

Prova 16		Masc., 400m Estilos				Absolutos
05-04-2019 - 18:25						Startlist Final
Rec Nac Absoluto	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016	
Rec Nac Sen	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	06-08-2016	
Rec Nac Jun18	4:21.42	LOPES Jose Paulo	POR	Helsinki (FIN)	08-07-2018	
Rec Nac Jun17	4:25.23	VITAL Joao Alexandre	POR	Singapore	29-08-2015	
Rec Nac Juv A	4:32.66	VITAL Joao Alexandre	ADRCIMM	Coimbra	01-06-2014	
Rec Nac Juv B	4:37.06	VITAL Joao Alexandre	POR	Utrecht (NED)	16-07-2013	
PreJun_Masc Juv: 4:41.79 / CEJun_Masc 15 - 18: 4:33.58 / CMJ_Masc 15 - 18: 4:28.20 / CMPL Sen: 4:17.90 / JO Absoluto: 4:15.84 / TAC Sen 50m: 4:46.31 - 25m: 4:39.69; Jun 50m: 4:55.96 - 25m: 4:45.97; Juv A 50m: 5:06.23 - 25m: 4:56.53; Juv B 50m: 5:14.55 - 25m: 5:03.73						

Pista	Nome	Ano	Clube	Tp inscrição	
Final A					
0	BATE Miguel Ribeiro	99	Abs Alges	4:38.87	____:____.
1	CRISTINO David Matias	01	Abs Uniao Piedense	4:37.56	____:____.
2	BASTOS Lucas Pereira	00	Abs Nautico Academico	4:33.39	____:____.
3	RAMOS Bruno Miguel	97	Abs Belenenses	4:31.84	____:____.
4	VITAL Joao Alexandre	98	Abs Sporting	4:27.95	____:____.
5	LOPES Jose Paulo	00	Abs Braga	4:28.14	____:____.
6	CARVALHO Jose Paula	98	Abs Benfica	4:32.00	____:____.
7	PINOTES Pedro Miguel	89	Abs Sporting	4:37.18	____:____.
8	CARNEIRO Joao Soares	03	Abs Benfica	4:38.22	____:____.
9	DANTAS Diogo Leal	00	Abs Sporting	4:40.15	____:____.

Final B					
0	SILVA Henrique Gomes	02	Abs Estamos Juntos	4:51.25	_____
1	RIBEIRO Diogo Matos	04	Abs Uniao Coimbra	4:48.79	_____
2	CARDOSO Diogo Santos	01	Abs Colegio Monte Maior	4:41.95	_____
3	VAKULYUK Paulo	03	Abs Torres Novas	4:41.53	_____
4	PINTO Antonio Fernando	99	Abs Benfica	4:40.58	_____
5	CATALAO Daniel Nogueira	00	Abs Benfica	4:40.88	_____
6	SILVA Tomas Antonio	01	Abs Naval do Funchal	4:41.61	_____
7	SIMÕES Bernardo Jorge	04	Abs Colegio Vasco da Gama	4:47.13	_____
8	BRAS Ricardo Martins	01	Abs Belenenses	4:51.13	_____
9	MONTEIRO Tomas Penha	02	Abs Alges	4:52.03	_____

Final C					
0	FERREIRA Joao Carlos	03	Abs Porto	5:00.03	_____
1	CARVALHO Antonio Lombardi	04	Abs Belenenses	4:59.40	_____
2	AGUIAR Gabriel Silva	01	Abs Porto	4:55.44	_____
3	GORDO Goncalo Morais	02	Abs Colegio Monte Maior	4:54.25	_____
4	DIAS Rodrigo Reis	03	Abs Belenenses	4:52.03	_____
5	PEREIRA Joao Peixoto	01	Abs Braga	4:54.13	_____
6	ARAUJO Joao Guilherme	03	Abs Natacao da Maia	4:55.06	_____
7	MACHADO Martim Miranda	03	Abs Uniao Coimbra	4:56.80	_____
8	RELVAS David Ferreira	03	Abs Nautico Marinha Grande	4:59.78	_____
9	ALMEIDA Bernardo Victorino	04	Abs Sporting	5:01.68	_____