

Prova 6 Femin., 200m Costas 16 anos e mais velhos  
08-12-2017 - 18:05 Resultados Final

Rec Nac 25m Absoluto	2:10.55	FRISCHKNECHT Rita Barros	SAD	Algés	18-06-2017
Rec Nac 25m Jun16	2:12.80	CHAVES Petra Quintela	SAD	Algés	31-05-1994
Rec Nac 25m Jun17	2:12.52	FRISCHKNECHT Rita Barros	SAD	Porto	21-12-2014
Rec Nac 25m Sen	2:10.55	FRISCHKNECHT Rita Barros	SAD	Algés	18-06-2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac
<b>Juniores</b>					
<b>Final</b>					
1.	AZEVEDO Rafaela Gomes	02	Alges	<b>2:15.36</b>	+0,73
	50m: 31.23 31.23	100m: 1:05.55 34.32	150m: 1:40.98 35.43	200m: 2:15.36 34.38	
2.	FERREIRA Anna Baptista	01	Alges	<b>2:16.68</b>	+0,69
	50m: 32.19 32.19	100m: 1:06.77 34.58	150m: 1:41.84 35.07	200m: 2:16.68 34.84	
3.	ROCHA Ines Neto	01	Aquatico Pacense	<b>2:18.82</b>	+0,70
	50m: 32.67 32.67	100m: 1:08.14 35.47	150m: 1:44.47 36.33	200m: 2:18.82 34.35	
4.	RAMOS Ana Rita	02	Porto	<b>2:19.58</b>	+0,64
	50m: 32.75 32.75	100m: 1:07.53 34.78	150m: 1:43.70 36.17	200m: 2:19.58 35.88	
5.	RODRIGUES Filipa Serrano	01	Benfica	<b>2:19.86</b>	+0,62
	50m: 32.88 32.88	100m: 1:08.03 35.15	150m: 1:44.25 36.22	200m: 2:19.86 35.61	
6.	GRILO Filipa Bile	01	Benfica	<b>2:22.10</b>	+0,73
	50m: 33.44 33.44	100m: 1:09.15 35.71	150m: 1:46.03 36.88	200m: 2:22.10 36.07	
7.	CARDEAL Joana Nunes	02	Academico Viseu	<b>2:22.74</b>	+0,69
	50m: 33.52 33.52	100m: 1:09.97 36.45	150m: 1:46.85 36.88	200m: 2:22.74 35.89	
8.	CARVALHO Maria Joao	02	Portinado	<b>2:22.93</b>	
	50m: 33.41 33.41	100m: 1:09.76 36.35	150m: 1:46.46 36.70	200m: 2:22.93 36.47	
9.	MARTINS Maria Esteves	01	Galitos / Bresimar	<b>2:23.09</b>	+0,74
	50m: 33.70 33.70	100m: 1:09.96 36.26	150m: 1:46.80 36.84	200m: 2:23.09 36.29	
10.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	<b>2:26.03</b>	+0,84
	50m: 33.25 33.25	100m: 1:10.03 36.78	150m: 1:48.49 38.46	200m: 2:26.03 37.54	

**Seniores**

Lugar	Nome	Ano	Clube	Tempo Final	TReac
<b>Final</b>					
1.	FRISCHKNECHT Rita Barros	98	Alges	<b>2:09.12</b>	+0,91
	<i>Rec Nacional, Sen e Abs</i>				
	50m: 30.05 30.05	100m: 1:02.27 32.22	150m: 1:35.55 33.28	200m: 2:09.12 33.57	
2.	MESTRE Catarina Martins	00	Natacao de Lisboa	<b>2:16.29</b>	+0,68
	50m: 30.56 30.56	100m: 1:04.33 33.77	150m: 1:40.16 35.83	200m: 2:16.29 36.13	
3.	SANTOS Tatiana Filipa	95	Academica de Coimbra	<b>2:17.94</b>	+0,68
	50m: 33.22 33.22	100m: 1:08.19 34.97	150m: 1:43.76 35.57	200m: 2:17.94 34.18	
4.	NEVES Vania Soares	90	Fluvial Portuense	<b>2:18.02</b>	+0,67
	50m: 31.91 31.91	100m: 1:06.57 34.66	150m: 1:42.30 35.73	200m: 2:18.02 35.72	
5.	SANTOS Alexandra Jesus	00	Leixoes	<b>2:19.73</b>	+0,67
	50m: 33.14 33.14	100m: 1:08.64 35.50	150m: 1:44.35 35.71	200m: 2:19.73 35.38	

Prova 6, Femin., 200m Costas, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac
6.	CABRAL Maria Francisca	00	Porto	<b>2:21.23</b>	+0,85
	50m: 33.85 33.85	100m: 1:09.59 35.74	150m: 1:45.81 36.22	200m: 2:21.23 35.42	
7.	ROSA Beatriz Jong	00	Desportivo Nacional	<b>2:21.85</b>	+1,33
	50m: 32.58 32.58	100m: 1:08.84 36.26	150m: 1:45.15 36.31	200m: 2:21.85 36.70	
8.	FERREIRA Ana Raquel	98	Benfica	<b>2:22.06</b>	+0,73
	50m: 33.32 33.32	100m: 1:09.43 36.11	150m: 1:45.87 36.44	200m: 2:22.06 36.19	
9.	MACHADO Madalena Amaro	98	Fluvial Portuense	<b>2:23.73</b>	+0,71
	50m: 33.09 33.09	100m: 1:09.53 36.44	150m: 1:46.60 37.07	200m: 2:23.73 37.13	
10.	FREIXO Juliana Lima	97	Braga	<b>2:23.86</b>	+1,01
	50m: 33.42 33.42	100m: 1:10.22 36.80	150m: 1:47.40 37.18	200m: 2:23.86 36.46	