

Prova 1 1500m Livres 25 anos e mais velhos
19-05-2019 Resultados

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
Esc A, Masc.							
1.	254	SILVA, Pedro Miguel	1994	Colegio Monte Maior	14:50.02		
2.	167	CORDEIRO, Diogo Andre	1990	Masters de Almada	16:55.19	+ 2:05.17	
3.	241	SANTOS, Cristiano Almeida	1990	Atletismo Ferreira do Zezere	17:15.41	+ 2:25.39	
4.	160	CANDEIAS, Daniel Filipe	1990	Luz e Vida	17:17.69	+ 2:27.67	
5.	159	BOTAS, David Nobre	1990	Academica de Coimbra	18:33.79	+ 3:43.77	
6.	182	FERREIRA, Joao Pedro	1991	GesLoures	19:14.87	+ 4:24.85	
Esc B, Masc.							
1.	251	SILVA, Luis Filipe	1988	Fluvial Portuense	16:39.22		
2.	248	SILVA, Joao Carlos	1989	Colegio Monte Maior	16:42.62	+ 3.40	
3.	156	BARTOLO, Edgar Paiva	1988	Leixoes	17:04.69	+ 25.47	
4.	201	LLOPIS ORTIZ, Antonio	1987	C.N. Cadiz	17:48.87	+ 1:09.65	
5.	233	RIBEIRO, Carlos Manuel	1985	Academica de Coimbra	20:35.22	+ 3:56.00	
Esc C, Masc.							
1.	197	INACIO, Mauro Santos	1984	Litoral Alentejano	16:14.91		
2.	170	CORREIA, Ricardo Jorge	1980	Aquatico Silves	16:52.12	+ 37.21	
3.	161	CARDOSO, Alvaro Miguel	1984	Poolboys	17:40.94	+ 1:26.03	
4.	243	SANTOS, Goncalo Nuno	1981	Nadadores dos Estoris	19:52.52	+ 3:37.61	
5.	245	SANTOS, Miguel Baceira	1984	Amigos da Natacao	21:28.70	+ 5:13.79	
6.	185	FREITAS, Joao Dinis	1983	Masters de Almada	23:50.51	+ 7:35.60	
Esc D, Masc.							
1.	172	COSTA, Rodrigo Marques	1976	Litoral Alentejano	16:39.02		
2.	151	ALMEIDA, Diogo Pedroso	1977	Colegio Monte Maior	17:11.94	+ 32.92	
3.	234	RODRIGUEZ ZAMUDIO, Francisco	1975	Sevilla Master	17:28.34	+ 49.32	
4.	192	GOMEZ, Gonzalo Iglesias	1979	Fluvial Portuense	17:28.59	+ 49.57	
5.	236	ROSA, Artur Jorge	1976	Vila DEste/Gaia	18:01.94	+ 1:22.92	
6.	225	PEREIRA, Alexandre Marques	1976	Colegio Monte Maior	18:48.19	+ 2:09.17	
7.	220	MONIZ, Pedro Miguel	1977	Palmela	19:10.59	+ 2:31.57	
8.	195	GUIJO MATEO, Juan	1975	Sevilla Master	19:54.19	+ 3:15.17	
9.	246	SANTOS, Rui Alexandre	1976	Nadadores dos Estoris	20:20.62	+ 3:41.60	
10.	152	ALVES, Sergio Oliveira	1979	Fluvial Portuense	20:57.19	+ 4:18.17	
11.	200	LIMA, Joao Pedro	1977	GesLoures	21:07.05	+ 4:28.03	
12.	189	GOMES, Alvaro Joao	1979	Amigos da Natacao	21:31.62	+ 4:52.60	
13.	191	GOMES, Joao Antonio	1975	Leixoes	22:09.62	+ 5:30.60	
14.	232	QUARESMA, Carlos Goulao	1978	Luz e Vida	22:44.84	+ 6:05.82	
15.	165	CASIMIRO, Joao Manuel	1976	GesLoures	23:33.34	+ 6:54.32	
16.	150	AFONSO, Nuno Silva	1979	Amigos da Natacao	25:20.55	+ 8:41.53	

Prova 1, 1500m Livres

Esc E, Masc.

1.	265	VANTAGGIATO, Marco	1971	Litoral Alentejano	16:10.79	
2.	242	SANTOS, Eurico Manuel	1970	Colegio Monte Maior	17:58.19	+ 1:47.40
3.	188	GOIDANICH, Fernando Klein	1974	Litoral Alentejano	18:20.87	+ 2:10.08
4.	224	OLMEDO ROBLEDO, Eduardo	1973	Sevilla Master	18:40.12	+ 2:29.33
5.	171	COSTA, Pedro Mota	1971	Fluvial Portuense	19:00.09	+ 2:49.30
6.	226	PEREIRA, Jose Manuel	1970	Palmela	19:09.44	+ 2:58.65
7.	204	LUENGO, Miguel Gonzalez	1970	Nadadores dos Estoris	19:28.22	+ 3:17.43
8.	183	FERREIRA, Miguel Jose	1970	Leixoes	19:29.12	+ 3:18.33
9.	153	AMANTES, Ricardo Bruno	1974	Nacional de Natacao	20:23.59	+ 4:12.80
10.	155	BARROS, Francisco Santos	1972	Porto	20:39.69	+ 4:28.90
11.	221	MOUTINHO, Paulo Saltao	1971	Nadadores dos Estoris	20:44.12	+ 4:33.33
12.	174	CUNHA, Jose Sizenando	1974	Fluvial Portuense	21:09.76	+ 4:58.97
13.	239	SA, Nuno Manuel	1971	Fluvial Portuense	21:10.30	+ 4:59.51
14.	193	GONCALVES, Pedro Nuno	1972	Fluvial Portuense	21:51.26	+ 5:40.47
15.	228	PEREZ DE DIEGO, Miguel Angel	1972	C.D. Master Huelva	21:54.19	+ 5:43.40
16.	184	FRANCO, Ricardo Velho	1974	GesLoures	22:05.66	+ 5:54.87
17.	198	INVERNEIRO, Pedro Alexandre	1971	Fluvial Portuense	22:46.94	+ 6:36.15
18.	263	TOMAZ, Carlos Ferreira	1974	GesLoures	22:52.26	+ 6:41.47
19.	173	CUNHA, Antonio Maria	1971	Fluvial Portuense	23:25.19	+ 7:14.40
20.	229	PINTO, Nuno Miguel	1974	GesLoures	23:42.22	+ 7:31.43
21.	227	PEREIRA, Rui Abel	1973	Fluvial Portuense	24:02.97	+ 7:52.18
22.	181	FERRAZ, Francisco Antonio	1970	Pimpoes/Cimai	24:25.94	+ 8:15.15
23.	214	MASSANO, Pedro Miguel	1974	Luz e Vida	24:33.30	+ 8:22.51
24.	250	SILVA, Luis Cabral e	1971	FC Ferreiras/AlgarExperie	25:21.94	+ 9:11.15
25.	194	GUEDES, Jorge Miguel	1973	Fluvial Portuense	25:23.79	+ 9:13.00
26.	207	MALHEIROS, Oscar Jose	1971	Litoral Alentejano	27:20.97	+ 11:10.18
27.	235	ROQUE, Pedro Miguel	1974	Luz e Vida	28:13.69	+ 12:02.90

Esc F, Masc.

1.	176	DUARTE, Jose Samuel	1965	Sporting	18:54.94	
2.	164	CASAS, Adelino Jose	1966	Sporting	19:18.72	+ 23.78
3.	260	TEJO, Rui Miguel	1969	Academica de Coimbra	19:29.55	+ 34.61
4.	178	FAUSTINO, Jose Salvador	1968	Portinado	20:27.69	+ 1:32.75
5.	212	MARTINHO, Antonio Jorge	1965	Academica de Coimbra	21:12.87	+ 2:17.93
6.	257	SOUSA, Luis Manuel	1966	Fluvial Portuense	21:30.37	+ 2:35.43
7.	240	SANTANA, Fernando Manuel	1968	Colegio Monte Maior	21:50.72	+ 2:55.78
8.	222	NEVES, Mario Antonio	1968	GesLoures	21:55.59	+ 3:00.65
9.	196	IBANEZ ALMENDRO, Carlos	1967	Sevilla Master	22:06.12	+ 3:11.18
10.	300	LORA GARCIA, Francisco Angel	1967	Sevilla Master	22:11.87	+ 3:16.93
11.	179	FERNANDES, Jorge Manuel	1965	Millennium BCP	22:18.62	+ 3:23.68
12.	223	NEVES, Paulo Alexandre	1966	Leixoes	22:48.51	+ 3:53.57
13.	247	SANTOS, Sebastiao Ferreira	1967	Atletismo Ferreira do Zezere	24:42.26	+ 5:47.32
14.	203	LOUREIRO, Luis Miguel	1968	Fluvial Portuense	26:02.62	+ 7:07.68
15.	190	GOMES, Carlos Sousa	1965	Portinado	27:05.30	+ 8:10.36
16.	154	AMARAL, Joao Gunther	1969	Fluvial Portuense	28:13.44	+ 9:18.50
DNF	202	LOHKEN, Jorg	1968	Funcao Publica		

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PARCEIROS



Prova 1, 1500m Livres

Esc G, Masc.

1.	186	FREITAS, Jose Carlos	1963	Individual ANNP	16:09.05	
2.	264	TORRES, Paulo Francisco	1962	Fluvial Portuense	18:24.16	+ 2:15.11
3.	157	BENTO, Jaime Carlos	1961	Alges	19:12.66	+ 3:03.61
4.	249	SILVA, Joao Manuel	1963	Millennium BCP	19:27.12	+ 3:18.07
5.	261	TEODOSIO, Jose Virgulino	1962	Luz e Vida	19:58.55	+ 3:49.50
6.	266	VELEZ, Rui Manuel	1964	Luz e Vida	21:05.69	+ 4:56.64
7.	208	MARQUES, Antonio Higino	1961	Nadadores dos Estoris	21:36.30	+ 5:27.25
8.	163	CARVALHO, Vitor Borges	1964	Viana Natacao	21:49.26	+ 5:40.21
9.	252	SILVA, Paulo Gomes	1962	Naval do Funchal	23:01.34	+ 6:52.29
10.	219	MENESES, Pedro Bruno	1962	Leixoes	24:17.66	+ 8:08.61
11.	255	SILVA, Rui Manuel	1964	Academica de Coimbra	25:11.22	+ 9:02.17
12.	213	MARTINS, Arnaldo Silva	1961	Fluvial Portuense	25:25.51	+ 9:16.46

Esc H, Masc.

1.	216	MAVIOSO, Vitor Manuel	1956	Alges	18:03.94	
2.	158	BONAL NUNIZ, Jose Maria	1957	Sevilla Master	19:27.76	+ 1:23.82
3.	230	PIRES, Antonio Prestes	1956	Academica de Coimbra	21:15.41	+ 3:11.47
4.	169	CORREIA, Jose Luis	1959	Nadadores dos Estoris	22:01.72	+ 3:57.78
5.	258	TAVARES, Jose Manuel	1959	Palmela	22:31.19	+ 4:27.25
6.	206	LUZ, Paulo Filipe	1959	GesLoures	23:08.41	+ 5:04.47
7.	256	SIVIERO, Francismar	1955	Brasil	28:15.94	+ 10:12.00
8.	238	ROSEIRA, Joao Luis	1955	Fluvial Portuense	32:15.32	+ 14:11.38

Esc I, Masc.

1.	168	CORREIA, Carlos Augusto	1952	Masters de Almada	21:44.69	
2.	218	MELO, Mario Jorge	1951	Colegio Monte Maior	23:54.52	+ 2:09.83
3.	231	PORTO, Carlos Manuel	1951	Alges	24:40.94	+ 2:56.25
4.	180	FERNANDEZ CASADO, Manuel	1952	Sevilla Master	25:15.37	+ 3:30.68
5.	209	MARQUES, Antonio Jorge	1951	Fluvial Portuense	26:19.34	+ 4:34.65

Esc J, Masc.

1.	177	DYSON, Stephen Thomas	1947	Alges	19:22.47	
2.	199	LESSEUX, Patrick Marie	1946	Natacao de Faro	22:52.94	+ 3:30.47
3.	187	GASPAR, Alexandre Azevedo	1945	Alges	30:49.91	+ 11:27.44
4.	210	MARREIROS, Jose Joaquim	1946	Alges	40:58.27	+ 21:35.80

Esc A, Femin.

1.	128	MONTEIRO, Alexandra Sofia	1992	Vila DEste/Gaia	17:55.72	
2.	115	GRACA, Mariana Carvalho	1991	Nadadores dos Estoris	23:00.47	+ 5:04.75

Prova 1, 1500m Livres

Esc B, Femin.

1.	134	RODRIGUES, Sara Daniela	1987	Galitos / Bresimar	20:59.02	
2.	144	VERISSIMO, Liliana Alexandra	1986	Aquatico Silves	21:17.94	+ 18.92
3.	104	BARBOSA, Ana Raquel	1988	GesLoures	23:49.94	+ 2:50.92
4.	100	ALMEIDA, Andreia Azevedo	1986	Palmela	46:16.69	+ 25:17.67

Esc C, Femin.

1.	117	INACIO, Alexandra Adelinovna	1983	Colegio Monte Maior	19:19.19	
2.	112	FONSECA, Maria Ana	1982	Fluvial Portuense	21:06.66	+ 1:47.47
3.	107	CRISTOVAO, Joana Silva	1981	FC Ferreiras/AlgarExperienç	21:43.09	+ 2:23.90
4.	135	ROMANOVA, Sabina	1983	Ukraine	21:53.22	+ 2:34.03
5.	119	JIMENEZ BRAGANZA, Cristina	1982	Sevilla Master	23:36.12	+ 4:16.93
6.	123	MALHEIROS, Carmen Silvia	1981	Litoral Alentejano	25:18.30	+ 5:59.11
7.	143	UHLFELDER, Ana Sofia	1983	Fluvial Portuense	25:31.72	+ 6:12.53
8.	122	MACHADO, Maria Margarida	1981	Vila DEste/Gaia	27:35.76	+ 8:16.57
9.	120	LEITE, Joana Isabel	1980	Fluvial Portuense	28:08.66	+ 8:49.47

Esc D, Femin.

1.	111	FIGUEIRA, Isabel Maria	1979	Natacao de Faro	18:18.84	
2.	138	SILVA, Ana Sofia	1978	Fluvial Portuense	21:06.26	+ 2:47.42
3.	139	SILVA, Liana Casquinha	1978	Nadadores dos Estoris	21:23.87	+ 3:05.03
4.	140	SILVA, Rita Rijo	1975	Colegio Monte Maior	21:40.87	+ 3:22.03
5.	114	GONCALVES, Isilda Maria	1976	Nadadores dos Estoris	23:16.69	+ 4:57.85
6.	116	GRACA, Sara Mendonca	1977	Colegio Monte Maior	24:46.69	+ 6:27.85
7.	129	OLIVEIRA, Ana Cristina	1976	Galitos / Bresimar	25:06.41	+ 6:47.57

Esc E, Femin.

1.	136	ROTHES, Ines Maria	1973	Fluvial Portuense	18:06.59	
2.	142	TELO, Carla Patricia	1971	Naval do Funchal	19:07.62	+ 1:01.03
3.	101	ARANTES, Joana Isabel	1972	Millennium BCP	19:37.44	+ 1:30.85
4.	102	ARAUJO, Teresa Mafada	1971	Naval do Funchal	21:08.34	+ 3:01.75
5.	108	FARIA, Joana Maria	1974	Leixoes	21:28.02	+ 3:21.43
6.	110	FERREIRA, Sara Goncalves	1974	Individual ANL	23:47.19	+ 5:40.60
7.	103	BARBARA, Ana Bernardo	1970	Portinado	25:16.47	+ 7:09.88
8.	121	LOURENCO, Susana Maria	1974	Fluvial Portuense	33:28.20	+ 15:21.61
DNF	124	MARQUES, Helena Sofia	1973	Millennium BCP		
DNF	133	PINTO, Isabel Maria	1972	Fluvial Portuense		
DNF	141	SURRA, Elena	1974	Litoral Alentejano		

Esc F, Femin.

1.	109	FERREIRA, Isabel Baptista	1967	Colegio Monte Maior	18:44.69	
2.	130	OLMEDO ROBLEDO, Isabel	1969	Sevilla Master	19:11.76	+ 27.07
3.	127	MIRANDA, Laura Manuela	1967	Colegio Monte Maior	21:40.44	+ 2:55.75
4.	118	INVERNEIRO, Maria Luisa	1969	Fluvial Portuense	32:18.56	+ 13:33.87
5.	106	CARDOSO, Helena Maria	1966	Fluvial Portuense	33:49.23	+ 15:04.54

Prova 1, 1500m Livres

Absolutos Geral - OPEN

1.	254	SILVA, Pedro Miguel	1994	Colegio Monte Maior	14:50.02	
2.	186	FREITAS, Jose Carlos	1963	Individual ANNP	16:09.05	+ 1:19.03
3.	265	VANTAGGIATO, Marco	1971	Litoral Alentejano	16:10.79	+ 1:20.77
4.	197	INACIO, Mauro Santos	1984	Litoral Alentejano	16:14.91	+ 1:24.89
5.	172	COSTA, Rodrigo Marques	1976	Litoral Alentejano	16:39.02	+ 1:49.00
6.	251	SILVA, Luis Filipe	1988	Fluvial Portuense	16:39.22	+ 1:49.20
7.	248	SILVA, Joao Carlos	1989	Colegio Monte Maior	16:42.62	+ 1:52.60
8.	170	CORREIA, Ricardo Jorge	1980	Aquatico Silves	16:52.12	+ 2:02.10
9.	167	CORDEIRO, Diogo Andre	1990	Masters de Almada	16:55.19	+ 2:05.17
10.	156	BARTOLO, Edgar Paiva	1988	Leixoes	17:04.69	+ 2:14.67
11.	151	ALMEIDA, Diogo Pedroso	1977	Colegio Monte Maior	17:11.94	+ 2:21.92
12.	241	SANTOS, Cristiano Almeida	1990	Atletismo Ferreira do Zezere	17:15.41	+ 2:25.39
13.	160	CANDEIAS, Daniel Filipe	1990	Luz e Vida	17:17.69	+ 2:27.67
14.	234	RODRIGUEZ ZAMUDIO, Francisco	1975	Sevilla Master	17:28.34	+ 2:38.32
15.	192	GOMEZ, Gonzalo Iglesias	1979	Fluvial Portuense	17:28.59	+ 2:38.57
16.	161	CARDOSO, Alvaro Miguel	1984	Poolboys	17:40.94	+ 2:50.92
17.	201	LLOPIS ORTIZ, Antonio	1987	C.N. Cadiz	17:48.87	+ 2:58.85
18.	128	MONTEIRO, Alexandra Sofia	1992	Vila DEste/Gaia	17:55.72	+ 3:05.70
19.	242	SANTOS, Eurico Manuel	1970	Colegio Monte Maior	17:58.19	+ 3:08.17
20.	236	ROSA, Artur Jorge	1976	Vila DEste/Gaia	18:01.94	+ 3:11.92
21.	216	MAVIOSO, Vitor Manuel	1956	Alges	18:03.94	+ 3:13.92
22.	136	ROTHES, Ines Maria	1973	Fluvial Portuense	18:06.59	+ 3:16.57
23.	111	FIGUEIRA, Isabel Maria	1979	Natacao de Faro	18:18.84	+ 3:28.82
24.	188	GOIDANICH, Fernando Klein	1974	Litoral Alentejano	18:20.87	+ 3:30.85
25.	264	TORRES, Paulo Francisco	1962	Fluvial Portuense	18:24.16	+ 3:34.14
26.	159	BOTAS, David Nobre	1990	Academica de Coimbra	18:33.79	+ 3:43.77
27.	224	OLMEDO ROBLEDO, Eduardo	1973	Sevilla Master	18:40.12	+ 3:50.10
28.	109	FERREIRA, Isabel Baptista	1967	Colegio Monte Maior	18:44.69	+ 3:54.67
29.	225	PEREIRA, Alexandre Marques	1976	Colegio Monte Maior	18:48.19	+ 3:58.17
30.	176	DUARTE, Jose Samuel	1965	Sporting	18:54.94	+ 4:04.92
31.	171	COSTA, Pedro Mota	1971	Fluvial Portuense	19:00.09	+ 4:10.07
32.	142	TELO, Carla Patricia	1971	Naval do Funchal	19:07.62	+ 4:17.60
33.	226	PEREIRA, Jose Manuel	1970	Palmela	19:09.44	+ 4:19.42
34.	220	MONIZ, Pedro Miguel	1977	Palmela	19:10.59	+ 4:20.57
35.	130	OLMEDO ROBLEDO, Isabel	1969	Sevilla Master	19:11.76	+ 4:21.74
36.	157	BENTO, Jaime Carlos	1961	Alges	19:12.66	+ 4:22.64
37.	182	FERREIRA, Joao Pedro	1991	GesLoures	19:14.87	+ 4:24.85
38.	164	CASAS, Adelino Jose	1966	Sporting	19:18.72	+ 4:28.70
39.	117	INACIO, Alexandra Adelinovna	1983	Colegio Monte Maior	19:19.19	+ 4:29.17
40.	177	DYSON, Stephen Thomas	1947	Alges	19:22.47	+ 4:32.45
41.	249	SILVA, Joao Manuel	1963	Millennium BCP	19:27.12	+ 4:37.10
42.	158	BONAL NUNIZ, Jose Maria	1957	Sevilla Master	19:27.76	+ 4:37.74
43.	204	LUENGO, Miguel Gonzalez	1970	Nadadores dos Estoris	19:28.22	+ 4:38.20
44.	183	FERREIRA, Miguel Jose	1970	Leixoes	19:29.12	+ 4:39.10
45.	260	TEJO, Rui Miguel	1969	Academica de Coimbra	19:29.55	+ 4:39.53
46.	101	ARANTES, Joana Isabel	1972	Millennium BCP	19:37.44	+ 4:47.42

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Portimão
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PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



Prova 1, Todos, 1500m Livres, Absolutos Geral - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
47.	243	SANTOS, Goncalo Nuno	1981	Nadadores dos Estoris	19:52.52	+ 5:02.50	
48.	195	GUIJO MATEO, Juan	1975	Sevilla Master	19:54.19	+ 5:04.17	
49.	261	TEODOSIO, Jose Virgulino	1962	Luz e Vida	19:58.55	+ 5:08.53	
50.	246	SANTOS, Rui Alexandre	1976	Nadadores dos Estoris	20:20.62	+ 5:30.60	
51.	153	AMANTES, Ricardo Bruno	1974	Nacional de Natacao	20:23.59	+ 5:33.57	
52.	178	FAUSTINO, Jose Salvador	1968	Portinado	20:27.69	+ 5:37.67	
53.	233	RIBEIRO, Carlos Manuel	1985	Academica de Coimbra	20:35.22	+ 5:45.20	
54.	155	BARROS, Francisco Santos	1972	Porto	20:39.69	+ 5:49.67	
55.	221	MOUTINHO, Paulo Saltao	1971	Nadadores dos Estoris	20:44.12	+ 5:54.10	
56.	152	ALVES, Sergio Oliveira	1979	Fluvial Portuense	20:57.19	+ 6:07.17	
57.	134	RODRIGUES, Sara Daniela	1987	Galitos / Bresimar	20:59.02	+ 6:09.00	
58.	266	VELEZ, Rui Manuel	1964	Luz e Vida	21:05.69	+ 6:15.67	
59.	138	SILVA, Ana Sofia	1978	Fluvial Portuense	21:06.26	+ 6:16.24	
60.	112	FONSECA, Maria Ana	1982	Fluvial Portuense	21:06.66	+ 6:16.64	
61.	200	LIMA, Joao Pedro	1977	GesLoures	21:07.05	+ 6:17.03	
62.	102	ARAUJO, Teresa Mafada	1971	Naval do Funchal	21:08.34	+ 6:18.32	
63.	174	CUNHA, Jose Sizenando	1974	Fluvial Portuense	21:09.76	+ 6:19.74	
64.	239	SA, Nuno Manuel	1971	Fluvial Portuense	21:10.30	+ 6:20.28	
65.	212	MARTINHO, Antonio Jorge	1965	Academica de Coimbra	21:12.87	+ 6:22.85	
66.	230	PIRES, Antonio Prestes	1956	Academica de Coimbra	21:15.41	+ 6:25.39	
67.	144	VERISSIMO, Liliana Alexandra	1986	Aquatico Silves	21:17.94	+ 6:27.92	
68.	139	SILVA, Liana Casquinha	1978	Nadadores dos Estoris	21:23.87	+ 6:33.85	
69.	108	FARIA, Joana Maria	1974	Leixoes	21:28.02	+ 6:38.00	
70.	245	SANTOS, Miguel Baceira	1984	Amigos da Natacao	21:28.70	+ 6:38.68	
71.	257	SOUSA, Luis Manuel	1966	Fluvial Portuense	21:30.37	+ 6:40.35	
72.	189	GOMES, Alvaro Joao	1979	Amigos da Natacao	21:31.62	+ 6:41.60	
73.	208	MARQUES, Antonio Higinio	1961	Nadadores dos Estoris	21:36.30	+ 6:46.28	
74.	127	MIRANDA, Laura Manuela	1967	Colegio Monte Maior	21:40.44	+ 6:50.42	
75.	140	SILVA, Rita Rijo	1975	Colegio Monte Maior	21:40.87	+ 6:50.85	
76.	107	CRISTOVAO, Joana Silva	1981	FC Ferreiras/AlgarExperie	21:43.09	+ 6:53.07	
77.	168	CORREIA, Carlos Augusto	1952	Masters de Almada	21:44.69	+ 6:54.67	
78.	163	CARVALHO, Vitor Borges	1964	Viana Natacao	21:49.26	+ 6:59.24	
79.	240	SANTANA, Fernando Manuel	1968	Colegio Monte Maior	21:50.72	+ 7:00.70	
80.	193	GONCALVES, Pedro Nuno	1972	Fluvial Portuense	21:51.26	+ 7:01.24	
81.	135	ROMANOVA, Sabina	1983	Ukraine	21:53.22	+ 7:03.20	
82.	228	PEREZ DE DIEGO, Miguel Angel	1972	C.D. Master Huelva	21:54.19	+ 7:04.17	
83.	222	NEVES, Mario Antonio	1968	GesLoures	21:55.59	+ 7:05.57	
84.	169	CORREIA, Jose Luis	1959	Nadadores dos Estoris	22:01.72	+ 7:11.70	
85.	184	FRANCO, Ricardo Velho	1974	GesLoures	22:05.66	+ 7:15.64	
86.	196	IBANEZ ALMENDRO, Carlos	1967	Sevilla Master	22:06.12	+ 7:16.10	
87.	191	GOMES, Joao Antonio	1975	Leixoes	22:09.62	+ 7:19.60	
88.	300	LORA GARCIA, Francisco Angel	1967	Sevilla Master	22:11.87	+ 7:21.85	
89.	179	FERNANDES, Jorge Manuel	1965	Millennium BCP	22:18.62	+ 7:28.60	
90.	258	TAVARES, Jose Manuel	1959	Palmela	22:31.19	+ 7:41.17	
91.	232	QUARESMA, Carlos Goulao	1978	Luz e Vida	22:44.84	+ 7:54.82	
92.	198	INVERNEIRO, Pedro Alexandre	1971	Fluvial Portuense	22:46.94	+ 7:56.92	

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Prova 1, Todos, 1500m Livres, Absolutos Geral - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
93.	223	NEVES, Paulo Alexandre	1966	Leixoes	22:48.51	+ 7:58.49	
94.	263	TOMAZ, Carlos Ferreira	1974	GesLoures	22:52.26	+ 8:02.24	
95.	199	LESSEUX, Patrick Marie	1946	Natacao de Faro	22:52.94	+ 8:02.92	
96.	115	GRACA, Mariana Carvalho	1991	Nadadores dos Estoris	23:00.47	+ 8:10.45	
97.	252	SILVA, Paulo Gomes	1962	Naval do Funchal	23:01.34	+ 8:11.32	
98.	206	LUZ, Paulo Filipe	1959	GesLoures	23:08.41	+ 8:18.39	
99.	114	GONCALVES, Isilda Maria	1976	Nadadores dos Estoris	23:16.69	+ 8:26.67	
100.	173	CUNHA, Antonio Maria	1971	Fluvial Portuense	23:25.19	+ 8:35.17	
101.	165	CASIMIRO, Joao Manuel	1976	GesLoures	23:33.34	+ 8:43.32	
102.	119	JIMENEZ BRAGANZA, Cristina	1982	Sevilla Master	23:36.12	+ 8:46.10	
103.	229	PINTO, Nuno Miguel	1974	GesLoures	23:42.22	+ 8:52.20	
104.	110	FERREIRA, Sara Goncalves	1974	Individual ANL	23:47.19	+ 8:57.17	
105.	104	BARBOSA, Ana Raquel	1988	GesLoures	23:49.94	+ 8:59.92	
106.	185	FREITAS, Joao Dinis	1983	Masters de Almada	23:50.51	+ 9:00.49	
107.	218	MELO, Mario Jorge	1951	Colegio Monte Maior	23:54.52	+ 9:04.50	
108.	227	PEREIRA, Rui Abel	1973	Fluvial Portuense	24:02.97	+ 9:12.95	
109.	219	MENESES, Pedro Bruno	1962	Leixoes	24:17.66	+ 9:27.64	
110.	181	FERRAZ, Francisco Antonio	1970	Pimpoes/Cimai	24:25.94	+ 9:35.92	
111.	214	MASSANO, Pedro Miguel	1974	Luz e Vida	24:33.30	+ 9:43.28	
112.	231	PORTO, Carlos Manuel	1951	Alges	24:40.94	+ 9:50.92	
113.	247	SANTOS, Sebastiao Ferreira	1967	Atletismo Ferreira do Zezere	24:42.26	+ 9:52.24	
114.	116	GRACA, Sara Mendonca	1977	Colegio Monte Maior	24:46.69	+ 9:56.67	
115.	129	OLIVEIRA, Ana Cristina	1976	Galitos / Bresimar	25:06.41	+ 10:16.39	
116.	255	SILVA, Rui Manuel	1964	Academica de Coimbra	25:11.22	+ 10:21.20	
117.	180	FERNANDEZ CASADO, Manuel	1952	Sevilla Master	25:15.37	+ 10:25.35	
118.	103	BARBARA, Ana Bernardo	1970	Portinado	25:16.47	+ 10:26.45	
119.	123	MALHEIROS, Carmen Silvia	1981	Litoral Alentejano	25:18.30	+ 10:28.28	
120.	150	AFONSO, Nuno Silva	1979	Amigos da Natacao	25:20.55	+ 10:30.53	
121.	250	SILVA, Luis Cabral e	1971	FC Ferreiras/AlgarExperie	25:21.94	+ 10:31.92	
122.	194	GUEDES, Jorge Miguel	1973	Fluvial Portuense	25:23.79	+ 10:33.77	
123.	213	MARTINS, Arnaldo Silva	1961	Fluvial Portuense	25:25.51	+ 10:35.49	
124.	143	UHLFELDER, Ana Sofia	1983	Fluvial Portuense	25:31.72	+ 10:41.70	
125.	203	LOUREIRO, Luis Miguel	1968	Fluvial Portuense	26:02.62	+ 11:12.60	
126.	209	MARQUES, Antonio Jorge	1951	Fluvial Portuense	26:19.34	+ 11:29.32	
127.	190	GOMES, Carlos Sousa	1965	Portinado	27:05.30	+ 12:15.28	
128.	207	MALHEIROS, Oscar Jose	1971	Litoral Alentejano	27:20.97	+ 12:30.95	
129.	122	MACHADO, Maria Margarida	1981	Vila DEste/Gaia	27:35.76	+ 12:45.74	
130.	120	LEITE, Joana Isabel	1980	Fluvial Portuense	28:08.66	+ 13:18.64	
131.	154	AMARAL, Joao Gunther	1969	Fluvial Portuense	28:13.44	+ 13:23.42	
132.	235	ROQUE, Pedro Miguel	1974	Luz e Vida	28:13.69	+ 13:23.67	
133.	256	SIVIERO, Francismar	1955	Brasil	28:15.94	+ 13:25.92	
134.	187	GASPAR, Alexandre Azevedo	1945	Alges	30:49.91	+ 15:59.89	
135.	238	ROSEIRA, Joao Luis	1955	Fluvial Portuense	32:15.32	+ 17:25.30	
136.	118	INVERNEIRO, Maria Luisa	1969	Fluvial Portuense	32:18.56	+ 17:28.54	
137.	121	LOURENCO, Susana Maria	1974	Fluvial Portuense	33:28.20	+ 18:38.18	
138.	106	CARDOSO, Helena Maria	1966	Fluvial Portuense	33:49.23	+ 18:59.21	

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Prova 1, Todos, 1500m Livres, Absolutos Geral - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
139.	210	MARREIROS, Jose Joaquim	1946	Alges	40:58.27	+ 26:08.25	
140.	100	ALMEIDA, Andreia Azevedo	1986	Palmela	46:16.69	+ 31:26.67	
DNF	202	LOHKEN, Jorg	1968	Funcao Publica			
DNF	124	MARQUES, Helena Sofia	1973	Millennium BCP			
DNF	133	PINTO, Isabel Maria	1972	Fluvial Portuense			
DNF	141	SURRA, Elena	1974	Litoral Alentejano			

Absolutos Geral - POR

1.	254	SILVA, Pedro Miguel	1994	Colegio Monte Maior	14:50.02		
2.	186	FREITAS, Jose Carlos	1963	Individual ANNP	16:09.05	+ 1:19.03	
3.	197	INACIO, Mauro Santos	1984	Litoral Alentejano	16:14.91	+ 1:24.89	
4.	172	COSTA, Rodrigo Marques	1976	Litoral Alentejano	16:39.02	+ 1:49.00	
5.	251	SILVA, Luis Filipe	1988	Fluvial Portuense	16:39.22	+ 1:49.20	
6.	248	SILVA, Joao Carlos	1989	Colegio Monte Maior	16:42.62	+ 1:52.60	
7.	170	CORREIA, Ricardo Jorge	1980	Aquatico Silves	16:52.12	+ 2:02.10	
8.	167	CORDEIRO, Diogo Andre	1990	Masters de Almada	16:55.19	+ 2:05.17	
9.	156	BARTOLO, Edgar Paiva	1988	Leixoes	17:04.69	+ 2:14.67	
10.	151	ALMEIDA, Diogo Pedroso	1977	Colegio Monte Maior	17:11.94	+ 2:21.92	
11.	241	SANTOS, Cristiano Almeida	1990	Atletismo Ferreira do Zezere	17:15.41	+ 2:25.39	
12.	160	CANDEIAS, Daniel Filipe	1990	Luz e Vida	17:17.69	+ 2:27.67	
13.	161	CARDOSO, Alvaro Miguel	1984	Poolboys	17:40.94	+ 2:50.92	
14.	128	MONTEIRO, Alexandra Sofia	1992	Vila DEste/Gaia	17:55.72	+ 3:05.70	
15.	242	SANTOS, Eurico Manuel	1970	Colegio Monte Maior	17:58.19	+ 3:08.17	
16.	236	ROSA, Artur Jorge	1976	Vila DEste/Gaia	18:01.94	+ 3:11.92	
17.	216	MAVIOSO, Vitor Manuel	1956	Alges	18:03.94	+ 3:13.92	
18.	136	ROTHES, Ines Maria	1973	Fluvial Portuense	18:06.59	+ 3:16.57	
19.	111	FIGUEIRA, Isabel Maria	1979	Natacao de Faro	18:18.84	+ 3:28.82	
20.	264	TORRES, Paulo Francisco	1962	Fluvial Portuense	18:24.16	+ 3:34.14	
21.	159	BOTAS, David Nobre	1990	Academica de Coimbra	18:33.79	+ 3:43.77	
22.	109	FERREIRA, Isabel Baptista	1967	Colegio Monte Maior	18:44.69	+ 3:54.67	
23.	225	PEREIRA, Alexandre Marques	1976	Colegio Monte Maior	18:48.19	+ 3:58.17	
24.	176	DUARTE, Jose Samuel	1965	Sporting	18:54.94	+ 4:04.92	
25.	171	COSTA, Pedro Mota	1971	Fluvial Portuense	19:00.09	+ 4:10.07	
26.	142	TELO, Carla Patricia	1971	Naval do Funchal	19:07.62	+ 4:17.60	
27.	226	PEREIRA, Jose Manuel	1970	Palmela	19:09.44	+ 4:19.42	
28.	220	MONIZ, Pedro Miguel	1977	Palmela	19:10.59	+ 4:20.57	
29.	157	BENTO, Jaime Carlos	1961	Alges	19:12.66	+ 4:22.64	
30.	182	FERREIRA, Joao Pedro	1991	GesLoures	19:14.87	+ 4:24.85	
31.	164	CASAS, Adelino Jose	1966	Sporting	19:18.72	+ 4:28.70	
32.	117	INACIO, Alexandra Adelinovna	1983	Colegio Monte Maior	19:19.19	+ 4:29.17	
33.	177	DYSON, Stephen Thomas	1947	Alges	19:22.47	+ 4:32.45	
34.	249	SILVA, Joao Manuel	1963	Millennium BCP	19:27.12	+ 4:37.10	
35.	183	FERREIRA, Miguel Jose	1970	Leixoes	19:29.12	+ 4:39.10	
36.	260	TEJO, Rui Miguel	1969	Academica de Coimbra	19:29.55	+ 4:39.53	
37.	101	ARANTES, Joana Isabel	1972	Millennium BCP	19:37.44	+ 4:47.42	
38.	243	SANTOS, Goncalo Nuno	1981	Nadadores dos Estoris	19:52.52	+ 5:02.50	

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Prova 1, Todos, 1500m Livres, Absolutos Geral - POR

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
39.	261	TEODOSIO, Jose Virgulino	1962	Luz e Vida	19:58.55	+ 5:08.53	
40.	246	SANTOS, Rui Alexandre	1976	Nadadores dos Estoris	20:20.62	+ 5:30.60	
41.	153	AMANTES, Ricardo Bruno	1974	Nacional de Natacao	20:23.59	+ 5:33.57	
42.	178	FAUSTINO, Jose Salvador	1968	Portinado	20:27.69	+ 5:37.67	
43.	233	RIBEIRO, Carlos Manuel	1985	Academica de Coimbra	20:35.22	+ 5:45.20	
44.	155	BARROS, Francisco Santos	1972	Porto	20:39.69	+ 5:49.67	
45.	221	MOUTINHO, Paulo Saltao	1971	Nadadores dos Estoris	20:44.12	+ 5:54.10	
46.	152	ALVES, Sergio Oliveira	1979	Fluvial Portuense	20:57.19	+ 6:07.17	
47.	134	RODRIGUES, Sara Daniela	1987	Galitos / Bresimar	20:59.02	+ 6:09.00	
48.	266	VELEZ, Rui Manuel	1964	Luz e Vida	21:05.69	+ 6:15.67	
49.	138	SILVA, Ana Sofia	1978	Fluvial Portuense	21:06.26	+ 6:16.24	
50.	112	FONSECA, Maria Ana	1982	Fluvial Portuense	21:06.66	+ 6:16.64	
51.	200	LIMA, Joao Pedro	1977	GesLoures	21:07.05	+ 6:17.03	
52.	102	ARAUJO, Teresa Mafada	1971	Naval do Funchal	21:08.34	+ 6:18.32	
53.	174	CUNHA, Jose Sizenando	1974	Fluvial Portuense	21:09.76	+ 6:19.74	
54.	239	SA, Nuno Manuel	1971	Fluvial Portuense	21:10.30	+ 6:20.28	
55.	212	MARTINHO, Antonio Jorge	1965	Academica de Coimbra	21:12.87	+ 6:22.85	
56.	230	PIRES, Antonio Prestes	1956	Academica de Coimbra	21:15.41	+ 6:25.39	
57.	144	VERISSIMO, Liliana Alexandra	1986	Aquatico Silves	21:17.94	+ 6:27.92	
58.	139	SILVA, Liana Casquinha	1978	Nadadores dos Estoris	21:23.87	+ 6:33.85	
59.	108	FARIA, Joana Maria	1974	Leixoes	21:28.02	+ 6:38.00	
60.	245	SANTOS, Miguel Baceira	1984	Amigos da Natacao	21:28.70	+ 6:38.68	
61.	257	SOUSA, Luis Manuel	1966	Fluvial Portuense	21:30.37	+ 6:40.35	
62.	189	GOMES, Alvaro Joao	1979	Amigos da Natacao	21:31.62	+ 6:41.60	
63.	208	MARQUES, Antonio Higino	1961	Nadadores dos Estoris	21:36.30	+ 6:46.28	
64.	127	MIRANDA, Laura Manuela	1967	Colegio Monte Maior	21:40.44	+ 6:50.42	
65.	140	SILVA, Rita Rijo	1975	Colegio Monte Maior	21:40.87	+ 6:50.85	
66.	107	CRISTOVAO, Joana Silva	1981	FC Ferreiras/AlgarExperie	21:43.09	+ 6:53.07	
67.	168	CORREIA, Carlos Augusto	1952	Masters de Almada	21:44.69	+ 6:54.67	
68.	163	CARVALHO, Vitor Borges	1964	Viana Natacao	21:49.26	+ 6:59.24	
69.	240	SANTANA, Fernando Manuel	1968	Colegio Monte Maior	21:50.72	+ 7:00.70	
70.	193	GONCALVES, Pedro Nuno	1972	Fluvial Portuense	21:51.26	+ 7:01.24	
71.	222	NEVES, Mario Antonio	1968	GesLoures	21:55.59	+ 7:05.57	
72.	169	CORREIA, Jose Luis	1959	Nadadores dos Estoris	22:01.72	+ 7:11.70	
73.	184	FRANCO, Ricardo Velho	1974	GesLoures	22:05.66	+ 7:15.64	
74.	191	GOMES, Joao Antonio	1975	Leixoes	22:09.62	+ 7:19.60	
75.	179	FERNANDES, Jorge Manuel	1965	Millennium BCP	22:18.62	+ 7:28.60	
76.	258	TAVARES, Jose Manuel	1959	Palmela	22:31.19	+ 7:41.17	
77.	232	QUARESMA, Carlos Goulao	1978	Luz e Vida	22:44.84	+ 7:54.82	
78.	198	INVERNEIRO, Pedro Alexandre	1971	Fluvial Portuense	22:46.94	+ 7:56.92	
79.	223	NEVES, Paulo Alexandre	1966	Leixoes	22:48.51	+ 7:58.49	
80.	263	TOMAZ, Carlos Ferreira	1974	GesLoures	22:52.26	+ 8:02.24	
81.	115	GRACA, Mariana Carvalho	1991	Nadadores dos Estoris	23:00.47	+ 8:10.45	
82.	252	SILVA, Paulo Gomes	1962	Naval do Funchal	23:01.34	+ 8:11.32	
83.	206	LUZ, Paulo Filipe	1959	GesLoures	23:08.41	+ 8:18.39	
84.	114	GONCALVES, Isilda Maria	1976	Nadadores dos Estoris	23:16.69	+ 8:26.67	

Prova 1, Todos, 1500m Livres, Absolutos Geral - POR

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
85.	173	CUNHA, Antonio Maria	1971	Fluvial Portuense	23:25.19	+ 8:35.17	
86.	165	CASIMIRO, Joao Manuel	1976	GesLoures	23:33.34	+ 8:43.32	
87.	229	PINTO, Nuno Miguel	1974	GesLoures	23:42.22	+ 8:52.20	
88.	110	FERREIRA, Sara Goncalves	1974	Individual ANL	23:47.19	+ 8:57.17	
89.	104	BARBOSA, Ana Raquel	1988	GesLoures	23:49.94	+ 8:59.92	
90.	185	FREITAS, Joao Dinis	1983	Masters de Almada	23:50.51	+ 9:00.49	
91.	218	MELO, Mario Jorge	1951	Colegio Monte Maior	23:54.52	+ 9:04.50	
92.	227	PEREIRA, Rui Abel	1973	Fluvial Portuense	24:02.97	+ 9:12.95	
93.	219	MENESES, Pedro Bruno	1962	Leixoes	24:17.66	+ 9:27.64	
94.	181	FERRAZ, Francisco Antonio	1970	Pimpoes/Cimai	24:25.94	+ 9:35.92	
95.	214	MASSANO, Pedro Miguel	1974	Luz e Vida	24:33.30	+ 9:43.28	
96.	231	PORTO, Carlos Manuel	1951	Alges	24:40.94	+ 9:50.92	
97.	247	SANTOS, Sebastiao Ferreira	1967	Atletismo Ferreira do Zezere	24:42.26	+ 9:52.24	
98.	116	GRACA, Sara Mendonca	1977	Colegio Monte Maior	24:46.69	+ 9:56.67	
99.	129	OLIVEIRA, Ana Cristina	1976	Galitos / Bresimar	25:06.41	+ 10:16.39	
100.	255	SILVA, Rui Manuel	1964	Academica de Coimbra	25:11.22	+ 10:21.20	
101.	103	BARBARA, Ana Bernardo	1970	Portinado	25:16.47	+ 10:26.45	
102.	123	MALHEIROS, Carmen Silvia	1981	Litoral Alentejano	25:18.30	+ 10:28.28	
103.	150	AFONSO, Nuno Silva	1979	Amigos da Natacao	25:20.55	+ 10:30.53	
104.	250	SILVA, Luis Cabral e	1971	FC Ferreiras/AlgarExperienc	25:21.94	+ 10:31.92	
105.	194	GUEDES, Jorge Miguel	1973	Fluvial Portuense	25:23.79	+ 10:33.77	
106.	213	MARTINS, Arnaldo Silva	1961	Fluvial Portuense	25:25.51	+ 10:35.49	
107.	143	UHLFELDER, Ana Sofia	1983	Fluvial Portuense	25:31.72	+ 10:41.70	
108.	203	LOUREIRO, Luis Miguel	1968	Fluvial Portuense	26:02.62	+ 11:12.60	
109.	209	MARQUES, Antonio Jorge	1951	Fluvial Portuense	26:19.34	+ 11:29.32	
110.	190	GOMES, Carlos Sousa	1965	Portinado	27:05.30	+ 12:15.28	
111.	207	MALHEIROS, Oscar Jose	1971	Litoral Alentejano	27:20.97	+ 12:30.95	
112.	122	MACHADO, Maria Margarida	1981	Vila DEste/Gaia	27:35.76	+ 12:45.74	
113.	120	LEITE, Joana Isabel	1980	Fluvial Portuense	28:08.66	+ 13:18.64	
114.	154	AMARAL, Joao Gunther	1969	Fluvial Portuense	28:13.44	+ 13:23.42	
115.	235	ROQUE, Pedro Miguel	1974	Luz e Vida	28:13.69	+ 13:23.67	
116.	187	GASPAR, Alexandre Azevedo	1945	Alges	30:49.91	+ 15:59.89	
117.	238	ROSEIRA, Joao Luis	1955	Fluvial Portuense	32:15.32	+ 17:25.30	
118.	118	INVERNEIRO, Maria Luisa	1969	Fluvial Portuense	32:18.56	+ 17:28.54	
119.	121	LOURENCO, Susana Maria	1974	Fluvial Portuense	33:28.20	+ 18:38.18	
120.	106	CARDOSO, Helena Maria	1966	Fluvial Portuense	33:49.23	+ 18:59.21	
121.	210	MARREIROS, Jose Joaquim	1946	Alges	40:58.27	+ 26:08.25	
122.	100	ALMEIDA, Andreia Azevedo	1986	Palmela	46:16.69	+ 31:26.67	
DNF	124	MARQUES, Helena Sofia	1973	Millennium BCP			
DNF	133	PINTO, Isabel Maria	1972	Fluvial Portuense			

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Prova 1, 1500m Livres

Absolutos Masc - OPEN, Masc.

1.	254	SILVA, Pedro Miguel	1994	Colegio Monte Maior	14:50.02	
2.	186	FREITAS, Jose Carlos	1963	Individual ANNP	16:09.05	+ 1:19.03
3.	265	VANTAGGIATO, Marco	1971	Litoral Alentejano	16:10.79	+ 1:20.77
4.	197	INACIO, Mauro Santos	1984	Litoral Alentejano	16:14.91	+ 1:24.89
5.	172	COSTA, Rodrigo Marques	1976	Litoral Alentejano	16:39.02	+ 1:49.00
6.	251	SILVA, Luis Filipe	1988	Fluvial Portuense	16:39.22	+ 1:49.20
7.	248	SILVA, Joao Carlos	1989	Colegio Monte Maior	16:42.62	+ 1:52.60
8.	170	CORREIA, Ricardo Jorge	1980	Aquatico Silves	16:52.12	+ 2:02.10
9.	167	CORDEIRO, Diogo Andre	1990	Masters de Almada	16:55.19	+ 2:05.17
10.	156	BARTOLO, Edgar Paiva	1988	Leixoes	17:04.69	+ 2:14.67
11.	151	ALMEIDA, Diogo Pedroso	1977	Colegio Monte Maior	17:11.94	+ 2:21.92
12.	241	SANTOS, Cristiano Almeida	1990	Atletismo Ferreira do Zezere	17:15.41	+ 2:25.39
13.	160	CANDEIAS, Daniel Filipe	1990	Luz e Vida	17:17.69	+ 2:27.67
14.	234	RODRIGUEZ ZAMUDIO, Francisco	1975	Sevilla Master	17:28.34	+ 2:38.32
15.	192	GOMEZ, Gonzalo Iglesias	1979	Fluvial Portuense	17:28.59	+ 2:38.57
16.	161	CARDOSO, Alvaro Miguel	1984	Poolboys	17:40.94	+ 2:50.92
17.	201	LLOPIS ORTIZ, Antonio	1987	C.N. Cadiz	17:48.87	+ 2:58.85
18.	242	SANTOS, Eurico Manuel	1970	Colegio Monte Maior	17:58.19	+ 3:08.17
19.	236	ROSA, Artur Jorge	1976	Vila DEste/Gaia	18:01.94	+ 3:11.92
20.	216	MAVIO SO, Vitor Manuel	1956	Alges	18:03.94	+ 3:13.92
21.	188	GOIDANICH, Fernando Klein	1974	Litoral Alentejano	18:20.87	+ 3:30.85
22.	264	TORRES, Paulo Francisco	1962	Fluvial Portuense	18:24.16	+ 3:34.14
23.	159	BOTAS, David Nobre	1990	Academica de Coimbra	18:33.79	+ 3:43.77
24.	224	OLMEDO ROBLEDO, Eduardo	1973	Sevilla Master	18:40.12	+ 3:50.10
25.	225	PEREIRA, Alexandre Marques	1976	Colegio Monte Maior	18:48.19	+ 3:58.17
26.	176	DUARTE, Jose Samuel	1965	Sporting	18:54.94	+ 4:04.92
27.	171	COSTA, Pedro Mota	1971	Fluvial Portuense	19:00.09	+ 4:10.07
28.	226	PEREIRA, Jose Manuel	1970	Palmela	19:09.44	+ 4:19.42
29.	220	MONIZ, Pedro Miguel	1977	Palmela	19:10.59	+ 4:20.57
30.	157	BENTO, Jaime Carlos	1961	Alges	19:12.66	+ 4:22.64
31.	182	FERREIRA, Joao Pedro	1991	GesLoures	19:14.87	+ 4:24.85
32.	164	CASAS, Adelino Jose	1966	Sporting	19:18.72	+ 4:28.70
33.	177	DYSON, Stephen Thomas	1947	Alges	19:22.47	+ 4:32.45
34.	249	SILVA, Joao Manuel	1963	Millennium BCP	19:27.12	+ 4:37.10
35.	158	BONAL NUNIZ, Jose Maria	1957	Sevilla Master	19:27.76	+ 4:37.74
36.	204	LUENGO, Miguel Gonzalez	1970	Nadadores dos Estoris	19:28.22	+ 4:38.20
37.	183	FERREIRA, Miguel Jose	1970	Leixoes	19:29.12	+ 4:39.10
38.	260	TEJO, Rui Miguel	1969	Academica de Coimbra	19:29.55	+ 4:39.53
39.	243	SANTOS, Goncalo Nuno	1981	Nadadores dos Estoris	19:52.52	+ 5:02.50
40.	195	GUIJO MATEO, Juan	1975	Sevilla Master	19:54.19	+ 5:04.17
41.	261	TEODOSIO, Jose Virgulino	1962	Luz e Vida	19:58.55	+ 5:08.53
42.	246	SANTOS, Rui Alexandre	1976	Nadadores dos Estoris	20:20.62	+ 5:30.60
43.	153	AMANTES, Ricardo Bruno	1974	Nacional de Natacao	20:23.59	+ 5:33.57
44.	178	FAUSTINO, Jose Salvador	1968	Portinado	20:27.69	+ 5:37.67
45.	233	RIBEIRO, Carlos Manuel	1985	Academica de Coimbra	20:35.22	+ 5:45.20
46.	155	BARROS, Francisco Santos	1972	Porto	20:39.69	+ 5:49.67

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Prova 1, Masc., 1500m Livres, Absolutos Masc - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
47.	221	MOUTINHO, Paulo Saltao	1971	Nadadores dos Estoris	20:44.12	+ 5:54.10	
48.	152	ALVES, Sergio Oliveira	1979	Fluvial Portuense	20:57.19	+ 6:07.17	
49.	266	VELEZ, Rui Manuel	1964	Luz e Vida	21:05.69	+ 6:15.67	
50.	200	LIMA, Joao Pedro	1977	GesLoures	21:07.05	+ 6:17.03	
51.	174	CUNHA, Jose Sizenando	1974	Fluvial Portuense	21:09.76	+ 6:19.74	
52.	239	SA, Nuno Manuel	1971	Fluvial Portuense	21:10.30	+ 6:20.28	
53.	212	MARTINHO, Antonio Jorge	1965	Academica de Coimbra	21:12.87	+ 6:22.85	
54.	230	PIRES, Antonio Prestes	1956	Academica de Coimbra	21:15.41	+ 6:25.39	
55.	245	SANTOS, Miguel Baceira	1984	Amigos da Natacao	21:28.70	+ 6:38.68	
56.	257	SOUSA, Luis Manuel	1966	Fluvial Portuense	21:30.37	+ 6:40.35	
57.	189	GOMES, Alvaro Joao	1979	Amigos da Natacao	21:31.62	+ 6:41.60	
58.	208	MARQUES, Antonio Higino	1961	Nadadores dos Estoris	21:36.30	+ 6:46.28	
59.	168	CORREIA, Carlos Augusto	1952	Masters de Almada	21:44.69	+ 6:54.67	
60.	163	CARVALHO, Vitor Borges	1964	Viana Natacao	21:49.26	+ 6:59.24	
61.	240	SANTANA, Fernando Manuel	1968	Colegio Monte Maior	21:50.72	+ 7:00.70	
62.	193	GONCALVES, Pedro Nuno	1972	Fluvial Portuense	21:51.26	+ 7:01.24	
63.	228	PEREZ DE DIEGO, Miguel Angel	1972	C.D. Master Huelva	21:54.19	+ 7:04.17	
64.	222	NEVES, Mario Antonio	1968	GesLoures	21:55.59	+ 7:05.57	
65.	169	CORREIA, Jose Luis	1959	Nadadores dos Estoris	22:01.72	+ 7:11.70	
66.	184	FRANCO, Ricardo Velho	1974	GesLoures	22:05.66	+ 7:15.64	
67.	196	IBANEZ ALMENDRO, Carlos	1967	Sevilla Master	22:06.12	+ 7:16.10	
68.	191	GOMES, Joao Antonio	1975	Leixoes	22:09.62	+ 7:19.60	
69.	300	LORA GARCIA, Francisco Angel	1967	Sevilla Master	22:11.87	+ 7:21.85	
70.	179	FERNANDES, Jorge Manuel	1965	Millennium BCP	22:18.62	+ 7:28.60	
71.	258	TAVARES, Jose Manuel	1959	Palmela	22:31.19	+ 7:41.17	
72.	232	QUARESMA, Carlos Goulao	1978	Luz e Vida	22:44.84	+ 7:54.82	
73.	198	INVERNEIRO, Pedro Alexandre	1971	Fluvial Portuense	22:46.94	+ 7:56.92	
74.	223	NEVES, Paulo Alexandre	1966	Leixoes	22:48.51	+ 7:58.49	
75.	263	TOMAZ, Carlos Ferreira	1974	GesLoures	22:52.26	+ 8:02.24	
76.	199	LESSEUX, Patrick Marie	1946	Natacao de Faro	22:52.94	+ 8:02.92	
77.	252	SILVA, Paulo Gomes	1962	Naval do Funchal	23:01.34	+ 8:11.32	
78.	206	LUZ, Paulo Filipe	1959	GesLoures	23:08.41	+ 8:18.39	
79.	173	CUNHA, Antonio Maria	1971	Fluvial Portuense	23:25.19	+ 8:35.17	
80.	165	CASIMIRO, Joao Manuel	1976	GesLoures	23:33.34	+ 8:43.32	
81.	229	PINTO, Nuno Miguel	1974	GesLoures	23:42.22	+ 8:52.20	
82.	185	FREITAS, Joao Dinis	1983	Masters de Almada	23:50.51	+ 9:00.49	
83.	218	MELO, Mario Jorge	1951	Colegio Monte Maior	23:54.52	+ 9:04.50	
84.	227	PEREIRA, Rui Abel	1973	Fluvial Portuense	24:02.97	+ 9:12.95	
85.	219	MENESES, Pedro Bruno	1962	Leixoes	24:17.66	+ 9:27.64	
86.	181	FERRAZ, Francisco Antonio	1970	Pimpoes/Cimai	24:25.94	+ 9:35.92	
87.	214	MASSANO, Pedro Miguel	1974	Luz e Vida	24:33.30	+ 9:43.28	
88.	231	PORTO, Carlos Manuel	1951	Alges	24:40.94	+ 9:50.92	
89.	247	SANTOS, Sebastiao Ferreira	1967	Atletismo Ferreira do Zezere	24:42.26	+ 9:52.24	
90.	255	SILVA, Rui Manuel	1964	Academica de Coimbra	25:11.22	+ 10:21.20	
91.	180	FERNANDEZ CASADO, Manuel	1952	Sevilla Master	25:15.37	+ 10:25.35	
92.	150	AFONSO, Nuno Silva	1979	Amigos da Natacao	25:20.55	+ 10:30.53	

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Prova 1, Masc., 1500m Livres, Absolutos Masc - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
93.	250	SILVA, Luis Cabral e	1971	FC Ferreiras/AlgarExperie	25:21.94	+ 10:31.92	
94.	194	GUEDES, Jorge Miguel	1973	Fluvial Portuense	25:23.79	+ 10:33.77	
95.	213	MARTINS, Arnaldo Silva	1961	Fluvial Portuense	25:25.51	+ 10:35.49	
96.	203	LOUREIRO, Luis Miguel	1968	Fluvial Portuense	26:02.62	+ 11:12.60	
97.	209	MARQUES, Antonio Jorge	1951	Fluvial Portuense	26:19.34	+ 11:29.32	
98.	190	GOMES, Carlos Sousa	1965	Portinado	27:05.30	+ 12:15.28	
99.	207	MALHEIROS, Oscar Jose	1971	Litoral Alentejano	27:20.97	+ 12:30.95	
100.	154	AMARAL, Joao Gunther	1969	Fluvial Portuense	28:13.44	+ 13:23.42	
101.	235	ROQUE, Pedro Miguel	1974	Luz e Vida	28:13.69	+ 13:23.67	
102.	256	SIVIERO, Francismar	1955	Brasil	28:15.94	+ 13:25.92	
103.	187	GASPAR, Alexandre Azevedo	1945	Alges	30:49.91	+ 15:59.89	
104.	238	ROSEIRA, Joao Luis	1955	Fluvial Portuense	32:15.32	+ 17:25.30	
105.	210	MARREIROS, Jose Joaquim	1946	Alges	40:58.27	+ 26:08.25	
DNF	202	LOHKEN, Jorg	1968	Funcao Publica			

Absolutos Masc - POR, Masc.

1.	254	SILVA, Pedro Miguel	1994	Colegio Monte Maior	14:50.02		
2.	186	FREITAS, Jose Carlos	1963	Individual ANNP	16:09.05	+ 1:19.03	
3.	197	INACIO, Mauro Santos	1984	Litoral Alentejano	16:14.91	+ 1:24.89	
4.	172	COSTA, Rodrigo Marques	1976	Litoral Alentejano	16:39.02	+ 1:49.00	
5.	251	SILVA, Luis Filipe	1988	Fluvial Portuense	16:39.22	+ 1:49.20	
6.	248	SILVA, Joao Carlos	1989	Colegio Monte Maior	16:42.62	+ 1:52.60	
7.	170	CORREIA, Ricardo Jorge	1980	Aquatico Silves	16:52.12	+ 2:02.10	
8.	167	CORDEIRO, Diogo Andre	1990	Masters de Almada	16:55.19	+ 2:05.17	
9.	156	BARTOLO, Edgar Paiva	1988	Leixoes	17:04.69	+ 2:14.67	
10.	151	ALMEIDA, Diogo Pedroso	1977	Colegio Monte Maior	17:11.94	+ 2:21.92	
11.	241	SANTOS, Cristiano Almeida	1990	Atletismo Ferreira do Zezere	17:15.41	+ 2:25.39	
12.	160	CANDEIAS, Daniel Filipe	1990	Luz e Vida	17:17.69	+ 2:27.67	
13.	161	CARDOSO, Alvaro Miguel	1984	Poolboys	17:40.94	+ 2:50.92	
14.	242	SANTOS, Eurico Manuel	1970	Colegio Monte Maior	17:58.19	+ 3:08.17	
15.	236	ROSA, Artur Jorge	1976	Vila DEste/Gaia	18:01.94	+ 3:11.92	
16.	216	MAVIOSO, Vitor Manuel	1956	Alges	18:03.94	+ 3:13.92	
17.	264	TORRES, Paulo Francisco	1962	Fluvial Portuense	18:24.16	+ 3:34.14	
18.	159	BOTAS, David Nobre	1990	Academica de Coimbra	18:33.79	+ 3:43.77	
19.	225	PEREIRA, Alexandre Marques	1976	Colegio Monte Maior	18:48.19	+ 3:58.17	
20.	176	DUARTE, Jose Samuel	1965	Sporting	18:54.94	+ 4:04.92	
21.	171	COSTA, Pedro Mota	1971	Fluvial Portuense	19:00.09	+ 4:10.07	
22.	226	PEREIRA, Jose Manuel	1970	Palmela	19:09.44	+ 4:19.42	
23.	220	MONIZ, Pedro Miguel	1977	Palmela	19:10.59	+ 4:20.57	
24.	157	BENTO, Jaime Carlos	1961	Alges	19:12.66	+ 4:22.64	
25.	182	FERREIRA, Joao Pedro	1991	GesLoures	19:14.87	+ 4:24.85	
26.	164	CASAS, Adelino Jose	1966	Sporting	19:18.72	+ 4:28.70	
27.	177	DYSON, Stephen Thomas	1947	Alges	19:22.47	+ 4:32.45	
28.	249	SILVA, Joao Manuel	1963	Millennium BCP	19:27.12	+ 4:37.10	
29.	183	FERREIRA, Miguel Jose	1970	Leixoes	19:29.12	+ 4:39.10	
30.	260	TEJO, Rui Miguel	1969	Academica de Coimbra	19:29.55	+ 4:39.53	

Prova 1, Masc., 1500m Livres, Absolutos Masc - POR

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
31.	243	SANTOS, Goncalo Nuno	1981	Nadadores dos Estoris	19:52.52	+ 5:02.50	
32.	261	TEODOSIO, Jose Virgulino	1962	Luz e Vida	19:58.55	+ 5:08.53	
33.	246	SANTOS, Rui Alexandre	1976	Nadadores dos Estoris	20:20.62	+ 5:30.60	
34.	153	AMANTES, Ricardo Bruno	1974	Nacional de Natacao	20:23.59	+ 5:33.57	
35.	178	FAUSTINO, Jose Salvador	1968	Portinado	20:27.69	+ 5:37.67	
36.	233	RIBEIRO, Carlos Manuel	1985	Academica de Coimbra	20:35.22	+ 5:45.20	
37.	155	BARROS, Francisco Santos	1972	Porto	20:39.69	+ 5:49.67	
38.	221	MOUTINHO, Paulo Saltao	1971	Nadadores dos Estoris	20:44.12	+ 5:54.10	
39.	152	ALVES, Sergio Oliveira	1979	Fluvial Portuense	20:57.19	+ 6:07.17	
40.	266	VELEZ, Rui Manuel	1964	Luz e Vida	21:05.69	+ 6:15.67	
41.	200	LIMA, Joao Pedro	1977	GesLoures	21:07.05	+ 6:17.03	
42.	174	CUNHA, Jose Sizenando	1974	Fluvial Portuense	21:09.76	+ 6:19.74	
43.	239	SA, Nuno Manuel	1971	Fluvial Portuense	21:10.30	+ 6:20.28	
44.	212	MARTINHO, Antonio Jorge	1965	Academica de Coimbra	21:12.87	+ 6:22.85	
45.	230	PIRES, Antonio Prestes	1956	Academica de Coimbra	21:15.41	+ 6:25.39	
46.	245	SANTOS, Miguel Baceira	1984	Amigos da Natacao	21:28.70	+ 6:38.68	
47.	257	SOUSA, Luis Manuel	1966	Fluvial Portuense	21:30.37	+ 6:40.35	
48.	189	GOMES, Alvaro Joao	1979	Amigos da Natacao	21:31.62	+ 6:41.60	
49.	208	MARQUES, Antonio Higino	1961	Nadadores dos Estoris	21:36.30	+ 6:46.28	
50.	168	CORREIA, Carlos Augusto	1952	Masters de Almada	21:44.69	+ 6:54.67	
51.	163	CARVALHO, Vitor Borges	1964	Viana Natacao	21:49.26	+ 6:59.24	
52.	240	SANTANA, Fernando Manuel	1968	Colegio Monte Maior	21:50.72	+ 7:00.70	
53.	193	GONCALVES, Pedro Nuno	1972	Fluvial Portuense	21:51.26	+ 7:01.24	
54.	222	NEVES, Mario Antonio	1968	GesLoures	21:55.59	+ 7:05.57	
55.	169	CORREIA, Jose Luis	1959	Nadadores dos Estoris	22:01.72	+ 7:11.70	
56.	184	FRANCO, Ricardo Velho	1974	GesLoures	22:05.66	+ 7:15.64	
57.	191	GOMES, Joao Antonio	1975	Leixoes	22:09.62	+ 7:19.60	
58.	179	FERNANDES, Jorge Manuel	1965	Millennium BCP	22:18.62	+ 7:28.60	
59.	258	TAVARES, Jose Manuel	1959	Palmela	22:31.19	+ 7:41.17	
60.	232	QUARESMA, Carlos Goulao	1978	Luz e Vida	22:44.84	+ 7:54.82	
61.	198	INVERNEIRO, Pedro Alexandre	1971	Fluvial Portuense	22:46.94	+ 7:56.92	
62.	223	NEVES, Paulo Alexandre	1966	Leixoes	22:48.51	+ 7:58.49	
63.	263	TOMAZ, Carlos Ferreira	1974	GesLoures	22:52.26	+ 8:02.24	
64.	252	SILVA, Paulo Gomes	1962	Naval do Funchal	23:01.34	+ 8:11.32	
65.	206	LUZ, Paulo Filipe	1959	GesLoures	23:08.41	+ 8:18.39	
66.	173	CUNHA, Antonio Maria	1971	Fluvial Portuense	23:25.19	+ 8:35.17	
67.	165	CASIMIRO, Joao Manuel	1976	GesLoures	23:33.34	+ 8:43.32	
68.	229	PINTO, Nuno Miguel	1974	GesLoures	23:42.22	+ 8:52.20	
69.	185	FREITAS, Joao Dinis	1983	Masters de Almada	23:50.51	+ 9:00.49	
70.	218	MELO, Mario Jorge	1951	Colegio Monte Maior	23:54.52	+ 9:04.50	
71.	227	PEREIRA, Rui Abel	1973	Fluvial Portuense	24:02.97	+ 9:12.95	
72.	219	MENESES, Pedro Bruno	1962	Leixoes	24:17.66	+ 9:27.64	
73.	181	FERRAZ, Francisco Antonio	1970	Pimpoes/Cimai	24:25.94	+ 9:35.92	
74.	214	MASSANO, Pedro Miguel	1974	Luz e Vida	24:33.30	+ 9:43.28	
75.	231	PORTO, Carlos Manuel	1951	Alges	24:40.94	+ 9:50.92	
76.	247	SANTOS, Sebastiao Ferreira	1967	Atletismo Ferreira do Zezere	24:42.26	+ 9:52.24	

Prova 1, Masc., 1500m Livres, Absolutos Masc - POR

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
77.	255	SILVA, Rui Manuel	1964	Academica de Coimbra	25:11.22	+ 10:21.20	
78.	150	AFONSO, Nuno Silva	1979	Amigos da Natacao	25:20.55	+ 10:30.53	
79.	250	SILVA, Luis Cabral e	1971	FC Ferreiras/AlgarExperie	25:21.94	+ 10:31.92	
80.	194	GUEDES, Jorge Miguel	1973	Fluvial Portuense	25:23.79	+ 10:33.77	
81.	213	MARTINS, Arnaldo Silva	1961	Fluvial Portuense	25:25.51	+ 10:35.49	
82.	203	LOUREIRO, Luis Miguel	1968	Fluvial Portuense	26:02.62	+ 11:12.60	
83.	209	MARQUES, Antonio Jorge	1951	Fluvial Portuense	26:19.34	+ 11:29.32	
84.	190	GOMES, Carlos Sousa	1965	Portinado	27:05.30	+ 12:15.28	
85.	207	MALHEIROS, Oscar Jose	1971	Litoral Alentejano	27:20.97	+ 12:30.95	
86.	154	AMARAL, Joao Gunther	1969	Fluvial Portuense	28:13.44	+ 13:23.42	
87.	235	ROQUE, Pedro Miguel	1974	Luz e Vida	28:13.69	+ 13:23.67	
88.	187	GASPAR, Alexandre Azevedo	1945	Alges	30:49.91	+ 15:59.89	
89.	238	ROSEIRA, Joao Luis	1955	Fluvial Portuense	32:15.32	+ 17:25.30	
90.	210	MARREIROS, Jose Joaquim	1946	Alges	40:58.27	+ 26:08.25	

Absolutos Fem - OPEN, Femin.

1.	128	MONTEIRO, Alexandra Sofia	1992	Vila DEste/Gaia	17:55.72		
2.	136	ROTHES, Ines Maria	1973	Fluvial Portuense	18:06.59	+ 10.87	
3.	111	FIGUEIRA, Isabel Maria	1979	Natacao de Faro	18:18.84	+ 23.12	
4.	109	FERREIRA, Isabel Baptista	1967	Colegio Monte Maior	18:44.69	+ 48.97	
5.	142	TELO, Carla Patricia	1971	Naval do Funchal	19:07.62	+ 1:11.90	
6.	130	OLMEDO ROBLEDO, Isabel	1969	Sevilla Master	19:11.76	+ 1:16.04	
7.	117	INACIO, Alexandra Adelinovna	1983	Colegio Monte Maior	19:19.19	+ 1:23.47	
8.	101	ARANTES, Joana Isabel	1972	Millennium BCP	19:37.44	+ 1:41.72	
9.	134	RODRIGUES, Sara Daniela	1987	Galitos / Bresimar	20:59.02	+ 3:03.30	
10.	138	SILVA, Ana Sofia	1978	Fluvial Portuense	21:06.26	+ 3:10.54	
11.	112	FONSECA, Maria Ana	1982	Fluvial Portuense	21:06.66	+ 3:10.94	
12.	102	ARAUJO, Teresa Mafada	1971	Naval do Funchal	21:08.34	+ 3:12.62	
13.	144	VERISSIMO, Liliana Alexandra	1986	Aquatico Silves	21:17.94	+ 3:22.22	
14.	139	SILVA, Liana Casquinha	1978	Nadadores dos Estoris	21:23.87	+ 3:28.15	
15.	108	FARIA, Joana Maria	1974	Leixoes	21:28.02	+ 3:32.30	
16.	127	MIRANDA, Laura Manuela	1967	Colegio Monte Maior	21:40.44	+ 3:44.72	
17.	140	SILVA, Rita Rijo	1975	Colegio Monte Maior	21:40.87	+ 3:45.15	
18.	107	CRISTOVAO, Joana Silva	1981	FC Ferreiras/AlgarExperie	21:43.09	+ 3:47.37	
19.	135	ROMANOVA, Sabina	1983	Ukraine	21:53.22	+ 3:57.50	
20.	115	GRACA, Mariana Carvalho	1991	Nadadores dos Estoris	23:00.47	+ 5:04.75	
21.	114	GONCALVES, Isilda Maria	1976	Nadadores dos Estoris	23:16.69	+ 5:20.97	
22.	119	JIMENEZ BRAGANZA, Cristina	1982	Sevilla Master	23:36.12	+ 5:40.40	
23.	110	FERREIRA, Sara Goncalves	1974	Individual ANL	23:47.19	+ 5:51.47	
24.	104	BARBOSA, Ana Raquel	1988	GesLoures	23:49.94	+ 5:54.22	
25.	116	GRACA, Sara Mendonca	1977	Colegio Monte Maior	24:46.69	+ 6:50.97	
26.	129	OLIVEIRA, Ana Cristina	1976	Galitos / Bresimar	25:06.41	+ 7:10.69	
27.	103	BARBARA, Ana Bernardo	1970	Portinado	25:16.47	+ 7:20.75	
28.	123	MALHEIROS, Carmen Silvia	1981	Litoral Alentejano	25:18.30	+ 7:22.58	
29.	143	UHLFELDER, Ana Sofia	1983	Fluvial Portuense	25:31.72	+ 7:36.00	
30.	122	MACHADO, Maria Margarida	1981	Vila DEste/Gaia	27:35.76	+ 9:40.04	

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Prova 1, Femin., 1500m Livres, Absolutos Fem - OPEN

Place	BiBs	Name	YOB	Club/Nation	Tempo final	diferença	T Master
31.	120	LEITE, Joana Isabel	1980	Fluvial Portuense	28:08.66	+ 10:12.94	
32.	118	INVERNEIRO, Maria Luisa	1969	Fluvial Portuense	32:18.56	+ 14:22.84	
33.	121	LOURENCO, Susana Maria	1974	Fluvial Portuense	33:28.20	+ 15:32.48	
34.	106	CARDOSO, Helena Maria	1966	Fluvial Portuense	33:49.23	+ 15:53.51	
35.	100	ALMEIDA, Andreia Azevedo	1986	Palmela	46:16.69	+ 28:20.97	
DNF	124	MARQUES, Helena Sofia	1973	Millennium BCP			
DNF	133	PINTO, Isabel Maria	1972	Fluvial Portuense			
DNF	141	SURRA, Elena	1974	Litoral Alentejano			

Absolutos Fem - POR, Femin.

1.	128	MONTEIRO, Alexandra Sofia	1992	Vila DEste/Gaia	17:55.72		
2.	136	ROTHES, Ines Maria	1973	Fluvial Portuense	18:06.59	+ 10.87	
3.	111	FIGUEIRA, Isabel Maria	1979	Natacao de Faro	18:18.84	+ 23.12	
4.	109	FERREIRA, Isabel Baptista	1967	Colegio Monte Maior	18:44.69	+ 48.97	
5.	142	TELO, Carla Patricia	1971	Naval do Funchal	19:07.62	+ 1:11.90	
6.	117	INACIO, Alexandra Adelinovna	1983	Colegio Monte Maior	19:19.19	+ 1:23.47	
7.	101	ARANTES, Joana Isabel	1972	Millennium BCP	19:37.44	+ 1:41.72	
8.	134	RODRIGUES, Sara Daniela	1987	Galitos / Bresimar	20:59.02	+ 3:03.30	
9.	138	SILVA, Ana Sofia	1978	Fluvial Portuense	21:06.26	+ 3:10.54	
10.	112	FONSECA, Maria Ana	1982	Fluvial Portuense	21:06.66	+ 3:10.94	
11.	102	ARAUJO, Teresa Mafada	1971	Naval do Funchal	21:08.34	+ 3:12.62	
12.	144	VERISSIMO, Liliana Alexandra	1986	Aquatico Silves	21:17.94	+ 3:22.22	
13.	139	SILVA, Liana Casquinha	1978	Nadadores dos Estoris	21:23.87	+ 3:28.15	
14.	108	FARIA, Joana Maria	1974	Leixoes	21:28.02	+ 3:32.30	
15.	127	MIRANDA, Laura Manuela	1967	Colegio Monte Maior	21:40.44	+ 3:44.72	
16.	140	SILVA, Rita Rijo	1975	Colegio Monte Maior	21:40.87	+ 3:45.15	
17.	107	CRISTOVAO, Joana Silva	1981	FC Ferreiras/AlgarExperie	21:43.09	+ 3:47.37	
18.	115	GRACA, Mariana Carvalho	1991	Nadadores dos Estoris	23:00.47	+ 5:04.75	
19.	114	GONCALVES, Isilda Maria	1976	Nadadores dos Estoris	23:16.69	+ 5:20.97	
20.	110	FERREIRA, Sara Goncalves	1974	Individual ANL	23:47.19	+ 5:51.47	
21.	104	BARBOSA, Ana Raquel	1988	GesLoures	23:49.94	+ 5:54.22	
22.	116	GRACA, Sara Mendonca	1977	Colegio Monte Maior	24:46.69	+ 6:50.97	
23.	129	OLIVEIRA, Ana Cristina	1976	Galitos / Bresimar	25:06.41	+ 7:10.69	
24.	103	BARBARA, Ana Bernardo	1970	Portinado	25:16.47	+ 7:20.75	
25.	123	MALHEIROS, Carmen Silvia	1981	Litoral Alentejano	25:18.30	+ 7:22.58	
26.	143	UHLFELDER, Ana Sofia	1983	Fluvial Portuense	25:31.72	+ 7:36.00	
27.	122	MACHADO, Maria Margarida	1981	Vila DEste/Gaia	27:35.76	+ 9:40.04	
28.	120	LEITE, Joana Isabel	1980	Fluvial Portuense	28:08.66	+ 10:12.94	
29.	118	INVERNEIRO, Maria Luisa	1969	Fluvial Portuense	32:18.56	+ 14:22.84	
30.	121	LOURENCO, Susana Maria	1974	Fluvial Portuense	33:28.20	+ 15:32.48	
31.	106	CARDOSO, Helena Maria	1966	Fluvial Portuense	33:49.23	+ 15:53.51	
32.	100	ALMEIDA, Andreia Azevedo	1986	Palmela	46:16.69	+ 28:20.97	
DNF	124	MARQUES, Helena Sofia	1973	Millennium BCP			
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