

XIII OPEN Internacional de Masters de Inverno
Campeonato Nacional de Masters de Inverno
Mealhada, 18- - 20-1-2019

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc A
Results

Rec Nac Esc A 2:41.90 MAIA Joana Marques CPN Sines 28-01-2017

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	MAIA Joana Marques	91	Ginasio Santo Tirso	2:41.11	+0,84	867	30,00
	50m: 36.69 36.69	100m: 1:17.80 41.11	150m: 2:00.06 42.26	200m: 2:41.11 41.05			
2.	CASTRO Ana Lucia	92	Natacao de Lisboa	3:11.89	+0,92	513	26,00
	50m: 42.25 42.25	100m: 1:30.30 48.05	150m: 2:21.13 50.83	200m: 3:11.89 50.76			
3.	SILVA Joana Filipa	91	Leixoes	3:15.71	+0,94	484	22,00
	50m: 44.65 44.65	100m: 1:34.22 49.57	150m: 2:24.71 50.49	200m: 3:15.71 51.00			
4.	BRUNO Marta Garanhoto	93	Colegio Monte Maior	3:22.04	+0,94	440	20,00
	50m: 46.07 46.07	100m: 1:38.04 51.97	150m: 2:30.17 52.13	200m: 3:22.04 51.87			
5.	MAGUETA Adriana Fernandes	94	Gafanha da Encarnacao	3:35.95	+0,87	360	19,00
	50m: 46.74 46.74	100m: 1:40.19 53.45	150m: 2:38.02 57.83	200m: 3:35.95 57.93			
DSQ	PEREIRA Ines Serrano	94	Masters de Almada				-
	702 - Após a partida mais que uma pernada de golfinho durante percurso subaquatico - SW 7.1						
DNS	FERREIRA Ana Isabel	92	Penafiel				-

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc B
Results

Rec Nac Esc B 2:51.39 MARTINS Maria Sofia CFP Porto 08-11-2014

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	BARBARA Joana Pereira	87	Masters de Almada	2:58.06	+0,82	631	30,00
	50m: 39.98 39.98	100m: 1:24.83 44.85	150m: 2:10.92 46.09	200m: 2:58.06 47.14			
2.	FOUGO Rita Claudia	88	Natacao da Maia	3:16.12	+0,89	472	26,00
	50m: 44.20 44.20	100m: 1:33.99 49.79	150m: 2:24.69 50.70	200m: 3:16.12 51.43			
3.	ROCHA Ana Margarida	86	Galitos / Bresimar	3:16.23	+0,77	471	22,00
	50m: 44.88 44.88	100m: 1:33.96 49.08	150m: 2:24.43 50.47	200m: 3:16.23 51.80			
4.	MARQUES Patricia Alexandra	87	Salesianos	3:23.45	+0,85	423	20,00
	50m: 45.64 45.64	100m: 1:37.47 51.83	150m: 2:30.45 52.98	200m: 3:23.45 53.00			
5.	CABRAL Natacha Lopes	86	Viana Natacao	3:31.20	+0,87	378	19,00
	50m: 46.29 46.29	100m: 1:39.37 53.08	150m: 2:35.27 55.90	200m: 3:31.20 55.93			
6.	SOUSA Sandra Marisa	85	Leixoes	3:50.17	+0,88	292	18,00
	50m: 51.25 51.25	100m: 1:50.64 59.39	150m: 2:51.75 1:01.11	200m: 3:50.17 58.42			
7.	PINHO Ana Sofia	87	Sporting de Aveiro	3:55.24	+1,19	273	17,00
	50m: 53.40 53.40	100m: 1:53.09 59.69	150m: 2:54.55 1:01.46	200m: 3:55.24 1:00.69			
8.	LORY Susana Pereira	87	Masters de Almada	4:02.73	+1,00	249	16,00
	50m: 55.91 55.91	100m: 1:57.06 1:01.15	150m: 3:00.19 1:03.13	200m: 4:02.73 1:02.54			
9.	ALMEIDA Andreia Azevedo	86	Palmela Desporto	5:21.45	+1,21	107	14,00
	50m: 1:14.77 1:14.77	100m: 2:40.20 1:25.43	150m: 4:01.87 1:21.67	200m: 5:21.45 1:19.58			

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Event 14, Women, 200m Breaststroke

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc C
Results

Rec Nac Esc C 2:57.65 GRILO Ana Paula UDCA Ponte da Barca 11-06-2005

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	PEREIRA Sofia Isabel	81	Porto	3:23.28	+0,85	513	30,00
	50m: 45.09 45.09	100m: 1:35.93 50.84	150m: 2:30.44 54.51	200m: 3:23.28 52.84			
2.	GUEDES Ana DAlte	80	Leixoes	3:37.87	+1,00	416	26,00
	50m: 48.78 48.78	100m: 1:43.42 54.64	150m: 2:41.81 58.39	200m: 3:37.87 56.06			
3.	CARDOSO Vania Alexandra	81	Feirense	3:43.87	+1,10	384	22,00
	50m: 51.67 51.67	100m: 1:49.22 57.55	150m: 2:47.57 58.35	200m: 3:43.87 56.30			
4.	BRAS Liliana Filipa	83	Nadadores dos Estoris	3:50.98	+1,18	349	20,00
	50m: 51.85 51.85	100m: 1:49.76 57.91	150m: 2:50.65 1:00.89	200m: 3:50.98 1:00.33			
5.	LEITE Joana Isabel	80	Fluvial Portuense	4:10.43	+1,09	274	19,00
	50m: 54.49 54.49	100m: 1:55.57 1:01.08	150m: 3:03.06 1:07.49	200m: 4:10.43 1:07.37			

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc D
Results

Rec Nac Esc D 3:01.00 ALVES Catarina Andrade CDN Vila Franca de Xira 20-01-2018

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SILVA Ana Sofia	78	Fluvial Portuense	3:14.38	+0,98	624	30,00
	50m: 45.50 45.50	100m: 1:33.29 47.79	150m: 2:23.77 50.48	200m: 3:14.38 50.61			
2.	CARVALHO Elza Maria	76	Vila DEste/Gaia	3:28.99	+0,93	502	26,00
	50m: 46.99 46.99	100m: 1:40.59 53.60	150m: 2:34.77 54.18	200m: 3:28.99 54.22			
3.	SANTOS Patricia Alexandra	78	Geslours	3:31.25	+0,93	486	22,00
	50m: 46.41 46.41	100m: 1:38.77 52.36	150m: 2:34.30 55.53	200m: 3:31.25 56.95			
4.	CORREIA Rita Barata	79	Masters de Almada	3:31.54	+1,02	484	20,00
	50m: 46.99 46.99	100m: 1:41.14 54.15	150m: 2:36.39 55.25	200m: 3:31.54 55.15			
5.	MADEIRA Maria Joao	79	Masters de Almada	3:35.90	+1,02	455	19,00
	50m: 47.50 47.50	100m: 1:41.00 53.50	150m: 2:37.35 56.35	200m: 3:35.90 58.55			
6.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	3:36.46	+0,86	452	18,00
	50m: 44.90 44.90	100m: 1:39.36 54.46	150m: 2:38.28 58.92	200m: 3:36.46 58.18			
7.	SILVA Rita Rijo	75	Colegio Monte Maior	3:38.78	+0,99	437	17,00
	50m: 50.05 50.05	100m: 1:46.14 56.09	150m: 2:45.15 59.01	200m: 3:38.78 53.63			
8.	AVELANS Carla Susana	75	Fluvial Portuense	3:39.54	+1,13	433	16,00
	50m: 49.14 49.14	100m: 1:43.65 54.51	150m: 2:41.36 57.71	200m: 3:39.54 58.18			
9.	CUNHA Maria Catarina	75	Sporting de Aveiro	3:54.89	+1,02	353	14,00
	50m: 53.38 53.38	100m: 1:51.26 57.88	150m: 2:51.76 1:00.50	200m: 3:54.89 1:03.13			
10.	MARTINS Ana Maria	79	Sporting de Aveiro	4:01.88	+0,99	324	12,00
	50m: 55.96 55.96	100m: 1:58.66 1:02.70	150m: 3:01.20 1:02.54	200m: 4:01.88 1:00.68			

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Event 14, Women, 200m Breaststroke, Master Esc D

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
11.	TESTAGROSSA Laurence Alice	76	Salesianos	4:15.65	+1,16	274	11,00
	50m: 56.98 56.98 100m: 2:04.06 1:07.08 150m: 3:09.77 1:05.71 200m: 4:15.65 1:05.88						
12.	MASSAGUE Adriana Reguera	75	Fluvial Portuense	4:23.02	+1,12	251	10,00
	50m: 58.36 58.36 100m: 2:05.03 1:06.67 150m: 3:13.52 1:08.49 200m: 4:23.02 1:09.50						

Event 14 Women, 200m Breaststroke Master Esc E
19-01-2019 - 12:15 Results

Rec Nac Esc E	3:15.32	PEREIRA Patricia Diogenes	SAD	Badajoz (ESP)	23-04-2016
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	FARIA Joana Maria	74	Leixoes	3:17.95	+0,87	638	30,00
	50m: 44.43 44.43 100m: 1:34.60 50.17 150m: 2:26.32 51.72 200m: 3:17.95 51.63						
2.	MARQUES Helena Sofia	73	Millennium BCP	3:24.94	+0,91	574	26,00
	50m: 45.37 45.37 100m: 1:36.38 51.01 150m: 2:30.02 53.64 200m: 3:24.94 54.92						
3.	SANTINHA Fernanda Maria	72	Masters de Almada	4:05.75	+1,35	333	22,00
	50m: 56.80 56.80 100m: 1:57.52 1:00.72 150m: 3:02.69 1:05.17 200m: 4:05.75 1:03.06						
4.	BARBARA Ana Bernardo	70	Portinado	4:14.80	+0,85	299	20,00
	50m: 56.24 56.24 100m: 2:00.39 1:04.15 150m: 3:08.72 1:08.33 200m: 4:14.80 1:06.08						
5.	FERREIRA Maria Manuela	70	Natacao da Maia	4:31.05	+1,01	248	19,00
	50m: 59.76 59.76 100m: 2:10.47 1:10.71 150m: 3:23.55 1:13.08 200m: 4:31.05 1:07.50						
6.	NUNES Olivia Cristina	72	Estarreja	5:03.63	+1,30	176	18,00
	50m: 1:10.25 1:10.25 100m: 2:25.82 1:15.57 150m: 3:42.90 1:17.08 200m: 5:03.63 1:20.73						
DNS	COSTA Marta Sofia	71	Porto				-

Event 14 Women, 200m Breaststroke Master Esc F
19-01-2019 - 12:15 Results

Rec Nac Esc F	3:10.13	CARMO Maria Helena	SAD	Sines	28-01-2017
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SEQUEIRA Maria Manuela	68	Gafanha da Encarnacao	3:25.20	+0,85	647	30,00
	50m: 45.87 45.87 100m: 1:38.15 52.28 150m: 2:31.85 53.70 200m: 3:25.20 53.35						
2.	FERNANDES Maribel Santos	65	Leixoes	3:31.24	+0,86	593	26,00
	50m: 47.45 47.45 100m: 1:41.14 53.69 150m: 2:36.59 55.45 200m: 3:31.24 54.65						
3.	FORTE Laura Morala	68	Alges	3:48.12	+0,97	471	22,00
	50m: 52.51 52.51 100m: 1:50.26 57.75 150m: 2:49.97 59.71 200m: 3:48.12 58.15						
4.	TABORDA Maria Joao	67	Porto	3:52.49	+0,97	444	20,00
	50m: 53.34 53.34 100m: 1:52.64 59.30 150m: 2:52.90 1:00.26 200m: 3:52.49 59.59						
5.	PALHARES Ana Rosa	65	Fluvial Portuense	3:56.53	+0,91	422	19,00
	50m: 53.14 53.14 100m: 1:54.41 1:01.27 150m: 2:58.29 1:03.88 200m: 3:56.53 58.24						
6.	MOREIRA Maria Isabel	68	Salesianos	4:04.28	+1,24	383	18,00
	50m: 56.46 56.46 100m: 1:56.85 1:00.39 150m: 3:01.61 1:04.76 200m: 4:04.28 1:02.67						

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Event 14, Women, 200m Breaststroke, Master Esc F

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
7.	CARDOSO Helena Maria	66	Fluvial Portuense	5:07.66	+1,17	192	17,00
	50m: 1:07.58 1:07.58	100m: 2:25.77 1:18.19	150m: 3:49.37 1:23.60	200m: 5:07.66 1:18.29			
DNS	LIMA Isabel Maria	69	Fluvial Portuense				-

Event 14 Women, 200m Breaststroke Master Esc G
19-01-2019 - 12:15 Results

Rec Nac Esc G	3:30.48	KRAEVA Elena Nikolaevna	ADRCIMM Sines	28-01-2017
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	ANDRADE Maria Teresa	63	Porto	3:25.50	+0,78	732	30,00
	<i>Rec Nacional Esc G</i>						
	50m: 46.26 46.26	100m: 1:37.68 51.42	150m: 2:30.93 53.25	200m: 3:25.50 54.57			
2.	KRAEVA Elena Nikolaevna	61	Colegio Monte Maior	3:28.22	+0,89	704	26,00
	50m: 47.08 47.08	100m: 1:40.03 52.95	150m: 2:34.76 54.73	200m: 3:28.22 53.46			
3.	CARVALHO Helena Paula	64	Sporting	3:41.10	+1,07	588	22,00
	50m: 51.31 51.31	100m: 1:47.39 56.08	150m: 2:44.70 57.31	200m: 3:41.10 56.40			
4.	FERNANDES Maria Santos	62	Leixoes	3:46.98	+1,07	543	20,00
	50m: 51.72 51.72	100m: 1:49.09 57.37	150m: 2:48.64 59.55	200m: 3:46.98 58.34			
5.	PEIXE Carla Filomena	63	Masters de Almada	3:51.50	+1,09	512	19,00
	50m: 49.61 49.61	100m: 1:46.77 57.16	150m: 2:48.75 1:01.98	200m: 3:51.50 1:02.75			
6.	KIND Anette	61	Leixoes	4:07.32	+1,03	420	18,00
	50m: 54.15 54.15	100m: 1:56.29 1:02.14	150m: 3:01.86 1:05.57	200m: 4:07.32 1:05.46			
7.	ALMEIDA Paula Margarida	63	Ginasio Figueirense	4:32.81	+1,10	313	17,00
	50m: 1:04.10 1:04.10	100m: 2:13.42 1:09.32	150m: 3:24.16 1:10.74	200m: 4:32.81 1:08.65			
8.	TAVARES Maria Joao	63	Amigos da Natacao	4:45.33	+1,56	273	16,00
	50m: 1:05.74 1:05.74	100m: 2:19.07 1:13.33	150m: 3:34.65 1:15.58	200m: 4:45.33 1:10.68			
9.	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	4:47.29	+0,99	268	14,00
	50m: 1:07.72 1:07.72	100m: 2:19.76 1:12.04	150m: 3:33.78 1:14.02	200m: 4:47.29 1:13.51			

Event 14 Women, 200m Breaststroke Master Esc H
19-01-2019 - 12:15 Results

Rec Nac Esc H	3:50.74	PINTAO Luisa Maria	ANE Caldas da Rainha	12-04-2014
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Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	DUPONT Ana Paula	58	Fluvial Portuense	4:38.67		304	30,00
	50m: 1:05.51 1:05.51	100m: 2:15.82 1:10.31	150m: 3:29.27 1:13.45	200m: 4:38.67 1:09.40			
2.	LIMA Edite Maria	57	Amigos da Natacao	5:23.73		194	26,00
	50m: 1:16.20 1:16.20	100m: 2:40.21 1:24.01	150m: 4:03.70 1:23.49	200m: 5:23.73 1:20.03			

Event 14, Women, 200m Breaststroke

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc I
Results

Rec Nac Esc I 4:02.42 FERREIRA Ana Maria SAD Badajoz (ESP) 23-04-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	PINTAO Luisa Maria <i>Rec Nacional Esc I</i>	54	Nadadores dos Estoris	3:53.18	+1,11	638	30,00
	50m: 52.39 52.39	100m: 1:53.12 1:00.73	150m: 2:54.35 1:01.23	200m: 3:53.18	58.83		
2.	ROCHA Maria Carmo	54	Leixoes	5:05.97	+1,22	282	26,00
	50m: 1:09.69 1:09.69	100m: 2:26.55 1:16.86	150m: 3:47.15 1:20.60	200m: 5:05.97	1:18.82		

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc J
Results

Rec Nac Esc J 3:55.98 BASTO Luisa Bessone SAD Caldas da Rainha 09-12-2017

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
DNS	CABRAL Maria Fatima	49	Fluvial Portuense				-

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc K
Results

Rec Nac Esc K 5:01.56 RAIMUNDO Isabel Maria SAD Sines 28-01-2017

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	BASTO Luisa Bessone <i>Rec Nacional Esc K</i>	44	Alges	4:09.40	+1,03	650	30,00
	50m: 56.48 56.48	100m: 1:59.75 1:03.27	150m: 3:05.80 1:06.05	200m: 4:09.40	1:03.60		

Event 14
19-01-2019 - 12:15
Women, 200m Breaststroke
Master Esc L
Results

Rec Nac Esc L 59:00.00

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SA Nair Gomes <i>Rec Nacional Esc L</i>	39	Nadadores dos Estoris	6:07.51		517	30,00
	50m: 1:22.70 1:22.70	100m: 2:58.25 1:35.55	150m: 4:37.57 1:39.32	200m: 6:07.51	1:29.94		