



NATAÇÃO PURA

Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 23	Femin., 400m Livres				Absolutos
01-12-2018 - 18:15					Resultados
Rec Nac Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12-12-2015
Rec Nac Jun16	4:13.53	SOUZA Ana Reis	CNLA	Porto	09-12-2017
Rec Nac Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20-12-2004
Rec Nac Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15-05-2004
Rec Nac Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19-07-1980
Rec Nac Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13-06-2009

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SOARES Carolina Silva	03	123910	Natacao de Valongo	4:28.63	+0,80	665	33,0(-)
	50m: 30.50 30.50		150m: 1:37.95 33.97	250m: 2:45.93 33.93	350m: 3:55.24 34.69			
	100m: 1:03.98 33.48		200m: 2:12.00 34.05	300m: 3:20.55 34.62	400m: 4:28.63 33.39			
2.	CONCEICAO Ema Jeronimo	03	129812	Fisica Torres Vedras	4:34.20	+0,84	625	31,0(-)
	50m: 30.71 30.71		150m: 1:38.16 34.07	250m: 2:48.60 35.47	350m: 3:59.91 35.50			
	100m: 1:04.09 33.38		200m: 2:13.13 34.97	300m: 3:24.41 35.81	400m: 4:34.20 34.29			
3.	FERREIRA Leonie Cunha	00	208123	Naval Povoense	4:35.96	+0,76	613	30,0(-)
	50m: 30.77 30.77		150m: 1:38.32 34.23	250m: 2:47.96 34.79	350m: 4:00.48 36.18			
	100m: 1:04.09 33.32		200m: 2:13.17 34.85	300m: 3:24.30 36.34	400m: 4:35.96 35.48			
4.	FIAL Sofia Nunes	03	127329	Estamos Juntos	4:37.71	+0,82	602	29,0(-)
	50m: 31.39 31.39		150m: 1:41.29 35.22	250m: 2:52.40 35.74	350m: 4:03.71 35.39			
	100m: 1:06.07 34.68		200m: 2:16.66 35.37	300m: 3:28.32 35.92	400m: 4:37.71 34.00			
5.	FERNANDES Ana Ines	00	119258	Vitoria Guimaraes	4:40.54	+0,83	584	28,0(-)
	50m: 30.79 30.79		150m: 1:40.41 35.53	250m: 2:52.00 35.97	350m: 4:05.18 36.78			
	100m: 1:04.88 34.09		200m: 2:16.03 35.62	300m: 3:28.40 36.40	400m: 4:40.54 35.36			
6.	COSTA Ana Filipa	98	102909	Natacao de Beja	4:42.98	+0,97	569	27,0(-)
	50m: 32.13 32.13		150m: 1:42.90 35.85	250m: 2:55.28 36.02	350m: 4:07.76 36.25			
	100m: 1:07.05 34.92		200m: 2:19.26 36.36	300m: 3:31.51 36.23	400m: 4:42.98 35.22			
7.	BARBOSA Adriana Freixo	03	123710	Viana Natacao	4:43.70	+0,88	564	26,0(-)
	50m: 31.83 31.83		150m: 1:42.88 36.02	250m: 2:55.66 36.47	350m: 4:09.01 36.65			
	100m: 1:06.86 35.03		200m: 2:19.19 36.31	300m: 3:32.36 36.70	400m: 4:43.70 34.69			
8.	CASTRO Maria Freitas	03	124809	Fafe	4:43.87	+0,80	563	25,0(-)
	50m: 31.67 31.67		150m: 1:42.28 35.93	250m: 2:55.45 36.93	350m: 4:09.18 36.65			
	100m: 1:06.35 34.68		200m: 2:18.52 36.24	300m: 3:32.53 37.08	400m: 4:43.87 34.69			
9.	SOUZA Ines Matos	03	125190	Uniao Coimbra	4:44.84	+0,81	558	24,0(-)
	50m: 32.59 32.59		150m: 1:44.01 36.02	250m: 2:56.89 36.45	350m: 4:09.66 36.26			
	100m: 1:07.99 35.40		200m: 2:20.44 36.43	300m: 3:33.40 36.51	400m: 4:44.84 35.18			
10.	FONSECA Laura Luz	03	122825	Bombeiros Ponta Delgada	4:44.87	+0,79	557	23,0(-)
	50m: 31.41 31.41		150m: 1:42.12 36.10	250m: 2:55.48 36.77	350m: 4:08.70 36.28			
	100m: 1:06.02 34.61		200m: 2:18.71 36.59	300m: 3:32.42 36.94	400m: 4:44.87 36.17			
11.	PEREIRA Carolina Rei	05	128060	Natacao de Vagos	4:45.23	+0,81	555	22,0(-)
	50m: 31.56 31.56		150m: 1:42.00 35.81	250m: 2:55.54 37.15	350m: 4:09.44 36.98			
	100m: 1:06.19 34.63		200m: 2:18.39 36.39	300m: 3:32.46 36.92	400m: 4:45.23 35.79			
12.	CORREIA Rute Ferreira	03	126232	Clube de Vouzela	4:45.58	+0,85	553	21,0(-)
	50m: 30.43 30.43		150m: 1:39.81 35.38	250m: 2:53.01 37.12	350m: 4:08.26 37.80			
	100m: 1:04.43 34.00		200m: 2:15.89 36.08	300m: 3:30.46 37.45	400m: 4:45.58 37.32			
13.	ESTEVENS Laura Fabiana	05	129315	Natacao Olhao	4:47.37	+0,77	543	20,0(-)
	50m: 31.85 31.85		150m: 1:43.45 36.61	250m: 2:57.31 37.05	350m: 4:11.96 37.34			
	100m: 1:06.84 34.99		200m: 2:20.26 36.81	300m: 3:34.62 37.31	400m: 4:47.37 35.41			
14.	SEBASTIAO Sofia Antunes	05	147121	Amadora	4:47.46	+0,88	543	19,0(-)
	50m: 31.72 31.72		150m: 1:43.47 36.17	250m: 2:57.97 37.07	350m: 4:12.22 36.80			
	100m: 1:07.30 35.58		200m: 2:20.90 37.43	300m: 3:35.42 37.45	400m: 4:47.46 35.24			

Splash Meet Manager, 11.57374

Registered to Federacao Portuguesa de Natacao

01-12-2018 18:30 - Página 1

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



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PARCEIROS





NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 23, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	PINHEIRO Ana Carmo	02	124856	Ginasio Santo Tirso	4:50.31	+0,93	527	18,0(-)
	50m: 32.47 32.47		150m: 1:45.78 37.09	250m: 3:00.81 37.39	350m: 4:15.72 37.52			
	100m: 1:08.69 36.22		200m: 2:23.42 37.64	300m: 3:38.20 37.39	400m: 4:50.31 34.59			
16.	MENDES Ana Sebastiao	04	129455	Portinado	4:52.16	+0,66	517	17,0(-)
	50m: 31.68 31.68		150m: 1:44.97 37.01	250m: 2:58.33 36.86	350m: 4:14.69 38.31			
	100m: 1:07.96 36.28		200m: 2:21.47 36.50	300m: 3:36.38 38.05	400m: 4:52.16 37.47			
17.	CARNEIRO Caetana Neves	03	129163	Natacao de Lisboa	4:54.22	+0,79	506	16,0(-)
	50m: 31.87 31.87		150m: 1:45.43 37.25	250m: 3:02.04 38.69	350m: 4:18.42 38.55			
	100m: 1:08.18 36.31		200m: 2:23.35 37.92	300m: 3:39.87 37.83	400m: 4:54.22 35.80			
18.	NOBRE Beatriz Gaspar	05	153134	Gualdim Pais	4:56.32	+0,88	495	15,0(-)
	50m: 31.74 31.74		150m: 1:44.44 37.08	250m: 3:01.11 38.64	350m: 4:19.18 39.00			
	100m: 1:07.36 35.62		200m: 2:22.47 38.03	300m: 3:40.18 39.07	400m: 4:56.32 37.14			
19.	BARAO Margarida Carvalho	04	130241	Colegio Vasco da Gama	4:56.75		493	14,0(-)
	50m: 33.13 33.13		150m: 1:46.62 37.33	250m: 3:02.48 37.96	350m: 4:19.73 38.94			
	100m: 1:09.29 36.16		200m: 2:24.52 37.90	300m: 3:40.79 38.31	400m: 4:56.75 37.02			
20.	AGUILAR Vera Ines	00	112452	Desportivo Nacional	4:57.32	+0,71	490	13,0(-)
	50m: 32.21 32.21		150m: 1:45.02 37.08	250m: 3:01.88 38.92	350m: 4:19.53 39.10			
	100m: 1:07.94 35.73		200m: 2:22.96 37.94	300m: 3:40.43 38.55	400m: 4:57.32 37.79			
21.	NASCIMENTO Sofia Alexandre	05	133484	Naval do Funchal	5:00.92	+0,72	473	12,0(-)
	50m: 32.90 32.90		150m: 1:48.23 38.20	250m: 3:05.66 39.01	350m: 4:23.58 38.76			
	100m: 1:10.03 37.13		200m: 2:26.65 38.42	300m: 3:44.82 39.16	400m: 5:00.92 37.34			
22.	REIS Sofia Alexandra	98	126041	Natacao de Faro	5:01.17	+0,81	472	11,0(-)
	50m: 33.12 33.12		150m: 1:47.83 38.15	250m: 3:05.47 38.91	350m: 4:24.45 39.33			
	100m: 1:09.68 36.56		200m: 2:26.56 38.73	300m: 3:45.12 39.65	400m: 5:01.17 36.72			
23.	ESTEVES Ana Jorge	01	201419	Gafanha da Encarnacao	5:01.26	+0,83	471	10,0(-)
	50m: 33.69 33.69		150m: 1:48.90 38.10	250m: 3:06.68 39.00	350m: 4:24.49 38.79			
	100m: 1:10.80 37.11		200m: 2:27.68 38.78	300m: 3:45.70 39.02	400m: 5:01.26 36.77			
24.	CLERIGO Iolanda Sofia	02	126878	Palmela	5:02.29	+0,71	466	9,0(-)
	50m: 32.44 32.44		150m: 1:47.10 38.08	250m: 3:06.03 39.48	350m: 4:24.51 39.30			
	100m: 1:09.02 36.58		200m: 2:26.55 39.45	300m: 3:45.21 39.18	400m: 5:02.29 37.78			
25.	GARCIA Ines Marques	03	132415	Nautico Abrantes	5:02.38	+0,98	466	8,0(-)
	50m: 34.24 34.24		150m: 1:51.28 38.78	250m: 3:08.98 38.93	350m: 4:25.45 37.81			
	100m: 1:12.50 38.26		200m: 2:30.05 38.77	300m: 3:47.64 38.66	400m: 5:02.38 36.93			
26.	RODRIGUES Ana Luisa	03	130216	Louzan Natacao/EFAPEL	5:02.93	+0,87	463	7,0(-)
	50m: 32.73 32.73		150m: 1:46.80 37.96	250m: 3:06.52 40.28	350m: 4:25.78 39.53			
	100m: 1:08.84 36.11		200m: 2:26.24 39.44	300m: 3:46.25 39.73	400m: 5:02.93 37.15			
27.	COSTA Joana Ferreira	05	203249	Feirense	5:07.39	+0,84	444	6,0(-)
	50m: 33.64 33.64		150m: 1:52.22 39.90	250m: 3:11.96 39.68	350m: 4:31.53 39.94			
	100m: 1:12.32 38.68		200m: 2:32.28 40.06	300m: 3:51.59 39.63	400m: 5:07.39 35.86			
28.	MACEDO Luisa Mendes	03	127327	Sanjoanense/FEPSA	5:08.48	+0,92	439	5,0(-)
	50m: 34.25 34.25		150m: 1:50.14 38.24	250m: 3:08.89 39.43	350m: 4:29.38 40.44			
	100m: 1:11.90 37.65		200m: 2:29.46 39.32	300m: 3:48.94 40.05	400m: 5:08.48 39.10			
29.	LOURA Beatriz Borges	04	200004	Campinho	5:09.86	+0,94	433	4,0(-)
	50m: 34.55 34.55		150m: 1:51.60 39.31	250m: 3:10.45 39.61	350m: 4:31.16 40.84			
	100m: 1:12.29 37.74		200m: 2:30.84 39.24	300m: 3:50.32 39.87	400m: 5:09.86 38.70			
30.	OLIVEIRA Ana Mafalda	81	23193	Natacao da Maia	5:10.97	+0,95	428	3,0(-)
	50m: 34.37 34.37		150m: 1:52.45 39.85	250m: 3:12.66 40.08	350m: 4:32.07 39.39			
	100m: 1:12.60 38.23		200m: 2:32.58 40.13	300m: 3:52.68 40.02	400m: 5:10.97 38.90			
31.	SANTOS Sofia Isabel	04	144708	Naval de Ponta Delgada	5:19.04	+0,71	397	2,0(-)
	50m: 36.43 36.43		150m: 1:55.95 40.78	250m: 3:17.44 40.62	350m: 4:38.97 40.46			
	100m: 1:15.17 38.74		200m: 2:36.82 40.87	300m: 3:58.51 41.07	400m: 5:19.04 40.07			

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PARCEIROS





NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 23, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	CASTRO Sara Alexandra	04	126049	Natacao do Montijo	5:33.66	+0,84	347	1,0(-
	50m: 35.11 35.11	150m: 1:57.22	42.21	250m: 3:23.21	43.34	350m: 4:50.85	43.99	
	100m: 1:15.01 39.90	200m: 2:39.87	42.65	300m: 4:06.86	43.65	400m: 5:33.66	42.81	

ORGANIZAÇÃO



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