

Event 2 Men, 400m Freestyle Master Esc A
18-01-2019 - 11:55 Results

Rec Nac Esc A 4:00.23 NIZ Adriano Miguel GDNVNF Funchal 17-01-2015

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	ROQUE Jorge Manuel	90	Masters de Almada	4:23.95	+0,76	794	30,00
	50m: 27.91 27.91	150m: 1:33.27 33.40	250m: 2:40.88 33.94	350m: 3:50.13 34.84	400m: 4:23.95 33.82		
	100m: 59.87 31.96	200m: 2:06.94 33.67	300m: 3:15.29 34.41				
2.	ROSA Joao Pedro	90	CLAC-Entroncamento	4:33.38	+0,83	715	26,00
	50m: 30.64 30.64	150m: 1:38.97 34.51	250m: 2:48.72 34.97	350m: 3:59.28 35.62	400m: 4:33.38 34.10		
	100m: 1:04.46 33.82	200m: 2:13.75 34.78	300m: 3:23.66 34.94				
3.	OLIVEIRA Tiago Silva	94	Fluvial Portuense	4:34.32	+0,77	707	22,00
	50m: 29.34 29.34	150m: 1:34.88 33.21	250m: 2:44.62 35.28	350m: 3:57.81 36.93	400m: 4:34.32 36.51		
	100m: 1:01.67 32.33	200m: 2:09.34 34.46	300m: 3:20.88 36.26				
4.	RIJO Pedro Lobato	91	Alges	4:41.79	+0,80	652	20,00
	50m: 30.58 30.58	150m: 1:39.85 35.31	250m: 2:51.74 35.90	350m: 4:04.98 36.91	400m: 4:41.79 36.81		
	100m: 1:04.54 33.96	200m: 2:15.84 35.99	300m: 3:28.07 36.33				
5.	FREITAS Francisco Maldonado	91	Pimpoes/Cimai	4:43.36	+0,73	642	19,00
	50m: 30.19 30.19	150m: 1:39.54 35.50	250m: 2:52.24 36.34	350m: 4:06.20 36.89	400m: 4:43.36 37.16		
	100m: 1:04.04 33.85	200m: 2:15.90 36.36	300m: 3:29.31 37.07				
6.	RIBEIRO Jose Alberto	93	Desportiva de Viana	4:45.29	+0,84	629	18,00
	50m: 28.82 28.82	150m: 1:35.14 34.70	250m: 2:48.84 37.64	350m: 4:06.94 39.08	400m: 4:45.29 38.35		
	100m: 1:00.44 31.62	200m: 2:11.20 36.06	300m: 3:27.86 39.02				
7.	FELICIO Mario Nuno	90	Ginasio Clube	4:47.05	+0,92	617	17,00
	50m: 31.40 31.40	150m: 1:42.15 36.03	250m: 2:57.31 37.68	350m: 4:11.59 36.98	400m: 4:47.05 35.46		
	100m: 1:06.12 34.72	200m: 2:19.63 37.48	300m: 3:34.61 37.30				
8.	SOUSA Bruno Miranda	93	Desportiva de Viana	5:00.85	+0,93	536	16,00
	50m: 31.43 31.43	150m: 1:43.36 36.92	250m: 3:01.92 39.51	350m: 4:22.22 40.39	400m: 5:00.85 38.63		
	100m: 1:06.44 35.01	200m: 2:22.41 39.05	300m: 3:41.83 39.91				
9.	MATOS Luis Miguel	92	Vitoria Guimaraes	5:40.80	+0,97	369	14,00
	50m: 36.39 36.39	150m: 2:00.36 42.63	250m: 3:28.30 43.95	350m: 4:57.21 44.28	400m: 5:40.80 43.59		
	100m: 1:17.73 41.34	200m: 2:44.35 43.99	300m: 4:12.93 44.63				
10.	FIGUEIRAS Goncalo Nogueira	92	Leixoes	5:47.24	+0,93	348	12,00
	50m: 34.57 34.57	150m: 1:57.10 42.28	250m: 3:26.99 46.13	350m: 5:01.50 47.21	400m: 5:47.24 45.74		
	100m: 1:14.82 40.25	200m: 2:40.86 43.76	300m: 4:14.29 47.30				
11.	COSTA Hugo Figueiredo	91	Geslours	6:07.51	+1,08	294	11,00
	50m: 41.68 41.68	150m: 2:14.90 46.59	250m: 3:49.80 47.90	350m: 5:24.06 46.23	400m: 6:07.51 43.45		
	100m: 1:28.31 46.63	200m: 3:01.90 47.00	300m: 4:37.83 48.03				
DSQ	RIBEIRO Luis Manuel	91	Foca				-
	403 - Falsa partida - SW 4.4						



Event 2, Men, 400m Freestyle

Event 2
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Men, 400m Freestyle

Master Esc B Results

Rec Nac Esc B	4:03.15	NIZ Adriano Miguel	GDNVNF	Tomar	30-01-2016
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	RIBEIRO Hugo Alberto	88	Propaganda da Natacao	4:20.44	+0,94	785	30,00
	50m: 29.66 29.66	150m: 1:34.68 32.81	250m: 2:41.05 32.69	350m: 3:47.57 33.23			
	100m: 1:01.87 32.21	200m: 2:08.36 33.68	300m: 3:14.34 33.29	400m: 4:20.44 32.87			
2.	SILVA Luis Filipe	88	Fluvial Portuense	4:24.92	+0,98	745	26,00
	50m: 30.24 30.24	150m: 1:36.47 33.17	250m: 2:44.56 33.95	350m: 3:52.30 33.72			
	100m: 1:03.30 33.06	200m: 2:10.61 34.14	300m: 3:18.58 34.02	400m: 4:24.92 32.62			
3.	FERREIRA Duarte Nuno	86	Salesianos	4:40.01	+0,76	631	22,00
	50m: 31.43 31.43	150m: 1:39.33 34.16	250m: 2:50.00 35.86	350m: 4:03.45 36.83			
	100m: 1:05.17 33.74	200m: 2:14.14 34.81	300m: 3:26.62 36.62	400m: 4:40.01 36.56			
4.	HENRIQUES Diogo Gil	88	Alges	4:46.10	+0,88	592	20,00
	50m: 31.78 31.78	150m: 1:44.36 36.61	250m: 2:57.55 35.82	350m: 4:10.54 37.00			
	100m: 1:07.75 35.97	200m: 2:21.73 37.37	300m: 3:33.54 35.99	400m: 4:46.10 35.56			
5.	FERNANDES Daniel Filipe	85	Galitos / Bresimar	4:51.02	+0,78	562	19,00
	50m: 31.43 31.43	150m: 1:43.65 36.57	250m: 2:57.72 37.35	350m: 4:14.02 38.27			
	100m: 1:07.08 35.65	200m: 2:20.37 36.72	300m: 3:35.75 38.03	400m: 4:51.02 37.00			
6.	RIBEIRO Jorge Ricardo	88	Propaganda da Natacao	5:28.45	+0,92	391	18,00
	50m: 35.00 35.00	150m: 1:52.94 40.22	250m: 3:18.11 43.29	350m: 4:45.36 43.64			
	100m: 1:12.72 37.72	200m: 2:34.82 41.88	300m: 4:01.72 43.61	400m: 5:28.45 43.09			
7.	DUPONT Justin	89	Cergy Pontoise	5:41.78	+1,00	347	-
	50m: 36.45 36.45	150m: 2:01.15 42.93	250m: 3:29.61 44.02	350m: 4:59.08 44.56			
	100m: 1:18.22 41.77	200m: 2:45.59 44.44	300m: 4:14.52 44.91	400m: 5:41.78 42.70			
DSQ	AIRES Luis Emanuel	85	Masters de Almada				-
	403 - Falsa partida - SW 4.4						

Event 2
18-01-2019 - 11:55

Men, 400m Freestyle

Master Esc C Results

Rec Nac Esc C	4:06.32	SILVA Pedro Miguel	CFV	Ponte de Sor	29-01-2011
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	COURAS Ivan Mauricio	81	Fluvial Portuense	4:35.79	+0,82	678	30,00
	50m: 31.84 31.84	150m: 1:41.95 35.19	250m: 2:52.14 35.03	350m: 4:01.84 34.53			
	100m: 1:06.76 34.92	200m: 2:17.11 35.16	300m: 3:27.31 35.17	400m: 4:35.79 33.95			
2.	CARDOSO Alvaro Miguel	84	Lisboa Poolboys	4:46.24	+0,89	606	26,00
	50m: 32.20 32.20	150m: 1:43.25 35.73	250m: 2:55.34 35.94	350m: 4:09.50 37.25			
	100m: 1:07.52 35.32	200m: 2:19.40 36.15	300m: 3:32.25 36.91	400m: 4:46.24 36.74			
3.	MANSO Sergio Miguel	84	Funcao Publica	4:48.15	+0,94	594	22,00
	50m: 33.39 33.39	150m: 1:44.99 36.06	250m: 2:58.00 36.42	350m: 4:12.17 37.12			
	100m: 1:08.93 35.54	200m: 2:21.58 36.59	300m: 3:35.05 37.05	400m: 4:48.15 35.98			

Splash Meet Manager, 11.57878

Registered to Federacao Portuguesa de Natacao

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Event 2, Men, 400m Freestyle, Master Esc C

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
4.	MALTA Joao Carlos	82	Salesianos	4:50.01	+0,86	583	20,00
	50m: 32.83 32.83	150m: 1:44.54 36.07	250m: 2:57.95 36.64	350m: 4:12.22 37.36			
	100m: 1:08.47 35.64	200m: 2:21.31 36.77	300m: 3:34.86 36.91	400m: 4:50.01 37.79			
5.	RATO Luis Filipe	81	Propaganda da Natacao	4:52.05	+0,85	571	19,00
	50m: 31.03 31.03	150m: 1:41.69 35.69	250m: 2:55.87 37.77	350m: 4:13.41 39.06			
	100m: 1:06.00 34.97	200m: 2:18.10 36.41	300m: 3:34.35 38.48	400m: 4:52.05 38.64			
6.	SILVA Rogerio Vieira	81	Galitos / Bresimar	4:55.74	+0,79	550	18,00
	50m: 34.29 34.29	150m: 1:46.12 35.99	250m: 3:00.57 37.34	350m: 4:18.19 39.02			
	100m: 1:10.13 35.84	200m: 2:23.23 37.11	300m: 3:39.17 38.60	400m: 4:55.74 37.55			
7.	PIMENTEL Pedro Filipe	84	Foca	5:01.87	+0,97	517	17,00
	50m: 33.07 33.07	150m: 1:45.54 37.14	250m: 3:02.38 38.54	350m: 4:22.11 39.58			
	100m: 1:08.40 35.33	200m: 2:23.84 38.30	300m: 3:42.53 40.15	400m: 5:01.87 39.76			
8.	MATOS Marco Alexandre	82	Academica de Coimbra	5:12.04	+0,76	468	16,00
	50m: 33.38 33.38	150m: 1:47.91 37.97	250m: 3:07.84 40.59	350m: 4:32.41 42.22			
	100m: 1:09.94 36.56	200m: 2:27.25 39.34	300m: 3:50.19 42.35	400m: 5:12.04 39.63			
9.	ALVES Ricardo Lourenco	84	Galitos / Bresimar	5:37.87	+0,94	369	14,00
	50m: 35.50 35.50	150m: 1:57.81 43.14	250m: 3:25.85 44.32	350m: 4:55.13 44.10			
	100m: 1:14.67 39.17	200m: 2:41.53 43.72	300m: 4:11.03 45.18	400m: 5:37.87 42.74			
10.	RODRIGUES Marcelo Porto	82	Natacao de Valongo	5:44.14	+0,98	349	12,00
	50m: 37.84 37.84	150m: 2:04.20 43.63	250m: 3:34.20 45.24	350m: 5:03.63 44.45			
	100m: 1:20.57 42.73	200m: 2:48.96 44.76	300m: 4:19.18 44.98	400m: 5:44.14 40.51			
11.	VASCONCELOS Antonio Jorge	81	Geslours	6:10.56	+1,08	279	11,00
	50m: 40.08 40.08	150m: 2:12.06 46.81	250m: 3:46.68 47.27	350m: 5:22.66 47.94			
	100m: 1:25.25 45.17	200m: 2:59.41 47.35	300m: 4:34.72 48.04	400m: 6:10.56 47.90			
12.	BRAGA Rafael Costa	84	Natacao de Valongo	7:00.88	+1,07	190	10,00
	50m: 42.54 42.54	150m: 2:18.53 51.07	250m: 4:10.47 57.17	350m: 6:05.78 57.62			
	100m: 1:27.46 44.92	200m: 3:13.30 54.77	300m: 5:08.16 57.69	400m: 7:00.88 55.10			
DNS	NEVES Jose Pedro	81	Fluvial Portuense				-

Event 2
18-01-2019 - 11:55

Men, 400m Freestyle

Master Esc D
Results

Rec Nac Esc D	4:29.07	COSTA Rodrigo Marques	CNLA	Tomar	30-01-2016
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	COSTA Rodrigo Marques	76	Litoral Alentejano	4:31.93	+0,84	693	30,00
	50m: 30.27 30.27	150m: 1:36.52 33.66	250m: 2:45.46 34.76	350m: 3:56.87 35.91			
	100m: 1:02.86 32.59	200m: 2:10.70 34.18	300m: 3:20.96 35.50	400m: 4:31.93 35.06			
2.	SANTOS Bruno Miguel	76	Porto	4:55.53	+0,96	540	26,00
	50m: 32.36 32.36	150m: 1:44.97 36.94	250m: 3:00.50 37.48	350m: 4:17.56 38.42			
	100m: 1:08.03 35.67	200m: 2:23.02 38.05	300m: 3:39.14 38.64	400m: 4:55.53 37.97			
3.	ROSA Artur Jorge	76	Vila DEste/Gaia	4:58.95	+0,90	521	22,00
	50m: 33.09 33.09	150m: 1:47.83 37.67	250m: 3:03.77 37.89	350m: 4:20.13 38.36			
	100m: 1:10.16 37.07	200m: 2:25.88 38.05	300m: 3:41.77 38.00	400m: 4:58.95 38.82			

Event 2, Men, 400m Freestyle, Master Esc D

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
4.	OLIVEIRA Carlos Miguel	78	Estarreja	5:06.02	+0,86	486	20,00
	50m: 32.03 32.03	150m: 1:44.35 36.94	250m: 3:02.65 39.79	350m: 4:24.68 40.96			
	100m: 1:07.41 35.38	200m: 2:22.86 38.51	300m: 3:43.72 41.07	400m: 5:06.02 41.34			
5.	SANTOS Urbino Jesus	75	Penafiel	5:39.56	+1,15	356	19,00
	50m: 37.60 37.60	150m: 2:00.41 42.53	250m: 3:27.61 43.90	350m: 4:56.42 44.34			
	100m: 1:17.88 40.28	200m: 2:43.71 43.30	300m: 4:12.08 44.47	400m: 5:39.56 43.14			
6.	GOMES Joao Antonio	75	Leixoes	5:40.80	+0,92	352	18,00
	50m: 36.81 36.81	150m: 2:01.28 43.11	250m: 3:30.84 45.24	350m: 4:59.37 43.76			
	100m: 1:18.17 41.36	200m: 2:45.60 44.32	300m: 4:15.61 44.77	400m: 5:40.80 41.43			
7.	LIMA Joao Pedro	77	Geslours	5:57.75	+1,09	304	17,00
	50m: 39.68 39.68	150m: 2:07.99 44.94	250m: 3:41.07 46.73	350m: 5:14.67 47.14			
	100m: 1:23.05 43.37	200m: 2:54.34 46.35	300m: 4:27.53 46.46	400m: 5:57.75 43.08			
8.	LOBO Tiago Messias	78	Penafiel	6:02.71	+0,92	292	16,00
	50m: 39.19 39.19	150m: 2:10.96 46.59	250m: 3:44.37 47.10	350m: 5:18.30 46.62			
	100m: 1:24.37 45.18	200m: 2:57.27 46.31	300m: 4:31.68 47.31	400m: 6:02.71 44.41			

Event 2 Men, 400m Freestyle Master Esc E
18-01-2019 - 11:55 Results

Rec Nac Esc E 4:19.65 FREITAS Jose Carlos CFP Ponte de Sor 29-01-2011

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	VANTAGGIATO Marco	71	Litoral Alentejano	4:39.09	+0,83	683	30,00
	50m: 31.72 31.72	150m: 1:40.43 35.06	250m: 2:52.26 36.00	350m: 4:04.12 36.25			
	100m: 1:05.37 33.65	200m: 2:16.26 35.83	300m: 3:27.87 35.61	400m: 4:39.09 34.97			
2.	SOUSA Joao Pedro	74	Naval do Funchal	4:47.50	+0,74	625	26,00
	50m: 32.01 32.01	150m: 1:41.27 35.14	250m: 2:54.00 36.59	350m: 4:09.14 38.04			
	100m: 1:06.13 34.12	200m: 2:17.41 36.14	300m: 3:31.10 37.10	400m: 4:47.50 38.36			
3.	GONCALVES Carlos Guimaraes	70	Fluvial Portuense	4:53.09	+0,87	590	22,00
	50m: 33.60 33.60	150m: 1:47.50 37.33	250m: 3:01.60 37.12	350m: 4:17.20 37.76			
	100m: 1:10.17 36.57	200m: 2:24.48 36.98	300m: 3:39.44 37.84	400m: 4:53.09 35.89			
4.	SANTOS Eurico Manuel	70	Colegio Monte Maior	5:09.91	+0,78	499	20,00
	50m: 35.67 35.67	150m: 1:51.21 38.32	250m: 3:08.37 38.59	350m: 4:29.24 40.81			
	100m: 1:12.89 37.22	200m: 2:29.78 38.57	300m: 3:48.43 40.06	400m: 5:09.91 40.67			
5.	MACEDO Joao Miguel	74	Leixoes	5:16.03	+0,79	471	19,00
	50m: 34.59 34.59	150m: 1:51.84 39.34	250m: 3:13.82 41.45	350m: 4:36.56 41.49			
	100m: 1:12.50 37.91	200m: 2:32.37 40.53	300m: 3:55.07 41.25	400m: 5:16.03 39.47			
6.	FONSECA Bruno Miguel	73	Salesianos	5:27.21	+0,85	424	18,00
	50m: 34.13 34.13	150m: 1:54.71 40.99	250m: 3:19.85 42.58	350m: 4:45.96 43.30			
	100m: 1:13.72 39.59	200m: 2:37.27 42.56	300m: 4:02.66 42.81	400m: 5:27.21 41.25			
7.	FRIAS Ricardo Miguel	73	Alges	5:38.76	+0,90	382	17,00
	50m: 37.11 37.11	150m: 1:58.17 41.43	250m: 3:24.11 43.58	350m: 4:54.01 45.14			
	100m: 1:16.74 39.63	200m: 2:40.53 42.36	300m: 4:08.87 44.76	400m: 5:38.76 44.75			
8.	BARROS Francisco Santos	72	Porto	5:39.30	+0,93	380	16,00
	50m: 36.96 36.96	150m: 1:59.70 42.34	250m: 3:27.42 44.33	350m: 4:56.61 44.63			
	100m: 1:17.36 40.40	200m: 2:43.09 43.39	300m: 4:11.98 44.56	400m: 5:39.30 42.69			

Splash Meet Manager, 11.57878

Registered to Federacao Portuguesa de Natacao

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Event 2, Men, 400m Freestyle, Master Esc E

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
9.	PEREIRA Jose Manuel	70	Palmela Desporto	5:44.19	+0,97	364	14,00
	50m: 36.66 36.66	150m: 2:03.35 44.49	250m: 3:33.15 44.81	350m: 5:01.50 44.05			
	100m: 1:18.86 42.20	200m: 2:48.34 44.99	300m: 4:17.45 44.30	400m: 5:44.19 42.69			
10.	FERREIRA Miguel Jose	70	Leixoes	5:44.23	+0,83	364	12,00
	50m: 36.55 36.55	150m: 2:01.47 43.34	250m: 3:30.16 44.39	350m: 5:00.27 45.38			
	100m: 1:18.13 41.58	200m: 2:45.77 44.30	300m: 4:14.89 44.73	400m: 5:44.23 43.96			
11.	FERNANDES Ricardo Jorge	72	Natacao de Valongo	5:52.65	+1,04	339	11,00
	50m: 40.67 40.67	150m: 2:11.15 45.44	250m: 3:42.58 45.66	350m: 5:12.54 45.00			
	100m: 1:25.71 45.04	200m: 2:56.92 45.77	300m: 4:27.54 44.96	400m: 5:52.65 40.11			
12.	OLIVEIRA Pedro Fonseca	74	Fluvial Portuense	6:05.99	+0,99	303	10,00
	50m: 40.31 40.31	150m: 2:11.89 46.90	250m: 3:47.48 47.95	350m: 5:21.22 45.59			
	100m: 1:24.99 44.68	200m: 2:59.53 47.64	300m: 4:35.63 48.15	400m: 6:05.99 44.77			
13.	CARDOSO Vitor Manuel	72	Natacao de Valongo	6:11.68	+0,95	289	9,00
	50m: 40.15 40.15	150m: 2:15.58 48.18	250m: 3:52.63 47.68	350m: 5:28.56 47.83			
	100m: 1:27.40 47.25	200m: 3:04.95 49.37	300m: 4:40.73 48.10	400m: 6:11.68 43.12			
14.	INVERNEIRO Pedro Alexandre	71	Fluvial Portuense	6:25.42	+1,05	259	8,00
	50m: 41.65 41.65	150m: 2:15.70 49.14	250m: 3:54.35 49.37	350m: 5:36.77 51.33			
	100m: 1:26.56 44.91	200m: 3:04.98 49.28	300m: 4:45.44 51.09	400m: 6:25.42 48.65			
15.	JUNIOR Eduardo Alexandre	70	Propaganda da Natacao	6:28.12	+1,00	254	7,00
	50m: 41.28 41.28	150m: 2:14.82 48.03	250m: 3:55.62 50.85	350m: 5:37.75 51.36			
	100m: 1:26.79 45.51	200m: 3:04.77 49.95	300m: 4:46.39 50.77	400m: 6:28.12 50.37			
16.	GONCALVES Pedro Nuno	72	Fluvial Portuense	6:58.50	+1,28	202	6,00
	50m: 43.40 43.40	150m: 2:25.85 53.90	250m: 4:17.96 56.56	350m: 6:08.65 55.03			
	100m: 1:31.95 48.55	200m: 3:21.40 55.55	300m: 5:13.62 55.66	400m: 6:58.50 49.85			
17.	FARIA Vitorino Fernando	73	Foca	7:02.65	+1,10	196	5,00
	50m: 43.33 43.33	150m: 2:22.01 51.59	250m: 4:12.02 55.26	350m: 6:05.13 56.42			
	100m: 1:30.42 47.09	200m: 3:16.76 54.75	300m: 5:08.71 56.69	400m: 7:02.65 57.52			
18.	COSTA Nuno Ramalho	72	Luz e Vida	8:08.25	+1,45	127	4,00
	50m: 49.41 49.41	150m: 2:45.54 1:00.27	250m: 4:53.42 1:04.16	350m: 7:06.02 1:06.80			
	100m: 1:45.27 55.86	200m: 3:49.26 1:03.72	300m: 5:59.22 1:05.80	400m: 8:08.25 1:02.23			

Event 2
18-01-2019 - 11:55
Men, 400m Freestyle
Master Esc F
Results

Rec Nac Esc F 4:22.11 FREITAS Jose Carlos CFP Felgueiras 26-01-2013

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	DUARTE Jose Samuel	65	Sporting	5:05.82	+0,77	617	30,00
	50m: 34.76 34.76	150m: 1:50.41 38.50	250m: 3:07.56 39.08	350m: 4:27.67 40.17			
	100m: 1:11.91 37.15	200m: 2:28.48 38.07	300m: 3:47.50 39.94	400m: 5:05.82 38.15			
2.	LOHKEN Jorg	68	Funcao Publica	5:34.01	+1,20	474	26,00
	50m: 35.83 35.83	150m: 1:58.16 41.73	250m: 3:23.70 43.01	350m: 4:51.18 44.03			
	100m: 1:16.43 40.60	200m: 2:40.69 42.53	300m: 4:07.15 43.45	400m: 5:34.01 42.83			
3.	CASAS Adelino Jose	66	Sporting	5:47.87	+1,11	419	22,00
	50m: 39.37 39.37	150m: 2:04.81 43.22	250m: 3:33.57 44.49	350m: 5:03.71 44.86			
	100m: 1:21.59 42.22	200m: 2:49.08 44.27	300m: 4:18.85 45.28	400m: 5:47.87 44.16			

Splash Meet Manager, 11.57878

Registered to Federacao Portuguesa de Natacao

18-01-2019 13:43 - Page 5

Event 2, Men, 400m Freestyle, Master Esc F

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
4.	NEVES Paulo Alexandre	66	Leixoes	5:59.19	+1,01	381	20,00
	50m: 40.09 40.09	150m: 2:07.89 44.79	250m: 3:40.91 46.76	350m: 5:14.95 47.42			
	100m: 1:23.10 43.01	200m: 2:54.15 46.26	300m: 4:27.53 46.62	400m: 5:59.19 44.24			
5.	RIBEIRO Antonio Manuel	69	Leixoes	6:09.83	+0,92	349	19,00
	50m: 40.44 40.44	150m: 2:11.37 46.42	250m: 3:46.39 47.79	350m: 5:23.03 48.51			
	100m: 1:24.95 44.51	200m: 2:58.60 47.23	300m: 4:34.52 48.13	400m: 6:09.83 46.80			
6.	CAMPOS Joao Paulo	65	Leixoes	6:15.12	+0,95	334	18,00
	50m: 39.46 39.46	150m: 2:11.36 47.39	250m: 3:46.69 48.52	350m: 5:27.74 50.94			
	100m: 1:23.97 44.51	200m: 2:58.17 46.81	300m: 4:36.80 50.11	400m: 6:15.12 47.38			
7.	SANTINHA Antonio Manuel	69	Masters de Almada	6:29.62	+1,07	298	17,00
	50m: 42.56 42.56	150m: 2:19.97 49.44	250m: 4:00.69 50.55	350m: 5:41.91 50.35			
	100m: 1:30.53 47.97	200m: 3:10.14 50.17	300m: 4:51.56 50.87	400m: 6:29.62 47.71			
8.	LOUREIRO Luis Miguel	68	Fluvial Portuense	7:40.76	+1,03	180	16,00
	50m: 45.29 45.29	150m: 2:38.83 59.62	250m: 4:37.18 1:00.27	350m: 6:38.33 59.92			
	100m: 1:39.21 53.92	200m: 3:36.91 58.08	300m: 5:38.41 1:01.23	400m: 7:40.76 1:02.43			
9.	BAPTISTA Jose Manuel	69	Leixoes	7:45.38		175	14,00
	50m: 51.05 51.05	150m: 2:43.42 57.52	250m: 4:41.57 59.56	350m: 6:44.95 1:02.37			
	100m: 1:45.90 54.85	200m: 3:42.01 58.59	300m: 5:42.58 1:01.01	400m: 7:45.38 1:00.43			
10.	LOPES Carlos Manuel	66	Alges	8:03.88	+0,98	155	12,00
	50m: 47.88 47.88	150m: 2:47.01 1:00.85	250m: 4:54.09 1:04.66	350m: 7:02.32 1:04.49			
	100m: 1:46.16 58.28	200m: 3:49.43 1:02.42	300m: 5:57.83 1:03.74	400m: 8:03.88 1:01.56			
DNS	FIGUEIREDO Ricardo Manuel	69	Nadadores dos Estoris				-
DNS	MEDEIROS Vitor Almeida	69	Fluvial Portuense				-

Event 2 Men, 400m Freestyle Master Esc G Results

Rec Nac Esc G 4:28.26 FREITAS Jose Carlos CFP Senhora da Hora 28-04-2018

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	FREITAS Jose Carlos	63	Individual Norte de Portugal	4:25.70	+0,83	1216	30,00
	<i>Rec Nacional Esc G, Rec Europa</i>						
	50m: 31.33 31.33	150m: 1:38.52 33.58	250m: 2:45.92 33.77	350m: 3:53.65 33.75			
	100m: 1:04.94 33.61	200m: 2:12.15 33.63	300m: 3:19.90 33.98	400m: 4:25.70 32.05			
2.	LOBO Nuno Silva	63	Fluvial Portuense	5:11.69	+1,10	753	26,00
	50m: 34.72 34.72	150m: 1:53.14 39.72	250m: 3:14.34 40.35	350m: 4:35.58 40.56			
	100m: 1:13.42 38.70	200m: 2:33.99 40.85	300m: 3:55.02 40.68	400m: 5:11.69 36.11			
3.	SOARES Ralf Pinto	64	Nadadores dos Estoris	5:14.49	+0,85	733	22,00
	50m: 35.01 35.01	150m: 1:52.55 39.97	250m: 3:13.26 40.27	350m: 4:33.62 40.04			
	100m: 1:12.58 37.57	200m: 2:32.99 40.44	300m: 3:53.58 40.32	400m: 5:14.49 40.87			
4.	COSTA Armando Joao	63	Colegio SMLamas	5:43.39	+0,89	563	20,00
	50m: 37.31 37.31	150m: 2:05.10 44.42	250m: 3:34.68 44.61	350m: 5:02.06 43.70			
	100m: 1:20.68 43.37	200m: 2:50.07 44.97	300m: 4:18.36 43.68	400m: 5:43.39 41.33			

Event 2, Men, 400m Freestyle, Master Esc G

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
5.	SEABRA Henrique Luis	61	Fluvial Portuense	5:48.77	+0,89	537	19,00
	50m: 36.93 36.93	150m: 2:01.80 43.39	250m: 3:32.03 45.59	350m: 5:04.29 46.02			
	100m: 1:18.41 41.48	200m: 2:46.44 44.64	300m: 4:18.27 46.24	400m: 5:48.77 44.48			
6.	CARVALHO Vitor Borges	64	Viana Natacao	6:05.48	+0,91	467	18,00
	50m: 38.20 38.20	150m: 2:09.80 46.68	250m: 3:44.91 47.29	350m: 5:19.92 47.34			
	100m: 1:23.12 44.92	200m: 2:57.62 47.82	300m: 4:32.58 47.67	400m: 6:05.48 45.56			
7.	BARKA Youssef-andre	63	Salesianos	6:10.39	+0,91	448	17,00
	50m: 40.60 40.60	150m: 2:13.20 47.58	250m: 3:48.46 46.32	350m: 5:23.63 47.86			
	100m: 1:25.62 45.02	200m: 3:02.14 48.94	300m: 4:35.77 47.31	400m: 6:10.39 46.76			
8.	AMARAL Jose Rui	63	Fluvial Portuense	6:11.34	+1,23	445	16,00
	50m: 41.98 41.98	150m: 2:12.77 46.63	250m: 3:48.74 48.51	350m: 5:25.64 48.42			
	100m: 1:26.14 44.16	200m: 3:00.23 47.46	300m: 4:37.22 48.48	400m: 6:11.34 45.70			
9.	VELEZ Rui Manuel	64	Luz e Vida	6:25.88	+1,20	397	14,00
	50m: 44.78 44.78	150m: 2:22.56 49.30	250m: 4:01.48 49.69	350m: 5:40.49 48.44			
	100m: 1:33.26 48.48	200m: 3:11.79 49.23	300m: 4:52.05 50.57	400m: 6:25.88 45.39			
10.	SOUSA Alberto Sergio	63	Natacao da Maia	6:40.67	+1,04	354	12,00
	50m: 42.29 42.29	150m: 2:19.54 50.11	250m: 4:02.35 51.70	350m: 5:51.58 54.99			
	100m: 1:29.43 47.14	200m: 3:10.65 51.11	300m: 4:56.59 54.24	400m: 6:40.67 49.09			
11.	MARTINS Arnaldo Silva	61	Fluvial Portuense	7:27.10	+1,16	255	11,00
	50m: 49.59 49.59	150m: 2:41.99 57.58	250m: 4:37.80 58.07	350m: 6:31.86 56.80			
	100m: 1:44.41 54.82	200m: 3:39.73 57.74	300m: 5:35.06 57.26	400m: 7:27.10 55.24			
12.	PINTO Fernando Manuel	61	Fluvial Portuense	7:59.96	+1,02	206	10,00
	50m: 51.48 51.48	150m: 2:49.85 1:00.29	250m: 4:56.25 1:03.83	350m: 6:59.58 1:02.58			
	100m: 1:49.56 58.08	200m: 3:52.42 1:02.57	300m: 5:57.00 1:00.75	400m: 7:59.96 1:00.38			
13.	NASCIMENTO Joao Carlos	63	O2	8:26.69	+1,01	175	9,00
	50m: 54.89 54.89	150m: 3:00.90 1:04.55	250m: 5:10.98 1:05.70	350m: 7:24.65 1:07.35			
	100m: 1:56.35 1:01.46	200m: 4:05.28 1:04.38	300m: 6:17.30 1:06.32	400m: 8:26.69 1:02.04			

Event 2
18-01-2019 - 11:55

Men, 400m Freestyle

Master Esc H
Results

Rec Nac Esc H	5:11.27	MAVIO SO Vitor Manuel	SAD	Tomar	30-01-2016
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	MAVIO SO Vitor Manuel	56	Alges	5:15.71	+0,85	816	30,00
	50m: 34.28 34.28	150m: 1:53.59 40.39	250m: 3:15.04 41.01	350m: 4:37.43 40.85			
	100m: 1:13.20 38.92	200m: 2:34.03 40.44	300m: 3:56.58 41.54	400m: 5:15.71 38.28			
2.	MENDES Ricardo Antonio	55	Salesianos	5:50.90	+1,16	594	26,00
	50m: 38.07 38.07	150m: 2:04.19 44.59	250m: 3:35.83 45.99	350m: 5:07.74 46.29			
	100m: 1:19.60 41.53	200m: 2:49.84 45.65	300m: 4:21.45 45.62	400m: 5:50.90 43.16			
3.	PINTO Mario Jose	57	Individual ANC	5:52.71	+1,12	585	22,00
	50m: 40.60 40.60	150m: 2:09.57 45.32	250m: 3:40.59 45.57	350m: 5:10.89 44.77			
	100m: 1:24.25 43.65	200m: 2:55.02 45.45	300m: 4:26.12 45.53	400m: 5:52.71 41.82			
4.	RAPOSO Antonio Costa	58	O2	6:31.23		429	20,00
	50m: 44.32 44.32	150m: 2:21.34 49.16	250m: 4:02.53 50.88	350m: 5:43.63 49.92			
	100m: 1:32.18 47.86	200m: 3:11.65 50.31	300m: 4:53.71 51.18	400m: 6:31.23 47.60			

Splash Meet Manager, 11.57878

Registered to Federacao Portuguesa de Natacao

18-01-2019 13:43 - Page 7

Event 2, Men, 400m Freestyle, Master Esc H

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
5.	ALBARDEIRO Antonio Barrocas	56	Alges	6:48.70	+0,93	376	19,00
	50m: 41.33 41.33	150m: 2:16.05 49.03	250m: 3:56.94 50.78	350m: 5:45.48 55.62			
	100m: 1:27.02 45.69	200m: 3:06.16 50.11	300m: 4:49.86 52.92	400m: 6:48.70 1:03.22			
6.	ROCHA Paulo Jorge	59	Fluvial Portuense	7:07.69	+1,33	328	18,00
	50m: 44.06 44.06	150m: 2:28.93 54.30	250m: 4:21.08 56.12	350m: 6:13.79 56.29			
	100m: 1:34.63 50.57	200m: 3:24.96 56.03	300m: 5:17.50 56.42	400m: 7:07.69 53.90			
7.	RAPOSO Jose Alexandre	55	Sporting de Aveiro	7:37.93	+1,35	267	17,00
	50m: 52.99 52.99	150m: 2:49.66 58.78	250m: 4:47.28 58.61	350m: 6:43.11 57.70			
	100m: 1:50.88 57.89	200m: 3:48.67 59.01	300m: 5:45.41 58.13	400m: 7:37.93 54.82			
8.	ROSEIRA Joao Luis	55	Fluvial Portuense	8:59.17	+1,12	163	16,00
	50m: 58.02 58.02	150m: 3:12.69 1:08.54	250m: 5:33.54 1:10.75	350m: 7:54.37 1:10.93			
	100m: 2:04.15 1:06.13	200m: 4:22.79 1:10.10	300m: 6:43.44 1:09.90	400m: 8:59.17 1:04.80			

Event 2
18-01-2019 - 11:55

Men, 400m Freestyle

Master Esc I
Results

Rec Nac Esc I	5:48.86	BASTO Antonio Bessone	SAD	Lisboa	20-02-2010
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	CORREIA Carlos Augusto	52	Masters de Almada	6:30.33	+1,24	487	30,00
	50m: 44.60 44.60	150m: 2:22.71 49.32	250m: 4:02.17 49.51	350m: 5:42.57 49.96			
	100m: 1:33.39 48.79	200m: 3:12.66 49.95	300m: 4:52.61 50.44	400m: 6:30.33 47.76			
2.	MORGADO Jose Luis	54	Fluvial Portuense	7:09.55	+1,18	365	26,00
	50m: 50.32 50.32	150m: 2:40.16 55.25	250m: 4:31.69 55.52	350m: 6:21.52 54.13			
	100m: 1:44.91 54.59	200m: 3:36.17 56.01	300m: 5:27.39 55.70	400m: 7:09.55 48.03			
3.	FERREIRA Domingos Jose	54	Sporting de Espinho	7:10.94	+1,08	362	22,00
	50m: 43.14 43.14	150m: 2:30.79 55.21	250m: 4:22.68 56.71	350m: 6:18.15 57.62			
	100m: 1:35.58 52.44	200m: 3:25.97 55.18	300m: 5:20.53 57.85	400m: 7:10.94 52.79			
4.	MADAIL Jose Henrique	54	Galitos / Bresimar	7:16.46	+0,88	348	20,00
	50m: 52.19 52.19	150m: 2:42.43 55.53	250m: 4:33.70 55.42	350m: 6:23.62 55.14			
	100m: 1:46.90 54.71	200m: 3:38.28 55.85	300m: 5:28.48 54.78	400m: 7:16.46 52.84			
5.	CANELAS Antonio Monteiro	50	Sporting de Espinho	7:36.89	+1,16	303	19,00
	50m: 50.33 50.33	150m: 2:46.10 58.15	250m: 4:45.07 59.24	350m: 6:42.16 58.70			
	100m: 1:47.95 57.62	200m: 3:45.83 59.73	300m: 5:43.46 58.39	400m: 7:36.89 54.73			
6.	SANTOS Jose Goncalves	54	Sporting de Aveiro	8:00.89	+1,16	260	18,00
	50m: 53.90 53.90	150m: 2:50.49 59.79	250m: 4:54.49 1:02.46	350m: 7:01.28 1:04.37			
	100m: 1:50.70 56.80	200m: 3:52.03 1:01.54	300m: 5:56.91 1:02.42	400m: 8:00.89 59.61			
7.	TAVARES Antonio Manuel	51	Funcao Publica	8:08.83	+1,23	248	17,00
	50m: 55.81 55.81	150m: 3:01.50 1:03.24	250m: 5:07.13 1:02.35	350m: 7:10.49 1:01.14			
	100m: 1:58.26 1:02.45	200m: 4:04.78 1:03.28	300m: 6:09.35 1:02.22	400m: 8:08.83 58.34			
8.	MARQUES Antonio Jorge	51	Fluvial Portuense	8:13.83	+0,97	240	16,00
	50m: 52.36 52.36	150m: 2:57.43 1:03.07	250m: 5:04.90 1:03.42	350m: 7:12.29 1:03.96			
	100m: 1:54.36 1:02.00	200m: 4:01.48 1:04.05	300m: 6:08.33 1:03.43	400m: 8:13.83 1:01.54			

Event 2, Men, 400m Freestyle

Event 2 Men, 400m Freestyle Master Esc J
18-01-2019 - 11:55 Results

Rec Nac Esc J 5:55.49 BASTO Antonio Bessone SAD Recarei 16-05-2015

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	MARREIROS Jose Joaquim	46	Alges	9:05.63		231	30,00
	50m: 1:01.87 1:01.87	150m: 3:17.09 1:08.14	250m: 5:40.91 1:13.86	350m: 7:54.10 1:05.77			
	100m: 2:08.95 1:07.08	200m: 4:27.05 1:09.96	300m: 6:48.33 1:07.42	400m: 9:05.63 1:11.53			
2.	CABRAL Luis Pereira	49	Academica de Coimbra	9:28.66		204	26,00
	50m: 58.14 58.14	150m: 3:17.39 1:11.13	250m: 5:46.87 1:15.97	350m: 8:16.79 1:14.06			
	100m: 2:06.26 1:08.12	200m: 4:30.90 1:13.51	300m: 7:02.73 1:15.86	400m: 9:28.66 1:11.87			
3.	HORTA Jose Manuel	49	Alges	11:13.88	+1,21	122	22,00
	50m: 1:10.69 1:10.69	150m: 3:55.19 1:24.23	250m: 6:50.87 1:27.95	350m: 9:49.79 1:28.57			
	100m: 2:30.96 1:20.27	200m: 5:22.92 1:27.73	300m: 8:21.22 1:30.35	400m: 11:13.88 1:24.09			
DNS	VEIGAS Luis Silveira	47	Alges				-

Event 2 Men, 400m Freestyle Master Esc L
18-01-2019 - 11:55 Results

Rec Nac Esc L 9:48.78 TEIXEIRA Joao Rodrigues AAC Vila Franca de Xira 19-01-2018

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	RODRIGUES Antonio Alexandre	39	Academica de Coimbra	9:18.14	+1,18	268	30,00
	Rec Nacional Esc L						
	50m: 59.31 59.31	150m: 3:11.33 1:06.50	250m: 5:26.56 1:07.90	350m: 7:50.68 1:16.11			
	100m: 2:04.83 1:05.52	200m: 4:18.66 1:07.33	300m: 6:34.57 1:08.01	400m: 9:18.14 1:27.46			
2.	TEIXEIRA Joao Rodrigues	37	Academica de Coimbra	12:14.96		117	26,00
	50m: 1:23.92 1:23.92	150m: 4:27.70 1:32.39	250m: 7:34.30 1:33.55	350m: 10:39.54 1:32.87			
	100m: 2:55.31 1:31.39	200m: 6:00.75 1:33.05	300m: 9:06.67 1:32.37	400m: 12:14.96 1:35.42			