

Abrantes, 26 de Janeiro de 2019

Prova 10

Masc., 400m Livres

Infantis

26-01-2019 - 15:30

Resultados

Rec Nac 25 m Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac 25 m Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29-03-2014
Rec Nac 25 m Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04-04-2003
Recorde Taça Vale do Tejo	4:14.55	RUIVO André Vilas	SANDL	Abrantes	12-04-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	Pts
1.	CARDOSO Guilherme Maia	05	Seleccao de Coimbra	<b>4:26.65</b>	+0,78	504	14,00
	50m: 30.97 30.97	150m: 1:38.87 34.19	250m: 2:46.59 33.60	350m: 3:54.00 33.62			
	100m: 1:04.68 33.71	200m: 2:12.99 34.12	300m: 3:20.38 33.79	400m: 4:26.65 32.65			
2.	SARREIRA Tomas Amor	05	Seleccao de Leiria	<b>4:28.37</b>	+0,76	494	12,00
	50m: 29.24 29.24	150m: 1:36.43 33.99	250m: 2:44.83 34.04	350m: 3:51.79 33.10			
	100m: 1:02.44 33.20	200m: 2:10.79 34.36	300m: 3:18.69 33.86	400m: 4:28.37 36.58			
3.	SILVA Afonso Carvalho	05	Seleccao do Norte de Portuga	<b>4:29.20</b>	+0,71	490	11,00
	50m: 30.42 30.42	150m: 1:38.29 34.18	250m: 2:49.04 35.48	350m: 3:57.29 33.30			
	100m: 1:04.11 33.69	200m: 2:13.56 35.27	300m: 3:23.99 34.95	400m: 4:29.20 31.91			
4.	CARVALHO Joao Carlos	05	Seleccao do Minho	<b>4:30.79</b>	+0,81	481	10,00
	50m: 30.19 30.19	150m: 1:38.51 34.42	250m: 2:48.63 34.82	350m: 3:58.04 34.64			
	100m: 1:04.09 33.90	200m: 2:13.81 35.30	300m: 3:23.40 34.77	400m: 4:30.79 32.75			
5.	CORTES Martim Silva	05	Seleccao de Lisboa	<b>4:35.53</b>	+0,85	457	9,00
	50m: 29.83 29.83	150m: 1:37.74 34.59	250m: 2:48.53 35.69	350m: 4:00.91 36.42			
	100m: 1:03.15 33.32	200m: 2:12.84 35.10	300m: 3:24.49 35.96	400m: 4:35.53 34.62			
6.	OLIVEIRA Diogo Alexandre	05	Seleccao da Madeira	<b>4:35.87</b>	+0,73	455	8,00
	50m: 30.11 30.11	150m: 1:39.01 34.98	250m: 2:50.18 35.84	350m: 4:01.64 35.57			
	100m: 1:04.03 33.92	200m: 2:14.34 35.33	300m: 3:26.07 35.89	400m: 4:35.87 34.23			
7.	NUNES Jose Pedro	05	Seleccao do Nordeste	<b>4:49.21</b>	+0,86	395	7,00
	50m: 31.66 31.66	150m: 1:42.58 35.71	250m: 2:52.08 31.12	350m: 4:12.93 37.44			
	100m: 1:06.87 35.21	200m: 2:20.96 38.38	300m: 3:35.49 43.41	400m: 4:49.21 36.28			
8.	VIEIRA Eduardo Gabriel	05	Seleccao Centro Norte Portu	<b>4:49.99</b>	+0,83	392	6,00
	50m: 30.45 30.45	150m: 1:40.04 35.79	250m: 2:54.71 37.78	350m: 4:12.65 38.72			
	100m: 1:04.25 33.80	200m: 2:16.93 36.89	300m: 3:33.93 39.22	400m: 4:49.99 37.34			
9.	GABOLEIRO Ricardo Filipe	05	Seleccao de Santarem	<b>4:52.99</b>	+0,65	380	5,00
	50m: 32.96 32.96	150m: 1:47.53 37.51	250m: 3:01.63 37.20	350m: 4:16.63 37.46			
	100m: 1:10.02 37.06	200m: 2:24.43 36.90	300m: 3:39.17 37.54	400m: 4:52.99 36.36			
10.	MACHADO Diogo Pimentel	05	Seleccao dos Acores	<b>4:53.22</b>	+0,81	379	4,00
	50m: 32.14 32.14	150m: 1:44.77 37.13	250m: 3:01.00 38.59	350m: 4:16.24 36.87			
	100m: 1:07.64 35.50	200m: 2:22.41 37.64	300m: 3:39.37 38.37	400m: 4:53.22 36.98			
11.	BONANCA Artur Osorio	05	Seleccao do Algarve	<b>4:54.15</b>	+0,73	375	3,00
	50m: 32.08 32.08	150m: 1:45.03 36.84	250m: 3:00.94 38.31	350m: 4:17.15 37.90			
	100m: 1:08.19 36.11	200m: 2:22.63 37.60	300m: 3:39.25 38.31	400m: 4:54.15 37.00			
12.	MADALENA Manuel Maria	06	Seleccao do Interior Centro	<b>5:18.29</b>	+0,90	296	2,00
	50m: 34.16 34.16	150m: 1:52.00 39.81	250m: 3:15.83 42.29	350m: 4:39.21 41.74			
	100m: 1:12.19 38.03	200m: 2:33.54 41.54	300m: 3:57.47 41.64	400m: 5:18.29 39.08			
13.	LUIS Rafael Curtinha	06	Seleccao do Alentejo	<b>5:27.43</b>	+0,78	272	1,00
	50m: 36.86 36.86	150m: 1:58.74 41.27	250m: 3:23.25 42.54	350m: 4:47.88 42.37			
	100m: 1:17.47 40.61	200m: 2:40.71 41.97	300m: 4:05.51 42.26	400m: 5:27.43 39.55			

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Juvenis

26-01-2019 - 15:30

Resultados

Rec Nac 25 m Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac 25 m Juv A	3:59.31	SANTOS Joao Carlos	ANAM	Algés	08-07-2012
Rec Nac 25 m Juv B	4:03.22	GIL Joao Pedro	ANAM	Algés	08-07-2012
Recorde Taça Vale do Tejo	3:59.75	COSTA Rui Filipe	SANNP	Abrantes	21-04-2007

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	Pts
1.	VAKULYUK Paulo	03	Seleccao de Santarem	<b>4:09.70</b>	+0,75	614	14,00
	50m: 28.52 28.52	150m: 1:31.26 31.61	250m: 2:35.22 31.90	350m: 3:38.23 32.03	400m: 4:09.70 31.47		
	100m: 59.65 31.13	200m: 2:03.32 32.06	300m: 3:06.20 30.98				
2.	CARVALHO Fernando Costa	03	Seleccao do Norte de Portuga	<b>4:14.48</b>	+0,73	580	12,00
	50m: 29.52 29.52	150m: 1:34.08 32.22	250m: 2:39.22 32.69	350m: 3:43.31 31.58	400m: 4:14.48 31.17		
	100m: 1:01.86 32.34	200m: 2:06.53 32.45	300m: 3:11.73 32.51				
3.	ALMEIDA Bernardo Victorino	04	Seleccao de Lisboa	<b>4:14.77</b>	+0,68	578	11,00
	50m: 29.23 29.23	150m: 1:33.91 32.50	250m: 2:39.18 32.68	350m: 3:43.97 31.99	400m: 4:14.77 30.80		
	100m: 1:01.41 32.18	200m: 2:06.50 32.59	300m: 3:11.98 32.80				
4.	MACHADO Martim Miranda	03	Seleccao de Coimbra	<b>4:14.83</b>	+0,80	577	10,00
	50m: 29.75 29.75	150m: 1:34.76 32.69	250m: 2:40.09 32.70	350m: 3:44.60 32.00	400m: 4:14.83 30.23		
	100m: 1:02.07 32.32	200m: 2:07.39 32.63	300m: 3:12.60 32.51				
5.	GOMES Goncalo Camara	03	Seleccao da Madeira	<b>4:20.59</b>	+0,69	540	9,00
	50m: 29.29 29.29	150m: 1:34.17 32.98	250m: 2:41.03 33.42	350m: 3:48.35 33.39	400m: 4:20.59 32.24		
	100m: 1:01.19 31.90	200m: 2:07.61 33.44	300m: 3:14.96 33.93				
6.	PEREIRA Alexandre Alves	03	Seleccao do Minho	<b>4:21.30</b>	+0,78	535	8,00
	50m: 29.68 29.68	150m: 1:35.24 33.47	250m: 2:42.06 33.06	350m: 3:49.83 33.90	400m: 4:21.30 31.47		
	100m: 1:01.77 32.09	200m: 2:09.00 33.76	300m: 3:15.93 33.87				
7.	MARTYN David	03	Seleccao de Leiria	<b>4:21.53</b>	+0,72	534	7,00
	50m: 29.81 29.81	150m: 1:35.42 32.82	250m: 2:42.13 33.56	350m: 3:49.55 33.78	400m: 4:21.53 31.98		
	100m: 1:02.60 32.79	200m: 2:08.57 33.15	300m: 3:15.77 33.64				
8.	FARDILHA Manuel Cruz	03	Seleccao Centro Norte Portu	<b>4:21.73</b>	+0,78	533	6,00
	50m: 29.74 29.74	150m: 1:35.35 32.98	250m: 2:42.01 33.64	350m: 3:49.47 33.62	400m: 4:21.73 32.26		
	100m: 1:02.37 32.63	200m: 2:08.37 33.02	300m: 3:15.85 33.84				
9.	COSTA Joao Peres	04	Seleccao dos Acores	<b>4:24.84</b>	+0,78	514	5,00
	50m: 30.36 30.36	150m: 1:36.69 33.11	250m: 2:43.75 33.66	350m: 3:50.67 33.05	400m: 4:24.84 34.17		
	100m: 1:03.58 33.22	200m: 2:10.09 33.40	300m: 3:17.62 33.87				
10.	CHOCAS Afonso Alves	04	Seleccao do Interior Centro	<b>4:28.09</b>	+0,72	496	4,00
	50m: 30.32 30.32	150m: 1:36.72 33.43	250m: 2:44.35 33.65	350m: 3:53.71 34.69	400m: 4:28.09 34.38		
	100m: 1:03.29 32.97	200m: 2:10.70 33.98	300m: 3:19.02 34.67				
11.	RODEIA Jose Miguel	04	Seleccao do Algarve	<b>4:34.11</b>	+0,80	464	3,00
	50m: 29.71 29.71	150m: 1:34.64 32.84	250m: 2:44.93 35.82	350m: 3:57.98 36.42	400m: 4:34.11 36.13		
	100m: 1:01.80 32.09	200m: 2:09.11 34.47	300m: 3:21.56 36.63				
12.	SILVA Pedro Fale	03	Seleccao do Alentejo	<b>4:36.94</b>	+0,82	450	2,00
	50m: 31.55 31.55	150m: 1:40.12 34.71	250m: 2:51.25 35.66	350m: 4:02.43 35.50	400m: 4:36.94 34.51		
	100m: 1:05.41 33.86	200m: 2:15.59 35.47	300m: 3:26.93 35.68				

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Prova 10, Masc., 400m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	Pts
13.	LUZ Bernardo Silva	04	Seleccao do Nordeste	<b>4:46.47</b>	+0,78	406	1,00
	50m: 32.37 32.37	150m: 1:43.39	36.24	250m: 2:57.38	37.85	350m: 4:10.65	35.82
	100m: 1:07.15 34.78	200m: 2:19.53	36.14	300m: 3:34.83	37.45	400m: 4:46.47	35.82
EXH	RELVAS David Ferreira	03	Seleccao de Leiria	<b>4:15.42</b>	+0,82	573	-
	50m: 29.33 29.33	150m: 1:34.12	32.70	250m: 2:39.24	32.42	350m: 3:44.19	32.06
	100m: 1:01.42 32.09	200m: 2:06.82	32.70	300m: 3:12.13	32.89	400m: 4:15.42	31.23
EXH	COUTINHO Guilherme Pereira	03	Seleccao de Santarem	<b>4:21.83</b>	+0,71	532	-
	50m: 29.82 29.82	150m: 1:35.67	33.30	250m: 2:42.92	33.41	350m: 3:49.65	33.06
	100m: 1:02.37 32.55	200m: 2:09.51	33.84	300m: 3:16.59	33.67	400m: 4:21.83	32.18
EXH	JORGE Tiago Miguel	03	Seleccao de Santarem	<b>4:24.16</b>	+0,68	518	-
	50m: 30.22 30.22	150m: 1:36.59	33.39	250m: 2:43.82	33.80	350m: 3:50.89	33.44
	100m: 1:03.20 32.98	200m: 2:10.02	33.43	300m: 3:17.45	33.63	400m: 4:24.16	33.27
EXH	GONCALVES Dinis Queiroz	05	Seleccao do Minho	<b>4:43.50</b>		419	-
	50m: 31.70 31.70	150m: 1:41.96	35.48	250m: 2:54.43	36.30	350m: 4:07.10	36.06
	100m: 1:06.48 34.78	200m: 2:18.13	36.17	300m: 3:31.04	36.61	400m: 4:43.50	36.40
EXH	GABOLEIRO Guilherme Filipe	05	Seleccao de Santarem	<b>4:49.94</b>	+0,81	392	-
	50m: 34.44 34.44	150m: 1:48.98	37.34	250m: 3:02.10	35.71	350m: 4:15.11	36.72
	100m: 1:11.64 37.20	200m: 2:26.39	37.41	300m: 3:38.39	36.29	400m: 4:49.94	34.83
EXH	BINYAS Eduardo	06	Seleccao de Santarem	<b>4:56.14</b>	+0,85	368	-
	50m: 32.71 32.71	150m: 1:46.91	37.62	250m: 3:03.31	38.57	350m: 4:19.11	37.87
	100m: 1:09.29 36.58	200m: 2:24.74	37.83	300m: 3:41.24	37.93	400m: 4:56.14	37.03