

Campeonato Nacional de Juvenis  
Campeonato Nacional Absolutos de Portugal OPEN-CIMAI/MYRTHA  
Funchal, 01 a 04 de Agosto de 2019



Event 15 Boys, 400m Medley Juvenis  
02-08-2019 - 9:00 Results Prelim

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013

TAC Juv A 50m: 5:06.23 - 25m: 4:56.53; Juv B 50m: 5:14.55 - 25m: 5:03.73

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	SIMOES Bernardo Jorge	04	Colegio Vasco da Gama	<b>4:45.16</b>	+0,75	625	
	50m: 29.90 29.90	150m: 1:42.39 37.38	250m: 3:00.08 40.28	350m: 4:13.38 31.94			
	100m: 1:05.01 35.11	200m: 2:19.80 37.41	300m: 3:41.44 41.36	400m: 4:45.16 31.78			
2.	CARNEIRO Joao Soares	03	Benfica	<b>4:47.15</b>	+0,64	612	
	50m: 29.23 29.23	150m: 1:41.86 38.81	250m: 2:59.56 40.02	350m: 4:13.92 35.30			
	100m: 1:03.05 33.82	200m: 2:19.54 37.68	300m: 3:38.62 39.06	400m: 4:47.15 33.23			
3.	SILVA Nuno Marques	04	Bairro dos Anjos/ Leiria	<b>4:51.82</b>	+0,69	583	
	50m: 30.47 30.47	150m: 1:43.94 37.94	250m: 3:03.57 41.51	350m: 4:18.77 33.33			
	100m: 1:06.00 35.53	200m: 2:22.06 38.12	300m: 3:45.44 41.87	400m: 4:51.82 33.05			
4.	ALVES Paulo Rodrigues	04	Desportivo Nacional	<b>4:52.69</b>	+0,75	578	
	50m: 29.88 29.88	150m: 1:45.65 39.81	250m: 3:04.00 39.80	350m: 4:20.42 34.97			
	100m: 1:05.84 35.96	200m: 2:24.20 38.55	300m: 3:45.45 41.45	400m: 4:52.69 32.27			
5.	DIAS Rodrigo Reis	03	Belenenses	<b>4:54.62</b>	+0,65	566	
	50m: 30.68 30.68	150m: 1:44.60 38.03	250m: 3:06.65 43.91	350m: 4:22.55 32.39			
	100m: 1:06.57 35.89	200m: 2:22.74 38.14	300m: 3:50.16 43.51	400m: 4:54.62 32.07			
6.	DIOGO Dinis Miranda	04	Fundacao Beatriz Santos	<b>4:55.74</b>	+0,68	560	
	50m: 30.18 30.18	150m: 1:46.27 39.80	250m: 3:07.19 42.52	350m: 4:23.75 33.52			
	100m: 1:06.47 36.29	200m: 2:24.67 38.40	300m: 3:50.23 43.04	400m: 4:55.74 31.99			
7.	ARAUJO Joao Guilherme	03	Natacao da Maia	<b>4:55.92</b>	+0,84	559	
	50m: 30.12 30.12	150m: 1:44.28 40.01	250m: 3:05.12 42.82	350m: 4:22.12 34.54			
	100m: 1:04.27 34.15	200m: 2:22.30 38.02	300m: 3:47.58 42.46	400m: 4:55.92 33.80			
8.	CRUZ David Miguel	04	Braga	<b>4:56.50</b>	+0,69	556	
	50m: 30.60 30.60	150m: 1:46.94 40.46	250m: 3:08.22 42.89	350m: 4:24.19 33.75			
	100m: 1:06.48 35.88	200m: 2:25.33 38.39	300m: 3:50.44 42.22	400m: 4:56.50 32.31			
9.	CARVALHO Martim Henriques	04	Rio Maior	<b>4:57.66</b>	+0,85	549	
	50m: 30.64 30.64	150m: 1:42.58 37.59	250m: 3:04.98 45.65	350m: 4:25.67 33.28			
	100m: 1:04.99 34.35	200m: 2:19.33 36.75	300m: 3:52.39 47.41	400m: 4:57.66 31.99			
10.	OLIVEIRA Joao Campelo	04	Famalicao	<b>4:58.01</b>	+0,68	547	
	50m: 29.49 29.49	150m: 1:43.40 39.25	250m: 3:04.94 42.93	350m: 4:23.64 35.13			
	100m: 1:04.15 34.66	200m: 2:22.01 38.61	300m: 3:48.51 43.57	400m: 4:58.01 34.37			
11.	FELICIO Tomas Miguel	03	Rio Maior	<b>4:58.78</b>	+0,75	543	
	50m: 30.94 30.94	150m: 1:47.61 40.12	250m: 3:08.27 42.57	350m: 4:25.12 34.24			
	100m: 1:07.49 36.55	200m: 2:25.70 38.09	300m: 3:50.88 42.61	400m: 4:58.78 33.66			
12.	FERREIRA Joao Carlos	03	Porto	<b>4:58.97</b>	+0,65	542	
	50m: 30.93 30.93	150m: 1:45.90 39.20	250m: 3:07.49 43.43	350m: 4:25.43 34.41			
	100m: 1:06.70 35.77	200m: 2:24.06 38.16	300m: 3:51.02 43.53	400m: 4:58.97 33.54			
13.	BORGES David Costa	04	Fluvial Portuense	<b>4:59.66</b>	+0,65	538	
	50m: 29.96 29.96	150m: 1:46.08 40.55	250m: 3:08.65 42.65	350m: 4:26.57 33.38			
	100m: 1:05.53 35.57	200m: 2:26.00 39.92	300m: 3:53.19 44.54	400m: 4:59.66 33.09			

Splash Meet Manager, 11.60220

Registered to Federacao Portuguesa de Natacao

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Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
14.	RELVAS David Ferreira	03	Nautico Marinha Grande	<b>4:59.77</b>	+0,70	538	
	50m: 29.90 29.90	150m: 1:43.19 38.31	250m: 3:06.69 44.93	350m: 4:25.47 33.94			
	100m: 1:04.88 34.98	200m: 2:21.76 38.57	300m: 3:51.53 44.84	400m: 4:59.77 34.30			
15.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	<b>5:00.04</b>	+0,72	536	
	50m: 30.09 30.09	150m: 1:43.94 39.50	250m: 3:06.66 42.87	350m: 4:26.56 35.22			
	100m: 1:04.44 34.35	200m: 2:23.79 39.85	300m: 3:51.34 44.68	400m: 5:00.04 33.48			
16.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	<b>5:01.42</b>	+0,70	529	
	50m: 31.38 31.38	150m: 1:45.43 38.84	250m: 3:08.13 45.03	350m: 4:27.90 35.23			
	100m: 1:06.59 35.21	200m: 2:23.10 37.67	300m: 3:52.67 44.54	400m: 5:01.42 33.52			
17.	PEREIRA Tiago Maia	04	Galitos / Bresimar	<b>5:03.22</b>	+0,79	520	
	50m: 31.41 31.41	150m: 1:48.87 40.78	250m: 3:10.22 42.15	350m: 4:28.56 35.13			
	100m: 1:08.09 36.68	200m: 2:28.07 39.20	300m: 3:53.43 43.21	400m: 5:03.22 34.66			
18.	WANZELLER Goncalo Henriques	03	Belenenses	<b>5:04.28</b>	+0,63	514	
	50m: 29.37 29.37	150m: 1:42.93 38.45	250m: 3:06.54 44.63	350m: 4:29.44 34.95			
	100m: 1:04.48 35.11	200m: 2:21.91 38.98	300m: 3:54.49 47.95	400m: 5:04.28 34.84			
19.	COSTA Hugo Alexandre	03	Natacao de Valongo	<b>5:04.54</b>	+0,75	513	
	50m: 30.99 30.99	150m: 1:47.87 40.73	250m: 3:12.29 44.35	350m: 4:31.60 34.57			
	100m: 1:07.14 36.15	200m: 2:27.94 40.07	300m: 3:57.03 44.74	400m: 5:04.54 32.94			
20.	MENDES Ricardo Ferreira	03	Colegio SMLamas	<b>5:05.02</b>	+0,73	510	
	50m: 31.33 31.33	150m: 1:49.21 42.08	250m: 3:11.02 41.52	350m: 4:29.59 35.25			
	100m: 1:07.13 35.80	200m: 2:29.50 40.29	300m: 3:54.34 43.32	400m: 5:05.02 35.43			
21.	TSYKAL Daniel	04	Alcobaca	<b>5:05.58</b>	+0,67	508	
	50m: 33.16 33.16	150m: 1:52.81 41.35	250m: 3:15.18 42.92	350m: 4:33.52 35.42			
	100m: 1:11.46 38.30	200m: 2:32.26 39.45	300m: 3:58.10 42.92	400m: 5:05.58 32.06			
22.	CARVALHO Antonio Lombardi	04	Belenenses	<b>5:05.59</b>	+0,70	508	
	50m: 31.33 31.33	150m: 1:46.87 39.29	250m: 3:10.87 44.96	350m: 4:31.34 34.90			
	100m: 1:07.58 36.25	200m: 2:25.91 39.04	300m: 3:56.44 45.57	400m: 5:05.59 34.25			
23.	RODRIGUES Rodrigo Reis	04	Sao Roque	<b>5:06.55</b>	+0,61	503	
	50m: 32.32 32.32	150m: 1:50.36 40.00	250m: 3:12.95 43.16	350m: 4:32.59 34.46			
	100m: 1:10.36 38.04	200m: 2:29.79 39.43	300m: 3:58.13 45.18	400m: 5:06.55 33.96			
24.	SANTOS Roberto Pinho	03	Estamos Juntos	<b>5:07.88</b>	+0,80	496	
	50m: 30.72 30.72	150m: 1:48.64 40.57	250m: 3:10.84 41.98	350m: 4:32.87 36.81			
	100m: 1:08.07 37.35	200m: 2:28.86 40.22	300m: 3:56.06 45.22	400m: 5:07.88 35.01			
25.	PEREIRA Diogo Guimaraes	03	Vitoria Guimaraes	<b>5:08.39</b>	+0,83	494	
	50m: 31.46 31.46	150m: 1:49.58 40.98	250m: 3:12.11 41.98	350m: 4:33.41 37.40			
	100m: 1:08.60 37.14	200m: 2:30.13 40.55	300m: 3:56.01 43.90	400m: 5:08.39 34.98			
26.	TEIXEIRA Cesar Rego	04	Famalicao	<b>5:08.78</b>	+0,79	492	
	50m: 31.18 31.18	150m: 1:46.68 39.55	250m: 3:11.69 45.61	350m: 4:33.45 35.65			
	100m: 1:07.13 35.95	200m: 2:26.08 39.40	300m: 3:57.80 46.11	400m: 5:08.78 35.33			
27.	PINTO Afonso Cipriano	04	Sporting	<b>5:09.02</b>	+0,66	491	
	50m: 32.01 32.01	150m: 1:49.80 40.78	250m: 3:14.40 45.75	350m: 4:34.92 34.22			
	100m: 1:09.02 37.01	200m: 2:28.65 38.85	300m: 4:00.70 46.30	400m: 5:09.02 34.10			
28.	TROMBINHAS Tiago Miguel	04	Colegio Monte Maior	<b>5:09.05</b>	+0,76	491	
	50m: 32.29 32.29	150m: 1:51.14 41.65	250m: 3:16.15 44.23	350m: 4:36.20 34.63			
	100m: 1:09.49 37.20	200m: 2:31.92 40.78	300m: 4:01.57 45.42	400m: 5:09.05 32.85			

Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
29.	LOPES Francisco Oliveira	04	Bombeiros Ponta Delgada	<b>5:09.72</b>	+0,89	487	
	50m: 32.43 32.43 150m: 1:52.12 40.72 250m: 3:14.54 41.99 350m: 4:34.58 36.50						
	100m: 1:11.40 38.97 200m: 2:32.55 40.43 300m: 3:58.08 43.54 400m: 5:09.72 35.14						
30.	CORREIA Pedro Henriques	03	Benfica	<b>5:09.78</b>	+0,67	487	
	50m: 31.18 31.18 150m: 1:47.27 40.02 250m: 3:12.71 45.92 350m: 4:34.64 34.70						
	100m: 1:07.25 36.07 200m: 2:26.79 39.52 300m: 3:59.94 47.23 400m: 5:09.78 35.14						
31.	CRISTINO Guilherme Matias	03	Uniao Piedense	<b>5:09.94</b>	+0,77	486	
	50m: 32.35 32.35 150m: 1:51.88 41.98 250m: 3:13.98 43.19 350m: 4:35.53 37.35						
	100m: 1:09.90 37.55 200m: 2:30.79 38.91 300m: 3:58.18 44.20 400m: 5:09.94 34.41						
32.	NOGUEIRA Tiago Morgado	04	Colegio Monte Maior	<b>5:10.00</b>	+0,75	486	
	50m: 31.31 31.31 150m: 1:46.36 39.55 250m: 3:11.81 46.93 350m: 4:35.18 36.81						
	100m: 1:06.81 35.50 200m: 2:24.88 38.52 300m: 3:58.37 46.56 400m: 5:10.00 34.82						
33.	PINTO Guilherme Lobo	04	Foca	<b>5:12.00</b>	+0,67	477	
	50m: 32.41 32.41 150m: 1:50.33 40.06 250m: 3:15.68 46.00 350m: 4:37.00 34.57						
	100m: 1:10.27 37.86 200m: 2:29.68 39.35 300m: 4:02.43 46.75 400m: 5:12.00 35.00						
34.	CARVALHO Goncalo Renato	04	Porto	<b>5:12.41</b>	+0,70	475	
	50m: 33.04 33.04 150m: 1:53.06 40.93 250m: 3:18.14 44.06 350m: 4:38.91 35.23						
	100m: 1:12.13 39.09 200m: 2:34.08 41.02 300m: 4:03.68 45.54 400m: 5:12.41 33.50						
35.	MATOS Rodrigo Vieira	03	Individual ANMAD	<b>5:12.54</b>	+0,78	474	
	50m: 31.83 31.83 150m: 1:52.35 44.71 250m: 3:16.20 40.76 350m: 4:37.01 37.86						
	100m: 1:07.64 35.81 200m: 2:35.44 43.09 300m: 3:59.15 42.95 400m: 5:12.54 35.53						
36.	PARENTE Salvador Ataíde	03	Gesloures	<b>5:12.81</b>	+0,65	473	
	50m: 30.61 30.61 150m: 1:48.88 42.35 250m: 3:13.97 44.03 350m: 4:37.16 36.94						
	100m: 1:06.53 35.92 200m: 2:29.94 41.06 300m: 4:00.22 46.25 400m: 5:12.81 35.65						
37.	PEREIRA Jose Goncalo	04	Fafe	<b>5:12.96</b>	+0,75	472	
	50m: 31.93 31.93 150m: 1:52.19 42.67 250m: 3:14.93 41.71 350m: 4:36.38 37.71						
	100m: 1:09.52 37.59 200m: 2:33.22 41.03 300m: 3:58.67 43.74 400m: 5:12.96 36.58						
38.	NEAGU Tiberius Sebastian	04	Academico Viseu	<b>5:13.27</b>	+0,69	471	
	50m: 30.93 30.93 150m: 1:50.39 41.98 250m: 3:15.21 43.66 350m: 4:37.71 36.98						
	100m: 1:08.41 37.48 200m: 2:31.55 41.16 300m: 4:00.73 45.52 400m: 5:13.27 35.56						
39.	CORREIA Francisco Alves	04	Litoral Alentejano	<b>5:13.39</b>	+0,78	471	
	50m: 30.43 30.43 150m: 1:46.77 40.74 250m: 3:13.27 45.16 350m: 4:35.59 36.54						
	100m: 1:06.03 35.60 200m: 2:28.11 41.34 300m: 3:59.05 45.78 400m: 5:13.39 37.80						
40.	AFONSO Francisco Lopes	03	Ginasio de Vila Real	<b>5:14.65</b>	+0,64	465	
	50m: 31.25 31.25 150m: 1:50.72 42.00 250m: 3:15.27 42.85 350m: 4:38.42 37.99						
	100m: 1:08.72 37.47 200m: 2:32.42 41.70 300m: 4:00.43 45.16 400m: 5:14.65 36.23						
41.	LOPES Tiago Fanha	04	Natacao do Montijo	<b>5:14.94</b>	+0,72	464	
	50m: 33.28 33.28 150m: 1:52.49 39.53 250m: 3:17.10 43.97 350m: 4:38.93 35.91						
	100m: 1:12.96 39.68 200m: 2:33.13 40.64 300m: 4:03.02 45.92 400m: 5:14.94 36.01						
42.	NASCIMENTO Angelo Miranda	04	Natacao Olhao	<b>5:15.13</b>	+0,78	463	
	50m: 30.87 30.87 150m: 1:50.12 43.93 250m: 3:18.17 45.31 350m: 4:40.52 36.92						
	100m: 1:06.19 35.32 200m: 2:32.86 42.74 300m: 4:03.60 45.43 400m: 5:15.13 34.61						
43.	SILVA Frederico Ferreira	04	Famalicao	<b>5:16.10</b>	+0,79	459	
	50m: 30.74 30.74 150m: 1:47.25 39.80 250m: 3:14.93 48.68 350m: 4:40.79 36.31						
	100m: 1:07.45 36.71 200m: 2:26.25 39.00 300m: 4:04.48 49.55 400m: 5:16.10 35.31						

Event 15, Boys, 400m Medley, Prelim, Juvenis

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
44.	SANTOS Joao Afonso	04	Sporting	<b>5:18.48</b>	+0,76	448	
	50m: 32.62 32.62	150m: 1:51.18 41.48	250m: 3:17.93 46.33	350m: 4:41.93 37.35			
	100m: 1:09.70 37.08	200m: 2:31.60 40.42	300m: 4:04.58 46.65	400m: 5:18.48 36.55			
DSQ	APSENEICE Kevins Alexandre	04	Porto				
	<i>722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6</i>						
DNS	FAIA Mateus Costa	03	Famalicao				
DNS	SIMOES Miguel Costa	04	Cova da Piedade				

Event 15 Men, 400m Medley Open  
02-08-2019 - 9:00 Results Prelim

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08-07-2018
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore	29-08-2015
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013
Rec Nac Inf A	4:46.20	FREITAS Tomas Miguel	CDN	Póvoa Varzim	23-07-2004
Rec Nac Inf B	4:54.87	RUIVO Andre Vilas	DNMG	S. Joao da Madeira	12-07-2013

TAC Sen 50m: 4:46.31 - 25m: 4:39.69; Jun 50m: 4:55.96 - 25m: 4:45.97; Juv A 50m: 5:06.23 - 25m: 4:56.53; Juv B 50m: 5:14.55 - 25m: 5:03.73

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	VITAL Joao Alexandre	98	Sporting	<b>4:27.44</b>	+0,62	757	
	50m: 27.67 27.67	150m: 1:32.74 33.94	250m: 2:43.95 38.10	350m: 3:55.12 32.79			
	100m: 58.80 31.13	200m: 2:05.85 33.11	300m: 3:22.33 38.38	400m: 4:27.44 32.32			
2.	LOPES Jose Paulo	00	Braga	<b>4:28.21</b>	+0,67	751	
	50m: 28.13 28.13	150m: 1:34.90 35.13	250m: 2:47.22 38.26	350m: 3:57.80 31.61			
	100m: 59.77 31.64	200m: 2:08.96 34.06	300m: 3:26.19 38.97	400m: 4:28.21 30.41			
3.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	<b>4:36.17</b>	+0,62	688	
	50m: 28.30 28.30	150m: 1:37.64 36.19	250m: 2:52.62 39.62	350m: 4:06.23 33.75			
	100m: 1:01.45 33.15	200m: 2:13.00 35.36	300m: 3:32.48 39.86	400m: 4:36.17 29.94			
4.	CRISTINO David Matias	01	Uniao Piedense	<b>4:36.81</b>	+0,74	683	
	50m: 29.07 29.07	150m: 1:38.28 35.21	250m: 2:54.47 41.32	350m: 4:07.26 31.21			
	100m: 1:03.07 34.00	200m: 2:13.15 34.87	300m: 3:36.05 41.58	400m: 4:36.81 29.55			
5.	BASTOS Lucas Pereira	00	Nautico Academico	<b>4:36.88</b>	+0,72	683	
	50m: 28.70 28.70	150m: 1:38.91 37.19	250m: 2:53.97 38.58	350m: 4:06.28 33.01			
	100m: 1:01.72 33.02	200m: 2:15.39 36.48	300m: 3:33.27 39.30	400m: 4:36.88 30.60			
6.	SIMOES Rafael Gomes	00	Braga	<b>4:38.09</b>	+0,81	674	
	50m: 28.67 28.67	150m: 1:39.62 37.39	250m: 2:53.44 38.32	350m: 4:06.16 33.70			
	100m: 1:02.23 33.56	200m: 2:15.12 35.50	300m: 3:32.46 39.02	400m: 4:38.09 31.93			
7.	SILVA Tomas Antonio	01	Naval do Funchal	<b>4:38.60</b>	+0,58	670	
	50m: 28.91 28.91	150m: 1:38.84 36.03	250m: 2:54.37 38.65	350m: 4:06.40 32.55			
	100m: 1:02.81 33.90	200m: 2:15.72 36.88	300m: 3:33.85 39.48	400m: 4:38.60 32.20			
8.	CORDEIRO Tiago Roberto	00	Benfica	<b>4:39.89</b>	+0,67	661	
	50m: 28.12 28.12	150m: 1:36.89 36.86	250m: 2:54.01 41.17	350m: 4:07.75 32.77			
	100m: 1:00.03 31.91	200m: 2:12.84 35.95	300m: 3:34.98 40.97	400m: 4:39.89 32.14			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
9.	FERNANDES Eduardo Gomes	02	Sporting	<b>4:40.21</b>	+0,73	658	
	50m: 29.65 29.65 150m: 1:41.70 37.00 250m: 2:56.40 39.19 350m: 4:09.34 32.69						
	100m: 1:04.70 35.05 200m: 2:17.21 35.51 300m: 3:36.65 40.25 400m: 4:40.21 30.87						
10.	CATALAO Daniel Nogueira	00	Benfica	<b>4:40.93</b>	+0,59	653	
	50m: 28.55 28.55 150m: 1:38.14 36.87 250m: 2:54.69 39.54 350m: 4:08.39 33.11						
	100m: 1:01.27 32.72 200m: 2:15.15 37.01 300m: 3:35.28 40.59 400m: 4:40.93 32.54						
11.	SAMPAIO Jose Pedro	98	Fluvial Portuense	<b>4:42.83</b>	+0,71	640	
	50m: 28.43 28.43 150m: 1:37.34 35.79 250m: 2:55.25 41.35 350m: 4:10.51 32.13						
	100m: 1:01.55 33.12 200m: 2:13.90 36.56 300m: 3:38.38 43.13 400m: 4:42.83 32.32						
12.	SIMOES Bernardo Jorge	04	Colegio Vasco da Gama	<b>4:45.16</b>	+0,75	625	
	50m: 29.90 29.90 150m: 1:42.39 37.38 250m: 3:00.08 40.28 350m: 4:13.38 31.94						
	100m: 1:05.01 35.11 200m: 2:19.80 37.41 300m: 3:41.44 41.36 400m: 4:45.16 31.78						
13.	SILVA Henrique Gomes	02	Estamos Juntos	<b>4:46.53</b>	+0,66	616	
	50m: 29.03 29.03 150m: 1:40.18 36.87 250m: 2:57.55 40.98 350m: 4:14.11 33.71						
	100m: 1:03.31 34.28 200m: 2:16.57 36.39 300m: 3:40.40 42.85 400m: 4:46.53 32.42						
14.	CARNEIRO Joao Soares	03	Benfica	<b>4:47.15</b>	+0,64	612	
	50m: 29.23 29.23 150m: 1:41.86 38.81 250m: 2:59.56 40.02 350m: 4:13.92 35.30						
	100m: 1:03.05 33.82 200m: 2:19.54 37.68 300m: 3:38.62 39.06 400m: 4:47.15 33.23						
15.	ALVES Nuno Rafael	90	Aquatico Pacense	<b>4:47.65</b>	+0,80	609	
	50m: 30.03 30.03 150m: 1:43.24 38.92 250m: 3:01.16 40.41 350m: 4:14.87 33.55						
	100m: 1:04.32 34.29 200m: 2:20.75 37.51 300m: 3:41.32 40.16 400m: 4:47.65 32.78						
16.	GASPAR Miguel Caridade	99	Academica de Coimbra	<b>4:48.14</b>	+0,67	606	
	50m: 30.95 30.95 150m: 1:45.69 38.72 250m: 3:00.76 37.65 350m: 4:14.39 35.00						
	100m: 1:06.97 36.02 200m: 2:23.11 37.42 300m: 3:39.39 38.63 400m: 4:48.14 33.75						
17.	DINIS Tiago Moises	98	Nautico Academico	<b>4:49.37</b>	+0,69	598	
	50m: 29.35 29.35 150m: 1:41.24 37.83 250m: 3:00.29 41.47 350m: 4:16.99 34.46						
	100m: 1:03.41 34.06 200m: 2:18.82 37.58 300m: 3:42.53 42.24 400m: 4:49.37 32.38						
18.	SILVA Pedro Miguel	94	Colegio Monte Maior	<b>4:49.76</b>	+0,66	595	
	50m: 30.26 30.26 150m: 1:43.90 37.63 250m: 3:01.15 40.09 350m: 4:16.24 34.33						
	100m: 1:06.27 36.01 200m: 2:21.06 37.16 300m: 3:41.91 40.76 400m: 4:49.76 33.52						
19.	GORDO Goncalo Morais	02	Colegio Monte Maior	<b>4:49.92</b>	+0,76	594	
	50m: 29.59 29.59 150m: 1:42.14 38.42 250m: 3:01.82 41.49 350m: 4:17.92 34.74						
	100m: 1:03.72 34.13 200m: 2:20.33 38.19 300m: 3:43.18 41.36 400m: 4:49.92 32.00						
20.	SILVA Paulo Filipe	98	Natacao da Maia	<b>4:50.66</b>	+0,86	590	
	50m: 29.70 29.70 150m: 1:40.96 37.46 250m: 3:00.01 42.72 350m: 4:18.25 33.92						
	100m: 1:03.50 33.80 200m: 2:17.29 36.33 300m: 3:44.33 44.32 400m: 4:50.66 32.41						
21.	LUZ Filipe Ferreira	98	Gesloures	<b>4:51.65</b>	+0,71	584	
	50m: 30.53 30.53 150m: 1:43.10 36.86 250m: 3:02.83 43.16 350m: 4:19.38 33.12						
	100m: 1:06.24 35.71 200m: 2:19.67 36.57 300m: 3:46.26 43.43 400m: 4:51.65 32.27						
22.	SILVA Nuno Marques	04	Bairro dos Anjos/ Leiria	<b>4:51.82</b>	+0,69	583	
	50m: 30.47 30.47 150m: 1:43.94 37.94 250m: 3:03.57 41.51 350m: 4:18.77 33.33						
	100m: 1:06.00 35.53 200m: 2:22.06 38.12 300m: 3:45.44 41.87 400m: 4:51.82 33.05						
23.	MALFEITO Martim Rebelo	02	Sporting	<b>4:52.35</b>	+0,73	580	
	50m: 30.78 30.78 150m: 1:47.11 40.54 250m: 3:05.86 39.17 350m: 4:19.54 33.57						
	100m: 1:06.57 35.79 200m: 2:26.69 39.58 300m: 3:45.97 40.11 400m: 4:52.35 32.81						

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
24.	ALVES Paulo Rodrigues	04	Desportivo Nacional	<b>4:52.69</b>	+0,75	578	
	50m: 29.88 29.88	150m: 1:45.65 39.81	250m: 3:04.00 39.80	350m: 4:20.42 34.97			
	100m: 1:05.84 35.96	200m: 2:24.20 38.55	300m: 3:45.45 41.45	400m: 4:52.69 32.27			
25.	MONTEIRO Tomas Penha	02	Alges	<b>4:53.06</b>	+0,65	576	
	50m: 30.32 30.32	150m: 1:44.00 38.69	250m: 3:05.06 43.37	350m: 4:21.42 32.33			
	100m: 1:05.31 34.99	200m: 2:21.69 37.69	300m: 3:49.09 44.03	400m: 4:53.06 31.64			
26.	JOAQUIM Andre Serro	00	Portinado	<b>4:53.37</b>	+0,73	574	
	50m: 30.00 30.00	150m: 1:41.08 37.37	250m: 3:00.75 42.63	350m: 4:18.03 33.30			
	100m: 1:03.71 33.71	200m: 2:18.12 37.04	300m: 3:44.73 43.98	400m: 4:53.37 35.34			
27.	BRAS Ricardo Martins	01	Belenenses	<b>4:53.66</b>	+0,66	572	
	50m: 30.85 30.85	150m: 1:45.71 38.29	250m: 3:04.82 40.92	350m: 4:21.56 34.28			
	100m: 1:07.42 36.57	200m: 2:23.90 38.19	300m: 3:47.28 42.46	400m: 4:53.66 32.10			
28.	PINTO Pedro Miguel	02	Sporting	<b>4:53.93</b>	+0,71	570	
	50m: 29.38 29.38	150m: 1:42.76 39.16	250m: 3:03.61 41.95	350m: 4:19.85 34.02			
	100m: 1:03.60 34.22	200m: 2:21.66 38.90	300m: 3:45.83 42.22	400m: 4:53.93 34.08			
29.	AGUIAR Gabriel Silva	01	Porto	<b>4:54.28</b>	+0,59	568	
	50m: 28.93 28.93	150m: 1:41.63 39.24	250m: 3:02.63 41.62	350m: 4:20.59 35.82			
	100m: 1:02.39 33.46	200m: 2:21.01 39.38	300m: 3:44.77 42.14	400m: 4:54.28 33.69			
30.	DIAS Rodrigo Reis	03	Belenenses	<b>4:54.62</b>	+0,65	566	
	50m: 30.68 30.68	150m: 1:44.60 38.03	250m: 3:06.65 43.91	350m: 4:22.55 32.39			
	100m: 1:06.57 35.89	200m: 2:22.74 38.14	300m: 3:50.16 43.51	400m: 4:54.62 32.07			
31.	DIOGO Dinis Miranda	04	Fundacao Beatriz Santos	<b>4:55.74</b>	+0,68	560	
	50m: 30.18 30.18	150m: 1:46.27 39.80	250m: 3:07.19 42.52	350m: 4:23.75 33.52			
	100m: 1:06.47 36.29	200m: 2:24.67 38.40	300m: 3:50.23 43.04	400m: 4:55.74 31.99			
32.	ARAUJO Joao Guilherme	03	Natacao da Maia	<b>4:55.92</b>	+0,84	559	
	50m: 30.12 30.12	150m: 1:44.28 40.01	250m: 3:05.12 42.82	350m: 4:22.12 34.54			
	100m: 1:04.27 34.15	200m: 2:22.30 38.02	300m: 3:47.58 42.46	400m: 4:55.92 33.80			
33.	RODRIGUES Pedro Simoes	01	Uniao Coimbra	<b>4:56.03</b>	+0,76	558	
	50m: 29.98 29.98	150m: 1:45.89 41.04	250m: 3:03.99 39.27	350m: 4:21.21 37.57			
	100m: 1:04.85 34.87	200m: 2:24.72 38.83	300m: 3:43.64 39.65	400m: 4:56.03 34.82			
34.	CRUZ David Miguel	04	Braga	<b>4:56.50</b>	+0,69	556	
	50m: 30.60 30.60	150m: 1:46.94 40.46	250m: 3:08.22 42.89	350m: 4:24.19 33.75			
	100m: 1:06.48 35.88	200m: 2:25.33 38.39	300m: 3:50.44 42.22	400m: 4:56.50 32.31			
35.	PIEIDADE Sebastiao Limbert	00	Alges	<b>4:57.46</b>	+0,71	550	
	50m: 29.97 29.97	150m: 1:43.88 38.14	250m: 3:05.41 42.41	350m: 4:22.90 33.97			
	100m: 1:05.74 35.77	200m: 2:23.00 39.12	300m: 3:48.93 43.52	400m: 4:57.46 34.56			
36.	CARVALHO Martim Henriques	04	Rio Maior	<b>4:57.66</b>	+0,85	549	
	50m: 30.64 30.64	150m: 1:42.58 37.59	250m: 3:04.98 45.65	350m: 4:25.67 33.28			
	100m: 1:04.99 34.35	200m: 2:19.33 36.75	300m: 3:52.39 47.41	400m: 4:57.66 31.99			
37.	OLIVEIRA Joao Campelo	04	Famalicao	<b>4:58.01</b>	+0,68	547	
	50m: 29.49 29.49	150m: 1:43.40 39.25	250m: 3:04.94 42.93	350m: 4:23.64 35.13			
	100m: 1:04.15 34.66	200m: 2:22.01 38.61	300m: 3:48.51 43.57	400m: 4:58.01 34.37			
38.	FELICIO Tomas Miguel	03	Rio Maior	<b>4:58.78</b>	+0,75	543	
	50m: 30.94 30.94	150m: 1:47.61 40.12	250m: 3:08.27 42.57	350m: 4:25.12 34.24			
	100m: 1:07.49 36.55	200m: 2:25.70 38.09	300m: 3:50.88 42.61	400m: 4:58.78 33.66			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
39.	FERREIRA Joao Carlos	03	Porto	<b>4:58.97</b>	+0,65	542	
	50m: 30.93 30.93	150m: 1:45.90 39.20	250m: 3:07.49 43.43	350m: 4:25.43 34.41			
	100m: 1:06.70 35.77	200m: 2:24.06 38.16	300m: 3:51.02 43.53	400m: 4:58.97 33.54			
40.	BORGES David Costa	04	Fluvial Portuense	<b>4:59.66</b>	+0,65	538	
	50m: 29.96 29.96	150m: 1:46.08 40.55	250m: 3:08.65 42.65	350m: 4:26.57 33.38			
	100m: 1:05.53 35.57	200m: 2:26.00 39.92	300m: 3:53.19 44.54	400m: 4:59.66 33.09			
41.	RELVAS David Ferreira	03	Nautico Marinha Grande	<b>4:59.77</b>	+0,70	538	
	50m: 29.90 29.90	150m: 1:43.19 38.31	250m: 3:06.69 44.93	350m: 4:25.47 33.94			
	100m: 1:04.88 34.98	200m: 2:21.76 38.57	300m: 3:51.53 44.84	400m: 4:59.77 34.30			
42.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	<b>5:00.04</b>	+0,72	536	
	50m: 30.09 30.09	150m: 1:43.94 39.50	250m: 3:06.66 42.87	350m: 4:26.56 35.22			
	100m: 1:04.44 34.35	200m: 2:23.79 39.85	300m: 3:51.34 44.68	400m: 5:00.04 33.48			
43.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	<b>5:01.42</b>	+0,70	529	
	50m: 31.38 31.38	150m: 1:45.43 38.84	250m: 3:08.13 45.03	350m: 4:27.90 35.23			
	100m: 1:06.59 35.21	200m: 2:23.10 37.67	300m: 3:52.67 44.54	400m: 5:01.42 33.52			
44.	PEREIRA Tiago Maia	04	Galitos / Bresimar	<b>5:03.22</b>	+0,79	520	
	50m: 31.41 31.41	150m: 1:48.87 40.78	250m: 3:10.22 42.15	350m: 4:28.56 35.13			
	100m: 1:08.09 36.68	200m: 2:28.07 39.20	300m: 3:53.43 43.21	400m: 5:03.22 34.66			
45.	WANZELLER Goncalo Henriques	03	Belenenses	<b>5:04.28</b>	+0,63	514	
	50m: 29.37 29.37	150m: 1:42.93 38.45	250m: 3:06.54 44.63	350m: 4:29.44 34.95			
	100m: 1:04.48 35.11	200m: 2:21.91 38.98	300m: 3:54.49 47.95	400m: 5:04.28 34.84			
46.	COSTA Hugo Alexandre	03	Natacao de Valongo	<b>5:04.54</b>	+0,75	513	
	50m: 30.99 30.99	150m: 1:47.87 40.73	250m: 3:12.29 44.35	350m: 4:31.60 34.57			
	100m: 1:07.14 36.15	200m: 2:27.94 40.07	300m: 3:57.03 44.74	400m: 5:04.54 32.94			
47.	MENDES Ricardo Ferreira	03	Colegio SMLamas	<b>5:05.02</b>	+0,73	510	
	50m: 31.33 31.33	150m: 1:49.21 42.08	250m: 3:11.02 41.52	350m: 4:29.59 35.25			
	100m: 1:07.13 35.80	200m: 2:29.50 40.29	300m: 3:54.34 43.32	400m: 5:05.02 35.43			
48.	TSYKAL Daniel	04	Alcobaca	<b>5:05.58</b>	+0,67	508	
	50m: 33.16 33.16	150m: 1:52.81 41.35	250m: 3:15.18 42.92	350m: 4:33.52 35.42			
	100m: 1:11.46 38.30	200m: 2:32.26 39.45	300m: 3:58.10 42.92	400m: 5:05.58 32.06			
49.	CARVALHO Antonio Lombardi	04	Belenenses	<b>5:05.59</b>	+0,70	508	
	50m: 31.33 31.33	150m: 1:46.87 39.29	250m: 3:10.87 44.96	350m: 4:31.34 34.90			
	100m: 1:07.58 36.25	200m: 2:25.91 39.04	300m: 3:56.44 45.57	400m: 5:05.59 34.25			
50.	RODRIGUES Rodrigo Reis	04	Sao Roque	<b>5:06.55</b>	+0,61	503	
	50m: 32.32 32.32	150m: 1:50.36 40.00	250m: 3:12.95 43.16	350m: 4:32.59 34.46			
	100m: 1:10.36 38.04	200m: 2:29.79 39.43	300m: 3:58.13 45.18	400m: 5:06.55 33.96			
51.	SANTOS Roberto Pinho	03	Estamos Juntos	<b>5:07.88</b>	+0,80	496	
	50m: 30.72 30.72	150m: 1:48.64 40.57	250m: 3:10.84 41.98	350m: 4:32.87 36.81			
	100m: 1:08.07 37.35	200m: 2:28.86 40.22	300m: 3:56.06 45.22	400m: 5:07.88 35.01			
52.	PEREIRA Diogo Guimaraes	03	Vitoria Guimaraes	<b>5:08.39</b>	+0,83	494	
	50m: 31.46 31.46	150m: 1:49.58 40.98	250m: 3:12.11 41.98	350m: 4:33.41 37.40			
	100m: 1:08.60 37.14	200m: 2:30.13 40.55	300m: 3:56.01 43.90	400m: 5:08.39 34.98			
53.	TEIXEIRA Cesar Rego	04	Famalicao	<b>5:08.78</b>	+0,79	492	
	50m: 31.18 31.18	150m: 1:46.68 39.55	250m: 3:11.69 45.61	350m: 4:33.45 35.65			
	100m: 1:07.13 35.95	200m: 2:26.08 39.40	300m: 3:57.80 46.11	400m: 5:08.78 35.33			

Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
54.	PINTO Afonso Cipriano	04	Sporting	<b>5:09.02</b>	+0,66	491	
	50m: 32.01 32.01 150m: 1:49.80 40.78 250m: 3:14.40 45.75 350m: 4:34.92 34.22						
	100m: 1:09.02 37.01 200m: 2:28.65 38.85 300m: 4:00.70 46.30 400m: 5:09.02 34.10						
55.	TROMBINHAS Tiago Miguel	04	Colegio Monte Maior	<b>5:09.05</b>	+0,76	491	
	50m: 32.29 32.29 150m: 1:51.14 41.65 250m: 3:16.15 44.23 350m: 4:36.20 34.63						
	100m: 1:09.49 37.20 200m: 2:31.92 40.78 300m: 4:01.57 45.42 400m: 5:09.05 32.85						
56.	LOPES Francisco Oliveira	04	Bombeiros Ponta Delgada	<b>5:09.72</b>	+0,89	487	
	50m: 32.43 32.43 150m: 1:52.12 40.72 250m: 3:14.54 41.99 350m: 4:34.58 36.50						
	100m: 1:11.40 38.97 200m: 2:32.55 40.43 300m: 3:58.08 43.54 400m: 5:09.72 35.14						
57.	CORREIA Pedro Henriques	03	Benfica	<b>5:09.78</b>	+0,67	487	
	50m: 31.18 31.18 150m: 1:47.27 40.02 250m: 3:12.71 45.92 350m: 4:34.64 34.70						
	100m: 1:07.25 36.07 200m: 2:26.79 39.52 300m: 3:59.94 47.23 400m: 5:09.78 35.14						
58.	MELO Filipe Ferrao	01	Naval Setubalense	<b>5:09.81</b>	+0,69	487	
	50m: 30.05 30.05 150m: 1:46.32 41.21 250m: 3:10.06 43.27 350m: 4:33.05 38.48						
	100m: 1:05.11 35.06 200m: 2:26.79 40.47 300m: 3:54.57 44.51 400m: 5:09.81 36.76						
59.	CRISTINO Guilherme Matias	03	Uniao Piedense	<b>5:09.94</b>	+0,77	486	
	50m: 32.35 32.35 150m: 1:51.88 41.98 250m: 3:13.98 43.19 350m: 4:35.53 37.35						
	100m: 1:09.90 37.55 200m: 2:30.79 38.91 300m: 3:58.18 44.20 400m: 5:09.94 34.41						
60.	NOGUEIRA Tiago Morgado	04	Colegio Monte Maior	<b>5:10.00</b>	+0,75	486	
	50m: 31.31 31.31 150m: 1:46.36 39.55 250m: 3:11.81 46.93 350m: 4:35.18 36.81						
	100m: 1:06.81 35.50 200m: 2:24.88 38.52 300m: 3:58.37 46.56 400m: 5:10.00 34.82						
61.	PINTO Guilherme Lobo	04	Foca	<b>5:12.00</b>	+0,67	477	
	50m: 32.41 32.41 150m: 1:50.33 40.06 250m: 3:15.68 46.00 350m: 4:37.00 34.57						
	100m: 1:10.27 37.86 200m: 2:29.68 39.35 300m: 4:02.43 46.75 400m: 5:12.00 35.00						
62.	CARVALHO Goncalo Renato	04	Porto	<b>5:12.41</b>	+0,70	475	
	50m: 33.04 33.04 150m: 1:53.06 40.93 250m: 3:18.14 44.06 350m: 4:38.91 35.23						
	100m: 1:12.13 39.09 200m: 2:34.08 41.02 300m: 4:03.68 45.54 400m: 5:12.41 33.50						
63.	MATOS Rodrigo Vieira	03	Individual ANMAD	<b>5:12.54</b>	+0,78	474	
	50m: 31.83 31.83 150m: 1:52.35 44.71 250m: 3:16.20 40.76 350m: 4:37.01 37.86						
	100m: 1:07.64 35.81 200m: 2:35.44 43.09 300m: 3:59.15 42.95 400m: 5:12.54 35.53						
64.	PARENTE Salvador Ataide	03	Gesloures	<b>5:12.81</b>	+0,65	473	
	50m: 30.61 30.61 150m: 1:48.88 42.35 250m: 3:13.97 44.03 350m: 4:37.16 36.94						
	100m: 1:06.53 35.92 200m: 2:29.94 41.06 300m: 4:00.22 46.25 400m: 5:12.81 35.65						
65.	PEREIRA Jose Goncalo	04	Fafe	<b>5:12.96</b>	+0,75	472	
	50m: 31.93 31.93 150m: 1:52.19 42.67 250m: 3:14.93 41.71 350m: 4:36.38 37.71						
	100m: 1:09.52 37.59 200m: 2:33.22 41.03 300m: 3:58.67 43.74 400m: 5:12.96 36.58						
66.	NEAGU Tiberius Sebastian	04	Academico Viseu	<b>5:13.27</b>	+0,69	471	
	50m: 30.93 30.93 150m: 1:50.39 41.98 250m: 3:15.21 43.66 350m: 4:37.71 36.98						
	100m: 1:08.41 37.48 200m: 2:31.55 41.16 300m: 4:00.73 45.52 400m: 5:13.27 35.56						
67.	CORREIA Francisco Alves	04	Litoral Alentejano	<b>5:13.39</b>	+0,78	471	
	50m: 30.43 30.43 150m: 1:46.77 40.74 250m: 3:13.27 45.16 350m: 4:35.59 36.54						
	100m: 1:06.03 35.60 200m: 2:28.11 41.34 300m: 3:59.05 45.78 400m: 5:13.39 37.80						
68.	AFONSO Francisco Lopes	03	Ginasio de Vila Real	<b>5:14.65</b>	+0,64	465	
	50m: 31.25 31.25 150m: 1:50.72 42.00 250m: 3:15.27 42.85 350m: 4:38.42 37.99						
	100m: 1:08.72 37.47 200m: 2:32.42 41.70 300m: 4:00.43 45.16 400m: 5:14.65 36.23						



Event 15, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
69.	LOPES Tiago Fanha	04	Natacao do Montijo	<b>5:14.94</b>	+0,72	464	
	50m: 33.28 33.28 150m: 1:52.49 39.53 250m: 3:17.10 43.97 350m: 4:38.93 35.91						
	100m: 1:12.96 39.68 200m: 2:33.13 40.64 300m: 4:03.02 45.92 400m: 5:14.94 36.01						
70.	NASCIMENTO Angelo Miranda	04	Natacao Olhao	<b>5:15.13</b>	+0,78	463	
	50m: 30.87 30.87 150m: 1:50.12 43.93 250m: 3:18.17 45.31 350m: 4:40.52 36.92						
	100m: 1:06.19 35.32 200m: 2:32.86 42.74 300m: 4:03.60 45.43 400m: 5:15.13 34.61						
71.	SILVA Frederico Ferreira	04	Famalicao	<b>5:16.10</b>	+0,79	459	
	50m: 30.74 30.74 150m: 1:47.25 39.80 250m: 3:14.93 48.68 350m: 4:40.79 36.31						
	100m: 1:07.45 36.71 200m: 2:26.25 39.00 300m: 4:04.48 49.55 400m: 5:16.10 35.31						
72.	SANTOS Joao Afonso	04	Sporting	<b>5:18.48</b>	+0,76	448	
	50m: 32.62 32.62 150m: 1:51.18 41.48 250m: 3:17.93 46.33 350m: 4:41.93 37.35						
	100m: 1:09.70 37.08 200m: 2:31.60 40.42 300m: 4:04.58 46.65 400m: 5:18.48 36.55						
DSQ	GONCALVES Rodrigo Oliveira	02	Porto				
	722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6						
DSQ	APSENIECE Kevins Alexandre	04	Porto				
	722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6						
DNS	FAIA Mateus Costa	03	Famalicao				
DNS	SIMOES Miguel Costa	04	Cova da Piedade				

Event 15 Men, 400m Medley Absolutos  
02-08-2019 - 9:00 Results Prelim

Rec Nac Open	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08-07-2018
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore	29-08-2015

TAC Sen 50m: 4:46.31 - 25m: 4:39.69; Jun 50m: 4:55.96 - 25m: 4:45.97

Points: FINA 2019

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
1.	VITAL Joao Alexandre	98	Sporting	<b>4:27.44</b>	+0,62	757	
	50m: 27.67 27.67 150m: 1:32.74 33.94 250m: 2:43.95 38.10 350m: 3:55.12 32.79						
	100m: 58.80 31.13 200m: 2:05.85 33.11 300m: 3:22.33 38.38 400m: 4:27.44 32.32						
2.	LOPES Jose Paulo	00	Braga	<b>4:28.21</b>	+0,67	751	
	50m: 28.13 28.13 150m: 1:34.90 35.13 250m: 2:47.22 38.26 350m: 3:57.80 31.61						
	100m: 59.77 31.64 200m: 2:08.96 34.06 300m: 3:26.19 38.97 400m: 4:28.21 30.41						
3.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	<b>4:36.17</b>	+0,62	688	
	50m: 28.30 28.30 150m: 1:37.64 36.19 250m: 2:52.62 39.62 350m: 4:06.23 33.75						
	100m: 1:01.45 33.15 200m: 2:13.00 35.36 300m: 3:32.48 39.86 400m: 4:36.17 29.94						
4.	CRISTINO David Matias	01	Uniao Piedense	<b>4:36.81</b>	+0,74	683	
	50m: 29.07 29.07 150m: 1:38.28 35.21 250m: 2:54.47 41.32 350m: 4:07.26 31.21						
	100m: 1:03.07 34.00 200m: 2:13.15 34.87 300m: 3:36.05 41.58 400m: 4:36.81 29.55						
5.	BASTOS Lucas Pereira	00	Nautico Academico	<b>4:36.88</b>	+0,72	683	
	50m: 28.70 28.70 150m: 1:38.91 37.19 250m: 2:53.97 38.58 350m: 4:06.28 33.01						
	100m: 1:01.72 33.02 200m: 2:15.39 36.48 300m: 3:33.27 39.30 400m: 4:36.88 30.60						

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
6.	SIMOES Rafael Gomes	00	Braga	<b>4:38.09</b>	+0,81	674	
	50m: 28.67 28.67	150m: 1:39.62 37.39	250m: 2:53.44 38.32	350m: 4:06.16 33.70			
	100m: 1:02.23 33.56	200m: 2:15.12 35.50	300m: 3:32.46 39.02	400m: 4:38.09 31.93			
7.	SILVA Tomas Antonio	01	Naval do Funchal	<b>4:38.60</b>	+0,58	670	
	50m: 28.91 28.91	150m: 1:38.84 36.03	250m: 2:54.37 38.65	350m: 4:06.40 32.55			
	100m: 1:02.81 33.90	200m: 2:15.72 36.88	300m: 3:33.85 39.48	400m: 4:38.60 32.20			
8.	CORDEIRO Tiago Roberto	00	Benfica	<b>4:39.89</b>	+0,67	661	
	50m: 28.12 28.12	150m: 1:36.89 36.86	250m: 2:54.01 41.17	350m: 4:07.75 32.77			
	100m: 1:00.03 31.91	200m: 2:12.84 35.95	300m: 3:34.98 40.97	400m: 4:39.89 32.14			
9.	FERNANDES Eduardo Gomes	02	Sporting	<b>4:40.21</b>	+0,73	658	
	50m: 29.65 29.65	150m: 1:41.70 37.00	250m: 2:56.40 39.19	350m: 4:09.34 32.69			
	100m: 1:04.70 35.05	200m: 2:17.21 35.51	300m: 3:36.65 40.25	400m: 4:40.21 30.87			
10.	CATALAO Daniel Nogueira	00	Benfica	<b>4:40.93</b>	+0,59	653	
	50m: 28.55 28.55	150m: 1:38.14 36.87	250m: 2:54.69 39.54	350m: 4:08.39 33.11			
	100m: 1:01.27 32.72	200m: 2:15.15 37.01	300m: 3:35.28 40.59	400m: 4:40.93 32.54			
11.	SAMPAIO Jose Pedro	98	Fluvial Portuense	<b>4:42.83</b>	+0,71	640	
	50m: 28.43 28.43	150m: 1:37.34 35.79	250m: 2:55.25 41.35	350m: 4:10.51 32.13			
	100m: 1:01.55 33.12	200m: 2:13.90 36.56	300m: 3:38.38 43.13	400m: 4:42.83 32.32			
12.	SILVA Henrique Gomes	02	Estamos Juntos	<b>4:46.53</b>	+0,66	616	
	50m: 29.03 29.03	150m: 1:40.18 36.87	250m: 2:57.55 40.98	350m: 4:14.11 33.71			
	100m: 1:03.31 34.28	200m: 2:16.57 36.39	300m: 3:40.40 42.85	400m: 4:46.53 32.42			
13.	ALVES Nuno Rafael	90	Aquatico Pacense	<b>4:47.65</b>	+0,80	609	
	50m: 30.03 30.03	150m: 1:43.24 38.92	250m: 3:01.16 40.41	350m: 4:14.87 33.55			
	100m: 1:04.32 34.29	200m: 2:20.75 37.51	300m: 3:41.32 40.16	400m: 4:47.65 32.78			
14.	GASPAR Miguel Caridade	99	Academica de Coimbra	<b>4:48.14</b>	+0,67	606	
	50m: 30.95 30.95	150m: 1:45.69 38.72	250m: 3:00.76 37.65	350m: 4:14.39 35.00			
	100m: 1:06.97 36.02	200m: 2:23.11 37.42	300m: 3:39.39 38.63	400m: 4:48.14 33.75			
15.	DINIS Tiago Moises	98	Nautico Academico	<b>4:49.37</b>	+0,69	598	
	50m: 29.35 29.35	150m: 1:41.24 37.83	250m: 3:00.29 41.47	350m: 4:16.99 34.46			
	100m: 1:03.41 34.06	200m: 2:18.82 37.58	300m: 3:42.53 42.24	400m: 4:49.37 32.38			
16.	SILVA Pedro Miguel	94	Colegio Monte Maior	<b>4:49.76</b>	+0,66	595	
	50m: 30.26 30.26	150m: 1:43.90 37.63	250m: 3:01.15 40.09	350m: 4:16.24 34.33			
	100m: 1:06.27 36.01	200m: 2:21.06 37.16	300m: 3:41.91 40.76	400m: 4:49.76 33.52			
17.	GORDO Goncalo Morais	02	Colegio Monte Maior	<b>4:49.92</b>	+0,76	594	
	50m: 29.59 29.59	150m: 1:42.14 38.42	250m: 3:01.82 41.49	350m: 4:17.92 34.74			
	100m: 1:03.72 34.13	200m: 2:20.33 38.19	300m: 3:43.18 41.36	400m: 4:49.92 32.00			
18.	SILVA Paulo Filipe	98	Natacao da Maia	<b>4:50.66</b>	+0,86	590	
	50m: 29.70 29.70	150m: 1:40.96 37.46	250m: 3:00.01 42.72	350m: 4:18.25 33.92			
	100m: 1:03.50 33.80	200m: 2:17.29 36.33	300m: 3:44.33 44.32	400m: 4:50.66 32.41			
19.	LUZ Filipe Ferreira	98	Gesloures	<b>4:51.65</b>	+0,71	584	
	50m: 30.53 30.53	150m: 1:43.10 36.86	250m: 3:02.83 43.16	350m: 4:19.38 33.12			
	100m: 1:06.24 35.71	200m: 2:19.67 36.57	300m: 3:46.26 43.43	400m: 4:51.65 32.27			
20.	MALFEITO Martim Rebelo	02	Sporting	<b>4:52.35</b>	+0,73	580	
	50m: 30.78 30.78	150m: 1:47.11 40.54	250m: 3:05.86 39.17	350m: 4:19.54 33.57			
	100m: 1:06.57 35.79	200m: 2:26.69 39.58	300m: 3:45.97 40.11	400m: 4:52.35 32.81			

Event 15, Men, 400m Medley, Prelim, Absolutos

Rank	Nome	YB	Clube	Tempo Final	RT	Pts FINA	Pts
21.	MONTEIRO Tomas Penha	02	Alges	<b>4:53.06</b>	+0,65	576	
	50m: 30.32 30.32	150m: 1:44.00 38.69	250m: 3:05.06 43.37	350m: 4:21.42 32.33			
	100m: 1:05.31 34.99	200m: 2:21.69 37.69	300m: 3:49.09 44.03	400m: 4:53.06 31.64			
22.	JOAQUIM Andre Serro	00	Portinado	<b>4:53.37</b>	+0,73	574	
	50m: 30.00 30.00	150m: 1:41.08 37.37	250m: 3:00.75 42.63	350m: 4:18.03 33.30			
	100m: 1:03.71 33.71	200m: 2:18.12 37.04	300m: 3:44.73 43.98	400m: 4:53.37 35.34			
23.	BRAS Ricardo Martins	01	Belenenses	<b>4:53.66</b>	+0,66	572	
	50m: 30.85 30.85	150m: 1:45.71 38.29	250m: 3:04.82 40.92	350m: 4:21.56 34.28			
	100m: 1:07.42 36.57	200m: 2:23.90 38.19	300m: 3:47.28 42.46	400m: 4:53.66 32.10			
24.	PINTO Pedro Miguel	02	Sporting	<b>4:53.93</b>	+0,71	570	
	50m: 29.38 29.38	150m: 1:42.76 39.16	250m: 3:03.61 41.95	350m: 4:19.85 34.02			
	100m: 1:03.60 34.22	200m: 2:21.66 38.90	300m: 3:45.83 42.22	400m: 4:53.93 34.08			
25.	AGUIAR Gabriel Silva	01	Porto	<b>4:54.28</b>	+0,59	568	
	50m: 28.93 28.93	150m: 1:41.63 39.24	250m: 3:02.63 41.62	350m: 4:20.59 35.82			
	100m: 1:02.39 33.46	200m: 2:21.01 39.38	300m: 3:44.77 42.14	400m: 4:54.28 33.69			
26.	RODRIGUES Pedro Simoes	01	Uniao Coimbra	<b>4:56.03</b>	+0,76	558	
	50m: 29.98 29.98	150m: 1:45.89 41.04	250m: 3:03.99 39.27	350m: 4:21.21 37.57			
	100m: 1:04.85 34.87	200m: 2:24.72 38.83	300m: 3:43.64 39.65	400m: 4:56.03 34.82			
27.	PIEIDADE Sebastiao Limbert	00	Alges	<b>4:57.46</b>	+0,71	550	
	50m: 29.97 29.97	150m: 1:43.88 38.14	250m: 3:05.41 42.41	350m: 4:22.90 33.97			
	100m: 1:05.74 35.77	200m: 2:23.00 39.12	300m: 3:48.93 43.52	400m: 4:57.46 34.56			
28.	MELO Filipe Ferrao	01	Naval Setubalense	<b>5:09.81</b>	+0,69	487	
	50m: 30.05 30.05	150m: 1:46.32 41.21	250m: 3:10.06 43.27	350m: 4:33.05 38.48			
	100m: 1:05.11 35.06	200m: 2:26.79 40.47	300m: 3:54.57 44.51	400m: 5:09.81 36.76			
DSQ	GONCALVES Rodrigo Oliveira	02	Porto				
	<i>722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6</i>						
EXH	NEVES Tiago Correia	97	Belenenses	<b>5:05.02</b>	+0,67	510	
	50m: 31.09 31.09	150m: 1:49.15 41.01	250m: 3:12.07 43.91	350m: 4:31.43 36.00			
	100m: 1:08.14 37.05	200m: 2:28.16 39.01	300m: 3:55.43 43.36	400m: 5:05.02 33.59			