

Prova 1 Masc., 800m Livres 17 anos e mais velhos
08-12-2017 - 17:20 Resultados

Rec Nac 25m Absoluto	7:49.89	GIL Rafael Lourenco	SFUAP	Porto	11-12-2015
Rec Nac 25m Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009
Rec Nac 25m Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto	11-12-2015
Rec Nac 25m Sen	7:49.89	GIL Rafael Lourenco	SFUAP	Porto	11-12-2015

Lugar Nome Ano Clube Tempo Final TReac

Seniores

1. NASCIMENTO Miguel Duarte	95	Benfica	7:46.18	+0,68							
<i>Rec Nacional, Sen e Abs</i>											
50m:	26.04	26.04	250m:	2:22.71	29.61	450m:	4:21.80	29.71	650m:	6:20.76	29.43
100m:	54.31	28.27	300m:	2:52.36	29.65	500m:	4:51.55	29.75	700m:	6:49.80	29.04
150m:	1:23.56	29.25	350m:	3:22.13	29.77	550m:	5:21.61	30.06	750m:	7:18.62	28.82
200m:	1:53.10	29.54	400m:	3:52.09	29.96	600m:	5:51.33	29.72	800m:	7:46.18	27.56
2. PINA Guilherme Filipe	98	Sporting	8:00.72	+0,73							
50m:	26.78	26.78	250m:	2:24.60	30.16	450m:	4:27.08	30.77	650m:	6:30.53	31.14
100m:	55.56	28.78	300m:	2:54.78	30.18	500m:	4:57.84	30.76	700m:	7:01.46	30.93
150m:	1:24.77	29.21	350m:	3:25.41	30.63	550m:	5:28.63	30.79	750m:	7:31.99	30.53
200m:	1:54.44	29.67	400m:	3:56.31	30.90	600m:	5:59.39	30.76	800m:	8:00.72	28.73
CARVALHO Jose Paula	98	Uniao Piedense	8:00.72	+0,74							
50m:	26.89	26.89	250m:	2:24.66	30.10	450m:	4:26.82	30.60	650m:	6:30.07	31.31
100m:	55.66	28.77	300m:	2:55.07	30.41	500m:	4:57.73	30.91	700m:	7:01.22	31.15
150m:	1:24.64	28.98	350m:	3:25.55	30.48	550m:	5:27.91	30.18	750m:	7:32.40	31.18
200m:	1:54.56	29.92	400m:	3:56.22	30.67	600m:	5:58.76	30.85	800m:	8:00.72	28.32
4. CAMPOS Tiago Filipe	99	Rio Maior	8:14.47	+0,85							
50m:	27.03	27.03	250m:	2:26.98	30.85	450m:	4:32.40	31.49	650m:	6:40.42	32.05
100m:	56.31	29.28	300m:	2:58.13	31.15	500m:	5:04.17	31.77	700m:	7:12.54	32.12
150m:	1:26.07	29.76	350m:	3:29.29	31.16	550m:	5:36.31	32.14	750m:	7:44.53	31.99
200m:	1:56.13	30.06	400m:	4:00.91	31.62	600m:	6:08.37	32.06	800m:	8:14.47	29.94
5. BATE Miguel Ribeiro	99	Alges	8:18.06	+0,74							
50m:	27.29	27.29	250m:	2:29.42	31.06	450m:	4:35.69	31.83	650m:	6:43.18	32.18
100m:	56.96	29.67	300m:	3:00.67	31.25	500m:	5:07.33	31.64	700m:	7:15.31	32.13
150m:	1:27.50	30.54	350m:	3:32.30	31.63	550m:	5:39.18	31.85	750m:	7:47.07	31.76
200m:	1:58.36	30.86	400m:	4:03.86	31.56	600m:	6:11.00	31.82	800m:	8:18.06	30.99

Juniores

1. SANTO Filipe Miguel	00	Benfica	7:56.83	+0,83							
50m:	27.67	27.67	250m:	2:26.15	29.66	450m:	4:26.14	30.00	650m:	6:26.58	30.31
100m:	57.09	29.42	300m:	2:56.15	30.00	500m:	4:56.04	29.90	700m:	6:56.87	30.29
150m:	1:26.86	29.77	350m:	3:26.15	30.00	550m:	5:26.12	30.08	750m:	7:26.74	29.87
200m:	1:56.49	29.63	400m:	3:56.14	29.99	600m:	5:56.27	30.15	800m:	7:56.83	30.09
2. LOPES Jose Paulo	00	Braga	8:01.21	+0,70							
50m:	26.99	26.99	250m:	2:24.76	29.97	450m:	4:26.56	30.47	650m:	6:29.96	31.06
100m:	55.99	29.00	300m:	2:55.11	30.35	500m:	4:57.40	30.84	700m:	7:01.10	31.14
150m:	1:25.10	29.11	350m:	3:25.40	30.29	550m:	5:28.09	30.69	750m:	7:31.98	30.88
200m:	1:54.79	29.69	400m:	3:56.09	30.69	600m:	5:58.90	30.81	800m:	8:01.21	29.23

Prova 1, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac
3.	GOMES Roberto Donald	00	Alges	8:11.42	+0,72
	50m: 26.89 26.89	250m: 2:25.90	30.44	450m: 4:28.80	30.98
	100m: 55.93 29.04	300m: 2:56.24	30.34	500m: 5:00.08	31.28
	150m: 1:25.57 29.64	350m: 3:26.81	30.57	550m: 5:31.66	31.58
	200m: 1:55.46 29.89	400m: 3:57.82	31.01	600m: 6:03.39	31.73
				650m: 6:35.61	32.22
				700m: 7:07.74	32.13
				750m: 7:39.89	32.15
				800m: 8:11.42	31.53
4.	JORGE Duarte Miguel	01	Galitos / Bresimar	8:12.32	
	50m: 28.49 28.49	250m: 2:31.87	31.04	450m: 4:35.79	30.99
	100m: 59.03 30.54	300m: 3:02.91	31.04	500m: 5:07.61	31.82
	150m: 1:29.92 30.89	350m: 3:33.71	30.80	550m: 5:38.77	31.16
	200m: 2:00.83 30.91	400m: 4:04.80	31.09	600m: 6:09.83	31.06
				650m: 6:40.77	30.94
				700m: 7:11.98	31.21
				750m: 7:43.27	31.29
				800m: 8:12.32	29.05
5.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	8:16.45	
	50m: 29.19 29.19	250m: 2:33.21	30.86	450m: 4:36.66	30.74
	100m: 1:00.53 31.34	300m: 3:04.16	30.95	500m: 5:07.87	31.21
	150m: 1:31.29 30.76	350m: 3:35.01	30.85	550m: 5:39.39	31.52
	200m: 2:02.35 31.06	400m: 4:05.92	30.91	600m: 6:10.87	31.48
				650m: 6:42.33	31.46
				700m: 7:14.22	31.89
				750m: 7:46.02	31.80
				800m: 8:16.45	30.43
6.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	8:22.81	+0,75
	50m: 28.12 28.12	250m: 2:33.47	31.81	450m: 4:41.06	31.99
	100m: 58.95 30.83	300m: 3:05.30	31.83	500m: 5:12.03	30.97
	150m: 1:30.19 31.24	350m: 3:37.36	32.06	550m: 5:43.71	31.68
	200m: 2:01.66 31.47	400m: 4:09.07	31.71	600m: 6:15.60	31.89
				650m: 6:47.78	32.18
				700m: 7:19.99	32.21
				750m: 7:52.00	32.01
				800m: 8:22.81	30.81
7.	SANTOS Pedro Miguel	01	Porto	8:27.82	
	50m: 29.56 29.56	250m: 2:34.19	31.22	450m: 4:39.05	31.39
	100m: 1:00.71 31.15	300m: 3:05.07	30.88	500m: 5:10.87	31.82
	150m: 1:31.93 31.22	350m: 3:36.45	31.38	550m: 5:43.56	32.69
	200m: 2:02.97 31.04	400m: 4:07.66	31.21	600m: 6:16.40	32.84
				650m: 6:49.54	33.14
				700m: 7:22.54	33.00
				750m: 7:55.54	33.00
				800m: 8:27.82	32.28
8.	NUNES Diogo Barbosa	00	Fluvial Portuense	8:30.64	
	50m: 29.39 29.39	250m: 2:34.60	31.47	450m: 4:43.35	32.10
	100m: 1:00.70 31.31	300m: 3:06.51	31.91	500m: 5:15.91	32.56
	150m: 1:32.14 31.44	350m: 3:38.56	32.05	550m: 5:48.38	32.47
	200m: 2:03.13 30.99	400m: 4:11.25	32.69	600m: 6:21.24	32.86
				650m: 6:53.97	32.73
				700m: 7:26.75	32.78
				750m: 7:59.67	32.92
				800m: 8:30.64	30.97
EXH	BORRAS Miguel Bautista	94	Benfica	8:37.82	+0,88
	50m: 28.23 28.23	250m: 2:33.82	32.11	450m: 4:45.14	33.46
	100m: 58.90 30.67	300m: 3:06.14	32.32	500m: 5:18.35	33.21
	150m: 1:30.09 31.19	350m: 3:38.54	32.40	550m: 5:51.95	33.60
	200m: 2:01.71 31.62	400m: 4:11.68	33.14	600m: 6:25.49	33.54
				650m: 6:59.12	33.63
				700m: 7:32.45	33.33
				750m: 8:05.95	33.50
				800m: 8:37.82	31.87