

Campeonato Nacional Clubes - FQ
Lagos, 26-10-2019



Prova 10
26-10-2019 - 10:50

Masc., 400m Livres

Absolutos
Resultados

Rec Nac Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Sen	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26-06-2004
Rec Nac Jun17	3:56.54	COSTA Rui Filipe	VSC	Feigueiras	24-11-2007
Rec Nac Juv A	3:59.31	SANTOS Joao Carlos	ANAM	Algés	08-07-2012
Rec Nac Juv B	4:02.41	RIBEIRO Diogo Matos	CUC	Lousã	23-06-2019
Rec Nac Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29-03-2014
Rec Nac Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04-04-2003

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FIGUEROA PEREZ-MARIN	Ser03	211026	Nautico do Guadiana	4:16.92	+0,85	563	27,00
	50m: 29.33 29.33	150m: 1:33.14 32.28	250m: 2:38.86 32.78	350m: 3:45.16 33.11	400m: 4:16.92 31.76			
	100m: 1:00.86 31.53	200m: 2:06.08 32.94	300m: 3:12.05 33.19					
2.	DIAS Guilherme Pereira	97	110443	Vikings	4:18.78	+0,73	551	25,00
	50m: 29.39 29.39	150m: 1:34.53 32.81	250m: 2:40.95 33.31	350m: 3:46.97 32.77	400m: 4:18.78 31.81			
	100m: 1:01.72 32.33	200m: 2:07.64 33.11	300m: 3:14.20 33.25					
3.	COSTA Samson Silva	02	120847	Colegio Efanor	4:20.33	+0,72	541	24,00
	50m: 28.57 28.57	150m: 1:34.14 33.12	250m: 2:41.29 33.29	350m: 3:48.36 33.21	400m: 4:20.33 31.97			
	100m: 1:01.02 32.45	200m: 2:08.00 33.86	300m: 3:15.15 33.86					
4.	CASCALHEIRA Joao Miguel	03	201621	Naval Setubalense	4:24.23	+0,81	518	23,00
	50m: 30.01 30.01	150m: 1:37.13 33.86	250m: 2:44.35 33.44	350m: 3:52.30 33.96	400m: 4:24.23 31.93			
	100m: 1:03.27 33.26	200m: 2:10.91 33.78	300m: 3:18.34 33.99					
5.	SILVA Duarte Filipe	03	127287	BUZIOS-Coruche	4:24.40	+0,87	517	22,00
	50m: 30.02 30.02	150m: 1:37.22 33.77	250m: 2:45.22 34.01	350m: 3:52.99 33.43	400m: 4:24.40 31.41			
	100m: 1:03.45 33.43	200m: 2:11.21 33.99	300m: 3:19.56 34.34					
6.	SANTOS Guilherme Clara	02	127325	Estamos Juntos	4:24.46	+0,75	516	21,00
	50m: 29.93 29.93	150m: 1:35.88 33.20	250m: 2:43.87 34.02	350m: 3:53.11 34.73	400m: 4:24.46 31.35			
	100m: 1:02.68 32.75	200m: 2:09.85 33.97	300m: 3:18.38 34.51					
7.	CHOCAS Afonso Alves	04	126756	Electrico Clube	4:27.12	+0,71	501	20,00
	50m: 29.79 29.79	150m: 1:35.01 33.30	250m: 2:43.95 34.66	350m: 3:53.69 35.04	400m: 4:27.12 33.43			
	100m: 1:01.71 31.92	200m: 2:09.29 34.28	300m: 3:18.65 34.70					
8.	SANTOS Vasco Malia	04	153124	Natacao de Lagos	4:28.01	+0,71	496	19,00
	50m: 29.69 29.69	150m: 1:37.63 34.91	250m: 2:46.73 33.98	350m: 3:55.31 33.93	400m: 4:28.01 32.70			
	100m: 1:02.72 33.03	200m: 2:12.75 35.12	300m: 3:21.38 34.65					
9.	MARIANO Samuel Andre	02	132931	Litoral Alentejano	4:32.21	+0,85	474	18,00
	50m: 30.80 30.80	150m: 1:38.15 33.91	250m: 2:47.59 35.19	350m: 3:57.96 35.16	400m: 4:32.21 34.25			
	100m: 1:04.24 33.44	200m: 2:12.40 34.25	300m: 3:22.80 35.21					
10.	CASTRO Martim Pereira	02	124907	Escola O Liceu	4:33.94		465	17,00
11.	AFONSO Martim Rodrigues	04	205149	Aquatico Silves	4:34.50	+0,82	462	16,00
	50m: 29.01 29.01	150m: 1:37.71 34.85	250m: 2:48.26 35.02	350m: 3:59.90 35.75	400m: 4:34.50 34.60			
	100m: 1:02.86 33.85	200m: 2:13.24 35.53	300m: 3:24.15 35.89					
12.	QUEIROS Luis Pedro	04	124051	Viana Natacao	4:34.53	+0,97	462	15,00
	50m: 29.96 29.96	150m: 1:38.13 34.81	250m: 2:48.70 34.91	350m: 4:00.00 35.24	400m: 4:34.53 34.53			
	100m: 1:03.32 33.36	200m: 2:13.79 35.66	300m: 3:24.76 36.06					
13.	FIGUEIREDO Gustavo Pinto	02	126459	O Crasto	4:35.44	+0,74	457	14,00
	50m: 30.54 30.54	150m: 1:40.31 35.44	250m: 2:51.74 35.67	350m: 4:02.46 34.88	400m: 4:35.44 32.98			
	100m: 1:04.87 34.33	200m: 2:16.07 35.76	300m: 3:27.58 35.84					
14.	SOUSA Afonso Coelho	05	127647	Nucleo Sporting da Terceira	4:36.19		453	13,00
15.	TELES Artur Corte	04	127508	Juventude Atlantico	4:36.21		453	12,00
16.	MENDES Diogo Alexandre	05	131571	Natacao de Vagos	4:36.31	+0,74	453	11,00
	50m: 32.09 32.09	150m: 1:40.89 34.77	250m: 2:52.35 36.09	350m: 4:03.69 35.77	400m: 4:36.31 32.62			
	100m: 1:06.12 34.03	200m: 2:16.26 35.37	300m: 3:27.92 35.57					

Splash Meet Manager, 11.61565

Registered to Federacao Portuguesa de Natacao

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Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	VIDAL Joao Pedro	03	132105	Vieirense	4:36.85	+0,93	450	10,00
	50m: 29.69 29.69		150m: 1:37.57 34.64	250m: 2:49.09 36.07		350m: 4:01.51 36.05		
	100m: 1:02.93 33.24		200m: 2:13.02 35.45	300m: 3:25.46 36.37		400m: 4:36.85 35.34		
18.	ROCHA Jose Pedro	04	201748	Peso da Regua	4:37.22	+0,83	448	9,00
	50m: 30.49 30.49		150m: 1:39.10 34.87	250m: 2:50.08 35.35		350m: 4:02.06 36.12		
	100m: 1:04.23 33.74		200m: 2:14.73 35.63	300m: 3:25.94 35.86		400m: 4:37.22 35.16		
19.	VIEIRA Diogo Silveira	01	117666	Naval da Horta	4:38.57		442	8,00
20.	GROSHEV Vladislav	04	132754	FC Ferreiras/AlgarExperienç	4:40.91	+0,91	431	7,00
	50m: 30.15 30.15		150m: 1:39.67 35.39	250m: 2:52.60 36.60		350m: 4:05.85 36.76		
	100m: 1:04.28 34.13		200m: 2:16.00 36.33	300m: 3:29.09 36.49		400m: 4:40.91 35.06		
21.	RAMOS Ruy Alexandre	74	210996	Olivais e Moscavide	4:52.19	+0,97	383	6,00
	50m: 31.65 31.65		150m: 1:44.42 37.01	250m: 2:59.31 37.65		350m: 4:15.54 38.12		
	100m: 1:07.41 35.76		200m: 2:21.66 37.24	300m: 3:37.42 38.11		400m: 4:52.19 36.65		
22.	COSTA Pedro Santos	02	129458	Lagoa AC	4:54.73	+0,84	373	5,00
	50m: 31.43 31.43		150m: 1:44.61 37.32	250m: 3:01.20 38.32		350m: 4:19.18 38.90		
	100m: 1:07.29 35.86		200m: 2:22.88 38.27	300m: 3:40.28 39.08		400m: 4:54.73 35.55		
23.	LOBO Pedro Cerqueira	01	211075	Salesianos	5:00.31	+0,96	353	4,00
	50m: 31.38 31.38		150m: 1:44.93 38.00	250m: 3:04.33 40.14		350m: 4:23.10 39.06		
	100m: 1:06.93 35.55		200m: 2:24.19 39.26	300m: 3:44.04 39.71		400m: 5:00.31 37.21		
24.	FERNANDES Eduardo Figueira	04	137850	Beja	5:01.98	+0,89	347	3,00
	50m: 33.76 33.76		150m: 1:49.30 37.98	250m: 3:06.01 38.70		350m: 4:23.40 38.76		
	100m: 1:11.32 37.56		200m: 2:27.31 38.01	300m: 3:44.64 38.63		400m: 5:01.98 38.58		
25.	COSTA Rafael Resendes	01	132982	Agua de Pau	5:11.79		315	2,00
DSQ	FOCK Yann Chetelat	04	129699	Avancado EUL				-
	SW 4.4 - Falsa partida							