

Event 35 Women, 400m Freestyle Open
03-08-2019 - 11:35 Startlist Prelim

Rec Nac Open	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25-06-2018
Rec Nac Sen	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25-06-2018
Rec Nac Jun17	4:14.67	HOLUB Tamila Hryhorivna	SCB	Oeiras	23-07-2016
Rec Nac Jun16	4:20.37	FERREIRA Marta Andreia	POR	Berlim (GER)	04-08-2002
Rec Nac Juv A	4:20.78	HOLUB Tamila Hryhorivna	POR	Porto	07-06-2014
Rec Nac Juv B	4:26.20	CABRAL Maria Francisca	FCP	Oeiras	26-07-2014
Rec Nac Inf A	4:31.53	SILVA Alexandra Maria	POR	Skovde (SWE)	08-08-1980
Rec Nac Inf B	4:43.70	SILVA Alexandra Maria	FCP	Funchal	27-07-1979

TAC Sen 50m: 4:36.53 - 25m: 4:31.22; Jun 50m: 4:44.93 - 25m: 4:37.84; Juv A 50m: 4:51.86 - 25m: 4:45.86; Juv B 50m: 4:56.05 - 25m: 4:50.56

Pista	Nome	YB	Categ	NFed	Clube	Tp inscrição
Heat 1 of 7, 11:35						
0	ARAUJO Maria Clara	05	Juv	133482	Naval do Funchal	4:49.89 25m
1	FERREIRA Joana Rocha	05	Juv	201560	Benfica	4:49.34 25m
2	LOISAS Beatriz Ferreira	05	Juv	129378	Columbofila Cantanhedense	4:48.59 25m
3	RINO Maria Pedro	05	Juv	148594	Academia Acores	4:47.48 25m
4	NOGUEIRA Nara Soraia	05	Juv	127914	Natacao de Valongo	4:46.43 25m
5	PEDRO Daniela Alexandra	04	Juv	130864	Sporting	4:49.49 50m
6	SILVA Ines Martins	04	Juv	127134	Vilacondense	4:50.35 50m
7	LIMA Eduarda Filipa	04	Juv	124738	Vilacondense	4:51.78 50m
8	CANINHAS Maria Pinto	05	Juv	201666	Natacao do Fundao	4:49.69 25m
9	NEVES Natalia Passeira	05	Juv	200503	Natacao de Valongo	4:54.69 50m

Heat 2 of 7, 11:40						
0	VERA VINHAIS RIBEIRO DE FIGUO4FEJuv) NAF131121				Amadora	4:45.81 25m
1	COSTA Mafalda Santos	05	Juv	132453	Colegio Monte Maior	4:44.75 25m
2	ALVES Maria Francisca	04	Juv	132906	Bairro dos Anjos/ Leiria	4:43.86 25m
3	ALVES Joana Silva	05	Juv	200038	Benedita	4:43.50 25m
4	GALANTE Ines Carvalho	04	Juv	128478	Vilacondense	4:43.14 25m
5	TROIA Beatriz Rosa	04	Juv	127809	Vilacondense	4:43.21 25m
6	PIRES Laura Joao	05	Juv	148663	Natacao do Fundao	4:43.36 25m
7	FERNANDES Maria Elias	04	Juv	130196	Desportiva Viana	4:44.27 25m
8	ALMEIDA Catarina Nunes	04	Juv	124745	Galitos / Bresimar	4:45.00 25m
9	CABRAL Ana Matos	05	Juv	133943	Condeixa Clube	4:46.08 25m

Heat 3 of 7, 11:45						
0	HUTYY Adriana Carolina	05	Juv	133415	Braga	4:41.73 25m
1	SOUSA Ines Matos	03	Open	125190	Uniao Coimbra	4:44.09 50m
2	MOITEIRO Bruna Silva	04	Juv	130921	Nautico Marinha Grande	4:40.84 25m
3	SEBASTIAO S.	05	Juv	147121	Amadora	4:39.49 25m
4	PEREIRA Carolina Rei	05	Juv	128060	Natacao de Vagos	4:38.63 25m
5	MONTEIRO Ines Maria	04	Juv	126588	Naval Praia da Vitoria	4:38.54 25m
6	SIMOES Ana Beatriz	05	Juv	153354	Sporting	4:42.14 50m
7	PINHEIRO Ines Mariana	03	Open	125610	Academica de Coimbra	4:43.85 50m
8	COSTA Mariana Martins	05	Juv	127658	Famalicao	4:41.82 25m
9	SANTOS Mariana Marques	05	Juv	150757	Gesloures	4:42.79 25m

Event 35, Women, 400m Freestyle, Prelim

Heat 4 of 7, 11:50

0	NICOLAU Margarida Claudino	05	Juv	200214	Torres Novas	4:38.16	25m	___:___:___
1	LIGEIRO Daniela Silva	04	Juv	127210	Viana Natacao	4:37.98	25m	___:___:___
2	PIMENTEL Marta Lima	04	Juv	130230	Fluval Portuense	4:36.73	25m	___:___:___
3	VIANA Margarida Violante	04	Juv	132662	Bairro dos Anjos/ Leiria	4:36.14	25m	___:___:___
4	MONTEIRO Margarida Cabral	02	Open	117474	Galitos / Bresimar	4:34.72	25m	___:___:___
5	SILVA Camila Alexandra	03	Open	128293	Columbofila Cantanhedense	4:35.17	25m	___:___:___
6	LOPES Francisca Macedo	05	Juv	129982	Vilacondense	4:36.09	25m	___:___:___
7	CARLOTA Catarina Isabel	05	Juv	132493	BUZIOS-Coruche	4:37.85	25m	___:___:___
8	MARQUES Maria Alexandra	04	Juv	128375	Albicastrense	4:38.08	25m	___:___:___
9	INACIO Marta Macedo	04	Juv	132536	Sporting	4:38.39	25m	___:___:___

Heat 5 of 7, 11:55

0	FOMINA Anna	02	Open	208146	Louletano / Loule Concelho	4:34.15	25m	___:___:___
1	PIRES Marta Joao	05	Juv	147235	Alges	4:33.46	25m	___:___:___
2	PINHO Carolina Teixeira	04	Juv	124769	Porto	4:29.85	25m	___:___:___
3	SANTOS Leonor Esteves	04	Juv	130603	Avancado EUL	4:29.45	25m	___:___:___
4	AMORIM Maria Leonor	03	Open	122000	Porto	4:31.24	50m	___:___:___
5	ROSA Mariana Carmo	05	Juv	130218	Louzan Natacao/EFAPEL	4:28.96	25m	___:___:___
6	NOBRE Marisa Isabel	05	Juv	132740	Columbofila Cantanhedense	4:32.10	50m	___:___:___
7	GASPAR Beatriz Ferreira	04	Juv	126345	Bombeiros Mealhada/ CA	4:34.78	50m	___:___:___
8	PRETO Filipa Manso	04	Juv	122150	Porto	4:36.36	50m	___:___:___
9	DIAS Ana Leonor	02	Open	129302	Natacao Olhao	4:34.27	25m	___:___:___

Heat 6 of 7, 12:00

0	ROLAO Sofia Alexandra	98	Open	108413	Benfica	4:26.90	25m	___:___:___
1	CONCEICAO Ema Jeronimo	03	Open	129812	Fisica Torres Vedras	4:25.23	25m	___:___:___
2	AMADOR Joana Costa	01	Open	117714	Galitos / Bresimar	4:21.51	25m	___:___:___
3	HENRIQUES Ines Jacinto	00	Open	120220	Sporting	4:20.21	50m	___:___:___
4	HOLUB Tamila Hryhorivna	99	Open	116887	Braga	4:08.53	25m	___:___:___
5	MARTINS Francisca Soares	03	Open	126504	Foca	4:17.74	25m	___:___:___
6	PINA Ana Sofia	02	Open	125639	O Crasto	4:20.54	25m	___:___:___
7	FARIA Ana Rita	00	Open	117417	Porto	4:22.09	25m	___:___:___
8	GIGON Meryl	95	Open		Turrita Nuoto	4:26.06	25m	___:___:___
9	SOARES Carolina Silva	03	Open	123910	Natacao de Valongo	4:28.63	25m	___:___:___

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Heat 7 of 7, 12:10

0	RODRIGUES Helena Nunes	03	Open	125022	Alges e Agueda XXI	4:26.86	25m	__:	__.	__
1	ALVES Sara Sofia	01	Open	111234	Columbofila Cantanhedense	4:25.23	25m	__:	__.	__
2	CARDEAL Joana Nunes	02	Open	124752	Academico Viseu	4:20.68	25m	__:	__.	__
3	RAMOS Ana Rita	02	Open	126775	Porto	4:17.88	25m	__:	__.	__
4	DURAES Diana Margarida	96	Open	102992	Benfica	4:05.65	25m	__:	__.	__
5	ANDRE Leticia Maia	02	Open	132801	Benfica	4:17.62	25m	__:	__.	__
6	FRAZAO Alexandra Couto	02	Open	125426	Condeixa Clube	4:19.46	25m	__:	__.	__
7	QUEIROZ Ana Rita	02	Open	124441	Condeixa Clube	4:21.54	25m	__:	__.	__
8	VELOSO Teresa Miguel	00	Open	103876	Sporting	4:25.45	25m	__:	__.	__
9	LOPES Daniela Magalhaes	05	Juv	130098	Famalicao	4:27.42	25m	__:	__.	__