

Campeonato Nacional de Juvenis
Campeonato Nacional Absolutos de Portugal OPEN-CIMAI/MYRTHA
Funchal, 01 a 04 de Agosto de 2019



Prova 15 Masc., 400m Estilos Juvenis
02-08-2019 - 17:00 Resultados Final

Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CARNEIRO Joao Soares	03	Benfica	4:37.93	+0,66	675	
	50m: 28.69 28.69	150m: 1:40.01 37.88	250m: 2:54.89 38.61	350m: 4:06.46 32.99			
	100m: 1:02.13 33.44	200m: 2:16.28 36.27	300m: 3:33.47 38.58	400m: 4:37.93 31.47			
2.	SIMOES Bernardo Jorge	04	Colegio Vasco da Gama	4:41.60	+0,70	649	
	50m: 29.83 29.83	150m: 1:41.21 37.03	250m: 2:57.50 39.93	350m: 4:10.73 32.25			
	100m: 1:04.18 34.35	200m: 2:17.57 36.36	300m: 3:38.48 40.98	400m: 4:41.60 30.87			
3.	DIAS Rodrigo Reis	03	Belenenses	4:49.37	+0,66	598	
	50m: 29.90 29.90	150m: 1:43.08 37.88	250m: 3:04.16 42.92	350m: 4:19.62 31.68			
	100m: 1:05.20 35.30	200m: 2:21.24 38.16	300m: 3:47.94 43.78	400m: 4:49.37 29.75			
4.	ARAUJO Joao Guilherme	03	Natacao da Maia	4:49.73	+0,81	596	
	50m: 29.65 29.65	150m: 1:42.81 39.01	250m: 3:02.49 41.76	350m: 4:17.44 33.29			
	100m: 1:03.80 34.15	200m: 2:20.73 37.92	300m: 3:44.15 41.66	400m: 4:49.73 32.29			
5.	SILVA Nuno Marques	04	Bairro dos Anjos/ Leiria	4:51.56	+0,67	584	
	50m: 29.96 29.96	150m: 1:42.88 37.84	250m: 3:02.40 41.83	350m: 4:18.37 33.99			
	100m: 1:05.04 35.08	200m: 2:20.57 37.69	300m: 3:44.38 41.98	400m: 4:51.56 33.19			
6.	CARVALHO Martim Henriques	04	Rio Maior	4:52.92	+0,71	576	
	50m: 30.39 30.39	150m: 1:41.64 36.97	250m: 3:03.05 45.08	350m: 4:21.01 32.23			
	100m: 1:04.67 34.28	200m: 2:17.97 36.33	300m: 3:48.78 45.73	400m: 4:52.92 31.91			
7.	CRUZ David Miguel	04	Braga	4:55.29	+0,71	563	
	50m: 30.52 30.52	150m: 1:47.17 40.26	250m: 3:07.65 41.94	350m: 4:23.50 33.47			
	100m: 1:06.91 36.39	200m: 2:25.71 38.54	300m: 3:50.03 42.38	400m: 4:55.29 31.79			
8.	DIOGO Dinis Miranda	04	Fundacao Beatriz Santos	4:56.29	+0,70	557	
	50m: 30.27 30.27	150m: 1:46.91 39.93	250m: 3:07.06 42.99	350m: 4:24.15 32.90			
	100m: 1:06.98 36.71	200m: 2:24.07 37.16	300m: 3:51.25 44.19	400m: 4:56.29 32.14			
9.	FELICIO Tomas Miguel	03	Rio Maior	4:58.38	+0,71	545	
	50m: 30.55 30.55	150m: 1:47.24 40.07	250m: 3:06.75 41.06	350m: 4:24.29 34.83			
	100m: 1:07.17 36.62	200m: 2:25.69 38.45	300m: 3:49.46 42.71	400m: 4:58.38 34.09			
10.	FERREIRA Joao Carlos	03	Porto	4:59.46	+0,71	539	
	50m: 30.49 30.49	150m: 1:44.82 38.71	250m: 3:06.98 43.98	350m: 4:26.23 34.67			
	100m: 1:06.11 35.62	200m: 2:23.00 38.18	300m: 3:51.56 44.58	400m: 4:59.46 33.23			



Prova 15, Masc., 400m Estilos, Final

Prova 15 Masc., 400m Estilos Open
02-08-2019 - 17:00 Resultados Final

Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08-07-2018
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore	29-08-2015
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013
Rec Nac Inf A	4:46.20	FREITAS Tomas Miguel	CDN	Póvoa Varzim	23-07-2004
Rec Nac Inf B	4:54.87	RUIVO Andre Vilas	DNMG	S. Joao da Madeira	12-07-2013

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	VITAL Joao Alexandre <i>Minimos CEPL</i>	98	Sporting	4:18.98	+0,62	834	
	50m: 27.50 27.50	150m: 1:32.17 33.25	250m: 2:41.68 37.15	350m: 3:48.85 30.26			
	100m: 58.92 31.42	200m: 2:04.53 32.36	300m: 3:18.59 36.91	400m: 4:18.98 30.13			
2.	LOPES Jose Paulo <i>Minimos CEPL</i>	00	Braga	4:20.67	+0,68	818	
	50m: 27.51 27.51	150m: 1:32.57 33.59	250m: 2:43.11 37.01	350m: 3:51.80 31.01			
	100m: 58.98 31.47	200m: 2:06.10 33.53	300m: 3:20.79 37.68	400m: 4:20.67 28.87			
3.	LOPES Gabriel Jose <i>Minimos CEPL</i>	97	Louzan Natacao/EFAPEL	4:22.52	+0,62	801	
	50m: 27.83 27.83	150m: 1:33.55 33.67	250m: 2:44.24 36.43	350m: 3:51.86 30.97			
	100m: 59.88 32.05	200m: 2:07.81 34.26	300m: 3:20.89 36.65	400m: 4:22.52 30.66			
4.	SIMOES Rafael Gomes	00	Braga	4:29.45	+0,82	741	
	50m: 28.43 28.43	150m: 1:38.04 36.28	250m: 2:49.02 36.14	350m: 3:58.17 31.58			
	100m: 1:01.76 33.33	200m: 2:12.88 34.84	300m: 3:26.59 37.57	400m: 4:29.45 31.28			
5.	BASTOS Lucas Pereira	00	Nautico Academico	4:30.84	+0,70	729	
	50m: 28.68 28.68	150m: 1:37.47 36.04	250m: 2:50.04 37.09	350m: 3:59.96 31.49			
	100m: 1:01.43 32.75	200m: 2:12.95 35.48	300m: 3:28.47 38.43	400m: 4:30.84 30.88			
6.	SILVA Tomas Antonio	01	Naval do Funchal	4:34.10	+0,58	704	
	50m: 28.17 28.17	150m: 1:36.85 34.78	250m: 2:51.22 38.69	350m: 4:02.83 32.46			
	100m: 1:02.07 33.90	200m: 2:12.53 35.68	300m: 3:30.37 39.15	400m: 4:34.10 31.27			
7.	CORDEIRO Tiago Roberto	00	Benfica	4:34.11	+0,61	703	
	50m: 27.86 27.86	150m: 1:35.14 35.48	250m: 2:49.97 39.74	350m: 4:02.71 31.62			
	100m: 59.66 31.80	200m: 2:10.23 35.09	300m: 3:31.09 41.12	400m: 4:34.11 31.40			
8.	CRISTINO David Matias	01	Uniao Piedense	4:37.73	+0,74	676	
	50m: 28.95 28.95	150m: 1:37.31 34.81	250m: 2:53.07 41.72	350m: 4:07.22 31.76			
	100m: 1:02.50 33.55	200m: 2:11.35 34.04	300m: 3:35.46 42.39	400m: 4:37.73 30.51			
9.	FERNANDES Eduardo Gomes	02	Sporting	4:39.76	+0,74	662	
	50m: 29.24 29.24	150m: 1:40.91 36.75	250m: 2:55.97 39.41	350m: 4:09.30 32.68			
	100m: 1:04.16 34.92	200m: 2:16.56 35.65	300m: 3:36.62 40.65	400m: 4:39.76 30.46			
10.	CATALAO Daniel Nogueira	00	Benfica	4:44.52	+0,58	629	
	50m: 27.91 27.91	150m: 1:37.39 36.89	250m: 2:53.15 39.37	350m: 4:09.31 35.46			
	100m: 1:00.50 32.59	200m: 2:13.78 36.39	300m: 3:33.85 40.70	400m: 4:44.52 35.21			

Prova 15, Masc., 400m Estilos, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B							
11.	SAMPAIO Jose Pedro	98	Fluvial Portuense	4:37.13	+0,72	681	
	50m: 28.39 28.39	150m: 1:36.93 35.48	250m: 2:52.70 40.23	350m: 4:05.69 32.04			
	100m: 1:01.45 33.06	200m: 2:12.47 35.54	300m: 3:33.65 40.95	400m: 4:37.13 31.44			
12.	SILVA Henrique Gomes	02	Estamos Juntos	4:41.79	+0,68	647	
	50m: 28.98 28.98	150m: 1:39.75 37.20	250m: 2:55.43 39.55	350m: 4:10.15 33.42			
	100m: 1:02.55 33.57	200m: 2:15.88 36.13	300m: 3:36.73 41.30	400m: 4:41.79 31.64			
13.	DINIS Tiago Moises	98	Nautico Academico	4:45.17	+0,73	625	
	50m: 29.57 29.57	150m: 1:42.29 37.67	250m: 3:00.01 40.53	350m: 4:14.47 33.60			
	100m: 1:04.62 35.05	200m: 2:19.48 37.19	300m: 3:40.87 40.86	400m: 4:45.17 30.70			
14.	GASPAR Miguel Caridade	99	Academica de Coimbra	4:45.40	+0,63	623	
	50m: 30.75 30.75	150m: 1:45.93 38.99	250m: 3:00.97 37.39	350m: 4:13.53 34.15			
	100m: 1:06.94 36.19	200m: 2:23.58 37.65	300m: 3:39.38 38.41	400m: 4:45.40 31.87			
15.	GORDO Goncalo Morais	02	Colegio Monte Maior	4:46.02	+0,77	619	
	50m: 29.87 29.87	150m: 1:42.80 38.09	250m: 2:59.74 40.11	350m: 4:14.66 33.77			
	100m: 1:04.71 34.84	200m: 2:19.63 36.83	300m: 3:40.89 41.15	400m: 4:46.02 31.36			
16.	ALVES Nuno Rafael	90	Aquatico Pacense	4:46.56	+0,75	616	
	50m: 29.53 29.53	150m: 1:42.06 38.35	250m: 2:58.72 39.15	350m: 4:13.38 34.15			
	100m: 1:03.71 34.18	200m: 2:19.57 37.51	300m: 3:39.23 40.51	400m: 4:46.56 33.18			
17.	LUZ Filipe Ferreira	98	Gesloures	4:48.48	+0,73	603	
	50m: 30.26 30.26	150m: 1:42.01 36.66	250m: 3:00.43 42.46	350m: 4:16.55 33.20			
	100m: 1:05.35 35.09	200m: 2:17.97 35.96	300m: 3:43.35 42.92	400m: 4:48.48 31.93			
18.	SILVA Paulo Filipe	98	Natacao da Maia	4:51.38	+0,88	586	
	50m: 28.98 28.98	150m: 1:41.71 37.92	250m: 3:00.61 41.69	350m: 4:18.20 33.22			
	100m: 1:03.79 34.81	200m: 2:18.92 37.21	300m: 3:44.98 44.37	400m: 4:51.38 33.18			
19.	MONTEIRO Tomas Penha	02	Alges	4:54.87	+0,67	565	
	50m: 30.21 30.21	150m: 1:44.34 38.90	250m: 3:06.24 43.30	350m: 4:22.90 32.20			
	100m: 1:05.44 35.23	200m: 2:22.94 38.60	300m: 3:50.70 44.46	400m: 4:54.87 31.97			
20.	MALFEITO Martim Rebelo	02	Sporting	5:00.19	+0,72	535	
	50m: 30.89 30.89	150m: 1:49.56 41.69	250m: 3:09.82 39.79	350m: 4:26.84 34.58			
	100m: 1:07.87 36.98	200m: 2:30.03 40.47	300m: 3:52.26 42.44	400m: 5:00.19 33.35			