

Prova 36 Femin., 400m Livres Absoluto
04-02-2018 - 15:30 Resultados

S6	59:00.00	start							
S7	59:00.00	start							
S8	5:53.95	CASTRO Ana Filipa			FVCD	Santa Maria da Feira			13-01-2018
S9	5:51.05	PINTO Renata Vaz			ADADA	Santa Maria da Feira			21-01-2017
S10	5:25.56	NEVES Teresa Lamego			SCP	Lisboa			16-11-2014
S11	59:00.00	start							
S12	59:00.00	start							
S13	59:00.00	start							
S14	6:01.88	RESENDE Sonia Castanheiro			SCA	Mealhada			19-02-2017
S15	6:04.92	ALMEIDA Eunice Evora			CNA	Lisboa			18-10-2015
S21	7:37.39	TORRES Diana Ines			ADADA	Aveiro			28-11-2015

S6 Esp: 9:41.45; Sen: 9:30.04 / S7 Esp: 9:00.09; Sen: 8:49.50 / S8 Esp: 8:36.90; Sen: 8:26.76 / S9 Esp: 8:26.43; Sen: 8:16.50 / S10 Esp: 8:18.11; Sen: 8:08.34 / S11 Esp: 9:29.14; Sen: 9:17.99 / S12 Esp: 8:57.03; Sen: 8:46.50 / S13 Esp: 6:51.80; Sen: 6:43.72 / S14 Esp: 9:13.68; Sen: 9:02.82 / S15 Esp: 7:28.85; Sen: 7:17.90 / S16 Esp: 9:13.68; Sen: 9:02.82 / S21 Esp: 11:39.81; Sen: 11:26.08

Pontos: IPC NED S14

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S6-S14-Absolutos

1. VEIGA Susana Pereira 00 S10 12+ Colegio Vasco da Gama **5:12.40** 666 9,00
Rec Nac Classe S10

25m:	16.14	16.14	125m:	1:32.82	19.02	225m:	2:52.10	19.81	325m:	4:12.29	19.50
50m:	34.74	18.60	150m:	1:52.39	19.57	250m:	3:12.42	20.32	350m:	4:32.78	20.49
75m:	54.07	19.33	175m:	2:12.13	19.74	275m:	3:32.59	20.17	375m:	4:52.95	20.17
100m:	1:13.80	19.73	200m:	2:32.29	20.16	300m:	3:52.79	20.20	400m:	5:12.40	19.45

2. CORREIA Ana Beatriz 98 S10 *8 Natacao de Faro **5:19.46** 623 7,00

25m:	16.96	16.96	125m:	1:35.04	20.18	225m:	2:56.99	20.21	325m:	4:18.49	20.60
50m:	35.66	18.70	150m:	1:55.63	20.59	250m:	3:17.27	20.28	350m:	4:39.13	20.64
75m:	55.22	19.56	175m:	2:16.16	20.53	275m:	3:37.18	19.91	375m:	4:59.42	20.29
100m:	1:14.86	19.64	200m:	2:36.78	20.62	300m:	3:57.89	20.71	400m:	5:19.46	20.04

3. CASTRO Ana Filipa 97 S8 *12+ Feira Viva **5:44.91** 538 9,00
Rec Nac Classe S8

25m:	19.58	19.58	125m:	1:47.99	22.03	225m:	3:15.71	21.50	325m:	4:42.03	21.55
50m:	41.65	22.07	150m:	2:10.24	22.25	250m:	3:36.89	21.18	350m:	5:03.16	21.13
75m:	1:03.86	22.21	175m:	2:32.48	22.24	275m:	3:58.19	21.30	375m:	5:24.89	21.73
100m:	1:25.96	22.10	200m:	2:54.21	21.73	300m:	4:20.48	22.29	400m:	5:44.91	20.02

4. PINTO Renata Vaz 99 S9 *5 ADADA Porto **5:42.30** 458 9,00
Rec Nac Classe S9

25m:	18.18	18.18	125m:	1:45.06	21.89	225m:	3:13.38	21.96	325m:	4:41.16	21.79
50m:	39.15	20.97	150m:	2:07.30	22.24	250m:	3:35.37	21.99	350m:	5:02.57	21.41
75m:	1:00.70	21.55	175m:	2:29.05	21.75	275m:	3:57.36	21.99	375m:	5:22.99	20.42
100m:	1:23.17	22.47	200m:	2:51.42	22.37	300m:	4:19.37	22.01	400m:	5:42.30	19.31

5. SIMOES Diana Vieira 98 S14 Sporting de Aveiro **7:00.83** 294 9,00

25m:	21.09	21.09	125m:	1:59.13	25.85	225m:	3:46.21	26.38	325m:	5:32.60	26.43
50m:	43.64	22.55	150m:	2:26.25	27.12	250m:	4:13.49	27.28	350m:	5:58.41	25.81
75m:	1:07.92	24.28	175m:	2:52.49	26.24	275m:	4:39.80	26.31	375m:	6:35.52	37.11
100m:	1:33.28	25.36	200m:	3:19.83	27.34	300m:	5:06.17	26.37	400m:	7:00.83	25.31

Prova 36, Femin., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
6.	OLIVEIRA Sonia Cristina	98	S7	*4,12+	Vilacondense	8:40.01	190	9,00
	25m: 27.18 27.18	125m: 2:34.55	32.17	225m: 4:47.61	32.90	325m: 7:01.64	34.26	
	50m: 58.02 30.84	150m: 3:07.69	33.14	250m: 5:20.22	32.61	350m: 7:35.06	33.42	
	75m: 1:30.22 32.20	175m: 3:40.88	33.19	275m: 5:53.18	32.96	375m: 8:07.84	32.78	
	100m: 2:02.38 32.16	200m: 4:14.71	33.83	300m: 6:27.38	34.20	400m: 8:40.01	32.17	

Classe S7-Seniores

1.	OLIVEIRA Sonia Cristina	98	S7	*4,12+	Vilacondense	8:40.01	190	9,00
	25m: 27.18 27.18	125m: 2:34.55	32.17	225m: 4:47.61	32.90	325m: 7:01.64	34.26	
	50m: 58.02 30.84	150m: 3:07.69	33.14	250m: 5:20.22	32.61	350m: 7:35.06	33.42	
	75m: 1:30.22 32.20	175m: 3:40.88	33.19	275m: 5:53.18	32.96	375m: 8:07.84	32.78	
	100m: 2:02.38 32.16	200m: 4:14.71	33.83	300m: 6:27.38	34.20	400m: 8:40.01	32.17	

Classe S8-Seniores

1.	CASTRO Ana Filipa <i>Rec Nac Classe S8</i>	97	S8	*12+	Feira Viva	5:44.91	538	9,00
	25m: 19.58 19.58	125m: 1:47.99	22.03	225m: 3:15.71	21.50	325m: 4:42.03	21.55	
	50m: 41.65 22.07	150m: 2:10.24	22.25	250m: 3:36.89	21.18	350m: 5:03.16	21.13	
	75m: 1:03.86 22.21	175m: 2:32.48	22.24	275m: 3:58.19	21.30	375m: 5:24.89	21.73	
	100m: 1:25.96 22.10	200m: 2:54.21	21.73	300m: 4:20.48	22.29	400m: 5:44.91	20.02	

Classe S9-Seniores

1.	PINTO Renata Vaz <i>Rec Nac Classe S9</i>	99	S9	*5	ADADA Porto	5:42.30	458	9,00
	25m: 18.18 18.18	125m: 1:45.06	21.89	225m: 3:13.38	21.96	325m: 4:41.16	21.79	
	50m: 39.15 20.97	150m: 2:07.30	22.24	250m: 3:35.37	21.99	350m: 5:02.57	21.41	
	75m: 1:00.70 21.55	175m: 2:29.05	21.75	275m: 3:57.36	21.99	375m: 5:22.99	20.42	
	100m: 1:23.17 22.47	200m: 2:51.42	22.37	300m: 4:19.37	22.01	400m: 5:42.30	19.31	

Classe S10-Seniores

1.	VEIGA Susana Pereira <i>Rec Nac Classe S10</i>	00	S10	12+	Colegio Vasco da Gama	5:12.40	666	9,00
	25m: 16.14 16.14	125m: 1:32.82	19.02	225m: 2:52.10	19.81	325m: 4:12.29	19.50	
	50m: 34.74 18.60	150m: 1:52.39	19.57	250m: 3:12.42	20.32	350m: 4:32.78	20.49	
	75m: 54.07 19.33	175m: 2:12.13	19.74	275m: 3:32.59	20.17	375m: 4:52.95	20.17	
	100m: 1:13.80 19.73	200m: 2:32.29	20.16	300m: 3:52.79	20.20	400m: 5:12.40	19.45	
2.	CORREIA Ana Beatriz	98	S10	*8	Natacao de Faro	5:19.46	623	7,00
	25m: 16.96 16.96	125m: 1:35.04	20.18	225m: 2:56.99	20.21	325m: 4:18.49	20.60	
	50m: 35.66 18.70	150m: 1:55.63	20.59	250m: 3:17.27	20.28	350m: 4:39.13	20.64	
	75m: 55.22 19.56	175m: 2:16.16	20.53	275m: 3:37.18	19.91	375m: 4:59.42	20.29	
	100m: 1:14.86 19.64	200m: 2:36.78	20.62	300m: 3:57.89	20.71	400m: 5:19.46	20.04	

Prova 36, Femin., 400m Livres

Classe S14-Seniores

1. SIMOES Diana Vieira	98	S14	Sporting de Aveiro				7:00.83	294	9,00
25m: 21.09 21.09	125m: 1:59.13	25.85	225m: 3:46.21	26.38	325m: 5:32.60	26.43			
50m: 43.64 22.55	150m: 2:26.25	27.12	250m: 4:13.49	27.28	350m: 5:58.41	25.81			
75m: 1:07.92 24.28	175m: 2:52.49	26.24	275m: 4:39.80	26.31	375m: 6:35.52	37.11			
100m: 1:33.28 25.36	200m: 3:19.83	27.34	300m: 5:06.17	26.37	400m: 7:00.83	25.31			

Classe S21 (SDown)-Absolutos

1. TORRES Diana Ines	99	S21	W	Fluvial Portuense				7:52.15	129	9,00
25m: 26.97 26.97	125m: 2:21.86	29.55		225m: 4:20.49	29.65	325m: 6:20.83	30.86			
50m: 54.29 27.32	150m: 2:51.17	29.31		250m: 4:50.06	29.57	350m: 6:51.79	30.96			
75m: 1:23.27 28.98	175m: 3:21.49	30.32		275m: 5:19.99	29.93	375m: 7:22.15	30.36			
100m: 1:52.31 29.04	200m: 3:50.84	29.35		300m: 5:49.97	29.98	400m: 7:52.15	30.00			
2. REIS Adriana Godinho	95	S21		Feira Viva				7:56.97	125	7,00
25m: 25.05 25.05	125m: 2:25.16	31.67		225m: 4:28.48	31.15	325m: 6:31.55	30.95			
50m: 53.49 28.44	150m: 2:56.02	30.86		250m: 4:59.37	30.89	350m: 7:02.12	30.57			
75m: 1:23.20 29.71	175m: 3:26.60	30.58		275m: 5:30.03	30.66	375m: 7:30.42	28.30			
100m: 1:53.49 30.29	200m: 3:57.33	30.73		300m: 6:00.60	30.57	400m: 7:56.97	26.55			
3. MOREIRA Carina Barbosa	81	S21		Propaganda da Natacao				9:46.09	67	6,00
25m: 30.52 30.52	125m: 2:55.06	36.49		225m: 5:23.91	37.36	325m: 7:54.09	36.08			
50m: 1:05.97 35.45	150m: 3:31.70	36.64		250m: 6:02.56	38.65	350m: 8:33.02	38.93			
75m: 1:41.84 35.87	175m: 4:08.49	36.79		275m: 6:39.65	37.09	375m: 9:08.45	35.43			
100m: 2:18.57 36.73	200m: 4:46.55	38.06		300m: 7:18.01	38.36	400m: 9:46.09	37.64			

Classe S21 (SDown)-Seniores

1. TORRES Diana Ines	99	S21	W	Fluvial Portuense				7:52.15	129	9,00
25m: 26.97 26.97	125m: 2:21.86	29.55		225m: 4:20.49	29.65	325m: 6:20.83	30.86			
50m: 54.29 27.32	150m: 2:51.17	29.31		250m: 4:50.06	29.57	350m: 6:51.79	30.96			
75m: 1:23.27 28.98	175m: 3:21.49	30.32		275m: 5:19.99	29.93	375m: 7:22.15	30.36			
100m: 1:52.31 29.04	200m: 3:50.84	29.35		300m: 5:49.97	29.98	400m: 7:52.15	30.00			
2. REIS Adriana Godinho	95	S21		Feira Viva				7:56.97	125	7,00
25m: 25.05 25.05	125m: 2:25.16	31.67		225m: 4:28.48	31.15	325m: 6:31.55	30.95			
50m: 53.49 28.44	150m: 2:56.02	30.86		250m: 4:59.37	30.89	350m: 7:02.12	30.57			
75m: 1:23.20 29.71	175m: 3:26.60	30.58		275m: 5:30.03	30.66	375m: 7:30.42	28.30			
100m: 1:53.49 30.29	200m: 3:57.33	30.73		300m: 6:00.60	30.57	400m: 7:56.97	26.55			
3. MOREIRA Carina Barbosa	81	S21		Propaganda da Natacao				9:46.09	67	6,00
25m: 30.52 30.52	125m: 2:55.06	36.49		225m: 5:23.91	37.36	325m: 7:54.09	36.08			
50m: 1:05.97 35.45	150m: 3:31.70	36.64		250m: 6:02.56	38.65	350m: 8:33.02	38.93			
75m: 1:41.84 35.87	175m: 4:08.49	36.79		275m: 6:39.65	37.09	375m: 9:08.45	35.43			
100m: 2:18.57 36.73	200m: 4:46.55	38.06		300m: 7:18.01	38.36	400m: 9:46.09	37.64			