

Torneio Zonal de Juvenis (Zona Norte)
Braga, 14 - 16/12/2018

Prova 7 15/12/2018	Femin., 800m Livres				Juvenis Resultados
RN25 Absoluto	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03/08/2017
RN25 Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19/12/2004
RN25 Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibbes (FRA)	20/12/1980
Tac-JUVA Fem Juv A 50m: 10:21.66 - 25m: 10:09.47 / Tac-JUVBFem Juv B 50m: 10:39.59 - 25m: 10:27.05					
Pontos: FINA 2018					

Lugar	Ano		Tempo final		Pts
Juvenis B					
1.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	9:14.49	646
	100m: 1:05.83 1:05.83	300m: 3:23.54 1:09.50	500m: 5:44.24 1:10.44	700m: 8:06.21 1:10.79	
	200m: 2:14.04 1:08.21	400m: 4:33.80 1:10.26	600m: 6:55.42 1:11.18	800m: 9:14.49 1:08.28	
2.	LOPES Daniela Magalhaes	05	Famalicao	9:22.51	618
	100m: 1:07.68 1:07.68	300m: 3:30.17 1:11.35	500m: 5:51.95 1:10.90	700m: 8:13.50 1:10.80	
	200m: 2:18.82 1:11.14	400m: 4:41.05 1:10.88	600m: 7:02.70 1:10.75	800m: 9:22.51 1:09.01	
3.	PEREIRA Carolina Rei	05	Natacao de Vagos	9:41.71	559
	100m: 1:07.59 1:07.59	300m: 3:33.87 1:13.71	500m: 6:02.06 1:14.17	700m: 8:29.82 1:13.98	
	200m: 2:20.16 1:12.57	400m: 4:47.89 1:14.02	600m: 7:15.84 1:13.78	800m: 9:41.71 1:11.89	
4.	NOGUEIRA Nara Soraia	05	Natacao de Valongo	9:45.53	548
	100m: 1:08.08 1:08.08	300m: 3:36.62 1:14.63	500m: 6:06.22 1:14.66	700m: 8:35.18 1:14.37	
	200m: 2:21.99 1:13.91	400m: 4:51.56 1:14.94	600m: 7:20.81 1:14.59	800m: 9:45.53 1:10.35	
5.	COSTA Mariana Martins	05	Famalicao	9:46.66	545
	100m: 1:08.14 1:08.14	300m: 3:34.71 1:13.34	500m: 6:03.59 1:14.86	700m: 8:34.05 1:15.46	
	200m: 2:21.37 1:13.23	400m: 4:48.73 1:14.02	600m: 7:18.59 1:15.00	800m: 9:46.66 1:12.61	
6.	HUTYY Adriana Carolina	05	Braga	9:48.38	540
	100m: 1:08.61 1:08.61	300m: 3:35.88 1:14.17	500m: 6:05.74 1:15.00	700m: 8:36.20 1:15.12	
	200m: 2:21.71 1:13.10	400m: 4:50.74 1:14.86	600m: 7:21.08 1:15.34	800m: 9:48.38 1:12.18	
7.	LOISAS Beatriz Ferreira	05	Columbofila Cantanhedense	9:59.98	509
	100m: 1:11.22 1:11.22	300m: 3:41.16 1:15.35	500m: 6:12.93 1:15.89	700m: 8:45.26 1:15.84	
	200m: 2:25.81 1:14.59	400m: 4:57.04 1:15.88	600m: 7:29.42 1:16.49	800m: 9:59.98 1:14.72	
8.	CABRAL Ana Matos	05	Condeixa Clube	10:12.68	478
	100m: 1:11.92 1:11.92	300m: 3:45.99 1:17.37	500m: 6:22.04 1:18.02	700m: 8:57.50 1:17.38	
	200m: 2:28.62 1:16.70	400m: 5:04.02 1:18.03	600m: 7:40.12 1:18.08	800m: 10:12.68 1:15.18	
9.	SILVA Joana Ferreira	05	Leixoes	10:14.84	473
	100m: 1:11.11 1:11.11	300m: 3:47.54 1:19.06	500m: 6:24.67 1:17.66	700m: 9:01.63 1:18.85	
	200m: 2:28.48 1:17.37	400m: 5:07.01 1:19.47	600m: 7:42.78 1:18.11	800m: 10:14.84 1:13.21	
10.	VASCONCELOS Lara Rodrigues	05	Galitos/ Bresimar	10:14.96	473
	100m: 1:12.17 1:12.17	300m: 3:46.65 1:17.16	500m: 6:21.00 1:17.70	700m: 8:58.32 1:18.91	
	200m: 2:29.49 1:17.32	400m: 5:03.30 1:16.65	600m: 7:39.41 1:18.41	800m: 10:14.96 1:16.64	
11.	JUNQUEIRA Joana Areal	05	Famalicao	10:24.73	451
	100m: 1:12.35 1:12.35	300m: 3:47.70 1:18.35	500m: 6:26.18 1:18.67	700m: 9:06.04 1:20.34	
	200m: 2:29.35 1:17.00	400m: 5:07.51 1:19.81	600m: 7:45.70 1:19.52	800m: 10:24.73 1:18.69	
12.	SILVA Maria Ines	05	Porto	10:26.14	448
	100m: 1:10.48 1:10.48	300m: 3:46.77 1:18.78	500m: 6:27.46 1:20.59	700m: 9:09.21 1:20.63	
	200m: 2:27.99 1:17.51	400m: 5:06.87 1:20.10	600m: 7:48.58 1:21.12	800m: 10:26.14 1:16.93	

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Prova 7, Femin., 800m Livres, Juvenis B

Lugar			Ano				Tempo final				Pts
13.	CAPITAO Ana Rita		05 Vilacondense				10:30.03				440
	100m:	1:12.65 1:12.65	300m:	3:51.62 1:19.92	500m:	6:32.23 1:21.03	700m:	9:12.95 1:20.87	800m:	10:30.03 1:17.08	
	200m:	2:31.70 1:19.05	400m:	5:11.20 1:19.58	600m:	7:52.08 1:19.85					

Juvenis A

1.	PINHO Carolina Teixeira		04 Porto				9:17.48				635
	100m:	1:06.34 1:06.34	300m:	3:26.06 1:10.33	500m:	5:47.02 1:10.26	700m:	8:08.22 1:10.82	800m:	9:17.48 1:09.26	
	200m:	2:15.73 1:09.39	400m:	4:36.76 1:10.70	600m:	6:57.40 1:10.38					
2.	CARDEAL Beatriz Nunes		04 Academico Viseu				9:21.61				621
	100m:	1:06.38 1:06.38	300m:	3:28.38 1:11.38	500m:	5:50.31 1:10.60	700m:	8:12.56 1:11.25	800m:	9:21.61 1:09.05	
	200m:	2:17.00 1:10.62	400m:	4:39.71 1:11.33	600m:	7:01.31 1:11.00					
3.	FLORENCIO Matilde Alves		04 Condeixa Clube				9:23.86				614
	100m:	1:06.17 1:06.17	300m:	3:29.30 1:11.69	500m:	5:51.23 1:10.23	700m:	8:14.10 1:11.65	800m:	9:23.86 1:09.76	
	200m:	2:17.61 1:11.44	400m:	4:41.00 1:11.70	600m:	7:02.45 1:11.22					
4.	PRETO Filipa Manso		04 Porto				9:26.46				605
	100m:	1:06.78 1:06.78	300m:	3:27.86 1:11.15	500m:	5:50.87 1:11.70	700m:	8:15.31 1:12.62	800m:	9:26.46 1:11.15	
	200m:	2:16.71 1:09.93	400m:	4:39.17 1:11.31	600m:	7:02.69 1:11.82					
5.	RODRIGUES Joana Francisca		04 Uniao Coimbra				9:27.09				603
	100m:	1:05.38 1:05.38	300m:	3:27.43 1:11.80	500m:	5:52.35 1:12.41	700m:	8:17.16 1:12.51	800m:	9:27.09 1:09.93	
	200m:	2:15.63 1:10.25	400m:	4:39.94 1:12.51	600m:	7:04.65 1:12.30					
6.	GASPAR Beatriz Ferreira		04 Bombeiros Mealhada / CA				9:30.45				593
	100m:	1:07.59 1:07.59	300m:	3:29.98 1:11.50	500m:	5:53.65 1:11.95	700m:	8:19.04 1:12.72	800m:	9:30.45 1:11.41	
	200m:	2:18.48 1:10.89	400m:	4:41.70 1:11.72	600m:	7:06.32 1:12.67					
7.	MONTEIRO Ana Carolina		04 Uniao Coimbra				9:31.22				590
	100m:	1:07.46 1:07.46	300m:	3:30.62 1:11.96	500m:	5:54.31 1:11.94	700m:	8:19.68 1:12.81	800m:	9:31.22 1:11.54	
	200m:	2:18.66 1:11.20	400m:	4:42.37 1:11.75	600m:	7:06.87 1:12.56					
8.	PIMENTEL Marta Lima		04 Fluvial Portuense				9:37.43				572
	100m:	1:07.21 1:07.21	300m:	3:31.67 1:13.23	500m:	5:58.68 1:14.03	700m:	8:25.73 1:13.06	800m:	9:37.43 1:11.70	
	200m:	2:18.44 1:11.23	400m:	4:44.65 1:12.98	600m:	7:12.67 1:13.99					
9.	LIGEIRO Daniela Silva		04 Viana Natacao				9:45.00				550
	100m:	1:08.38 1:08.38	300m:	3:36.79 1:14.71	500m:	6:05.11 1:13.96	700m:	8:33.00 1:13.70	800m:	9:45.00 1:12.00	
	200m:	2:22.08 1:13.70	400m:	4:51.15 1:14.36	600m:	7:19.30 1:14.19					
10.	TROIA Beatriz Rosa		04 Vilacondense				9:46.39				546
	100m:	1:08.95 1:08.95	300m:	3:36.15 1:13.22	500m:	6:03.98 1:14.05	700m:	8:33.65 1:15.73	800m:	9:46.39 1:12.74	
	200m:	2:22.93 1:13.98	400m:	4:49.93 1:13.78	600m:	7:17.92 1:13.94					
11.	GALANTE Ines Carvalho		04 Vilacondense				9:49.23				538
	100m:	1:08.48 1:08.48	300m:	3:36.98 1:14.95	500m:	6:06.94 1:14.69	700m:	8:36.50 1:14.65	800m:	9:49.23 1:12.73	
	200m:	2:22.03 1:13.55	400m:	4:52.25 1:15.27	600m:	7:21.85 1:14.91					
12.	SILVA Ines Martins		04 Vilacondense				9:53.70				526
	100m:	1:07.41 1:07.41	300m:	3:36.05 1:15.31	500m:	6:07.94 1:15.63	700m:	8:39.78 1:16.40	800m:	9:53.70 1:13.92	
	200m:	2:20.74 1:13.33	400m:	4:52.31 1:16.26	600m:	7:23.38 1:15.44					
13.	MONTEIRO Barbara Oliveira		04 Braga				9:56.41				519
	100m:	1:09.51 1:09.51	300m:	3:39.61 1:15.57	500m:	6:10.08 1:15.23	700m:	8:42.11 1:16.19	800m:	9:56.41 1:14.30	
	200m:	2:24.04 1:14.53	400m:	4:54.85 1:15.24	600m:	7:25.92 1:15.84					

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Prova 7, Femin., 800m Livres, Juvenis A

Lugar			Ano				Tempo final		Pts
14.	MARTINS Ines Correia		04 Porto				9:57.19		517
	100m: 1:06.89	1:06.89	300m: 3:35.28	1:15.17	500m: 6:07.62	1:16.57	700m: 8:41.46	1:16.88	
	200m: 2:20.11	1:13.22	400m: 4:51.05	1:15.77	600m: 7:24.58	1:16.96	800m: 9:57.19	1:15.73	
15.	ALMEIDA Catarina Nunes		04 Galitos/ Bresimar				9:58.15		514
	100m: 1:10.75	1:10.75	300m: 3:40.07	1:15.33	500m: 6:11.09	1:15.73	700m: 8:44.17	1:16.77	
	200m: 2:24.74	1:13.99	400m: 4:55.36	1:15.29	600m: 7:27.40	1:16.31	800m: 9:58.15	1:13.98	
16.	FERNANDES Maria Elias		04 Desportiva de Viana				10:00.09		509
	100m: 1:09.95	1:09.95	300m: 3:39.97	1:15.78	500m: 6:11.60	1:16.23	700m: 8:45.00	1:17.36	
	200m: 2:24.19	1:14.24	400m: 4:55.37	1:15.40	600m: 7:27.64	1:16.04	800m: 10:00.09	1:15.09	
17.	CORREIA Beatriz Santos		04 Academico Viseu				10:02.48		503
	100m: 1:10.87	1:10.87	300m: 3:44.91	1:17.00	500m: 6:17.83	1:16.58	700m: 8:50.94	1:16.93	
	200m: 2:27.91	1:17.04	400m: 5:01.25	1:16.34	600m: 7:34.01	1:16.18	800m: 10:02.48	1:11.54	
18.	FERREIRA Marta Oliveira		04 Ginasio Santo Tirso				10:04.42		498
	100m: 1:12.66	1:12.66	300m: 3:46.00	1:17.33	500m: 6:18.78	1:16.55	700m: 8:50.75	1:16.42	
	200m: 2:28.67	1:16.01	400m: 5:02.23	1:16.23	600m: 7:34.33	1:15.55	800m: 10:04.42	1:13.67	
19.	VIANA Jacinta Martins		04 Natacao de Vagos				10:06.81		492
	100m: 1:11.16	1:11.16	300m: 3:45.21	1:16.74	500m: 6:18.30	1:16.57	700m: 8:52.85	1:17.64	
	200m: 2:28.47	1:17.31	400m: 5:01.73	1:16.52	600m: 7:35.21	1:16.91	800m: 10:06.81	1:13.96	
20.	RANGEL Beatriz Pereira		04 Fluvial Portuense				10:09.52		486
	100m: 1:10.17	1:10.17	300m: 3:43.31	1:17.26	500m: 6:18.17	1:17.33	700m: 8:53.76	1:17.86	
	200m: 2:26.05	1:15.88	400m: 5:00.84	1:17.53	600m: 7:35.90	1:17.73	800m: 10:09.52	1:15.76	