

Prova 33 Femin., 200m Livres Juvenis A
07-04-2019 - 11:30 Resultados Elimin

Rec Nac Absoluto 2:01.48 DURAES Diana Margarida POR Budapeste (HUN) 25-07-2017
Rec Nac Juv A 2:05.85 MARTINS Francisca Soares FOCA Oeiras 27-07-2018

PreJun_Fem Juv: 2:08.65 / CEJun_Fem 14 - 17: 2:04.90 / CMJ_Fem 14 - 17: 2:02.45 / JO Absoluto: 1:57.28

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MOURA Maria Ferreira 50m: 29.63 29.63	04	Sporting	2:09.12 33.30	+0,74	669	34.28
2.	RODRIGUES Joana Francisca 50m: 30.64 30.64	04	Uniao Coimbra	2:11.76 34.57	+0,73	630	33.33
3.	PINHO Carolina Teixeira 50m: 30.41 30.41	04	Porto	2:11.87 34.18	+0,76	628	34.41
4.	GASPAR Beatriz Ferreira 50m: 30.63 30.63	04	Bombeiros Mealhada / CA	2:13.05 34.35	+0,65	612	34.22
5.	MONTEIRO Ana Carolina 50m: 30.71 30.71	04	Uniao Coimbra	2:15.79 35.48	+0,73	575	36.05
6.	MARQUES Maria Vieira 50m: 30.46 30.46	04	Clube Natacao de Vagos	2:16.37 35.84	+0,74	568	35.99
7.	VIANA Margarida Violante 50m: 31.46 31.46	04	Bairro dos Anjos/ Leiria	2:16.61 35.17	+0,80	565	35.40
8.	INACIO Marta Macedo 50m: 30.47 30.47	04	Sporting	2:17.02 35.98	+0,84	560	36.41
9.	MOITEIRO Bruna Silva 50m: 30.47 30.47	04	Nautico Marinha Grande	2:17.11 36.25	+0,83	559	35.67
10.	AMADO Maria Lopes 50m: 30.51 30.51	04	Bairro dos Anjos/ Leiria	2:18.27 35.73	+0,65	545	37.26
11.	ALMEIDA Catarina Nunes 50m: 31.35 31.35	04	Galitos / Bresimar	2:18.84 36.98	+0,73	538	35.44
12.	NARRA Vera Figueiredo 50m: 32.12 32.12	04	Amadora	2:19.15 36.21	+0,80	535	35.89
13.	MARQUES Maria Alexandra 50m: 31.87 31.87	04	Albicastrense	2:19.27 36.01	+0,74	533	36.86
14.	MONTEIRO Ines Maria 50m: 31.38 31.38	04	Naval Praia da Vitoria	2:19.66 37.14	+0,81	529	36.77
15.	DELFINO Mariana Morais 50m: 31.82 31.82	04	Sporting	2:21.39 37.10	+0,84	510	37.08
16.	VIANA Carolina Pereira 50m: 32.14 32.14	04	Aquatico Silves	2:22.40 37.15	+0,74	499	37.75
17.	ALVES Maria Francisca 50m: 30.94 30.94	04	Bairro dos Anjos/ Leiria	2:27.94 39.96	+0,63	445	40.45

Prova 33, Femin., 200m Livres, Elimin, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	FREIXEIRO Beatriz Maria <i>SW 4.4 - Falsa partida</i>	04	Rio Maior				

Prova 33
07-04-2019 - 11:30

Femin., 200m Livres

Juvenis B
Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017
Rec Nac Juv B	2:07.40	CABRAL Maria Francisca	FCP	Oeiras	25-07-2014

PreJun_Fem Juv: 2:08.65 / CEJun_Fem 14 - 17: 2:04.90 / CMJ_Fem 14 - 17: 2:02.45 / JO Absoluto: 1:57.28

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	PIRES Marta Joao	05	Alges	2:11.48	+0,73	634	
	50m: 31.07 31.07	100m: 1:04.52 33.45	150m: 1:38.66 34.14	200m: 2:11.48 32.82			
2.	LOPES Daniela Magalhaes	05	Famalicao	2:11.53	+0,78	633	
	50m: 30.80 30.80	100m: 1:04.39 33.59	150m: 1:38.62 34.23	200m: 2:11.53 32.91			
3.	FERNANDES Carolina Miranda	05	Galitos / Bresimar	2:12.54	+0,78	619	
	50m: 29.31 29.31	100m: 1:03.20 33.89	150m: 1:37.73 34.53	200m: 2:12.54 34.81			
4.	SIMOES Ana Beatriz	05	Sporting	2:12.68	+0,75	617	
	50m: 30.49 30.49	100m: 1:04.01 33.52	150m: 1:38.35 34.34	200m: 2:12.68 34.33			
5.	NOBRE Marisa Isabel	05	Columbifila Cantanhedense	2:12.89	+0,72	614	
	50m: 31.07 31.07	100m: 1:03.92 32.85	150m: 1:38.50 34.58	200m: 2:12.89 34.39			
6.	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	2:13.07	+0,70	612	
	50m: 29.92 29.92	100m: 1:03.35 33.43	150m: 1:38.03 34.68	200m: 2:13.07 35.04			
7.	PEREIRA Carolina Rei	05	Clube Natacao de Vagos	2:15.95	+0,71	573	
	50m: 31.48 31.48	100m: 1:05.36 33.88	150m: 1:40.92 35.56	200m: 2:15.95 35.03			
8.	BENTO Maria Madalena	05	BUZIOS - Coruche	2:17.45	+0,71	555	
	50m: 31.51 31.51	100m: 1:06.37 34.86	150m: 1:42.19 35.82	200m: 2:17.45 35.26			
9.	COSTA Mariana Martins	05	Famalicao	2:17.92	+0,73	549	
	50m: 31.47 31.47	100m: 1:05.98 34.51	150m: 1:41.93 35.95	200m: 2:17.92 35.99			
10.	ANDRE Isadora Maia	05	Benfica	2:18.62	+0,73	541	
	50m: 31.18 31.18	100m: 1:05.57 34.39	150m: 1:41.52 35.95	200m: 2:18.62 37.10			
11.	SEBASTIAO Sofia Antunes	05	Amadora	2:18.74	+0,95	540	
	50m: 31.36 31.36	100m: 1:07.09 35.73	150m: 1:42.98 35.89	200m: 2:18.74 35.76			
12.	CARLOTA Catarina Isabel	05	BUZIOS - Coruche	2:18.91	+0,83	538	
	50m: 32.68 32.68	100m: 1:07.90 35.22	150m: 1:43.92 36.02	200m: 2:18.91 34.99			
13.	REIS Beatriz Grave	05	Rio Maior	2:18.99	+0,74	537	
	50m: 32.36 32.36	100m: 1:07.51 35.15	150m: 1:44.03 36.52	200m: 2:18.99 34.96			
14.	VASCONCELOS Lara Rodrigues	05	Galitos / Bresimar	2:19.53	+0,77	530	
	50m: 31.01 31.01	100m: 1:05.78 34.77	150m: 1:43.48 37.70	200m: 2:19.53 36.05			
15.	NEVES Natalia Passeira	05	Natacao de Valongo	2:19.60	+0,88	530	
	50m: 32.37 32.37	100m: 1:07.87 35.50	150m: 1:44.75 36.88	200m: 2:19.60 34.85			

Prova 33, Femin., 200m Livres, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	COSTA Mafalda Santos	05	Colegio Monte Maior	2:20.02	+0,84	525	
	50m: 32.38 32.38	100m: 1:07.77 35.39	150m: 1:43.95 36.18	200m: 2:20.02 36.07			
17.	NOGUEIRA Nara Soraia	05	Natacao de Valongo	2:20.50	+0,74	519	
	50m: 32.30 32.30	100m: 1:07.91 35.61	150m: 1:44.76 36.85	200m: 2:20.50 35.74			
18.	NICOLAU Margarida Claudino	05	Torres Novas	2:22.26	+0,82	500	
	50m: 30.89 30.89	100m: 1:06.03 35.14	150m: 1:44.01 37.98	200m: 2:22.26 38.25			
19.	NOBRE Beatriz Gaspar	05	Gualdim Pais	2:23.08	+0,92	492	
	50m: 32.35 32.35	100m: 1:08.94 36.59	150m: 1:46.45 37.51	200m: 2:23.08 36.63			
20.	ROSA Sara Henriques	05	Nucleo Sportinguista Terceira	2:23.85	+0,98	484	
	50m: 32.08 32.08	100m: 1:07.09 35.01	150m: 1:44.75 37.66	200m: 2:23.85 39.10			
21.	CANINHAS Maria Pinto	05	Natacao do Fundao	2:24.03	+1,00	482	
	50m: 32.26 32.26	100m: 1:08.18 35.92	150m: 1:46.53 38.35	200m: 2:24.03 37.50			
22.	PIRES Laura Joao	05	Natacao do Fundao	2:24.21	+0,87	480	
	50m: 33.43 33.43	100m: 1:09.72 36.29	150m: 1:47.44 37.72	200m: 2:24.21 36.77			
23.	SALGADO Soraia Maria	05	Fisica Torres Vedras	2:26.12	+0,77	462	
	50m: 32.08 32.08	100m: 1:08.69 36.61	150m: 1:48.15 39.46	200m: 2:26.12 37.97			

Prova 33

Femin., 200m Livres

Juniores

07-04-2019 - 11:30

Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017
Rec Nac Jun17	2:03.65	SOUSA Ana Reis	SAD	Oeiras	09-02-2019
Rec Nac Jun16	2:02.89	SOUSA Ana Reis	POR	Helsinki (FIN)	06-07-2018

CEJun_Fem 14 - 17: 2:04.90 / CMJ_Fem 14 - 17: 2:02.45 / JO Absoluto: 1:57.28

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MARTINS Francisca Soares	03	Foca	2:05.12	+0,72	736	
	50m: 29.50 29.50	100m: 1:00.81 31.31	150m: 1:33.68 32.87	200m: 2:05.12 31.44			
2.	SOUSA Ana Reis	02	Alges	2:07.49	+0,70	695	
	50m: 28.57 28.57	100m: 1:00.32 31.75	150m: 1:33.69 33.37	200m: 2:07.49 33.80			
3.	RAMOS Ana Rita	02	Porto	2:07.83	+0,76	690	
	50m: 29.95 29.95	100m: 1:01.67 31.72	150m: 1:34.58 32.91	200m: 2:07.83 33.25			
4.	PINTO Mafalda Marques	02	Sporting	2:08.27	+0,70	683	
	50m: 29.87 29.87	100m: 1:03.09 33.22	150m: 1:35.71 32.62	200m: 2:08.27 32.56			
5.	PINA Ana Sofia	02	O Crasto	2:08.81	+0,73	674	
	50m: 29.79 29.79	100m: 1:01.80 32.01	150m: 1:35.26 33.46	200m: 2:08.81 33.55			
6.	BARBOSA Mariana Fernandes	02	Porto	2:09.74	+0,71	660	
	50m: 29.84 29.84	100m: 1:02.60 32.76	150m: 1:35.96 33.36	200m: 2:09.74 33.78			
7.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	2:10.17	+0,82	653	
	50m: 30.27 30.27	100m: 1:02.90 32.63	150m: 1:37.23 34.33	200m: 2:10.17 32.94			
8.	CARDEAL Joana Nunes	02	Academico Viseu	2:11.32	+0,78	636	
	50m: 30.30 30.30	100m: 1:03.54 33.24	150m: 1:37.51 33.97	200m: 2:11.32 33.81			

Prova 33, Femin., 200m Livres, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	ROSA Mafalda Sofia	03	Rio Maior	2:13.49	+0,75	606	
	50m: 31.56 31.56	100m: 1:05.60 34.04	150m: 1:39.84 34.24	200m: 2:13.49 33.65			
10.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	2:13.55	+0,75	605	
	50m: 31.01 31.01	100m: 1:04.57 33.56	150m: 1:39.00 34.43	200m: 2:13.55 34.55			
11.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:13.57	+0,77	605	
	50m: 31.45 31.45	100m: 1:05.06 33.61	150m: 1:39.60 34.54	200m: 2:13.57 33.97			
12.	SOARES Catarina Silva	03	Porto	2:14.73	+0,71	589	
	50m: 29.45 29.45	100m: 1:02.65 33.20	150m: 1:38.74 36.09	200m: 2:14.73 35.99			
13.	SOARES Carolina Silva	03	Natacao de Valongo	2:15.83	+0,79	575	
	50m: 31.00 31.00	100m: 1:05.59 34.59	150m: 1:40.32 34.73	200m: 2:15.83 35.51			
14.	DIAS Ana Leonor	02	Natacao Olhao	2:16.61	+0,75	565	
	50m: 31.61 31.61	100m: 1:06.08 34.47	150m: 1:41.50 35.42	200m: 2:16.61 35.11			
15.	SILVA Eduarda Reis	03	Famalicao	2:18.28	+0,73	545	
	50m: 31.40 31.40	100m: 1:06.51 35.11	150m: 1:42.31 35.80	200m: 2:18.28 35.97			

Prova 33 Femin., 200m Livres Seniores
07-04-2019 - 11:30 Resultados Elimin

Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017
Rec Nac Sen	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017

CMPL 19 +: 1:58.66 / JO Absoluto: 1:57.28

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HENRIQUES Ines Jacinto	00	Sporting	2:06.87	+0,70	706	
	50m: 29.89 29.89	100m: 1:01.85 31.96	150m: 1:34.40 32.55	200m: 2:06.87 32.47			
2.	FARIA Ana Rita	00	Porto	2:07.28	+0,75	699	
	50m: 29.81 29.81	100m: 1:01.94 32.13	150m: 1:34.86 32.92	200m: 2:07.28 32.42			
3.	AZEVEDO Madalena Gomes	99	Alges	2:07.34	+0,71	698	
	50m: 29.77 29.77	100m: 1:01.62 31.85	150m: 1:34.58 32.96	200m: 2:07.34 32.76			
4.	BELEZA Mafalda Gomes	94	Sporting	2:08.03	+0,69	687	
	50m: 29.83 29.83	100m: 1:01.87 32.04	150m: 1:34.97 33.10	200m: 2:08.03 33.06			
5.	MONTEIRO Ana Catarina	93	Vilacondense	2:08.26	+0,72	683	
	50m: 29.80 29.80	100m: 1:01.87 32.07	150m: 1:35.43 33.56	200m: 2:08.26 32.83			
6.	PEGO Isabel Porfirio	01	Fluvial Portuense	2:09.44	+0,75	664	
	50m: 29.96 29.96	100m: 1:02.37 32.41	150m: 1:35.42 33.05	200m: 2:09.44 34.02			
7.	RODRIGUES Filipa Serrano	01	Benfica	2:10.67	+0,79	646	
	50m: 30.87 30.87	100m: 1:03.17 32.30	150m: 1:36.62 33.45	200m: 2:10.67 34.05			
8.	AMADOR Joana Costa	01	Galitos / Bresimar	2:10.79	+0,67	644	
	50m: 30.08 30.08	100m: 1:03.02 32.94	150m: 1:36.22 33.20	200m: 2:10.79 34.57			
9.	VELOSO Teresa Miguel	00	Sporting	2:12.00	+0,78	627	
	50m: 30.33 30.33	100m: 1:03.26 32.93	150m: 1:37.53 34.27	200m: 2:12.00 34.47			

Prova 33, Femin., 200m Livres, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	ALVES Sara Sofia	01	Columbofila Cantanhedense	2:12.15	+0,73	624	
	50m: 30.52 30.52	100m: 1:03.35 32.83	150m: 1:37.99 34.64	200m: 2:12.15 34.16			
11.	NEVES Carolina Marques	01	Torres Novas	2:12.98	+0,77	613	
	50m: 29.99 29.99	100m: 1:03.65 33.66	150m: 1:38.55 34.90	200m: 2:12.98 34.43			
12.	VIEGAS Beatriz Mendes	00	Sporting	2:13.29	+0,68	608	
	50m: 30.16 30.16	100m: 1:03.69 33.53	150m: 1:38.12 34.43	200m: 2:13.29 35.17			
DNS	FRISCHKNECHT Rita Barros	98	Alges				
DNS	DURAES Diana Margarida	96	Benfica				

Prova 33 Femin., 200m Livres Absolutos
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Rec Nac Absoluto	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017
Rec Nac Sen	2:01.48	DURAES Diana Margarida	POR	Budapeste (HUN)	25-07-2017
Rec Nac Jun17	2:03.65	SOUSA Ana Reis	SAD	Oeiras	09-02-2019
Rec Nac Jun16	2:02.89	SOUSA Ana Reis	POR	Helsinki (FIN)	06-07-2018
Rec Nac Juv A	2:05.85	MARTINS Francisca Soares	FOCA	Oeiras	27-07-2018
Rec Nac Juv B	2:07.40	CABRAL Maria Francisca	FCP	Oeiras	25-07-2014

PreJun_Fem Juv: 2:08.65 / CEJun_Fem 14 - 17: 2:04.90 / CMJ_Fem 14 - 17: 2:02.45 / CMPL 19+: 1:58.66 / JO Absoluto: 1:57.28

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MARTINS Francisca Soares	03	Foca	2:05.12	+0,72	736	
	50m: 29.50 29.50	100m: 1:00.81 31.31	150m: 1:33.68 32.87	200m: 2:05.12 31.44			
2.	HENRIQUES Ines Jacinto	00	Sporting	2:06.87	+0,70	706	
	50m: 29.89 29.89	100m: 1:01.85 31.96	150m: 1:34.40 32.55	200m: 2:06.87 32.47			
3.	FARIA Ana Rita	00	Porto	2:07.28	+0,75	699	
	50m: 29.81 29.81	100m: 1:01.94 32.13	150m: 1:34.86 32.92	200m: 2:07.28 32.42			
4.	AZEVEDO Madalena Gomes	99	Alges	2:07.34	+0,71	698	
	50m: 29.77 29.77	100m: 1:01.62 31.85	150m: 1:34.58 32.96	200m: 2:07.34 32.76			
5.	SOUSA Ana Reis	02	Alges	2:07.49	+0,70	695	
	50m: 28.57 28.57	100m: 1:00.32 31.75	150m: 1:33.69 33.37	200m: 2:07.49 33.80			
6.	RAMOS Ana Rita	02	Porto	2:07.83	+0,76	690	
	50m: 29.95 29.95	100m: 1:01.67 31.72	150m: 1:34.58 32.91	200m: 2:07.83 33.25			
7.	BELEZA Mafalda Gomes	94	Sporting	2:08.03	+0,69	687	
	50m: 29.83 29.83	100m: 1:01.87 32.04	150m: 1:34.97 33.10	200m: 2:08.03 33.06			
8.	MONTEIRO Ana Catarina	93	Vilacondense	2:08.26	+0,72	683	
	50m: 29.80 29.80	100m: 1:01.87 32.07	150m: 1:35.43 33.56	200m: 2:08.26 32.83			
9.	PINTO Mafalda Marques	02	Sporting	2:08.27	+0,70	683	
	50m: 29.87 29.87	100m: 1:03.09 33.22	150m: 1:35.71 32.62	200m: 2:08.27 32.56			
10.	PINA Ana Sofia	02	O Crasto	2:08.81	+0,73	674	
	50m: 29.79 29.79	100m: 1:01.80 32.01	150m: 1:35.26 33.46	200m: 2:08.81 33.55			
11.	MOURA Maria Ferreira	04	Sporting	2:09.12	+0,74	669	
	50m: 29.63 29.63	100m: 1:01.54 31.91	150m: 1:34.84 33.30	200m: 2:09.12 34.28			

Prova 33, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	PEGO Isabel Porfirio	01	Fluvial Portuense	2:09.44	+0,75	664	
	50m: 29.96 29.96	100m: 1:02.37 32.41	150m: 1:35.42 33.05	200m: 2:09.44 34.02			
13.	BARBOSA Mariana Fernandes	02	Porto	2:09.74	+0,71	660	
	50m: 29.84 29.84	100m: 1:02.60 32.76	150m: 1:35.96 33.36	200m: 2:09.74 33.78			
14.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	2:10.17	+0,82	653	
	50m: 30.27 30.27	100m: 1:02.90 32.63	150m: 1:37.23 34.33	200m: 2:10.17 32.94			
15.	RODRIGUES Filipa Serrano	01	Benfica	2:10.67	+0,79	646	
	50m: 30.87 30.87	100m: 1:03.17 32.30	150m: 1:36.62 33.45	200m: 2:10.67 34.05			
16.	AMADOR Joana Costa	01	Galitos / Bresimar	2:10.79	+0,67	644	
	50m: 30.08 30.08	100m: 1:03.02 32.94	150m: 1:36.22 33.20	200m: 2:10.79 34.57			
17.	CARDEAL Joana Nunes	02	Academico Viseu	2:11.32	+0,78	636	
	50m: 30.30 30.30	100m: 1:03.54 33.24	150m: 1:37.51 33.97	200m: 2:11.32 33.81			
18.	PIRES Marta Joao	05	Alges	2:11.48	+0,73	634	
	50m: 31.07 31.07	100m: 1:04.52 33.45	150m: 1:38.66 34.14	200m: 2:11.48 32.82			
19.	LOPES Daniela Magalhaes	05	Famalicao	2:11.53	+0,78	633	
	50m: 30.80 30.80	100m: 1:04.39 33.59	150m: 1:38.62 34.23	200m: 2:11.53 32.91			
20.	RODRIGUES Joana Francisca	04	Uniao Coimbra	2:11.76	+0,73	630	
	50m: 30.64 30.64	100m: 1:03.86 33.22	150m: 1:38.43 34.57	200m: 2:11.76 33.33			
21.	PINHO Carolina Teixeira	04	Porto	2:11.87	+0,76	628	
	50m: 30.41 30.41	100m: 1:03.28 32.87	150m: 1:37.46 34.18	200m: 2:11.87 34.41			
22.	VELOSO Teresa Miguel	00	Sporting	2:12.00	+0,78	627	
	50m: 30.33 30.33	100m: 1:03.26 32.93	150m: 1:37.53 34.27	200m: 2:12.00 34.47			
23.	ALVES Sara Sofia	01	Columbofila Cantanhedense	2:12.15	+0,73	624	
	50m: 30.52 30.52	100m: 1:03.35 32.83	150m: 1:37.99 34.64	200m: 2:12.15 34.16			
24.	FERNANDES Carolina Miranda	05	Galitos / Bresimar	2:12.54	+0,78	619	
	50m: 29.31 29.31	100m: 1:03.20 33.89	150m: 1:37.73 34.53	200m: 2:12.54 34.81			
25.	SIMOES Ana Beatriz	05	Sporting	2:12.68	+0,75	617	
	50m: 30.49 30.49	100m: 1:04.01 33.52	150m: 1:38.35 34.34	200m: 2:12.68 34.33			
26.	NOBRE Marisa Isabel	05	Columbofila Cantanhedense	2:12.89	+0,72	614	
	50m: 31.07 31.07	100m: 1:03.92 32.85	150m: 1:38.50 34.58	200m: 2:12.89 34.39			
27.	NEVES Carolina Marques	01	Torres Novas	2:12.98	+0,77	613	
	50m: 29.99 29.99	100m: 1:03.65 33.66	150m: 1:38.55 34.90	200m: 2:12.98 34.43			
28.	GASPAR Beatriz Ferreira	04	Bombeiros Mealhada / CA	2:13.05	+0,65	612	
	50m: 30.63 30.63	100m: 1:04.48 33.85	150m: 1:38.83 34.35	200m: 2:13.05 34.22			
29.	ROSA Mariana Carmo	05	Louzan Natacao/EFAPEL	2:13.07	+0,70	612	
	50m: 29.92 29.92	100m: 1:03.35 33.43	150m: 1:38.03 34.68	200m: 2:13.07 35.04			
30.	VIEGAS Beatriz Mendes	00	Sporting	2:13.29	+0,68	608	
	50m: 30.16 30.16	100m: 1:03.69 33.53	150m: 1:38.12 34.43	200m: 2:13.29 35.17			
31.	ROSA Mafalda Sofia	03	Rio Maior	2:13.49	+0,75	606	
	50m: 31.56 31.56	100m: 1:05.60 34.04	150m: 1:39.84 34.24	200m: 2:13.49 33.65			

Prova 33, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	2:13.55	+0,75	605	
	50m: 31.01 31.01	100m: 1:04.57 33.56	150m: 1:39.00	34.43	200m: 2:13.55	34.55	
33.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:13.57	+0,77	605	
	50m: 31.45 31.45	100m: 1:05.06 33.61	150m: 1:39.60	34.54	200m: 2:13.57	33.97	
34.	SOARES Catarina Silva	03	Porto	2:14.73	+0,71	589	
	50m: 29.45 29.45	100m: 1:02.65 33.20	150m: 1:38.74	36.09	200m: 2:14.73	35.99	
35.	MONTEIRO Ana Carolina	04	Uniao Coimbra	2:15.79	+0,73	575	
	50m: 30.71 30.71	100m: 1:04.26 33.55	150m: 1:39.74	35.48	200m: 2:15.79	36.05	
36.	SOARES Carolina Silva	03	Natacao de Valongo	2:15.83	+0,79	575	
	50m: 31.00 31.00	100m: 1:05.59 34.59	150m: 1:40.32	34.73	200m: 2:15.83	35.51	
37.	PEREIRA Carolina Rei	05	Clube Natacao de Vagos	2:15.95	+0,71	573	
	50m: 31.48 31.48	100m: 1:05.36 33.88	150m: 1:40.92	35.56	200m: 2:15.95	35.03	
38.	MARQUES Maria Vieira	04	Clube Natacao de Vagos	2:16.37	+0,74	568	
	50m: 30.46 30.46	100m: 1:04.54 34.08	150m: 1:40.38	35.84	200m: 2:16.37	35.99	
39.	DIAS Ana Leonor	02	Natacao Olhao	2:16.61	+0,75	565	
	50m: 31.61 31.61	100m: 1:06.08 34.47	150m: 1:41.50	35.42	200m: 2:16.61	35.11	
	VIANA Margarida Violante	04	Bairro dos Anjos/ Leiria	2:16.61	+0,80	565	
	50m: 31.46 31.46	100m: 1:06.04 34.58	150m: 1:41.21	35.17	200m: 2:16.61	35.40	
41.	INACIO Marta Macedo	04	Sporting	2:17.02	+0,84	560	
	50m: 30.47 30.47	100m: 1:04.63 34.16	150m: 1:40.61	35.98	200m: 2:17.02	36.41	
42.	MOITEIRO Bruna Silva	04	Nautico Marinha Grande	2:17.11	+0,83	559	
	50m: 30.47 30.47	100m: 1:05.19 34.72	150m: 1:41.44	36.25	200m: 2:17.11	35.67	
43.	BENTO Maria Madalena	05	BUZIOS - Coruche	2:17.45	+0,71	555	
	50m: 31.51 31.51	100m: 1:06.37 34.86	150m: 1:42.19	35.82	200m: 2:17.45	35.26	
44.	COSTA Mariana Martins	05	Famalicao	2:17.92	+0,73	549	
	50m: 31.47 31.47	100m: 1:05.98 34.51	150m: 1:41.93	35.95	200m: 2:17.92	35.99	
45.	AMADO Maria Lopes	04	Bairro dos Anjos/ Leiria	2:18.27	+0,65	545	
	50m: 30.51 30.51	100m: 1:05.28 34.77	150m: 1:41.01	35.73	200m: 2:18.27	37.26	
46.	SILVA Eduarda Reis	03	Famalicao	2:18.28	+0,73	545	
	50m: 31.40 31.40	100m: 1:06.51 35.11	150m: 1:42.31	35.80	200m: 2:18.28	35.97	
47.	ANDRE Isadora Maia	05	Benfica	2:18.62	+0,73	541	
	50m: 31.18 31.18	100m: 1:05.57 34.39	150m: 1:41.52	35.95	200m: 2:18.62	37.10	
48.	SEBASTIAO Sofia Antunes	05	Amadora	2:18.74	+0,95	540	
	50m: 31.36 31.36	100m: 1:07.09 35.73	150m: 1:42.98	35.89	200m: 2:18.74	35.76	
49.	ALMEIDA Catarina Nunes	04	Galitos / Bresimar	2:18.84	+0,73	538	
	50m: 31.35 31.35	100m: 1:06.42 35.07	150m: 1:43.40	36.98	200m: 2:18.84	35.44	
50.	CARLOTA Catarina Isabel	05	BUZIOS - Coruche	2:18.91	+0,83	538	
	50m: 32.68 32.68	100m: 1:07.90 35.22	150m: 1:43.92	36.02	200m: 2:18.91	34.99	
51.	REIS Beatriz Grave	05	Rio Maior	2:18.99	+0,74	537	
	50m: 32.36 32.36	100m: 1:07.51 35.15	150m: 1:44.03	36.52	200m: 2:18.99	34.96	

Prova 33, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
52.	NARRA Vera Figueiredo 50m: 32.12 32.12	04	Amadora	2:19.15 36.21	+0,80	535	35.89
53.	MARQUES Maria Alexandra 50m: 31.87 31.87	04	Albicastrense	2:19.27 36.01	+0,74	533	36.86
54.	VASCONCELOS Lara Rodrigues 50m: 31.01 31.01	05	Galitos / Bresimar	2:19.53 37.70	+0,77	530	36.05
55.	NEVES Natalia Passeira 50m: 32.37 32.37	05	Natacao de Valongo	2:19.60 36.88	+0,88	530	34.85
56.	MONTEIRO Ines Maria 50m: 31.38 31.38	04	Naval Praia da Vitoria	2:19.66 37.14	+0,81	529	36.77
57.	COSTA Mafalda Santos 50m: 32.38 32.38	05	Colegio Monte Maior	2:20.02 36.18	+0,84	525	36.07
58.	NOGUEIRA Nara Soraia 50m: 32.30 32.30	05	Natacao de Valongo	2:20.50 36.85	+0,74	519	35.74
59.	DELFINO Mariana Morais 50m: 31.82 31.82	04	Sporting	2:21.39 37.10	+0,84	510	37.08
60.	NICOLAU Margarida Claudino 50m: 30.89 30.89	05	Torres Novas	2:22.26 37.98	+0,82	500	38.25
61.	VIANA Carolina Pereira 50m: 32.14 32.14	04	Aquatico Silves	2:22.40 37.15	+0,74	499	37.75
62.	NOBRE Beatriz Gaspar 50m: 32.35 32.35	05	Gualdim Pais	2:23.08 37.51	+0,92	492	36.63
63.	ROSA Sara Henriques 50m: 32.08 32.08	05	Nucleo Sportinguista Terceira	2:23.85 37.66	+0,98	484	39.10
64.	CANINHAS Maria Pinto 50m: 32.26 32.26	05	Natacao do Fundao	2:24.03 38.35	+1,00	482	37.50
65.	PIRES Laura Joao 50m: 33.43 33.43	05	Natacao do Fundao	2:24.21 37.72	+0,87	480	36.77
66.	SALGADO Soraia Maria 50m: 32.08 32.08	05	Fisica Torres Vedras	2:26.12 39.46	+0,77	462	37.97
67.	ALVES Maria Francisca 50m: 30.94 30.94	04	Bairro dos Anjos/ Leiria	2:27.94 39.96	+0,63	445	40.45
DSQ	FREIXIEIRO Beatriz Maria <i>SW 4.4 - Falsa partida</i>	04	Rio Maior				
DNS	FRISCHKNECHT Rita Barros	98	Alges				
DNS	DURAES Diana Margarida	96	Benfica				
EXH	LACARTA Lydia Foj 50m: 30.60 30.60	01	Louletano / Loule Concelho	2:11.98 34.03	+0,70	627	33.85

Prova 33, Femin., 200m Livres, Elimin

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
EXH	FOMINA Anna	02	Louletano / Loule Concelho	2:12.96	+0,77	613	
	50m: 31.21 31.21	100m: 1:04.64 33.43	150m: 1:39.12 34.48	200m: 2:12.96 33.84			

ORGANIZAÇÃO



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