

Prova 24	Femin., 200m Estilos				10 anos e mais velhos
12-05-2019 - 10:25					Resultados
Rec Nac Adaptada S5	4:26.08	FRAGOSO, Simone Silva	POR	Rio de Janeiro (BRA)	15-09-2016
Rec Nac Adaptada S6	59:00.00	, start			
Rec Nac Adaptada S7	59:00.00	, start			
Rec Nac Adaptada S8	3:22.61	CASTRO, Ana Filipa	FVCD	Coimbra	03-03-2019
Rec Nac Adaptada S9	2:52.52	CALADO, Joana Catarina	POR	Beijing (CHN)	10-09-2008
Rec Nac Adaptada S10	2:50.03	NEVES, Teresa Lamego	SCP	Vila Franca de Xira	23-02-2014
Rec Nac Adaptada S11	59:00.00	, start			
Rec Nac Adaptada S12	59:00.00	, start			
Rec Nac Adaptada S13	59:00.00	, start			
Rec Nac Adaptada S14	3:15.72	RESENDE, Sonia Castanheiro	SCA	Póvoa de Varzim	19-06-2016
Rec Nac Adaptada S15	3:10.42	LOURENCO, Susana Maria	SCP	Póvoa de Varzim	10-05-2015
Rec Nac Adaptada S16	59:00.00	, start			
Rec Nac Adaptada S21	4:06.35	NG, Mannie	GESL	Póvoa de Varzim	26-02-2015

Pontos: KNZB 2018 + Para

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
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Classe SM5-SM14-Absolutos

1.	VEIGA, Susana Pereira	00	SM9	9	Colegio Vasco da Gama	2:51.72	681	9,00
	<i>Rec Nac Classe S9</i>							
	50m: 36.35 36.35	100m: 1:19.82	43.47	150m: 2:13.76	53.94	200m: 2:51.72	37.96	
2.	PINTO, Renata Vaz	99	SM9	1,3,5	ADADA Porto	3:01.68	575	7,00
	50m: 41.42 41.42	100m: 1:28.06	46.64	150m: 2:17.42	49.36	200m: 3:01.68	44.26	
3.	CASTRO, Ana Filipa	97	SM8	*12+	Feira Viva	3:19.65	477	9,00
	<i>Rec Nac Classe S8</i>							
	50m: 44.15 44.15	100m: 1:35.90	51.75	150m: 2:38.05	1:02.15	200m: 3:19.65	41.60	
4.	CORREIA, Ana Beatriz	98	SM10	8	Natacao de Faro	3:08.04	458	9,00
	50m: 37.45 37.45	100m: 1:28.85	51.40	150m: 2:25.81	56.96	200m: 3:08.04	42.23	

Classe SM21 (SDown)-Absolutos

1.	CASTRO, Ana Alexandra	92	SM21		Porto	4:45.26		9,00
	50m: 1:04.47 1:04.47	100m: 2:20.86	1:16.39	150m: 3:42.86	1:22.00	200m: 4:45.26	1:02.40	
	GOMES, Barbara Ines	91	SM21		APC Coimbra	4:51.51		7,00
	50m: 1:14.26 1:14.26	100m: 2:30.88	1:16.62	150m: 3:45.56	1:14.68	200m: 4:51.51	1:05.95	

Classe SM8-Seniores

1.	CASTRO, Ana Filipa	97	SM8	*12+	Feira Viva	3:19.65	477	9,00
	<i>Rec Nac Classe S8</i>							
	50m: 44.15 44.15	100m: 1:35.90	51.75	150m: 2:38.05	1:02.15	200m: 3:19.65	41.60	

Prova 24, Femin., 200m Estilos

Classe SM9-Seniores

1.	VEIGA, Susana Pereira	00	SM9	9	Colegio Vasco da Gama	2:51.72	681	9,00
	<i>Rec Nac Classe S9</i>							
	50m: 36.35 36.35	100m: 1:19.82	43.47	150m: 2:13.76	53.94	200m: 2:51.72	37.96	
2.	PINTO, Renata Vaz	99	SM9	1,3,5	ADADA Porto	3:01.68	575	7,00
	50m: 41.42 41.42	100m: 1:28.06	46.64	150m: 2:17.42	49.36	200m: 3:01.68	44.26	

Classe SM10-Seniores

1.	CORREIA, Ana Beatriz	98	SM10	8	Natacao de Faro	3:08.04	458	9,00
	50m: 37.45 37.45	100m: 1:28.85	51.40	150m: 2:25.81	56.96	200m: 3:08.04	42.23	

Classe SM21 (SDown)-Seniores

1.	CASTRO, Ana Alexandra	92	SM21		Porto	4:45.26		9,00
	50m: 1:04.47 1:04.47	100m: 2:20.86	1:16.39	150m: 3:42.86	1:22.00	200m: 4:45.26	1:02.40	
	GOMES, Barbara Ines	91	SM21		APC Coimbra	4:51.51		7,00
	50m: 1:14.26 1:14.26	100m: 2:30.88	1:16.62	150m: 3:45.56	1:14.68	200m: 4:51.51	1:05.95	