

Prova 2	Masc., 400m Livres				1ª Divisão MASC
13-04-2019 - 9:45	1ª Divisão				Resultados
RN Absoluto	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
RN Sen	3:51.89	NASCIMENTO Miguel Duarte	POR	Glasgow (GBR)	03-08-2018
RN Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28-07-2018
RN Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14-07-2010
RN Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
RN Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
RN Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
RN Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003
CEJun_Masc 15 - 18: 4:01.28 / CMJ_Masc 15 - 18: 3:56.53 / CMPL Sen: 3:48.15 / JO : 3:46.78					

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Jose Paulo	00	117924	Braga	3:55.03	+0,66	820	25,00
	50m: 27.23 27.23			150m: 1:26.09 29.78	250m: 2:27.04 30.45	350m: 3:26.33 29.21		
	100m: 56.31 29.08			200m: 1:56.59 30.50	300m: 2:57.12 30.08	400m: 3:55.03 28.70		
2.	VELOSO Tomas Miguel	96	10868	Nautico Academico	3:56.58		804	23,00
	50m: 27.10 27.10			150m: 1:26.20 30.02	250m: 2:27.14 30.27	350m: 3:27.32 29.91		
	100m: 56.18 29.08			200m: 1:56.87 30.67	300m: 2:57.41 30.27	400m: 3:56.58 29.26		
3.	PINA Guilherme Filipe	98	107450	Sporting	3:56.90	+0,71	801	22,00
	50m: 27.77 27.77			150m: 1:27.06 29.97	250m: 2:27.11 30.11	350m: 3:27.66 30.24		
	100m: 57.09 29.32			200m: 1:57.00 29.94	300m: 2:57.42 30.31	400m: 3:56.90 29.24		
4.	COSTA Tiago Cunha	99	120725	Sporting	4:00.10	+0,69	770	21,00
	50m: 27.16 27.16			150m: 1:26.57 30.06	250m: 2:27.43 30.45	350m: 3:29.21 31.24		
	100m: 56.51 29.35			200m: 1:56.98 30.41	300m: 2:57.97 30.54	400m: 4:00.10 30.89		
5.	SANTO Filipe Miguel	00	118247	Benfica	4:01.57	+0,79	756	20,00
	50m: 27.87 27.87			150m: 1:28.42 30.67	250m: 2:29.68 30.21	350m: 3:31.65 30.89		
	100m: 57.75 29.88			200m: 1:59.47 31.05	300m: 3:00.76 31.08	400m: 4:01.57 29.92		
6.	SANTOS Pedro Miguel	01	121987	Porto	4:01.80	+0,68	753	19,00
	50m: 27.33 27.33			150m: 1:27.40 30.14	250m: 2:28.58 30.45	350m: 3:31.98 31.94		
	100m: 57.26 29.93			200m: 1:58.13 30.73	300m: 3:00.04 31.46	400m: 4:01.80 29.82		
7.	CARVALHO Jose Paula	98	111450	Benfica	4:02.52	+0,73	747	18,00
	50m: 28.07 28.07			150m: 1:28.99 30.88	250m: 2:30.70 30.58	350m: 3:32.60 30.62		
	100m: 58.11 30.04			200m: 2:00.12 31.13	300m: 3:01.98 31.28	400m: 4:02.52 29.92		
8.	NUNES Diogo Barbosa	00	110529	Porto	4:06.34	+0,73	712	17,00
	50m: 27.97 27.97			150m: 1:28.57 30.28	250m: 2:30.98 31.52	350m: 3:34.52 32.01		
	100m: 58.29 30.32			200m: 1:59.46 30.89	300m: 3:02.51 31.53	400m: 4:06.34 31.82		
9.	BATE Afonso Ribeiro	98	117180	Alges	4:08.34	+0,74	695	16,00
	50m: 28.41 28.41			150m: 1:31.48 31.90	250m: 2:35.91 32.18	350m: 3:39.12 31.33		
	100m: 59.58 31.17			200m: 2:03.73 32.25	300m: 3:07.79 31.88	400m: 4:08.34 29.22		
10.	CARDOSO Diogo Santos	01	122969	Colegio Monte Maior	4:08.59	+0,75	693	15,00
	50m: 29.06 29.06			150m: 1:31.83 31.64	250m: 2:34.99 31.40	350m: 3:38.27 31.49		
	100m: 1:00.19 31.13			200m: 2:03.59 31.76	300m: 3:06.78 31.79	400m: 4:08.59 30.32		
11.	TRAVANCA Sergio Filipe	00	117385	Leixoes	4:08.69	+0,64	692	14,00
	50m: 28.19 28.19			150m: 1:31.37 31.73	250m: 2:35.25 31.59	350m: 3:38.32 31.26		
	100m: 59.64 31.45			200m: 2:03.66 32.29	300m: 3:07.06 31.81	400m: 4:08.69 30.37		
12.	MORIM Ruben Jose	97	107935	Vilacondense	4:08.76	+0,92	692	13,00
	50m: 28.61 28.61			150m: 1:31.92 31.97	250m: 2:36.56 32.27	350m: 3:39.51 30.95		
	100m: 59.95 31.34			200m: 2:04.29 32.37	300m: 3:08.56 32.00	400m: 4:08.76 29.25		
13.	FARIA Rui Pedro	94	15592	Famalicao	4:12.31	+0,88	663	12,00
	50m: 28.52 28.52			150m: 1:31.70 32.00	250m: 2:35.58 31.76	350m: 3:40.68 32.56		
	100m: 59.70 31.18			200m: 2:03.82 32.12	300m: 3:08.12 32.54	400m: 4:12.31 31.63		

Splash Meet Manager, 11.58908

Registered to Federacao Portuguesa de Natacao

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Prova 2, Masc., 400m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	JACINTO Rafael Rodrigues	02	129002	Belenenses	4:13.19	+0,76	656	11,00
	50m: 28.74 28.74			150m: 1:32.40 32.20	32.07	350m: 3:40.73	32.52	
	100m: 1:00.20 31.46			200m: 2:04.24 31.84	31.90	400m: 4:13.19	32.46	
15.	MONTEIRO Tomas Penha	02	132566	Alges	4:13.23	+0,65	656	10,00
	50m: 29.08 29.08			150m: 1:32.31 31.88	32.02	350m: 3:41.09	32.20	
	100m: 1:00.43 31.35			200m: 2:04.44 32.13	32.43	400m: 4:13.23	32.14	
16.	CARVALHO Daniel Luis	02	124253	Braga	4:15.74	+0,92	637	9,00
	50m: 28.77 28.77			150m: 1:32.79 32.25	32.37	350m: 3:43.71	32.85	
	100m: 1:00.54 31.77			200m: 2:05.50 32.71	32.99	400m: 4:15.74	32.03	
17.	PADRELA Joao Esteves	99	119137	Belenenses	4:18.66	+0,68	615	8,00
	50m: 28.75 28.75			150m: 1:33.77 33.08	32.76	350m: 3:45.88	32.87	
	100m: 1:00.69 31.94			200m: 2:07.04 33.27	33.21	400m: 4:18.66	32.78	
18.	FREIRE Tiago Mendonca	01	116898	Leixoes	4:20.40	+0,70	603	7,00
	50m: 28.72 28.72			150m: 1:33.45 32.79	33.27	350m: 3:47.15	32.82	
	100m: 1:00.66 31.94			200m: 2:07.21 33.76	33.85	400m: 4:20.40	33.25	
19.	MAGALHAES Tiago Novais	01	205628	Fluvial Portuense	4:22.71	+0,68	587	6,00
	50m: 28.87 28.87			150m: 1:34.06 33.18	33.83	350m: 3:49.13	34.30	
	100m: 1:00.88 32.01			200m: 2:07.50 33.44	33.50	400m: 4:22.71	33.58	
20.	SALGADO Goncalo Sampaio	02	121720	Famalicao	4:22.72	+0,88	587	5,00
	50m: 28.84 28.84			150m: 1:34.77 33.61	33.19	350m: 3:49.52	33.79	
	100m: 1:01.16 32.32			200m: 2:08.36 33.59	34.18	400m: 4:22.72	33.20	
21.	BASTOS Vasco Pereira	02	119766	Nautico Academico	4:27.99	+0,73	553	4,00
	50m: 29.36 29.36			150m: 1:36.60 34.20	33.86	350m: 3:54.14	34.42	
	100m: 1:02.40 33.04			200m: 2:11.14 34.54	34.72	400m: 4:27.99	33.85	
22.	TROMBINHAS Tiago Miguel	04	201495	Colegio Monte Maior	4:30.94	+0,87	535	3,00
	50m: 29.65 29.65			150m: 1:37.02 34.68	35.29	350m: 3:57.74	35.12	
	100m: 1:02.34 32.69			200m: 2:12.00 34.98	35.33	400m: 4:30.94	33.20	
23.	SANTOS Andre Miguel	00	118053	Vilacondense	4:31.26	+0,80	533	2,00
	50m: 29.31 29.31			150m: 1:36.54 34.19	34.88	350m: 3:57.72	35.60	
	100m: 1:02.35 33.04			200m: 2:11.49 34.95	35.75	400m: 4:31.26	33.54	
24.	DUARTE Joao Nunes	01	205304	Fluvial Portuense	4:32.09	+0,75	529	1,00
	50m: 29.79 29.79			150m: 1:36.66 34.33	35.31	350m: 3:58.38	35.66	
	100m: 1:02.33 32.54			200m: 2:11.71 35.05	35.70	400m: 4:32.09	33.71	

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