



NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 1	Femin., 800m Livres				Absolutos
01-12-2018 - 9:00					Resultados
Rec Nac Absoluto	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03-08-2017
Rec Nac Sen	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)	03-08-2017
Rec Nac Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13-12-2015
Rec Nac Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21-12-2014
Rec Nac Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19-12-2004
Rec Nac Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibes (FRA)	20-12-1980
Rec Nac Inf A	9:03.90	SILVA Alexandra Maria	FCP	Porto	13-07-1980
Rec Nac Inf B	9:33.95	RUIVO Filipa Vilas	DNMG	Nazaré	16-05-2009

Pontos: FINA 2018

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CONCEICAO Ema Jeronimo	03	129812	Fisica Torres Vedras	9:23.38	+0,83	615	33,0(-)
	50m: 31.88 31.88	250m: 2:51.02	34.86	450m: 5:12.08	35.44	650m: 7:35.74	35.94	
	100m: 1:06.35 34.47	300m: 3:26.02	35.00	500m: 5:47.97	35.89	700m: 8:12.53	36.79	
	150m: 1:41.25 34.90	350m: 4:01.33	35.31	550m: 6:24.00	36.03	750m: 8:48.59	36.06	
	200m: 2:16.16 34.91	400m: 4:36.64	35.31	600m: 6:59.80	35.80	800m: 9:23.38	34.79	
2.	PEREIRA Carolina Rei	05	128060	Natacao de Vagos	9:33.43	+0,83	584	31,0(-)
	50m: 32.49 32.49	250m: 2:57.63	36.56	450m: 5:22.73	35.89	650m: 7:47.42	35.93	
	100m: 1:08.37 35.88	300m: 3:34.15	36.52	500m: 5:59.04	36.31	700m: 8:23.78	36.36	
	150m: 1:44.64 36.27	350m: 4:10.64	36.49	550m: 6:35.29	36.25	750m: 9:00.01	36.23	
	200m: 2:21.07 36.43	400m: 4:46.84	36.20	600m: 7:11.49	36.20	800m: 9:33.43	33.42	
3.	FERNANDES Ana Ines	00	119258	Vitoria Guimaraes	9:33.47	+0,88	583	30,0(-)
	50m: 32.57 32.57	250m: 2:57.33	36.36	450m: 5:22.28	36.06	650m: 7:47.47	35.98	
	100m: 1:08.26 35.69	300m: 3:33.60	36.27	500m: 5:58.51	36.23	700m: 8:23.93	36.46	
	150m: 1:44.69 36.43	350m: 4:09.93	36.33	550m: 6:35.07	36.56	750m: 9:00.35	36.42	
	200m: 2:20.97 36.28	400m: 4:46.22	36.29	600m: 7:11.49	36.42	800m: 9:33.47	33.12	
4.	FERREIRA Leonie Cunha	00	208123	Naval Povoense	9:35.40	+0,81	578	29,0(-)
	50m: 32.27 32.27	250m: 2:52.56	35.56	450m: 5:16.91	36.42	650m: 7:45.20	37.36	
	100m: 1:06.75 34.48	300m: 3:28.05	35.49	500m: 5:53.93	37.02	700m: 8:22.72	37.52	
	150m: 1:41.67 34.92	350m: 4:03.88	35.83	550m: 6:30.99	37.06	750m: 8:59.94	37.22	
	200m: 2:17.00 35.33	400m: 4:40.49	36.61	600m: 7:07.84	36.85	800m: 9:35.40	35.46	
5.	SOUSA Ines Matos	03	125190	Uniao Coimbra	9:37.99	+0,79	570	28,0(-)
	50m: 32.66 32.66	250m: 2:57.31	36.35	450m: 5:22.51	36.25	650m: 7:48.71	36.78	
	100m: 1:08.20 35.54	300m: 3:33.53	36.22	500m: 5:59.04	36.53	700m: 8:25.79	37.08	
	150m: 1:44.58 36.38	350m: 4:09.86	36.33	550m: 6:35.32	36.28	750m: 9:02.39	36.60	
	200m: 2:20.96 36.38	400m: 4:46.26	36.40	600m: 7:11.93	36.61	800m: 9:37.99	35.60	
6.	BARBOSA Adriana Freixo	03	123710	Viana Natacao	9:43.99	+0,88	552	27,0(-)
	50m: 32.16 32.16	250m: 2:56.67	36.59	450m: 5:25.07	37.20	650m: 7:54.24	37.24	
	100m: 1:07.52 35.36	300m: 3:33.51	36.84	500m: 6:02.21	37.14	700m: 8:31.34	37.10	
	150m: 1:43.69 36.17	350m: 4:10.64	37.13	550m: 6:39.78	37.57	750m: 9:08.42	37.08	
	200m: 2:20.08 36.39	400m: 4:47.87	37.23	600m: 7:17.00	37.22	800m: 9:43.99	35.57	
7.	NOGUEIRA Nara Soraia	05	127914	Natacao de Valongo	9:47.24	+0,88	543	26,0(-)
	50m: 32.27 32.27	250m: 2:58.70	37.17	450m: 5:27.98	37.27	650m: 7:57.70	37.34	
	100m: 1:07.86 35.59	300m: 3:36.02	37.32	500m: 6:05.43	37.45	700m: 8:35.16	37.46	
	150m: 1:44.45 36.59	350m: 4:13.49	37.47	550m: 6:42.92	37.49	750m: 9:12.06	36.90	
	200m: 2:21.53 37.08	400m: 4:50.71	37.22	600m: 7:20.36	37.44	800m: 9:47.24	35.18	
8.	COSTA Ana Filipa	98	102909	Natacao de Beja	9:47.38	+0,94	543	25,0(-)
	50m: 32.55 32.55	250m: 2:57.26	36.46	450m: 5:24.71	37.35	650m: 7:55.21	37.60	
	100m: 1:08.08 35.53	300m: 3:33.77	36.51	500m: 6:02.03	37.32	700m: 8:32.96	37.75	
	150m: 1:44.24 36.16	350m: 4:10.34	36.57	550m: 6:39.81	37.78	750m: 9:10.48	37.52	
	200m: 2:20.80 36.56	400m: 4:47.36	37.02	600m: 7:17.61	37.80	800m: 9:47.38	36.90	
9.	NARRA Vera Figueiredo	04	131121	Amadora	9:51.04	+0,79	533	24,0(-)
	50m: 33.40 33.40	250m: 3:02.07	37.73	450m: 5:30.51	36.91	650m: 7:58.98	37.13	
	100m: 1:09.24 35.84	300m: 3:39.81	37.74	500m: 6:07.40	36.89	700m: 8:36.61	37.63	
	150m: 1:46.92 37.68	350m: 4:17.06	37.25	550m: 6:44.49	37.09	750m: 9:14.24	37.63	
	200m: 2:24.34 37.42	400m: 4:53.60	36.54	600m: 7:21.85	37.36	800m: 9:51.04	36.80	



NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	MACHADO Raquel Cruz	03	124869	Estamos Juntos	9:51.32	+0,92	532	23,0(-)
	50m: 32.70 32.70			250m: 3:01.07 37.08	450m: 5:30.82 37.40	650m: 8:01.48 37.32		
	100m: 1:09.39 36.69			300m: 3:38.23 37.16	500m: 6:08.62 37.80	700m: 8:39.07 37.59		
	150m: 1:46.63 37.24			350m: 4:15.70 37.47	550m: 6:46.22 37.60	750m: 9:16.03 36.96		
	200m: 2:23.99 37.36			400m: 4:53.42 37.72	600m: 7:24.16 37.94	800m: 9:51.32 35.29		
11.	FONSECA Laura Luz	03	122825	Bombeiros Ponta Delgada	9:57.43	+0,79	516	22,0(-)
	50m: 32.83 32.83			250m: 3:01.20 37.71	450m: 5:32.22 38.04	650m: 8:04.35 38.69		
	100m: 1:08.88 36.05			300m: 3:38.61 37.41	500m: 6:09.67 37.45	700m: 8:42.58 38.23		
	150m: 1:45.92 37.04			350m: 4:16.04 37.43	550m: 6:47.82 38.15	750m: 9:19.93 37.35		
	200m: 2:23.49 37.57			400m: 4:54.18 38.14	600m: 7:25.66 37.84	800m: 9:57.43 37.50		
12.	PINHEIRO Ana Carmo	02	124856	Ginasio Santo Tirso	9:57.46	+0,89	516	21,0(-)
	50m: 32.69 32.69			250m: 3:00.52 37.46	450m: 5:32.35 38.17	650m: 8:04.91 38.12		
	100m: 1:09.21 36.52			300m: 3:38.22 37.70	500m: 6:10.57 38.22	700m: 8:43.20 38.29		
	150m: 1:46.08 36.87			350m: 4:16.36 38.14	550m: 6:48.36 37.79	750m: 9:21.43 38.23		
	200m: 2:23.06 36.98			400m: 4:54.18 37.82	600m: 7:26.79 38.43	800m: 9:57.46 36.03		
13.	HENRIQUES Maria Vitoria	03	128311	Fafe	9:59.96	+0,87	509	20,0(-)
	50m: 33.15 33.15			250m: 3:01.06 37.57	450m: 5:34.33 38.36	650m: 8:08.43 38.96		
	100m: 1:09.36 36.21			300m: 3:39.02 37.96	500m: 6:12.99 38.66	700m: 8:45.80 37.37		
	150m: 1:46.49 37.13			350m: 4:17.37 38.35	550m: 6:50.79 37.80	750m: 9:23.92 38.12		
	200m: 2:23.49 37.00			400m: 4:55.97 38.60	600m: 7:29.47 38.68	800m: 9:59.96 36.04		
14.	MENDES Ana Sebastiao	04	129455	Portinado	10:03.06	+0,72	502	19,0(-)
	50m: 31.99 31.99			250m: 2:58.88 37.80	450m: 5:33.36 38.88	650m: 8:09.05 38.85		
	100m: 1:07.32 35.33			300m: 3:36.99 38.11	500m: 6:12.20 38.84	700m: 8:47.63 38.58		
	150m: 1:43.65 36.33			350m: 4:15.65 38.66	550m: 6:51.34 39.14	750m: 9:25.85 38.22		
	200m: 2:21.08 37.43			400m: 4:54.48 38.83	600m: 7:30.20 38.86	800m: 10:03.06 37.21		
15.	JESUS Leonor Santos	04	126749	Natacao Olhao	10:04.97	+0,90	497	18,0(-)
	50m: 32.80 32.80			250m: 3:00.93 37.86	450m: 5:34.69 38.80	650m: 8:10.28 38.49		
	100m: 1:08.32 35.52			300m: 3:39.20 38.27	500m: 6:13.71 39.02	700m: 8:48.68 38.40		
	150m: 1:45.31 36.99			350m: 4:17.91 38.71	550m: 6:52.92 39.21	750m: 9:26.77 38.09		
	200m: 2:23.07 37.76			400m: 4:55.89 37.98	600m: 7:31.79 38.87	800m: 10:04.97 38.20		
16.	NOBRE Beatriz Gaspar	05	153134	Gualdim Pais	10:12.25	+0,87	479	17,0(-)
	50m: 32.21 32.21			250m: 3:00.90 37.59	450m: 5:37.28 39.76	650m: 8:14.97 39.75		
	100m: 1:08.73 36.52			300m: 3:38.96 38.06	500m: 6:16.42 39.14	700m: 8:54.42 39.45		
	150m: 1:45.69 36.96			350m: 4:17.87 38.91	550m: 6:55.43 39.01	750m: 9:34.22 39.80		
	200m: 2:23.31 37.62			400m: 4:57.52 39.65	600m: 7:35.22 39.79	800m: 10:12.25 38.03		
17.	DORIA Madalena Melim	00	112464	Desportivo Nacional	10:13.17	+0,80	477	16,0(-)
	50m: 35.16 35.16			250m: 3:08.87 38.27	450m: 5:43.06 38.47	650m: 8:18.48 38.76		
	100m: 1:13.47 38.31			300m: 3:47.30 38.43	500m: 6:21.73 38.67	700m: 8:57.58 39.10		
	150m: 1:51.99 38.52			350m: 4:25.96 38.66	550m: 7:00.73 39.00	750m: 9:36.09 38.51		
	200m: 2:30.60 38.61			400m: 5:04.59 38.63	600m: 7:39.72 38.99	800m: 10:13.17 37.08		
18.	BARAO Margarida Carvalho	04	130241	Colegio Vasco da Gama	10:17.09	+0,73	468	15,0(-)
	50m: 33.77 33.77			250m: 3:05.39 39.04	450m: 5:42.26 39.15	650m: 8:20.63 39.78		
	100m: 1:10.19 36.42			300m: 3:44.68 39.29	500m: 6:21.72 39.46	700m: 9:00.51 39.88		
	150m: 1:48.06 37.87			350m: 4:23.86 39.18	550m: 7:01.14 39.42	750m: 9:39.62 39.11		
	200m: 2:26.35 38.29			400m: 5:03.11 39.25	600m: 7:40.85 39.71	800m: 10:17.09 37.47		
19.	RODRIGUES Ana Luisa	03	130216	Louzan Natacao/EFAPEL	10:21.43	+0,78	458	14,0(-)
	50m: 34.23 34.23			250m: 3:05.39 38.37	450m: 5:42.27 39.51	650m: 8:22.27 40.12		
	100m: 1:11.19 36.96			300m: 3:44.25 38.86	500m: 6:22.00 39.73	700m: 9:02.66 40.39		
	150m: 1:49.01 37.82			350m: 4:23.27 39.02	550m: 7:01.93 39.93	750m: 9:42.81 40.15		
	200m: 2:27.02 38.01			400m: 5:02.76 39.49	600m: 7:42.15 40.22	800m: 10:21.43 38.62		
20.	SILVA Margarida Mota	03	122224	Palmela	10:24.93	+0,81	451	13,0(-)
	50m: 33.15 33.15			250m: 3:07.38 39.26	450m: 5:46.24 39.56	650m: 8:28.45 40.87		
	100m: 1:10.61 37.46			300m: 3:46.95 39.57	500m: 6:26.20 39.96	700m: 9:07.79 39.34		
	150m: 1:48.97 38.36			350m: 4:26.68 39.73	550m: 7:06.56 40.36	750m: 9:47.04 39.25		
	200m: 2:28.12 39.15			400m: 5:06.68 40.00	600m: 7:47.58 41.02	800m: 10:24.93 37.89		



NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	ARAUJO Maria Clara	05	133482	Naval do Funchal	10:25.13	+0,62	450	12,0(-)
	50m: 33.79 33.79			250m: 3:09.41 39.64	450m: 5:49.54 40.05	650m: 8:29.46 38.90		
	100m: 1:11.80 38.01			300m: 3:49.01 39.60	500m: 6:30.38 40.84	700m: 9:08.91 39.45		
	150m: 1:50.58 38.78			350m: 4:29.20 40.19	550m: 7:09.93 39.55	750m: 9:48.11 39.20		
	200m: 2:29.77 39.19			400m: 5:09.49 40.29	600m: 7:50.56 40.63	800m: 10:25.13 37.02		
22.	REIS Sofia Alexandra	98	126041	Natacao de Faro	10:28.45	+0,80	443	11,0(-)
	50m: 34.21 34.21			250m: 3:09.74 39.20	450m: 5:49.24 40.23	650m: 8:29.84 40.44		
	100m: 1:12.20 37.99			300m: 3:49.46 39.72	500m: 6:29.22 39.98	700m: 9:10.35 40.51		
	150m: 1:51.00 38.80			350m: 4:29.53 40.07	550m: 7:09.28 40.06	750m: 9:50.74 40.39		
	200m: 2:30.54 39.54			400m: 5:09.01 39.48	600m: 7:49.40 40.12	800m: 10:28.45 37.71		
23.	PINTO Susana Ferreira	01	127975	Gafanha da Encarnacao	10:31.72	+0,87	436	10,0(-)
	50m: 34.92 34.92			250m: 3:11.61 39.84	450m: 5:51.14 39.81	650m: 8:32.08 40.37		
	100m: 1:12.74 37.82			300m: 3:51.55 39.94	500m: 6:31.02 39.88	700m: 9:12.86 40.78		
	150m: 1:52.03 39.29			350m: 4:31.39 39.84	550m: 7:11.30 40.28	750m: 9:52.79 39.93		
	200m: 2:31.77 39.74			400m: 5:11.33 39.94	600m: 7:51.71 40.41	800m: 10:31.72 38.93		
24.	GARCIA Ines Marques	03	132415	Nautico Abrantes	10:34.53	+0,93	431	9,0(-)
	50m: 38.06 38.06			250m: 3:16.56 39.40	450m: 5:55.82 40.04	650m: 8:35.98 39.93		
	100m: 1:17.58 39.52			300m: 3:56.06 39.50	500m: 6:36.08 40.26	700m: 9:16.26 40.28		
	150m: 1:57.14 39.56			350m: 4:35.34 39.28	550m: 7:16.30 40.22	750m: 9:55.06 38.80		
	200m: 2:37.16 40.02			400m: 5:15.78 40.44	600m: 7:56.05 39.75	800m: 10:34.53 39.47		
25.	PLAZA Rita Azevedo	02	127328	Sanjoanense/FEPSA	10:37.07	+0,89	425	8,0(-)
	50m: 35.14 35.14			250m: 3:14.35 40.37	450m: 5:56.80 40.63	650m: 8:38.52 40.60		
	100m: 1:13.47 38.33			300m: 3:54.31 39.96	500m: 6:37.21 40.41	700m: 9:19.00 40.48		
	150m: 1:53.49 40.02			350m: 4:35.20 40.89	550m: 7:17.64 40.43	750m: 9:58.12 39.12		
	200m: 2:33.98 40.49			400m: 5:16.17 40.97	600m: 7:57.92 40.28	800m: 10:37.07 38.95		
26.	OLIVEIRA Ana Mafalda	81	23193	Natacao da Maia	10:40.04	+0,93	420	7,0(-)
	50m: 34.61 34.61			250m: 3:14.59 40.89	450m: 5:57.49 39.99	650m: 8:40.71 41.33		
	100m: 1:13.03 38.42			300m: 3:55.16 40.57	500m: 6:37.16 39.67	700m: 9:21.75 41.04		
	150m: 1:53.42 40.39			350m: 4:36.40 41.24	550m: 7:18.16 41.00	750m: 10:01.59 39.84		
	200m: 2:33.70 40.28			400m: 5:17.50 41.10	600m: 7:59.38 41.22	800m: 10:40.04 38.45		
27.	COSTA Joana Ferreira	05	203249	Feirense	10:40.70	+0,93	418	6,0(-)
	50m: 32.17 32.17			250m: 3:12.41 40.30	450m: 5:56.86 40.74	650m: 8:40.21 40.06		
	100m: 1:10.75 38.58			300m: 3:53.51 41.10	500m: 6:38.53 41.67	700m: 9:21.51 41.30		
	150m: 1:51.06 40.31			350m: 4:34.75 41.24	550m: 7:18.92 40.39	750m: 10:02.50 40.99		
	200m: 2:32.11 41.05			400m: 5:16.12 41.37	600m: 8:00.15 41.23	800m: 10:40.70 38.20		
28.	MOREIRA Alice Castico	04	123963	Natacao do Montijo	10:42.11	+0,84	416	5,0(-)
	50m: 33.97 33.97			250m: 3:13.54 40.43	450m: 5:56.80 40.77	650m: 8:40.47 41.04		
	100m: 1:12.62 38.65			300m: 3:54.04 40.50	500m: 6:37.73 40.93	700m: 9:21.71 41.24		
	150m: 1:52.66 40.04			350m: 4:34.98 40.94	550m: 7:18.70 40.97	750m: 10:02.65 40.94		
	200m: 2:33.11 40.45			400m: 5:16.03 41.05	600m: 7:59.43 40.73	800m: 10:42.11 39.46		
29.	LOURA Beatriz Borges	04	200004	Campinho	10:44.74	+0,99	410	4,0(-)
	50m: 35.10 35.10			250m: 3:14.38 40.57	450m: 5:57.45 40.86	650m: 8:43.24 41.83		
	100m: 1:13.35 38.25			300m: 3:54.87 40.49	500m: 6:38.17 40.72	700m: 9:24.70 41.46		
	150m: 1:53.03 39.68			350m: 4:36.04 41.17	550m: 7:19.53 41.36	750m: 10:05.96 41.26		
	200m: 2:33.81 40.78			400m: 5:16.59 40.55	600m: 8:01.41 41.88	800m: 10:44.74 38.78		
30.	SILVA Eva Perdigao	06	153242	Clube de Vouzela	10:48.65	+0,82	403	3,0(-)
	50m: 34.20 34.20			250m: 3:15.22 40.82	450m: 5:59.39 40.95	650m: 8:45.79 41.72		
	100m: 1:13.60 39.40			300m: 3:56.28 41.06	500m: 6:40.52 41.13	700m: 9:28.07 42.28		
	150m: 1:54.04 40.44			350m: 4:37.07 40.79	550m: 7:22.24 41.72	750m: 10:09.41 41.34		
	200m: 2:34.40 40.36			400m: 5:18.44 41.37	600m: 8:04.07 41.83	800m: 10:48.65 39.24		
31.	FONSECA Catarina Rossas	04	131994	Natacao de Lisboa	11:22.43		346	2,0(-)
	50m: 35.54 35.54			250m: 3:24.99 42.98	450m: 6:19.27 43.41	650m: 9:14.27 42.28		
	100m: 1:15.98 40.44			300m: 4:08.41 43.42	500m: 7:04.16 44.89	700m: 9:57.92 43.65		
	150m: 1:58.71 42.73			350m: 4:51.72 43.31	550m: 7:48.59 44.43	750m: 10:41.20 43.28		
	200m: 2:42.01 43.30			400m: 5:35.86 44.14	600m: 8:31.99 43.40	800m: 11:22.43 41.23		



NATAÇÃO PURA
Campeonato Nacional Clubes 3ª Divisão
Abrantes, 1-12-2018

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts				
32.	GOMES Maria Isabel	06	202295	Naval de Ponta Delgada	11:22.82	+0,79	345	1,00-				
	50m:	33.74	33.74	250m:	3:23.59	44.20	450m:	6:20.34	43.74	650m:	9:15.20	44.17
	100m:	1:13.79	40.05	300m:	4:08.77	45.18	500m:	7:04.18	43.84	700m:	9:59.03	43.83
	150m:	1:56.12	42.33	350m:	4:53.29	44.52	550m:	7:47.99	43.81	750m:	10:42.52	43.49
	200m:	2:39.39	43.27	400m:	5:36.60	43.31	600m:	8:31.03	43.04	800m:	11:22.82	40.30