

Prova 27 Femin., 200m Costas Juvenis A
07-04-2019 - 9:00 Resultados Elimin

Rec Nac Absoluto 2:15.27 AZEVEDO Francisca Gomes SAD Coimbra 20-06-2015
Rec Nac Juv A 2:17.38 SILVA Joana Carina LSXXI Coimbra 05-04-2012

PreJun_Fem Juv: 2:22.78 / CEJun_Fem 14 - 17: 2:18.63 / CMJ_Fem 14 - 17: 2:15.91 / JO Absoluto: 2:10.39

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	OLIVEIRA Ana Rita 50m: 33.34 33.34	04	Naval Povoense	2:29.06 39.28	+0,75	576	38.48
2.	AMADO Maria Lopes 50m: 34.75 34.75	04	Bairro dos Anjos/ Leiria	2:30.79 38.94	+0,57	556	39.16
3.	ALVES Ines Sofia 50m: 35.42 35.42	04	Portinado	2:31.80 38.66	+0,60	545	38.92
4.	ROCHA Carolina Neves 50m: 34.25 34.25	04	Fluvial Portuense	2:32.45 40.05	+0,75	538	39.31
5.	FERREIRA Maria Leonor 50m: 35.17 35.17	04	Desportivo Nacional	2:32.66 40.31	+0,65	536	38.88
6.	PEREIRA Anais Cloe 50m: 35.65 35.65	04	Sporting	2:32.67 39.13	+0,71	536	39.31
7.	COSTA Carolina Fale 50m: 35.06 35.06	04	Colegio Monte Maior	2:32.93 39.78	+0,67	533	39.59
8.	PAIVA Leonor Correia 50m: 35.35 35.35	04	Louzan Natacao/EFAPEL	2:33.40 39.81	+0,62	528	39.42
9.	COSTA Joana Santos 50m: 34.85 34.85	04	Galitos / Bresimar	2:34.64 40.06	+0,62	516	40.05
10.	SILVA Constanca Alexandra 50m: 35.40 35.40	04	Pimpoes/Cimai	2:34.73 39.81	+0,62	515	39.56
11.	RODRIGUES Sofia Vilardell 50m: 36.76 36.76	04	Gesloures	2:35.27 39.72	+0,70	510	38.30
12.	CUNHA Leonor Correia 50m: 36.94 36.94	04	Fundacao Beatriz Santos	2:36.13 40.09	+0,76	501	39.60
13.	INACIO Ana Sofia 50m: 35.98 35.98	04	Sporting	2:36.66 41.33	+0,86	496	40.11
14.	CARDEAL Beatriz Nunes 50m: 35.46 35.46	04	Academico Viseu	2:36.92 41.50	+0,70	494	40.07
15.	DELFINO Mariana Morais 50m: 36.64 36.64	04	Sporting	2:37.14 40.19	+0,79	492	41.24
16.	JESUS Leonor Santos 50m: 36.04 36.04	04	Natacao Olhao	2:37.58 42.20	+0,60	487	40.60
17.	CUNHA Margarida Passos 50m: 36.32 36.32	04	Famalicao	2:37.90 41.26	+0,57	485	40.75
18.	SOUSA Joana Francisca 50m: 37.17 37.17	04	Sao Roque	2:37.92 40.82	+0,70	484	40.33

Prova 27, Femin., 200m Costas, Elimim, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	ABREU Sofia Viola	04	Naval de Peniche	2:39.38	+0,91	471	
	50m: 36.92 36.92	100m: 1:18.04 41.12	150m: 2:00.15 42.11	200m: 2:39.38 39.23			
20.	CORREIA Beatriz Santos	04	Academico Viseu	2:40.32	+0,70	463	
	50m: 36.88 36.88	100m: 1:17.60 40.72	150m: 2:00.13 42.53	200m: 2:40.32 40.19			
21.	COUTINHO Maria Martim	04	Bairro dos Anjos/ Leiria	2:40.76	+0,64	459	
	50m: 36.50 36.50	100m: 1:16.58 40.08	150m: 1:59.38 42.80	200m: 2:40.76 41.38			
22.	ANTUNES Joana Maia	04	Benfica	2:41.44	+0,66	453	
	50m: 37.10 37.10	100m: 1:17.20 40.10	150m: 1:59.44 42.24	200m: 2:41.44 42.00			
23.	MARQUES Maria Vieira	04	Clube Natacao de Vagos	2:42.40	+0,62	445	
	50m: 34.89 34.89	100m: 1:14.82 39.93	150m: 1:58.21 43.39	200m: 2:42.40 44.19			
24.	GONCALVES Maria Margarida	04	Naval do Funchal	2:43.25	+0,57	438	
	50m: 37.07 37.07	100m: 1:17.79 40.72	150m: 2:01.34 43.55	200m: 2:43.25 41.91			
25.	LOPES Raquel Raposo	04	Cova da Piedade	2:43.81	+0,70	434	
	50m: 37.84 37.84	100m: 1:19.17 41.33	150m: 2:01.87 42.70	200m: 2:43.81 41.94			
26.	BRANCOURT Yonina	04	Gesloures	2:47.70	+0,69	404	
	50m: 36.99 36.99	100m: 1:18.92 41.93	150m: 2:02.61 43.69	200m: 2:47.70 45.09			

Prova 27 Femin., 200m Costas Juvenis B
07-04-2019 - 9:00 Resultados Elimin

Rec Nac Absoluto	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	20-06-2015
Rec Nac Juv B	2:20.53	REBELO Camila Rodrigues	ALN	Oeiras	21-07-2017
PreJun_Fem Juv: 2:22.78 / CEJun_Fem 14 - 17: 2:18.63 / CMJ_Fem 14 - 17: 2:15.91 / JO Absoluto: 2:10.39					

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FERNANDES Carolina Miranda	05	Galitos / Bresimar	2:29.98	+0,69	565	
	50m: 34.31 34.31	100m: 1:12.24 37.93	150m: 1:51.95 39.71	200m: 2:29.98 38.03			
2.	REIS Erica Cristina	05	Sporting	2:32.16	+0,62	541	
	50m: 34.79 34.79	100m: 1:13.71 38.92	150m: 1:53.04 39.33	200m: 2:32.16 39.12			
3.	SALGADO Soraia Maria	05	Fisica Torres Vedras	2:33.74	+0,71	525	
	50m: 34.64 34.64	100m: 1:13.02 38.38	150m: 1:53.40 40.38	200m: 2:33.74 40.34			
4.	LAGOA Carlota Macedo	05	Bairro dos Anjos/ Leiria	2:34.70	+0,65	515	
	50m: 35.84 35.84	100m: 1:15.58 39.74	150m: 1:55.11 39.53	200m: 2:34.70 39.59			
5.	GOMES Fabiana Cruz	05	Louletano / Loule Concelho	2:34.76	+0,62	515	
	50m: 37.09 37.09	100m: 1:15.71 38.62	150m: 1:55.90 40.19	200m: 2:34.76 38.86			
6.	PEREIRA Isabel dos Santos	05	Fluvial Portuense	2:36.36	+0,71	499	
	50m: 36.42 36.42	100m: 1:16.65 40.23	150m: 1:56.42 39.77	200m: 2:36.36 39.94			
7.	SEBASTIAO Sofia Antunes	05	Amadora	2:38.77	+0,78	477	
	50m: 36.60 36.60	100m: 1:17.62 41.02	150m: 1:58.14 40.52	200m: 2:38.77 40.63			
8.	CANINHAS Maria Pinto	05	Natacao do Fundao	2:38.83	+0,79	476	
	50m: 37.38 37.38	100m: 1:17.82 40.44	150m: 1:58.57 40.75	200m: 2:38.83 40.26			

Prova 27, Femin., 200m Costas, Elimín, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	GONCALVES Rita Abibe	05	Gesloures	2:39.24	+0,73	472	
	50m: 37.63 37.63	100m: 1:17.75 40.12	150m: 2:00.63 42.88	200m: 2:39.24 38.61			
10.	NOBRE Beatriz Gaspar	05	Gualdim Pais	2:39.90	+0,70	467	
	50m: 36.25 36.25	100m: 1:17.90 41.65	150m: 1:59.18 41.28	200m: 2:39.90 40.72			
11.	MACHADO Beatriz Alexandra	05	Beja	2:40.02	+0,66	465	
	50m: 36.86 36.86	100m: 1:16.97 40.11	150m: 1:58.87 41.90	200m: 2:40.02 41.15			
12.	VASCONCELOS Lara Rodrigues	05	Galitos / Bresimar	2:40.33	+0,78	463	
	50m: 36.92 36.92	100m: 1:17.47 40.55	150m: 1:59.66 42.19	200m: 2:40.33 40.67			
13.	NEVES Natalia Passeira	05	Natacao de Valongo	2:40.72	+0,68	459	
	50m: 36.49 36.49	100m: 1:17.57 41.08	150m: 1:59.28 41.71	200m: 2:40.72 41.44			
14.	NEVES Maria Manuel	05	Braga	2:42.73	+0,70	443	
	50m: 37.73 37.73	100m: 1:18.48 40.75	150m: 2:01.20 42.72	200m: 2:42.73 41.53			

Prova 27 Femin., 200m Costas Juniores Resultados Elimin

Rec	Nac	Tempo	Nome	SAD	Coimbra	Rec
Rec Nac Absoluto	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	20-06-2015	
Rec Nac Jun17	2:15.53	FRISCHKNECHT Rita Barros	SAD	Coimbra	02-04-2015	
Rec Nac Jun16	2:17.98	MARTINHEIRA Catia Raquel	POR	Lima (PER)	18-08-2011	

CEJun_Fem 14 - 17: 2:18.63 / CMJ_Fem 14 - 17: 2:15.91 / JO Absoluto: 2:10.39

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	REBELO Camila Rodrigues <i>Minimos CE Jun</i>	03	Louzan Natacao/EFAPEL	2:18.55	+0,58	717	
	50m: 32.22 32.22	100m: 1:06.72 34.50	150m: 1:43.24 36.52	200m: 2:18.55 35.31			
2.	CARDEAL Joana Nunes	02	Academico Viseu	2:24.01	+0,68	639	
	50m: 33.73 33.73	100m: 1:10.11 36.38	150m: 1:47.37 37.26	200m: 2:24.01 36.64			
3.	AZEVEDO Rafaela Gomes	02	Alges	2:25.01	+0,64	626	
	50m: 32.51 32.51	100m: 1:08.98 36.47	150m: 1:46.85 37.87	200m: 2:25.01 38.16			
4.	PEIXEIRA Filipa Ramos	03	Sporting	2:26.42	+0,65	608	
	50m: 33.67 33.67	100m: 1:10.88 37.21	150m: 1:48.85 37.97	200m: 2:26.42 37.57			
5.	RAMOS Ana Rita	02	Porto	2:26.77	+0,68	603	
	50m: 33.55 33.55	100m: 1:09.76 36.21	150m: 1:48.17 38.41	200m: 2:26.77 38.60			
6.	CRUZ Sara Moura	03	Alges	2:27.23	+0,65	598	
	50m: 34.77 34.77	100m: 1:12.33 37.56	150m: 1:50.34 38.01	200m: 2:27.23 36.89			
7.	MARTINS Joana Ribeiro	03	Benfica	2:29.77	+0,68	568	
	50m: 35.39 35.39	100m: 1:13.38 37.99	150m: 1:52.65 39.27	200m: 2:29.77 37.12			
8.	LASCU Nicoleta	02	Litoral Alentejano	2:31.11	+0,68	553	
	50m: 34.93 34.93	100m: 1:13.14 38.21	150m: 1:51.92 38.78	200m: 2:31.11 39.19			
9.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	2:32.59	+0,60	537	
	50m: 35.88 35.88	100m: 1:14.42 38.54	150m: 1:53.91 39.49	200m: 2:32.59 38.68			

Prova 27, Femin., 200m Costas, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	ALMEIDA Catarina Isabel	02	Vitoria Guimaraes	2:33.03	+0,69	532	
	50m: 34.16 34.16	100m: 1:12.90 38.74	150m: 1:53.21 40.31	200m: 2:33.03 39.82			
11.	MARQUES Mariana Nunes	03	Estarreja	2:33.36	+0,63	529	
	50m: 34.77 34.77	100m: 1:13.47 38.70	150m: 1:53.64 40.17	200m: 2:33.36 39.72			
12.	RAMOS Ines Asseiceira	03	Torres Novas	2:33.69	+0,61	525	
	50m: 34.31 34.31	100m: 1:12.58 38.27	150m: 1:52.13 39.55	200m: 2:33.69 41.56			
13.	AMORIM Maria Leonor	03	Porto	2:34.13	+0,69	521	
	50m: 35.28 35.28	100m: 1:14.72 39.44	150m: 1:54.61 39.89	200m: 2:34.13 39.52			
14.	SOARES Carolina Silva	03	Natacao de Valongo	2:34.38	+0,62	518	
	50m: 35.81 35.81	100m: 1:14.30 38.49	150m: 1:54.28 39.98	200m: 2:34.38 40.10			
15.	CATARINO Laura Andre	03	CCDSerta	2:34.85	+0,60	514	
	50m: 34.77 34.77	100m: 1:13.96 39.19	150m: 1:55.13 41.17	200m: 2:34.85 39.72			
16.	SOARES Ana Margarida	03	Naval Setubalense	2:35.37	+0,61	509	
	50m: 34.84 34.84	100m: 1:13.74 38.90	150m: 1:53.92 40.18	200m: 2:35.37 41.45			
17.	BARBOSA Adriana Freixo	03	Viana Natacao	2:35.38	+0,58	508	
	50m: 35.54 35.54	100m: 1:14.84 39.30	150m: 1:55.60 40.76	200m: 2:35.38 39.78			
18.	SANTOS Madalena Almeida	03	Bombeiros Ponta Delgada	2:36.90	+0,77	494	
	50m: 36.30 36.30	100m: 1:15.42 39.12	150m: 1:56.19 40.77	200m: 2:36.90 40.71			
19.	AGOSTINHO Catia Iordan	02	Rio Maior	2:37.36	+0,74	490	
	50m: 36.77 36.77	100m: 1:16.08 39.31	150m: 1:57.03 40.95	200m: 2:37.36 40.33			

Prova 27

Femin., 200m Costas

Seniores

07-04-2019 - 9:00

Resultados Elimin

Rec Nac Absoluto	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	20-06-2015
Rec Nac Sen	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	02-04-2015

CMPL 19 +: 2:11.53 / JO Absoluto: 2:10.39

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FRISCHKNECHT Rita Barros	98	Alges	2:17.75	+0,67	730	
	50m: 31.64 31.64	100m: 1:05.60 33.96	150m: 1:41.11 35.51	200m: 2:17.75 36.64			
2.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:22.02	+0,65	666	
	50m: 32.36 32.36	100m: 1:07.62 35.26	150m: 1:45.04 37.42	200m: 2:22.02 36.98			
3.	CABRAL Maria Francisca	00	Porto	2:22.88	+0,63	654	
	50m: 33.42 33.42	100m: 1:08.99 35.57	150m: 1:45.98 36.99	200m: 2:22.88 36.90			
4.	SANTOS Tatiana Filipa	95	Academica de Coimbra	2:27.20	+0,69	598	
	50m: 34.20 34.20	100m: 1:10.97 36.77	150m: 1:49.00 38.03	200m: 2:27.20 38.20			
5.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	2:27.53	+0,66	594	
	50m: 35.04 35.04	100m: 1:11.99 36.95	150m: 1:50.10 38.11	200m: 2:27.53 37.43			
6.	MARTINS Maria Esteves	01	Galitos / Bresimar	2:27.78	+0,63	591	
	50m: 34.31 34.31	100m: 1:11.30 36.99	150m: 1:50.06 38.76	200m: 2:27.78 37.72			

Prova 27, Femin., 200m Costas, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	FREIXO Juliana Lima	97	Braga	2:27.89	+0,59	590	
	50m: 33.70 33.70	100m: 1:10.83 37.13	150m: 1:49.43 38.60	200m: 2:27.89 38.46			
8.	RODRIGUES Luana Correia	01	Belenenses	2:29.06	+0,58	576	
	50m: 34.61 34.61	100m: 1:11.80 37.19	150m: 1:50.43 38.63	200m: 2:29.06 38.63			
9.	RODRIGUES Filipa Serrano	01	Benfica	2:29.25	+0,67	574	
	50m: 34.86 34.86	100m: 1:11.58 36.72	150m: 1:50.02 38.44	200m: 2:29.25 39.23			
10.	FERREIRA Ana Raquel	98	Benfica	2:30.25	+0,69	562	
	50m: 34.46 34.46	100m: 1:12.34 37.88	150m: 1:51.32 38.98	200m: 2:30.25 38.93			
11.	MOREIRA Matilde Freitas	01	Academica de Coimbra	2:30.71	+0,69	557	
	50m: 34.24 34.24	100m: 1:12.25 38.01	150m: 1:51.02 38.77	200m: 2:30.71 39.69			
12.	NUNES Sofia Alexandra	00	Laranjeiro	2:31.40	+0,72	550	
	50m: 35.59 35.59	100m: 1:13.13 37.54	150m: 1:52.67 39.54	200m: 2:31.40 38.73			
13.	COSTA Ana Filipa	98	Beja	2:31.79	+0,67	545	
	50m: 35.27 35.27	100m: 1:14.04 38.77	150m: 1:53.58 39.54	200m: 2:31.79 38.21			

Prova 27

Femin., 200m Costas

Absolutos

07-04-2019 - 9:00

Resultados Elimin

Rec Nac Absoluto	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	20-06-2015
Rec Nac Sen	2:15.27	AZEVEDO Francisca Gomes	SAD	Coimbra	02-04-2015
Rec Nac Jun17	2:15.53	FRISCHKNECHT Rita Barros	SAD	Coimbra	02-04-2015
Rec Nac Jun16	2:17.98	MARTINHEIRA Catia Raquel	POR	Lima (PER)	18-08-2011
Rec Nac Juv A	2:17.38	SILVA Joana Carina	LSXXI	Coimbra	05-04-2012
Rec Nac Juv B	2:20.53	REBELO Camila Rodrigues	ALN	Oeiras	21-07-2017

PreJun_Fem Juv: 2:22.78 / CEJun_Fem 14 - 17: 2:18.63 / CMJ_Fem 14 - 17: 2:15.91 / CMPL 19 +: 2:11.53 / JO Absoluto: 2:10.39

Pontos: FINA 2019

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FRISCHKNECHT Rita Barros	98	Alges	2:17.75	+0,67	730	
	50m: 31.64 31.64	100m: 1:05.60 33.96	150m: 1:41.11 35.51	200m: 2:17.75 36.64			
2.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	2:18.55	+0,58	717	
	<i>Minimos CE Jun</i>						
	50m: 32.22 32.22	100m: 1:06.72 34.50	150m: 1:43.24 36.52	200m: 2:18.55 35.31			
3.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:22.02	+0,65	666	
	50m: 32.36 32.36	100m: 1:07.62 35.26	150m: 1:45.04 37.42	200m: 2:22.02 36.98			
4.	CABRAL Maria Francisca	00	Porto	2:22.88	+0,63	654	
	50m: 33.42 33.42	100m: 1:08.99 35.57	150m: 1:45.98 36.99	200m: 2:22.88 36.90			
5.	CARDEAL Joana Nunes	02	Academico Viseu	2:24.01	+0,68	639	
	50m: 33.73 33.73	100m: 1:10.11 36.38	150m: 1:47.37 37.26	200m: 2:24.01 36.64			
6.	AZEVEDO Rafaela Gomes	02	Alges	2:25.01	+0,64	626	
	50m: 32.51 32.51	100m: 1:08.98 36.47	150m: 1:46.85 37.87	200m: 2:25.01 38.16			
7.	PEIXEIRA Filipa Ramos	03	Sporting	2:26.42	+0,65	608	
	50m: 33.67 33.67	100m: 1:10.88 37.21	150m: 1:48.85 37.97	200m: 2:26.42 37.57			

Prova 27, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	RAMOS Ana Rita	02	Porto	2:26.77	+0,68	603	
	50m: 33.55 33.55	100m: 1:09.76 36.21	150m: 1:48.17 38.41	200m: 2:26.77 38.60			
9.	SANTOS Tatiana Filipa	95	Academica de Coimbra	2:27.20	+0,69	598	
	50m: 34.20 34.20	100m: 1:10.97 36.77	150m: 1:49.00 38.03	200m: 2:27.20 38.20			
10.	CRUZ Sara Moura	03	Alges	2:27.23	+0,65	598	
	50m: 34.77 34.77	100m: 1:12.33 37.56	150m: 1:50.34 38.01	200m: 2:27.23 36.89			
11.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	2:27.53	+0,66	594	
	50m: 35.04 35.04	100m: 1:11.99 36.95	150m: 1:50.10 38.11	200m: 2:27.53 37.43			
12.	MARTINS Maria Esteves	01	Galitos / Bresimar	2:27.78	+0,63	591	
	50m: 34.31 34.31	100m: 1:11.30 36.99	150m: 1:50.06 38.76	200m: 2:27.78 37.72			
13.	FREIXO Juliana Lima	97	Braga	2:27.89	+0,59	590	
	50m: 33.70 33.70	100m: 1:10.83 37.13	150m: 1:49.43 38.60	200m: 2:27.89 38.46			
14.	OLIVEIRA Ana Rita	04	Naval Povoense	2:29.06	+0,75	576	
	50m: 33.34 33.34	100m: 1:11.30 37.96	150m: 1:50.58 39.28	200m: 2:29.06 38.48			
	RODRIGUES Luana Correia	01	Belenenses	2:29.06	+0,58	576	
	50m: 34.61 34.61	100m: 1:11.80 37.19	150m: 1:50.43 38.63	200m: 2:29.06 38.63			
16.	RODRIGUES Filipa Serrano	01	Benfica	2:29.25	+0,67	574	
	50m: 34.86 34.86	100m: 1:11.58 36.72	150m: 1:50.02 38.44	200m: 2:29.25 39.23			
17.	MARTINS Joana Ribeiro	03	Benfica	2:29.77	+0,68	568	
	50m: 35.39 35.39	100m: 1:13.38 37.99	150m: 1:52.65 39.27	200m: 2:29.77 37.12			
18.	FERNANDES Carolina Miranda	05	Galitos / Bresimar	2:29.98	+0,69	565	
	50m: 34.31 34.31	100m: 1:12.24 37.93	150m: 1:51.95 39.71	200m: 2:29.98 38.03			
19.	FERREIRA Ana Raquel	98	Benfica	2:30.25	+0,69	562	
	50m: 34.46 34.46	100m: 1:12.34 37.88	150m: 1:51.32 38.98	200m: 2:30.25 38.93			
20.	MOREIRA Matilde Freitas	01	Academica de Coimbra	2:30.71	+0,69	557	
	50m: 34.24 34.24	100m: 1:12.25 38.01	150m: 1:51.02 38.77	200m: 2:30.71 39.69			
21.	AMADO Maria Lopes	04	Bairro dos Anjos/ Leiria	2:30.79	+0,57	556	
	50m: 34.75 34.75	100m: 1:12.69 37.94	150m: 1:51.63 38.94	200m: 2:30.79 39.16			
22.	LASCU Nicoleta	02	Litoral Alentejano	2:31.11	+0,68	553	
	50m: 34.93 34.93	100m: 1:13.14 38.21	150m: 1:51.92 38.78	200m: 2:31.11 39.19			
23.	NUNES Sofia Alexandra	00	Laranjeiro	2:31.40	+0,72	550	
	50m: 35.59 35.59	100m: 1:13.13 37.54	150m: 1:52.67 39.54	200m: 2:31.40 38.73			
24.	COSTA Ana Filipa	98	Beja	2:31.79	+0,67	545	
	50m: 35.27 35.27	100m: 1:14.04 38.77	150m: 1:53.58 39.54	200m: 2:31.79 38.21			
25.	ALVES Ines Sofia	04	Portinado	2:31.80	+0,60	545	
	50m: 35.42 35.42	100m: 1:14.22 38.80	150m: 1:52.88 38.66	200m: 2:31.80 38.92			
26.	REIS Erica Cristina	05	Sporting	2:32.16	+0,62	541	
	50m: 34.79 34.79	100m: 1:13.71 38.92	150m: 1:53.04 39.33	200m: 2:32.16 39.12			
27.	ROCHA Carolina Neves	04	Fluvial Portuense	2:32.45	+0,75	538	
	50m: 34.25 34.25	100m: 1:13.09 38.84	150m: 1:53.14 40.05	200m: 2:32.45 39.31			

Prova 27, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	2:32.59	+0,60	537	
	50m: 35.88 35.88	100m: 1:14.42 38.54	150m: 1:53.91	39.49	200m: 2:32.59	38.68	
29.	FERREIRA Maria Leonor	04	Desportivo Nacional	2:32.66	+0,65	536	
	50m: 35.17 35.17	100m: 1:13.47 38.30	150m: 1:53.78	40.31	200m: 2:32.66	38.88	
30.	PEREIRA Anais Cloe	04	Sporting	2:32.67	+0,71	536	
	50m: 35.65 35.65	100m: 1:14.23 38.58	150m: 1:53.36	39.13	200m: 2:32.67	39.31	
31.	COSTA Carolina Fale	04	Colegio Monte Maior	2:32.93	+0,67	533	
	50m: 35.06 35.06	100m: 1:13.56 38.50	150m: 1:53.34	39.78	200m: 2:32.93	39.59	
32.	ALMEIDA Catarina Isabel	02	Vitoria Guimaraes	2:33.03	+0,69	532	
	50m: 34.16 34.16	100m: 1:12.90 38.74	150m: 1:53.21	40.31	200m: 2:33.03	39.82	
33.	MARQUES Mariana Nunes	03	Estarreja	2:33.36	+0,63	529	
	50m: 34.77 34.77	100m: 1:13.47 38.70	150m: 1:53.64	40.17	200m: 2:33.36	39.72	
34.	PAIVA Leonor Correia	04	Louzan Natacao/EFAPEL	2:33.40	+0,62	528	
	50m: 35.35 35.35	100m: 1:14.17 38.82	150m: 1:53.98	39.81	200m: 2:33.40	39.42	
35.	RAMOS Ines Asseiceira	03	Torres Novas	2:33.69	+0,61	525	
	50m: 34.31 34.31	100m: 1:12.58 38.27	150m: 1:52.13	39.55	200m: 2:33.69	41.56	
36.	SALGADO Soraia Maria	05	Fisica Torres Vedras	2:33.74	+0,71	525	
	50m: 34.64 34.64	100m: 1:13.02 38.38	150m: 1:53.40	40.38	200m: 2:33.74	40.34	
37.	AMORIM Maria Leonor	03	Porto	2:34.13	+0,69	521	
	50m: 35.28 35.28	100m: 1:14.72 39.44	150m: 1:54.61	39.89	200m: 2:34.13	39.52	
38.	SOARES Carolina Silva	03	Natacao de Valongo	2:34.38	+0,62	518	
	50m: 35.81 35.81	100m: 1:14.30 38.49	150m: 1:54.28	39.98	200m: 2:34.38	40.10	
39.	COSTA Joana Santos	04	Galitos / Bresimar	2:34.64	+0,62	516	
	50m: 34.85 34.85	100m: 1:14.53 39.68	150m: 1:54.59	40.06	200m: 2:34.64	40.05	
40.	LAGOA Carlota Macedo	05	Bairro dos Anjos/ Leiria	2:34.70	+0,65	515	
	50m: 35.84 35.84	100m: 1:15.58 39.74	150m: 1:55.11	39.53	200m: 2:34.70	39.59	
41.	SILVA Constanca Alexandra	04	Pimpoes/Cimai	2:34.73	+0,62	515	
	50m: 35.40 35.40	100m: 1:15.36 39.96	150m: 1:55.17	39.81	200m: 2:34.73	39.56	
42.	GOMES Fabiana Cruz	05	Louletano / Loule Concelho	2:34.76	+0,62	515	
	50m: 37.09 37.09	100m: 1:15.71 38.62	150m: 1:55.90	40.19	200m: 2:34.76	38.86	
43.	CATARINO Laura Andre	03	CCDSerta	2:34.85	+0,60	514	
	50m: 34.77 34.77	100m: 1:13.96 39.19	150m: 1:55.13	41.17	200m: 2:34.85	39.72	
44.	RODRIGUES Sofia Vilardell	04	Gesloures	2:35.27	+0,70	510	
	50m: 36.76 36.76	100m: 1:17.25 40.49	150m: 1:56.97	39.72	200m: 2:35.27	38.30	
45.	SOARES Ana Margarida	03	Naval Setubalense	2:35.37	+0,61	509	
	50m: 34.84 34.84	100m: 1:13.74 38.90	150m: 1:53.92	40.18	200m: 2:35.37	41.45	
46.	BARBOSA Adriana Freixo	03	Viana Natacao	2:35.38	+0,58	508	
	50m: 35.54 35.54	100m: 1:14.84 39.30	150m: 1:55.60	40.76	200m: 2:35.38	39.78	
47.	CUNHA Leonor Correia	04	Fundacao Beatriz Santos	2:36.13	+0,76	501	
	50m: 36.94 36.94	100m: 1:16.44 39.50	150m: 1:56.53	40.09	200m: 2:36.13	39.60	

Prova 27, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
48.	PEREIRA Isabel dos Santos	05	Fluvial Portuense	2:36.36	+0,71	499	
	50m: 36.42 36.42	100m: 1:16.65 40.23	150m: 1:56.42	39.77	200m: 2:36.36	39.94	
49.	INACIO Ana Sofia	04	Sporting	2:36.66	+0,86	496	
	50m: 35.98 35.98	100m: 1:15.22 39.24	150m: 1:56.55	41.33	200m: 2:36.66	40.11	
50.	SANTOS Madalena Almeida	03	Bombeiros Ponta Delgada	2:36.90	+0,77	494	
	50m: 36.30 36.30	100m: 1:15.42 39.12	150m: 1:56.19	40.77	200m: 2:36.90	40.71	
51.	CARDEAL Beatriz Nunes	04	Academico Viseu	2:36.92	+0,70	494	
	50m: 35.46 35.46	100m: 1:15.35 39.89	150m: 1:56.85	41.50	200m: 2:36.92	40.07	
52.	DELFINO Mariana Morais	04	Sporting	2:37.14	+0,79	492	
	50m: 36.64 36.64	100m: 1:15.71 39.07	150m: 1:55.90	40.19	200m: 2:37.14	41.24	
53.	AGOSTINHO Catia Iordan	02	Rio Maior	2:37.36	+0,74	490	
	50m: 36.77 36.77	100m: 1:16.08 39.31	150m: 1:57.03	40.95	200m: 2:37.36	40.33	
54.	JESUS Leonor Santos	04	Natacao Olhao	2:37.58	+0,60	487	
	50m: 36.04 36.04	100m: 1:14.78 38.74	150m: 1:56.98	42.20	200m: 2:37.58	40.60	
55.	CUNHA Margarida Passos	04	Famalicao	2:37.90	+0,57	485	
	50m: 36.32 36.32	100m: 1:15.89 39.57	150m: 1:57.15	41.26	200m: 2:37.90	40.75	
56.	SOUSA Joana Francisca	04	Sao Roque	2:37.92	+0,70	484	
	50m: 37.17 37.17	100m: 1:16.77 39.60	150m: 1:57.59	40.82	200m: 2:37.92	40.33	
57.	SEBASTIAO Sofia Antunes	05	Amadora	2:38.77	+0,78	477	
	50m: 36.60 36.60	100m: 1:17.62 41.02	150m: 1:58.14	40.52	200m: 2:38.77	40.63	
58.	CANINHAS Maria Pinto	05	Natacao do Fundao	2:38.83	+0,79	476	
	50m: 37.38 37.38	100m: 1:17.82 40.44	150m: 1:58.57	40.75	200m: 2:38.83	40.26	
59.	GONCALVES Rita Abibe	05	Geslours	2:39.24	+0,73	472	
	50m: 37.63 37.63	100m: 1:17.75 40.12	150m: 2:00.63	42.88	200m: 2:39.24	38.61	
60.	ABREU Sofia Viola	04	Naval de Peniche	2:39.38	+0,91	471	
	50m: 36.92 36.92	100m: 1:18.04 41.12	150m: 2:00.15	42.11	200m: 2:39.38	39.23	
61.	NOBRE Beatriz Gaspar	05	Gualdim Pais	2:39.90	+0,70	467	
	50m: 36.25 36.25	100m: 1:17.90 41.65	150m: 1:59.18	41.28	200m: 2:39.90	40.72	
62.	MACHADO Beatriz Alexandra	05	Beja	2:40.02	+0,66	465	
	50m: 36.86 36.86	100m: 1:16.97 40.11	150m: 1:58.87	41.90	200m: 2:40.02	41.15	
63.	CORREIA Beatriz Santos	04	Academico Viseu	2:40.32	+0,70	463	
	50m: 36.88 36.88	100m: 1:17.60 40.72	150m: 2:00.13	42.53	200m: 2:40.32	40.19	
64.	VASCONCELOS Lara Rodrigues	05	Galitos / Bresimar	2:40.33	+0,78	463	
	50m: 36.92 36.92	100m: 1:17.47 40.55	150m: 1:59.66	42.19	200m: 2:40.33	40.67	
65.	NEVES Natalia Passeira	05	Natacao de Valongo	2:40.72	+0,68	459	
	50m: 36.49 36.49	100m: 1:17.57 41.08	150m: 1:59.28	41.71	200m: 2:40.72	41.44	
66.	COUTINHO Maria Martim	04	Bairro dos Anjos/ Leiria	2:40.76	+0,64	459	
	50m: 36.50 36.50	100m: 1:16.58 40.08	150m: 1:59.38	42.80	200m: 2:40.76	41.38	
67.	ANTUNES Joana Maia	04	Benfica	2:41.44	+0,66	453	
	50m: 37.10 37.10	100m: 1:17.20 40.10	150m: 1:59.44	42.24	200m: 2:41.44	42.00	

Prova 27, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
68.	MARQUES Maria Vieira	04	Clube Natacao de Vagos	2:42.40	+0,62	445	
	50m: 34.89 34.89	100m: 1:14.82 39.93	150m: 1:58.21 43.39	200m: 2:42.40 44.19			
69.	NEVES Maria Manuel	05	Braga	2:42.73	+0,70	443	
	50m: 37.73 37.73	100m: 1:18.48 40.75	150m: 2:01.20 42.72	200m: 2:42.73 41.53			
70.	GONCALVES Maria Margarida	04	Naval do Funchal	2:43.25	+0,57	438	
	50m: 37.07 37.07	100m: 1:17.79 40.72	150m: 2:01.34 43.55	200m: 2:43.25 41.91			
71.	LOPES Raquel Raposo	04	Cova da Piedade	2:43.81	+0,70	434	
	50m: 37.84 37.84	100m: 1:19.17 41.33	150m: 2:01.87 42.70	200m: 2:43.81 41.94			
72.	BRANCOURT Yonina	04	Gesloures	2:47.70	+0,69	404	
	50m: 36.99 36.99	100m: 1:18.92 41.93	150m: 2:02.61 43.69	200m: 2:47.70 45.09			

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIRO OFICIAL DE NUTRIÇÃO DESPORTIVA E ALIMENTAÇÃO FUNCIONAL



PARCEIROS

