

XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Prova 2 Masc., 800m Livres Master Esc A
19-07-2019 Resultados

RN A(25-29) 8:56.75 NIZ Adriano Miguel GDNVNF Loulé 03-07-2015

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SILVA Pedro Miguel <i>Rec Nac Esc A</i>	94	Colegio Monte Maior	8:46.63		969	9,00
	100m: 1:02.00 1:02.00	300m: 3:15.43 1:07.13	500m: 5:28.44 1:05.63	700m: 7:41.51 1:06.32			
	200m: 2:08.30 1:06.30	400m: 4:22.81 1:07.38	600m: 6:35.19 1:06.75	800m: 8:46.63 1:05.12			
2.	BONANCA Mario Andre	90	Sporting	9:28.57		770	7,00
	100m: 1:06.33 1:06.33	300m: 3:28.72 1:11.77	500m: 5:54.21 1:12.69	700m: 8:18.99 1:11.98			
	200m: 2:16.95 1:10.62	400m: 4:41.52 1:12.80	600m: 7:07.01 1:12.80	800m: 9:28.57 1:09.58			
3.	FELICIO Mario Nuno	90	Ginasio Clube	10:12.04		617	6,00
	100m: 1:08.42 1:08.42	300m: 3:40.70 1:16.98	500m: 6:17.61 1:18.56	700m: 8:56.05 1:19.44			
	200m: 2:23.72 1:15.30	400m: 4:59.05 1:18.35	600m: 7:36.61 1:19.00	800m: 10:12.04 1:15.99			
4.	SILVA Hugo Miguel	92	Funcao Publica	10:34.58	+0,82	554	5,00
	100m: 1:11.86 1:11.86	300m: 3:49.29 1:19.35	500m: 6:28.45 1:19.58	700m: 9:12.89 1:22.53			
	200m: 2:29.94 1:18.08	400m: 5:08.87 1:19.58	600m: 7:50.36 1:21.91	800m: 10:34.58 1:21.69			
5.	CANDEIAS Daniel Filipe	90	Luz e Vida	11:00.81	+1,00	490	4,00
	100m: 1:12.61 1:12.61	300m: 4:00.16 1:25.20	500m: 6:51.00 1:25.59	700m: 9:41.16 1:24.90			
	200m: 2:34.96 1:22.35	400m: 5:25.41 1:25.25	600m: 8:16.26 1:25.26	800m: 11:00.81 1:19.65			
6.	BOTAS David Nobre	90	Academica de Coimbra	11:46.39		401	3,00
	100m: 1:13.54 1:13.54	300m: 3:59.10 1:24.11	500m: 6:59.05 1:32.51	700m: 10:13.10 1:36.43			
	200m: 2:34.99 1:21.45	400m: 5:26.54 1:27.44	600m: 8:36.67 1:37.62	800m: 11:46.39 1:33.29			
7.	COSTA Hugo Figueiredo	91	Gesloures	13:41.85	+1,08	255	2,00
	100m: 1:32.88 1:32.88	300m: 5:03.14 1:45.75	500m: 8:31.71 1:43.89	700m: 12:03.16 1:44.78			
	200m: 3:17.39 1:44.51	400m: 6:47.82 1:44.68	600m: 10:18.38 1:46.67	800m: 13:41.85 1:38.69			

Prova 2 Masc., 800m Livres Master Esc B
19-07-2019 Resultados

RN B(30-34) 8:53.01 SILVA Pedro Miguel CFV Coimbra 20-06-2009

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PINOTES Pedro Miguel	89	Sporting	9:13.84		686	9,00
	100m: 1:02.89 1:02.89	300m: 3:16.34 1:07.73	500m: 5:38.54 1:12.64	700m: 8:02.80 1:12.03			
	200m: 2:08.61 1:05.72	400m: 4:25.90 1:09.56	600m: 6:50.77 1:12.23	800m: 9:13.84 1:11.04			
2.	SANCHEZ AVELLANO Rafael	89	Natacion Cordoba	10:00.37		538	7,00
	100m: 1:07.63 1:07.63	300m: 3:36.01 1:14.86	500m: 6:09.96 1:17.39	700m: 8:45.65 1:17.81			
	200m: 2:21.15 1:13.52	400m: 4:52.57 1:16.56	600m: 7:27.84 1:17.88	800m: 10:00.37 1:14.72			
3.	RUAS Bruno Miguel	89	Sporting	10:13.97	+0,81	503	6,00
	100m: 1:11.42 1:11.42	300m: 3:45.93 1:17.69	500m: 6:22.57 1:18.72	700m: 9:00.21 1:18.92			
	200m: 2:28.24 1:16.82	400m: 5:03.85 1:17.92	600m: 7:41.29 1:18.72	800m: 10:13.97 1:13.76			
4.	CARMO Tiago Narciso	85	Ginasio de Santo Tirso	10:15.59	+0,93	499	5,00
	100m: 2:22.45 2:22.45	300m: 4:58.60 1:18.61	500m: 6:17.85 1:19.25	700m: 8:57.56 1:20.52			
	200m: 3:39.99 1:17.54	400m: 5:03.85 1:17.92	600m: 7:41.29 1:18.72	800m: 10:15.59 1:18.03			

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Prova 2, Masc., 800m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
5.	GODINHO Henrique Mira	88	Salesianos	10:49.04		426	4,00
	100m: 1:14.25 1:14.25	300m: 3:56.17 1:21.70	500m: 6:41.86 1:23.17	700m: 9:28.63 1:23.39			
	200m: 2:34.47 1:20.22	400m: 5:18.69 1:22.52	600m: 8:05.24 1:23.38	800m: 10:49.04 1:20.41			
6.	FERREIRA Duarte Nuno	86	Salesianos	11:07.46	+0,80	392	3,00
	100m: 1:19.15 1:19.15	300m: 4:07.14 1:24.96	500m: 6:57.26 1:24.98	700m: 9:44.00 1:22.83			
	200m: 2:42.18 1:23.03	400m: 5:32.28 1:25.14	600m: 8:21.17 1:23.91	800m: 11:07.46 1:23.46			
7.	GOMES Pedro Tiago	86	Fluval Portuense	11:42.38		336	2,00
	100m: 1:17.68 1:17.68	300m: 4:10.15 1:27.00	500m: 7:09.80 1:29.97	700m: 10:12.41 1:29.89			
	200m: 2:43.15 1:25.47	400m: 5:39.83 1:29.68	600m: 8:42.52 1:32.72	800m: 11:42.38 1:29.97			
8.	FIGUEIREDO Luis Rosario	89	Ginasio de Santo Tirso	11:56.57		316	1,00
	100m: 1:14.10 1:14.10	300m: 4:10.01 1:30.65	500m: 7:17.05 1:34.78	700m: 10:27.16 1:35.14			
	200m: 2:39.36 1:25.26	400m: 5:42.27 1:32.26	600m: 8:52.02 1:34.97	800m: 11:56.57 1:29.41			
9.	MAGALHAES Pedro Miguel	88	Ginasio de Santo Tirso	12:11.83	+0,86	297	-
	100m: 1:25.45 1:25.45	300m: 4:33.84 1:34.40	500m: 7:42.13 1:34.18	700m: 10:46.63 1:31.45			
	200m: 2:59.44 1:33.99	400m: 6:07.95 1:34.11	600m: 9:15.18 1:33.05	800m: 12:11.83 1:25.20			
10.	ISABEL Rui Jorge	89	Pimpoes/Cimai	13:07.19		239	-
	100m: 1:29.52 1:29.52	300m: 4:45.60 1:39.00	500m: 8:05.68 1:40.70	700m: 11:29.97 1:42.44			
	200m: 3:06.60 1:37.08	400m: 6:24.98 1:39.38	600m: 9:47.53 1:41.85	800m: 13:07.19 1:37.22			
11.	OLIVEIRA Bruno Miguel	89	Ginasio de Santo Tirso	13:32.32		217	-
	100m: 1:29.48 1:29.48	300m: 4:47.80 1:42.05	500m: 8:19.84 1:45.93	700m: 11:51.76 1:45.57			
	200m: 3:05.75 1:36.27	400m: 6:33.91 1:46.11	600m: 10:06.19 1:46.35	800m: 13:32.32 1:40.56			
12.	NDECKY Gil Palma	89	Aminata	15:10.50		154	-
	50m: 1:43.80	250m: 5:35.01	450m: 9:29.35	650m: 13:22.90			
	100m: 1:43.80	300m: 5:35.01	500m: 9:29.35	700m: 13:22.90			
	150m: 3:38.48	350m: 7:32.53	550m: 11:26.06	750m: 15:10.50			
	200m: 3:38.48	400m: 7:32.53	600m: 11:26.06	800m: 15:10.50			

Prova 2 Masc., 800m Livres Master Esc C Resultados

RN C(35-39) 9:06.02 SILVA Pedro Miguel CFV Oeiras 01-07-2011

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MONTEIRO Luis Miguel	83	Fluval Portuense	9:38.60		792	9,00
	100m: 1:07.31 1:07.31	300m: 3:30.76 1:12.46	500m: 5:57.08 1:13.31	700m: 8:25.62 1:14.32			
	200m: 2:18.30 1:10.99	400m: 4:43.77 1:13.01	600m: 7:11.30 1:14.22	800m: 9:38.60 1:12.98			
2.	COURAS Ivan Mauricio	81	Fluval Portuense	10:00.93	+0,88	707	7,00
	100m: 1:09.82 1:09.82	300m: 3:40.97 1:16.54	500m: 6:14.50 1:17.22	700m: 8:48.91 1:16.75			
	200m: 2:24.43 1:14.61	400m: 4:57.28 1:16.31	600m: 7:32.16 1:17.66	800m: 10:00.93 1:12.02			
3.	CORREIA Ricardo Jorge	80	Aquatico Silves	10:23.82	+0,91	632	6,00
	100m: 1:08.99 1:08.99	300m: 3:40.96 1:17.19	500m: 6:21.10 1:19.99	700m: 9:03.92 1:21.62			
	200m: 2:23.77 1:14.78	400m: 5:01.11 1:20.15	600m: 7:42.30 1:21.20	800m: 10:23.82 1:19.90			
4.	MANSO Sergio Miguel	84	Funcao Publica	10:25.41	+1,02	627	5,00
	100m: 1:12.54 1:12.54	300m: 3:48.72 1:19.07	500m: 6:27.35 1:19.24	700m: 9:07.10 1:19.60			
	200m: 2:29.65 1:17.11	400m: 5:08.11 1:19.39	600m: 7:47.50 1:20.15	800m: 10:25.41 1:18.31			

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Prova 2, Masc., 800m Livres, Master Esc C

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
5.	CARDOSO Alvaro Miguel	84	Lisboa Poolboys	10:36.57		595	4,00
	100m: 1:11.97 1:11.97	300m: 3:49.87 1:19.26	500m: 6:31.38 1:21.40	700m: 9:16.43 1:23.08			
	200m: 2:30.61 1:18.64	400m: 5:09.98 1:20.11	600m: 7:53.35 1:21.97	800m: 10:36.57 1:20.14			
6.	CAMPOS Nuno Andre	81	Gafanha da Encarnacao	11:53.09		423	3,00
	100m: 1:20.04 1:20.04	300m: 4:20.11 1:31.05	500m: 7:24.53 1:32.56	700m: 10:26.61 1:30.28			
	200m: 2:49.06 1:29.02	400m: 5:51.97 1:31.86	600m: 8:56.33 1:31.80	800m: 11:53.09 1:26.48			
DNS	INACIO Mauro Santos	84	Litoral Alentejano				-

Prova 2 Masc., 800m Livres Master Esc D Resultados

RN D(40-44) 9:44.98 COSTA Rodrigo Marques CNLA Budapeste (HUN) 14-08-2017

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	COSTA Rodrigo Marques	76	Litoral Alentejano	10:01.44		670	9,00
	100m: 1:09.28 1:09.28	300m: 3:37.89 1:14.68	500m: 6:10.06 1:16.24	700m: 8:44.38 1:17.72			
	200m: 2:23.21 1:13.93	400m: 4:53.82 1:15.93	600m: 7:26.66 1:16.60	800m: 10:01.44 1:17.06			
2.	GOMEZ Gonzalo Iglesias	79	Fluval Portuense	10:53.03	+1,00	524	7,00
	100m: 1:09.93 1:09.93	300m: 3:52.89 1:22.32	500m: 6:42.11 1:24.75	700m: 9:31.52 1:24.60			
	200m: 2:30.57 1:20.64	400m: 5:17.36 1:24.47	600m: 8:06.92 1:24.81	800m: 10:53.03 1:21.51			
3.	RODRIGUEZ ZAMUDIO Francisc75J	75	Sevilla Master	11:11.13		482	6,00
	100m: 1:19.24 1:19.24	300m: 4:08.16 1:25.67	500m: 6:59.25 1:25.12	700m: 9:50.04 1:24.66			
	200m: 2:42.49 1:23.25	400m: 5:34.13 1:25.97	600m: 8:25.38 1:26.13	800m: 11:11.13 1:21.09			
4.	SANTOS Bruno Miguel	76	Porto	11:12.49		479	5,00
	100m: 1:13.52 1:13.52	300m: 3:59.14 1:23.91	500m: 6:52.56 1:27.45	700m: 9:47.25 1:27.30			
	200m: 2:35.23 1:21.71	400m: 5:25.11 1:25.97	600m: 8:19.95 1:27.39	800m: 11:12.49 1:25.24			
5.	MATEUS Jose Alexandre	77	Aminata	11:16.29	+1,07	471	4,00
	100m: 1:15.64 1:15.64	300m: 4:03.20 1:25.66	500m: 6:56.77 1:27.35	700m: 9:51.89 1:26.88			
	200m: 2:37.54 1:21.90	400m: 5:29.42 1:26.22	600m: 8:25.01 1:28.24	800m: 11:16.29 1:24.40			
6.	OLIVEIRA Carlos Miguel	78	Estarreja	11:19.71	+0,87	464	3,00
	100m: 1:14.93 1:14.93	300m: 4:02.29 1:24.89	500m: 6:55.56 1:27.47	700m: 9:51.73 1:28.51			
	200m: 2:37.40 1:22.47	400m: 5:28.09 1:25.80	600m: 8:23.22 1:27.66	800m: 11:19.71 1:27.98			
7.	GOMES Joao Antonio	75	Leixoes	12:04.34	+0,97	384	2,00
	100m: 1:22.33 1:22.33	300m: 4:25.65 1:32.04	500m: 7:32.08 1:33.05	700m: 10:37.53 1:32.13			
	200m: 2:53.61 1:31.28	400m: 5:59.03 1:33.38	600m: 9:05.40 1:33.32	800m: 12:04.34 1:26.81			
8.	LOBO Tiago Messias	78	Penafiel	12:47.88	+0,86	322	1,00
	100m: 1:30.60 1:30.60	300m: 4:47.20 1:38.30	500m: 8:03.18 1:37.10	700m: 11:16.11 1:36.40			
	200m: 3:08.90 1:38.30	400m: 6:26.08 1:38.88	600m: 9:39.71 1:36.53	800m: 12:47.88 1:31.77			
9.	OLIVEIRA Alcino Costa	75	Vila DEste/Gaia	16:02.76	+1,18	163	-
	100m: 1:46.56 1:46.56	300m: 5:52.34 2:04.01	500m: 9:56.74 2:02.21	700m: 14:02.23 2:02.70			
	200m: 3:48.33 2:01.77	400m: 7:54.53 2:02.19	600m: 11:59.53 2:02.79	800m: 16:02.76 2:00.53			

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Prova 2 Masc., 800m Livres Master Esc E
19-07-2019 Resultados

RN E(45-49) 9:11.17 FREITAS Jose Carlos CFP Oeiras 01-07-2011

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SOUSA Joao Pedro	74	Naval do Funchal	10:03.67	+0,84	676	9,00
	100m: 1:08.75 1:08.75	300m: 3:40.30 1:16.93	500m: 6:15.50 1:17.85	700m: 8:50.38 1:17.44			
	200m: 2:23.37 1:14.62	400m: 4:57.65 1:17.35	600m: 7:32.94 1:17.44	800m: 10:03.67 1:13.29			
2.	VANTAGGIATO Marco	71	Litoral Alentejano	10:05.14	+0,82	672	7,00
	100m: 1:10.28 1:10.28	300m: 3:41.30 1:16.58	500m: 6:14.78 1:16.87	700m: 8:50.65 1:18.05			
	200m: 2:24.72 1:14.44	400m: 4:57.91 1:16.61	600m: 7:32.60 1:17.82	800m: 10:05.14 1:14.49			
3.	GOIDANICH Fernando Klein	74	Litoral Alentejano	11:04.09		508	6,00
	100m: 1:13.26 1:13.26	300m: 4:00.20 1:24.53	500m: 6:51.63 1:25.78	700m: 9:42.88 1:26.06			
	200m: 2:35.67 1:22.41	400m: 5:25.85 1:25.65	600m: 8:16.82 1:25.19	800m: 11:04.09 1:21.21			
4.	SANTOS Eurico Manuel	70	Colegio Monte Maior	11:15.71	+0,84	482	5,00
	100m: 1:16.65 1:16.65	300m: 4:04.12 1:24.95	500m: 6:55.64 1:26.28	700m: 9:50.21 1:27.79			
	200m: 2:39.17 1:22.52	400m: 5:29.36 1:25.24	600m: 8:22.42 1:26.78	800m: 11:15.71 1:25.50			
5.	GOISQUE Pierre-Andre	70	Fluval Portuense	11:18.53		476	4,00
	100m: 1:15.91 1:15.91	300m: 4:07.43 1:26.93	500m: 7:02.02 1:26.38	700m: 9:54.33 1:26.21			
	200m: 2:40.50 1:24.59	400m: 5:35.64 1:28.21	600m: 8:28.12 1:26.10	800m: 11:18.53 1:24.20			
6.	FONSECA Bruno Miguel	73	Salesianos	12:01.87	+0,96	395	3,00
	100m: 1:21.53 1:21.53	300m: 4:24.84 1:33.58	500m: 7:33.37 1:33.39	700m: 10:36.19 1:30.21			
	200m: 2:51.26 1:29.73	400m: 5:59.98 1:35.14	600m: 9:05.98 1:32.61	800m: 12:01.87 1:25.68			
7.	BARROS Francisco Santos	72	Porto	12:03.99	+0,90	392	2,00
	100m: 1:21.61 1:21.61	300m: 4:24.93 1:32.77	500m: 7:32.06 1:33.26	700m: 10:37.83 1:32.77			
	200m: 2:52.16 1:30.55	400m: 5:58.80 1:33.87	600m: 9:05.06 1:33.00	800m: 12:03.99 1:26.16			
8.	FERREIRA Miguel Jose	70	Leixoes	12:13.23		377	1,00
	100m: 1:21.82 1:21.82	300m: 4:26.74 1:33.28	500m: 7:34.40 1:34.68	700m: 10:41.92 1:33.70			
	200m: 2:53.46 1:31.64	400m: 5:59.72 1:32.98	600m: 9:08.22 1:33.82	800m: 12:13.23 1:31.31			
9.	NUNES Miguel Angelo	73	Estarreja	12:21.71	+0,83	364	-
	50m: 1:18.34	250m: 4:19.63	450m: 7:32.54	650m: 10:47.84			
	100m: 1:18.34	300m: 4:19.63	500m: 7:32.54	700m: 10:47.84			
	150m: 2:46.92	350m: 5:59.98	550m: 9:10.36	750m: 12:21.71			
	200m: 2:46.92	400m: 5:59.98	600m: 9:10.36	800m: 12:21.71			
10.	PEREIRA Jose Manuel	70	Palmela	12:25.27		359	-
	100m: 1:25.96 1:25.96	300m: 4:35.50 1:34.44	500m: 7:45.95 1:34.90	700m: 10:54.95 1:33.79			
	200m: 3:01.06 1:35.10	400m: 6:11.05 1:35.55	600m: 9:21.16 1:35.21	800m: 12:25.27 1:30.32			
11.	SA Nuno Manuel	71	Fluval Portuense	12:50.09	+0,89	326	-
	100m: 1:34.14 1:34.14	300m: 4:50.61 1:37.85	500m: 8:04.20 1:36.66	700m: 11:19.52 1:37.13			
	200m: 3:12.76 1:38.62	400m: 6:27.54 1:36.93	600m: 9:42.39 1:38.19	800m: 12:50.09 1:30.57			
12.	OLIVEIRA Pedro Fonseca	74	Fluval Portuense	13:12.60	+1,07	299	-
	100m: 1:30.81 1:30.81	300m: 4:44.33 1:38.78	500m: 8:05.62 1:41.60	700m: 11:31.94 1:43.36			
	200m: 3:05.55 1:34.74	400m: 6:24.02 1:39.69	600m: 9:48.58 1:42.96	800m: 13:12.60 1:40.66			
13.	SANTOS Paulo Meira	74	Laranjeiro	14:03.15	+0,99	248	-
	100m: 1:30.63 1:30.63	300m: 5:02.94 1:46.89	500m: 8:40.53 1:50.41	700m: 12:20.96 1:48.93			
	200m: 3:16.05 1:45.42	400m: 6:50.12 1:47.18	600m: 10:32.03 1:51.50	800m: 14:03.15 1:42.19			

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XXI Campeonato Nacional Masters de Verão - OPEN
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Reguengos de Monsaraz ,19- - 21-7-2019



Prova 2, Masc., 800m Livres, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
14.	INVERNEIRO Pedro Alexandre	71	Fluvial Portuense	14:04.76	+1,10	247	-
	100m: 1:32.21 1:32.21	300m: 5:07.36 1:49.35	500m: 8:45.56 1:48.89	700m: 12:24.60 1:49.09	800m: 14:04.76 1:40.16		
	200m: 3:18.01 1:45.80	400m: 6:56.67 1:49.31	600m: 10:35.51 1:49.95				
15.	MALHEIROS Oscar Jose	71	Litoral Alentejano	16:31.79		152	-
	100m: 1:51.26 1:51.26	300m: 6:06.39 2:08.82	500m: 10:22.69 2:08.25	700m: 14:33.56 2:05.04	800m: 16:31.79 1:58.23		
	200m: 3:57.57 2:06.31	400m: 8:14.44 2:08.05	600m: 12:28.52 2:05.83				
DNS	SOUSA Paulo Alexandre	72	O2 Portimao				-

Prova 2 Masc., 800m Livres Master Esc F Resultados

RN F(50-54)	9:16.56	FREITAS Jose Carlos	CFP	Montreal (CAN)	03-08-2014
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Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	DUARTE Jose Samuel	65	Sporting	10:50.58		608	9,00
	100m: 1:16.00 1:16.00	300m: 4:01.44 1:22.74	500m: 6:46.46 1:21.72	700m: 9:30.49 1:21.97	800m: 10:50.58 1:20.09		
	200m: 2:38.70 1:22.70	400m: 5:24.74 1:23.30	600m: 8:08.52 1:22.06				
2.	CORDEIRO Pedro Miguel	67	Alges	11:36.06	+0,92	496	7,00
	100m: 1:23.17 1:23.17	300m: 4:19.65 1:28.40	500m: 7:14.77 1:27.17	700m: 10:10.63 1:28.28	800m: 11:36.06 1:25.43		
	200m: 2:51.25 1:28.08	400m: 5:47.60 1:27.95	600m: 8:42.35 1:27.58				
3.	RIBEIRO Celso Fernando	69	Porto	12:29.00		398	6,00
	100m: 1:28.20 1:28.20	300m: 4:38.32 1:35.17	500m: 7:48.79 1:36.14	700m: 10:58.70 1:34.44	800m: 12:29.00 1:30.30		
	200m: 3:03.15 1:34.95	400m: 6:12.65 1:34.33	600m: 9:24.26 1:35.47				
4.	LOHKEN Jorg	68	Funcao Publica	12:31.60	+1,23	394	5,00
	100m: 1:21.30 1:21.30	300m: 4:29.05 1:35.22	500m: 7:40.85 1:36.02	700m: 10:56.39 1:37.75	800m: 12:31.60 1:35.21		
	200m: 2:53.83 1:32.53	400m: 6:04.83 1:35.78	600m: 9:18.64 1:37.79				
5.	CASAS Adelino Jose	66	Sporting	12:34.13	+0,93	390	4,00
	100m: 1:27.28 1:27.28	300m: 4:36.72 1:35.19	500m: 7:48.24 1:36.10	700m: 11:00.04 1:35.97	800m: 12:34.13 1:34.09		
	200m: 3:01.53 1:34.25	400m: 6:12.14 1:35.42	600m: 9:24.07 1:35.83				
6.	NEVES Paulo Alexandre	66	Leixoes	12:48.84		368	3,00
	100m: 1:26.89 1:26.89	300m: 4:41.52 1:37.96	500m: 7:59.63 1:39.74	700m: 11:16.24 1:37.55	800m: 12:48.84 1:32.60		
	200m: 3:03.56 1:36.67	400m: 6:19.89 1:38.37	600m: 9:38.69 1:39.06				
7.	MARTINHO Antonio Jorge	65	Academica de Coimbra	12:52.74	+1,02	362	2,00
	100m: 1:23.20 1:23.20	300m: 4:38.09 1:39.21	500m: 7:58.62 1:39.75	700m: 11:16.80 1:39.14	800m: 12:52.74 1:35.94		
	200m: 2:58.88 1:35.68	400m: 6:18.87 1:40.78	600m: 9:37.66 1:39.04				
8.	MUELLER Jiri	67	STV Limbach-Oberfrohna	13:07.85		342	1,00
	100m: 1:28.30 1:28.30	300m: 4:47.41 1:40.19	500m: 8:08.80 1:40.50	700m: 11:29.82 1:41.02	800m: 13:07.85 1:38.03		
	200m: 3:07.22 1:38.92	400m: 6:28.30 1:40.89	600m: 9:48.80 1:40.00				
9.	ALVES Fernando Jose	69	Salesianos	13:11.17		338	-
	50m: 1:30.45	250m: 4:51.06	450m: 8:14.50	650m: 11:51.31 1:43.86	800m: 13:11.17 1:41.87		
	100m: 3:12.14	300m: 6:32.13	500m: 9:56.10				
	150m: 1:30.45	350m: 6:32.13	600m: 9:56.10				
	200m: 3:12.14	400m: 6:32.13	600m: 9:56.10				
10.	SANTANA Fernando Manuel	68	Colegio Monte Maior	13:33.18		311	-
	100m: 1:36.90 1:36.90	300m: 5:02.35 1:42.74	500m: 8:23.81 1:40.72	700m: 11:51.31 1:43.86	800m: 13:33.18 1:41.87		
	200m: 3:19.61 1:42.71	400m: 6:43.09 1:40.74	600m: 10:07.45 1:43.64				

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Prova 2, Masc., 800m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
11.	SANTINHA Antonio Manuel	69	Masters de Almada	13:48.78		294	-
	100m: 1:37.35 1:37.35	300m: 5:07.86 1:45.21	500m: 8:38.73 1:44.79	700m: 12:08.57 1:44.40			
	200m: 3:22.65 1:45.30	400m: 6:53.94 1:46.08	600m: 10:24.17 1:45.44	800m: 13:48.78 1:40.21			
12.	CAMPOS Joao Paulo	65	Leixoes	13:57.12	+1,16	285	-
	100m: 1:27.08 1:27.08	300m: 4:55.73 1:47.30	500m: 8:35.38 1:50.86	700m: 12:14.85 1:50.75			
	200m: 3:08.43 1:41.35	400m: 6:44.52 1:48.79	600m: 10:24.10 1:48.72	800m: 13:57.12 1:42.27			
13.	CARMO Fernando Manuel	67	Alges	14:07.33		275	-
	100m: 1:38.85 1:38.85	300m: 5:13.70 1:48.54	500m: 8:50.14 1:49.17	700m: 12:24.19 1:45.77			
	200m: 3:25.16 1:46.31	400m: 7:00.97 1:47.27	600m: 10:38.42 1:48.28	800m: 14:07.33 1:43.14			
14.	COSTA Paulo Marques	68	Galitos / Bresimar	15:05.82	+1,05	225	-
	50m:	250m:	450m:	650m:			
	100m: 1:32.57	300m: 5:18.27	500m:	700m: 13:16.90			
	150m:	350m:	550m:	750m:			
	200m: 3:22.85	400m: 7:17.95	600m: 11:16.76	800m: 15:05.82			
15.	GOMES Carlos Sousa	65	Portinado	16:19.55		178	-
	100m: 1:45.10 1:45.10	300m: 5:50.72 2:04.28	500m: 10:02.07 2:05.80	700m: 14:14.53 2:07.07			
	200m: 3:46.44 2:01.34	400m: 7:56.27 2:05.55	600m: 12:07.46 2:05.39	800m: 16:19.55 2:05.02			
16.	BAPTISTA Jose Manuel	69	Leixoes	16:19.91	+1,19	177	-
	100m: 1:45.25 1:45.25	300m: 5:50.39 2:03.15	500m: 10:01.33 2:06.74	700m: 14:13.97 2:05.82			
	200m: 3:47.24 2:01.99	400m: 7:54.59 2:04.20	600m: 12:08.15 2:06.82	800m: 16:19.91 2:05.94			
17.	LOUREIRO Luis Miguel	68	Fluvial Portuense	16:55.94	+1,21	159	-
	100m: 1:56.80 1:56.80	300m: 6:17.56 2:10.88	500m: 10:35.59 2:08.85	700m: 14:52.45 2:07.62			
	200m: 4:06.68 2:09.88	400m: 8:26.74 2:09.18	600m: 12:44.83 2:09.24	800m: 16:55.94 2:03.49			

Prova 2 Masc., 800m Livres Master Esc G Resultados

RN G(55-59) 9:23.23 FREITAS Jose Carlos CFP Loulé 13-07-2018

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FREITAS Jose Carlos	63	Individual ANNP	9:29.50		998	9,00
	100m: 1:08.10 1:08.10	300m: 3:31.06 1:11.64	500m: 5:56.05 1:12.73	700m: 8:20.74 1:12.03			
	200m: 2:19.42 1:11.32	400m: 4:43.32 1:12.26	600m: 7:08.71 1:12.66	800m: 9:29.50 1:08.76			
2.	BENTO Jaime Carlos	61	Alges	11:30.28		560	7,00
	100m: 1:16.06 1:16.06	300m: 4:10.09 1:28.56	500m: 7:08.71 1:29.48	700m: 10:06.30 1:27.96			
	200m: 2:41.53 1:25.47	400m: 5:39.23 1:29.14	600m: 8:38.34 1:29.63	800m: 11:30.28 1:23.98			
3.	SOARES Ralf Pinto	64	Nadadores dos Estoris	11:32.44		555	6,00
	100m: 1:14.48 1:14.48	300m: 4:03.70 1:25.91	500m: 7:02.22 1:30.11	700m: 10:04.04 1:31.07			
	200m: 2:37.79 1:23.31	400m: 5:32.11 1:28.41	600m: 8:32.97 1:30.75	800m: 11:32.44 1:28.40			
4.	COSTA Armando Joao	63	Colegio SMLamas	12:25.13		445	5,00
	100m: 1:25.45 1:25.45	300m: 4:36.47 1:35.62	500m: 7:48.13 1:36.04	700m: 10:57.80 1:33.83			
	200m: 3:00.85 1:35.40	400m: 6:12.09 1:35.62	600m: 9:23.97 1:35.84	800m: 12:25.13 1:27.33			
5.	SEABRA Henrique Luis	61	Fluvial Portuense	12:44.28	+0,90	413	4,00
	100m: 1:21.86 1:21.86	300m: 4:29.74 1:35.15	500m: 7:45.24 1:38.02	700m: 11:04.53 1:40.42			
	200m: 2:54.59 1:32.73	400m: 6:07.22 1:37.48	600m: 9:24.11 1:38.87	800m: 12:44.28 1:39.75			

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Prova 2, Masc., 800m Livres, Master Esc G

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
6.	VELEZ Rui Manuel	64	Luz e Vida	13:34.29	+1,15	341	3,00
	100m: 1:39.01 1:39.01		300m: 5:06.66 1:44.46	500m: 8:33.63 1:43.12		700m: 11:58.52 1:41.17	
	200m: 3:22.20 1:43.19		400m: 6:50.51 1:43.85	600m: 10:17.35 1:43.72		800m: 13:34.29 1:35.77	
7.	BARKA Youssef-andre	63	Salesianos	13:37.50	+0,89	337	2,00
	100m: 1:30.89 1:30.89		300m: 4:56.53 1:43.77	500m: 8:26.14 1:45.19		700m: 11:55.66 1:45.42	
	200m: 3:12.76 1:41.87		400m: 6:40.95 1:44.42	600m: 10:10.24 1:44.10		800m: 13:37.50 1:41.84	
8.	AMARAL Jose Rui	63	Fluval Portuense	13:37.95	+1,42	336	1,00
	100m: 1:35.64 1:35.64		300m: 5:02.33 1:45.17	500m: 8:32.57 1:44.42		700m: 11:59.91 1:43.01	
	200m: 3:17.16 1:41.52		400m: 6:48.15 1:45.82	600m: 10:16.90 1:44.33		800m: 13:37.95 1:38.04	
9.	CARVALHO Vitor Borges	64	Viana Natacao	13:47.32		325	-
	100m: 1:35.58 1:35.58		300m: 5:07.57 1:45.84	500m: 8:38.51 1:45.27		700m: 12:08.15 1:44.53	
	200m: 3:21.73 1:46.15		400m: 6:53.24 1:45.67	600m: 10:23.62 1:45.11		800m: 13:47.32 1:39.17	
10.	SANTOS Manuel Fernando	61	Gafanha da Encarnacao	16:20.05		195	-
	100m: 1:47.50 1:47.50		300m: 5:57.80 2:07.55	500m: 10:10.53 2:05.82		700m: 14:24.55 2:07.07	
	200m: 3:50.25 2:02.75		400m: 8:04.71 2:06.91	600m: 12:17.48 2:06.95		800m: 16:20.05 1:55.50	
11.	NASCIMENTO Joao Carlos	63	O2 Portimao	17:35.48	+1,03	156	-
	100m: 1:56.39 1:56.39		300m: 6:32.25 2:17.33	500m: 11:00.79 2:14.38		700m: 15:27.28 2:13.63	
	200m: 4:14.92 2:18.53		400m: 8:46.41 2:14.16	600m: 13:13.65 2:12.86		800m: 17:35.48 2:08.20	

Prova 2 Masc., 800m Livres Master Esc H Resultados

RN H(60-64) 11:34.60 MAVIOSO Vitor Manuel SAD Loulé 13-07-2018

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MENDES Ricardo Antonio	55	Salesianos	12:36.60		565	9,00
	100m: 1:23.67 1:23.67		300m: 4:37.96 1:37.86	500m: 7:52.22 1:36.39		700m: 11:06.01 1:36.50	
	200m: 3:00.10 1:36.43		400m: 6:15.83 1:37.87	600m: 9:29.51 1:37.29		800m: 12:36.60 1:30.59	
2.	SANTOS Luis Lopes	59	Fluval Portuense	13:08.01		500	7,00
	100m: 1:22.29 1:22.29		300m: 4:33.74 1:38.39	500m: 7:58.85 1:43.20		700m: 11:26.11 1:44.16	
	200m: 2:55.35 1:33.06		400m: 6:15.65 1:41.91	600m: 9:41.95 1:43.10		800m: 13:08.01 1:41.90	
3.	RAPOSO Antonio Costa	58	O2 Portimao	13:43.74		438	6,00
	100m: 1:36.87 1:36.87		300m: 5:03.92 1:44.53	500m: 8:34.20 1:44.60		700m: 12:02.60 1:44.59	
	200m: 3:19.39 1:42.52		400m: 6:49.60 1:45.68	600m: 10:18.01 1:43.81		800m: 13:43.74 1:41.14	
4.	ALBARDEIRO Antonio Barrocas	56	Alges	14:46.08		352	5,00
	100m: 1:38.23 1:38.23		300m: 5:17.76 1:51.90	500m: 9:05.11 1:53.20		700m: 12:54.30 1:55.60	
	200m: 3:25.86 1:47.63		400m: 7:11.91 1:54.15	600m: 10:58.70 1:53.59		800m: 14:46.08 1:51.78	
5.	RAPOSO Jose Alexandre	55	Sporting de Aveiro	17:06.32		226	4,00
	100m: 2:01.62 2:01.62		300m: 6:22.27 2:10.09	500m: 10:44.27 2:11.23		700m: 15:02.77 2:08.93	
	200m: 4:12.18 2:10.56		400m: 8:33.04 2:10.77	600m: 12:53.84 2:09.57		800m: 17:06.32 2:03.55	
6.	ROSEIRA Joao Luis	55	Fluval Portuense	18:25.83	+1,33	181	3,00
	100m: 2:01.65 2:01.65		300m: 6:40.81 2:21.23	500m: 11:26.84 2:22.36		700m: 16:11.01 2:22.81	
	200m: 4:19.58 2:17.93		400m: 9:04.48 2:23.67	600m: 13:48.20 2:21.36		800m: 18:25.83 2:14.82	
DNS	PINTO Mario Jose	57	Individual ANC				-

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Prova 2, Masc., 800m Livres

Prova 2
19-07-2019
Masc., 800m Livres
Master Esc I
Resultados

RN I(65-69) 12:04.30 DYSON Stephen Thomas INDANL Reguengos de Monsaraz 29-06-2012

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	CORREIA Carlos Augusto	52	Masters de Almada	14:00.98		454	9,00
	100m: 1:38.53 1:38.53	300m: 5:11.60 1:45.99	500m: 8:44.94 1:46.41	700m: 12:16.58 1:45.75			
	200m: 3:25.61 1:47.08	400m: 6:58.53 1:46.93	600m: 10:30.83 1:45.89	800m: 14:00.98 1:44.40			
2.	MADAIL Jose Henrique	54	Galitos / Bresimar	15:44.13	+0,93	321	7,00
	100m: 1:52.06 1:52.06	300m: 5:54.12 1:59.89	500m: 9:56.70 2:00.68	700m: 13:51.82 1:55.97			
	200m: 3:54.23 2:02.17	400m: 7:56.02 2:01.90	600m: 11:55.85 1:59.15	800m: 15:44.13 1:52.31			
3.	COELHO Domingos Pinto	52	Alges	16:43.48		267	6,00
	100m: 1:53.29 1:53.29	300m: 6:10.63 2:09.19	500m: 10:27.86 2:08.59	700m: 14:42.92 2:06.17			
	200m: 4:01.44 2:08.15	400m: 8:19.27 2:08.64	600m: 12:36.75 2:08.89	800m: 16:43.48 2:00.56			
4.	MARQUES Antonio Jorge	51	Fluvial Portuense	17:36.59		229	5,00
	100m: 2:02.39 2:02.39	300m: 6:32.14 2:13.93	500m: 10:58.17 2:12.42	700m: 15:27.34 2:15.43			
	200m: 4:18.21 2:15.82	400m: 8:45.75 2:13.61	600m: 13:11.91 2:13.74	800m: 17:36.59 2:09.25			

Prova 2
19-07-2019
Masc., 800m Livres
Master Esc J
Resultados

RN J(70-74) 12:08.51 DYSON Stephen Thomas SAD Budapeste (HUN) 14-08-2017

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	DYSON Stephen Thomas	47	Alges	13:11.25	+1,03	672	9,00
	100m: 1:32.30 1:32.30	300m: 4:54.31 1:41.62	500m: 8:16.08 1:40.94	700m: 11:33.92 1:38.55			
	200m: 3:12.69 1:40.39	400m: 6:35.14 1:40.83	600m: 9:55.37 1:39.29	800m: 13:11.25 1:37.33			
2.	SALGUEIRO Luis Vidigal	45	Alges	16:53.72		319	7,00
	100m: 1:58.81 1:58.81	300m: 6:13.74 2:08.10	500m: 10:31.70 2:08.49	700m: 14:49.58 2:10.26			
	200m: 4:05.64 2:06.83	400m: 8:23.21 2:09.47	600m: 12:39.32 2:07.62	800m: 16:53.72 2:04.14			
3.	MARREIROS Jose Joaquim	46	Alges	20:54.54		168	6,00
	100m: 2:27.85 2:27.85	300m: 7:51.30 2:41.67	500m: 13:10.19 2:39.91	700m: 18:25.59 2:37.16			
	200m: 5:09.63 2:41.78	400m: 10:30.28 2:38.98	600m: 15:48.43 2:38.24	800m: 20:54.54 2:28.95			
4.	CABRAL Luis Pereira	49	Academica de Coimbra	20:58.01		167	5,00
	100m: 2:22.90 2:22.90	300m: 7:45.88 2:41.96	500m: 13:07.56 2:39.39	700m: 18:26.51 2:39.59			
	200m: 5:03.92 2:41.02	400m: 10:28.17 2:42.29	600m: 15:46.92 2:39.36	800m: 20:58.01 2:31.50			

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Reguengos de Monsaraz ,19- - 21-7-2019



Prova 2, Masc., 800m Livres

Prova 2 19-07-2019	Masc., 800m Livres				Master Esc L Resultados
RN L(80-84)	21:13.97	TEIXEIRA Joao Rodrigues	AAC	Coimbra	24-02-2018

Pontos: DSV Masters 19

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts	
1.	RODRIGUES Antonio Alexandre	39	Academica de Coimbra	19:35.63	+1,32	292	9,00	
	<i>Rec Nac Esc L</i>							
	100m: 2:05.62	2:05.62	300m: 6:55.11	2:27.27	500m: 11:59.09	2:33.67	700m: 17:09.87	2:35.34
	200m: 4:27.84	2:22.22	400m: 9:25.42	2:30.31	600m: 14:34.53	2:35.44	800m: 19:35.63	2:25.76
2.	TEIXEIRA Joao Rodrigues	37	Academica de Coimbra	23:39.99		165	7,00	
	100m: 2:50.67	2:50.67	300m: 8:39.44	2:54.51	500m: 14:39.21	3:01.07	700m: 20:44.04	3:03.63
	200m: 5:44.93	2:54.26	400m: 11:38.14	2:58.70	600m: 17:40.41	3:01.20	800m: 23:39.99	2:55.95

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