

XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29 Women, 400m Freestyle Master Esc A
21-07-2019 Results

RN A(25-29) 4:57.88 SILVA Carolina Santos CNMAIA Eindhoven (NED) 02-09-2013

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	RODRIGUES Joana Aguiar	93	Porto	5:03.29		705	9,00
	100m: 1:11.04 1:11.04		200m: 2:28.06 1:17.02	300m: 3:46.19 1:18.13	400m: 5:03.29 1:17.10		
2.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	5:05.13		692	7,00
	100m: 1:11.28 1:11.28		200m: 2:28.81 1:17.53	300m: 3:47.91 1:19.10	400m: 5:05.13 1:17.22		
3.	MOURA Catia Vanessa	90	Desportiva de Viana	5:34.85	+0,98	524	6,00
	100m: 1:17.38 1:17.38		200m: 2:43.93 1:26.55	300m: 4:11.34 1:27.41	400m: 5:34.85 1:23.51		
4.	FERREIRA Ana Rita	92	Colegio Monte Maior	5:35.07	+0,93	522	5,00
	100m: 1:19.04 1:19.04		200m: 2:44.31 1:25.27	300m: 4:11.20 1:26.89	400m: 5:35.07 1:23.87		
5.	SILVA Maria Joao	94	Ginasio Clube	5:38.06		509	4,00
	100m: 1:18.19 1:18.19		200m: 2:44.25 1:26.06	300m: 4:11.71 1:27.46	400m: 5:38.06 1:26.35		
6.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	6:05.93		401	3,00
	100m: 1:26.28 1:26.28		200m: 2:59.87 1:33.59	300m: 4:34.27 1:34.40	400m: 6:05.93 1:31.66		
7.	RIBEIRO Helena Fernandes	93	Masters de Almada	6:15.26	+0,86	372	2,00
	100m: 1:24.20 1:24.20		200m: 2:59.35 1:35.15	300m: 4:37.22 1:37.87	400m: 6:15.26 1:38.04		
8.	ARAUJO Catarina Matos	91	Porto	6:17.74		365	1,00
	100m: 1:25.93 1:25.93		200m: 3:02.28 1:36.35	300m: 4:41.48 1:39.20	400m: 6:17.74 1:36.26		
9.	MATOS Carolina Ferreira	91	Gafanha da Encarnacao	6:18.07		364	-
	100m: 1:28.65 1:28.65		200m: 3:05.92 1:37.27	300m: 4:43.59 1:37.67	400m: 6:18.07 1:34.48		
10.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	6:23.78	+1,02	348	-
	100m: 1:27.59 1:27.59		200m: 3:04.62 1:37.03	300m: 4:46.39 1:41.77	400m: 6:23.78 1:37.39		
11.	MACHADO Catarina Sofia	91	Geslours	6:28.62	+1,04	335	-
	100m: 1:31.52 1:31.52		200m: 3:12.82 1:41.30	300m: 4:52.69 1:39.87	400m: 6:28.62 1:35.93		
12.	ALVES Filipa Ramalho	91	Geslours	7:06.69	+0,77	253	-
	100m: 1:37.02 1:37.02		200m: 3:26.24 1:49.22	300m: 5:18.57 1:52.33	400m: 7:06.69 1:48.12		
13.	SILVA Mariana Lage	92	Masters de Almada	7:26.42		221	-
	100m: 1:35.82 1:35.82		200m: 3:29.19 1:53.37	300m: 5:29.94 2:00.75	400m: 7:26.42 1:56.48		

Event 29 Women, 400m Freestyle Master Esc B
21-07-2019 Results

RN B(30-34) 4:39.43 GRILO Ana Paula INATEL Riccione (ITA) 20-06-2003

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	SILVA Carolina Santos	86	Ginasio de Santo Tirso	4:56.59		785	9,00
	100m: 1:11.51 1:11.51		200m: 2:26.33 1:14.82	300m: 3:41.53 1:15.20	400m: 4:56.59 1:15.06		
2.	ALVES Joana Isabel	88	Porto	5:23.64		604	7,00
	100m: 1:14.72 1:14.72		200m: 2:37.28 1:22.56	300m: 4:01.38 1:24.10	400m: 5:23.64 1:22.26		
3.	RODRIGUES Sara Daniela	87	Galitos / Bresimar	5:47.03	+0,96	490	6,00
	100m: 1:21.60 1:21.60		200m: 2:50.21 1:28.61	300m: 4:19.08 1:28.87	400m: 5:47.03 1:27.95		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29, Women, 400m Freestyle, Master Esc B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
4.	MARQUES Patricia Alexandra	87	Salesianos	6:06.16		417	5,00
	100m: 1:25.43 1:25.43		200m: 2:58.07 1:32.64	300m: 4:31.90 1:33.83	400m: 6:06.16 1:34.26		
5.	PINTO Rita Loureiro	85	Ginasio Clube	6:08.98	+0,93	407	4,00
	100m: 1:21.63 1:21.63		200m: 2:56.47 1:34.84	300m: 4:34.32 1:37.85	400m: 6:08.98 1:34.66		
6.	BARBOSA Ana Raquel	88	Geslours	6:50.96		295	3,00
	100m: 1:32.20 1:32.20		200m: 3:17.50 1:45.30	300m: 5:04.16 1:46.66	400m: 6:50.96 1:46.80		
7.	REIS Filipa Isabel	87	Leixoes	7:48.30	+1,05	199	2,00
	100m: 1:48.50 1:48.50		200m: 3:48.32 1:59.82	300m: 5:50.69 2:02.37	400m: 7:48.30 1:57.61		
8.	FREITAS Ana Rita	86	Alcobaca	8:17.39		166	1,00
	100m: 1:57.63 1:57.63		200m: 4:06.72 2:09.09	300m: 6:16.13 2:09.41	400m: 8:17.39 2:01.26		

Event 29 Women, 400m Freestyle Master Esc C Results

RN C(35-39)	4:35.74	GRILLO Ana Paula	UDCA	Stanford (USA)	10-08-2006
-------------	---------	------------------	------	----------------	------------

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	5:47.97		527	9,00
	100m: 1:19.17 1:19.17		200m: 2:48.94 1:29.77	300m: 4:19.59 1:30.65	400m: 5:47.97 1:28.38		
2.	GUEDES Ana Dalte	80	Leixoes	6:14.31		423	7,00
	100m: 1:26.11 1:26.11		200m: 3:02.96 1:36.85	300m: 4:39.83 1:36.87	400m: 6:14.31 1:34.48		
3.	ALMEIDA Graciete Maria	81	Masters de Almada	6:27.44	+0,89	381	6,00
	100m: 1:29.68 1:29.68		200m: 3:05.81 1:36.13	300m: 4:47.27 1:41.46	400m: 6:27.44 1:40.17		
4.	MACHADO Maria Margarida	81	Vila DEste/Gaia	7:17.56	+1,18	265	5,00
	100m: 1:38.24 1:38.24		200m: 3:31.06 1:52.82	300m: 5:27.00 1:55.94	400m: 7:17.56 1:50.56		
5.	SANTOS Carolina BJORKE dos	83	O2 Portimao	7:52.61	+1,20	210	4,00
	100m: 1:49.82 1:49.82		200m: 3:50.77 2:00.95	300m: 5:53.94 2:03.17	400m: 7:52.61 1:58.67		
6.	LEITE Joana Isabel	80	Fluival Portuense	8:17.84		179	3,00
	100m: 1:54.58 1:54.58		200m: 4:02.74 2:08.16	300m: 6:13.31 2:10.57	400m: 8:17.84 2:04.53		

DSQ MALHEIROS Carmen Silvia 81 Litoral Alentejano -
107 - Efectuou obstrução a outro nadador - SW 10.7

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29, Women, 400m Freestyle

Event 29 Women, 400m Freestyle Master Esc D
21-07-2019 Results

RN D(40-44) 5:04.18 GOMES Susana Clara CNF Loulé 15-07-2018

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	BARBARA Carla Santa	75	Porto	5:21.08		682	9,00
	100m: 1:15.06 1:15.06		200m: 2:36.71 1:21.65	300m: 3:59.78 1:23.07	400m: 5:21.08 1:21.30		
2.	PRIOR Ana Filipa	77	Luz e Vida	5:51.70		519	7,00
	100m: 1:21.88 1:21.88		200m: 2:50.97 1:29.09	300m: 4:22.98 1:32.01	400m: 5:51.70 1:28.72		
3.	FERNANDES Filipa Cristina	76	Geslours	6:02.78		473	6,00
	100m: 1:24.49 1:24.49		200m: 2:57.79 1:33.30	300m: 4:32.67 1:34.88	400m: 6:02.78 1:30.11		
4.	FERREIRA Marta Martins	79	Funcao Publica	6:57.98		309	5,00
	100m: 1:36.09 1:36.09		200m: 3:23.63 1:47.54	300m: 5:11.85 1:48.22	400m: 6:57.98 1:46.13		
5.	SILVA Catarina Grace	77	Naval do Funchal	7:13.43		277	4,00
	100m: 1:41.59 1:41.59		200m: 3:33.13 1:51.54	300m: 5:25.42 1:52.29	400m: 7:13.43 1:48.01		
6.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	7:17.00		270	3,00
	100m: 1:43.06 1:43.06		200m: 3:35.25 1:52.19	300m: 5:27.14 1:51.89	400m: 7:17.00 1:49.86		
7.	MARTINS Ana Maria	79	Sporting de Aveiro	7:47.68		221	2,00
	100m: 1:50.65 1:50.65		200m: 3:52.11 2:01.46	300m: 5:52.89 2:00.78	400m: 7:47.68 1:54.79		
8.	MASSAGUE Adriana Reguera	75	Fluvial Portuense	7:47.93		220	1,00
	100m: 1:47.39 1:47.39		200m: 3:48.46 2:01.07	300m: 5:52.04 2:03.58	400m: 7:47.93 1:55.89		
DNS	SANTOS Susana Novais	75	Natacao de Lisboa				-

Event 29 Women, 400m Freestyle Master Esc E
21-07-2019 Results

RN E(45-49) 5:24.65 PEREIRA Patricia Diogenes SAD Coimbra 17-01-2016

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	ROTHES Ines Maria	73	Fluvial Portuense	5:25.92		664	9,00
	100m: 1:15.65 1:15.65		200m: 2:38.99 1:23.34	300m: 4:03.34 1:24.35	400m: 5:25.92 1:22.58		
2.	REINA Rita Miguel	72	Colegio Monte Maior	5:50.18		535	7,00
	100m: 1:20.59 1:20.59		200m: 2:49.85 1:29.26	300m: 4:20.41 1:30.56	400m: 5:50.18 1:29.77		
3.	MARQUES Helena Sofia	73	Millennium BCP	6:14.60	+0,91	437	6,00
	100m: 1:25.81 1:25.81		200m: 3:01.68 1:35.87	300m: 4:39.04 1:37.36	400m: 6:14.60 1:35.56		
4.	BLANCO Catarina Araujo	71	Fluvial Portuense	6:38.58	+1,21	363	5,00
	100m: 1:39.76 1:39.76		200m: 3:22.89 1:43.13	300m: 5:04.16 1:41.27	400m: 6:38.58 1:34.42		
5.	SANTINHA Fernanda Maria	72	Masters de Almada	7:15.98	+1,39	277	4,00
	100m: 1:40.47 1:40.47		200m: 3:33.21 1:52.74	300m: 5:24.84 1:51.63	400m: 7:15.98 1:51.14		
6.	FERREIRA Maria Manuela	70	Natacao da Maia	7:48.00	+0,97	224	3,00
	100m: 1:41.06 1:41.06		200m: 3:44.31 2:03.25	300m: 5:48.31 2:04.00	400m: 7:48.00 1:59.69		
7.	SILVA Nadia Gama	73	Aminata	7:48.14		224	2,00
	100m: 1:45.12 1:45.12		200m: 3:46.27 2:01.15	300m: 5:48.95 2:02.68	400m: 7:48.14 1:59.19		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29, Women, 400m Freestyle, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
8.	BARROS Ana Xavier	74	Natacao de Lisboa	7:49.76	+0,96	221	1,00
	100m: 1:46.42 1:46.42		200m: 3:48.85 2:02.43	300m: 5:53.73 2:04.88		400m: 7:49.76 1:56.03	
9.	PINTO Isabel Maria	72	Fluval Portuense	8:26.92		176	-
	100m: 1:57.76 1:57.76		200m: 4:08.26 2:10.50	300m: 6:22.00 2:13.74		400m: 8:26.92 2:04.92	

Event 29 Women, 400m Freestyle Master Esc F Results

RN F(50-54) 5:43.18 KRAEVA Elena Nikolaevna ADRCIMM Reguengos de Monsaraz 01-07-2012

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	GRILO Ana Paula <i>Rec Nac Esc F</i>	69	Desportivo de Odemira	5:35.31	+1,03	654	9,00
	100m: 1:21.29 1:21.29		200m: 2:47.16 1:25.87	300m: 4:11.77 1:24.61		400m: 5:35.31 1:23.54	
2.	BRANDAO Maria Teresa	69	Fluval Portuense	5:44.52	+1,05	603	7,00
	100m: 1:21.44 1:21.44		200m: 2:49.57 1:28.13	300m: 4:18.83 1:29.26		400m: 5:44.52 1:25.69	
3.	FERREIRA Isabel Baptista	67	Colegio Monte Maior	5:45.13	+0,82	599	6,00
	100m: 1:19.05 1:19.05		200m: 2:47.33 1:28.28	300m: 4:17.24 1:29.91		400m: 5:45.13 1:27.89	
4.	CARMO Maria Helena	66	Alges	5:58.63	+1,00	534	5,00
	100m: 1:23.18 1:23.18		200m: 2:54.01 1:30.83	300m: 4:26.54 1:32.53		400m: 5:58.63 1:32.09	
5.	GONCALVES Maria Fernanda	66	Porto	6:28.11	+1,02	421	4,00
	100m: 1:26.68 1:26.68		200m: 3:07.40 1:40.72	300m: 4:48.54 1:41.14		400m: 6:28.11 1:39.57	
6.	TABORDA Maria Joao	67	Porto	7:01.00		330	3,00
	100m: 1:39.54 1:39.54		200m: 3:26.39 1:46.85	300m: 5:14.36 1:47.97		400m: 7:01.00 1:46.64	
7.	REIS Margarida Bleck	68	Porto	7:12.08		305	2,00
	100m: 1:43.17 1:43.17		200m: 3:34.29 1:51.12	300m: 5:25.87 1:51.58		400m: 7:12.08 1:46.21	
8.	MENDES Marina Isabel	68	Masters de Almada	7:37.67	+1,28	257	1,00
	100m: 1:45.83 1:45.83		200m: 3:45.95 2:00.12	300m: 5:46.77 2:00.82		400m: 7:37.67 1:50.90	
9.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	7:38.02		256	-
	100m: 1:44.23 1:44.23		200m: 3:40.57 1:56.34	300m: 5:39.83 1:59.26		400m: 7:38.02 1:58.19	
10.	CARDOSO Helena Maria	66	Fluval Portuense	8:41.52		173	-
	100m: 1:51.98 1:51.98		200m: 4:06.77 2:14.79	300m: 6:25.52 2:18.75		400m: 8:41.52 2:16.00	

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29, Women, 400m Freestyle

Event 29 Women, 400m Freestyle Master Esc G
21-07-2019 Results

RN G(55-59) 5:48.63 KRAEVA Elena Nikolaevna ADRCIMM Loulé 10-07-2016

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	GUIMARAES Rita Cabral	64	Fluval Portuense	6:37.00		439	9,00
	100m: 1:31.23 1:31.23	200m: 3:13.43 1:42.20	300m: 4:55.56 1:42.13	400m: 6:37.00 1:41.44			
2.	URBANO Maria Margarida	63	Academica de Coimbra	6:50.70		396	7,00
	100m: 1:38.47 1:38.47	200m: 3:23.77 1:45.30	300m: 5:09.52 1:45.75	400m: 6:50.70 1:41.18			
3.	FERNANDES Maria Santos	62	Leixoes	6:57.40		377	6,00
	100m: 1:36.07 1:36.07	200m: 3:22.41 1:46.34	300m: 5:11.66 1:49.25	400m: 6:57.40 1:45.74			
4.	ASTORGA MOYA DE LA TORRI64M.	64	Sevilla Master	7:00.56		369	5,00
	100m: 1:40.64 1:40.64	200m: 3:28.92 1:48.28	300m: 5:17.67 1:48.75	400m: 7:00.56 1:42.89			
5.	TROYNENKO Tatiana	61	Ural	7:01.24		367	4,00
	100m: 1:30.58 1:30.58	200m: 3:19.44 1:48.86	300m: 5:11.48 1:52.04	400m: 7:01.24 1:49.76			
6.	CANORA MARIN Maria Azucena60	60	Aranjuez	7:21.24	+1,04	319	3,00
	100m: 1:35.67 1:35.67	200m: 3:28.70 1:53.03	300m: 5:27.58 1:58.88	400m: 7:21.24 1:53.66			
7.	CANINAS Maria Madalena	63	Masters de Almada	7:25.65	+1,19	310	2,00
	100m: 1:40.10 1:40.10	200m: 3:33.96 1:53.86	300m: 5:30.98 1:57.02	400m: 7:25.65 1:54.67			
8.	CUNHA Maria Trigueiros	64	Leixoes	7:37.14		287	1,00
	100m: 1:45.06 1:45.06	200m: 3:43.01 1:57.95	300m: 5:42.41 1:59.40	400m: 7:37.14 1:54.73			
9.	WERNICKE Maria Giraldo	60	Fluval Portuense	7:45.80		271	-
	100m: 1:47.00 1:47.00	200m: 3:46.88 1:59.88	300m: 5:50.13 2:03.25	400m: 7:45.80 1:55.67			
10.	NETO Maria Manuela	62	Natacao da Maia	7:49.24		266	-
	100m: 1:48.69 1:48.69	200m: 3:50.54 2:01.85	300m: 5:51.40 2:00.86	400m: 7:49.24 1:57.84			
11.	GIAO Wanda Maria	62	Portinado	8:11.95	+0,93	230	-
	100m: 1:48.39 1:48.39	200m: 3:52.76 2:04.37	300m: 6:01.67 2:08.91	400m: 8:11.95 2:10.28			
12.	RIBEIRO Margarida Maria	64	Fluval Portuense	9:38.03	+1,29	142	-
	100m: 2:07.33 2:07.33	200m: 4:38.94 2:31.61	300m: 7:14.46 2:35.52	400m: 9:38.03 2:23.57			
DNS	FONTANA Alda Caterina	62	Aminata				-

Event 29 Women, 400m Freestyle Master Esc H
21-07-2019 Results

RN H(60-64) 6:14.83 FERREIRA Ana Maria SAD Riccione (ITA) 16-06-2012

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	CUNHA Maria Paula	59	Leixoes	7:46.47	+1,05	418	9,00
	100m: 1:46.17 1:46.17	200m: 3:45.13 1:58.96	300m: 5:48.40 2:03.27	400m: 7:46.47 1:58.07			
2.	CAEIRO Ana Maria	59	Amigos da Natacao	7:54.19		397	7,00
	100m: 1:53.10 1:53.10	200m: 3:55.65 2:02.55	300m: 5:56.50 2:00.85	400m: 7:54.19 1:57.69			
3.	OLIVEIRA Maria Teresa	57	Academica de Coimbra	8:01.66		379	6,00
	100m: 1:51.44 1:51.44	200m: 3:55.56 2:04.12	300m: 6:02.04 2:06.48	400m: 8:01.66 1:59.62			

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS



XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 29, Women, 400m Freestyle, Master Esc H

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
4.	DUPONT Ana Paula	58	Fluvial Portuense	9:38.80		218	5,00
	100m: 2:12.71 2:12.71		200m: 4:43.87 2:31.16	300m: 7:16.35 2:32.48	400m: 9:38.80 2:22.45		

Event 29 Women, 400m Freestyle Master Esc I
21-07-2019 Results

RN I(65-69)	6:27.98	FERREIRA Ana Maria	SAD	Famalicao	09-07-2017
-------------	---------	--------------------	-----	-----------	------------

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	FERREIRA Ana Maria	50	Alges	6:46.61	+1,33	697	9,00
	100m: 1:36.21 1:36.21		200m: 3:21.60 1:45.39	300m: 5:05.56 1:43.96	400m: 6:46.61 1:41.05		
2.	PINTAO Luisa Maria	54	Nadadores dos Estoris	7:42.38		474	7,00
	100m: 1:49.93 1:49.93		200m: 3:49.56 1:59.63	300m: 5:48.26 1:58.70	400m: 7:42.38 1:54.12		
3.	MOTA Maria Teresa	51	Amigos da Natacao	10:10.49		206	6,00
	100m: 2:21.77 2:21.77		200m: 4:55.51 2:33.74	300m: 7:33.33 2:37.82	400m: 10:10.49 2:37.16		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



PATROCINADOR OFICIAL



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS

