

Event 35 Women, 400m Freestyle Open
03-08-2019 - 18:20 Startlist Finals

Rec Nac Open	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25-06-2018
Rec Nac Sen	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25-06-2018
Rec Nac Jun17	4:14.67	HOLUB Tamila Hryhorivna	SCB	Oeiras	23-07-2016
Rec Nac Jun16	4:20.37	FERREIRA Marta Andreia	POR	Berlim (GER)	04-08-2002
Rec Nac Juv A	4:20.78	HOLUB Tamila Hryhorivna	POR	Porto	07-06-2014
Rec Nac Juv B	4:26.20	CABRAL Maria Francisca	FCP	Oeiras	26-07-2014
Rec Nac Inf A	4:31.53	SILVA Alexandra Maria	POR	Skovde (SWE)	08-08-1980
Rec Nac Inf B	4:43.70	SILVA Alexandra Maria	FCP	Funchal	27-07-1979

Pista	Nome	YB	Clube	Tp inscrição	
Final, Juvenis, 18:20					
0	PRETO Filipa Manso	04	Porto	4:41.72	___:___:___
1	SANTOS Leonor Esteves	04	Avancado EUL	4:40.06	___:___:___
2	GASPAR Beatriz Ferreira	04	Bombeiros Mealhada/ CA	4:39.27	___:___:___
3	LOPES Daniela Magalhaes	05	Famalicao	4:38.22	___:___:___
4	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	4:32.30	___:___:___
5	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	4:37.19	___:___:___
6	PIRES Marta Joao	05	Alges	4:38.79	___:___:___
7	SEBASTIAO Sofia Maria Antunes Seba	05	Amadora	4:39.35	___:___:___
8	PINHO Carolina Teixeira	04	Porto	4:40.96	___:___:___
9	SIMOES Ana Beatriz	05	Sporting	4:42.22	___:___:___

Reserves, Juvenis

MARQUES Maria Alexandra	04	Albicastrense	4:43.43	___:___:___
ALVES Joana Silva	05	Benedita	4:44.36	___:___:___

Final B, Open, 18:25

0	PINHEIRO Ines Mariana	03	Academica de Coimbra	4:42.15	___:___:___
1	AMADOR Joana Costa	01	Galitos / Bresimar	4:38.93	___:___:___
2	FRAZAO Alexandra Couto	02	Condeixa Clube	4:37.78	___:___:___
3	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	4:36.33	___:___:___
4	AMORIM Maria Leonor	03	Porto	4:35.46	___:___:___
5	QUEIROZ Ana Rita	02	Condeixa Clube	4:35.67	___:___:___
6	PINA Ana Sofia	02	O Crasto	4:37.59	___:___:___
7	GIGON Meryl	95	Turrita Nuoto	4:38.33	___:___:___
8	SILVA Camila Alexandra	03	Columbofila Cantanhedense	4:40.91	___:___:___
9	ROLAO Sofia Alexandra	98	Benfica	4:43.02	___:___:___

Event 35, Women, 400m Freestyle, Final

Final A, Open, 18:30

0	CARDEAL Joana Nunes	02	Academico Viseu	4:35.06	___:___:___
1	VELOSO Teresa Miguel	00	Sporting	4:33.31	___:___:___
2	ANDRE Leticia Maia	02	Benfica	4:30.54	___:___:___
3	MARTINS Francisca Soares	03	Foca	4:25.00	___:___:___
4	DURAES Diana Margarida	96	Benfica	4:23.02	___:___:___
5	HOLUB Tamila Hryhorivna	99	Braga	4:24.10	___:___:___
6	RAMOS Ana Rita	02	Porto	4:29.74	___:___:___
7	FARIA Ana Rita	00	Porto	4:32.71	___:___:___
8	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	4:33.59	___:___:___
9	ALVES Sara Sofia	01	Columbofila Cantanhedense	4:35.41	___:___:___

Reserves, Open

	SOARES Carolina Silva	03	Natacao de Valongo	4:43.13	___:___:___
	DIAS Ana Leonor	02	Natacao Olhao	4:47.94	___:___:___