

Event 16
02-08-2019 - 17:20

Girls, 400m Medley

Juvenis
Results Final

Rec Nac Open	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Juv A	4:58.08	DURAES Diana Margarida	FOCA	Póvoa de Varzim	05-08-2011
Rec Nac Juv B	5:01.00	ROCHA Ines Neto	CAP	Coimbra	24-07-2015

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	SANTOS Leonor Esteves	04	Avancado EUL	5:06.03	+0,70	659	
	50m: 32.56 32.56	150m: 1:51.12 41.81	250m: 3:13.05 41.82	350m: 4:31.76 35.97			
	100m: 1:09.31 36.75	200m: 2:31.23 40.11	300m: 3:55.79 42.74	400m: 5:06.03 34.27			
2.	LOPES Daniela Magalhaes	05	Famalicao	5:07.21	+0,73	651	
	50m: 31.94 31.94	150m: 1:51.35 41.82	250m: 3:16.81 44.67	350m: 4:34.17 34.29			
	100m: 1:09.53 37.59	200m: 2:32.14 40.79	300m: 3:59.88 43.07	400m: 5:07.21 33.04			
3.	DELGADO Soraia Alexandra	05	Sporting	5:09.91	+0,65	634	
	50m: 32.38 32.38	150m: 1:51.73 42.01	250m: 3:14.64 42.69	350m: 4:34.17 35.82			
	100m: 1:09.72 37.34	200m: 2:31.95 40.22	300m: 3:58.35 43.71	400m: 5:09.91 35.74			
4.	CARDEAL Beatriz Nunes	04	Academico Viseu	5:15.15	+0,71	603	
	50m: 32.26 32.26	150m: 1:51.96 42.40	250m: 3:17.46 45.19	350m: 4:39.67 36.24			
	100m: 1:09.56 37.30	200m: 2:32.27 40.31	300m: 4:03.43 45.97	400m: 5:15.15 35.48			
5.	REIS Erica Cristina	05	Sporting	5:18.53	+0,60	584	
	50m: 33.21 33.21	150m: 1:55.69 43.90	250m: 3:22.60 45.19	350m: 4:43.75 35.80			
	100m: 1:11.79 38.58	200m: 2:37.41 41.72	300m: 4:07.95 45.35	400m: 5:18.53 34.78			
6.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	5:20.90	+0,69	571	
	50m: 33.38 33.38	150m: 1:55.63 41.95	250m: 3:23.65 47.44	350m: 4:47.21 34.77			
	100m: 1:13.68 40.30	200m: 2:36.21 40.58	300m: 4:12.44 48.79	400m: 5:20.90 33.69			
7.	LIDIANA CORREIA RODRIGUES L04	Belenenses		5:21.38	+0,77	569	
	50m: 33.67 33.67	150m: 1:55.84 43.36	250m: 3:20.79 43.82	350m: 4:44.55 38.64			
	100m: 1:12.48 38.81	200m: 2:36.97 41.13	300m: 4:05.91 45.12	400m: 5:21.38 36.83			
8.	ESTEVEENS Laura Fabiana	05	Natacao Olhao	5:22.25	+0,69	564	
	50m: 33.52 33.52	150m: 1:56.06 42.56	250m: 3:23.20 45.24	350m: 4:46.80 37.52			
	100m: 1:13.50 39.98	200m: 2:37.96 41.90	300m: 4:09.28 46.08	400m: 5:22.25 35.45			
9.	FERREIRA Marta Oliveira	04	Ginasio Santo Tirso	5:29.11	+0,52	530	
	50m: 34.83 34.83	150m: 1:58.70 42.65	250m: 3:26.80 45.86	350m: 4:53.09 38.81			
	100m: 1:16.05 41.22	200m: 2:40.94 42.24	300m: 4:14.28 47.48	400m: 5:29.11 36.02			
10.	NUNES Margarida Domingues	05	Avancado EUL	5:36.01	+0,81	498	
	50m: 36.22 36.22	150m: 2:04.54 46.45	250m: 3:36.19 46.34	350m: 4:59.66 37.63			
	100m: 1:18.09 41.87	200m: 2:49.85 45.31	300m: 4:22.03 45.84	400m: 5:36.01 36.35			

Event 16, Women, 400m Medley, Final

Event 16 Women, 400m Medley Open
02-08-2019 - 17:20 Results Finals

Rec Nac Open	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Sen	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	09-04-2017
Rec Nac Jun17	4:52.12	KAMINSKAYA Victoria	PIMP	Oeiras	27-07-2012
Rec Nac Jun16	4:54.00	ROCHA Ines Neto	SANNP	Gijón (ESP)	20-05-2017

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
Final A							
1.	KAMINSKAYA Victoria	95	Benfica	4:47.80	+0,73	792	
	50m: 29.60 29.60	150m: 1:41.82 38.10	250m: 2:57.97 39.35	350m: 4:13.20 35.31			
	100m: 1:03.72 34.12	200m: 2:18.62 36.80	300m: 3:37.89 39.92	400m: 4:47.80 34.60			
2.	DURAES Diana Margarida	96	Benfica	4:50.98	+0,74	767	
	50m: 31.34 31.34	150m: 1:45.43 38.48	250m: 3:04.33 41.61	350m: 4:19.18 33.33			
	100m: 1:06.95 35.61	200m: 2:22.72 37.29	300m: 3:45.85 41.52	400m: 4:50.98 31.80			
3.	ANDRE Angelica Maria	94	Fluvial Portuense	4:56.42	+0,71	725	
	50m: 31.73 31.73	150m: 1:46.49 39.28	250m: 3:07.79 41.85	350m: 4:23.11 33.89			
	100m: 1:07.21 35.48	200m: 2:25.94 39.45	300m: 3:49.22 41.43	400m: 4:56.42 33.31			
4.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	5:00.59	+0,68	695	
	50m: 30.60 30.60	150m: 1:47.15 40.88	250m: 3:10.27 42.90	350m: 4:27.97 35.16			
	100m: 1:06.27 35.67	200m: 2:27.37 40.22	300m: 3:52.81 42.54	400m: 5:00.59 32.62			
5.	MACHADO Luisa Maria	01	Uniao Piedense	5:00.60	+0,76	695	
	50m: 30.75 30.75	150m: 1:48.14 40.72	250m: 3:09.65 41.77	350m: 4:26.42 34.80			
	100m: 1:07.42 36.67	200m: 2:27.88 39.74	300m: 3:51.62 41.97	400m: 5:00.60 34.18			
6.	SOUSA Ana Reis	02	Alges	5:05.11	+0,71	665	
	50m: 32.01 32.01	150m: 1:48.64 40.15	250m: 3:10.74 42.96	350m: 4:30.46 36.26			
	100m: 1:08.49 36.48	200m: 2:27.78 39.14	300m: 3:54.20 43.46	400m: 5:05.11 34.65			
7.	CARDEAL Joana Nunes	02	Academico Viseu	5:05.43	+0,79	663	
	50m: 31.12 31.12	150m: 1:48.52 40.69	250m: 3:11.75 44.08	350m: 4:31.50 35.04			
	100m: 1:07.83 36.71	200m: 2:27.67 39.15	300m: 3:56.46 44.71	400m: 5:05.43 33.93			
8.	VELOSO Teresa Miguel	00	Sporting	5:07.52	+0,73	649	
	50m: 32.02 32.02	150m: 1:50.17 40.88	250m: 3:14.27 43.00	350m: 4:33.46 34.89			
	100m: 1:09.29 37.27	200m: 2:31.27 41.10	300m: 3:58.57 44.30	400m: 5:07.52 34.06			
9.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	5:08.71	+0,69	642	
	50m: 32.16 32.16	150m: 1:49.96 40.89	250m: 3:13.71 42.70	350m: 4:33.53 35.76			
	100m: 1:09.07 36.91	200m: 2:31.01 41.05	300m: 3:57.77 44.06	400m: 5:08.71 35.18			
10.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	5:10.47	+0,70	631	
	50m: 32.62 32.62	150m: 1:53.50 42.84	250m: 3:17.51 42.17	350m: 4:35.60 36.12			
	100m: 1:10.66 38.04	200m: 2:35.34 41.84	300m: 3:59.48 41.97	400m: 5:10.47 34.87			
Final B							
11.	AMORIM Maria Leonor	03	Porto	5:09.63	+0,74	636	
	50m: 32.48 32.48	150m: 1:51.53 40.11	250m: 3:15.61 44.98	350m: 4:35.88 35.32			
	100m: 1:11.42 38.94	200m: 2:30.63 39.10	300m: 4:00.56 44.95	400m: 5:09.63 33.75			
12.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	5:14.97	+0,69	604	
	50m: 33.09 33.09	150m: 1:53.28 42.08	250m: 3:19.95 44.55	350m: 4:41.25 35.74			
	100m: 1:11.20 38.11	200m: 2:35.40 42.12	300m: 4:05.51 45.56	400m: 5:14.97 33.72			

Event 16, Women, 400m Medley, Final, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
13.	SILVA Natacha Sofia	02	Benfica	5:15.20	+0,80	603	
	50m: 33.30 33.30 150m: 1:54.08 42.86 250m: 3:19.01 42.64 350m: 4:39.67 36.88						
	100m: 1:11.22 37.92 200m: 2:36.37 42.29 300m: 4:02.79 43.78 400m: 5:15.20 35.53						
14.	RIBEIRO Margarida Messias	98	Gesloures	5:21.04	+0,71	571	
	50m: 33.24 33.24 150m: 1:56.44 43.68 250m: 3:21.80 44.37 350m: 4:45.40 38.34						
	100m: 1:12.76 39.52 200m: 2:37.43 40.99 300m: 4:07.06 45.26 400m: 5:21.04 35.64						
15.	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	5:22.09	+0,78	565	
	50m: 32.74 32.74 150m: 1:53.51 43.13 250m: 3:22.89 46.76 350m: 4:46.68 36.17						
	100m: 1:10.38 37.64 200m: 2:36.13 42.62 300m: 4:10.51 47.62 400m: 5:22.09 35.41						
16.	NEVES Sara Dias	03	Miranda do Corvo	5:22.96	+0,70	560	
	50m: 33.73 33.73 150m: 1:54.65 42.00 250m: 3:22.66 46.71 350m: 4:46.41 36.99						
	100m: 1:12.65 38.92 200m: 2:35.95 41.30 300m: 4:09.42 46.76 400m: 5:22.96 36.55						
17.	MATOS Ana Rita	02	Belenenses	5:25.85	+0,72	546	
	50m: 32.35 32.35 150m: 1:51.89 41.56 250m: 3:20.39 47.39 350m: 4:47.49 38.21						
	100m: 1:10.33 37.98 200m: 2:33.00 41.11 300m: 4:09.28 48.89 400m: 5:25.85 38.36						
18.	SANTOS Madalena Almeida	03	Bombeiros Ponta Delgada	5:31.47	+0,75	518	
	50m: 34.37 34.37 150m: 1:56.86 42.01 250m: 3:27.48 49.22 350m: 4:54.96 37.48						
	100m: 1:14.85 40.48 200m: 2:38.26 41.40 300m: 4:17.48 50.00 400m: 5:31.47 36.51						
19.	HENRIQUES Daniela Mascarenhas	03	Gesloures	5:33.39	+0,73	509	
	50m: 33.30 33.30 150m: 1:56.32 44.46 250m: 3:26.87 47.44 350m: 4:54.99 39.63						
	100m: 1:11.86 38.56 200m: 2:39.43 43.11 300m: 4:15.36 48.49 400m: 5:33.39 38.40						
DSQ	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria				
	<i>403 - Falsa partida - SW 4.4</i>						