

Prova 7 Femin., 200m Costas 10 anos e mais velhos
17-06-2017 - 17:25 Resultados

Rec Nac Adaptada Classe S14	3:14.60	RESENDE Sonia Castanheiro	SCA	Póvoa de Varzim	18-06-2016
Rec Nac Adaptada Classe S15	3:43.76	CORREIA Raquel Rosa	ACDCBR	Póvoa de Varzim	18-06-2016
Rec Nac Adaptada Classe S21	3:41.39	NG Mannie	POR	Liberec (CZE)	08-07-2009

Minimos CE DSISO Absoluto 25m: 3:52.56

Pontos: IPC NED S14

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
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Classe S14-Absoluto

1.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	4:18.92	185	9,00
	50m: 1:00.00 1:00.00	100m: 2:06.83 1:06.83	150m: 3:14.38 1:07.55	200m: 4:18.92 1:04.54				
2.	PALMA Ana Filipa	94	S14		Louletano/Loule Concelho	4:46.14	137	7,00
	50m: 1:04.07 1:04.07	100m: 2:19.26 1:15.19	150m: 3:33.63 1:14.37	200m: 4:46.14 1:12.51				
3.	ROCHA Catarina Blanc	91	S14		Porto	5:21.64	96	6,00
	50m: 1:06.27 1:06.27	100m: 2:32.18 1:25.91	150m: 3:59.14 1:26.96	200m: 5:21.64 1:22.50				
4.	DIAS Mariana Sofia	97	S14		Alhandra	5:43.14	79	5,00
	50m: 1:09.61 1:09.61	100m: 2:41.31 1:31.70	150m: 4:15.28 1:33.97	200m: 5:43.14 1:27.86				

Classe S21 (SDown)-Absoluto

1.	TORRES Diana Ines	99	S21	W	Fluvial Portuense	3:58.91	140	9,00
	50m: 55.83 55.83	100m: 1:56.43 1:00.60	150m: 2:58.02 1:01.59	200m: 3:58.91 1:00.89				
2.	DUARTE Sara Isabel	91	S21		Porto	4:46.58	81	7,00
	50m: 1:04.20 1:04.20	100m: 2:19.11 1:14.91	150m: 3:34.93 1:15.82	200m: 4:46.58 1:11.65				

Classe S14-Seniores

1.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	4:18.92	185	9,00
	50m: 1:00.00 1:00.00	100m: 2:06.83 1:06.83	150m: 3:14.38 1:07.55	200m: 4:18.92 1:04.54				
2.	PALMA Ana Filipa	94	S14		Louletano/Loule Concelho	4:46.14	137	7,00
	50m: 1:04.07 1:04.07	100m: 2:19.26 1:15.19	150m: 3:33.63 1:14.37	200m: 4:46.14 1:12.51				
3.	ROCHA Catarina Blanc	91	S14		Porto	5:21.64	96	6,00
	50m: 1:06.27 1:06.27	100m: 2:32.18 1:25.91	150m: 3:59.14 1:26.96	200m: 5:21.64 1:22.50				
4.	DIAS Mariana Sofia	97	S14		Alhandra	5:43.14	79	5,00
	50m: 1:09.61 1:09.61	100m: 2:41.31 1:31.70	150m: 4:15.28 1:33.97	200m: 5:43.14 1:27.86				

Classe S21 (SDown)-Seniores

1.	TORRES Diana Ines	99	S21	W	Fluvial Portuense	3:58.91	140	9,00
	50m: 55.83 55.83	100m: 1:56.43 1:00.60	150m: 2:58.02 1:01.59	200m: 3:58.91 1:00.89				
2.	DUARTE Sara Isabel	91	S21		Porto	4:46.58	81	7,00
	50m: 1:04.20 1:04.20	100m: 2:19.11 1:14.91	150m: 3:34.93 1:15.82	200m: 4:46.58 1:11.65				