

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN-CIMAI/MYRTHA
Funchal, 01 a 04 de Agosto de 2019



Prova 36
03-08-2019 - 18:35

Masc., 400m Livres

Juvenis
Resultados Final

Rec Nac Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SIMÕES Bernardo Jorge	04	Colegio Vasco da Gama	4:08.94	+0,72	690	
	50m: 27.91 27.91	150m: 1:30.60 31.85	250m: 2:33.64 31.23	350m: 3:37.17 31.73			
	100m: 58.75 30.84	200m: 2:02.41 31.81	300m: 3:05.44 31.80	400m: 4:08.94 31.77			
2.	ALMEIDA Bernardo Victorino	04	Sporting	4:10.43	+0,66	678	
	50m: 27.93 27.93	150m: 1:30.69 32.02	250m: 2:34.46 32.02	350m: 3:39.52 32.65			
	100m: 58.67 30.74	200m: 2:02.44 31.75	300m: 3:06.87 32.41	400m: 4:10.43 30.91			
3.	CLARA Vitor Belo	04	Bairro dos Anjos/ Leiria	4:10.56	+0,67	677	
	50m: 28.54 28.54	150m: 1:32.61 32.31	250m: 2:36.74 31.65	350m: 3:39.98 31.15			
	100m: 1:00.30 31.76	200m: 2:05.09 32.48	300m: 3:08.83 32.09	400m: 4:10.56 30.58			
4.	GOMES Goncalo Andre	03	Fundacao Beatriz Santos	4:11.60	+0,66	669	
	50m: 28.49 28.49	150m: 1:32.34 31.97	250m: 2:36.27 31.92	350m: 3:41.24 32.27			
	100m: 1:00.37 31.88	200m: 2:04.35 32.01	300m: 3:08.97 32.70	400m: 4:11.60 30.36			
5.	RIBEIRO Diogo Matos	04	Uniao Coimbra	4:17.50	+0,66	624	
	50m: 28.06 28.06	150m: 1:30.85 31.77	250m: 2:36.60 33.23	350m: 3:44.09 33.89			
	100m: 59.08 31.02	200m: 2:03.37 32.52	300m: 3:10.20 33.60	400m: 4:17.50 33.41			
6.	MARQUES Gustavo Pires	04	Fundacao Beatriz Santos	4:17.85	+0,70	621	
	50m: 28.37 28.37	150m: 1:32.64 32.77	250m: 2:39.15 33.65	350m: 3:46.84 33.75			
	100m: 59.87 31.50	200m: 2:05.50 32.86	300m: 3:13.09 33.94	400m: 4:17.85 31.01			
7.	LOPES Luis Afonso	03	Viver Santarem	4:18.26	+0,60	618	
	50m: 29.52 29.52	150m: 1:34.75 33.41	250m: 2:41.56 33.45	350m: 3:48.33 33.40			
	100m: 1:01.34 31.82	200m: 2:08.11 33.36	300m: 3:14.93 33.37	400m: 4:18.26 29.93			
8.	CARVALHO Fernando Costa	03	Foca	4:20.79	+0,70	600	
	50m: 29.36 29.36	150m: 1:34.91 32.85	250m: 2:41.52 33.31	350m: 3:48.34 33.26			
	100m: 1:02.06 32.70	200m: 2:08.21 33.30	300m: 3:15.08 33.56	400m: 4:20.79 32.45			
9.	COSTA Hugo Alexandre	03	Natacao de Valongo	4:22.25	+0,72	590	
	50m: 28.77 28.77	150m: 1:33.33 33.04	250m: 2:40.56 33.74	350m: 3:49.28 34.17			
	100m: 1:00.29 31.52	200m: 2:06.82 33.49	300m: 3:15.11 34.55	400m: 4:22.25 32.97			
10.	DUARTE Pedro Esteves	03	Cova da Piedade	4:23.19	+0,69	584	
	50m: 29.52 29.52	150m: 1:35.41 33.20	250m: 2:42.97 33.56	350m: 3:50.56 33.40			
	100m: 1:02.21 32.69	200m: 2:09.41 34.00	300m: 3:17.16 34.19	400m: 4:23.19 32.63			



Prova 36, Masc., 400m Livres, Final

Prova 36 Masc., 400m Livres Open
03-08-2019 - 18:35 Resultados Final

Rec Nac Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Rec Nac Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
Rec Nac Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
Rec Nac Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinkia (FIN)	14-07-2010
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
Rec Nac Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	LOPES Jose Paulo	00	Braga	3:53.66	+0,66	835	
	50m: 27.08 27.08	150m: 1:26.30 29.84	250m: 2:26.46 30.01	350m: 3:25.19 28.82			
	100m: 56.46 29.38	200m: 1:56.45 30.15	300m: 2:56.37 29.91	400m: 3:53.66 28.47			
2.	VELOSO Tomas Miguel	96	Nautico Academico	3:54.96	+0,62	821	
	50m: 27.07 27.07	150m: 1:26.48 29.90	250m: 2:26.48 29.75	350m: 3:26.14 29.74			
	100m: 56.58 29.51	200m: 1:56.73 30.25	300m: 2:56.40 29.92	400m: 3:54.96 28.82			
3.	GIL Rafael Lourenco	96	Sporting	3:58.02	+0,67	790	
	50m: 27.85 27.85	150m: 1:28.03 30.06	250m: 2:28.43 30.12	350m: 3:29.27 30.18			
	100m: 57.97 30.12	200m: 1:58.31 30.28	300m: 2:59.09 30.66	400m: 3:58.02 28.75			
4.	SANTOS Pedro Miguel	01	Porto	4:01.73	+0,63	754	
	50m: 27.43 27.43	150m: 1:26.73 29.79	250m: 2:27.83 30.57	350m: 3:30.37 31.20			
	100m: 56.94 29.51	200m: 1:57.26 30.53	300m: 2:59.17 31.34	400m: 4:01.73 31.36			
5.	BASTOS Lucas Pereira	00	Nautico Academico	4:03.91	+0,69	734	
	50m: 28.26 28.26	150m: 1:29.35 30.47	250m: 2:31.83 31.09	350m: 3:34.12 31.14			
	100m: 58.88 30.62	200m: 2:00.74 31.39	300m: 3:02.98 31.15	400m: 4:03.91 29.79			
6.	PINA Guilherme Filipe	98	Sporting	4:04.26	+0,72	731	
	50m: 28.03 28.03	150m: 1:28.44 30.25	250m: 2:29.46 30.54	350m: 3:32.35 31.69			
	100m: 58.19 30.16	200m: 1:58.92 30.48	300m: 3:00.66 31.20	400m: 4:04.26 31.91			
7.	LOPES Tomas Teixeira	02	Foca	4:06.70	+0,67	709	
	50m: 27.48 27.48	150m: 1:27.93 30.49	250m: 2:30.61 31.54	350m: 3:34.72 32.36			
	100m: 57.44 29.96	200m: 1:59.07 31.14	300m: 3:02.36 31.75	400m: 4:06.70 31.98			
8.	BATE Afonso Ribeiro	98	Alges	4:07.70	+0,67	701	
	50m: 27.72 27.72	150m: 1:30.27 31.61	250m: 2:34.28 31.97	350m: 3:38.72 32.06			
	100m: 58.66 30.94	200m: 2:02.31 32.04	300m: 3:06.66 32.38	400m: 4:07.70 28.98			
9.	CRISTINO David Matias	01	Uniao Piedense	4:08.64	+0,71	693	
	50m: 28.11 28.11	150m: 1:30.83 31.36	250m: 2:34.80 31.65	350m: 3:38.41 31.45			
	100m: 59.47 31.36	200m: 2:03.15 32.32	300m: 3:06.96 32.16	400m: 4:08.64 30.23			
10.	JORGE Duarte Miguel	01	Galitos / Bresimar	4:09.53	+0,67	685	
	50m: 28.00 28.00	150m: 1:30.09 31.11	250m: 2:33.24 31.51	350m: 3:38.40 32.84			
	100m: 58.98 30.98	200m: 2:01.73 31.64	300m: 3:05.56 32.32	400m: 4:09.53 31.13			
Final B							
11.	LISS Thomas	95	Turrita Nuoto	4:03.59	+0,72	737	
	50m: 26.40 26.40	150m: 1:26.26 30.42	250m: 2:29.53 31.94	350m: 3:33.80 32.17			
	100m: 55.84 29.44	200m: 1:57.59 31.33	300m: 3:01.63 32.10	400m: 4:03.59 29.79			

Prova 36, Masc., 400m Livres, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	NUNES Diogo Barbosa	00	Porto	4:04.11	+0,72	732	
	50m: 27.51 27.51	150m: 1:27.46	30.15	250m: 2:29.08	30.73	350m: 3:32.79	31.88
	100m: 57.31 29.80	200m: 1:58.35	30.89	300m: 3:00.91	31.83	400m: 4:04.11	31.32
13.	COSTA Tiago Cunha	99	Sporting	4:08.32	+0,65	696	
	50m: 27.30 27.30	150m: 1:28.83	31.33	250m: 2:32.96	32.09	350m: 3:37.02	31.98
	100m: 57.50 30.20	200m: 2:00.87	32.04	300m: 3:05.04	32.08	400m: 4:08.32	31.30
14.	DEUS Andre Portugal	02	Naval do Funchal	4:08.88	+0,59	691	
	50m: 28.02 28.02	150m: 1:30.24	31.48	250m: 2:34.11	31.98	350m: 3:37.72	31.72
	100m: 58.76 30.74	200m: 2:02.13	31.89	300m: 3:06.00	31.89	400m: 4:08.88	31.16
15.	TRAVANCA Sergio Filipe	00	Leixoes	4:10.04	+0,62	681	
	50m: 27.39 27.39	150m: 1:29.03	31.18	250m: 2:32.58	31.40	350m: 3:37.80	32.29
	100m: 57.85 30.46	200m: 2:01.18	32.15	300m: 3:05.51	32.93	400m: 4:10.04	32.24
16.	CARVALHO Daniel Luis	02	Braga	4:14.41	+0,75	647	
	50m: 28.58 28.58	150m: 1:32.04	32.05	250m: 2:37.30	32.82	350m: 3:42.75	32.72
	100m: 59.99 31.41	200m: 2:04.48	32.44	300m: 3:10.03	32.73	400m: 4:14.41	31.66
17.	MONTEIRO Tomas Penha	02	Alges	4:16.59	+0,69	630	
	50m: 29.09 29.09	150m: 1:32.90	32.28	250m: 2:38.25	32.72	350m: 3:44.08	32.59
	100m: 1:00.62 31.53	200m: 2:05.53	32.63	300m: 3:11.49	33.24	400m: 4:16.59	32.51
18.	NUNES Francisco Costa	02	Salvaterra de Magos	4:16.78	+0,74	629	
	50m: 29.31 29.31	150m: 1:33.49	32.62	250m: 2:39.35	32.79	350m: 3:45.36	32.95
	100m: 1:00.87 31.56	200m: 2:06.56	33.07	300m: 3:12.41	33.06	400m: 4:16.78	31.42
19.	JACINTO Rafael Rodrigues	02	Belenenses	4:17.53	+0,74	624	
	50m: 28.78 28.78	150m: 1:33.02	32.47	250m: 2:39.12	32.95	350m: 3:45.59	32.87
	100m: 1:00.55 31.77	200m: 2:06.17	33.15	300m: 3:12.72	33.60	400m: 4:17.53	31.94
20.	FROTA Paulo Andre	02	Condeixa Clube	4:31.39	+0,73	533	
	50m: 30.17 30.17	150m: 1:36.69	33.84	250m: 2:46.03	34.22	350m: 3:56.68	34.87
	100m: 1:02.85 32.68	200m: 2:11.81	35.12	300m: 3:21.81	35.78	400m: 4:31.39	34.71