



NATAÇÃO PURA

Campeonato Nacional Clubes 2ª Divisão
S Antonio dos Cavaleiros, 8- - 9-12-2018

Prova 30
09-12-2018 - 16:20

Masc., 400m Estilos

2ª Divisão MASC
Resultados

RN25 Absoluto	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Sen	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto	11-12-2015
RN25 Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto	19-12-2014
RN25 Juv A	4:25.04	VITAL Joao Alexandre	ADRCIMM	Tomar	13-12-2013
RN25 Juv B	4:35.02	CARVALHO Diogo Filipe	CGA	Braga	21-03-2003
RN25 Inf A	4:40.32	FREITAS Tomas Miguel	CDN	Funchal	09-07-2004
RN25 Inf B	4:49.65	RUIVO Andre Vilas	DNMG	S. António Cavaleiros	15-03-2013

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CRISTINO David Matias	01	127872	Uniao Piedense	4:30.11	+0,82	662	25,00
	50m: 28.84 28.84	150m: 1:36.99	34.36	250m: 2:50.22	39.32	350m: 4:00.09	30.00	
	100m: 1:02.63 33.79	200m: 2:10.90	33.91	300m: 3:30.09	39.87	400m: 4:30.11	30.02	
2.	BESSA Antonio Rafael	94	102089	Aquatico Pacense	4:33.25	+0,73	640	23,00
	50m: 28.56 28.56	150m: 1:35.72	34.65	250m: 2:49.96	39.88	350m: 4:01.89	31.86	
	100m: 1:01.07 32.51	200m: 2:10.08	34.36	300m: 3:30.03	40.07	400m: 4:33.25	31.36	
3.	VAKULYUK Paulo	03	123668	Torres Novas	4:33.58	+0,75	637	22,00
	50m: 29.05 29.05	150m: 1:36.89	34.26	250m: 2:52.39	41.48	350m: 4:04.59	31.25	
	100m: 1:02.63 33.58	200m: 2:10.91	34.02	300m: 3:33.34	40.95	400m: 4:33.58	28.99	
4.	LOUZAN Daniel Sanchez	98	148730	Desportiva de Viana	4:35.55	+0,63	624	21,00
	50m: 28.49 28.49	150m: 1:41.10	37.30	250m: 2:56.86	40.37	350m: 4:07.99	31.02	
	100m: 1:03.80 35.31	200m: 2:16.49	35.39	300m: 3:36.97	40.11	400m: 4:35.55	27.56	
5.	TOMAS Francisco Xavier	00	117810	Alcobaca	4:37.01	+0,80	614	20,00
	50m: 29.13 29.13	150m: 1:37.12	34.81	250m: 2:50.97	39.94	350m: 4:04.55	33.02	
	100m: 1:02.31 33.18	200m: 2:11.03	33.91	300m: 3:31.53	40.56	400m: 4:37.01	32.46	
6.	LUZ Filipe Ferreira	98	112320	Gesloures	4:38.30	+0,72	605	19,00
	50m: 29.82 29.82	150m: 1:40.55	35.88	250m: 2:56.45	41.00	350m: 4:08.29	30.91	
	100m: 1:04.67 34.85	200m: 2:15.45	34.90	300m: 3:37.38	40.93	400m: 4:38.30	30.01	
7.	SILVA Paulo Filipe	98	117012	Natacao da Maia	4:38.46	+0,82	604	18,00
	50m: 29.41 29.41	150m: 1:39.42	36.58	250m: 2:54.11	39.04	350m: 4:07.46	32.44	
	100m: 1:02.84 33.43	200m: 2:15.07	35.65	300m: 3:35.02	40.91	400m: 4:38.46	31.00	
8.	RELVAS David Ferreira	03	125604	Nautico Marinha Grande	4:43.38	+0,77	573	17,00
	50m: 29.33 29.33	150m: 1:38.39	35.23	250m: 2:54.34	41.22	350m: 4:10.85	33.42	
	100m: 1:03.16 33.83	200m: 2:13.12	34.73	300m: 3:37.43	43.09	400m: 4:43.38	32.53	
9.	NEVES Pedro Barata	00	118137	Laranjeiro	4:43.66	+0,76	572	16,00
	50m: 30.31 30.31	150m: 1:42.12	37.39	250m: 3:00.23	41.16	350m: 4:13.15	31.67	
	100m: 1:04.73 34.42	200m: 2:19.07	36.95	300m: 3:41.48	41.25	400m: 4:43.66	30.51	
10.	BARBARA Goncalo Gualberto	00	118851	Rio Maior	4:43.76	+0,72	571	15,00
	50m: 30.35 30.35	150m: 1:43.14	38.04	250m: 2:59.05	38.85	350m: 4:11.84	32.99	
	100m: 1:05.10 34.75	200m: 2:20.20	37.06	300m: 3:38.85	39.80	400m: 4:43.76	31.92	
11.	SILVA Nuno Marques	04	127406	Bairro dos Anjos/ Leiria	4:44.90	+0,77	564	14,00
	50m: 30.27 30.27	150m: 1:42.48	36.51	250m: 2:58.71	40.03	350m: 4:12.45	33.31	
	100m: 1:05.97 35.70	200m: 2:18.68	36.20	300m: 3:39.14	40.43	400m: 4:44.90	32.45	
12.	CARVALHO Fernando Costa	03	129065	Foca	4:47.48	+0,76	549	13,00
	50m: 29.65 29.65	150m: 1:42.15	37.53	250m: 3:01.90	42.18	350m: 4:15.52	31.31	
	100m: 1:04.62 34.97	200m: 2:19.72	37.57	300m: 3:44.21	42.31	400m: 4:47.48	31.96	
13.	PEREIRA Bernardo Sousa	01	110905	Pimpoes/Cimai	4:49.27	+0,79	539	12,00
	50m: 30.01 30.01	150m: 1:42.50	37.46	250m: 2:59.53	40.18	350m: 4:15.26	34.85	
	100m: 1:05.04 35.03	200m: 2:19.35	36.85	300m: 3:40.41	40.88	400m: 4:49.27	34.01	
14.	FARDILHA Manuel Cruz	03	119398	Galitos/ Bresimar	4:49.51	+0,76	538	11,00
	50m: 29.97 29.97	150m: 1:42.52	37.84	250m: 3:01.74	41.19	350m: 4:17.18	32.86	
	100m: 1:04.68 34.71	200m: 2:20.55	38.03	300m: 3:44.32	42.58	400m: 4:49.51	32.33	

Splash Meet Manager, 11.57539

Registered to Federacao Portuguesa de Natacao

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NATAÇÃO PURA

Campeonato Nacional Clubes 2ª Divisão
S Antonio dos Cavaleiros, 8- - 9-12-2018

Prova 30, Masc., 400m Estilos, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	DIAS Ruben Fonseca	03	125780	Natacao de Valongo	4:50.25	+0,78	534	10,00
	50m: 29.74 29.74		150m: 1:40.07	36.56 250m: 2:58.70	42.45 350m: 4:17.07		33.73	
	100m: 1:03.51 33.77		200m: 2:16.25	36.18 300m: 3:43.34	44.64 400m: 4:50.25		33.18	
16.	DIOGO Dinis Miranda	04	129397	Fundacao Beatriz Santos	4:55.16	+0,74	507	9,00
	50m: 30.11 30.11		150m: 1:43.52	37.63 250m: 3:03.27	42.51 350m: 4:21.16		34.41	
	100m: 1:05.89 35.78		200m: 2:20.76	37.24 300m: 3:46.75	43.48 400m: 4:55.16		34.00	
17.	SOARES Frederico Sousa	96	104260	Bombeiros Estoris	4:55.88	+0,76	504	8,00
	50m: 29.64 29.64		150m: 1:43.02	38.76 250m: 3:03.38	42.21 350m: 4:21.42		34.27	
	100m: 1:04.26 34.62		200m: 2:21.17	38.15 300m: 3:47.15	43.77 400m: 4:55.88		34.46	
18.	AFONSO Francisco Lopes	03	119231	Ginasio de Vila Real	4:56.11	+0,68	503	7,00
	50m: 31.46 31.46		150m: 1:47.20	39.00 250m: 3:06.35	39.91 350m: 4:22.48		35.13	
	100m: 1:08.20 36.74		200m: 2:26.44	39.24 300m: 3:47.35	41.00 400m: 4:56.11		33.63	
19.	CRISTINA Joao Martins	03	126822	Louletano / Loule Concelho	5:03.32	+0,71	468	6,00
	50m: 31.74 31.74		150m: 1:48.68	39.44 250m: 3:10.40	42.49 350m: 4:29.88		36.01	
	100m: 1:09.24 37.50		200m: 2:27.91	39.23 300m: 3:53.87	43.47 400m: 5:03.32		33.44	
20.	CARDOSO Filipe Santos	04	130500	Gafanha da Encarnacao	5:04.41	+0,71	463	5,00
	50m: 31.33 31.33		150m: 1:47.90	39.08 250m: 3:11.24	45.73 350m: 4:32.11		34.15	
	100m: 1:08.82 37.49		200m: 2:25.51	37.61 300m: 3:57.96	46.72 400m: 5:04.41		32.30	
21.	OLIVEIRA Daniel Valente	03	125369	Sporting de Aveiro	5:08.66	+0,86	444	4,00
	50m: 31.34 31.34		150m: 1:50.00	41.11 250m: 3:15.56	46.00 350m: 4:34.45		32.99	
	100m: 1:08.89 37.55		200m: 2:29.56	39.56 300m: 4:01.46	45.90 400m: 5:08.66		34.21	
22.	MORAIS Alexandre Duarte	04	132645	Palmela Desporto	5:22.94	+0,84	387	3,00
	50m: 32.03 32.03		150m: 1:52.26	42.40 250m: 3:21.99	48.36 350m: 4:48.05		36.71	
	100m: 1:09.86 37.83		200m: 2:33.63	41.37 300m: 4:11.34	49.35 400m: 5:22.94		34.89	
23.	REMELHE Joao Anibal	05	130349	Amigos da Montanha/Becri	5:42.03	+0,81	326	2,00
	50m: 33.64 33.64		150m: 1:59.51	43.13 250m: 3:33.24	50.94 350m: 5:04.44		39.17	
	100m: 1:16.38 42.74		200m: 2:42.30	42.79 300m: 4:25.27	52.03 400m: 5:42.03		37.59	
DSQ	GASPAR Miguel Caridade	99	108624	Academica de Coimbra				-
	730 - Vários movimentos verticais de pernas após viragem aos 200 m - SW 7.1							

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