

Event 45  
04-08-2019 - 16:00

Girls, 800m Freestyle

Juvenis  
Results

Rec Nac Open	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	LOPES Daniela Magalhaes	05	Famalicao	<b>9:16.49</b>	+0,74	661	
	50m: 32.35 32.35	250m: 2:54.28	35.65	450m: 5:15.12	35.18	650m: 7:34.42	34.58
	100m: 1:07.25 34.90	300m: 3:29.48	35.20	500m: 5:49.89	34.77	700m: 8:08.87	34.45
	150m: 1:43.27 36.02	350m: 4:05.11	35.63	550m: 6:25.20	35.31	750m: 8:43.24	34.37
	200m: 2:18.63 35.36	400m: 4:39.94	34.83	600m: 6:59.84	34.64	800m: 9:16.49	33.25
2.	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	<b>9:22.49</b>	+0,63	640	
	50m: 32.13 32.13	250m: 2:52.00	34.82	450m: 5:13.04	35.26	650m: 7:36.31	35.60
	100m: 1:07.21 35.08	300m: 3:27.38	35.38	500m: 5:49.13	36.09	700m: 8:12.43	36.12
	150m: 1:41.95 34.74	350m: 4:02.34	34.96	550m: 6:24.74	35.61	750m: 8:48.06	35.63
	200m: 2:17.18 35.23	400m: 4:37.78	35.44	600m: 7:00.71	35.97	800m: 9:22.49	34.43
3.	SANTOS Leonor Esteves	04	Avancado EUL	<b>9:26.89</b>	+0,76	625	
	50m: 32.81 32.81	250m: 2:55.60	35.73	450m: 5:17.99	35.65	650m: 7:41.11	36.08
	100m: 1:08.44 35.63	300m: 3:31.04	35.44	500m: 5:53.49	35.50	700m: 8:16.72	35.61
	150m: 1:44.41 35.97	350m: 4:06.71	35.67	550m: 6:29.50	36.01	750m: 8:52.39	35.67
	200m: 2:19.87 35.46	400m: 4:42.34	35.63	600m: 7:05.03	35.53	800m: 9:26.89	34.50
4.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	<b>9:28.34</b>	+0,73	620	
	50m: 31.79 31.79	250m: 2:52.78	35.75	450m: 5:17.85	35.74	650m: 7:43.12	36.28
	100m: 1:06.23 34.44	300m: 3:29.46	36.68	500m: 5:54.83	36.98	700m: 8:19.19	36.07
	150m: 1:40.86 34.63	350m: 4:05.47	36.01	550m: 6:30.41	35.58	750m: 8:54.44	35.25
	200m: 2:17.03 36.17	400m: 4:42.11	36.64	600m: 7:06.84	36.43	800m: 9:28.34	33.90
5.	PRETO Filipa Manso	04	Porto	<b>9:28.51</b>	+0,81	620	
	50m: 33.22 33.22	250m: 2:55.82	35.47	450m: 5:18.66	35.63	650m: 7:42.14	35.81
	100m: 1:08.71 35.49	300m: 3:31.55	35.73	500m: 5:54.56	35.90	700m: 8:18.17	36.03
	150m: 1:44.42 35.71	350m: 4:07.03	35.48	550m: 6:30.38	35.82	750m: 8:53.88	35.71
	200m: 2:20.35 35.93	400m: 4:43.03	36.00	600m: 7:06.33	35.95	800m: 9:28.51	34.63
6.	PIRES Marta Joao	05	Alges	<b>9:31.37</b>	+0,72	610	
	50m: 33.73 33.73	250m: 2:59.04	36.26	450m: 5:23.25	35.28	650m: 7:46.45	35.37
	100m: 1:10.36 36.63	300m: 3:35.44	36.40	500m: 5:59.25	36.00	700m: 8:21.79	35.34
	150m: 1:46.44 36.08	350m: 4:11.44	36.00	550m: 6:35.07	35.82	750m: 8:57.08	35.29
	200m: 2:22.78 36.34	400m: 4:47.97	36.53	600m: 7:11.08	36.01	800m: 9:31.37	34.29
7.	CARDEAL Beatriz Nunes	04	Academico Viseu	<b>9:31.65</b>	+0,73	609	
	50m: 32.33 32.33	250m: 2:55.28	35.84	450m: 5:18.99	35.51	650m: 7:43.97	36.06
	100m: 1:07.69 35.36	300m: 3:31.33	36.05	500m: 5:55.14	36.15	700m: 8:20.84	36.87
	150m: 1:43.24 35.55	350m: 4:07.09	35.76	550m: 6:31.23	36.09	750m: 8:57.07	36.23
	200m: 2:19.44 36.20	400m: 4:43.48	36.39	600m: 7:07.91	36.68	800m: 9:31.65	34.58
8.	PIMENTEL Marta Lima	04	Fluvial Portuense	<b>9:33.70</b>	+0,82	603	
	50m: 32.15 32.15	250m: 2:54.28	36.36	450m: 5:19.55	36.24	650m: 7:46.10	36.61
	100m: 1:06.89 34.74	300m: 3:30.80	36.52	500m: 5:56.41	36.86	700m: 8:23.04	36.94
	150m: 1:42.18 35.29	350m: 4:07.17	36.37	550m: 6:32.92	36.51	750m: 8:59.07	36.03
	200m: 2:17.92 35.74	400m: 4:43.31	36.14	600m: 7:09.49	36.57	800m: 9:33.70	34.63
9.	GASPAR Beatriz Ferreira	04	Bombeiros Mealhada/ CA	<b>9:35.48</b>	+0,79	597	
	50m: 32.33 32.33	250m: 2:55.48	35.83	450m: 5:21.48	36.55	650m: 7:48.22	36.26
	100m: 1:07.84 35.51	300m: 3:31.86	36.38	500m: 5:58.52	37.04	700m: 8:24.88	36.66
	150m: 1:43.56 35.72	350m: 4:08.09	36.23	550m: 6:34.95	36.43	750m: 9:00.64	35.76
	200m: 2:19.65 36.09	400m: 4:44.93	36.84	600m: 7:11.96	37.01	800m: 9:35.48	34.84

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
10.	ALVES Joana Silva	05	Benedita	<b>9:38.80</b>	<b>+0,79</b>	<b>587</b>	
	50m: 32.43 32.43	250m: 2:58.88	37.00	450m: 5:25.98	36.50	650m: 7:52.86	36.55
	100m: 1:08.41 35.98	300m: 3:35.94	37.06	500m: 6:03.01	37.03	700m: 8:28.84	35.98
	150m: 1:45.01 36.60	350m: 4:12.73	36.79	550m: 6:39.03	36.02	750m: 9:04.68	35.84
	200m: 2:21.88 36.87	400m: 4:49.48	36.75	600m: 7:16.31	37.28	800m: 9:38.80	34.12
11.	SEBASTIAO S.	05	Amadora	<b>9:41.12</b>	<b>+0,77</b>	<b>580</b>	
	50m: 32.20 32.20	250m: 2:55.67	36.00	450m: 5:23.18	36.43	650m: 7:52.20	36.55
	100m: 1:07.66 35.46	300m: 3:32.62	36.95	500m: 6:00.93	37.75	700m: 8:29.31	37.11
	150m: 1:42.94 35.28	350m: 4:09.38	36.76	550m: 6:37.93	37.00	750m: 9:05.47	36.16
	200m: 2:19.67 36.73	400m: 4:46.75	37.37	600m: 7:15.65	37.72	800m: 9:41.12	35.65
12.	PINHO Carolina Teixeira	04	Porto	<b>9:41.38</b>	<b>+0,72</b>	<b>579</b>	
	50m: 32.70 32.70	250m: 2:57.09	36.40	450m: 5:23.38	36.41	650m: 7:51.35	36.66
	100m: 1:08.35 35.65	300m: 3:33.77	36.68	500m: 6:00.56	37.18	700m: 8:28.46	37.11
	150m: 1:44.04 35.69	350m: 4:10.12	36.35	550m: 6:37.31	36.75	750m: 9:04.94	36.48
	200m: 2:20.69 36.65	400m: 4:46.97	36.85	600m: 7:14.69	37.38	800m: 9:41.38	36.44
13.	SIMOES Ana Beatriz	05	Sporting	<b>9:43.28</b>	<b>+0,76</b>	<b>574</b>	
	50m: 32.31 32.31	250m: 2:59.15	37.40	450m: 5:29.20	37.06	650m: 7:57.14	37.30
	100m: 1:07.89 35.58	300m: 3:36.86	37.71	500m: 6:06.46	37.26	700m: 8:33.84	36.70
	150m: 1:44.50 36.61	350m: 4:14.41	37.55	550m: 6:42.88	36.42	750m: 9:09.83	35.99
	200m: 2:21.75 37.25	400m: 4:52.14	37.73	600m: 7:19.84	36.96	800m: 9:43.28	33.45
14.	VIANA Margarida Violante	04	Bairro dos Anjos/ Leiria	<b>9:43.37</b>	<b>+0,80</b>	<b>573</b>	
	50m: 33.25 33.25	250m: 2:59.87	36.88	450m: 5:28.29	36.94	650m: 7:55.63	36.53
	100m: 1:09.51 36.26	300m: 3:37.06	37.19	500m: 6:05.25	36.96	700m: 8:32.42	36.79
	150m: 1:46.23 36.72	350m: 4:14.09	37.03	550m: 6:42.19	36.94	750m: 9:08.86	36.44
	200m: 2:22.99 36.76	400m: 4:51.35	37.26	600m: 7:19.10	36.91	800m: 9:43.37	34.51
15.	GALANTE Ines Carvalho	04	Vilacondense	<b>9:50.83</b>	<b>+0,78</b>	<b>552</b>	
	50m: 32.96 32.96	250m: 3:01.07	37.77	450m: 5:31.94	37.61	650m: 8:01.50	37.28
	100m: 1:08.86 35.90	300m: 3:38.78	37.71	500m: 6:09.36	37.42	700m: 8:38.97	37.47
	150m: 1:45.80 36.94	350m: 4:16.70	37.92	550m: 6:46.82	37.46	750m: 9:15.15	36.18
	200m: 2:23.30 37.50	400m: 4:54.33	37.63	600m: 7:24.22	37.40	800m: 9:50.83	35.68
16.	CARLOTA Catarina Isabel	05	BUZIOS-Coruche	<b>9:51.03</b>	<b>+0,75</b>	<b>551</b>	
	50m: 33.90 33.90	250m: 3:02.21	37.38	450m: 5:32.39	37.34	650m: 8:02.04	37.03
	100m: 1:10.48 36.58	300m: 3:39.78	37.57	500m: 6:10.13	37.74	700m: 8:38.93	36.89
	150m: 1:47.66 37.18	350m: 4:17.32	37.54	550m: 6:47.57	37.44	750m: 9:15.29	36.36
	200m: 2:24.83 37.17	400m: 4:55.05	37.73	600m: 7:25.01	37.44	800m: 9:51.03	35.74
17.	MARTINS Ines Correia	04	Porto	<b>9:53.28</b>	<b>+0,74</b>	<b>545</b>	
	50m: 33.92 33.92	250m: 3:01.16	37.14	450m: 5:30.34	37.41	650m: 8:01.00	37.65
	100m: 1:10.36 36.44	300m: 3:38.35	37.19	500m: 6:07.91	37.57	700m: 8:38.78	37.78
	150m: 1:47.27 36.91	350m: 4:15.68	37.33	550m: 6:45.75	37.84	750m: 9:16.18	37.40
	200m: 2:24.02 36.75	400m: 4:52.93	37.25	600m: 7:23.35	37.60	800m: 9:53.28	37.10
18.	COSTA Mafalda Santos	05	Colegio Monte Maior	<b>9:55.15</b>	<b>+0,89</b>	<b>540</b>	
	50m: 32.91 32.91	250m: 3:01.06	37.71	450m: 5:32.51	37.20	650m: 8:03.67	37.63
	100m: 1:09.06 36.15	300m: 3:39.56	38.50	500m: 6:10.28	37.77	700m: 8:41.64	37.97
	150m: 1:45.95 36.89	350m: 4:17.25	37.69	550m: 6:48.20	37.92	750m: 9:18.95	37.31
	200m: 2:23.35 37.40	400m: 4:55.31	38.06	600m: 7:26.04	37.84	800m: 9:55.15	36.20
19.	NOGUEIRA Nara Soraia	05	Natacao de Valongo	<b>9:55.58</b>	<b>+0,70</b>	<b>539</b>	
	50m: 33.40 33.40	250m: 3:02.71	37.68	450m: 5:34.43	37.92	650m: 8:06.05	37.83
	100m: 1:09.71 36.31	300m: 3:40.47	37.76	500m: 6:12.52	38.09	700m: 8:44.04	37.99
	150m: 1:47.21 37.50	350m: 4:18.43	37.96	550m: 6:50.17	37.65	750m: 9:20.72	36.68
	200m: 2:25.03 37.82	400m: 4:56.51	38.08	600m: 7:28.22	38.05	800m: 9:55.58	34.86

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Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
20.	SILVA Ines Martins	04	Vilacondense	<b>9:56.43</b>	<b>+0,82</b>	<b>537</b>	
	50m: 32.49 32.49	250m: 3:00.13 37.73	450m: 5:32.73 38.34	650m: 8:05.97 38.01			
	100m: 1:07.87 35.38	300m: 3:38.36 38.23	500m: 6:11.09 38.36	700m: 8:44.14 38.17			
	150m: 1:44.32 36.45	350m: 4:16.00 37.64	550m: 6:49.34 38.25	750m: 9:20.60 36.46			
	200m: 2:22.40 38.08	400m: 4:54.39 38.39	600m: 7:27.96 38.62	800m: 9:56.43 35.83			
21.	SANTOS Mariana Marques	05	Gesloures	<b>9:56.95</b>	<b>+0,67</b>	<b>535</b>	
	50m: 33.91 33.91	250m: 3:02.00 37.32	450m: 5:32.84 37.98	650m: 8:05.33 38.27			
	100m: 1:10.40 36.49	300m: 3:39.48 37.48	500m: 6:10.95 38.11	700m: 8:43.55 38.22			
	150m: 1:47.71 37.31	350m: 4:16.98 37.50	550m: 6:49.02 38.07	750m: 9:21.13 37.58			
	200m: 2:24.68 36.97	400m: 4:54.86 37.88	600m: 7:27.06 38.04	800m: 9:56.95 35.82			
22.	MONTEIRO Ines Maria	04	Naval Praia da Vitoria	<b>9:57.09</b>	<b>+0,86</b>	<b>535</b>	
	50m: 34.68 34.68	250m: 3:05.02 37.64	450m: 5:36.23 37.51	650m: 8:05.96 37.62			
	100m: 1:12.21 37.53	300m: 3:42.71 37.69	500m: 6:13.70 37.47	700m: 8:43.44 37.48			
	150m: 1:49.70 37.49	350m: 4:20.46 37.75	550m: 6:50.82 37.12	750m: 9:20.79 37.35			
	200m: 2:27.38 37.68	400m: 4:58.72 38.26	600m: 7:28.34 37.52	800m: 9:57.09 36.30			
23.	FERNANDES Maria Elias	04	Desportiva Viana	<b>9:57.18</b>	<b>+0,92</b>	<b>534</b>	
	50m: 32.91 32.91	250m: 3:02.46 37.76	450m: 5:34.32 37.93	650m: 8:06.64 37.92			
	100m: 1:09.40 36.49	300m: 3:40.38 37.92	500m: 6:12.68 38.36	700m: 8:44.85 38.21			
	150m: 1:46.87 37.47	350m: 4:18.05 37.67	550m: 6:50.70 38.02	750m: 9:22.50 37.65			
	200m: 2:24.70 37.83	400m: 4:56.39 38.34	600m: 7:28.72 38.02	800m: 9:57.18 34.68			
24.	SILVA Ana Catarina	04	Fundacao Beatriz Santos	<b>9:57.46</b>	<b>+0,83</b>	<b>534</b>	
	50m: 34.03 34.03	250m: 3:03.42 37.75	450m: 5:34.80 37.60	650m: 8:06.39 37.46			
	100m: 1:11.11 37.08	300m: 3:41.51 38.09	500m: 6:13.12 38.32	700m: 8:44.15 37.76			
	150m: 1:48.20 37.09	350m: 4:19.13 37.62	550m: 6:50.83 37.71	750m: 9:21.38 37.23			
	200m: 2:25.67 37.47	400m: 4:57.20 38.07	600m: 7:28.93 38.10	800m: 9:57.46 36.08			
25.	PEDRO Daniela Alexandra	04	Sporting	<b>9:57.56</b>	<b>+0,74</b>	<b>533</b>	
	50m: 34.16 34.16	250m: 3:05.57 38.42	450m: 5:37.77 37.52	650m: 8:08.39 37.54			
	100m: 1:11.73 37.57	300m: 3:43.79 38.22	500m: 6:15.80 38.03	700m: 8:46.12 37.73			
	150m: 1:49.55 37.82	350m: 4:21.75 37.96	550m: 6:53.23 37.43	750m: 9:23.27 37.15			
	200m: 2:27.15 37.60	400m: 5:00.25 38.50	600m: 7:30.85 37.62	800m: 9:57.56 34.29			
26.	PEREIRA Anais Cloe	04	Sporting	<b>9:57.81</b>	<b>+0,77</b>	<b>533</b>	
	50m: 33.99 33.99	250m: 3:03.87 37.94	450m: 5:34.61 37.70	650m: 8:06.06 38.11			
	100m: 1:10.78 36.79	300m: 3:41.48 37.61	500m: 6:12.41 37.80	700m: 8:44.64 38.58			
	150m: 1:48.14 37.36	350m: 4:19.11 37.63	550m: 6:50.17 37.76	750m: 9:22.26 37.62			
	200m: 2:25.93 37.79	400m: 4:56.91 37.80	600m: 7:27.95 37.78	800m: 9:57.81 35.55			
27.	CABRAL Ana Matos	05	Condeixa Clube	<b>9:58.47</b>	<b>+0,73</b>	<b>531</b>	
	50m: 33.65 33.65	250m: 3:03.87 37.66	450m: 5:35.48 38.17	650m: 8:07.52 37.79			
	100m: 1:11.07 37.42	300m: 3:41.83 37.96	500m: 6:13.58 38.10	700m: 8:45.49 37.97			
	150m: 1:48.58 37.51	350m: 4:19.52 37.69	550m: 6:51.92 38.34	750m: 9:22.50 37.01			
	200m: 2:26.21 37.63	400m: 4:57.31 37.79	600m: 7:29.73 37.81	800m: 9:58.47 35.97			
28.	JESUS Leonor Santos	04	Natacao Olhao	<b>10:00.85</b>	<b>+0,85</b>	<b>525</b>	
	50m: 33.87 33.87	250m: 3:03.30 37.83	450m: 5:34.64 38.09	650m: 8:07.07 38.72			
	100m: 1:10.56 36.69	300m: 3:41.13 37.83	500m: 6:12.61 37.97	700m: 8:45.88 38.81			
	150m: 1:47.84 37.28	350m: 4:18.69 37.56	550m: 6:50.55 37.94	750m: 9:23.79 37.91			
	200m: 2:25.47 37.63	400m: 4:56.55 37.86	600m: 7:28.35 37.80	800m: 10:00.85 37.06			
29.	MONTEIRO Barbara Oliveira	04	Braga	<b>10:01.83</b>	<b>+1,04</b>	<b>522</b>	
	50m: 34.51 34.51	250m: 3:02.89 37.58	450m: 5:34.51 38.15	650m: 8:08.55 38.49			
	100m: 1:11.01 36.50	300m: 3:40.64 37.75	500m: 6:12.70 38.19	700m: 8:47.24 38.69			
	150m: 1:48.03 37.02	350m: 4:18.04 37.40	550m: 6:51.08 38.38	750m: 9:25.71 38.47			
	200m: 2:25.31 37.28	400m: 4:56.36 38.32	600m: 7:30.06 38.98	800m: 10:01.83 36.12			

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
30.	FERNANDES Maria Teresa	05	Alges	<b>10:04.42</b>	+0,69	515	
	50m: 33.72 33.72	250m: 3:05.88	38.13	450m: 5:38.11	37.51	650m: 8:10.21	37.88
	100m: 1:11.26 37.54	300m: 3:44.19	38.31	500m: 6:16.03	37.92	700m: 8:48.64	38.43
	150m: 1:49.46 38.20	350m: 4:22.40	38.21	550m: 6:54.06	38.03	750m: 9:26.81	38.17
	200m: 2:27.75 38.29	400m: 5:00.60	38.20	600m: 7:32.33	38.27	800m: 10:04.42	37.61
31.	VERA VINHAIS RIBEIRO DE FIGUO4TEDAmadoraA V.			<b>10:05.88</b>	+0,67	512	
	50m: 32.96 32.96	250m: 3:02.71	37.70	450m: 5:34.22	38.13	650m: 8:08.87	38.76
	100m: 1:09.71 36.75	300m: 3:40.89	38.18	500m: 6:12.90	38.68	700m: 8:47.79	38.92
	150m: 1:46.97 37.26	350m: 4:18.20	37.31	550m: 6:51.24	38.34	750m: 9:27.19	39.40
	200m: 2:25.01 38.04	400m: 4:56.09	37.89	600m: 7:30.11	38.87	800m: 10:05.88	38.69
32.	NEVES Natalia Passeira	05	Natacao de Valongo	<b>10:07.63</b>	+0,85	507	
	50m: 32.97 32.97	250m: 3:05.30	38.91	450m: 5:38.55	37.87	650m: 8:13.77	39.07
	100m: 1:09.92 36.95	300m: 3:43.51	38.21	500m: 6:16.78	38.23	700m: 8:52.35	38.58
	150m: 1:48.18 38.26	350m: 4:22.66	39.15	550m: 6:56.07	39.29	750m: 9:30.89	38.54
	200m: 2:26.39 38.21	400m: 5:00.68	38.02	600m: 7:34.70	38.63	800m: 10:07.63	36.74
33.	FERREIRA Joana Rosa	05	Naval de Peniche	<b>10:08.37</b>	+0,73	506	
	50m: 32.58 32.58	250m: 3:03.82	38.58	450m: 5:38.42	38.67	650m: 8:14.72	39.39
	100m: 1:09.22 36.64	300m: 3:42.16	38.34	500m: 6:16.88	38.46	700m: 8:53.73	39.01
	150m: 1:47.16 37.94	350m: 4:20.94	38.78	550m: 6:56.16	39.28	750m: 9:32.42	38.69
	200m: 2:25.24 38.08	400m: 4:59.75	38.81	600m: 7:35.33	39.17	800m: 10:08.37	35.95
34.	TROIA Beatriz Rosa	04	Vilacondense	<b>10:08.46</b>	+0,69	505	
	50m: 34.34 34.34	250m: 3:04.36	37.98	450m: 5:37.35	38.82	650m: 8:12.28	39.45
	100m: 1:11.19 36.85	300m: 3:43.00	38.64	500m: 6:15.78	38.43	700m: 8:51.32	39.04
	150m: 1:48.28 37.09	350m: 4:20.70	37.70	550m: 6:54.18	38.40	750m: 9:30.22	38.90
	200m: 2:26.38 38.10	400m: 4:58.53	37.83	600m: 7:32.83	38.65	800m: 10:08.46	38.24
35.	RIOS Maria Manuel	04	Leixoes	<b>10:10.01</b>	+0,67	501	
	50m: 32.99 32.99	250m: 3:05.14	38.88	450m: 5:40.57	38.25	650m: 8:14.98	38.41
	100m: 1:10.00 37.01	300m: 3:44.47	39.33	500m: 6:19.34	38.77	700m: 8:54.22	39.24
	150m: 1:47.72 37.72	350m: 4:23.05	38.58	550m: 6:57.93	38.59	750m: 9:32.03	37.81
	200m: 2:26.26 38.54	400m: 5:02.32	39.27	600m: 7:36.57	38.64	800m: 10:10.01	37.98
36.	PIRES Laura Joao	05	Natacao do Fundao	<b>10:10.35</b>	+0,82	501	
	50m: 34.62 34.62	250m: 3:05.86	38.14	450m: 5:39.81	38.73	650m: 8:15.50	38.80
	100m: 1:11.71 37.09	300m: 3:44.38	38.52	500m: 6:18.68	38.87	700m: 8:54.29	38.79
	150m: 1:49.53 37.82	350m: 4:22.69	38.31	550m: 6:57.44	38.76	750m: 9:33.32	39.03
	200m: 2:27.72 38.19	400m: 5:01.08	38.39	600m: 7:36.70	39.26	800m: 10:10.35	37.03
37.	ARAUJO Maria Clara	05	Naval do Funchal	<b>10:12.59</b>	+0,66	495	
	50m: 33.74 33.74	250m: 3:04.45	38.29	450m: 5:41.03	38.80	650m: 8:17.02	39.07
	100m: 1:10.80 37.06	300m: 3:43.94	39.49	500m: 6:19.79	38.76	700m: 8:56.03	39.01
	150m: 1:47.94 37.14	350m: 4:22.89	38.95	550m: 6:58.79	39.00	750m: 9:34.67	38.64
	200m: 2:26.16 38.22	400m: 5:02.23	39.34	600m: 7:37.95	39.16	800m: 10:12.59	37.92
38.	INACIO Marta Macedo	04	Sporting	<b>10:15.51</b>	+0,79	488	
	50m: 35.27 35.27	250m: 3:07.98	38.45	450m: 5:43.53	38.44	650m: 8:19.53	38.77
	100m: 1:12.90 37.63	300m: 3:47.05	39.07	500m: 6:22.40	38.87	700m: 8:58.46	38.93
	150m: 1:51.03 38.13	350m: 4:25.90	38.85	550m: 7:01.53	39.13	750m: 9:36.85	38.39
	200m: 2:29.53 38.50	400m: 5:05.09	39.19	600m: 7:40.76	39.23	800m: 10:15.51	38.66
39.	LOPES Raquel Raposo	04	Cova da Piedade	<b>10:17.94</b>	+0,80	482	
	50m: 35.27 35.27	250m: 3:06.51	38.54	450m: 5:41.52	38.98	650m: 8:19.72	39.64
	100m: 1:12.27 37.00	300m: 3:44.99	38.48	500m: 6:20.95	39.43	700m: 8:59.76	40.04
	150m: 1:50.18 37.91	350m: 4:24.03	39.04	550m: 7:00.54	39.59	750m: 9:39.26	39.50
	200m: 2:27.97 37.79	400m: 5:02.54	38.51	600m: 7:40.08	39.54	800m: 10:17.94	38.68

Event 45, Girls, 800m Freestyle, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
40.	<b>NOBRE Beatriz Gaspar</b>	05	Gualdim Pais	<b>10:18.15</b>	<b>+0,94</b>	<b>482</b>	
	50m: 35.15 35.15	250m: 3:11.15	39.26	450m: 5:49.27	39.68	650m: 8:27.56	38.53
	100m: 1:13.88 38.73	300m: 3:50.76	39.61	500m: 6:29.37	40.10	700m: 9:05.65	38.09
	150m: 1:52.83 38.95	350m: 4:30.07	39.31	550m: 7:09.40	40.03	750m: 9:42.56	36.91
	200m: 2:31.89 39.06	400m: 5:09.59	39.52	600m: 7:49.03	39.63	800m: 10:18.15	35.59
41.	<b>RINO Maria Pedro</b>	05	Academia Acores	<b>10:20.33</b>	<b>+0,91</b>	<b>477</b>	
	50m: 35.00 35.00	250m: 3:09.11	38.43	450m: 5:46.46	39.22	650m: 8:25.97	39.88
	100m: 1:13.26 38.26	300m: 3:48.38	39.27	500m: 6:26.39	39.93	700m: 9:05.04	39.07
	150m: 1:51.99 38.73	350m: 4:27.28	38.90	550m: 7:06.07	39.68	750m: 9:42.61	37.57
	200m: 2:30.68 38.69	400m: 5:07.24	39.96	600m: 7:46.09	40.02	800m: 10:20.33	37.72
42.	<b>MOITEIRO Bruna Silva</b>	04	Nautico Marinha Grande	<b>10:22.18</b>	<b>+0,76</b>	<b>473</b>	
	50m: 34.53 34.53	250m: 3:10.98	39.53	450m: 5:49.08	39.45	650m: 8:25.84	38.78
	100m: 1:12.73 38.20	300m: 3:50.02	39.04	500m: 6:28.68	39.60	700m: 9:05.00	39.16
	150m: 1:51.77 39.04	350m: 4:29.84	39.82	550m: 7:07.70	39.02	750m: 9:44.04	39.04
	200m: 2:31.45 39.68	400m: 5:09.63	39.79	600m: 7:47.06	39.36	800m: 10:22.18	38.14
43.	<b>LOISAS Beatriz Ferreira</b>	05	Columbofila Cantanhedense	<b>10:22.33</b>	<b>+0,81</b>	<b>472</b>	
	50m: 34.79 34.79	250m: 3:12.00	39.00	450m: 5:49.71	39.24	650m: 8:27.40	39.00
	100m: 1:14.05 39.26	300m: 3:51.62	39.62	500m: 6:29.95	40.24	700m: 9:06.77	39.37
	150m: 1:53.03 38.98	350m: 4:31.24	39.62	550m: 7:09.32	39.37	750m: 9:44.92	38.15
	200m: 2:33.00 39.97	400m: 5:10.47	39.23	600m: 7:48.40	39.08	800m: 10:22.33	37.41
44.	<b>SILVA Maria Ines</b>	05	Porto	<b>10:31.50</b>	<b>+0,54</b>	<b>452</b>	
	50m: 33.11 33.11	250m: 3:06.63	39.21	450m: 5:47.05	39.98	650m: 8:30.42	40.49
	100m: 1:10.25 37.14	300m: 3:46.49	39.86	500m: 6:27.76	40.71	700m: 9:11.29	40.87
	150m: 1:48.83 38.58	350m: 4:26.45	39.96	550m: 7:08.47	40.71	750m: 9:51.76	40.47
	200m: 2:27.42 38.59	400m: 5:07.07	40.62	600m: 7:49.93	41.46	800m: 10:31.50	39.74
DSQ	<b>HUTYY Adriana Carolina</b>	05	Braga				
	<i>403 - Falsa partida - SW 4.4</i>						



Event 45, Women, 800m Freestyle

Event 45  
04-08-2019 - 16:00

Women, 800m Freestyle

Open  
Results

Rec Nac Open	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
Rec Nac Sen	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
Rec Nac Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Jun16	8:45.53	HOLUB Tamila Hryhorivna	SCB	Coimbra	30-05-2015
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981
Rec Nac Inf A	9:14.85	SILVA Alexandra Maria	POR	Skovde (SWE)	10-08-1980
Rec Nac Inf B	9:30.42	RUIVO Filipa Vilas	DNMG	S. João da Madeira	25-07-2009

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	HOLUB Tamila Hryhorivna <i>Minimos CEPL</i>	99	Braga	<b>8:36.52</b>	+0,68	826	
	50m: 30.38 30.38	250m: 2:39.42 32.27	450m: 4:49.01 32.33	650m: 6:59.00 32.59			
	100m: 1:02.53 32.15	300m: 3:11.84 32.42	500m: 5:21.51 32.50	700m: 7:31.90 32.90			
	150m: 1:34.68 32.15	350m: 3:44.22 32.38	550m: 5:53.77 32.26	750m: 8:04.56 32.66			
	200m: 2:07.15 32.47	400m: 4:16.68 32.46	600m: 6:26.41 32.64	800m: 8:36.52 31.96			
2.	DURAES Diana Margarida <i>Minimos CEPL</i>	96	Benfica	<b>8:39.86</b>	+0,72	810	
	50m: 30.50 30.50	250m: 2:40.48 32.59	450m: 4:51.29 32.54	650m: 7:02.04 32.45			
	100m: 1:02.99 32.49	300m: 3:13.32 32.84	500m: 5:24.10 32.81	700m: 7:35.05 33.01			
	150m: 1:35.34 32.35	350m: 3:45.86 32.54	550m: 5:56.74 32.64	750m: 8:07.57 32.52			
	200m: 2:07.89 32.55	400m: 4:18.75 32.89	600m: 6:29.59 32.85	800m: 8:39.86 32.29			
3.	ANDRE Angelica Maria	94	Fluvial Portuense	<b>9:01.53</b>	+0,73	717	
	50m: 31.85 31.85	250m: 2:46.69 33.85	450m: 5:01.69 33.78	650m: 7:18.45 34.17			
	100m: 1:05.49 33.64	300m: 3:20.34 33.65	500m: 5:35.80 34.11	700m: 7:52.58 34.13			
	150m: 1:39.47 33.98	350m: 3:54.10 33.76	550m: 6:09.92 34.12	750m: 8:27.02 34.44			
	200m: 2:12.84 33.37	400m: 4:27.91 33.81	600m: 6:44.28 34.36	800m: 9:01.53 34.51			
4.	RAMOS Ana Rita	02	Porto	<b>9:04.98</b>	+0,69	703	
	50m: 31.41 31.41	250m: 2:47.29 33.73	450m: 5:03.99 34.28	650m: 7:21.84 34.08			
	100m: 1:04.89 33.48	300m: 3:21.50 34.21	500m: 5:38.62 34.63	700m: 7:56.47 34.63			
	150m: 1:39.38 34.49	350m: 3:55.46 33.96	550m: 6:12.87 34.25	750m: 8:30.97 34.50			
	200m: 2:13.56 34.18	400m: 4:29.71 34.25	600m: 6:47.76 34.89	800m: 9:04.98 34.01			
5.	QUEIROZ Ana Rita	02	Condeixa Clube	<b>9:12.42</b>	+0,68	675	
	50m: 31.76 31.76	250m: 2:48.76 34.40	450m: 5:08.20 34.58	650m: 7:27.27 34.51			
	100m: 1:05.66 33.90	300m: 3:23.70 34.94	500m: 5:43.19 34.99	700m: 8:02.67 35.40			
	150m: 1:39.86 34.20	350m: 3:58.71 35.01	550m: 6:17.90 34.71	750m: 8:37.64 34.97			
	200m: 2:14.36 34.50	400m: 4:33.62 34.91	600m: 6:52.76 34.86	800m: 9:12.42 34.78			
6.	LOPES Daniela Magalhaes	05	Famalicao	<b>9:16.49</b>	+0,74	661	
	50m: 32.35 32.35	250m: 2:54.28 35.65	450m: 5:15.12 35.18	650m: 7:34.42 34.58			
	100m: 1:07.25 34.90	300m: 3:29.48 35.20	500m: 5:49.89 34.77	700m: 8:08.87 34.45			
	150m: 1:43.27 36.02	350m: 4:05.11 35.63	550m: 6:25.20 35.31	750m: 8:43.24 34.37			
	200m: 2:18.63 35.36	400m: 4:39.94 34.83	600m: 6:59.84 34.64	800m: 9:16.49 33.25			
7.	AMORIM Maria Leonor	03	Porto	<b>9:18.35</b>	+0,74	654	
	50m: 31.80 31.80	250m: 2:50.16 34.82	450m: 5:10.83 35.28	650m: 7:33.94 35.59			
	100m: 1:05.97 34.17	300m: 3:24.97 34.81	500m: 5:46.62 35.79	700m: 8:09.10 35.16			
	150m: 1:40.54 34.57	350m: 4:00.24 35.27	550m: 6:22.48 35.86	750m: 8:44.47 35.37			
	200m: 2:15.34 34.80	400m: 4:35.55 35.31	600m: 6:58.35 35.87	800m: 9:18.35 33.88			

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
8.	MARTINS Francisca Soares	03	Foca	<b>9:21.27</b>	<b>+0,69</b>	<b>644</b>	
	50m: 31.31 31.31	250m: 2:48.66	34.62	450m: 5:10.45	35.73	650m: 7:34.69	36.19
	100m: 1:05.21 33.90	300m: 3:23.67	35.01	500m: 5:46.38	35.93	700m: 8:11.19	36.50
	150m: 1:39.65 34.44	350m: 3:58.91	35.24	550m: 6:22.33	35.95	750m: 8:47.32	36.13
	200m: 2:14.04 34.39	400m: 4:34.72	35.81	600m: 6:58.50	36.17	800m: 9:21.27	33.95
9.	ALVES Sara Sofia	01	Columbofila Cantanhedense	<b>9:21.43</b>	<b>+0,72</b>	<b>643</b>	
	50m: 31.68 31.68	250m: 2:49.11	34.74	450m: 5:10.77	35.83	650m: 7:34.99	36.02
	100m: 1:05.33 33.65	300m: 3:24.19	35.08	500m: 5:46.61	35.84	700m: 8:11.13	36.14
	150m: 1:40.01 34.68	350m: 3:59.47	35.28	550m: 6:22.69	36.08	750m: 8:47.16	36.03
	200m: 2:14.37 34.36	400m: 4:34.94	35.47	600m: 6:58.97	36.28	800m: 9:21.43	34.27
10.	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	<b>9:22.49</b>	<b>+0,63</b>	<b>640</b>	
	50m: 32.13 32.13	250m: 2:52.00	34.82	450m: 5:13.04	35.26	650m: 7:36.31	35.60
	100m: 1:07.21 35.08	300m: 3:27.38	35.38	500m: 5:49.13	36.09	700m: 8:12.43	36.12
	150m: 1:41.95 34.74	350m: 4:02.34	34.96	550m: 6:24.74	35.61	750m: 8:48.06	35.63
	200m: 2:17.18 35.23	400m: 4:37.78	35.44	600m: 7:00.71	35.97	800m: 9:22.49	34.43
11.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	<b>9:26.51</b>	<b>+0,77</b>	<b>626</b>	
	50m: 31.92 31.92	250m: 2:51.90	35.57	450m: 5:16.19	36.25	650m: 7:40.83	36.25
	100m: 1:06.33 34.41	300m: 3:27.71	35.81	500m: 5:52.22	36.03	700m: 8:16.98	36.15
	150m: 1:41.02 34.69	350m: 4:03.51	35.80	550m: 6:28.48	36.26	750m: 8:52.26	35.28
	200m: 2:16.33 35.31	400m: 4:39.94	36.43	600m: 7:04.58	36.10	800m: 9:26.51	34.25
12.	SANTOS Leonor Esteves	04	Avancado EUL	<b>9:26.89</b>	<b>+0,76</b>	<b>625</b>	
	50m: 32.81 32.81	250m: 2:55.60	35.73	450m: 5:17.99	35.65	650m: 7:41.11	36.08
	100m: 1:08.44 35.63	300m: 3:31.04	35.44	500m: 5:53.49	35.50	700m: 8:16.72	35.61
	150m: 1:44.41 35.97	350m: 4:06.71	35.67	550m: 6:29.50	36.01	750m: 8:52.39	35.67
	200m: 2:19.87 35.46	400m: 4:42.34	35.63	600m: 7:05.03	35.53	800m: 9:26.89	34.50
13.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	<b>9:28.34</b>	<b>+0,73</b>	<b>620</b>	
	50m: 31.79 31.79	250m: 2:52.78	35.75	450m: 5:17.85	35.74	650m: 7:43.12	36.28
	100m: 1:06.23 34.44	300m: 3:29.46	36.68	500m: 5:54.83	36.98	700m: 8:19.19	36.07
	150m: 1:40.86 34.63	350m: 4:05.47	36.01	550m: 6:30.41	35.58	750m: 8:54.44	35.25
	200m: 2:17.03 36.17	400m: 4:42.11	36.64	600m: 7:06.84	36.43	800m: 9:28.34	33.90
14.	PRETO Filipa Manso	04	Porto	<b>9:28.51</b>	<b>+0,81</b>	<b>620</b>	
	50m: 33.22 33.22	250m: 2:55.82	35.47	450m: 5:18.66	35.63	650m: 7:42.14	35.81
	100m: 1:08.71 35.49	300m: 3:31.55	35.73	500m: 5:54.56	35.90	700m: 8:18.17	36.03
	150m: 1:44.42 35.71	350m: 4:07.03	35.48	550m: 6:30.38	35.82	750m: 8:53.88	35.71
	200m: 2:20.35 35.93	400m: 4:43.03	36.00	600m: 7:06.33	35.95	800m: 9:28.51	34.63
15.	PIRES Marta Joao	05	Alges	<b>9:31.37</b>	<b>+0,72</b>	<b>610</b>	
	50m: 33.73 33.73	250m: 2:59.04	36.26	450m: 5:23.25	35.28	650m: 7:46.45	35.37
	100m: 1:10.36 36.63	300m: 3:35.44	36.40	500m: 5:59.25	36.00	700m: 8:21.79	35.34
	150m: 1:46.44 36.08	350m: 4:11.44	36.00	550m: 6:35.07	35.82	750m: 8:57.08	35.29
	200m: 2:22.78 36.34	400m: 4:47.97	36.53	600m: 7:11.08	36.01	800m: 9:31.37	34.29
16.	CARDEAL Beatriz Nunes	04	Academico Viseu	<b>9:31.65</b>	<b>+0,73</b>	<b>609</b>	
	50m: 32.33 32.33	250m: 2:55.28	35.84	450m: 5:18.99	35.51	650m: 7:43.97	36.06
	100m: 1:07.69 35.36	300m: 3:31.33	36.05	500m: 5:55.14	36.15	700m: 8:20.84	36.87
	150m: 1:43.24 35.55	350m: 4:07.09	35.76	550m: 6:31.23	36.09	750m: 8:57.07	36.23
	200m: 2:19.44 36.20	400m: 4:43.48	36.39	600m: 7:07.91	36.68	800m: 9:31.65	34.58
17.	PIMENTEL Marta Lima	04	Fluvial Portuense	<b>9:33.70</b>	<b>+0,82</b>	<b>603</b>	
	50m: 32.15 32.15	250m: 2:54.28	36.36	450m: 5:19.55	36.24	650m: 7:46.10	36.61
	100m: 1:06.89 34.74	300m: 3:30.80	36.52	500m: 5:56.41	36.86	700m: 8:23.04	36.94
	150m: 1:42.18 35.29	350m: 4:07.17	36.37	550m: 6:32.92	36.51	750m: 8:59.07	36.03
	200m: 2:17.92 35.74	400m: 4:43.31	36.14	600m: 7:09.49	36.57	800m: 9:33.70	34.63

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
18.	<b>GASPAR Beatriz Ferreira</b>	04	Bombeiros Mealhada/ CA	<b>9:35.48</b>	<b>+0,79</b>	<b>597</b>	
	50m: 32.33 32.33	250m: 2:55.48 35.83	450m: 5:21.48 36.55	650m: 7:48.22 36.26			
	100m: 1:07.84 35.51	300m: 3:31.86 36.38	500m: 5:58.52 37.04	700m: 8:24.88 36.66			
	150m: 1:43.56 35.72	350m: 4:08.09 36.23	550m: 6:34.95 36.43	750m: 9:00.64 35.76			
	200m: 2:19.65 36.09	400m: 4:44.93 36.84	600m: 7:11.96 37.01	800m: 9:35.48 34.84			
19.	<b>PINHEIRO Ines Mariana</b>	03	Academica de Coimbra	<b>9:38.00</b>	<b>+0,70</b>	<b>590</b>	
	50m: 33.20 33.20	250m: 2:58.93 37.13	450m: 5:25.47 36.51	650m: 7:52.80 37.06			
	100m: 1:08.95 35.75	300m: 3:35.75 36.82	500m: 6:01.93 36.46	700m: 8:30.04 37.24			
	150m: 1:45.34 36.39	350m: 4:12.44 36.69	550m: 6:38.38 36.45	750m: 9:05.21 35.17			
	200m: 2:21.80 36.46	400m: 4:48.96 36.52	600m: 7:15.74 37.36	800m: 9:38.00 32.79			
20.	<b>ALVES Joana Silva</b>	05	Benedita	<b>9:38.80</b>	<b>+0,79</b>	<b>587</b>	
	50m: 32.43 32.43	250m: 2:58.88 37.00	450m: 5:25.98 36.50	650m: 7:52.86 36.55			
	100m: 1:08.41 35.98	300m: 3:35.94 37.06	500m: 6:03.01 37.03	700m: 8:28.84 35.98			
	150m: 1:45.01 36.60	350m: 4:12.73 36.79	550m: 6:39.03 36.02	750m: 9:04.68 35.84			
	200m: 2:21.88 36.87	400m: 4:49.48 36.75	600m: 7:16.31 37.28	800m: 9:38.80 34.12			
21.	<b>VELOSO Teresa Miguel</b>	00	Sporting	<b>9:39.36</b>	<b>+0,74</b>	<b>585</b>	
	50m: 32.67 32.67	250m: 2:57.30 36.68	450m: 5:22.39 36.07	650m: 7:48.46 36.76			
	100m: 1:08.32 35.65	300m: 3:33.61 36.31	500m: 5:58.65 36.26	700m: 8:25.34 36.88			
	150m: 1:44.59 36.27	350m: 4:10.13 36.52	550m: 6:34.97 36.32	750m: 9:02.62 37.28			
	200m: 2:20.62 36.03	400m: 4:46.32 36.19	600m: 7:11.70 36.73	800m: 9:39.36 36.74			
22.	<b>SILVA Camila Alexandra</b>	03	Columbofila Cantanhedense	<b>9:39.72</b>	<b>+0,79</b>	<b>584</b>	
	50m: 32.92 32.92	250m: 2:57.70 36.62	450m: 5:26.20 37.31	650m: 7:53.02 36.60			
	100m: 1:08.44 35.52	300m: 3:34.64 36.94	500m: 6:02.99 36.79	700m: 8:29.83 36.81			
	150m: 1:44.31 35.87	350m: 4:11.65 37.01	550m: 6:39.49 36.50	750m: 9:05.54 35.71			
	200m: 2:21.08 36.77	400m: 4:48.89 37.24	600m: 7:16.42 36.93	800m: 9:39.72 34.18			
23.	<b>SEBASTIAO S.</b>	05	Amadora	<b>9:41.12</b>	<b>+0,77</b>	<b>580</b>	
	50m: 32.20 32.20	250m: 2:55.67 36.00	450m: 5:23.18 36.43	650m: 7:52.20 36.55			
	100m: 1:07.66 35.46	300m: 3:32.62 36.95	500m: 6:00.93 37.75	700m: 8:29.31 37.11			
	150m: 1:42.94 35.28	350m: 4:09.38 36.76	550m: 6:37.93 37.00	750m: 9:05.47 36.16			
	200m: 2:19.67 36.73	400m: 4:46.75 37.37	600m: 7:15.65 37.72	800m: 9:41.12 35.65			
24.	<b>PINHO Carolina Teixeira</b>	04	Porto	<b>9:41.38</b>	<b>+0,72</b>	<b>579</b>	
	50m: 32.70 32.70	250m: 2:57.09 36.40	450m: 5:23.38 36.41	650m: 7:51.35 36.66			
	100m: 1:08.35 35.65	300m: 3:33.77 36.68	500m: 6:00.56 37.18	700m: 8:28.46 37.11			
	150m: 1:44.04 35.69	350m: 4:10.12 36.35	550m: 6:37.31 36.75	750m: 9:04.94 36.48			
	200m: 2:20.69 36.65	400m: 4:46.97 36.85	600m: 7:14.69 37.38	800m: 9:41.38 36.44			
25.	<b>RODRIGUES Helena Nunes</b>	03	Alges e Agueda XXI	<b>9:43.03</b>	<b>+0,76</b>	<b>574</b>	
	50m: 32.43 32.43	250m: 2:56.20 36.74	450m: 5:24.92 37.22	650m: 7:54.88 37.41			
	100m: 1:07.43 35.00	300m: 3:32.94 36.74	500m: 6:02.45 37.53	700m: 8:32.07 37.19			
	150m: 1:43.08 35.65	350m: 4:10.32 37.38	550m: 6:40.15 37.70	750m: 9:08.43 36.36			
	200m: 2:19.46 36.38	400m: 4:47.70 37.38	600m: 7:17.47 37.32	800m: 9:43.03 34.60			
26.	<b>SIMOES Ana Beatriz</b>	05	Sporting	<b>9:43.28</b>	<b>+0,76</b>	<b>574</b>	
	50m: 32.31 32.31	250m: 2:59.15 37.40	450m: 5:29.20 37.06	650m: 7:57.14 37.30			
	100m: 1:07.89 35.58	300m: 3:36.86 37.71	500m: 6:06.46 37.26	700m: 8:33.84 36.70			
	150m: 1:44.50 36.61	350m: 4:14.41 37.55	550m: 6:42.88 36.42	750m: 9:09.83 35.99			
	200m: 2:21.75 37.25	400m: 4:52.14 37.73	600m: 7:19.84 36.96	800m: 9:43.28 33.45			
27.	<b>VIANA Margarida Violante</b>	04	Bairro dos Anjos/ Leiria	<b>9:43.37</b>	<b>+0,80</b>	<b>573</b>	
	50m: 33.25 33.25	250m: 2:59.87 36.88	450m: 5:28.29 36.94	650m: 7:55.63 36.53			
	100m: 1:09.51 36.26	300m: 3:37.06 37.19	500m: 6:05.25 36.96	700m: 8:32.42 36.79			
	150m: 1:46.23 36.72	350m: 4:14.09 37.03	550m: 6:42.19 36.94	750m: 9:08.86 36.44			
	200m: 2:22.99 36.76	400m: 4:51.35 37.26	600m: 7:19.10 36.91	800m: 9:43.37 34.51			



Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
28.	<b>GALANTE Ines Carvalho</b>	04	Vilacondense	<b>9:50.83</b>	<b>+0,78</b>	<b>552</b>	
	50m: 32.96 32.96	250m: 3:01.07 37.77	450m: 5:31.94 37.61	650m: 8:01.50 37.28			
	100m: 1:08.86 35.90	300m: 3:38.78 37.71	500m: 6:09.36 37.42	700m: 8:38.97 37.47			
	150m: 1:45.80 36.94	350m: 4:16.70 37.92	550m: 6:46.82 37.46	750m: 9:15.15 36.18			
	200m: 2:23.30 37.50	400m: 4:54.33 37.63	600m: 7:24.22 37.40	800m: 9:50.83 35.68			
29.	<b>CARLOTA Catarina Isabel</b>	05	BUZIOS-Coruche	<b>9:51.03</b>	<b>+0,75</b>	<b>551</b>	
	50m: 33.90 33.90	250m: 3:02.21 37.38	450m: 5:32.39 37.34	650m: 8:02.04 37.03			
	100m: 1:10.48 36.58	300m: 3:39.78 37.57	500m: 6:10.13 37.74	700m: 8:38.93 36.89			
	150m: 1:47.66 37.18	350m: 4:17.32 37.54	550m: 6:47.57 37.44	750m: 9:15.29 36.36			
	200m: 2:24.83 37.17	400m: 4:55.05 37.73	600m: 7:25.01 37.44	800m: 9:51.03 35.74			
30.	<b>MARTINS Ines Correia</b>	04	Porto	<b>9:53.28</b>	<b>+0,74</b>	<b>545</b>	
	50m: 33.92 33.92	250m: 3:01.16 37.14	450m: 5:30.34 37.41	650m: 8:01.00 37.65			
	100m: 1:10.36 36.44	300m: 3:38.35 37.19	500m: 6:07.91 37.57	700m: 8:38.78 37.78			
	150m: 1:47.27 36.91	350m: 4:15.68 37.33	550m: 6:45.75 37.84	750m: 9:16.18 37.40			
	200m: 2:24.02 36.75	400m: 4:52.93 37.25	600m: 7:23.35 37.60	800m: 9:53.28 37.10			
31.	<b>FONSECA Laura Luz</b>	03	Bombeiros Ponta Delgada	<b>9:53.96</b>	<b>+0,77</b>	<b>543</b>	
	50m: 33.16 33.16	250m: 3:00.76 37.49	450m: 5:31.41 37.48	650m: 8:02.38 37.76			
	100m: 1:09.09 35.93	300m: 3:38.19 37.43	500m: 6:09.03 37.62	700m: 8:40.19 37.81			
	150m: 1:46.06 36.97	350m: 4:15.96 37.77	550m: 6:46.78 37.75	750m: 9:17.87 37.68			
	200m: 2:23.27 37.21	400m: 4:53.93 37.97	600m: 7:24.62 37.84	800m: 9:53.96 36.09			
32.	<b>COSTA Mafalda Santos</b>	05	Colegio Monte Maior	<b>9:55.15</b>	<b>+0,89</b>	<b>540</b>	
	50m: 32.91 32.91	250m: 3:01.06 37.71	450m: 5:32.51 37.20	650m: 8:03.67 37.63			
	100m: 1:09.06 36.15	300m: 3:39.56 38.50	500m: 6:10.28 37.77	700m: 8:41.64 37.97			
	150m: 1:45.95 36.89	350m: 4:17.25 37.69	550m: 6:48.20 37.92	750m: 9:18.95 37.31			
	200m: 2:23.35 37.40	400m: 4:55.31 38.06	600m: 7:26.04 37.84	800m: 9:55.15 36.20			
33.	<b>NOGUEIRA Nara Soraia</b>	05	Natacao de Valongo	<b>9:55.58</b>	<b>+0,70</b>	<b>539</b>	
	50m: 33.40 33.40	250m: 3:02.71 37.68	450m: 5:34.43 37.92	650m: 8:06.05 37.83			
	100m: 1:09.71 36.31	300m: 3:40.47 37.76	500m: 6:12.52 38.09	700m: 8:44.04 37.99			
	150m: 1:47.21 37.50	350m: 4:18.43 37.96	550m: 6:50.17 37.65	750m: 9:20.72 36.68			
	200m: 2:25.03 37.82	400m: 4:56.51 38.08	600m: 7:28.22 38.05	800m: 9:55.58 34.86			
34.	<b>SILVA Ines Martins</b>	04	Vilacondense	<b>9:56.43</b>	<b>+0,82</b>	<b>537</b>	
	50m: 32.49 32.49	250m: 3:00.13 37.73	450m: 5:32.73 38.34	650m: 8:05.97 38.01			
	100m: 1:07.87 35.38	300m: 3:38.36 38.23	500m: 6:11.09 38.36	700m: 8:44.14 38.17			
	150m: 1:44.32 36.45	350m: 4:16.00 37.64	550m: 6:49.34 38.25	750m: 9:20.60 36.46			
	200m: 2:22.40 38.08	400m: 4:54.39 38.39	600m: 7:27.96 38.62	800m: 9:56.43 35.83			
35.	<b>SOUSA Ines Matos</b>	03	Uniao Coimbra	<b>9:56.64</b>	<b>+0,74</b>	<b>536</b>	
	50m: 34.49 34.49	250m: 3:01.47 36.84	450m: 5:31.72 37.83	650m: 8:04.34 38.03			
	100m: 1:11.69 37.20	300m: 3:38.86 37.39	500m: 6:09.71 37.99	700m: 8:42.43 38.09			
	150m: 1:47.86 36.17	350m: 4:16.21 37.35	550m: 6:47.92 38.21	750m: 9:19.79 37.36			
	200m: 2:24.63 36.77	400m: 4:53.89 37.68	600m: 7:26.31 38.39	800m: 9:56.64 36.85			
36.	<b>SANTOS Mariana Marques</b>	05	Gesloures	<b>9:56.95</b>	<b>+0,67</b>	<b>535</b>	
	50m: 33.91 33.91	250m: 3:02.00 37.32	450m: 5:32.84 37.98	650m: 8:05.33 38.27			
	100m: 1:10.40 36.49	300m: 3:39.48 37.48	500m: 6:10.95 38.11	700m: 8:43.55 38.22			
	150m: 1:47.71 37.31	350m: 4:16.98 37.50	550m: 6:49.02 38.07	750m: 9:21.13 37.58			
	200m: 2:24.68 36.97	400m: 4:54.86 37.88	600m: 7:27.06 38.04	800m: 9:56.95 35.82			
37.	<b>MONTEIRO Ines Maria</b>	04	Naval Praia da Vitoria	<b>9:57.09</b>	<b>+0,86</b>	<b>535</b>	
	50m: 34.68 34.68	250m: 3:05.02 37.64	450m: 5:36.23 37.51	650m: 8:05.96 37.62			
	100m: 1:12.21 37.53	300m: 3:42.71 37.69	500m: 6:13.70 37.47	700m: 8:43.44 37.48			
	150m: 1:49.70 37.49	350m: 4:20.46 37.75	550m: 6:50.82 37.12	750m: 9:20.79 37.35			
	200m: 2:27.38 37.68	400m: 4:58.72 38.26	600m: 7:28.34 37.52	800m: 9:57.09 36.30			

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
38.	FERNANDES Maria Elias	04	Desportiva Viana	<b>9:57.18</b>	+0,92	534	
	50m: 32.91 32.91	250m: 3:02.46	37.76	450m: 5:34.32	37.93	650m: 8:06.64	37.92
	100m: 1:09.40 36.49	300m: 3:40.38	37.92	500m: 6:12.68	38.36	700m: 8:44.85	38.21
	150m: 1:46.87 37.47	350m: 4:18.05	37.67	550m: 6:50.70	38.02	750m: 9:22.50	37.65
	200m: 2:24.70 37.83	400m: 4:56.39	38.34	600m: 7:28.72	38.02	800m: 9:57.18	34.68
39.	SILVA Ana Catarina	04	Fundacao Beatriz Santos	<b>9:57.46</b>	+0,83	534	
	50m: 34.03 34.03	250m: 3:03.42	37.75	450m: 5:34.80	37.60	650m: 8:06.39	37.46
	100m: 1:11.11 37.08	300m: 3:41.51	38.09	500m: 6:13.12	38.32	700m: 8:44.15	37.76
	150m: 1:48.20 37.09	350m: 4:19.13	37.62	550m: 6:50.83	37.71	750m: 9:21.38	37.23
	200m: 2:25.67 37.47	400m: 4:57.20	38.07	600m: 7:28.93	38.10	800m: 9:57.46	36.08
40.	PEDRO Daniela Alexandra	04	Sporting	<b>9:57.56</b>	+0,74	533	
	50m: 34.16 34.16	250m: 3:05.57	38.42	450m: 5:37.77	37.52	650m: 8:08.39	37.54
	100m: 1:11.73 37.57	300m: 3:43.79	38.22	500m: 6:15.80	38.03	700m: 8:46.12	37.73
	150m: 1:49.55 37.82	350m: 4:21.75	37.96	550m: 6:53.23	37.43	750m: 9:23.27	37.15
	200m: 2:27.15 37.60	400m: 5:00.25	38.50	600m: 7:30.85	37.62	800m: 9:57.56	34.29
41.	PEREIRA Anais Cloe	04	Sporting	<b>9:57.81</b>	+0,77	533	
	50m: 33.99 33.99	250m: 3:03.87	37.94	450m: 5:34.61	37.70	650m: 8:06.06	38.11
	100m: 1:10.78 36.79	300m: 3:41.48	37.61	500m: 6:12.41	37.80	700m: 8:44.64	38.58
	150m: 1:48.14 37.36	350m: 4:19.11	37.63	550m: 6:50.17	37.76	750m: 9:22.26	37.62
	200m: 2:25.93 37.79	400m: 4:56.91	37.80	600m: 7:27.95	37.78	800m: 9:57.81	35.55
42.	CABRAL Ana Matos	05	Condeixa Clube	<b>9:58.47</b>	+0,73	531	
	50m: 33.65 33.65	250m: 3:03.87	37.66	450m: 5:35.48	38.17	650m: 8:07.52	37.79
	100m: 1:11.07 37.42	300m: 3:41.83	37.96	500m: 6:13.58	38.10	700m: 8:45.49	37.97
	150m: 1:48.58 37.51	350m: 4:19.52	37.69	550m: 6:51.92	38.34	750m: 9:22.50	37.01
	200m: 2:26.21 37.63	400m: 4:57.31	37.79	600m: 7:29.73	37.81	800m: 9:58.47	35.97
43.	JESUS Leonor Santos	04	Natacao Olhao	<b>10:00.85</b>	+0,85	525	
	50m: 33.87 33.87	250m: 3:03.30	37.83	450m: 5:34.64	38.09	650m: 8:07.07	38.72
	100m: 1:10.56 36.69	300m: 3:41.13	37.83	500m: 6:12.61	37.97	700m: 8:45.88	38.81
	150m: 1:47.84 37.28	350m: 4:18.69	37.56	550m: 6:50.55	37.94	750m: 9:23.79	37.91
	200m: 2:25.47 37.63	400m: 4:56.55	37.86	600m: 7:28.35	37.80	800m: 10:00.85	37.06
44.	MONTEIRO Barbara Oliveira	04	Braga	<b>10:01.83</b>	+1,04	522	
	50m: 34.51 34.51	250m: 3:02.89	37.58	450m: 5:34.51	38.15	650m: 8:08.55	38.49
	100m: 1:11.01 36.50	300m: 3:40.64	37.75	500m: 6:12.70	38.19	700m: 8:47.24	38.69
	150m: 1:48.03 37.02	350m: 4:18.04	37.40	550m: 6:51.08	38.38	750m: 9:25.71	38.47
	200m: 2:25.31 37.28	400m: 4:56.36	38.32	600m: 7:30.06	38.98	800m: 10:01.83	36.12
45.	FERREIRA Catarina Trigo	02	Natacao de Lisboa	<b>10:02.50</b>	+0,75	520	
	50m: 31.86 31.86	250m: 3:01.92	38.31	450m: 5:35.16	38.34	650m: 8:08.83	38.84
	100m: 1:07.87 36.01	300m: 3:40.41	38.49	500m: 6:13.34	38.18	700m: 8:47.59	38.76
	150m: 1:45.42 37.55	350m: 4:18.73	38.32	550m: 6:51.49	38.15	750m: 9:25.80	38.21
	200m: 2:23.61 38.19	400m: 4:56.82	38.09	600m: 7:29.99	38.50	800m: 10:02.50	36.70
46.	AMANTES Beatriz Quintao	03	Uniao Piedense	<b>10:02.82</b>	+0,71	520	
	50m: 33.23 33.23	250m: 3:01.75	37.47	450m: 5:33.81	37.82	650m: 8:08.41	39.12
	100m: 1:09.71 36.48	300m: 3:39.67	37.92	500m: 6:12.04	38.23	700m: 8:47.49	39.08
	150m: 1:46.97 37.26	350m: 4:17.62	37.95	550m: 6:50.26	38.22	750m: 9:25.92	38.43
	200m: 2:24.28 37.31	400m: 4:55.99	38.37	600m: 7:29.29	39.03	800m: 10:02.82	36.90
47.	FERNANDES Maria Teresa	05	Alges	<b>10:04.42</b>	+0,69	515	
	50m: 33.72 33.72	250m: 3:05.88	38.13	450m: 5:38.11	37.51	650m: 8:10.21	37.88
	100m: 1:11.26 37.54	300m: 3:44.19	38.31	500m: 6:16.03	37.92	700m: 8:48.64	38.43
	150m: 1:49.46 38.20	350m: 4:22.40	38.21	550m: 6:54.06	38.03	750m: 9:26.81	38.17
	200m: 2:27.75 38.29	400m: 5:00.60	38.20	600m: 7:32.33	38.27	800m: 10:04.42	37.61

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
48.	VERA VINHAIS RIBEIRO DE FIGUEIRA V.	04	Amadora A V.	<b>10:05.88</b>	+0,67	512	
	50m: 32.96 32.96	250m: 3:02.71 37.70	450m: 5:34.22 38.13	650m: 8:08.87 38.76			
	100m: 1:09.71 36.75	300m: 3:40.89 38.18	500m: 6:12.90 38.68	700m: 8:47.79 38.92			
	150m: 1:46.97 37.26	350m: 4:18.20 37.31	550m: 6:51.24 38.34	750m: 9:27.19 39.40			
	200m: 2:25.01 38.04	400m: 4:56.09 37.89	600m: 7:30.11 38.87	800m: 10:05.88 38.69			
49.	FOMINA Anna	02	Louletano / Loule Concelho	<b>10:06.48</b>	+0,68	510	
	50m: 33.91 33.91	250m: 3:00.42 37.21	450m: 5:34.41 38.79	650m: 8:10.00 39.01			
	100m: 1:10.02 36.11	300m: 3:37.82 37.40	500m: 6:13.09 38.68	700m: 8:49.02 39.02			
	150m: 1:46.79 36.77	350m: 4:16.34 38.52	550m: 6:51.58 38.49	750m: 9:28.26 39.24			
	200m: 2:23.21 36.42	400m: 4:55.62 39.28	600m: 7:30.99 39.41	800m: 10:06.48 38.22			
50.	NEVES Natalia Passeira	05	Natacao de Valongo	<b>10:07.63</b>	+0,85	507	
	50m: 32.97 32.97	250m: 3:05.30 38.91	450m: 5:38.55 37.87	650m: 8:13.77 39.07			
	100m: 1:09.92 36.95	300m: 3:43.51 38.21	500m: 6:16.78 38.23	700m: 8:52.35 38.58			
	150m: 1:48.18 38.26	350m: 4:22.66 39.15	550m: 6:56.07 39.29	750m: 9:30.89 38.54			
	200m: 2:26.39 38.21	400m: 5:00.68 38.02	600m: 7:34.70 38.63	800m: 10:07.63 36.74			
51.	FERREIRA Joana Rosa	05	Naval de Peniche	<b>10:08.37</b>	+0,73	506	
	50m: 32.58 32.58	250m: 3:03.82 38.58	450m: 5:38.42 38.67	650m: 8:14.72 39.39			
	100m: 1:09.22 36.64	300m: 3:42.16 38.34	500m: 6:16.88 38.46	700m: 8:53.73 39.01			
	150m: 1:47.16 37.94	350m: 4:20.94 38.78	550m: 6:56.16 39.28	750m: 9:32.42 38.69			
	200m: 2:25.24 38.08	400m: 4:59.75 38.81	600m: 7:35.33 39.17	800m: 10:08.37 35.95			
52.	TROIA Beatriz Rosa	04	Vilacondense	<b>10:08.46</b>	+0,69	505	
	50m: 34.34 34.34	250m: 3:04.36 37.98	450m: 5:37.35 38.82	650m: 8:12.28 39.45			
	100m: 1:11.19 36.85	300m: 3:43.00 38.64	500m: 6:15.78 38.43	700m: 8:51.32 39.04			
	150m: 1:48.28 37.09	350m: 4:20.70 37.70	550m: 6:54.18 38.40	750m: 9:30.22 38.90			
	200m: 2:26.38 38.10	400m: 4:58.53 37.83	600m: 7:32.83 38.65	800m: 10:08.46 38.24			
53.	RIOS Maria Manuel	04	Leixoes	<b>10:10.01</b>	+0,67	501	
	50m: 32.99 32.99	250m: 3:05.14 38.88	450m: 5:40.57 38.25	650m: 8:14.98 38.41			
	100m: 1:10.00 37.01	300m: 3:44.47 39.33	500m: 6:19.34 38.77	700m: 8:54.22 39.24			
	150m: 1:47.72 37.72	350m: 4:23.05 38.58	550m: 6:57.93 38.59	750m: 9:32.03 37.81			
	200m: 2:26.26 38.54	400m: 5:02.32 39.27	600m: 7:36.57 38.64	800m: 10:10.01 37.98			
54.	PIRES Laura Joao	05	Natacao do Fundao	<b>10:10.35</b>	+0,82	501	
	50m: 34.62 34.62	250m: 3:05.86 38.14	450m: 5:39.81 38.73	650m: 8:15.50 38.80			
	100m: 1:11.71 37.09	300m: 3:44.38 38.52	500m: 6:18.68 38.87	700m: 8:54.29 38.79			
	150m: 1:49.53 37.82	350m: 4:22.69 38.31	550m: 6:57.44 38.76	750m: 9:33.32 39.03			
	200m: 2:27.72 38.19	400m: 5:01.08 38.39	600m: 7:36.70 39.26	800m: 10:10.35 37.03			
55.	ARAUJO Maria Clara	05	Naval do Funchal	<b>10:12.59</b>	+0,66	495	
	50m: 33.74 33.74	250m: 3:04.45 38.29	450m: 5:41.03 38.80	650m: 8:17.02 39.07			
	100m: 1:10.80 37.06	300m: 3:43.94 39.49	500m: 6:19.79 38.76	700m: 8:56.03 39.01			
	150m: 1:47.94 37.14	350m: 4:22.89 38.95	550m: 6:58.79 39.00	750m: 9:34.67 38.64			
	200m: 2:26.16 38.22	400m: 5:02.23 39.34	600m: 7:37.95 39.16	800m: 10:12.59 37.92			
56.	INACIO Marta Macedo	04	Sporting	<b>10:15.51</b>	+0,79	488	
	50m: 35.27 35.27	250m: 3:07.98 38.45	450m: 5:43.53 38.44	650m: 8:19.53 38.77			
	100m: 1:12.90 37.63	300m: 3:47.05 39.07	500m: 6:22.40 38.87	700m: 8:58.46 38.93			
	150m: 1:51.03 38.13	350m: 4:25.90 38.85	550m: 7:01.53 39.13	750m: 9:36.85 38.39			
	200m: 2:29.53 38.50	400m: 5:05.09 39.19	600m: 7:40.76 39.23	800m: 10:15.51 38.66			
57.	LOPES Raquel Raposo	04	Cova da Piedade	<b>10:17.94</b>	+0,80	482	
	50m: 35.27 35.27	250m: 3:06.51 38.54	450m: 5:41.52 38.98	650m: 8:19.72 39.64			
	100m: 1:12.27 37.00	300m: 3:44.99 38.48	500m: 6:20.95 39.43	700m: 8:59.76 40.04			
	150m: 1:50.18 37.91	350m: 4:24.03 39.04	550m: 7:00.54 39.59	750m: 9:39.26 39.50			
	200m: 2:27.97 37.79	400m: 5:02.54 38.51	600m: 7:40.08 39.54	800m: 10:17.94 38.68			

Event 45, Women, 800m Freestyle, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
58.	NOBRE Beatriz Gaspar	05	Gualdim Pais	<b>10:18.15</b>	+0,94	482	
	50m: 35.15 35.15	250m: 3:11.15	39.26	450m: 5:49.27	39.68	650m: 8:27.56	38.53
	100m: 1:13.88 38.73	300m: 3:50.76	39.61	500m: 6:29.37	40.10	700m: 9:05.65	38.09
	150m: 1:52.83 38.95	350m: 4:30.07	39.31	550m: 7:09.40	40.03	750m: 9:42.56	36.91
	200m: 2:31.89 39.06	400m: 5:09.59	39.52	600m: 7:49.03	39.63	800m: 10:18.15	35.59
59.	RINO Maria Pedro	05	Academia Acores	<b>10:20.33</b>	+0,91	477	
	50m: 35.00 35.00	250m: 3:09.11	38.43	450m: 5:46.46	39.22	650m: 8:25.97	39.88
	100m: 1:13.26 38.26	300m: 3:48.38	39.27	500m: 6:26.39	39.93	700m: 9:05.04	39.07
	150m: 1:51.99 38.73	350m: 4:27.28	38.90	550m: 7:06.07	39.68	750m: 9:42.61	37.57
	200m: 2:30.68 38.69	400m: 5:07.24	39.96	600m: 7:46.09	40.02	800m: 10:20.33	37.72
60.	MOITEIRO Bruna Silva	04	Nautico Marinha Grande	<b>10:22.18</b>	+0,76	473	
	50m: 34.53 34.53	250m: 3:10.98	39.53	450m: 5:49.08	39.45	650m: 8:25.84	38.78
	100m: 1:12.73 38.20	300m: 3:50.02	39.04	500m: 6:28.68	39.60	700m: 9:05.00	39.16
	150m: 1:51.77 39.04	350m: 4:29.84	39.82	550m: 7:07.70	39.02	750m: 9:44.04	39.04
	200m: 2:31.45 39.68	400m: 5:09.63	39.79	600m: 7:47.06	39.36	800m: 10:22.18	38.14
61.	LOISAS Beatriz Ferreira	05	Columbofila Cantanhedense	<b>10:22.33</b>	+0,81	472	
	50m: 34.79 34.79	250m: 3:12.00	39.00	450m: 5:49.71	39.24	650m: 8:27.40	39.00
	100m: 1:14.05 39.26	300m: 3:51.62	39.62	500m: 6:29.95	40.24	700m: 9:06.77	39.37
	150m: 1:53.03 38.98	350m: 4:31.24	39.62	550m: 7:09.32	39.37	750m: 9:44.92	38.15
	200m: 2:33.00 39.97	400m: 5:10.47	39.23	600m: 7:48.40	39.08	800m: 10:22.33	37.41
62.	SILVA Maria Ines	05	Porto	<b>10:31.50</b>	+0,54	452	
	50m: 33.11 33.11	250m: 3:06.63	39.21	450m: 5:47.05	39.98	650m: 8:30.42	40.49
	100m: 1:10.25 37.14	300m: 3:46.49	39.86	500m: 6:27.76	40.71	700m: 9:11.29	40.87
	150m: 1:48.83 38.58	350m: 4:26.45	39.96	550m: 7:08.47	40.71	750m: 9:51.76	40.47
	200m: 2:27.42 38.59	400m: 5:07.07	40.62	600m: 7:49.93	41.46	800m: 10:31.50	39.74
DSQ	HUTYY Adriana Carolina 403 - Falsa partida - SW 4.4	05	Braga				

Event 45 Women, 800m Freestyle Absolutos Results  
04-08-2019 - 16:00

Rec Nac Open	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
Rec Nac Sen	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23-06-2018
Rec Nac Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Jun16	8:45.53	HOLUB Tamila Hryhorivna	SCB	Coimbra	30-05-2015

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	HOLUB Tamila Hryhorivna <i>Minimos CEPL</i>	99	Braga	<b>8:36.52</b>	+0,68	826	
	50m: 30.38 30.38	250m: 2:39.42	32.27	450m: 4:49.01	32.33	650m: 6:59.00	32.59
	100m: 1:02.53 32.15	300m: 3:11.84	32.42	500m: 5:21.51	32.50	700m: 7:31.90	32.90
	150m: 1:34.68 32.15	350m: 3:44.22	32.38	550m: 5:53.77	32.26	750m: 8:04.56	32.66
	200m: 2:07.15 32.47	400m: 4:16.68	32.46	600m: 6:26.41	32.64	800m: 8:36.52	31.96
2.	DURAES Diana Margarida <i>Minimos CEPL</i>	96	Benfica	<b>8:39.86</b>	+0,72	810	
	50m: 30.50 30.50	250m: 2:40.48	32.59	450m: 4:51.29	32.54	650m: 7:02.04	32.45
	100m: 1:02.99 32.49	300m: 3:13.32	32.84	500m: 5:24.10	32.81	700m: 7:35.05	33.01
	150m: 1:35.34 32.35	350m: 3:45.86	32.54	550m: 5:56.74	32.64	750m: 8:07.57	32.52
	200m: 2:07.89 32.55	400m: 4:18.75	32.89	600m: 6:29.59	32.85	800m: 8:39.86	32.29



Event 45, Women, 800m Freestyle, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
3.	ANDRE Angelica Maria	94	Fluvial Portuense	<b>9:01.53</b>	<b>+0,73</b>	717	
	50m: 31.85 31.85	250m: 2:46.69 33.85	450m: 5:01.69 33.78	650m: 7:18.45 34.17			
	100m: 1:05.49 33.64	300m: 3:20.34 33.65	500m: 5:35.80 34.11	700m: 7:52.58 34.13			
	150m: 1:39.47 33.98	350m: 3:54.10 33.76	550m: 6:09.92 34.12	750m: 8:27.02 34.44			
	200m: 2:12.84 33.37	400m: 4:27.91 33.81	600m: 6:44.28 34.36	800m: 9:01.53 34.51			
4.	RAMOS Ana Rita	02	Porto	<b>9:04.98</b>	<b>+0,69</b>	703	
	50m: 31.41 31.41	250m: 2:47.29 33.73	450m: 5:03.99 34.28	650m: 7:21.84 34.08			
	100m: 1:04.89 33.48	300m: 3:21.50 34.21	500m: 5:38.62 34.63	700m: 7:56.47 34.63			
	150m: 1:39.38 34.49	350m: 3:55.46 33.96	550m: 6:12.87 34.25	750m: 8:30.97 34.50			
	200m: 2:13.56 34.18	400m: 4:29.71 34.25	600m: 6:47.76 34.89	800m: 9:04.98 34.01			
5.	QUEIROZ Ana Rita	02	Condeixa Clube	<b>9:12.42</b>	<b>+0,68</b>	675	
	50m: 31.76 31.76	250m: 2:48.76 34.40	450m: 5:08.20 34.58	650m: 7:27.27 34.51			
	100m: 1:05.66 33.90	300m: 3:23.70 34.94	500m: 5:43.19 34.99	700m: 8:02.67 35.40			
	150m: 1:39.86 34.20	350m: 3:58.71 35.01	550m: 6:17.90 34.71	750m: 8:37.64 34.97			
	200m: 2:14.36 34.50	400m: 4:33.62 34.91	600m: 6:52.76 34.86	800m: 9:12.42 34.78			
6.	AMORIM Maria Leonor	03	Porto	<b>9:18.35</b>	<b>+0,74</b>	654	
	50m: 31.80 31.80	250m: 2:50.16 34.82	450m: 5:10.83 35.28	650m: 7:33.94 35.59			
	100m: 1:05.97 34.17	300m: 3:24.97 34.81	500m: 5:46.62 35.79	700m: 8:09.10 35.16			
	150m: 1:40.54 34.57	350m: 4:00.24 35.27	550m: 6:22.48 35.86	750m: 8:44.47 35.37			
	200m: 2:15.34 34.80	400m: 4:35.55 35.31	600m: 6:58.35 35.87	800m: 9:18.35 33.88			
7.	MARTINS Francisca Soares	03	Foca	<b>9:21.27</b>	<b>+0,69</b>	644	
	50m: 31.31 31.31	250m: 2:48.66 34.62	450m: 5:10.45 35.73	650m: 7:34.69 36.19			
	100m: 1:05.21 33.90	300m: 3:23.67 35.01	500m: 5:46.38 35.93	700m: 8:11.19 36.50			
	150m: 1:39.65 34.44	350m: 3:58.91 35.24	550m: 6:22.33 35.95	750m: 8:47.32 36.13			
	200m: 2:14.04 34.39	400m: 4:34.72 35.81	600m: 6:58.50 36.17	800m: 9:21.27 33.95			
8.	ALVES Sara Sofia	01	Columbofila Cantanhedense	<b>9:21.43</b>	<b>+0,72</b>	643	
	50m: 31.68 31.68	250m: 2:49.11 34.74	450m: 5:10.77 35.83	650m: 7:34.99 36.02			
	100m: 1:05.33 33.65	300m: 3:24.19 35.08	500m: 5:46.61 35.84	700m: 8:11.13 36.14			
	150m: 1:40.01 34.68	350m: 3:59.47 35.28	550m: 6:22.69 36.08	750m: 8:47.16 36.03			
	200m: 2:14.37 34.36	400m: 4:34.94 35.47	600m: 6:58.97 36.28	800m: 9:21.43 34.27			
9.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	<b>9:26.51</b>	<b>+0,77</b>	626	
	50m: 31.92 31.92	250m: 2:51.90 35.57	450m: 5:16.19 36.25	650m: 7:40.83 36.25			
	100m: 1:06.33 34.41	300m: 3:27.71 35.81	500m: 5:52.22 36.03	700m: 8:16.98 36.15			
	150m: 1:41.02 34.69	350m: 4:03.51 35.80	550m: 6:28.48 36.26	750m: 8:52.26 35.28			
	200m: 2:16.33 35.31	400m: 4:39.94 36.43	600m: 7:04.58 36.10	800m: 9:26.51 34.25			
10.	PINHEIRO Ines Mariana	03	Academica de Coimbra	<b>9:38.00</b>	<b>+0,70</b>	590	
	50m: 33.20 33.20	250m: 2:58.93 37.13	450m: 5:25.47 36.51	650m: 7:52.80 37.06			
	100m: 1:08.95 35.75	300m: 3:35.75 36.82	500m: 6:01.93 36.46	700m: 8:30.04 37.24			
	150m: 1:45.34 36.39	350m: 4:12.44 36.69	550m: 6:38.38 36.45	750m: 9:05.21 35.17			
	200m: 2:21.80 36.46	400m: 4:48.96 36.52	600m: 7:15.74 37.36	800m: 9:38.00 32.79			
11.	VELOSO Teresa Miguel	00	Sporting	<b>9:39.36</b>	<b>+0,74</b>	585	
	50m: 32.67 32.67	250m: 2:57.30 36.68	450m: 5:22.39 36.07	650m: 7:48.46 36.76			
	100m: 1:08.32 35.65	300m: 3:33.61 36.31	500m: 5:58.65 36.26	700m: 8:25.34 36.88			
	150m: 1:44.59 36.27	350m: 4:10.13 36.52	550m: 6:34.97 36.32	750m: 9:02.62 37.28			
	200m: 2:20.62 36.03	400m: 4:46.32 36.19	600m: 7:11.70 36.73	800m: 9:39.36 36.74			
12.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	<b>9:39.72</b>	<b>+0,79</b>	584	
	50m: 32.92 32.92	250m: 2:57.70 36.62	450m: 5:26.20 37.31	650m: 7:53.02 36.60			
	100m: 1:08.44 35.52	300m: 3:34.64 36.94	500m: 6:02.99 36.79	700m: 8:29.83 36.81			
	150m: 1:44.31 35.87	350m: 4:11.65 37.01	550m: 6:39.49 36.50	750m: 9:05.54 35.71			
	200m: 2:21.08 36.77	400m: 4:48.89 37.24	600m: 7:16.42 36.93	800m: 9:39.72 34.18			



Event 45, Women, 800m Freestyle, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
13.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	<b>9:43.03</b>	+0,76	574	
	50m: 32.43 32.43	250m: 2:56.20	36.74	450m: 5:24.92	37.22	650m: 7:54.88	37.41
	100m: 1:07.43 35.00	300m: 3:32.94	36.74	500m: 6:02.45	37.53	700m: 8:32.07	37.19
	150m: 1:43.08 35.65	350m: 4:10.32	37.38	550m: 6:40.15	37.70	750m: 9:08.43	36.36
	200m: 2:19.46 36.38	400m: 4:47.70	37.38	600m: 7:17.47	37.32	800m: 9:43.03	34.60
14.	FONSECA Laura Luz	03	Bombeiros Ponta Delgada	<b>9:53.96</b>	+0,77	543	
	50m: 33.16 33.16	250m: 3:00.76	37.49	450m: 5:31.41	37.48	650m: 8:02.38	37.76
	100m: 1:09.09 35.93	300m: 3:38.19	37.43	500m: 6:09.03	37.62	700m: 8:40.19	37.81
	150m: 1:46.06 36.97	350m: 4:15.96	37.77	550m: 6:46.78	37.75	750m: 9:17.87	37.68
	200m: 2:23.27 37.21	400m: 4:53.93	37.97	600m: 7:24.62	37.84	800m: 9:53.96	36.09
15.	SOUSA Ines Matos	03	Uniao Coimbra	<b>9:56.64</b>	+0,74	536	
	50m: 34.49 34.49	250m: 3:01.47	36.84	450m: 5:31.72	37.83	650m: 8:04.34	38.03
	100m: 1:11.69 37.20	300m: 3:38.86	37.39	500m: 6:09.71	37.99	700m: 8:42.43	38.09
	150m: 1:47.86 36.17	350m: 4:16.21	37.35	550m: 6:47.92	38.21	750m: 9:19.79	37.36
	200m: 2:24.63 37.77	400m: 4:53.89	37.68	600m: 7:26.31	38.39	800m: 9:56.64	36.85
16.	FERREIRA Catarina Trigo	02	Natacao de Lisboa	<b>10:02.50</b>	+0,75	520	
	50m: 31.86 31.86	250m: 3:01.92	38.31	450m: 5:35.16	38.34	650m: 8:08.83	38.84
	100m: 1:07.87 36.01	300m: 3:40.41	38.49	500m: 6:13.34	38.18	700m: 8:47.59	38.76
	150m: 1:45.42 37.55	350m: 4:18.73	38.32	550m: 6:51.49	38.15	750m: 9:25.80	38.21
	200m: 2:23.61 38.19	400m: 4:56.82	38.09	600m: 7:29.99	38.50	800m: 10:02.50	36.70
17.	AMANTES Beatriz Quintao	03	Uniao Piedense	<b>10:02.82</b>	+0,71	520	
	50m: 33.23 33.23	250m: 3:01.75	37.47	450m: 5:33.81	37.82	650m: 8:08.41	39.12
	100m: 1:09.71 36.48	300m: 3:39.67	37.92	500m: 6:12.04	38.23	700m: 8:47.49	39.08
	150m: 1:46.97 37.26	350m: 4:17.62	37.95	550m: 6:50.26	38.22	750m: 9:25.92	38.43
	200m: 2:24.28 37.31	400m: 4:55.99	38.37	600m: 7:29.29	39.03	800m: 10:02.82	36.90