



XX Campeonato Nacional Masters de Verão - OPEN
Loulé, 13- - 15-7-2018

Prova 1
13-07-2018

Femin., 800m Livres

Master Esc A
Resultados

RN A(25-29) 10:12.96 LEITE Ana Filipa AAC Oeiras 01-07-2011

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	RODRIGUES Joana Aguiar	93	Porto	10:29.22		677	9,00
	100m: 1:10.80 1:10.80 300m: 3:48.00 1:19.06 500m: 6:28.75 1:20.49 700m: 9:10.36 1:20.69 200m: 2:28.94 1:18.14 400m: 5:08.26 1:20.26 600m: 7:49.67 1:20.92 800m: 10:29.22 1:18.86						
2.	BARBOSA Gilberta Cristina	93	Foca	10:41.06		640	7,00
	100m: 1:11.08 1:11.08 300m: 3:51.79 1:21.44 500m: 6:35.36 1:21.82 700m: 9:19.66 1:22.39 200m: 2:30.35 1:19.27 400m: 5:13.54 1:21.75 600m: 7:57.27 1:21.91 800m: 10:41.06 1:21.40						
3.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	11:38.13		495	6,00
	100m: 1:14.74 1:14.74 300m: 4:09.98 1:29.46 500m: 7:10.79 1:30.12 700m: 10:10.93 1:29.24 200m: 2:40.52 1:25.78 400m: 5:40.67 1:30.69 600m: 8:41.69 1:30.90 800m: 11:38.13 1:27.20						
4.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	11:53.76		464	5,00
	100m: 1:20.72 1:20.72 300m: 4:18.19 1:28.92 500m: 7:19.35 1:30.79 700m: 10:23.38 1:32.22 200m: 2:49.27 1:28.55 400m: 5:48.56 1:30.37 600m: 8:51.16 1:31.81 800m: 11:53.76 1:30.38						
5.	MENDES Ana Rita	91	Geslours	11:56.56		458	4,00
	100m: 1:18.51 1:18.51 300m: 4:19.22 1:30.23 500m: 7:21.32 1:30.50 700m: 10:26.82 1:32.43 200m: 2:48.99 1:30.48 400m: 5:50.82 1:31.60 600m: 8:54.39 1:33.07 800m: 11:56.56 1:29.74						
6.	SANTOS Miriam Rodrigues	91	Masters de Almada	12:05.39		442	3,00
	100m: 1:20.52 1:20.52 300m: 4:22.99 1:32.45 500m: 7:32.33 1:34.59 700m: 10:37.36 1:31.67 200m: 2:50.54 1:30.02 400m: 5:57.74 1:34.75 600m: 9:05.69 1:33.36 800m: 12:05.39 1:28.03						
7.	MARTINS Joana Catarina	92	Propaganda da Natacao	12:18.46		418	2,00
	100m: 1:22.94 1:22.94 300m: 4:35.52 1:36.66 500m: 7:41.26 1:30.34 700m: 10:49.15 1:34.22 200m: 2:58.86 1:35.92 400m: 6:10.92 1:35.40 600m: 9:14.93 1:33.67 800m: 12:18.46 1:29.31						
8.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	12:18.71		418	1,00
	100m: 1:25.85 1:25.85 300m: 4:36.78 1:35.13 500m: 7:44.26 1:33.09 700m: 10:48.99 1:32.54 200m: 3:01.65 1:35.80 400m: 6:11.17 1:34.39 600m: 9:16.45 1:32.19 800m: 12:18.71 1:29.72						
9.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	12:57.62		358	-
	100m: 1:25.98 1:25.98 300m: 4:37.87 1:36.65 500m: 7:55.53 1:39.46 700m: 11:17.89 1:41.51 200m: 3:01.22 1:35.24 400m: 6:16.07 1:38.20 600m: 9:36.38 1:40.85 800m: 12:57.62 1:39.73						
10.	CARMONA Sara Sofia	89	Ginasio Clube	13:00.78		354	-
	100m: 1:26.35 1:26.35 300m: 4:45.08 1:40.35 500m: 8:05.41 1:39.79 700m: 11:26.19 1:40.64 200m: 3:04.73 1:38.38 400m: 6:25.62 1:40.54 600m: 9:45.55 1:40.14 800m: 13:00.78 1:34.59						
11.	ALVES Filipa Ramalho	91	Geslours	14:22.97		262	-
	100m: 1:37.08 1:37.08 300m: 5:14.94 1:50.74 500m: 8:58.02 1:52.04 700m: 12:38.72 1:50.79 200m: 3:24.20 1:47.12 400m: 7:05.98 1:51.04 600m: 10:47.93 1:49.91 800m: 14:22.97 1:44.25						



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Prova 1, Femin., 800m Livres

Prova 1
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Femin., 800m Livres

Master Esc B
Resultados

RN B(30-34) 9:37.05 GRILO Ana Paula UDCA Millau (FRA) 26-08-2003

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SOUZA Keissy Joselin	85	Porto	10:56.52		666	9,00
	100m: 1:15.83 1:15.83	300m: 3:59.81 1:22.15	500m: 6:45.98 1:23.67	700m: 9:35.00 1:24.40			
	200m: 2:37.66 1:21.83	400m: 5:22.31 1:22.50	600m: 8:10.60 1:24.62	800m: 10:56.52 1:21.52			
2.	ALVES Joana Isabel	88	Porto	11:03.84		644	7,00
	100m: 1:17.92 1:17.92	300m: 4:07.63 1:25.62	500m: 6:56.04 1:23.69	700m: 9:44.03 1:23.97			
	200m: 2:42.01 1:24.09	400m: 5:32.35 1:24.72	600m: 8:20.06 1:24.02	800m: 11:03.84 1:19.81			
3.	RODRIGUES Sara Daniela	87	Galitos / Bresimar	11:43.75		541	6,00
	100m: 1:21.00 1:21.00	300m: 4:17.53 1:29.17	500m: 7:15.80 1:29.45	700m: 10:15.18 1:28.77			
	200m: 2:48.36 1:27.36	400m: 5:46.35 1:28.82	600m: 8:46.41 1:30.61	800m: 11:43.75 1:28.57			
4.	ROCHA Ana Margarida	86	Galitos / Bresimar	12:03.33		498	5,00
	100m: 1:20.27 1:20.27	300m: 4:21.47 1:31.68	500m: 7:27.77 1:33.76	700m: 10:34.15 1:32.86			
	200m: 2:49.79 1:29.52	400m: 5:54.01 1:32.54	600m: 9:01.29 1:33.52	800m: 12:03.33 1:29.18			
5.	LUCAS Mariana Sa	84	Litoral Alentejano	12:10.65		483	4,00
	100m: 1:21.68 1:21.68	300m: 4:26.26 1:33.03	500m: 7:32.68 1:33.35	700m: 10:40.05 1:33.60			
	200m: 2:53.23 1:31.55	400m: 5:59.33 1:33.07	600m: 9:06.45 1:33.77	800m: 12:10.65 1:30.60			
6.	FOUGO Rita Claudia	88	Natacao da Maia	12:11.10		482	3,00
	100m: 1:15.81 1:15.81	300m: 4:13.67 1:30.84	500m: 7:22.69 1:35.55	700m: 10:37.15 1:37.83			
	200m: 2:42.83 1:27.02	400m: 5:47.14 1:33.47	600m: 8:59.32 1:36.63	800m: 12:11.10 1:33.95			
7.	PINTO Rita Loureiro	85	Ginasio Clube	12:31.42		444	2,00
	100m: 1:24.91 1:24.91	300m: 4:36.15 1:36.19	500m: 7:47.41 1:34.89	700m: 10:58.92 1:36.17			
	200m: 2:59.96 1:35.05	400m: 6:12.52 1:36.37	600m: 9:22.75 1:35.34	800m: 12:31.42 1:32.50			
8.	MARQUES Patricia Alexandra	87	Salesianos	13:23.39		363	1,00
	100m: 1:33.22 1:33.22	300m: 4:56.48 1:42.52	500m: 8:20.96 1:41.24	700m: 11:42.25 1:40.79			
	200m: 3:13.96 1:40.74	400m: 6:39.72 1:43.24	600m: 10:01.46 1:40.50	800m: 13:23.39 1:41.14			
9.	BARBOSA Ana Raquel	88	Geslours	13:55.87		322	-
	100m: 1:36.00 1:36.00	300m: 5:08.02 1:46.10	500m: 8:39.66 1:45.17	700m: 12:11.27 1:45.55			
	200m: 3:21.92 1:45.92	400m: 6:54.49 1:46.47	600m: 10:25.72 1:46.06	800m: 13:55.87 1:44.60			
10.	REIS Ana Catarina	87	Propaganda da Natacao	14:24.36		292	-
	100m: 1:30.35 1:30.35	300m: 5:00.43 1:46.64	500m: 8:40.56 1:51.85	700m: 12:31.98 1:55.43			
	200m: 3:13.79 1:43.44	400m: 6:48.71 1:48.28	600m: 10:36.55 1:55.99	800m: 14:24.36 1:52.38			

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Prova 1, Femin., 800m Livres

Prova 1
13-07-2018

Femin., 800m Livres

Master Esc C
Resultados

RN C(35-39) 9:30.91 GRILO Ana Paula UDCA Stanford (USA) 04-08-2006

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	11:39.13		576	9,00
	100m: 1:19.76 1:19.76	300m: 4:19.85 1:29.43	500m: 7:18.27 1:28.93	700m: 10:14.77 1:27.63			
	200m: 2:50.42 1:30.66	400m: 5:49.34 1:29.49	600m: 8:47.14 1:28.87	800m: 11:39.13 1:24.36			
2.	INACIO Alexandra Adelinovna	83	Colegio Monte Maior	12:26.35		473	7,00
	100m: 1:24.84 1:24.84	300m: 4:35.52 1:35.69	500m: 7:45.41 1:34.59	700m: 10:53.56 1:34.47			
	200m: 2:59.83 1:34.99	400m: 6:10.82 1:35.30	600m: 9:19.09 1:33.68	800m: 12:26.35 1:32.79			
3.	FONSECA Maria Ana	82	Fluvial Portuense	12:34.99		457	6,00
	100m: 1:26.26 1:26.26	300m: 4:36.43 1:35.90	500m: 7:48.93 1:35.84	700m: 11:01.54 1:36.30			
	200m: 3:00.53 1:34.27	400m: 6:13.09 1:36.66	600m: 9:25.24 1:36.31	800m: 12:34.99 1:33.45			
4.	GUEDES Ana Dalte	80	Leixoes	12:57.18		419	5,00
	100m: 1:29.16 1:29.16	300m: 4:47.13 1:39.86	500m: 8:05.60 1:38.99	700m: 11:22.59 1:38.13			
	200m: 3:07.27 1:38.11	400m: 6:26.61 1:39.48	600m: 9:44.46 1:38.86	800m: 12:57.18 1:34.59			
5.	CRISTOVAO Joana Silva	81	FC Ferreiras/AlgarExperience	13:28.09		373	4,00
	100m: 1:36.15 1:36.15	300m: 5:02.38 1:42.84	500m: 8:26.45 1:41.80	700m: 11:49.65 1:40.94			
	200m: 3:19.54 1:43.39	400m: 6:44.65 1:42.27	600m: 10:08.71 1:42.26	800m: 13:28.09 1:38.44			
6.	COSTA Lilia Dulce	81	Fafe	13:35.78		362	3,00
	100m: 1:26.71 1:26.71	300m: 4:51.59 1:42.96	500m: 8:22.83 1:45.89	700m: 11:52.16 1:42.90			
	200m: 3:08.63 1:41.92	400m: 6:36.94 1:45.35	600m: 10:09.26 1:46.43	800m: 13:35.78 1:43.62			
7.	FERREIRA Marta Martins	79	Funcao Publica	14:12.46		317	2,00
	100m: 1:39.35 1:39.35	300m: 5:16.89 1:48.81	500m: 8:53.08 1:47.94	700m: 12:28.31 1:46.83			
	200m: 3:28.08 1:48.73	400m: 7:05.14 1:48.25	600m: 10:41.48 1:48.40	800m: 14:12.46 1:44.15			
8.	MACHADO Maria Margarida	81	Vila DEste/Gaia	14:47.00		282	1,00
	50m: 1:36.43	250m: 5:18.68	450m: 9:06.57	650m: 12:55.00			
	100m: 1:36.43	300m: 5:18.68	500m: 9:06.57	700m: 12:55.00			
	150m: 3:26.37	350m: 7:12.57	550m: 11:01.33	750m: 14:47.00			
	200m: 3:26.37	400m: 7:12.57	600m: 11:01.33	800m: 14:47.00			
9.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	15:13.87		258	-
	100m: 1:46.33 1:46.33	300m: 5:36.86 1:56.69	500m: 9:30.70 1:56.48	700m: 13:20.71 1:54.28			
	200m: 3:40.17 1:53.84	400m: 7:34.22 1:57.36	600m: 11:26.43 1:55.73	800m: 15:13.87 1:53.16			
10.	LEITE Joana Isabel	80	Fluvial Portuense	18:49.18		136	-
	50m: 2:02.08	250m: 6:56.78	450m: 11:48.68	650m: 16:33.15			
	100m: 2:02.08	300m: 6:56.78	500m: 11:48.68	700m: 16:33.15			
	150m: 4:32.59	350m: 9:23.15	550m: 14:12.65	750m: 18:49.18			
	200m: 4:32.59	400m: 9:23.15	600m: 14:12.65	800m: 18:49.18			

ORGANIZAÇÃO



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XX Campeonato Nacional Masters de Verão - OPEN
Loulé, 13- - 15-7-2018

Prova 1, Femin., 800m Livres

Prova 1	Femin., 800m Livres	Master Esc D
13-07-2018		Resultados

RN D(40-44)	10:27.37	GRILO Ana Paula	INDALEN	Oeiras	01-07-2011
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	DSV	Pts
1.	PEPONI Laura	76	Real Canoe	10:55.19		722		9,00
	100m: 1:14.29 1:14.29	300m: 3:59.18 1:23.15	500m: 6:46.45 1:23.86	700m: 9:34.69 1:24.36				
	200m: 2:36.03 1:21.74	400m: 5:22.59 1:23.41	600m: 8:10.33 1:23.88	800m: 10:55.19 1:20.50				
2.	BARBARA Carla Santa	75	Porto	11:04.30		693		7,00
	100m: 1:13.54 1:13.54	300m: 3:59.66 1:23.61	500m: 6:49.72 1:25.02	700m: 9:40.14 1:25.11				
	200m: 2:36.05 1:22.51	400m: 5:24.70 1:25.04	600m: 8:15.03 1:25.31	800m: 11:04.30 1:24.16				
3.	FERNANDES Filipa Cristina	76	Geslours	12:04.78		534		6,00
	100m: 1:21.54 1:21.54	300m: 4:25.01 1:32.68	500m: 7:29.90 1:32.03	700m: 10:34.77 1:32.30				
	200m: 2:52.33 1:30.79	400m: 5:57.87 1:32.86	600m: 9:02.47 1:32.57	800m: 12:04.78 1:30.01				
4.	SILVA Ana Sofia	78	Fluvial Portuense	12:40.60		462		5,00
	100m: 1:22.53 1:22.53	300m: 4:29.84 1:35.59	500m: 7:44.21 1:37.75	700m: 11:02.18 1:39.39				
	200m: 2:54.25 1:31.72	400m: 6:06.46 1:36.62	600m: 9:22.79 1:38.58	800m: 12:40.60 1:38.42				
5.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	13:17.02		401		4,00
	100m: 1:25.62 1:25.62	300m: 4:43.91 1:41.13	500m: 8:07.82 1:42.30	700m: 11:34.65 1:43.99				
	200m: 3:02.78 1:37.16	400m: 6:25.52 1:41.61	600m: 9:50.66 1:42.84	800m: 13:17.02 1:42.37				
6.	GONCALVES Patricia Isabel	78	Fluvial Portuense	13:54.58		349		3,00
	100m: 1:30.18 1:30.18	300m: 5:02.78 1:48.21	500m: 8:41.06 1:48.94	700m: 12:14.17 1:45.86				
	200m: 3:14.57 1:44.39	400m: 6:52.12 1:49.34	600m: 10:28.31 1:47.25	800m: 13:54.58 1:40.41				
7.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	15:37.84		246		2,00
	50m:	250m:	450m:	650m:				
	100m: 1:51.45	300m: 5:50.59	500m: 9:49.42	700m: 13:45.72				
	150m:	350m:	550m:	750m:				
	200m: 3:50.81	400m: 7:51.01	600m:	800m: 15:37.84				
DNS	AVELANS Carla Susana	75	Fluvial Portuense					

Prova 1	Femin., 800m Livres	Master Esc E
13-07-2018		Resultados

RN E(45-49)	11:08.06	GRILO Ana Paula	NDCO	Swansea (GBR)	08-03-2014
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	ROTHES Ines Maria	73	Fluvial Portuense	11:09.99		650	9,00
	100m: 1:19.43 1:19.43	300m: 4:08.12 1:24.45	500m: 6:58.33 1:24.82	700m: 9:47.16 1:24.50			
	200m: 2:43.67 1:24.24	400m: 5:33.51 1:25.39	600m: 8:22.66 1:24.33	800m: 11:09.99 1:22.83			
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	11:40.48		569	7,00
	100m: 1:21.32 1:21.32	300m: 4:17.86 1:28.63	500m: 7:15.56 1:29.55	700m: 10:14.24 1:29.07			
	200m: 2:49.23 1:27.91	400m: 5:46.01 1:28.15	600m: 8:45.17 1:29.61	800m: 11:40.48 1:26.24			
3.	DEL RIO REDONDO Emma	69	Real Canoe	12:30.33		463	6,00
	100m: 1:24.06 1:24.06	300m: 4:33.51 1:34.82	500m: 7:46.14 1:36.70	700m: 10:58.47 1:36.03			
	200m: 2:58.69 1:34.63	400m: 6:09.44 1:35.93	600m: 9:22.44 1:36.30	800m: 12:30.33 1:31.86			



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Prova 1, Femin., 800m Livres, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
4.	HEWETT Maria Silvia	70	Fluvial Portuense	13:49.00		343	5,00
	100m: 1:35.68 1:35.68	300m: 5:06.30 1:46.22	500m: 8:39.83 1:46.55	700m: 12:07.88 1:41.80			
	200m: 3:20.08 1:44.40	400m: 6:53.28 1:46.98	600m: 10:26.08 1:46.25	800m: 13:49.00 1:41.12			
5.	DECOCQ Sandra	72	Salesianos	14:00.27		329	4,00
	100m: 1:30.63 1:30.63	300m: 5:00.27 1:46.49	500m: 8:34.88 1:47.71	700m: 12:14.31 1:50.09			
	200m: 3:13.78 1:43.15	400m: 6:47.17 1:46.90	600m: 10:24.22 1:49.34	800m: 14:00.27 1:45.96			
6.	BLANCO Catarina Araujo	71	Fluvial Portuense	14:10.17		318	3,00
	100m: 1:51.56 1:51.56	300m: 5:29.34 1:47.34	500m: 9:01.21 1:45.00	700m: 12:31.68 1:44.68			
	200m: 3:42.00 1:50.44	400m: 7:16.21 1:46.87	600m: 10:47.00 1:45.79	800m: 14:10.17 1:38.49			
7.	YATES Emma Leonora	71	Alges	14:36.42		290	2,00
	100m: 1:38.99 1:38.99	300m: 5:22.90 1:53.72	500m: 9:07.09 1:51.85	700m: 12:50.34 1:51.87			
	200m: 3:29.18 1:50.19	400m: 7:15.24 1:52.34	600m: 10:58.47 1:51.38	800m: 14:36.42 1:46.08			
8.	SANTINHA Fernanda Maria	72	Masters de Almada	14:57.81		270	1,00
	100m: 1:41.09 1:41.09	300m: 5:24.80 1:52.83	500m: 9:12.90 1:54.15	700m: 13:04.08 1:55.62			
	200m: 3:31.97 1:50.88	400m: 7:18.75 1:53.95	600m: 11:08.46 1:55.56	800m: 14:57.81 1:53.73			
9.	AGANTE Luisa Lopes	71	Ginasio Clube	15:27.16		245	-
	100m: 1:41.21 1:41.21	300m: 5:36.81 2:00.26	500m: 9:34.95 1:59.52	700m: 13:33.56 1:58.78			
	200m: 3:36.55 1:55.34	400m: 7:35.43 1:58.62	600m: 11:34.78 1:59.83	800m: 15:27.16 1:53.60			
10.	BARBARA Ana Bernardo	70	Portinado	15:55.34		224	-
	100m: 1:47.94 1:47.94	300m: 5:50.81 2:04.35	500m: 9:59.07 2:04.38	700m: 14:00.86 2:00.62			
	200m: 3:46.46 1:58.52	400m: 7:54.69 2:03.88	600m: 12:00.24 2:01.17	800m: 15:55.34 1:54.48			
11.	PINTO Isabel Maria	72	Fluvial Portuense	19:20.59		125	-
	100m: 2:18.72 2:18.72	300m: 7:08.80 2:24.88	500m: 12:02.84 2:28.02	700m: 16:59.74 2:28.88			
	200m: 4:43.92 2:25.20	400m: 9:34.82 2:26.02	600m: 14:30.86 2:28.02	800m: 19:20.59 2:20.85			

Prova 1
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Master Esc F
Resultados

RN F(50-54)	11:38.03	KRAEVA Elena Nikolaevna	CIMM	Oeiras	01-07-2011
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERREIRA Isabel Baptista	67	Colegio Monte Maior	12:09.69		601	9,00
	100m: 1:25.99 1:25.99	300m: 4:32.98 1:33.63	500m: 7:36.24 1:31.72	700m: 10:38.96 1:31.44			
	200m: 2:59.35 1:33.36	400m: 6:04.52 1:31.54	600m: 9:07.52 1:31.28	800m: 12:09.69 1:30.73			
2.	MIRANDA Laura Manuela	67	Colegio Monte Maior	12:25.55		563	7,00
	100m: 1:27.97 1:27.97	300m: 4:36.19 1:33.82	500m: 7:45.21 1:34.51	700m: 10:54.15 1:34.48			
	200m: 3:02.37 1:34.40	400m: 6:10.70 1:34.51	600m: 9:19.67 1:34.46	800m: 12:25.55 1:31.40			
3.	SEQUEIRA Ana Paula	68	Gafanha da Encarnacao	12:51.42		508	6,00
	100m: 1:27.40 1:27.40	300m: 4:44.65 1:39.04	500m: 8:02.72 1:39.34	700m: 11:18.69 1:36.93			
	200m: 3:05.61 1:38.21	400m: 6:23.38 1:38.73	600m: 9:41.76 1:39.04	800m: 12:51.42 1:32.73			
4.	TABORDA Maria Joao	67	Porto	14:28.45		356	5,00
	50m: 1:39.60	250m: 5:15.18	450m: 8:55.37	650m: 12:38.28			
	100m: 3:27.37	300m: 7:05.48	500m: 10:46.73	700m: 14:28.45			
	150m: 3:27.37	350m: 7:05.48	550m: 10:46.73	750m: 14:28.45			
	200m: 3:27.37	400m: 7:05.48	600m: 10:46.73	800m: 14:28.45			

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Prova 1, Femin., 800m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
5.	CUNHA Maria Trigueiros	64	Leixoes	15:43.00		278	4,00
	100m: 1:39.86 1:39.86	300m: 5:35.33 1:59.92	500m: 9:42.22 2:04.57	700m: 13:47.19 2:03.35			
	200m: 3:35.41 1:55.55	400m: 7:37.65 2:02.32	600m: 11:43.84 2:01.62	800m: 15:43.00 1:55.81			
6.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	15:48.30		273	3,00
	100m: 1:38.46 1:38.46	300m: 5:34.17 2:01.86	500m: 9:40.78 2:02.66	700m: 13:47.76 2:03.64			
	200m: 3:32.31 1:53.85	400m: 7:38.12 2:03.95	600m: 11:44.12 2:03.34	800m: 15:48.30 2:00.54			
7.	MARTINS Delfina Maria	66	Ginasio Santo Tirso	17:34.91		198	2,00
	100m: 2:05.13 2:05.13	300m: 6:30.69 2:12.92	500m: 10:56.98 2:13.08	700m: 15:22.74 2:13.28			
	200m: 4:17.77 2:12.64	400m: 8:43.90 2:13.21	600m: 13:09.46 2:12.48	800m: 17:34.91 2:12.17			
8.	MOTA Anabela Verissimo	66	Amigos da Natacao	18:51.83		161	1,00
	100m: 2:10.28 2:10.28	300m: 6:54.69 2:22.47	500m: 11:44.38 2:26.60	700m: 16:38.86 2:28.03			
	200m: 4:32.22 2:21.94	400m: 9:17.78 2:23.09	600m: 14:10.83 2:26.45	800m: 18:51.83 2:12.97			
9.	RIBEIRO Violante Isabel	67	Alges	19:50.91		138	-
	100m: 2:00.87 2:00.87	300m: 6:57.65 2:31.11	500m: 12:11.70 2:36.59	700m: 17:20.29 2:33.88			
	200m: 4:26.54 2:25.67	400m: 9:35.11 2:37.46	600m: 14:46.41 2:34.71	800m: 19:50.91 2:30.62			

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Resultados

RN G(55-59) 11:52.30 KRAEVA Elena Nikolaevna ADCRIMM Famalicão 07-07-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	KRAEVA Elena Nikolaevna Rec Nac Esc G	61	Colegio Monte Maior	11:40.48		731	9,00
	100m: 1:23.29 1:23.29	300m: 4:20.01 1:27.89	500m: 7:18.08 1:29.41	700m: 10:14.74 1:28.17			
	200m: 2:52.12 1:28.83	400m: 5:48.67 1:28.66	600m: 8:46.57 1:28.49	800m: 11:40.48 1:25.74			
2.	FERNANDES Maria Santos	62	Leixoes	14:24.51		389	7,00
	100m: 1:40.54 1:40.54	300m: 5:18.75 1:49.60	500m: 8:59.74 1:50.23	700m: 12:38.67 1:49.13			
	200m: 3:29.15 1:48.61	400m: 7:09.51 1:50.76	600m: 10:49.54 1:49.80	800m: 14:24.51 1:45.84			
3.	MAXIMO Maria Fatima	62	Aminata	14:40.78		368	6,00
	100m: 1:41.06 1:41.06	300m: 5:24.23 1:52.22	500m: 9:08.74 1:52.21	700m: 12:51.77 1:50.60			
	200m: 3:32.01 1:50.95	400m: 7:16.53 1:52.30	600m: 11:01.17 1:52.43	800m: 14:40.78 1:49.01			
4.	CANINAS Maria Madalena	63	Masters de Almada	15:02.26		342	5,00
	100m: 1:44.96 1:44.96	300m: 5:40.10 1:57.58	500m: 9:31.86 1:55.16	700m: 13:17.87 1:52.31			
	200m: 3:42.52 1:57.56	400m: 7:36.70 1:56.60	600m: 11:25.56 1:53.70	800m: 15:02.26 1:44.39			
5.	GIAO Wanda Maria	62	Portinado	15:58.19		285	4,00
	100m: 1:48.43 1:48.43	300m: 5:50.17 2:03.37	500m: 9:57.80 2:03.53	700m: 14:03.00 2:00.74			
	200m: 3:46.80 1:58.37	400m: 7:54.27 2:04.10	600m: 12:02.26 2:04.46	800m: 15:58.19 1:55.19			
6.	NETO Maria Manuela	62	Natacao da Maia	16:13.03		272	3,00
	100m: 1:48.88 1:48.88	300m: 5:57.63 2:04.54	500m: 10:04.93 2:03.09	700m: 14:12.72 2:04.18			
	200m: 3:53.09 2:04.21	400m: 8:01.84 2:04.21	600m: 12:08.54 2:03.61	800m: 16:13.03 2:00.31			
7.	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	20:02.94		144	2,00
	100m: 2:16.36 2:16.36	300m: 7:20.45 2:33.31	500m: 12:28.22 2:33.90	700m: 17:35.52 2:33.78			
	200m: 4:47.14 2:30.78	400m: 9:54.32 2:33.87	600m: 15:01.74 2:33.52	800m: 20:02.94 2:27.42			

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Prova 1, Femin., 800m Livres

Prova 1
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Master Esc H
Resultados

RN H(60-64) 12:46.28 FERREIRA Ana Maria SAD Riccione (ITA) 10-06-2012

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	PINTAO Luisa Maria	54	Nadadores dos Estoris	15:28.92		441	9,00
	100m: 1:48.24 1:48.24	300m: 5:43.63 1:57.88	500m: 9:38.36 1:56.70	700m: 13:34.58 1:57.62			
	200m: 3:45.75 1:57.51	400m: 7:41.66 1:58.03	600m: 11:36.96 1:58.60	800m: 15:28.92 1:54.34			

Prova 1
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Master Esc I
Resultados

RN I(65-69) 13:05.16 FERREIRA Ana Maria SAD London (GBR) 25-05-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERREIRA Ana Maria	50	Alges	13:20.07		803	9,00
	100m: 1:35.87 1:35.87	300m: 4:58.87 1:40.83	500m: 8:21.30 1:41.50	700m: 11:42.81 1:41.04			
	200m: 3:18.04 1:42.17	400m: 6:39.80 1:40.93	600m: 10:01.77 1:40.47	800m: 13:20.07 1:37.26			

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Master Esc J
Resultados

RN J(70-74) 59:00.00

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BASTO Luisa Bessone	44	Alges	15:38.24		599	9,00
	100m: 1:42.92 1:42.92	300m: 5:42.27 2:01.01	500m: 9:42.75 2:00.70	700m: 13:42.90 1:58.72			
	200m: 3:41.26 1:58.34	400m: 7:42.05 1:59.78	600m: 11:44.18 2:01.43	800m: 15:38.24 1:55.34			

Rec Nac Esc J

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