2007
Rec Nac Juv B	8:27.18	COSTA Rui Filipe	VSC	Senhora da Hora	13-05-2006
Rec Nac Inf A	8:36.36	RUIVO Andre Vilas	DNMG	Nazaré	25-05-2014
Rec Nac Inf B	9:07.20	RUIVO Andre Vilas	DNMG	Leiria	03-03-2013

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SIMÕES Bernardo Jorge	04	130250	Colegio Vasco da Gama	8:26.90	+0,76	669	33,00
	50m: 28.61 28.61	250m: 2:37.18	32.56	450m: 4:46.10	31.90	650m: 6:53.18	31.26	
	100m: 1:00.38 31.77	300m: 3:09.47	32.29	500m: 5:17.94	31.84	700m: 7:24.89	31.71	
	150m: 1:32.70 32.32	350m: 3:41.96	32.49	550m: 5:49.94	32.00	750m: 7:56.39	31.50	
	200m: 2:04.62 31.92	400m: 4:14.20	32.24	600m: 6:21.92	31.98	800m: 8:26.90	30.51	
2.	MACHADO Martim Miranda	03	123726	Uniao Coimbra	8:32.17	+0,83	648	31,00
	50m: 29.52 29.52	250m: 2:38.73	32.36	450m: 4:49.57	32.94	650m: 7:00.91	32.83	
	100m: 1:01.08 31.56	300m: 3:11.22	32.49	500m: 5:22.45	32.88	700m: 7:32.51	31.60	
	150m: 1:33.72 32.64	350m: 3:43.99	32.77	550m: 5:55.36	32.91	750m: 8:03.87	31.36	
	200m: 2:06.37 32.65	400m: 4:16.63	32.64	600m: 6:28.08	32.72	800m: 8:32.17	28.30	
3.	RODRIGUES Pedro Reis	02	123672	Sao Roque	8:32.53	+0,79	647	30,00
	50m: 29.02 29.02	250m: 2:38.04	32.29	450m: 4:49.21	32.83	650m: 7:00.30	32.17	
	100m: 1:00.77 31.75	300m: 3:10.62	32.58	500m: 5:22.31	33.10	700m: 7:31.85	31.55	
	150m: 1:33.21 32.44	350m: 3:43.38	32.76	550m: 5:55.08	32.77	750m: 8:03.45	31.60	
	200m: 2:05.75 32.54	400m: 4:16.38	33.00	600m: 6:28.13	33.05	800m: 8:32.53	29.08	
4.	GOMES Sebastiao Mendes	00	117930	Pimpoes/Cimai	8:32.87	+0,77	646	29,00
	50m: 29.34 29.34	250m: 2:39.29	32.37	450m: 4:50.10	33.09	650m: 7:01.84	33.16	
	100m: 1:01.16 31.82	300m: 3:11.55	32.26	500m: 5:22.74	32.64	700m: 7:33.29	31.45	
	150m: 1:33.96 32.80	350m: 3:43.98	32.43	550m: 5:55.22	32.48	750m: 8:03.23	29.94	
	200m: 2:06.92 32.96	400m: 4:17.01	33.03	600m: 6:28.68	33.46	800m: 8:32.87	29.64	
5.	ALVES Manuel Landeiro	02	122314	Naval Praia da Vitoria	8:40.92	+0,84	616	28,00
	50m: 30.16 30.16	250m: 2:40.72	33.00	450m: 4:53.08	33.23	650m: 7:04.81	32.57	
	100m: 1:02.73 32.57	300m: 3:13.58	32.86	500m: 5:26.19	33.11	700m: 7:37.55	32.74	
	150m: 1:34.93 32.20	350m: 3:46.62	33.04	550m: 5:59.14	32.95	750m: 8:09.54	31.99	
	200m: 2:07.72 32.79	400m: 4:19.85	33.23	600m: 6:32.24	33.10	800m: 8:40.92	31.38	
6.	DUARTE Pedro Esteves	03	132531	Cova da Piedade	8:45.89	+0,69	599	27,00
	50m: 30.01 30.01	250m: 2:41.40	33.18	450m: 4:53.79	32.47	650m: 7:06.58	33.43	
	100m: 1:02.39 32.38	300m: 3:14.73	33.33	500m: 5:26.80	33.01	700m: 7:40.35	33.77	
	150m: 1:35.20 32.81	350m: 3:48.14	33.41	550m: 5:59.94	33.14	750m: 8:13.63	33.28	
	200m: 2:08.22 33.02	400m: 4:21.32	33.18	600m: 6:33.15	33.21	800m: 8:45.89	32.26	
7.	SANTOS Guilherme Clara	02	127325	Estamos Juntos	8:48.25	+0,75	591	26,00
	50m: 29.95 29.95	250m: 2:42.41	33.33	450m: 4:56.76	33.02	650m: 7:10.47	33.32	
	100m: 1:02.19 32.24	300m: 3:16.05	33.64	500m: 5:30.03	33.27	700m: 7:44.01	33.54	
	150m: 1:35.68 33.49	350m: 3:50.03	33.98	550m: 6:03.88	33.85	750m: 8:17.44	33.43	
	200m: 2:09.08 33.40	400m: 4:23.74	33.71	600m: 6:37.15	33.27	800m: 8:48.25	30.81	
8.	VIEGAS Hugo Miguel	02	125185	Natacao Olhao	8:48.55	+0,73	590	25,00
	50m: 29.00 29.00	250m: 2:40.81	33.27	450m: 4:54.43	34.05	650m: 7:10.47	34.17	
	100m: 1:01.37 32.37	300m: 3:13.85	33.04	500m: 5:28.18	33.75	700m: 7:44.51	34.04	
	150m: 1:34.03 32.66	350m: 3:47.08	33.23	550m: 6:02.28	34.10	750m: 8:17.75	33.24	
	200m: 2:07.54 33.51	400m: 4:20.38	33.30	600m: 6:36.30	34.02	800m: 8:48.55	30.80	
9.	MOREIRA Joao Pedro	04	200349	Colegio Efanor	8:50.95	+0,77	582	24,00
	50m: 30.01 30.01	250m: 2:41.00	32.57	450m: 4:53.80	33.55	650m: 7:08.91	34.27	
	100m: 1:02.71 32.70	300m: 3:13.81	32.81	500m: 5:27.21	33.41	700m: 7:43.85	34.94	
	150m: 1:35.35 32.64	350m: 3:46.85	33.04	550m: 6:00.80	33.59	750m: 8:18.04	34.19	
	200m: 2:08.43 33.08	400m: 4:20.25	33.40	600m: 6:34.64	33.84	800m: 8:50.95	32.91	

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Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	ACIOLI Victor Hugo	02	207165	Feirense	8:51.04	+0,71	582	23,00
	50m: 28.86 28.86		250m: 2:42.17	34.07	450m: 4:58.09	34.07	650m: 7:14.08	33.77
	100m: 1:01.08 32.22		300m: 3:16.14	33.97	500m: 5:32.18	34.09	700m: 7:47.28	33.20
	150m: 1:34.31 33.23		350m: 3:50.06	33.92	550m: 6:06.39	34.21	750m: 8:19.99	32.71
	200m: 2:08.10 33.79		400m: 4:24.02	33.96	600m: 6:40.31	33.92	800m: 8:51.04	31.05
11.	SANTOS Andre Cardoso	03	207053	Academico Viseu	8:51.07	+0,79	582	22,00
	50m: 29.07 29.07		250m: 2:39.80	33.05	450m: 4:53.93	33.70	650m: 7:10.22	34.57
	100m: 1:00.97 31.90		300m: 3:12.90	33.10	500m: 5:27.66	33.73	700m: 7:44.62	34.40
	150m: 1:34.06 33.09		350m: 3:46.46	33.56	550m: 6:01.48	33.82	750m: 8:18.38	33.76
	200m: 2:06.75 32.69		400m: 4:20.23	33.77	600m: 6:35.65	34.17	800m: 8:51.07	32.69
12.	DURAES Diogo Miguel	03	123448	Natacao do Montijo	8:53.64	+0,77	573	21,00
	50m: 29.57 29.57		250m: 2:42.59	33.69	450m: 4:59.21	34.02	650m: 7:15.31	34.04
	100m: 1:02.24 32.67		300m: 3:16.73	34.14	500m: 5:33.44	34.23	700m: 7:48.89	33.58
	150m: 1:35.18 32.94		350m: 3:50.56	33.83	550m: 6:07.20	33.76	750m: 8:22.66	33.77
	200m: 2:08.90 33.72		400m: 4:25.19	34.63	600m: 6:41.27	34.07	800m: 8:53.64	30.98
13.	BORGES Rafael Braga	03	127434	Bombeiros Ponta Delgada	8:58.88	+0,71	557	20,00
	50m: 29.24 29.24		250m: 2:43.10	34.25	450m: 4:59.65	34.17	650m: 7:17.34	34.35
	100m: 1:01.57 32.33		300m: 3:16.93	33.83	500m: 5:34.06	34.41	700m: 7:51.54	34.20
	150m: 1:35.14 33.57		350m: 3:51.07	34.14	550m: 6:08.42	34.36	750m: 8:25.81	34.27
	200m: 2:08.85 33.71		400m: 4:25.48	34.41	600m: 6:42.99	34.57	800m: 8:58.88	33.07
14.	GONCALVES Alexandre Ramos	05	128601	Colegio SMLamas	9:03.75	+0,73	542	19,00
	50m: 29.10 29.10		250m: 2:43.44	33.97	450m: 5:03.00	34.94	650m: 7:23.27	35.75
	100m: 1:01.93 32.83		300m: 3:18.25	34.81	500m: 5:38.02	35.02	700m: 7:57.32	34.05
	150m: 1:35.37 33.44		350m: 3:52.98	34.73	550m: 6:12.45	34.43	750m: 8:31.54	34.22
	200m: 2:09.47 34.10		400m: 4:28.06	35.08	600m: 6:47.52	35.07	800m: 9:03.75	32.21
15.	FERREIRA Tomas Soares	03	129615	Estarreja	9:04.61	+0,64	539	18,00
	50m: 30.38 30.38		250m: 2:46.57	34.26	450m: 5:04.39	34.28	650m: 7:23.15	34.73
	100m: 1:03.94 33.56		300m: 3:21.01	34.44	500m: 5:38.99	34.60	700m: 7:58.17	35.02
	150m: 1:38.11 34.17		350m: 3:55.54	34.53	550m: 6:13.47	34.48	750m: 8:32.58	34.41
	200m: 2:12.31 34.20		400m: 4:30.11	34.57	600m: 6:48.42	34.95	800m: 9:04.61	32.03
16.	CARVALHO Tiago Fonseca	03	127099	Naval Povoense	9:05.35	+0,75	537	17,00
	50m: 30.19 30.19		250m: 2:45.11	34.15	450m: 5:04.59	34.71	650m: 7:23.22	34.78
	100m: 1:03.21 33.02		300m: 3:20.00	34.89	500m: 5:39.15	34.56	700m: 7:57.75	34.53
	150m: 1:36.95 33.74		350m: 3:54.83	34.83	550m: 6:13.70	34.55	750m: 8:32.47	34.72
	200m: 2:10.96 34.01		400m: 4:29.88	35.05	600m: 6:48.44	34.74	800m: 9:05.35	32.88
17.	FERREIRA Ricardo Martins	03	127307	AONDA-Azeitao	9:05.49	+0,75	537	16,00
	50m: 29.08 29.08		250m: 2:43.71	33.98	450m: 5:02.87	34.08	650m: 7:22.95	34.42
	100m: 1:01.38 32.30		300m: 3:18.19	34.48	500m: 5:37.52	34.65	700m: 7:57.73	34.78
	150m: 1:35.20 33.82		350m: 3:53.27	35.08	550m: 6:12.79	35.27	750m: 8:32.22	34.49
	200m: 2:09.73 34.53		400m: 4:28.79	35.52	600m: 6:48.53	35.74	800m: 9:05.49	33.27
18.	TAVARES Vasco Capela	99	109391	Sporting de Espinho	9:06.66	+0,97	533	15,00
	50m: 29.77 29.77		250m: 2:42.53	33.97	450m: 5:00.99	34.76	650m: 7:21.77	35.29
	100m: 1:02.22 32.45		300m: 3:16.99	34.46	500m: 5:35.82	34.83	700m: 7:56.96	35.19
	150m: 1:35.06 32.84		350m: 3:51.51	34.52	550m: 6:11.11	35.29	750m: 8:32.52	35.56
	200m: 2:08.56 33.50		400m: 4:26.23	34.72	600m: 6:46.48	35.37	800m: 9:06.66	34.14
19.	CHOCAS Afonso Alves	04	126756	Electrico Clube	9:11.25	+0,77	520	14,00
	50m: 30.74 30.74		250m: 2:44.72	34.07	450m: 5:03.61	35.28	650m: 7:25.53	35.58
	100m: 1:04.32 33.58		300m: 3:18.75	34.03	500m: 5:38.78	35.17	700m: 8:01.37	35.84
	150m: 1:37.34 33.02		350m: 3:53.13	34.38	550m: 6:14.20	35.42	750m: 8:36.79	35.42
	200m: 2:10.65 33.31		400m: 4:28.33	35.20	600m: 6:49.95	35.75	800m: 9:11.25	34.46
20.	REIS Leonardo Peralta	96	25450	Vikings	9:11.32	+0,74	520	13,00
	50m: 29.26 29.26		250m: 2:45.26	34.65	450m: 5:04.68	34.50	650m: 7:25.13	35.47
	100m: 1:02.33 33.07		300m: 3:20.21	34.95	500m: 5:39.54	34.86	700m: 8:00.85	35.72
	150m: 1:36.24 33.91		350m: 3:55.10	34.89	550m: 6:14.68	35.14	750m: 8:36.72	35.87
	200m: 2:10.61 34.37		400m: 4:30.18	35.08	600m: 6:49.66	34.98	800m: 9:11.32	34.60

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Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	DIAS Simao Pedro	02	124544	Natacao Guarda	9:21.63	+0,74	492	12,00
	50m: 29.47 29.47		250m: 2:43.31 34.48	450m: 5:05.48 36.27	650m: 7:32.29 36.62			
	100m: 1:01.89 32.42		300m: 3:18.01 34.70	500m: 5:42.20 36.72	700m: 8:09.31 37.02			
	150m: 1:35.22 33.33		350m: 3:53.34 35.33	550m: 6:18.82 36.62	750m: 8:46.30 36.99			
	200m: 2:08.83 33.61		400m: 4:29.21 35.87	600m: 6:55.67 36.85	800m: 9:21.63 35.33			
22.	MAGALHAES Filipe Nunes	98	110455	Natacao de Lisboa	9:24.39	+0,66	484	11,00
	50m: 29.54 29.54		250m: 2:47.67 35.48	450m: 5:12.67 36.83	650m: 7:39.15 36.67			
	100m: 1:02.83 33.29		300m: 3:23.30 35.63	500m: 5:49.18 36.51	700m: 8:15.99 36.84			
	150m: 1:37.07 34.24		350m: 3:59.22 35.92	550m: 6:26.06 36.88	750m: 8:52.32 36.33			
	200m: 2:12.19 35.12		400m: 4:35.84 36.62	600m: 7:02.48 36.42	800m: 9:24.39 32.07			
23.	TRISTAO Miguel Salomao	04	129885	Portinado	9:24.97	+0,79	483	10,00
	50m: 31.06 31.06		250m: 2:52.17 35.09	450m: 5:14.80 36.00	650m: 7:38.94 35.95			
	100m: 1:06.09 35.03		300m: 3:27.30 35.13	500m: 5:50.93 36.13	700m: 8:14.99 36.05			
	150m: 1:41.76 35.67		350m: 4:03.07 35.77	550m: 6:26.99 36.06	750m: 8:51.50 36.51			
	200m: 2:17.08 35.32		400m: 4:38.80 35.73	600m: 7:02.99 36.00	800m: 9:24.97 33.47			
24.	PEREIRA Diogo Pontes	03	131880	Fafe	9:26.26	+0,87	480	9,00
	50m: 32.49 32.49		250m: 2:55.34 36.11	450m: 5:19.42 35.91	650m: 7:42.88 35.29			
	100m: 1:07.48 34.99		300m: 3:31.06 35.72	500m: 5:55.20 35.78	700m: 8:18.25 35.37			
	150m: 1:43.28 35.80		350m: 4:07.64 36.58	550m: 6:31.49 36.29	750m: 8:53.38 35.13			
	200m: 2:19.23 35.95		400m: 4:43.51 35.87	600m: 7:07.59 36.10	800m: 9:26.26 32.88			
25.	FERREIRA Antonio Maria	00	128468	Palmela	9:27.60	+0,82	476	8,00
	50m: 30.58 30.58		250m: 2:49.31 35.42	450m: 5:13.45 36.37	650m: 7:40.32 36.86			
	100m: 1:04.41 33.83		300m: 3:24.78 35.47	500m: 5:49.96 36.51	700m: 8:17.32 37.00			
	150m: 1:39.01 34.60		350m: 4:00.93 36.15	550m: 6:26.67 36.71	750m: 8:53.70 36.38			
	200m: 2:13.89 34.88		400m: 4:37.08 36.15	600m: 7:03.46 36.79	800m: 9:27.60 33.90			
26.	MONTEIRO Jose Miguel	04	129576	Gualdim Pais	9:36.20	+0,77	455	7,00
	50m: 32.27 32.27		250m: 2:56.23 35.84	450m: 5:22.86 36.38	650m: 7:48.82 36.17			
	100m: 1:08.10 35.83		300m: 3:32.91 36.68	500m: 5:59.49 36.63	700m: 8:25.48 36.66			
	150m: 1:44.29 36.19		350m: 4:09.77 36.86	550m: 6:36.25 36.76	750m: 9:01.49 36.01			
	200m: 2:20.39 36.10		400m: 4:46.48 36.71	600m: 7:12.65 36.40	800m: 9:36.20 34.71			
27.	SANTOS Pedro Ribeiro	98	118977	Desportivo ABPG	9:41.75	+0,74	442	6,00
	50m: 30.72 30.72		250m: 2:53.24 36.06	450m: 5:20.78 36.66	650m: 7:51.65 38.10			
	100m: 1:05.25 34.53		300m: 3:29.77 36.53	500m: 5:58.40 37.62	700m: 8:28.90 37.25			
	150m: 1:41.00 35.75		350m: 4:06.81 37.04	550m: 6:36.03 37.63	750m: 9:06.24 37.34			
	200m: 2:17.18 36.18		400m: 4:44.12 37.31	600m: 7:13.55 37.52	800m: 9:41.75 35.51			
28.	ROSA Joao Pedro	90	11317	CLAC-Entroncamento	9:45.50	+0,80	434	5,00
	50m: 33.25 33.25		250m: 2:58.07 36.71	450m: 5:25.53 36.60	650m: 7:56.06 37.43			
	100m: 1:09.07 35.82		300m: 3:35.14 37.07	500m: 6:03.30 37.77	700m: 8:33.48 37.42			
	150m: 1:44.94 35.87		350m: 4:11.89 36.75	550m: 6:41.10 37.80	750m: 9:09.85 36.37			
	200m: 2:21.36 36.42		400m: 4:48.93 37.04	600m: 7:18.63 37.53	800m: 9:45.50 35.65			
29.	MARQUES Vicente Cruzeiro	04	130819	Sporting de Aveiro	9:55.12	+0,95	413	4,00
	50m: 32.72 32.72		250m: 3:03.34 38.13	450m: 5:36.12 37.19	650m: 8:05.59 37.86			
	100m: 1:09.88 37.16		300m: 3:41.70 38.36	500m: 6:13.11 36.99	700m: 8:42.93 37.34			
	150m: 1:47.13 37.25		350m: 4:20.65 38.95	550m: 6:50.91 37.80	750m: 9:19.89 36.96			
	200m: 2:25.21 38.08		400m: 4:58.93 38.28	600m: 7:27.73 36.82	800m: 9:55.12 35.23			
30.	OLIVEIRA Tiago Batista	05	207230	Natacao de Faro	10:00.47	+0,81	402	3,00
	50m: 31.98 31.98		250m: 3:02.08 38.62	450m: 5:35.52 38.22	650m: 8:08.00 38.43			
	100m: 1:09.11 37.13		300m: 3:40.74 38.06	500m: 6:14.04 38.52	700m: 8:45.88 37.88			
	150m: 1:46.47 37.36		350m: 4:18.98 38.24	550m: 6:51.70 37.66	750m: 9:23.51 37.63			
	200m: 2:24.06 37.59		400m: 4:57.30 38.32	600m: 7:29.57 37.87	800m: 10:00.47 36.96			
31.	PEREIRA Joao Guilherme	03	128305	Amigos da Montanha	10:01.16	+0,70	401	2,00
	50m: 33.36 33.36		250m: 3:05.62 38.27	450m: 5:38.46 38.08	650m: 8:10.61 38.22			
	100m: 1:11.21 37.85		300m: 3:44.04 38.42	500m: 6:16.02 37.56	700m: 8:48.25 37.64			
	150m: 1:49.38 38.17		350m: 4:22.16 38.12	550m: 6:54.24 38.22	750m: 9:25.53 37.28			
	200m: 2:27.35 37.97		400m: 5:00.38 38.22	600m: 7:32.39 38.15	800m: 10:01.16 35.63			

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	SILVA Nuno Gabriel	05	200591	Campinho	10:16.10	+0,69	372	1,00
	50m: 32.32	32.32	250m: 3:00.76	37.60	450m: 5:37.01	39.31	650m: 8:17.45	40.15
	100m: 1:08.48	36.16	300m: 3:39.38	38.62	500m: 6:17.37	40.36	700m: 8:58.05	40.60
	150m: 1:45.64	37.16	350m: 4:18.85	39.47	550m: 6:57.05	39.68	750m: 9:37.56	39.51
	200m: 2:23.16	37.52	400m: 4:57.70	38.85	600m: 7:37.30	40.25	800m: 10:16.10	38.54

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