

Prova 31	Masc., 100m Livres				10 anos e mais velhos	
12-05-2019 - 11:10					Resultados	
Rec Nac Adaptada S1	3:22.00	MARTINS, Joao	APCL	Lisboa	17-06-2000	
Rec Nac Adaptada S2	2:41.51	PINA, Joao Alexandre	GESL	Vila Franca de Xira	05-03-2016	
Rec Nac Adaptada S3	2:38.74	VITORINO, Nuno	GESL	Lisboa	29-06-2002	
Rec Nac Adaptada S4	1:44.83	PEDROSO, Rui Manuel	POR	Atlanta (USA)	28-09-1996	
Rec Nac Adaptada S5	1:27.59	ROCHA, Ivo Filipe	POR	Glasgow (GBR)	25-04-2019	
Rec Nac Adaptada S6	1:09.87	VIDEIRA, Daniel Carlos	POR	Dublin (IRL)	19-08-2018	
Rec Nac Adaptada S7	1:13.24	VIDEIRA, Daniel Carlos	GESL	Povoa de Varzim	13-05-2018	
Rec Nac Adaptada S8	1:05.70	LINHARES, Ruben Daniel	FVCD	Porto	23-03-2019	
Rec Nac Adaptada S9	57.55	GRACHAT, David Realista	POR	Beijing (CHN)	10-09-2008	
Rec Nac Adaptada S10	56.94	CAETANO, Gino Santos	CGA	Coimbra	30-03-2017	
Rec Nac Adaptada S11	1:08.78	MENESES, Marco Ribeiro	POR	Glasgow (GBR)	25-04-2019	
Rec Nac Adaptada S12	59:00.00	, start				
Rec Nac Adaptada S13	59.51	ENCARNACAO, Vitor Hugo	POR	Eindhoven (NED)	09-08-2014	
Rec Nac Adaptada S14	1:08.29	SOUSA, Micael Silva	SCA	Povoa de Varzim	13-05-2018	
Rec Nac Adaptada S15	55.31	NEVES, Tiago Correia	CFB	Coimbra	18-03-2018	
Rec Nac Adaptada S16	1:12.90	PINTO, Filipe Cardoso	CNLX	Oeiras	18-06-2017	
Rec Nac Adaptada S17	1:24.96	BRANCO, Miguel Paiva	APPDAC	Coimbra	02-03-2019	
Rec Nac Adaptada S21	1:15.69	ALMEIDA, Andre Reis	SCP	Coimbra	02-03-2019	

Pontos: KNZB 2018 + Para

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	VIDEIRA, Daniel Carlos	92	S6	3,5,12+	Gesloures	1:10.71	763	9,00
	50m: 33.70 33.70	100m: 1:10.71		37.01				
2.	GRACHAT, David Realista	87	S9	1,3,5	Gesloures	59.31	762	9,00
	50m: 28.98 28.98	100m: 59.31		30.33				
3.	LINHARES, Ruben Daniel	97	S8	3,5,12+	Feira Viva	1:07.69	561	9,00
	50m: 32.14 32.14	100m: 1:07.69		35.55				
4.	SILVA, Renato Filipe	98	S9	9	Porto	1:05.94	555	7,00
	50m: 31.10 31.10	100m: 1:05.94		34.84				
5.	SOARES, Ricardo Aderneira	99	S8	3,5,12+	Gesloures	1:11.99	467	7,00
	50m: 34.69 34.69	100m: 1:11.99		37.30				
6.	ROCHA, Ivo Filipe	90	S5	A 12	Feira Viva	1:28.32	464	9,00
	50m: 44.13 44.13	100m: 1:28.32		44.19				
7.	CASTANHEIRA, Rodolfo Francisco	01	S8	9	Gesloures	1:12.95	448	6,00
	50m: 34.82 34.82	100m: 1:12.95		38.13				
8.	BRITO, Rui Xavier	99	S14		Sporting de Aveiro	1:14.33	373	9,00
	50m: 35.68 35.68	100m: 1:14.33		38.65				
9.	LEAL, Pedro Miguel	90	S14		Propaganda da Natacao	1:20.29	296	7,00
	50m: 37.25 37.25	100m: 1:20.29		43.04				
10.	RIBEIRO, Jose Carneirinho	90	S14		Sporting	1:20.50	294	6,00
	50m: 38.16 38.16	100m: 1:20.50		42.34				
11.	TEIXEIRA, Joao Meirinhos	96	S14		Sporting de Aveiro	1:21.08	287	5,00
	50m: 39.45 39.45	100m: 1:21.08		41.63				

Prova 31, Masc., 100m Livres, Classe S1-S14-Absolutos

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
12.	SILVA, Diogo Barros 50m: 38.71 38.71	03	S10	12+	Pimpoes/Cimai	1:18.65	271	9,00
13.	DUARTE, Orlando Constancio 50m: 36.53 36.53	89	S14		Sporting de Aveiro	1:23.05	267	4,00
14.	OLIVEIRA, Antonio Pedro 50m: 35.71 35.71	03	S10	12+	Porto	1:19.60	261	7,00
15.	MENDES, Humberto Julio 50m: 39.51 39.51	90	S14		ADADA Porto	1:24.52	254	3,00
16.	DUARTE, Samuel Lima 50m: 39.88 39.88	04	S14		Feira Viva	1:24.83	251	9,00
17.	FERREIRA, Joao Mario 50m: 40.22 40.22	98	S14		Sporting de Aveiro	1:25.56	244	2,00
18.	PINTO, Jose Manuel 50m: 47.43 47.43	00	S7	A 12	ADADA Porto	1:39.06	231	9,00
19.	GOUVEIA, Francisco Mario FTL 50m: 41.31 41.31	75	S9	9	Feira Viva	1:28.49	230	-
20.	GUIMARAES, Bruno Ricardo 50m: 41.45 41.45	94	S14		ADADA Porto	1:30.88	204	1,00
21.	FERNANDES, Tiago Miguel 50m: 42.47 42.47	04	S14		Sporting de Aveiro	1:33.31	188	7,00
22.	SA, Luis Bernardo 50m: 53.77 53.77	96	S5	A 12	Feira Viva	2:00.26	184	7,00
23.	AMARAL, Joao Costa 50m: 40.64 40.64	95	S14		Sporting de Espinho	1:34.46	182	-
24.	ALVES, Nuno Diogo 50m: 51.93 51.93	88	S7	A 12	Propaganda da Natacao	1:48.60	176	7,00
25.	VALENTE, Jose Pedro 50m: 47.81 47.81	98	S7	3,5,12+	Salesiano de Arouca	1:49.22	173	6,00
26.	MONTOIA, David Emanuel FTL 50m: 53.57 53.57	00	S7	3,5,12+	Porto	2:01.50	125	-
27.	PINHO, Joao Pedro 50m: 1:05.88 1:05.88	92	S5	A 12	ADADA Porto	2:17.85	122	6,00
28.	COSTA, Jose Antonio FTL 50m: 1:10.79 1:10.79	85	S5	A E Y 12+	APC Coimbra	2:28.26	98	-

Prova 31, Masc., 100m Livres, Classe S1-S14-Absolutos

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
29.	PEREIRA, Vitor Gabriel <i>FTL</i>	94	S9	8	Porto	2:11.72	70	-
	50m: 57.05 57.05	100m: 2:11.72	1:14.67					
DSQ	SILVA, Leonardo Ferreira <i>FTL, WPS 11.1.5 - Falsa partida</i>	01	S5	A 3,5,12+	Feira Viva			-

Classe S15 (Auditiva)-Absolutos

1.	CRUZ, Miguel Duarte	99	S15	H	Belenenses	58.41	686	9,00
	50m: 28.05 28.05	100m: 58.41	30.36					
2.	BELEZAS, Ricardo Andrade	91	S15	H	Sporting	1:00.80	608	7,00
	50m: 29.07 29.07	100m: 1:00.80	31.73					

Classe S16-Absolutos

1.	JORGE, Andre Camara <i>Rec Nac Classe S16</i>	90	S16		Escola O Liceu	1:02.58		9,00
	50m: 29.78 29.78	100m: 1:02.58	32.80					

Classe S17-Absolutos

1.	BRANCO, Miguel Paiva <i>Rec Nac Classe S17</i>	97	S17	A	APPDACOimbra	1:22.28		9,00
	50m: 38.61 38.61	100m: 1:22.28	43.67					
	OLIVEIRA, Daniel Mendo	05	S17		Fundacao Beatriz Santos	1:32.50		9,00
	50m: 43.31 43.31	100m: 1:32.50	49.19					

Classe S21 (SDown)-Absolutos

1.	ALMEIDA, Andre Reis	00	S21		Sporting	1:17.99		9,00
	50m: 35.94 35.94	100m: 1:17.99	42.05					
	MATOS, Diogo Alexandre	99	S21		Gesloures	1:19.56		7,00
	50m: 36.12 36.12	100m: 1:19.56	43.44					
	PESTANA, Rui Miguel	00	S21		Porto	1:24.03		6,00
	50m: 38.37 38.37	100m: 1:24.03	45.66					
	REGO, Diogo Almeida	97	S21		Sporting de Aveiro	1:26.14		5,00
	50m: 40.14 40.14	100m: 1:26.14	46.00					
	PEREIRA, Vicente Barros	05	S21		Sporting	1:27.88		9,00
	50m: 39.87 39.87	100m: 1:27.88	48.01					
	SANTOS, Diogo Filipe	91	S21		Feira Viva	1:28.30		4,00
	50m: 42.53 42.53	100m: 1:28.30	45.77					

Prova 31, Masc., 100m Livres, Classe S21 (SDown)-Absolutos

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
1.	RIBEIRO, Jose Augusto	92	S21		Propaganda da Natacao	1:30.11		3,00
	50m: 42.44 42.44	100m: 1:30.11	47.67					
	SEBASTIAO, Miguel Pereira	98	S21		Sporting de Aveiro	1:35.47		2,00
	50m: 44.71 44.71	100m: 1:35.47	50.76					
	VICENTE, Francisco Jose	99	S21		Sporting	1:37.72		1,00
	50m: 45.67 45.67	100m: 1:37.72	52.05					
	EUSEBIO, Marcelo Esteves	02	S21		ADADA Porto	1:39.20		-
	50m: 43.07 43.07	100m: 1:39.20	56.13					
	GOMES, Diogo Lopes	96	S21		Sporting de Aveiro	1:43.97		-
	50m: 47.95 47.95	100m: 1:43.97	56.02					
	PEREIRA, Joel Alexandre	92	S21		APC Coimbra	1:45.68		-
	50m: 49.64 49.64	100m: 1:45.68	56.04					
	GONCALVES, Hugo Bernardo	96	S21		Porto	1:48.10		-
	50m: 49.23 49.23	100m: 1:48.10	58.87					
	ANTUNES, Joao Pedro	87	S21		O2 Portimao	1:50.45		-
	50m: 53.46 53.46	100m: 1:50.45	56.99					
	SANTOS, Ruben Jose	80	S21		APC Coimbra	1:51.65		-
	50m: 54.38 54.38	100m: 1:51.65	57.27					

Classe S5-Seniores

1.	ROCHA, Ivo Filipe	90	S5	A 12	Feira Viva	1:28.32	464	9,00
	50m: 44.13 44.13	100m: 1:28.32	44.19					
2.	SA, Luis Bernardo	96	S5	A 12	Feira Viva	2:00.26	184	7,00
	50m: 53.77 53.77	100m: 2:00.26	1:06.49					
3.	PINHO, Joao Pedro	92	S5	A 12	ADADA Porto	2:17.85	122	6,00
	50m: 1:05.88 1:05.88	100m: 2:17.85	1:11.97					
4.	COSTA, Jose Antonio FTL	85	S5	A E Y 12+	APC Coimbra	2:28.26	98	-
	50m: 1:10.79 1:10.79	100m: 2:28.26	1:17.47					
DSQ	SILVA, Leonardo Ferreira FTL, WPS 11.1.5 - Falsa partida	01	S5	A 3,5,12+	Feira Viva			-

Classe S6-Seniores

1.	VIDEIRA, Daniel Carlos	92	S6	3,5,12+	Gesloures	1:10.71	763	9,00
	50m: 33.70 33.70	100m: 1:10.71	37.01					

Prova 31, Masc., 100m Livres

Classe S7-Seniores

1.	PINTO, Jose Manuel	00	S7	A 12	ADADA Porto	1:39.06	231	9,00
	50m: 47.43 47.43	100m: 1:39.06	51.63					
2.	ALVES, Nuno Diogo	88	S7	A 12	Propaganda da Natacao	1:48.60	176	7,00
	50m: 51.93 51.93	100m: 1:48.60	56.67					
3.	VALENTE, Jose Pedro	98	S7	3,5,12+	Salesiano de Arouca	1:49.22	173	6,00
	50m: 47.81 47.81	100m: 1:49.22	1:01.41					
4.	MONTOIA, David Emanuel	00	S7	3,5,12+	Porto	2:01.50	125	-
	<i>FTL</i>							
	50m: 53.57 53.57	100m: 2:01.50	1:07.93					

Classe S8-Seniores

1.	LINHARES, Ruben Daniel	97	S8	3,5,12+	Feira Viva	1:07.69	561	9,00
	50m: 32.14 32.14	100m: 1:07.69	35.55					
2.	SOARES, Ricardo Aderneira	99	S8	3,5,12+	Geslours	1:11.99	467	7,00
	50m: 34.69 34.69	100m: 1:11.99	37.30					
3.	CASTANHEIRA, Rodolfo Francisco	01	S8	9	Geslours	1:12.95	448	6,00
	50m: 34.82 34.82	100m: 1:12.95	38.13					

Classe S9-Seniores

1.	GRACHAT, David Realista	87	S9	1,3,5	Geslours	59.31	762	9,00
	50m: 28.98 28.98	100m: 59.31	30.33					
2.	SILVA, Renato Filipe	98	S9	9	Porto	1:05.94	555	7,00
	50m: 31.10 31.10	100m: 1:05.94	34.84					
3.	GOUVEIA, Francisco Mario	75	S9	9	Feira Viva	1:28.49	230	-
	<i>FTL</i>							
	50m: 41.31 41.31	100m: 1:28.49	47.18					
4.	PEREIRA, Vitor Gabriel	94	S9	8	Porto	2:11.72	70	-
	<i>FTL</i>							
	50m: 57.05 57.05	100m: 2:11.72	1:14.67					

Classe S10-Esperanças

1.	SILVA, Diogo Barros	03	S10	12+	Pimpoes/Cimai	1:18.65	271	9,00
	50m: 38.71 38.71	100m: 1:18.65	39.94					
2.	OLIVEIRA, Antonio Pedro	03	S10	12+	Porto	1:19.60	261	7,00
	50m: 35.71 35.71	100m: 1:19.60	43.89					

Prova 31, Masc., 100m Livres

Classe S14-Esperanças

1. DUARTE, Samuel Lima	04	S14	Feira Viva	1:24.83	251	9,00
50m: 39.88 39.88	100m: 1:24.83	44.95				
2. FERNANDES, Tiago Miguel	04	S14	Sporting de Aveiro	1:33.31	188	7,00
50m: 42.47 42.47	100m: 1:33.31	50.84				

Classe S14-Seniores

1. BRITO, Rui Xavier	99	S14	Sporting de Aveiro	1:14.33	373	9,00
50m: 35.68 35.68	100m: 1:14.33	38.65				
2. LEAL, Pedro Miguel	90	S14	Propaganda da Natacao	1:20.29	296	7,00
50m: 37.25 37.25	100m: 1:20.29	43.04				
3. RIBEIRO, Jose Carneirinho	90	S14	Sporting	1:20.50	294	6,00
50m: 38.16 38.16	100m: 1:20.50	42.34				
4. TEIXEIRA, Joao Meirinhos	96	S14	Sporting de Aveiro	1:21.08	287	5,00
50m: 39.45 39.45	100m: 1:21.08	41.63				
5. DUARTE, Orlando Constancio	89	S14	Sporting de Aveiro	1:23.05	267	4,00
50m: 36.53 36.53	100m: 1:23.05	46.52				
6. MENDES, Humberto Julio	90	S14	ADADA Porto	1:24.52	254	3,00
50m: 39.51 39.51	100m: 1:24.52	45.01				
7. FERREIRA, Joao Mario	98	S14	Sporting de Aveiro	1:25.56	244	2,00
50m: 40.22 40.22	100m: 1:25.56	45.34				
8. GUIMARAES, Bruno Ricardo	94	S14	ADADA Porto	1:30.88	204	1,00
50m: 41.45 41.45	100m: 1:30.88	49.43				
9. AMARAL, Joao Costa	95	S14	Sporting de Espinho	1:34.46	182	-
50m: 40.64 40.64	100m: 1:34.46	53.82				

Classe S15 (Auditiva)-Seniores

1. CRUZ, Miguel Duarte	99	S15 H	Belenenses	58.41	686	9,00
50m: 28.05 28.05	100m: 58.41	30.36				
2. BELEZAS, Ricardo Andrade	91	S15 H	Sporting	1:00.80	608	7,00
50m: 29.07 29.07	100m: 1:00.80	31.73				

Classe S16-Seniores

1. JORGE, Andre Camara	90	S16	Escola O Liceu	1:02.58		9,00
<i>Rec Nac Classe S16</i>						
50m: 29.78 29.78	100m: 1:02.58	32.80				

Prova 31, Masc., 100m Livres

Classe S17-Esperanças

1. OLIVEIRA, Daniel Mendo	05	S17	Fundacao Beatriz Santos	1:32.50	9,00
50m: 43.31 43.31	100m: 1:32.50	49.19			

Classe S17-Seniores

1. BRANCO, Miguel Paiva	97	S17 A	APPDAlCoimbra	1:22.28	9,00
<i>Rec Nac Classe S17</i>					
50m: 38.61 38.61	100m: 1:22.28	43.67			

Classe S21 (SDown)-Esperanças

1. PEREIRA, Vicente Barros	05	S21	Sporting	1:27.88	9,00
50m: 39.87 39.87	100m: 1:27.88	48.01			

Classe S21 (SDown)-Seniores

1. ALMEIDA, Andre Reis	00	S21	Sporting	1:17.99	9,00
50m: 35.94 35.94	100m: 1:17.99	42.05			
2. MATOS, Diogo Alexandre	99	S21	Gesloures	1:19.56	7,00
50m: 36.12 36.12	100m: 1:19.56	43.44			
3. PESTANA, Rui Miguel	00	S21	Porto	1:24.03	6,00
50m: 38.37 38.37	100m: 1:24.03	45.66			
4. REGO, Diogo Almeida	97	S21	Sporting de Aveiro	1:26.14	5,00
50m: 40.14 40.14	100m: 1:26.14	46.00			
5. SANTOS, Diogo Filipe	91	S21	Feira Viva	1:28.30	4,00
50m: 42.53 42.53	100m: 1:28.30	45.77			
6. RIBEIRO, Jose Augusto	92	S21	Propaganda da Natacao	1:30.11	3,00
50m: 42.44 42.44	100m: 1:30.11	47.67			
7. SEBASTIAO, Miguel Pereira	98	S21	Sporting de Aveiro	1:35.47	2,00
50m: 44.71 44.71	100m: 1:35.47	50.76			
8. VICENTE, Francisco Jose	99	S21	Sporting	1:37.72	1,00
50m: 45.67 45.67	100m: 1:37.72	52.05			
9. EUSEBIO, Marcelo Esteves	02	S21	ADADA Porto	1:39.20	-
50m: 43.07 43.07	100m: 1:39.20	56.13			
10. GOMES, Diogo Lopes	96	S21	Sporting de Aveiro	1:43.97	-
50m: 47.95 47.95	100m: 1:43.97	56.02			
11. PEREIRA, Joel Alexandre	92	S21	APC Coimbra	1:45.68	-
50m: 49.64 49.64	100m: 1:45.68	56.04			
12. GONCALVES, Hugo Bernardo	96	S21	Porto	1:48.10	-
50m: 49.23 49.23	100m: 1:48.10	58.87			

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Prova 31, Masc., 100m Livres, Classe S21 (SDown)-Seniores

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
13.	ANTUNES, Joao Pedro	87	S21		O2 Portimao	1:50.45		-
	50m: 53.46 53.46	100m: 1:50.45	56.99					
14.	SANTOS, Ruben Jose	80	S21		APC Coimbra	1:51.65		-
	50m: 54.38 54.38	100m: 1:51.65	57.27					

Classe S110

1.	SILVA, Marco Paulo	84	S110	12+	late Santa Cruz	1:10.80		-
	50m: 32.69 32.69	100m: 1:10.80	38.11					
2.	ASSUNCAO, Luis Miguel	01	S110		Porto	1:12.03		-
	50m: 33.48 33.48	100m: 1:12.03	38.55					

Classe S114

1.	MARQUES, Diogo Jose FTL	99	S114		Alhandra	1:43.25		-
	50m: 47.99 47.99	100m: 1:43.25	55.26					