

Prova 26
19-02-2017

Femin., 200m Estilos

Absoluto
Resultados

Rec Nac Adaptada Classe S5	4:44.26	Simone Silva FRAGOSO	SCP	Lisboa	18-10-2015
Rec Nac Adaptada Classe S6	59:00.00	start			
Rec Nac Adaptada Classe S7	59:00.00	start			
Rec Nac Adaptada Classe S8	59:00.00	start			
Rec Nac Adaptada Classe S9	3:00.13	Renata Vaz PINTO	ADADA	Santa Maria da Feira	22-01-2017
Rec Nac Adaptada Classe S10	2:54.93	Teresa Lamego NEVES	SCP	Lisboa	18-10-2015
Rec Nac Adaptada Classe S11	59:00.00	start			
Rec Nac Adaptada Classe S12	59:00.00	start			
Rec Nac Adaptada Classe S13	59:00.00	start			
Rec Nac Adaptada Classe S14	3:43.02	Sonia Castanheiro RESENDE	SCA	Santa Maria da Feira	30-03-2014
Rec Nac Adaptada Classe S15	3:12.74	Eunice Evora ALMEIDA	CNA	Setubal	24-10-2015
Rec Nac Adaptada Classe S21	3:59.81	Diana Ines TORRES	POR	Loano (ITA)	08-11-2015

Minimos CE DSISO : 3:59.81

Pontos: IPC NED S14

Lugar Nome do nadador Ano Classes Cod Exc Clube Tempo final IPC Pts

Classe SM5-SM14-Absolutos

1. Renata Vaz PINTO	99	SM9	5	ADADA Porto	3:00.72	547
25m: 18.98 18.98	75m: 1:05.65 23.14	125m: 1:52.05 24.44	175m: 2:39.80 22.86			
50m: 42.51 23.53	100m: 1:27.61 21.96	150m: 2:16.94 24.89	200m: 3:00.72 20.92			
2. Ana Filipa CASTRO	97	SM9	12+	Feira Viva	3:33.87	330
25m: 22.14 22.14	75m: 1:17.33 26.86	125m: 2:16.62 32.10	175m: 3:11.94 22.45			
50m: 50.47 28.33	100m: 1:44.52 27.19	150m: 2:49.49 32.87	200m: 3:33.87 21.93			
3. Sonia Cristina OLIVEIRA	98	SM7	A 4,12+	Vilacondense	5:49.18	112
Rec Nac Classe S7						
25m: 40.13 40.13	75m: 2:13.38 44.50	125m: 3:51.01 57.39	200m: 5:49.18 1:06.48			
50m: 1:28.88 48.75	100m: 2:53.62 40.24	150m: 4:42.70 51.69				

DSQ Ana Beatriz CORREIA 98 SM10 8 Louletano / Loule Concelho
atleta não rodou os pés para fora durante a parte propulsiva da pernada - IPC 3.1.5

Classe SM7-Seniores

1. Sonia Cristina OLIVEIRA	98	SM7	A 4,12+	Vilacondense	5:49.18	112
Rec Nac Classe S7						
25m: 40.13 40.13	75m: 2:13.38 44.50	125m: 3:51.01 57.39	200m: 5:49.18 1:06.48			
50m: 1:28.88 48.75	100m: 2:53.62 40.24	150m: 4:42.70 51.69				

Classe SM9-Seniores

1. Renata Vaz PINTO	99	SM9	5	ADADA Porto	3:00.72	547
25m: 18.98 18.98	75m: 1:05.65 23.14	125m: 1:52.05 24.44	175m: 2:39.80 22.86			
50m: 42.51 23.53	100m: 1:27.61 21.96	150m: 2:16.94 24.89	200m: 3:00.72 20.92			
2. Ana Filipa CASTRO	97	SM9	12+	Feira Viva	3:33.87	330
25m: 22.14 22.14	75m: 1:17.33 26.86	125m: 2:16.62 32.10	175m: 3:11.94 22.45			
50m: 50.47 28.33	100m: 1:44.52 27.19	150m: 2:49.49 32.87	200m: 3:33.87 21.93			

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Classe SM10-Seniores

DSQ Ana Beatriz CORREIA 98 SM10 8 Louletano / Loule Concelho
atleta não rodou os pés para fora durante a parte propulsiva da pernada - IPC 3.1.5

Classe SM21 (SDown)-Absolutos

1. Barbara Ines GOMES	91	SM21	APC Coimbra	4:45.01	87
25m: 35.50 35.50	75m: 1:49.49 36.85	125m: 3:01.90 37.55	175m: 4:13.28 35.40		
50m: 1:12.64 37.14	100m: 2:24.35 34.86	150m: 3:37.88 35.98	200m: 4:45.01 31.73		
2. Vera Alexandra REVEZ	89	SM21	Louletano / Loule Concelho	5:42.52	50
25m: 37.66 37.66	75m: 2:06.50 44.53	125m: 3:38.42 46.33	175m: 5:03.60 38.46		
50m: 1:21.97 44.31	100m: 2:52.09 45.59	150m: 4:25.14 46.72	200m: 5:42.52 38.92		

Classe SM21 (SDown)-Seniores

1. Barbara Ines GOMES	91	SM21	APC Coimbra	4:45.01	87
25m: 35.50 35.50	75m: 1:49.49 36.85	125m: 3:01.90 37.55	175m: 4:13.28 35.40		
50m: 1:12.64 37.14	100m: 2:24.35 34.86	150m: 3:37.88 35.98	200m: 4:45.01 31.73		
2. Vera Alexandra REVEZ	89	SM21	Louletano / Loule Concelho	5:42.52	50
25m: 37.66 37.66	75m: 2:06.50 44.53	125m: 3:38.42 46.33	175m: 5:03.60 38.46		
50m: 1:21.97 44.31	100m: 2:52.09 45.59	150m: 4:25.14 46.72	200m: 5:42.52 38.92		