

Prova 24 Femin., 200m Costas Absoluto
04-02-2018 - 9:35 Resultados

S14	3:54.48	CARDOSO Vera Lucia	SCE	Mealhada	19-02-2017
S15	59:00.00	start			
S21	3:35.19	NG Mannie	POR	Albufeira	30-11-2008

S14 Esp: 5:58.75; Sen: 5:51.72 / S15 Esp: 2:58.89; Sen: 2:54.53 / S21 Esp: 5:29.24; Sen: 5:22.79

Pontos: IPC NED S14

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S14-Absoluto

1.	CARDOSO Vera Lucia	00	S14		Sporting de Espinho	3:38.42	307	9,00
	<i>Rec Nac Classe S14</i>							
	25m: 24.50	24.50	75m: 1:17.55	26.44	125m: 2:14.69	28.36	175m: 3:13.22	28.32
	50m: 51.11	26.61	100m: 1:46.33	28.78	150m: 2:44.90	30.21	200m: 3:38.42	25.20
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	4:13.26	197	7,00
	25m: 28.02	28.02	75m: 1:30.02	31.94	125m: 2:34.67	32.69	175m: 3:41.64	35.46
	50m: 58.08	30.06	100m: 2:01.98	31.96	150m: 3:06.18	31.51	200m: 4:13.26	31.62
3.	REGO Joana Candeias	04	S14		ADADA Porto	5:00.63	118	9,00
	25m: 28.83	28.83	75m: 1:42.77	38.41	125m: 3:04.40	41.84	175m: 4:18.54	35.65
	50m: 1:04.36	35.53	100m: 2:22.56	39.79	150m: 3:42.89	38.49	200m: 5:00.63	42.09
4.	ROCHA Catarina Blanc	91	S14		Porto	5:33.01	87	6,00
	25m: 28.97	28.97	75m: 1:51.94	42.43	125m: 3:19.78	43.95	175m: 4:46.81	44.89
	50m: 1:09.51	40.54	100m: 2:35.83	43.89	150m: 4:01.92	42.14	200m: 5:33.01	46.20

Classe S14-Esperanças

1.	REGO Joana Candeias	04	S14		ADADA Porto	5:00.63	118	9,00
	25m: 28.83	28.83	75m: 1:42.77	38.41	125m: 3:04.40	41.84	175m: 4:18.54	35.65
	50m: 1:04.36	35.53	100m: 2:22.56	39.79	150m: 3:42.89	38.49	200m: 5:00.63	42.09

Classe S14-Seniores

1.	CARDOSO Vera Lucia	00	S14		Sporting de Espinho	3:38.42	307	9,00
	<i>Rec Nac Classe S14</i>							
	25m: 24.50	24.50	75m: 1:17.55	26.44	125m: 2:14.69	28.36	175m: 3:13.22	28.32
	50m: 51.11	26.61	100m: 1:46.33	28.78	150m: 2:44.90	30.21	200m: 3:38.42	25.20
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	4:13.26	197	7,00
	25m: 28.02	28.02	75m: 1:30.02	31.94	125m: 2:34.67	32.69	175m: 3:41.64	35.46
	50m: 58.08	30.06	100m: 2:01.98	31.96	150m: 3:06.18	31.51	200m: 4:13.26	31.62
3.	ROCHA Catarina Blanc	91	S14		Porto	5:33.01	87	6,00
	25m: 28.97	28.97	75m: 1:51.94	42.43	125m: 3:19.78	43.95	175m: 4:46.81	44.89
	50m: 1:09.51	40.54	100m: 2:35.83	43.89	150m: 4:01.92	42.14	200m: 5:33.01	46.20

Classe S21 (SDown)-Absoluto

DSQ	TORRES Diana Ines	99	S21	W	Fluvial Portuense	-		
	<i>3.3.5 - O(A) atleta interrompe o movimento contínuo dos braços, antes da viragem dos 175 metros</i>							

Prova 24, Femin., 200m Costas

Classe S21 (SDown)-Seniores

DSQ TORRES Diana Ines 99 S21 W Fluvial Portuense -

3.3.5 - O(A) atleta interrompe o movimento contínuo dos braços, antes da viragem dos 175 metros