

Campeonato Nacional AA 10Km, 7,5Km e 5Km - Categorias
Amieira, 27- - 28-5-2017

Prova 3 5000m Livres Absoluto
28-05-2017 Resultados

| Lugar | Dorsal | Nome | Ano | Clube | Tempo final | diferença |
|------------------------------|--------|-------------------------|------|---------------------------|-------------------|------------|
| Juniores 18-19, Masc. | | | | | | |
| 1. | 05 | CARVALHO Jose Paula | 1998 | Uniao Piedense | 58:25.89 | |
| 2. | 03 | CAMPOS Tiago Filipe | 1999 | Rio Maior | 58:28.01 | + 2.12 |
| 3. | 11 | MARQUES Diogo Manuel | 1998 | Columbofila Cantanhedense | 58:30.14 | + 4.25 |
| 4. | 14 | SAMPAIO Jose Pedro | 1998 | Fluvial Portuense | 1:02:47.70 | + 4:21.81 |
| 5. | 40 | SANTOS Andre Alexandre | 1999 | CNATRIL | 1:05:16.88 | + 6:50.99 |
| 6. | 41 | SILVA Francisco Madruga | 1998 | Natacao de Lisboa | 1:13:44.78 | + 15:18.89 |

Juniores 16-17, Masc.

| | | | | | | |
|----|----|---------------------------|------|-------------------|-------------------|------------|
| 1. | 26 | NUNES Diogo Barbosa | 2000 | Fluvial Portuense | 1:01:44.90 | |
| 2. | 17 | BARBARA Goncalo Gualberto | 2000 | Portinado | 1:04:52.84 | + 3:07.94 |
| 3. | 18 | BRANCO Joao Pedro | 2001 | Aquatico Pacense | 1:08:56.44 | + 7:11.54 |
| 4. | 07 | ALMEIDA Tomas Silvestre | 2001 | Natacao de Lisboa | 1:19:23.69 | + 17:38.79 |

Juniores 14-15, Masc.

| | | | | | | |
|----|----|-----------------------------|------|---------------------------|-------------------|-----------|
| 1. | 22 | COSTA Samson Silva | 2002 | Fluvial Portuense | 1:02:49.81 | |
| 2. | 09 | AMORIM Ivan Emanuel | 2002 | Fluvial Portuense | 1:02:53.18 | + 3.37 |
| 3. | 27 | FROTA Paulo Andre | 2002 | Fundacao Beatriz Santos | 1:02:53.46 | + 3.65 |
| 4. | 38 | ROCHA Ricardo Filipe | 2002 | Aquatico Pacense | 1:08:10.17 | + 5:20.36 |
| 5. | 19 | CARDOSO Bernardo Cardetas | 2002 | Columbofila Cantanhedense | 1:08:46.92 | + 5:57.11 |
| 6. | 42 | TRAVASSOS Rodrigo Alexandre | 2002 | Fundacao Beatriz Santos | 1:08:57.31 | + 6:07.50 |
| 7. | 31 | OLIVEIRA Miguel Santos | 2002 | Fundacao Beatriz Santos | 1:10:18.45 | + 7:28.64 |

Seniores, Masc.

| | | | | | | |
|----|----|-----------------------------|------|---------------------------|-------------------|-----------|
| 1. | 06 | COUTINHO Alexandre Valdagua | 1997 | Columbofila Cantanhedense | 58:27.20 | |
| 2. | 02 | BONANCA Mario Andre | 1990 | Sporting | 58:27.48 | + 0.28 |
| 3. | 10 | GIL Rafael Lourenco | 1996 | Benfica | 58:27.74 | + 0.54 |
| 4. | 23 | DIAS Guilherme Pereira | 1997 | Sporting | 58:28.44 | + 1.24 |
| 5. | 13 | PINOTES Pedro Miguel | 1989 | Sporting | 58:31.51 | + 4.31 |
| 6. | 29 | MOGNE Igor Araujo | 1996 | Sporting | 59:14.27 | + 47.07 |
| 7. | 34 | REIS Leonardo Peralta | 1996 | Sporting | 1:01:39.35 | + 3:12.15 |

Juniores 18-19, Femin.

| | | | | | | |
|----|----|------------------------|------|----------------|-------------------|--|
| 1. | 04 | CARVALHO Eva Guerreiro | 1999 | Uniao Piedense | 1:02:58.47 | |
|----|----|------------------------|------|----------------|-------------------|--|

Juniores 16-17, Femin.

| | | | | | | |
|----|----|--------------------|------|-------------------|-------------------|--|
| 1. | 25 | MARTINS Ines Alves | 2001 | Fluvial Portuense | 1:08:46.72 | |
|----|----|--------------------|------|-------------------|-------------------|--|

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Juniores 14-15, Femin.

| | | | | | | |
|-----|----|--------------------------|------|-------------------------|-------------------|------------|
| 1. | 39 | ROSA Mafalda Sofia | 2003 | Rio Maior | 1:03:00.16 | |
| 2. | 32 | QUEIROZ Ana Rita | 2002 | Fundacao Beatriz Santos | 1:08:35.43 | + 5:35.27 |
| 3. | 15 | ANDRE Leticia Maia | 2002 | Uniao Piedense | 1:10:45.10 | + 7:44.94 |
| 4. | 24 | FERREIRA Catarina Trigo | 2002 | Natacao de Lisboa | 1:11:00.17 | + 8:00.01 |
| 5. | 21 | CARVALHO Beatriz Moreira | 2003 | Rio Maior | 1:13:11.51 | + 10:11.35 |
| 6. | 37 | ROCHA Ines Freitas | 2003 | Aquatico Pacense | 1:17:38.44 | + 14:38.28 |
| 7. | 36 | ROCHA Daniela Filipa | 2002 | Aquatico Pacense | 1:17:57.42 | + 14:57.26 |
| 8. | 28 | MAGALHAES Ines Filipa | 2002 | Aquatico Pacense | 1:18:03.60 | + 15:03.44 |
| 9. | 16 | BARBADO Sofia Correia | 2003 | Athletico Montemor | 1:18:16.94 | + 15:16.78 |
| 10. | 30 | OLIVEIRA Carolina Morais | 2002 | Natacao de Lisboa | 1:25:05.74 | + 22:05.58 |
| 11. | 20 | CARNEIRO Caetana Neves | 2003 | Natacao de Lisboa | 1:25:09.76 | + 22:09.60 |

Seniores, Femin.

| | | | | | | |
|----|----|------------------------|------|---------------------------|-------------------|------------|
| 1. | 01 | ANDRE Angelica Maria | 1994 | Fluvial Portuense | 58:30.97 | |
| 2. | 12 | NEVES Vania Soares | 1990 | Fluvial Portuense | 1:02:39.31 | + 4:08.34 |
| 3. | 33 | RANITO Raquel Paulo | 1994 | Sporting | 1:04:20.30 | + 5:49.33 |
| 4. | 35 | RIBEIRO Soraia Vanessa | 1992 | Estrelas S. Joao de Brito | 1:05:29.25 | + 6:58.28 |
| 5. | 08 | FERNANDES Maria Joao | 1997 | Fluvial Portuense | 1:10:15.49 | + 11:44.52 |

Absoluto, Masc.

| | | | | | | |
|-----|----|-----------------------------|------|---------------------------|-------------------|------------|
| 1. | 05 | CARVALHO Jose Paula | 1998 | Uniao Piedense | 58:25.89 | |
| 2. | 06 | COUTINHO Alexandre Valdagua | 1997 | Columbofila Cantanhedense | 58:27.20 | + 1.31 |
| 3. | 02 | BONANCA Mario Andre | 1990 | Sporting | 58:27.48 | + 1.59 |
| 4. | 10 | GIL Rafael Lourenco | 1996 | Benfica | 58:27.74 | + 1.85 |
| 5. | 03 | CAMPOS Tiago Filipe | 1999 | Rio Maior | 58:28.01 | + 2.12 |
| 6. | 23 | DIAS Guilherme Pereira | 1997 | Sporting | 58:28.44 | + 2.55 |
| 7. | 11 | MARQUES Diogo Manuel | 1998 | Columbofila Cantanhedense | 58:30.14 | + 4.25 |
| 8. | 13 | PINOTES Pedro Miguel | 1989 | Sporting | 58:31.51 | + 5.62 |
| 9. | 29 | MOGNE Igor Araujo | 1996 | Sporting | 59:14.27 | + 48.38 |
| 10. | 34 | REIS Leonardo Peralta | 1996 | Sporting | 1:01:39.35 | + 3:13.46 |
| 11. | 26 | NUNES Diogo Barbosa | 2000 | Fluvial Portuense | 1:01:44.90 | + 3:19.01 |
| 12. | 14 | SAMPAIO Jose Pedro | 1998 | Fluvial Portuense | 1:02:47.70 | + 4:21.81 |
| 13. | 22 | COSTA Samson Silva | 2002 | Fluvial Portuense | 1:02:49.81 | + 4:23.92 |
| 14. | 09 | AMORIM Ivan Emanuel | 2002 | Fluvial Portuense | 1:02:53.18 | + 4:27.29 |
| 15. | 27 | FROTA Paulo Andre | 2002 | Fundacao Beatriz Santos | 1:02:53.46 | + 4:27.57 |
| 16. | 17 | BARBARA Goncalo Gualberto | 2000 | Portinado | 1:04:52.84 | + 6:26.95 |
| 17. | 40 | SANTOS Andre Alexandre | 1999 | CNATRIL | 1:05:16.88 | + 6:50.99 |
| 18. | 38 | ROCHA Ricardo Filipe | 2002 | Aquatico Pacense | 1:08:10.17 | + 9:44.28 |
| 19. | 19 | CARDOSO Bernardo Cardetas | 2002 | Columbofila Cantanhedense | 1:08:46.92 | + 10:21.03 |
| 20. | 18 | BRANCO Joao Pedro | 2001 | Aquatico Pacense | 1:08:56.44 | + 10:30.55 |
| 21. | 42 | TRAVASSOS Rodrigo Alexandre | 2002 | Fundacao Beatriz Santos | 1:08:57.31 | + 10:31.42 |
| 22. | 31 | OLIVEIRA Miguel Santos | 2002 | Fundacao Beatriz Santos | 1:10:18.45 | + 11:52.56 |
| 23. | 41 | SILVA Francisco Madruga | 1998 | Natacao de Lisboa | 1:13:44.78 | + 15:18.89 |
| 24. | 07 | ALMEIDA Tomas Silvestre | 2001 | Natacao de Lisboa | 1:19:23.69 | + 20:57.80 |

Prova 3, 5000m Livres

Absoluto, Femin.

| | | | | | | |
|-----|----|--------------------------|------|---------------------------|-------------------|------------|
| 1. | 01 | ANDRE Angelica Maria | 1994 | Fluvial Portuense | 58:30.97 | |
| 2. | 12 | NEVES Vania Soares | 1990 | Fluvial Portuense | 1:02:39.31 | + 4:08.34 |
| 3. | 04 | CARVALHO Eva Guerreiro | 1999 | Uniao Piedense | 1:02:58.47 | + 4:27.50 |
| 4. | 39 | ROSA Mafalda Sofia | 2003 | Rio Maior | 1:03:00.16 | + 4:29.19 |
| 5. | 33 | RANITO Raquel Paulo | 1994 | Sporting | 1:04:20.30 | + 5:49.33 |
| 6. | 35 | RIBEIRO Soraia Vanessa | 1992 | Estrelas S. Joao de Brito | 1:05:29.25 | + 6:58.28 |
| 7. | 32 | QUEIROZ Ana Rita | 2002 | Fundacao Beatriz Santos | 1:08:35.43 | + 10:04.46 |
| 8. | 25 | MARTINS Ines Alves | 2001 | Fluvial Portuense | 1:08:46.72 | + 10:15.75 |
| 9. | 08 | FERNANDES Maria Joao | 1997 | Fluvial Portuense | 1:10:15.49 | + 11:44.52 |
| 10. | 15 | ANDRE Leticia Maia | 2002 | Uniao Piedense | 1:10:45.10 | + 12:14.13 |
| 11. | 24 | FERREIRA Catarina Trigo | 2002 | Natacao de Lisboa | 1:11:00.17 | + 12:29.20 |
| 12. | 21 | CARVALHO Beatriz Moreira | 2003 | Rio Maior | 1:13:11.51 | + 14:40.54 |
| 13. | 37 | ROCHA Ines Freitas | 2003 | Aquatico Pacense | 1:17:38.44 | + 19:07.47 |
| 14. | 36 | ROCHA Daniela Filipa | 2002 | Aquatico Pacense | 1:17:57.42 | + 19:26.45 |
| 15. | 28 | MAGALHAES Ines Filipa | 2002 | Aquatico Pacense | 1:18:03.60 | + 19:32.63 |
| 16. | 16 | BARBADO Sofia Correia | 2003 | Atletico Montemor | 1:18:16.94 | + 19:45.97 |
| 17. | 30 | OLIVEIRA Carolina Morais | 2002 | Natacao de Lisboa | 1:25:05.74 | + 26:34.77 |
| 18. | 20 | CARNEIRO Caetana Neves | 2003 | Natacao de Lisboa | 1:25:09.76 | + 26:38.79 |

Absoluto

| | | | | | | |
|-----|----|-----------------------------|------|---------------------------|-------------------|------------|
| 1. | 05 | CARVALHO Jose Paula | 1998 | Uniao Piedense | 58:25.89 | |
| 2. | 06 | COUTINHO Alexandre Valdagua | 1997 | Columbofila Cantanhedense | 58:27.20 | + 1.31 |
| 3. | 02 | BONANCA Mario Andre | 1990 | Sporting | 58:27.48 | + 1.59 |
| 4. | 10 | GIL Rafael Lourenco | 1996 | Benfica | 58:27.74 | + 1.85 |
| 5. | 03 | CAMPOS Tiago Filipe | 1999 | Rio Maior | 58:28.01 | + 2.12 |
| 6. | 23 | DIAS Guilherme Pereira | 1997 | Sporting | 58:28.44 | + 2.55 |
| 7. | 11 | MARQUES Diogo Manuel | 1998 | Columbofila Cantanhedense | 58:30.14 | + 4.25 |
| 8. | 01 | ANDRE Angelica Maria | 1994 | Fluvial Portuense | 58:30.97 | + 5.08 |
| 9. | 13 | PINOTES Pedro Miguel | 1989 | Sporting | 58:31.51 | + 5.62 |
| 10. | 29 | MOGNE Igor Araujo | 1996 | Sporting | 59:14.27 | + 48.38 |
| 11. | 34 | REIS Leonardo Peralta | 1996 | Sporting | 1:01:39.35 | + 3:13.46 |
| 12. | 26 | NUNES Diogo Barbosa | 2000 | Fluvial Portuense | 1:01:44.90 | + 3:19.01 |
| 13. | 12 | NEVES Vania Soares | 1990 | Fluvial Portuense | 1:02:39.31 | + 4:13.42 |
| 14. | 14 | SAMPAIO Jose Pedro | 1998 | Fluvial Portuense | 1:02:47.70 | + 4:21.81 |
| 15. | 22 | COSTA Samson Silva | 2002 | Fluvial Portuense | 1:02:49.81 | + 4:23.92 |
| 16. | 09 | AMORIM Ivan Emanuel | 2002 | Fluvial Portuense | 1:02:53.18 | + 4:27.29 |
| 17. | 27 | FROTA Paulo Andre | 2002 | Fundacao Beatriz Santos | 1:02:53.46 | + 4:27.57 |
| 18. | 04 | CARVALHO Eva Guerreiro | 1999 | Uniao Piedense | 1:02:58.47 | + 4:32.58 |
| 19. | 39 | ROSA Mafalda Sofia | 2003 | Rio Maior | 1:03:00.16 | + 4:34.27 |
| 20. | 33 | RANITO Raquel Paulo | 1994 | Sporting | 1:04:20.30 | + 5:54.41 |
| 21. | 17 | BARBARA Goncalo Gualberto | 2000 | Portinado | 1:04:52.84 | + 6:26.95 |
| 22. | 40 | SANTOS Andre Alexandre | 1999 | CNATRIL | 1:05:16.88 | + 6:50.99 |
| 23. | 35 | RIBEIRO Soraia Vanessa | 1992 | Estrelas S. Joao de Brito | 1:05:29.25 | + 7:03.36 |
| 24. | 38 | ROCHA Ricardo Filipe | 2002 | Aquatico Pacense | 1:08:10.17 | + 9:44.28 |
| 25. | 32 | QUEIROZ Ana Rita | 2002 | Fundacao Beatriz Santos | 1:08:35.43 | + 10:09.54 |
| 26. | 25 | MARTINS Ines Alves | 2001 | Fluvial Portuense | 1:08:46.72 | + 10:20.83 |
| 27. | 19 | CARDOSO Bernardo Cardetas | 2002 | Columbofila Cantanhedense | 1:08:46.92 | + 10:21.03 |
| 28. | 18 | BRANCO Joao Pedro | 2001 | Aquatico Pacense | 1:08:56.44 | + 10:30.55 |

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Amieira, 27- - 28-5-2017

Prova 3, Todos, 5000m Livres, Absoluto

| Lugar | Dorsal | Nome | Ano | Clube | Tempo final | diferença |
|-------|--------|-----------------------------|------|-------------------------|-------------------|------------|
| 29. | 42 | TRAVASSOS Rodrigo Alexandre | 2002 | Fundacao Beatriz Santos | 1:08:57.31 | + 10:31.42 |
| 30. | 08 | FERNANDES Maria Joao | 1997 | Fluvial Portuense | 1:10:15.49 | + 11:49.60 |
| 31. | 31 | OLIVEIRA Miguel Santos | 2002 | Fundacao Beatriz Santos | 1:10:18.45 | + 11:52.56 |
| 32. | 15 | ANDRE Leticia Maia | 2002 | Uniao Piedense | 1:10:45.10 | + 12:19.21 |
| 33. | 24 | FERREIRA Catarina Trigo | 2002 | Natacao de Lisboa | 1:11:00.17 | + 12:34.28 |
| 34. | 21 | CARVALHO Beatriz Moreira | 2003 | Rio Maior | 1:13:11.51 | + 14:45.62 |
| 35. | 41 | SILVA Francisco Madruga | 1998 | Natacao de Lisboa | 1:13:44.78 | + 15:18.89 |
| 36. | 37 | ROCHA Ines Freitas | 2003 | Aquatico Pacense | 1:17:38.44 | + 19:12.55 |
| 37. | 36 | ROCHA Daniela Filipa | 2002 | Aquatico Pacense | 1:17:57.42 | + 19:31.53 |
| 38. | 28 | MAGALHAES Ines Filipa | 2002 | Aquatico Pacense | 1:18:03.60 | + 19:37.71 |
| 39. | 16 | BARBADO Sofia Correia | 2003 | Atletico Montemor | 1:18:16.94 | + 19:51.05 |
| 40. | 07 | ALMEIDA Tomas Silvestre | 2001 | Natacao de Lisboa | 1:19:23.69 | + 20:57.80 |
| 41. | 30 | OLIVEIRA Carolina Morais | 2002 | Natacao de Lisboa | 1:25:05.74 | + 26:39.85 |
| 42. | 20 | CARNEIRO Caetana Neves | 2003 | Natacao de Lisboa | 1:25:09.76 | + 26:43.87 |