

Torneio Zonal de Juvenis (Zona Norte)
Braga, 14 - 16/12/2018

Prova 1	Femin., 400m Estilos				Juvenis
14/12/2018					Resultados
RN25 Absoluto	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13/12/2017
RN25 Juv A	4:51.85	SANTOS Ana Claudia	SFUAP	Setubal	21/11/2004
RN25 Juv B	4:56.53	CUNHA Mariana Pacheco	CFP	Porto	05/05/2018
Tac-JUVA Fem Juv A 50m: 5:44.16 - 25m: 5:37.41 / Tac-JUVBFem Juv B 50m: 5:54.08 - 25m: 5:47.14					
Pontos: FINA 2018					

Lugar	Ano		Tempo final				Pts	
Juvenis A								
1.	PINHO Carolina Teixeira	04	Porto	5:04.42				615
	50m: 33.17 33.17	150m: 1:50.26	40.53	250m: 3:14.83	44.51	350m: 4:32.02	33.52	
	100m: 1:09.73 36.56	200m: 2:30.32	40.06	300m: 3:58.50	43.67	400m: 5:04.42	32.40	
2.	CARDEAL Beatriz Nunes	04	Academico Viseu	5:07.51				597
	50m: 32.30 32.30	150m: 1:49.27	39.49	250m: 3:12.54	44.39	350m: 4:33.21	35.64	
	100m: 1:09.78 37.48	200m: 2:28.15	38.88	300m: 3:57.57	45.03	400m: 5:07.51	34.30	
3.	FLORENCIO Matilde Alves	04	Condeixa Clube	5:07.67				596
	50m: 32.82 32.82	150m: 1:50.89	40.94	250m: 3:14.14	43.13	350m: 4:33.25	35.57	
	100m: 1:09.95 37.13	200m: 2:31.01	40.12	300m: 3:57.68	43.54	400m: 5:07.67	34.42	
4.	MONTEIRO Ana Carolina	04	Uniao Coimbra	5:11.35				575
	50m: 31.89 31.89	150m: 1:49.11	40.63	250m: 3:13.83	44.31	350m: 4:35.38	36.67	
	100m: 1:08.48 36.59	200m: 2:29.52	40.41	300m: 3:58.71	44.88	400m: 5:11.35	35.97	
5.	GASPAR Beatriz Ferreira	04	Bombeiros Mealhada / CA	5:14.87				556
	50m: 33.42 33.42	150m: 1:51.40	40.37	250m: 3:17.17	46.10	350m: 4:40.02	36.23	
	100m: 1:11.03 37.61	200m: 2:31.07	39.67	300m: 4:03.79	46.62	400m: 5:14.87	34.85	
6.	LIGEIRO Daniela Silva	04	Viana Natacao	5:22.15				519
	50m: 33.91 33.91	150m: 1:55.41	41.84	250m: 3:25.25	48.99	350m: 4:48.98	34.75	
	100m: 1:13.57 39.66	200m: 2:36.26	40.85	300m: 4:14.23	48.98	400m: 5:22.15	33.17	
7.	RIOS Maria Manuel	04	Leixoes	5:31.37				477
	50m: 34.65 34.65	150m: 1:57.12	42.93	250m: 3:27.49	49.25	350m: 4:54.60	37.79	
	100m: 1:14.19 39.54	200m: 2:38.24	41.12	300m: 4:16.81	49.32	400m: 5:31.37	36.77	
8.	FERREIRA Marta Oliveira	04	Ginasio Santo Tirso	5:33.98				466
	50m: 35.97 35.97	150m: 2:00.01	43.32	250m: 3:30.35	47.53	350m: 4:57.50	38.87	
	100m: 1:16.69 40.72	200m: 2:42.82	42.81	300m: 4:18.63	48.28	400m: 5:33.98	36.48	
9.	MONTEIRO Barbara Oliveira	04	Braga	5:34.22				465
	50m: 35.57 35.57	150m: 2:01.41	44.01	250m: 3:30.47	46.20	350m: 4:56.25	37.57	
	100m: 1:17.40 41.83	200m: 2:44.27	42.86	300m: 4:18.68	48.21	400m: 5:34.22	37.97	
10.	LIMA Eduarda Filipa	04	Vilacondense	5:35.51				459
	50m: 34.81 34.81	150m: 1:57.34	42.40	250m: 3:27.87	49.24	350m: 4:56.82	39.21	
	100m: 1:14.94 40.13	200m: 2:38.63	41.29	300m: 4:17.61	49.74	400m: 5:35.51	38.69	
11.	PIMENTEL Marta Lima	04	Fluvial Portuense	5:36.37				456
	50m: 35.35 35.35	150m: 2:02.15	43.14	250m: 3:33.29	50.17	350m: 5:00.54	36.95	
	100m: 1:19.01 43.66	200m: 2:43.12	40.97	300m: 4:23.59	50.30	400m: 5:36.37	35.83	
12.	GALANTE Ines Carvalho	04	Vilacondense	5:42.67				431
	50m: 35.83 35.83	150m: 2:03.59	44.68	250m: 3:36.48	49.38	350m: 5:04.92	39.06	
	100m: 1:18.91 43.08	200m: 2:47.10	43.51	300m: 4:25.86	49.38	400m: 5:42.67	37.75	

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Prova 1, Femin., 400m Estilos, Juvenis A

Lugar	Ano	Tempo final	Pts
DSQ COSTA Rita Salome	04 Aquatico Pacense		
<i>702 - O(A) nadador(a), na viragem aos 225 metros, efetuou mais do que uma pernada de golfinho durante a braçada subaquática que antecede a pernada de bruços - SW 7.1</i>			

Juvenis B

1. LOPES Daniela Magalhaes	05 Famalicao	5:04.30	616
50m: 32.14 32.14	150m: 1:50.35 40.87	250m: 3:13.96 44.00	350m: 4:30.93 34.42
100m: 1:09.48 37.34	200m: 2:29.96 39.61	300m: 3:56.51 42.55	400m: 5:04.30 33.37
2. NOBRE Marisa Isabel	05 Columbofila Cantanhedense	5:11.61	573
50m: 33.80 33.80	150m: 1:52.43 39.58	250m: 3:16.53 46.05	350m: 4:38.07 34.66
100m: 1:12.85 39.05	200m: 2:30.48 38.05	300m: 4:03.41 46.88	400m: 5:11.61 33.54
3. LOPES Francisca Macedo	05 Vilacondense	5:22.51	517
50m: 34.39 34.39	150m: 1:59.01 43.55	250m: 3:25.83 44.42	350m: 4:47.46 36.85
100m: 1:15.46 41.07	200m: 2:41.41 42.40	300m: 4:10.61 44.78	400m: 5:22.51 35.05
4. ALMEIDA Maria Carolina	05 Galitos/ Bresimar	5:22.56	517
50m: 32.84 32.84	150m: 1:52.89 42.17	250m: 3:20.78 46.32	350m: 4:46.41 38.53
100m: 1:10.72 37.88	200m: 2:34.46 41.57	300m: 4:07.88 47.10	400m: 5:22.56 36.15
5. HUTYY Adriana Carolina	05 Braga	5:33.86	466
50m: 35.57 35.57	150m: 1:58.72 42.85	250m: 3:29.42 50.03	350m: 4:58.20 36.46
100m: 1:15.87 40.30	200m: 2:39.39 40.67	300m: 4:21.74 52.32	400m: 5:33.86 35.66
6. SILVA Joana Ferreira	05 Leixoes	5:34.16	465
50m: 36.36 36.36	150m: 1:59.15 41.88	250m: 3:29.41 49.02	350m: 4:57.60 38.63
100m: 1:17.27 40.91	200m: 2:40.39 41.24	300m: 4:18.97 49.56	400m: 5:34.16 36.56
7. FERRAZ Leonor Ines	05 Porto	5:34.44	464
50m: 35.88 35.88	150m: 2:01.39 43.88	250m: 3:32.10 47.66	350m: 4:57.77 38.47
100m: 1:17.51 41.63	200m: 2:44.44 43.05	300m: 4:19.30 47.20	400m: 5:34.44 36.67
8. REGO Ines Faria	05 Famalicao	5:34.70	463
50m: 35.17 35.17	150m: 2:03.83 47.05	250m: 3:32.77 44.84	350m: 4:57.94 40.05
100m: 1:16.78 41.61	200m: 2:47.93 44.10	300m: 4:17.89 45.12	400m: 5:34.70 36.76
9. NOVO Marta Luisa	05 Viana Natacao	5:35.93	457
50m: 34.17 34.17	150m: 1:56.94 42.76	250m: 3:29.58 50.14	350m: 4:58.42 38.31
100m: 1:14.18 40.01	200m: 2:39.44 42.50	300m: 4:20.11 50.53	400m: 5:35.93 37.51
10. LOISAS Beatriz Ferreira	05 Columbofila Cantanhedense	5:37.96	449
50m: 34.90 34.90	150m: 1:58.97 44.46	250m: 3:32.73 51.22	350m: 5:01.06 37.31
100m: 1:14.51 39.61	200m: 2:41.51 42.54	300m: 4:23.75 51.02	400m: 5:37.96 36.90
11. SILVA Mariana Azevedo	05 Sanjoanense/FEPSA	5:38.23	448
50m: 35.96 35.96	150m: 2:00.18 42.12	250m: 3:31.72 50.29	350m: 5:00.92 39.56
100m: 1:18.06 42.10	200m: 2:41.43 41.25	300m: 4:21.36 49.64	400m: 5:38.23 37.31
12. PIMENTEL Sara Calisto	05 Galitos/ Bresimar	5:39.39	444
50m: 36.13 36.13	150m: 2:00.95 44.66	250m: 3:33.38 47.44	350m: 5:02.45 40.24
100m: 1:16.29 40.16	200m: 2:45.94 44.99	300m: 4:22.21 48.83	400m: 5:39.39 36.94
13. NOGUEIRA Nara Soraia	05 Natacao de Valongo	5:43.59	428
50m: 36.56 36.56	150m: 2:03.48 43.85	250m: 3:38.18 51.81	350m: 5:07.76 36.62
100m: 1:19.63 43.07	200m: 2:46.37 42.89	300m: 4:31.14 52.96	400m: 5:43.59 35.83



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Prova 1, Femin., 400m Estilos, Juvenis B

Lugar			Ano						Tempo final	Pts	
14.	CARDOSO Ana Luisa		05	Estarreja				5:44.68	423		
	50m:	35.92 35.92	150m:	2:02.49	44.10	250m:	3:36.66	49.84	350m:	5:05.86	39.54
	100m:	1:18.39 42.47	200m:	2:46.82	44.33	300m:	4:26.32	49.66	400m:	5:44.68	38.82
15.	MARTINS Margarida Carvalhal		05	Famalicao				5:46.03	419		
	50m:	36.78 36.78	150m:	2:04.49	43.57	250m:	3:36.96	49.49	350m:	5:07.12	41.17
	100m:	1:20.92 44.14	200m:	2:47.47	42.98	300m:	4:25.95	48.99	400m:	5:46.03	38.91
16.	SANTOS Catarina Bentes		05	Aquatico Pacense				5:48.23	411		
	50m:	36.62 36.62	150m:	2:03.96	45.39	250m:	3:38.44	48.09	350m:	5:09.24	41.43
	100m:	1:18.57 41.95	200m:	2:50.35	46.39	300m:	4:27.81	49.37	400m:	5:48.23	38.99
17.	RODRIGUES Bruna Ferreira		05	Colegio SMLamas				5:48.67	409		
	50m:	38.77 38.77	150m:	2:07.89	44.43	250m:	3:40.23	48.02	350m:	5:09.33	39.26
	100m:	1:23.46 44.69	200m:	2:52.21	44.32	300m:	4:30.07	49.84	400m:	5:48.67	39.34