

XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 14 Men, 400m Freestyle Master Esc A
20-07-2019 Results

RN A(25-29) 4:12.44 NIZ Adriano Miguel GDNVNF Kazan (RUS) 16-08-2015

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	BONANCA Mario Andre 100m: 1:04.14 1:04.14	90	Sporting	4:32.66		779	9,00
2.	ROQUE Jorge Manuel 100m: 1:05.23 1:05.23	90	Masters de Almada	4:40.38		716	7,00
3.	ROSA Joao Pedro 100m: 1:07.29 1:07.29	90	CLAC-Entroncamento	4:45.01	+0,78	682	6,00
4.	FELICIO Mario Nuno 100m: 1:07.12 1:07.12	90	Ginasio Clube	4:51.76		635	5,00
5.	FONSECA Diogo Gomes 100m: 1:07.37 1:07.37	90	Alcobaca	4:57.53		599	4,00
6.	SILVA Hugo Miguel 100m: 1:09.98 1:09.98	92	Funcao Publica	4:57.55		599	3,00
7.	FERREIRA Artur Sousa 100m: 1:10.02 1:10.02	93	Colegio SMLamas	5:07.41		543	2,00
8.	CANDEIAS Daniel Filipe 100m: 1:10.82 1:10.82	90	Luz e Vida	5:14.98		505	1,00
9.	GOUVEIA Jose Miguel 100m: 1:20.32 1:20.32	91	Leixoes	5:46.39	+0,83	380	-
10.	RIBEIRO Luis Manuel 100m: 1:17.63 1:17.63	91	Foca	5:51.54		363	-
11.	FIGUEIRAS Goncalo Nogueira 100m: 1:24.07 1:24.07	92	Leixoes	6:09.26	+1,10	313	-
12.	COSTA Hugo Figueiredo 100m: 1:27.62 1:27.62	91	Geslours	6:32.26		261	-

Event 14 Men, 400m Freestyle Master Esc B
20-07-2019 Results

RN B(30-34) 4:10.56 NIZ Adriano Miguel GDNVNF London (GBR) 27-05-2016

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	NOLASCO Nuno Maria 100m: 1:05.94 1:05.94	87	Ginasio Clube	4:41.88		685	9,00
2.	SANCHEZ AVELLANO Rafael 100m: 1:07.25 1:07.25	89	Natacion Cordoba	4:46.22	+0,89	654	7,00
3.	RUAS Bruno Miguel 100m: 1:11.46 1:11.46	89	Sporting	4:58.53		576	6,00
4.	CARMO Tiago Narciso 100m: 1:08.05 1:08.05	85	Ginasio de Santo Tirso	4:59.25	+0,86	572	5,00

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Event 14, Men, 400m Freestyle, Master Esc B

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
5.	HENRIQUES Diogo Gil 100m: 1:10.29 1:10.29	88	Alges	5:01.65 1:19.67 400m: 5:01.65 1:14.97	+0,82	559	4,00
6.	FERNANDES Daniel Filipe 100m: 1:10.73 1:10.73	85	Galitos / Bresimar	5:08.00 1:20.09 400m: 5:08.00 1:18.29		525	3,00
7.	FERREIRA Duarte Nuno 100m: 1:14.00 1:14.00	86	Salesianos	5:09.70 1:19.74 400m: 5:09.70 1:17.63	+0,82	516	2,00
8.	FREITAS Pedro Ideia 100m: 1:18.45 1:18.45	89	Naval do Funchal	5:33.20 1:25.38 400m: 5:33.20 1:24.34		414	1,00
9.	FIGUEIREDO Luis Rosario 100m: 1:14.76 1:14.76	89	Ginasio de Santo Tirso	5:36.71 1:31.20 400m: 5:36.71 1:25.23	+0,83	402	-
10.	MAGALHAES Pedro Miguel 100m: 1:24.26 1:24.26	88	Ginasio de Santo Tirso	5:50.67 1:30.67 400m: 5:50.67 1:25.01		355	-
11.	AIRES Luis Emanuel 100m: 1:22.03 1:22.03	85	Masters de Almada	5:54.22 1:31.77 400m: 5:54.22 1:29.96	+0,94	345	-
12.	OLIVEIRA Bruno Miguel 100m: 1:24.49 1:24.49	89	Ginasio de Santo Tirso	6:34.04 1:46.40 400m: 6:34.04 1:46.86		250	-
13.	DOMINGOS Adriano Luz 100m: 1:26.79 1:26.79	88	Litoral Alentejano	6:38.49 1:46.69 400m: 6:38.49 1:44.28		242	-
14.	OLIVEIRA Renato Augusto 100m: 1:28.32 1:28.32	85	Vitoria Guimaraes	6:43.19 1:46.38 400m: 6:43.19 1:45.13	+0,87	234	-
15.	ISIDORO Tiago Filipe 100m: 1:32.07 1:32.07	87	Pimpoes/Cimai	7:01.04 1:51.46 400m: 7:01.04 1:47.91	+1,25	205	-
16.	NDECKY Gil Palma 100m: 1:33.43 1:33.43	89	Aminata	7:01.44 1:52.04 400m: 7:01.44 1:47.81	+1,10	205	-
DNS	SILVA Joao Carlos	89	Colegio Monte Maior				-

Event 14 Men, 400m Freestyle Master Esc C Results

RN C(35-39)	4:24.85	SILVA Pedro Miguel	CFV	Oeiras	02-07-2011
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Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	INACIO Mauro Santos 100m: 1:07.54 1:07.54	84	Litoral Alentejano	4:46.82 1:13.94 400m: 4:46.82 1:12.60		715	9,00
2.	COURAS Ivan Mauricio 100m: 1:08.32 1:08.32	81	Fluval Portuense	4:50.37 1:15.06 400m: 4:50.37 1:13.19		689	7,00
3.	MATOS Pedro Emanuel 100m: 1:08.64 1:08.64	82	Nautico Coimbra	4:57.85 1:17.37 400m: 4:57.85 1:16.35		638	6,00
4.	MANSO Sergio Miguel 100m: 1:11.10 1:11.10	84	Funcao Publica	5:02.18 1:18.31 400m: 5:02.18 1:15.63	+0,89	611	5,00
5.	CARDOSO Alvaro Miguel 100m: 1:09.44 1:09.44	84	Lisboa Poolboys	5:06.10 1:19.25 400m: 5:06.10 1:20.26	+0,88	588	4,00

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Event 14, Men, 400m Freestyle, Master Esc C

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
6.	CAMPOS Nuno Andre 100m: 1:17.66 1:17.66	81	Gafanha da Encarnacao	5:40.76 200m: 2:44.49 1:26.83 300m: 4:13.48 1:28.99		426	3,00
7.	ROCHA Pedro Morais 100m: 1:17.97 1:17.97	83	Gesloures	5:41.76 200m: 2:46.21 1:28.24 300m: 4:16.47 1:30.26	+0,91	422	2,00
8.	DABRIO Miguel Andre 100m: 1:18.22 1:18.22	82	Salesianos	5:44.02 200m: 2:46.57 1:28.35 300m: 4:16.04 1:29.47		414	1,00
9.	RODRIGUES Marcelo Porto 100m: 1:22.09 1:22.09	82	Natacao de Valongo	5:53.51 200m: 2:54.11 1:32.02 300m: 4:27.59 1:33.48	+0,93	382	-
10.	MARTINS Bruno Alexandre 100m: 1:22.78 1:22.78	83	Salesianos	6:06.17 200m: 2:56.95 1:34.17 300m: 4:33.00 1:36.05	+1,08	343	-
11.	SATURNINO Renato Andre 100m: 1:20.81 1:20.81	81	Alcobaca	6:08.00 200m: 2:54.16 1:33.35 300m: 4:32.01 1:37.85	+0,82	338	-
12.	SILVA Pedro Guedes 100m: 1:24.35 1:24.35	82	Colegio Monte Maior	6:30.82 200m: 3:00.46 1:36.11 300m: 4:45.03 1:44.57	+0,95	282	-
13.	FREITAS Joao Dinis 100m: 1:37.66 1:37.66	83	Masters de Almada	6:52.03 200m: 3:22.64 1:44.98 300m: 5:09.87 1:47.23	+0,95	241	-
14.	GONCALVES Pedro Naia 100m: 1:29.03 1:29.03	80	O2 Portimao	6:53.11 200m: 3:12.93 1:43.90 300m: 5:04.40 1:51.47		239	-
15.	CARVALHO Paulo Cesar 100m: 2:00.09 2:00.09	81	Fluvial Portuense	8:38.38 200m: 4:12.01 2:11.92 300m: 6:28.20 2:16.19	+1,06	121	-

Event 14 Men, 400m Freestyle Master Esc D Results

20-07-2019 RN D(40-44) 4:33.43 CABRITA Miguel Mendonca SAD Évora 05-07-2014

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	COSTA Rodrigo Marques 100m: 1:06.64 1:06.64	76	Litoral Alentejano	4:42.28 200m: 2:17.90 1:11.26 300m: 3:29.77 1:11.87		731	9,00
2.	SANTOS Nuno Rogerio 100m: 1:09.60 1:09.60	76	Gesloures	5:03.27 200m: 2:26.43 1:16.83 300m: 3:45.70 1:19.27	+0,79	590	7,00
3.	GOMEZ Gonzalo Iglesias 100m: 1:16.03 1:16.03	79	Fluvial Portuense	5:05.05 200m: 3:45.42 2:29.39 400m: 5:05.05 1:19.63		579	6,00
4.	PACHECO Luis Daniel 100m: 1:11.51 1:11.51	76	Alcobaca	5:16.56 200m: 2:31.58 1:20.07 300m: 3:55.46 1:23.88		518	5,00
5.	ROSA Artur Jorge 100m: 1:13.68 1:13.68	76	Vila DEste/Gaia	5:17.32 200m: 2:34.45 1:20.77 300m: 3:55.95 1:21.50		515	4,00
6.	MATEUS Jose Alexandre 100m: 1:11.90 1:11.90	77	Aminata	5:17.57 200m: 2:32.24 1:20.34 300m: 3:55.59 1:23.35		513	3,00
7.	SANTOS Bruno Miguel 100m: 1:16.16 1:16.16	76	Porto	5:19.33 200m: 2:38.99 1:22.83 300m: 4:00.12 1:21.13	+0,83	505	2,00

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Event 14, Men, 400m Freestyle, Master Esc D

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
8.	CASTANO MALLORCA Raul	77	Sevilla Master	5:23.73	+0,94	485	1,00
	100m: 1:17.03 1:17.03		200m: 2:40.84 1:23.81	300m: 4:03.94 1:23.10	400m: 5:23.73 1:19.79		
9.	OLIVEIRA Carlos Miguel	78	Estarreja	5:24.74	+0,84	480	-
	100m: 1:13.92 1:13.92		200m: 2:34.33 1:20.41	300m: 3:58.69 1:24.36	400m: 5:24.74 1:26.05		
10.	PEREIRA Alexandre Marques	76	Colegio Monte Maior	5:47.08	+0,99	393	-
	100m: 1:22.22 1:22.22		200m: 2:51.17 1:28.95	300m: 4:20.95 1:29.78	400m: 5:47.08 1:26.13		
11.	CUSTODIO Rui Gabriel	75	Alcobaca	5:49.85		384	-
	100m: 1:21.10 1:21.10		200m: 2:51.04 1:29.94	300m: 4:22.20 1:31.16	400m: 5:49.85 1:27.65		
12.	GOMES Joao Antonio	75	Leixoes	5:53.64		372	-
	100m: 1:22.87 1:22.87		200m: 2:53.98 1:31.11	300m: 4:25.10 1:31.12	400m: 5:53.64 1:28.54		
13.	MENDES Rui Alberto	75	Fluval Portuense	6:19.46	+1,03	301	-
	100m: 1:21.00 1:21.00		200m: 2:59.35 1:38.35	300m: 4:40.77 1:41.42	400m: 6:19.46 1:38.69		
14.	GONCALVES Nuno Telmo	77	Sporting	6:26.35		285	-
	100m: 1:26.90 1:26.90		200m: 3:07.30 1:40.40	300m: 4:48.21 1:40.91	400m: 6:26.35 1:38.14		
15.	FERREIRA Jorge Santos	78	Salesianos	6:29.39		278	-
	100m: 1:27.51 1:27.51		200m: 3:07.17 1:39.66	300m: 4:51.22 1:44.05	400m: 6:29.39 1:38.17		
16.	SERODIO Joao Pedro	78	Alges	6:43.13	+0,88	251	-
	100m: 1:24.82 1:24.82		200m: 3:08.41 1:43.59	300m: 4:57.01 1:48.60	400m: 6:43.13 1:46.12		
17.	CASIMIRO Joao Manuel	76	Gesloures	7:02.65	+1,02	218	-
	100m: 1:36.27 1:36.27		200m: 3:27.50 1:51.23	300m: 5:16.88 1:49.38	400m: 7:02.65 1:45.77		
18.	SEBASTIAO Nuno Andre	78	Avancado EUL	7:20.71	+0,83	192	-
	100m: 1:33.90 1:33.90		200m: 3:26.40 1:52.50	300m: 5:23.41 1:57.01	400m: 7:20.71 1:57.30		
19.	GIRAO Rui Manuel	75	Gesloures	7:33.81	+0,91	176	-
	100m: 1:34.69 1:34.69		200m: 3:36.32 2:01.63	300m: 5:37.67 2:01.35	400m: 7:33.81 1:56.14		
20.	OLIVEIRA Alcino Costa	75	Vila DEste/Gaia	7:50.53	+1,32	157	-
	100m: 1:43.14 1:43.14		200m: 3:44.29 2:01.15	300m: 5:47.01 2:02.72	400m: 7:50.53 2:03.52		
21.	OLIVEIRA David Jose	75	Alcobaca	8:37.10		119	-
	100m: 1:58.90 1:58.90		200m: 4:09.91 2:11.01	300m: 6:25.70 2:15.79	400m: 8:37.10 2:11.40		

Event 14 Men, 400m Freestyle Master Esc E
20-07-2019 Results

RN E(45-49) 4:27.36 FREITAS Jose Carlos CFP Gotemburgo (SWE) 06-08-2010

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	SOUSA Joao Pedro	74	Naval do Funchal	4:50.62	+0,77	685	9,00
	100m: 1:07.76 1:07.76		200m: 2:21.21 1:13.45	300m: 3:36.01 1:14.80	400m: 4:50.62 1:14.61		
2.	VANTAGGIATO Marco	71	Litoral Alentejano	4:53.15	+0,83	667	7,00
	100m: 1:09.28 1:09.28		200m: 2:24.51 1:15.23	300m: 3:40.17 1:15.66	400m: 4:53.15 1:12.98		
3.	GONCALVES Carlos Guimaraes	70	Fluval Portuense	5:21.81	+0,95	504	6,00
	100m: 1:15.20 1:15.20		200m: 2:36.36 1:21.16	300m: 3:59.06 1:22.70	400m: 5:21.81 1:22.75		

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Event 14, Men, 400m Freestyle, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
4.	SANTOS Eurico Manuel 100m: 1:15.62 1:15.62	70	Colegio Monte Maior	5:29.07 200m: 2:36.98 1:21.36 300m: 4:01.31 1:24.33	+0,85	471	5,00
5.	MATOS Pedro Frederico 100m: 1:22.20 1:22.20	72	Funcao Publica	5:48.08 200m: 2:51.94 1:29.74 300m: 4:20.91 1:28.97	+0,97	398	4,00
6.	BARROS Francisco Santos 100m: 1:20.21 1:20.21	72	Porto	5:48.37 200m: 2:49.38 1:29.17 300m: 4:19.64 1:30.26	+0,96	397	3,00
7.	FONSECA Bruno Miguel 100m: 1:18.71 1:18.71	73	Salesianos	5:49.37 200m: 2:48.86 1:30.15 300m: 4:19.11 1:30.25		394	2,00
8.	COSTA Pedro Mota 100m: 1:19.22 1:19.22	71	Fluval Portuense	5:53.81 200m: 2:49.23 1:30.01 300m: 4:23.71 1:34.48	+0,95	379	1,00
9.	FERREIRA Miguel Jose 100m: 1:18.20 1:18.20	70	Leixoes	5:54.73 200m: 2:48.77 1:30.57 300m: 4:23.08 1:34.31	+0,84	376	-
10.	PEREIRA Jose Manuel 100m: 1:20.69 1:20.69	70	Palmela	5:55.63 200m: 2:52.20 1:31.51 300m: 4:25.77 1:33.57	+0,83	373	-
11.	CUNHA Jose Sizenando 100m: 1:23.88 1:23.88	74	Fluval Portuense	6:04.24 200m: 2:58.66 1:34.78 300m: 4:35.15 1:36.49	+0,91	347	-
12.	SA Nuno Manuel 100m: 1:28.21 1:28.21	71	Fluval Portuense	6:13.28 200m: 3:04.23 1:36.02 300m: 4:39.66 1:35.43		323	-
13.	FERNANDES Ricardo Jorge 100m: 1:32.82 1:32.82	72	Natacao de Valongo	6:18.69 200m: 3:13.77 1:40.95 300m: 4:50.95 1:37.18	+1,04	309	-
14.	FRANCO Ricardo Velho 100m: 1:25.11 1:25.11	74	Gesloures	6:21.09 200m: 3:04.18 1:39.07 300m: 4:44.94 1:40.76	+0,86	303	-
15.	OLIVEIRA Pedro Fonseca 100m: 1:29.08 1:29.08	74	Fluval Portuense	6:31.50 200m: 3:08.00 1:38.92 300m: 4:51.02 1:43.02	+0,95	280	-
16.	PINTO Nuno Miguel 100m: 1:34.82 1:34.82	74	Gesloures	6:34.20 200m: 3:21.14 1:46.32 300m: 5:02.63 1:41.49		274	-
17.	OLIVEIRA Luis Miguel 100m: 1:31.69 1:31.69	74	Pimpoes/Cimai	6:45.68 200m: 3:15.53 1:43.84 300m: 5:01.77 1:46.24		251	-
18.	INVERNEIRO Pedro Alexandre 100m: 1:31.35 1:31.35	71	Fluval Portuense	6:48.03 200m: 3:15.03 1:43.68 300m: 5:02.75 1:47.72		247	-
19.	ROCHA Mario Xavier 100m: 1:36.02 1:36.02	70	Feirense	7:19.55 200m: 3:30.55 1:54.53 300m: 5:27.71 1:57.16		198	-
20.	PEREIRA Rui Abel 100m: 1:42.98 1:42.98	73	Fluval Portuense	7:37.89 200m: 3:38.06 1:55.08 300m: 5:43.18 2:05.12		175	-
21.	CARDOSO Jose Luis 100m: 1:43.68 1:43.68	71	Masters de Almada	7:56.43 200m: 3:48.80 2:05.12 300m: 5:55.34 2:06.54		155	-
22.	MALHEIROS Oscar Jose 100m: 1:49.03 1:49.03	71	Litoral Alentejano	8:06.49 200m: 3:56.02 2:06.99 300m: 6:05.81 2:09.79		146	-
23.	COSTA Nuno Ramalho 100m: 1:50.69 1:50.69	72	Luz e Vida	8:45.43 200m: 4:08.68 2:17.99 300m: 6:29.73 2:21.05		115	-
DNS	FRIAS Ricardo Miguel	73	Alges				-

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Event 14, Men, 400m Freestyle, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
DNS	SOUSA Paulo Alexandre	72	O2 Portimao				-

Event 14
20-07-2019
Men, 400m Freestyle
Master Esc F
Results

RN F(50-54)	4:28.97	FREITAS Jose Carlos	CFP	Kazan (RUS)	16-08-2015
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Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	CORDEIRO Pedro Miguel 100m: 1:21.43 1:21.43	67	Alges	5:41.42 200m: 2:48.53 1:27.10 300m: 4:16.53 1:28.00 400m: 5:41.42 1:24.89		479	9,00
2.	TEJO Rui Miguel 100m: 1:19.62 1:19.62	69	Academica de Coimbra	5:47.03 200m: 2:47.90 1:28.28 300m: 4:18.62 1:30.72 400m: 5:47.03 1:28.41		456	7,00
3.	CASAS Adelino Jose 100m: 1:23.81 1:23.81	66	Sporting	5:54.90 200m: 2:53.76 1:29.95 300m: 4:24.19 1:30.43 400m: 5:54.90 1:30.71		426	6,00
4.	LOHKEN Jorg 100m: 1:19.37 1:19.37	68	Funcao Publica	5:57.22 200m: 2:50.53 1:31.16 300m: 4:24.66 1:34.13 400m: 5:57.22 1:32.56		418	5,00
5.	FAUSTINO Jose Salvador 100m: 1:21.47 1:21.47	68	Portinado	5:57.66 200m: 2:53.75 1:32.28 300m: 4:27.41 1:33.66 400m: 5:57.66 1:30.25	+0,86	416	4,00
6.	ALMEIDA Pedro Sa 100m: 1:20.29 1:20.29	65	Colegio Monte Maior	6:11.80 200m: 2:54.44 1:34.15 300m: 4:33.06 1:38.62 400m: 6:11.80 1:38.74	+0,91	371	3,00
7.	MARTINHO Antonio Jorge 100m: 1:24.16 1:24.16	65	Academica de Coimbra	6:13.48 200m: 3:00.41 1:36.25 300m: 4:39.61 1:39.20 400m: 6:13.48 1:33.87		366	2,00
8.	NEVES Paulo Alexandre 100m: 1:25.56 1:25.56	66	Leixoes	6:14.87 200m: 3:02.61 1:37.05 300m: 4:41.42 1:38.81 400m: 6:14.87 1:33.45		362	1,00
9.	LIMA Jorge Sequeira 100m: 1:25.69 1:25.69	67	Electrico Clube	6:17.09 200m: 3:03.85 1:38.16 300m: 4:42.84 1:38.99 400m: 6:17.09 1:34.25		355	-
10.	FIGUEIREDO Ricardo Manuel 100m: 1:24.14 1:24.14	69	Nadadores dos Estoris	6:18.28 200m: 3:00.92 1:36.78 300m: 4:41.24 1:40.32 400m: 6:18.28 1:37.04	+0,99	352	-
11.	ALVES Fernando Jose 100m: 1:28.81 1:28.81	69	Salesianos	6:24.29 200m: 3:08.72 1:39.91 300m: 4:49.83 1:41.11 400m: 6:24.29 1:34.46		336	-
12.	CAMPOS Joao Paulo 100m: 1:26.44 1:26.44	65	Leixoes	6:32.11 200m: 3:06.56 1:40.12 300m: 4:52.25 1:45.69 400m: 6:32.11 1:39.86		316	-
13.	SOUSA Luis Manuel 100m: 1:27.42 1:27.42	66	Fluval Portuense	6:35.36 200m: 3:09.56 1:42.14 300m: 4:54.36 1:44.80 400m: 6:35.36 1:41.00	+0,94	308	-
14.	QUARESMA Paulo Miguel 100m: 1:30.12 1:30.12	67	Aminata	6:50.57 200m: 3:15.67 1:45.55 300m: 5:05.26 1:49.59 400m: 6:50.57 1:45.31	+1,05	275	-
15.	SANTINHA Antonio Manuel 100m: 1:40.07 1:40.07	69	Masters de Almada	6:50.95 200m: 3:27.11 1:47.04 300m: 5:13.04 1:45.93 400m: 6:50.95 1:37.91	+1,12	274	-
16.	CARMO Fernando Manuel 100m: 1:38.00 1:38.00	67	Alges	6:56.53 200m: 3:24.23 1:46.23 300m: 5:12.14 1:47.91 400m: 6:56.53 1:44.39		263	-
17.	BARRETO Marcelino Joao 100m: 1:47.64 1:47.64	65	Aminata	7:34.74 200m: 3:49.13 2:01.49 300m: 5:47.16 1:58.03 400m: 7:34.74 1:47.58	+1,06	202	-

Splash Meet Manager, 11.60220

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XXI Campeonato Nacional Masters de Verão - OPEN
XXI Portuguese Summer Masters Championship - OPEN
Reguengos de Monsaraz ,19- - 21-7-2019



Event 14, Men, 400m Freestyle, Master Esc F

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
18.	ALMEIDA Luis Filipe	66	Lisboa Poolboys	7:40.87	+1,05	194	-
	100m: 1:37.28 1:37.28		200m: 3:34.88 1:57.60	300m: 5:36.97 2:02.09		400m: 7:40.87 2:03.90	
19.	ANTUNES Luis Miguel	68	Leixoes	7:45.22	+1,28	189	-
	100m: 1:45.77 1:45.77		200m: 3:43.36 1:57.59	300m: 5:46.02 2:02.66		400m: 7:45.22 1:59.20	
20.	BAPTISTA Jose Manuel	69	Leixoes	7:47.30		186	-
	100m: 1:41.89 1:41.89		200m: 3:39.42 1:57.53	300m: 5:43.57 2:04.15		400m: 7:47.30 2:03.73	
21.	GOMES Carlos Sousa	65	Portinado	7:56.61	+0,86	176	-
	100m: 1:48.66 1:48.66		200m: 3:51.30 2:02.64	300m: 5:54.30 2:03.00		400m: 7:56.61 2:02.31	
22.	LOUREIRO Luis Miguel	68	Fluval Portuense	8:15.44	+1,16	156	-
	100m: 1:55.04 1:55.04		200m: 4:00.22 2:05.18	300m: 6:08.17 2:07.95		400m: 8:15.44 2:07.27	
23.	CARVALHO Paulo Miguel	67	Fluval Portuense	8:27.71	+1,33	145	-
	100m: 1:49.83 1:49.83		200m: 4:02.19 2:12.36	300m: 6:17.62 2:15.43		400m: 8:27.71 2:10.09	

Event 14 Men, 400m Freestyle Master Esc G Results

RN G(55-59) 4:34.69 FREITAS Jose Carlos CFP Loulé 14-07-2018

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	FREITAS Jose Carlos	63	Individual ANNP	4:36.95		1002	9,00
	100m: 1:05.99 1:05.99		200m: 2:16.79 1:10.80	300m: 3:28.19 1:11.40		400m: 4:36.95 1:08.76	
2.	SOARES Ralf Pinto	64	Nadadores dos Estoris	5:25.55		616	7,00
	100m: 1:14.39 1:14.39		200m: 2:37.78 1:23.39	300m: 4:01.96 1:24.18		400m: 5:25.55 1:23.59	
3.	TORRES Paulo Francisco	62	Fluval Portuense	5:29.21	+0,90	596	6,00
	100m: 1:15.49 1:15.49		200m: 2:40.27 1:24.78	300m: 4:04.73 1:24.46		400m: 5:29.21 1:24.48	
4.	BENTO Jaime Carlos	61	Alges	5:33.35		574	5,00
	100m: 1:16.73 1:16.73		200m: 2:42.52 1:25.79	300m: 4:08.91 1:26.39		400m: 5:33.35 1:24.44	
5.	COSTA Armando Joao	63	Colegio SMLamas	6:04.01		441	4,00
	100m: 1:23.67 1:23.67		200m: 2:57.68 1:34.01	300m: 4:34.01 1:36.33		400m: 6:04.01 1:30.00	
6.	SEABRA Henrique Luis	61	Fluval Portuense	6:07.95		427	3,00
	100m: 1:25.57 1:25.57		200m: 2:58.95 1:33.38	300m: 4:34.05 1:35.10		400m: 6:07.95 1:33.90	
7.	VELEZ Rui Manuel	64	Luz e Vida	6:27.27		366	2,00
	100m: 1:31.71 1:31.71		200m: 3:12.62 1:40.91	300m: 4:53.13 1:40.51		400m: 6:27.27 1:34.14	
8.	AMARAL Jose Rui	63	Fluval Portuense	6:29.22		361	1,00
	100m: 1:31.63 1:31.63		200m: 3:13.78 1:42.15	300m: 4:54.92 1:41.14		400m: 6:29.22 1:34.30	
9.	BARKA Youssef-andre	63	Salesianos	6:31.80		353	-
	100m: 1:34.58 1:34.58		200m: 3:16.87 1:42.29	300m: 4:56.38 1:39.51		400m: 6:31.80 1:35.42	
10.	MARTINS Arnaldo Silva	61	Fluval Portuense	7:52.14		202	-
	100m: 1:51.57 1:51.57		200m: 3:54.04 2:02.47	300m: 5:54.72 2:00.68		400m: 7:52.14 1:57.42	
11.	SANTOS Manuel Fernando	61	Gafanha da Encarnacao	7:59.18		193	-
	100m: 1:46.22 1:46.22		200m: 3:52.80 2:06.58	300m: 6:01.81 2:09.01		400m: 7:59.18 1:57.37	

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Event 14, Men, 400m Freestyle, Master Esc G

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
12.	SEARA Joao Henrique	63	Leixoes	8:26.56		163	-
	100m: 1:49.30 1:49.30	200m: 3:56.75 2:07.45	300m: 6:11.15 2:14.40	400m: 8:26.56 2:15.41			
13.	NASCIMENTO Joao Carlos	63	O2 Portimao	8:42.85	+1,15	148	-
	100m: 1:59.19 1:59.19	200m: 4:18.28 2:19.09	300m: 6:33.57 2:15.29	400m: 8:42.85 2:09.28			

Event 14 Men, 400m Freestyle Master Esc H Results

RN H(60-64) 5:23.91 MAVIOSO Vitor Manuel SAD Coimbra 17-01-2016

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	MENDES Ricardo Antonio	55	Salesianos	6:10.30		530	9,00
	100m: 1:23.47 1:23.47	200m: 2:59.92 1:36.45	300m: 4:36.35 1:36.43	400m: 6:10.30 1:33.95			
2.	ALBARDEIRO Antonio Barrocas	56	Alges	6:57.27		371	7,00
	100m: 1:37.44 1:37.44	200m: 3:24.32 1:46.88	300m: 5:12.61 1:48.29	400m: 6:57.27 1:44.66			
3.	PEREIRA Rui Manuel	56	Funcao Publica	7:22.12		311	6,00
	100m: 1:40.08 1:40.08	200m: 3:33.91 1:53.83	300m: 5:29.86 1:55.95	400m: 7:22.12 1:52.26			
4.	RAFAEL Jose Joao	59	Masters de Almada	7:41.52		274	5,00
	100m: 1:43.25 1:43.25	200m: 3:45.00 2:01.75	300m: 5:47.91 2:02.91	400m: 7:41.52 1:53.61			
5.	ROSEIRA Joao Luis	55	Fluval Portuense	9:04.77	+1,48	166	4,00
	100m: 2:05.08 2:05.08	200m: 4:27.62 2:22.54	300m: 6:48.76 2:21.14	400m: 9:04.77 2:16.01			
DNS	PINTO Mario Jose	57	Individual ANC				-

Event 14 Men, 400m Freestyle Master Esc I Results

RN I(65-69) 5:51.59 DYSON Stephen Thomas INDANL Reguengos de Monsaraz 30-06-2012

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	CORREIA Carlos Augusto	52	Masters de Almada	6:44.19		470	9,00
	100m: 1:36.44 1:36.44	200m: 3:20.20 1:43.76	300m: 5:03.81 1:43.61	400m: 6:44.19 1:40.38			
2.	MORGADO Jose Luis	54	Fluval Portuense	7:14.32		378	7,00
	100m: 1:45.82 1:45.82	200m: 3:39.55 1:53.73	300m: 5:32.33 1:52.78	400m: 7:14.32 1:41.99			
3.	MADAIL Jose Henrique	54	Galitos / Bresimar	7:43.67	+0,81	311	6,00
	100m: 1:52.53 1:52.53	200m: 3:53.32 2:00.79	300m: 5:52.63 1:59.31	400m: 7:43.67 1:51.04			
4.	TAVARES Antonio Manuel	51	Funcao Publica	8:10.26		263	5,00
	100m: 1:57.63 1:57.63	200m: 4:03.61 2:05.98	300m: 6:08.61 2:05.00	400m: 8:10.26 2:01.65			
DNS	FERREIRA Domingos Jose	54	Sporting de Espinho				-

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Event 14, Men, 400m Freestyle

Event 14 Men, 400m Freestyle Master Esc J
20-07-2019 Results

RN J(70-74) 5:53.42 DYSON Stephen Thomas SAD Budapeste (HUN) 20-08-2017

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	DYSON Stephen Thomas	47	Alges	6:23.58		612	9,00
	100m: 1:29.54 1:29.54	200m: 3:08.67 1:39.13	300m: 4:47.52 1:38.85	400m: 6:23.58 1:36.06			
2.	VIEGAS Luis Silveira	47	Alges	7:51.77		329	7,00
	100m: 1:51.26 1:51.26	200m: 3:55.85 2:04.59	300m: 5:58.27 2:02.42	400m: 7:51.77 1:53.50			
3.	SALGUEIRO Luis Vidigal	45	Alges	7:55.60		321	6,00
	100m: 1:54.19 1:54.19	200m: 3:58.50 2:04.31	300m: 6:00.32 2:01.82	400m: 7:55.60 1:55.28			
4.	MARREIROS Jose Joaquim	46	Alges	10:15.80		147	5,00
	100m: 2:21.81 2:21.81	200m: 4:55.26 2:33.45	300m: 7:36.21 2:40.95	400m: 10:15.80 2:39.59			
5.	CABRAL Luis Pereira	49	Academica de Coimbra	10:34.56		135	4,00
	100m: 2:22.35 2:22.35	200m: 5:03.80 2:41.45	300m: 7:50.82 2:47.02	400m: 10:34.56 2:43.74			

Event 14 Men, 400m Freestyle Master Esc M
20-07-2019 Results

RN M(85-89) 59:00.00

Points: DSV Masters 19

Rank	Nome	YB	Clube	Tempo Final	RT	Pts DSV	Pts
1.	COSTA Virgilio Zacarias <i>Rec Nac Esc M</i>	31	Academica de Coimbra	14:42.74	+1,56	120	9,00
	100m: 3:25.12 3:25.12	200m: 7:19.31 3:54.19	300m: 11:11.11 3:51.80	400m: 14:42.74 3:31.63			

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