

Event 30  
20-01-2019 - 15:30

Women, 200m Backstroke

Master Esc A  
Results

Rec Nac Esc A 2:31.67 CORREIA Sandra Cristina CPT Inatel 23-03-2003

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	NEVES Vania Soares <i>Rec Nacional Esc A</i>	90	Fluvial Portuense	<b>2:25.91</b>	+0,66	817	30,00
	50m: 34.00 34.00	100m: 1:11.35 37.35	150m: 1:48.75 37.40	200m: 2:25.91 37.16			
2.	PINHEIRO Filipa Mendes	92	Desportiva de Viana	<b>2:32.03</b>	+0,64	722	26,00
	50m: 33.97 33.97	100m: 1:12.28 38.31	150m: 1:51.77 39.49	200m: 2:32.03 40.26			
3.	FREIXO Marta Rita	93	Desportiva de Viana	<b>2:46.24</b>	+0,83	552	22,00
	50m: 38.57 38.57	100m: 1:20.13 41.56	150m: 2:03.11 42.98	200m: 2:46.24 43.13			
4.	VALE Mariana Oliveira	93	Natacao de Valongo	<b>2:47.99</b>	+0,82	535	20,00
	50m: 38.17 38.17	100m: 1:20.89 42.72	150m: 2:04.77 43.88	200m: 2:47.99 43.22			
5.	COUTINHO Ana Patricia	93	Viana Natacao	<b>2:50.65</b>	+0,81	511	19,00
	50m: 38.32 38.32	100m: 1:20.81 42.49	150m: 2:05.50 44.69	200m: 2:50.65 45.15			
6.	BABO Leonor Bessa	93	Porto	<b>2:52.21</b>	+1,20	497	18,00
	50m: 38.29 38.29	100m: 1:21.32 43.03	150m: 2:06.51 45.19	200m: 2:52.21 45.70			
7.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	<b>2:54.66</b>	+1,33	476	17,00
	50m: 41.02 41.02	100m: 1:25.36 44.34	150m: 2:11.25 45.89	200m: 2:54.66 43.41			
8.	PIRES Marisa Ysabel	93	Estarreja	<b>2:55.06</b>	+0,75	473	16,00
	50m: 39.98 39.98	100m: 1:23.27 43.29	150m: 2:08.89 45.62	200m: 2:55.06 46.17			
9.	FERREIRA Ana Rita	92	Colegio Monte Maior	<b>2:59.96</b>	+0,80	435	14,00
	50m: 42.08 42.08	100m: 1:27.24 45.16	150m: 2:14.03 46.79	200m: 2:59.96 45.93			
10.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	<b>3:07.96</b>	+0,82	382	12,00
	50m: 44.78 44.78	100m: 1:32.04 47.26	150m: 2:20.01 47.97	200m: 3:07.96 47.95			
11.	SILVA Mariana Lage	92	Masters de Almada	<b>3:33.78</b>	+0,84	260	11,00
	50m: 51.01 51.01	100m: 1:44.77 53.76	150m: 2:40.65 55.88	200m: 3:33.78 53.13			
12.	DOMINGOS Liliana Raquel	90	Pimpoes/Cimai	<b>4:03.14</b>	+1,23	176	10,00
	50m: 58.25 58.25	100m: 1:59.62 1:01.37	150m: 3:02.82 1:03.20	200m: 4:03.14 1:00.32			
DSQ	SANTOS Miriam Rodrigues <i>613 - Não efectuou a viragem aos 175 m logo após terminar movimento continuo dos braços - SW 6.4</i>	91	Masters de Almada				-

Event 30, Women, 200m Backstroke

Event 30 Women, 200m Backstroke Master Esc B  
20-01-2019 - 15:30 Results

Rec Nac Esc B 2:25.88 GRILO Ana Paula UDCA Inatel 23-03-2003

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SILVA Carolina Santos	86	Ginasio Santo Tirso	<b>2:33.68</b>	+0,62	782	30,00
	50m: 36.35 36.35	100m: 1:15.45 39.10	150m: 1:55.03	39.58	200m: 2:33.68	38.65	
2.	SOUZA Keissy Joselin	85	Porto	<b>2:45.04</b>	+0,79	631	26,00
	50m: 38.35 38.35	100m: 1:20.26 41.91	150m: 2:02.55	42.29	200m: 2:45.04	42.49	
3.	BARBOSA Rita Manuela	89	Leixoes	<b>2:51.40</b>	+0,85	563	22,00
	50m: 39.61 39.61	100m: 1:23.10 43.49	150m: 2:07.89	44.79	200m: 2:51.40	43.51	
4.	MARTINS Susana Ferreira	89	Amigos da Natacao	<b>2:52.40</b>	+0,60	554	20,00
	50m: 40.60 40.60	100m: 1:24.27 43.67	150m: 2:08.55	44.28	200m: 2:52.40	43.85	
5.	MONTEIRO Maria Joao	89	Salesianos	<b>2:56.78</b>	+0,68	514	19,00
	50m: 40.58 40.58	100m: 1:24.98 44.40	150m: 2:10.93	45.95	200m: 2:56.78	45.85	
6.	PINTO Rita Loureiro	85	Ginasio Clube	<b>3:04.38</b>	+0,79	453	18,00
	50m: 43.58 43.58	100m: 1:29.93 46.35	150m: 2:17.55	47.62	200m: 3:04.38	46.83	
7.	FIALHO Vanessa Sofia	88	Pimpoes/Cimai	<b>3:10.68</b>	+0,72	409	17,00
	50m: 43.96 43.96	100m: 1:30.89 46.93	150m: 2:20.82	49.93	200m: 3:10.68	49.86	
8.	REIS Filipa Isabel	87	Leixoes	<b>4:11.12</b>	+0,86	179	16,00
	50m: 55.34 55.34	100m: 1:58.39 1:03.05	150m: 3:07.59	1:09.20	200m: 4:11.12	1:03.53	

DSQ MIRANDA Ana Filipa 85 Galitos / Bresimar -  
613 - Não efectuou a viragem aos 100 m logo após terminar movimento continuo dos braços - SW 6.4

Event 30 Women, 200m Backstroke Master Esc C  
20-01-2019 - 15:30 Results

Rec Nac Esc C 2:33.17 GRILO Ana Paula UDCA Inatel 05-02-2006

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	LUCAS Mariana Sa	84	Litoral Alentejano	<b>2:47.14</b>	+0,71	623	30,00
	50m: 38.21 38.21	100m: 1:19.92 41.71	150m: 2:03.77	43.85	200m: 2:47.14	43.37	
2.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	<b>2:52.32</b>	+0,80	569	26,00
	50m: 40.51 40.51	100m: 1:24.38 43.87	150m: 2:08.84	44.46	200m: 2:52.32	43.48	
3.	GASPAR Joana Margarida	83	Nadadores dos Estoris	<b>2:55.83</b>	+0,80	535	22,00
	50m: 41.72 41.72	100m: 1:25.77 44.05	150m: 2:10.67	44.90	200m: 2:55.83	45.16	
4.	ANDRADE Helena Sofia	82	Estarreja	<b>3:02.42</b>	+0,81	479	20,00
	50m: 41.88 41.88	100m: 1:27.87 45.99	150m: 2:16.15	48.28	200m: 3:02.42	46.27	
5.	ALMEIDA Graciete Maria	81	Masters de Almada	<b>3:04.26</b>	+0,71	465	19,00
	50m: 43.63 43.63	100m: 1:30.72 47.09	150m: 2:18.74	48.02	200m: 3:04.26	45.52	
6.	FONSECA Maria Ana	82	Fluvial Portuense	<b>3:04.35</b>	+0,83	464	18,00
	50m: 44.35 44.35	100m: 1:30.39 46.04	150m: 2:17.72	47.33	200m: 3:04.35	46.63	

Event 30, Women, 200m Backstroke, Master Esc C

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
7.	PATO Ana Henriques	83	Masters de Almada	<b>3:15.16</b>	+1,04	391	17,00
	50m: 47.08 47.08	100m: 1:35.91 48.83	150m: 2:26.23	50.32	200m: 3:15.16	48.93	
8.	SANTOS Carolina Bjorke dos	83	O2	<b>3:55.32</b>	+0,99	223	16,00
	50m: 55.10 55.10	100m: 1:52.99 57.89	150m: 2:52.39	59.40	200m: 3:55.32	1:02.93	

Event 30 Women, 200m Backstroke Master Esc D  
20-01-2019 - 15:30 Results

Rec	Nac	Esc	D	2:39.07	GRILO Ana Paula	INDALEN	Penafiel	20-11-2010
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	PRIOR Ana Filipa	77	Luz e Vida	<b>2:59.64</b>	+0,76	575	30,00
	50m: 40.87 40.87	100m: 1:27.06 46.19	150m: 2:13.89	46.83	200m: 2:59.64	45.75	
2.	FERNANDES Filipa Cristina	76	Gesloures	<b>3:00.13</b>	+0,82	570	26,00
	50m: 42.59 42.59	100m: 1:27.85 45.26	150m: 2:14.29	46.44	200m: 3:00.13	45.84	
3.	MOUTELA Ana Sofia	77	Estarreja	<b>3:00.81</b>	+0,83	564	22,00
	50m: 42.62 42.62	100m: 1:28.73 46.11	150m: 2:15.41	46.68	200m: 3:00.81	45.40	
4.	BAPTISTA Liliana Elisabete	78	Leixoes	<b>3:02.57</b>	+0,94	547	20,00
	50m: 42.80 42.80	100m: 1:29.36 46.56	150m: 2:16.15	46.79	200m: 3:02.57	46.42	
5.	OLIVEIRA Ana Cristina	76	Galitos / Bresimar	<b>3:09.96</b>	+0,69	486	19,00
	50m: 43.55 43.55	100m: 1:30.60 47.05	150m: 2:19.58	48.98	200m: 3:09.96	50.38	
6.	MARTINS Ana Maria	79	Sporting de Aveiro	<b>3:49.62</b>	+1,03	275	18,00
	50m: 56.37 56.37	100m: 1:55.48 59.11	150m: 2:54.02	58.54	200m: 3:49.62	55.60	

Event 30 Women, 200m Backstroke Master Esc E  
20-01-2019 - 15:30 Results

Rec	Nac	Esc	E	2:43.12	CARMO Maria Helena	CNCVG	Lisboa	27-02-2011
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	COSTA Maria Luisa	74	Fluvial Portuense	<b>2:54.21</b>	+0,80	687	30,00
	50m: 41.03 41.03	100m: 1:26.03 45.00	150m: 2:10.21	44.18	200m: 2:54.21	44.00	
2.	DECOCQ Sandra	72	Salesianos	<b>3:03.39</b>	+0,77	589	26,00
	50m: 42.14 42.14	100m: 1:27.28 45.14	150m: 2:14.90	47.62	200m: 3:03.39	48.49	
3.	SEOANE Carla Alexandra	73	Masters de Almada	<b>3:04.10</b>		582	22,00
	50m: 42.49 42.49	100m: 1:28.44 45.95	150m: 2:16.76	48.32	200m: 3:04.10	47.34	
4.	ALMEIDA Graca Maria	73	Leixoes	<b>3:11.81</b>	+0,78	515	20,00
	50m: 44.66 44.66	100m: 1:32.79 48.13	150m: 2:22.58	49.79	200m: 3:11.81	49.23	
5.	BLANCO Catarina Araujo	71	Fluvial Portuense	<b>3:38.49</b>	+0,93	348	19,00
	50m: 53.54 53.54	100m: 1:51.11 57.57	150m: 2:47.59	56.48	200m: 3:38.49	50.90	
6.	BARROS Ana Xavier	74	Natacao de Lisboa	<b>3:46.38</b>	+0,86	313	18,00
	50m: 50.17 50.17	100m: 1:48.77 58.60	150m: 2:49.16	1:00.39	200m: 3:46.38	57.22	

Event 30, Women, 200m Backstroke, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
7.	BARBARA Ana Bernardo	70	Portinado	<b>4:01.33</b>	+1,04	258	17,00
	50m: 57.51 57.51	100m: 1:58.72 1:01.21	150m: 3:02.76	1:04.04	200m: 4:01.33	58.57	
8.	PINTO Isabel Maria	72	Fluvial Portuense	<b>4:12.03</b>	+0,72	227	16,00
	50m: 58.85 58.85	100m: 2:02.29 1:03.44	150m: 3:07.60	1:05.31	200m: 4:12.03	1:04.43	
9.	SANTINHA Fernanda Maria	72	Masters de Almada	<b>4:44.46</b>	+0,96	157	14,00
	50m: 1:08.60 1:08.60	100m: 2:20.97 1:12.37	150m: 3:34.15	1:13.18	200m: 4:44.46	1:10.31	

Event 30 Women, 200m Backstroke Master Esc F Results

20-01-2019 - 15:30 Rec Nac Esc F 2:50.59 FERREIRA Isabel Baptista ADRCIMM Vila Franca de Xira 21-01-2018

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	REZENDE Monica Anjos <i>Rec Nacional Esc F</i>	69	Porto	<b>2:50.54</b>	+0,76	786	30,00
	50m: 39.29 39.29	100m: 1:23.51 44.22	150m: 2:08.93	45.42	200m: 2:50.54	41.61	
2.	FERREIRA Isabel Baptista	67	Colegio Monte Maior	<b>2:55.00</b>	+0,77	728	26,00
	50m: 40.54 40.54	100m: 1:25.50 44.96	150m: 2:11.48	45.98	200m: 2:55.00	43.52	
3.	CARMO Maria Helena	66	Alges	<b>3:01.28</b>	+0,75	655	22,00
	50m: 42.95 42.95	100m: 1:28.03 45.08	150m: 2:14.49	46.46	200m: 3:01.28	46.79	
4.	FORTE Laura Morala	68	Alges	<b>3:31.44</b>	+0,79	412	20,00
	50m: 47.86 47.86	100m: 1:42.28 54.42	150m: 2:37.45	55.17	200m: 3:31.44	53.99	
5.	REIS Claudia Pereira	68	Ginasio Figueirense	<b>3:43.64</b>	+0,88	348	19,00
	50m: 52.38 52.38	100m: 1:48.50 56.12	150m: 2:46.96	58.46	200m: 3:43.64	56.68	
6.	FRIAES Maria Manuel	65	Porto	<b>4:07.54</b>	+0,91	257	18,00
	50m: 58.22 58.22	100m: 2:03.72 1:05.50	150m: 3:09.61	1:05.89	200m: 4:07.54	57.93	
7.	RIBEIRO Violante Isabel	67	Alges	<b>4:09.50</b>	+0,85	251	17,00
	50m: 55.84 55.84	100m: 1:59.05 1:03.21	150m: 3:04.89	1:05.84	200m: 4:09.50	1:04.61	
8.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	<b>4:27.18</b>	+0,94	204	16,00
	50m: 1:00.79 1:00.79	100m: 2:07.94 1:07.15	150m: 3:17.54	1:09.60	200m: 4:27.18	1:09.64	

Event 30, Women, 200m Backstroke

Event 30 Women, 200m Backstroke Master Esc G  
20-01-2019 - 15:30 Results

Rec Nac Esc G 2:53.12 KRAEVA Elena Nikolaevna ADCIMM Vila Franca de Xira 21-01-2018

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	KRAEVA Elena Nikolaevna	61	Colegio Monte Maior	<b>2:57.59</b>	+0,81	794	30,00
	50m: 42.40 42.40	100m: 1:27.93 45.53	150m: 2:13.65 45.72	200m: 2:57.59 43.94			
2.	CUNHA Maria Almeida	60	Leixoes	<b>3:40.35</b>	+0,78	415	26,00
	50m: 52.66 52.66	100m: 1:48.61 55.95	150m: 2:46.71 58.10	200m: 3:40.35 53.64			
3.	PINTO Maria Teresa	61	Leixoes	<b>4:29.67</b>	+1,83	226	22,00
	50m: 1:06.32 1:06.32	100m: 2:15.25 1:08.93	150m: 3:24.98 1:09.73	200m: 4:29.67 1:04.69			
4.	RIBEIRO Margarida Maria	64	Fluvial Portuense	<b>5:05.95</b>	+1,30	155	20,00
	50m: 1:18.13 1:18.13	100m: 2:36.39 1:18.26	150m: 3:55.42 1:19.03	200m: 5:05.95 1:10.53			

Event 30 Women, 200m Backstroke Master Esc H  
20-01-2019 - 15:30 Results

Rec Nac Esc H 3:32.50 FERREIRA Ana Maria SAD Abóboda 16-01-2011

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	CRUZ Maria Josefina	55	Ginasio Clube	<b>5:39.32</b>	+0,90	156	30,00
	50m: 1:19.74 1:19.74	100m: 2:49.75 1:30.01	150m: 4:18.53 1:28.78	200m: 5:39.32 1:20.79			

Event 30 Women, 200m Backstroke Master Esc L  
20-01-2019 - 15:30 Results

Rec Nac Esc L 59:00.00

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SA Nair Gomes	39	Nadadores dos Estoris	<b>5:05.73</b>	+0,99	541	30,00
	50m: 1:08.28 1:08.28	100m: 2:29.58 1:21.30	150m: 3:51.71 1:22.13	200m: 5:05.73 1:14.02			

Rec Nacional Esc L