

Prova 22 Femin., 200m Costas Juvenis
02-08-2019 - 18:35 Resultados Final

Rec Nac Absoluto	2:15.03	FRISCHKNECHT Rita Barros	SAD	Oeiras	14-04-2019
Rec Nac Juv A	2:17.38	SILVA Joana Carina	LSXXI	Coimbra	05-04-2012
Rec Nac Juv B	2:20.53	REBELO Camila Rodrigues	ALN	Oeiras	21-07-2017

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	AMADO Maria Lopes	04	Individual ANDL	2:23.61	+0,56	644	
	50m: 32.95 32.95	100m: 1:08.63 35.68	150m: 1:45.62	36.99	200m: 2:23.61	37.99	
2.	OLIVEIRA Ana Rita	04	Naval Povoense	2:26.17	+0,62	611	
	50m: 33.05 33.05	100m: 1:09.22 36.17	150m: 1:47.65	38.43	200m: 2:26.17	38.52	
3.	LAGOA Carlota Macedo	05	Bairro dos Anjos/ Leiria	2:28.93	+0,67	578	
	50m: 35.14 35.14	100m: 1:12.80 37.66	150m: 1:50.83	38.03	200m: 2:28.93	38.10	
4.	REIS Erica Cristina	05	Sporting	2:30.65	+0,72	558	
	50m: 35.37 35.37	100m: 1:13.06 37.69	150m: 1:52.48	39.42	200m: 2:30.65	38.17	
5.	FERREIRA Maria Leonor	04	Desportivo Nacional	2:30.73	+0,66	557	
	50m: 34.35 34.35	100m: 1:12.19 37.84	150m: 1:51.68	39.49	200m: 2:30.73	39.05	
6.	COSTA Carolina Fale	04	Colegio Monte Maior	2:31.10	+0,60	553	
	50m: 34.92 34.92	100m: 1:12.99 38.07	150m: 1:51.35	38.36	200m: 2:31.10	39.75	
7.	PAIVA Leonor Correia	04	Louzan Natacao/EFAPEL	2:31.80	+0,70	545	
	50m: 34.57 34.57	100m: 1:12.26 37.69	150m: 1:51.73	39.47	200m: 2:31.80	40.07	
8.	ALVES Ines Sofia	04	Portinado	2:33.35	+0,64	529	
	50m: 36.00 36.00	100m: 1:14.28 38.28	150m: 1:53.85	39.57	200m: 2:33.35	39.50	
9.	COSTA Joana Santos	04	Galitos / Bresimar	2:33.47	+0,71	528	
	50m: 35.33 35.33	100m: 1:13.53 38.20	150m: 1:53.78	40.25	200m: 2:33.47	39.69	
10.	GONCALVES Rita Abibe	05	Gesloures	2:34.69	+0,72	515	
	50m: 36.30 36.30	100m: 1:15.51 39.21	150m: 1:55.94	40.43	200m: 2:34.69	38.75	

Prova 22, Femin., 200m Costas, Final

Prova 22
02-08-2019 - 18:35

Femin., 200m Costas

Open
Resultados Final

Rec Nac Absoluto	2:15.03	FRISCHKNECHT Rita Barros	SAD	Oeiras	14-04-2019
Rec Nac Sen	2:15.03	FRISCHKNECHT Rita Barros	SAD	Oeiras	14-04-2019
Rec Nac Jun17	2:15.53	FRISCHKNECHT Rita Barros	SAD	Coimbra	02-04-2015
Rec Nac Jun16	2:15.72	REBELO Camila Rodrigues	ALN	Coimbra	07-04-2019
Rec Nac Juv A	2:17.38	SILVA Joana Carina	LSXXI	Coimbra	05-04-2012
Rec Nac Juv B	2:20.53	REBELO Camila Rodrigues	ALN	Oeiras	21-07-2017
Rec Nac Inf A	2:23.57	AZEVEDO Rafaela Gomes	POR	Genova (ITA)	20-06-2015
Rec Nac Inf B	2:33.03	SOUSA Keissy Joselin	FCP	Famalicão	27-07-1997

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	FRISCHKNECHT Rita Barros	98	Alges	2:17.01	+0,67	742	
	50m: 31.71 31.71	100m: 1:05.96 34.25	150m: 1:41.62 35.66	200m: 2:17.01 35.39			
2.	CABRAL Maria Francisca	00	Porto	2:21.25	+0,60	677	
	50m: 33.41 33.41	100m: 1:09.24 35.83	150m: 1:45.22 35.98	200m: 2:21.25 36.03			
3.	RAMOS Ana Rita	02	Porto	2:22.25	+0,63	663	
	50m: 33.41 33.41	100m: 1:09.38 35.97	150m: 1:45.49 36.11	200m: 2:22.25 36.76			
4.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:23.22	+0,58	649	
	50m: 32.37 32.37	100m: 1:07.76 35.39	150m: 1:45.33 37.57	200m: 2:23.22 37.89			
5.	PEIXEIRA Filipa Ramos	03	Sporting	2:24.47	+0,66	633	
	50m: 33.26 33.26	100m: 1:09.74 36.48	150m: 1:47.13 37.39	200m: 2:24.47 37.34			
6.	CARDEAL Joana Nunes	02	Academico Viseu	2:25.25	+0,72	623	
	50m: 33.68 33.68	100m: 1:10.76 37.08	150m: 1:48.36 37.60	200m: 2:25.25 36.89			
7.	FREIXO Juliana Lima	97	Braga	2:26.00	+0,59	613	
	50m: 33.56 33.56	100m: 1:10.25 36.69	150m: 1:48.27 38.02	200m: 2:26.00 37.73			
8.	CRUZ Sara Moura	03	Alges	2:26.63	+0,58	605	
	50m: 33.93 33.93	100m: 1:11.20 37.27	150m: 1:48.94 37.74	200m: 2:26.63 37.69			
9.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	2:26.76	+0,69	604	
	50m: 34.73 34.73	100m: 1:11.67 36.94	150m: 1:49.70 38.03	200m: 2:26.76 37.06			
10.	SANTOS Tatiana Filipa	95	Academica de Coimbra	2:27.62	+0,61	593	
	50m: 34.41 34.41	100m: 1:11.82 37.41	150m: 1:49.23 37.41	200m: 2:27.62 38.39			
Final B							
11.	RODRIGUES Luana Correia	01	Belenenses	2:28.10	+0,53	587	
	50m: 34.76 34.76	100m: 1:12.45 37.69	150m: 1:50.25 37.80	200m: 2:28.10 37.85			
12.	MARTINS Maria Esteves	01	Galitos / Bresimar	2:29.11	+0,62	575	
	50m: 34.29 34.29	100m: 1:11.44 37.15	150m: 1:49.95 38.51	200m: 2:29.11 39.16			
13.	FERREIRA Ana Raquel	98	Natacao de Lisboa	2:29.63	+0,65	569	
	50m: 34.60 34.60	100m: 1:12.27 37.67	150m: 1:51.05 38.78	200m: 2:29.63 38.58			
14.	RAMOS Ines Asseiceira	03	Torres Novas	2:29.75	+0,71	568	
	50m: 34.60 34.60	100m: 1:12.87 38.27	150m: 1:52.01 39.14	200m: 2:29.75 37.74			
15.	LASCU Nicoleta	02	Litoral Alentejano	2:30.87	+0,74	556	
	50m: 35.38 35.38	100m: 1:13.43 38.05	150m: 1:52.79 39.36	200m: 2:30.87 38.08			

Prova 22, Femin., 200m Costas, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	MARQUES Mariana Nunes	03	Estarreja	2:32.15	+0,55	542	
	50m: 34.60 34.60	100m: 1:13.17 38.57	150m: 1:52.69	39.52	200m: 2:32.15	39.46	
17.	ALMEIDA Catarina Isabel	02	Vitoria Guimaraes	2:32.54	+0,67	537	
	50m: 34.41 34.41	100m: 1:13.49 39.08	150m: 1:53.38	39.89	200m: 2:32.54	39.16	
18.	MOREIRA Matilde Freitas	01	Academica de Coimbra	2:33.94	+0,79	523	
	50m: 34.84 34.84	100m: 1:14.08 39.24	150m: 1:53.89	39.81	200m: 2:33.94	40.05	
19.	CATARINO Laura Andre	03	CCDSerta	2:34.00	+0,63	522	
	50m: 34.25 34.25	100m: 1:13.96 39.71	150m: 1:54.75	40.79	200m: 2:34.00	39.25	
20.	SOARES Ana Margarida	03	Naval Setubalense	2:34.09	+0,62	521	
	50m: 35.95 35.95	100m: 1:15.14 39.19	150m: 1:54.63	39.49	200m: 2:34.09	39.46	