

Prova 45 Femin., 1500m Livres Junior 16
23-07-2017 - 16:00 Resultados

Rec Nac Absoluto	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Jun16	16:47.35	HOLUB Tamila Hryhorivna	POR	Coimbra	31-05-2015

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	COSTA Maria Carolina	01	Porto	17:34.04	+0,75	676	
	50m: 31.71 31.71	450m: 5:08.19	34.51	850m: 9:49.03	35.04	1250m: 14:34.36	36.07
	100m: 1:06.16 34.45	500m: 5:43.25	35.06	900m: 10:24.69	35.66	1300m: 15:10.52	36.16
	150m: 1:40.49 34.33	550m: 6:18.07	34.82	950m: 10:59.74	35.05	1350m: 15:46.35	35.83
	200m: 2:15.20 34.71	600m: 6:53.46	35.39	1000m: 11:34.82	35.08	1400m: 16:23.04	36.69
	250m: 2:49.39 34.19	650m: 7:28.30	34.84	1050m: 12:10.31	35.49	1450m: 16:59.01	35.97
	300m: 3:24.15 34.76	700m: 8:03.43	35.13	1100m: 12:46.76	36.45	1500m: 17:34.04	35.03
	350m: 3:58.54 34.39	750m: 8:38.46	35.03	1150m: 13:22.29	35.53		
	400m: 4:33.68 35.14	800m: 9:13.99	35.53	1200m: 13:58.29	36.00		
2.	RODRIGUES Filipa Serrano	01	Uniao Piedense	17:41.19	+0,76	663	
	50m: 32.21 32.21	450m: 5:10.69	35.62	850m: 9:56.23	36.03	1250m: 14:44.51	36.50
	100m: 1:06.04 33.83	500m: 5:46.06	35.37	900m: 10:31.90	35.67	1300m: 15:20.15	35.64
	150m: 1:40.59 34.55	550m: 6:21.87	35.81	950m: 11:08.12	36.22	1350m: 15:56.37	36.22
	200m: 2:14.85 34.26	600m: 6:57.16	35.29	1000m: 11:43.71	35.59	1400m: 16:32.15	35.78
	250m: 2:49.49 34.64	650m: 7:33.04	35.88	1050m: 12:20.18	36.47	1450m: 17:07.39	35.24
	300m: 3:24.69 35.20	700m: 8:08.44	35.40	1100m: 12:55.99	35.81	1500m: 17:41.19	33.80
	350m: 3:59.93 35.24	750m: 8:44.45	36.01	1150m: 13:32.26	36.27		
	400m: 4:35.07 35.14	800m: 9:20.20	35.75	1200m: 14:08.01	35.75		
3.	ALVES Sara Sofia	01	Columbofila Cantanhedense	17:47.83	+0,71	651	
	50m: 32.69 32.69	450m: 5:14.14	35.27	850m: 9:58.87	35.42	1250m: 14:47.39	35.85
	100m: 1:06.86 34.17	500m: 5:49.50	35.36	900m: 10:34.75	35.88	1300m: 15:23.78	36.39
	150m: 1:41.78 34.92	550m: 6:24.91	35.41	950m: 11:10.92	36.17	1350m: 16:00.27	36.49
	200m: 2:17.00 35.22	600m: 7:00.66	35.75	1000m: 11:46.81	35.89	1400m: 16:36.61	36.34
	250m: 2:52.67 35.67	650m: 7:36.35	35.69	1050m: 12:22.94	36.13	1450m: 17:12.57	35.96
	300m: 3:28.05 35.38	700m: 8:11.90	35.55	1100m: 12:59.67	36.73	1500m: 17:47.83	35.26
	350m: 4:03.63 35.58	750m: 8:47.88	35.98	1150m: 13:35.51	35.84		
	400m: 4:38.87 35.24	800m: 9:23.45	35.57	1200m: 14:11.54	36.03		
4.	MARCOS Miriam Filipe	01	Natacao de Olhao	17:53.18	+0,70	641	
	50m: 31.75 31.75	450m: 5:15.64	35.95	850m: 10:04.46	36.08	1250m: 14:54.47	36.12
	100m: 1:06.54 34.79	500m: 5:51.76	36.12	900m: 10:40.62	36.16	1300m: 15:30.79	36.32
	150m: 1:41.55 35.01	550m: 6:27.74	35.98	950m: 11:16.86	36.24	1350m: 16:06.51	35.72
	200m: 2:16.75 35.20	600m: 7:03.95	36.21	1000m: 11:53.43	36.57	1400m: 16:42.50	35.99
	250m: 2:52.25 35.50	650m: 7:39.95	36.00	1050m: 12:29.70	36.27	1450m: 17:18.39	35.89
	300m: 3:28.10 35.85	700m: 8:16.39	36.44	1100m: 13:05.99	36.29	1500m: 17:53.18	34.79
	350m: 4:03.84 35.74	750m: 8:52.22	35.83	1150m: 13:42.11	36.12		
	400m: 4:39.69 35.85	800m: 9:28.38	36.16	1200m: 14:18.35	36.24		
5.	MARTINS Ines Alves	01	Fluvial Portuense	18:38.03	+0,79	567	
	50m: 33.64 33.64	450m: 5:32.38	37.51	850m: 10:32.99	37.57	1250m: 15:33.25	37.55
	100m: 1:10.25 36.61	500m: 6:09.50	37.12	900m: 11:10.55	37.56	1300m: 16:10.44	37.19
	150m: 1:47.37 37.12	550m: 6:47.11	37.61	950m: 11:48.25	37.70	1350m: 16:47.87	37.43
	200m: 2:25.04 37.67	600m: 7:24.64	37.53	1000m: 12:25.66	37.41	1400m: 17:24.99	37.12
	250m: 3:02.66 37.62	650m: 8:02.36	37.72	1050m: 13:03.23	37.57	1450m: 18:02.08	37.09
	300m: 3:40.00 37.34	700m: 8:40.01	37.65	1100m: 13:40.66	37.43	1500m: 18:38.03	35.95
	350m: 4:17.37 37.37	750m: 9:17.84	37.83	1150m: 14:18.23	37.57		
	400m: 4:54.87 37.50	800m: 9:55.42	37.58	1200m: 14:55.70	37.47		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres

Prova 45
23-07-2017 - 16:00

Femin., 1500m Livres

Junior 17
Resultados

Rec Nac Absoluto	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Jun17	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	OLIVEIRA Ines Silva	00	Fluvial Portuense	18:24.49	+0,80	588	
	50m: 33.00 33.00	450m: 5:27.54	37.18	850m: 10:22.37	36.98	1250m: 15:20.95	37.67
	100m: 1:09.06 36.06	500m: 6:04.45	36.91	900m: 10:59.72	37.35	1300m: 15:58.23	37.28
	150m: 1:45.54 36.48	550m: 6:41.22	36.77	950m: 11:37.17	37.45	1350m: 16:35.13	36.90
	200m: 2:22.61 37.07	600m: 7:18.09	36.87	1000m: 12:14.57	37.40	1400m: 17:12.24	37.11
	250m: 2:59.85 37.24	650m: 7:54.88	36.79	1050m: 12:51.93	37.36	1450m: 17:48.74	36.50
	300m: 3:36.83 36.98	700m: 8:31.54	36.66	1100m: 13:29.11	37.18	1500m: 18:24.49	35.75
	350m: 4:13.72 36.89	750m: 9:08.37	36.83	1150m: 14:06.26	37.15		
	400m: 4:50.36 36.64	800m: 9:45.39	37.02	1200m: 14:43.28	37.02		
2.	SILVA Rafaela Araujo	00	Famalicao	18:33.89	+0,91	573	
	50m: 32.82 32.82	450m: 5:30.41	37.65	850m: 10:29.44	37.57	1250m: 15:29.52	37.37
	100m: 1:08.54 35.72	500m: 6:08.16	37.75	900m: 11:06.96	37.52	1300m: 16:06.78	37.26
	150m: 1:45.60 37.06	550m: 6:46.01	37.85	950m: 11:44.44	37.48	1350m: 16:43.72	36.94
	200m: 2:22.92 37.32	600m: 7:22.67	36.66	1000m: 12:21.89	37.45	1400m: 17:21.11	37.39
	250m: 3:00.45 37.53	650m: 7:59.72	37.05	1050m: 12:59.76	37.87	1450m: 17:57.65	36.54
	300m: 3:38.13 37.68	700m: 8:37.19	37.47	1100m: 13:37.24	37.48	1500m: 18:33.89	36.24
	350m: 4:15.56 37.43	750m: 9:14.47	37.28	1150m: 14:14.85	37.61		
	400m: 4:52.76 37.20	800m: 9:51.87	37.40	1200m: 14:52.15	37.30		
3.	FERREIRA Beatriz Marques	00	Campinho	18:44.06	+0,75	558	
	50m: 33.45 33.45	450m: 5:28.30	37.28	850m: 10:30.11	37.66	1250m: 15:34.34	38.16
	100m: 1:08.88 35.43	500m: 6:05.59	37.29	900m: 11:07.65	37.54	1300m: 16:12.48	38.14
	150m: 1:45.42 36.54	550m: 6:43.25	37.66	950m: 11:46.16	38.51	1350m: 16:50.89	38.41
	200m: 2:22.42 37.00	600m: 7:21.00	37.75	1000m: 12:24.18	38.02	1400m: 17:29.13	38.24
	250m: 2:59.53 37.11	650m: 7:58.66	37.66	1050m: 13:01.51	37.33	1450m: 18:07.33	38.20
	300m: 3:36.71 37.18	700m: 8:36.80	38.14	1100m: 13:39.75	38.24	1500m: 18:44.06	36.73
	350m: 4:13.80 37.09	750m: 9:14.56	37.76	1150m: 14:17.69	37.94		
	400m: 4:51.02 37.22	800m: 9:52.45	37.89	1200m: 14:56.18	38.49		
4.	BARBOSA Sara Lopes	00	Aquatico Pacense	19:10.91	+0,89	519	
	50m: 34.05 34.05	450m: 5:38.57	38.41	850m: 10:46.79	38.82	1250m: 15:57.86	39.06
	100m: 1:11.85 37.80	500m: 6:16.66	38.09	900m: 11:25.34	38.55	1300m: 16:36.50	38.64
	150m: 1:50.05 38.20	550m: 6:54.98	38.32	950m: 12:04.46	39.12	1350m: 17:15.61	39.11
	200m: 2:27.90 37.85	600m: 7:33.35	38.37	1000m: 12:42.77	38.31	1400m: 17:54.51	38.90
	250m: 3:06.03 38.13	650m: 8:11.98	38.63	1050m: 13:22.10	39.33	1450m: 18:33.23	38.72
	300m: 3:43.96 37.93	700m: 8:50.39	38.41	1100m: 14:00.63	38.53	1500m: 19:10.91	37.68
	350m: 4:22.21 38.25	750m: 9:29.23	38.84	1150m: 14:40.01	39.38		
	400m: 5:00.16 37.95	800m: 10:07.97	38.74	1200m: 15:18.80	38.79		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres

Prova 45
23-07-2017 - 16:00

Femin., 1500m Livres

Seniores
Resultados

Rec Nac Absoluto	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Sen	16:33.93	HOLUB Tamila Hryhorivna	POR	Pontevedra (ESP)	10-04-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	NEVES Vania Soares	90	Fluvial Portuense	17:13.27	+0,79	718	
	50m: 31.96 31.96	450m: 5:04.72	34.36	850m: 9:40.48	34.79	1250m: 14:19.24	35.04
	100m: 1:05.43 33.47	500m: 5:38.89	34.17	900m: 10:15.16	34.68	1300m: 14:54.02	34.78
	150m: 1:39.74 34.31	550m: 6:13.37	34.48	950m: 10:49.81	34.65	1350m: 15:29.33	35.31
	200m: 2:13.69 33.95	600m: 6:47.53	34.16	1000m: 11:24.70	34.89	1400m: 16:04.48	35.15
	250m: 2:47.96 34.27	650m: 7:22.10	34.57	1050m: 11:59.78	35.08	1450m: 16:39.61	35.13
	300m: 3:21.94 33.98	700m: 7:56.31	34.21	1100m: 12:34.33	34.55	1500m: 17:13.27	33.66
	350m: 3:56.31 34.37	750m: 8:31.17	34.86	1150m: 13:09.40	35.07		
	400m: 4:30.36 34.05	800m: 9:05.69	34.52	1200m: 13:44.20	34.80		
2.	ANDRE Angelica Maria	94	Fluvial Portuense	17:29.48	+0,85	685	
	50m: 31.35 31.35	450m: 5:14.63	35.88	850m: 9:57.90	34.51	1250m: 14:32.71	34.72
	100m: 1:04.26 32.91	500m: 5:50.27	35.64	900m: 10:31.81	33.91	1300m: 15:07.51	34.80
	150m: 1:38.47 34.21	550m: 6:25.47	35.20	950m: 11:05.85	34.04	1350m: 15:42.81	35.30
	200m: 2:13.32 34.85	600m: 7:00.91	35.44	1000m: 11:40.27	34.42	1400m: 16:18.41	35.60
	250m: 2:49.15 35.83	650m: 7:36.38	35.47	1050m: 12:14.61	34.34	1450m: 16:53.81	35.40
	300m: 3:25.63 36.48	700m: 8:12.03	35.65	1100m: 12:49.11	34.50	1500m: 17:29.48	35.67
	350m: 4:02.09 36.46	750m: 8:48.10	36.07	1150m: 13:23.51	34.40		
	400m: 4:38.75 36.66	800m: 9:23.39	35.29	1200m: 13:57.99	34.48		
3.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	18:01.03	+0,80	627	
	50m: 31.91 31.91	450m: 5:15.89	35.96	850m: 10:06.35	36.14	1250m: 14:59.09	36.29
	100m: 1:06.55 34.64	500m: 5:51.83	35.94	900m: 10:42.97	36.62	1300m: 15:35.65	36.56
	150m: 1:41.61 35.06	550m: 6:27.90	36.07	950m: 11:19.69	36.72	1350m: 16:12.29	36.64
	200m: 2:17.13 35.52	600m: 7:04.34	36.44	1000m: 11:56.55	36.86	1400m: 16:49.07	36.78
	250m: 2:52.52 35.39	650m: 7:40.85	36.51	1050m: 12:32.68	36.13	1450m: 17:25.42	36.35
	300m: 3:28.35 35.83	700m: 8:17.21	36.36	1100m: 13:09.26	36.58	1500m: 18:01.03	35.61
	350m: 4:04.05 35.70	750m: 8:54.40	37.19	1150m: 13:46.19	36.93		
	400m: 4:39.93 35.88	800m: 9:30.21	35.81	1200m: 14:22.80	36.61		
4.	CARVALHO Eva Guerreiro	99	Uniao Piedense	18:07.61	+0,91	616	
	50m: 32.40 32.40	450m: 5:20.90	36.61	850m: 10:13.36	36.41	1250m: 15:05.70	36.62
	100m: 1:07.31 34.91	500m: 5:57.51	36.61	900m: 10:49.94	36.58	1300m: 15:41.89	36.19
	150m: 1:42.90 35.59	550m: 6:33.98	36.47	950m: 11:26.58	36.64	1350m: 16:18.93	37.04
	200m: 2:18.89 35.99	600m: 7:10.74	36.76	1000m: 12:02.79	36.21	1400m: 16:55.42	36.49
	250m: 2:54.84 35.95	650m: 7:47.40	36.66	1050m: 12:39.64	36.85	1450m: 17:32.06	36.64
	300m: 3:31.14 36.30	700m: 8:23.98	36.58	1100m: 13:16.36	36.72	1500m: 18:07.61	35.55
	350m: 4:07.61 36.47	750m: 9:00.56	36.58	1150m: 13:52.80	36.44		
	400m: 4:44.29 36.68	800m: 9:36.95	36.39	1200m: 14:29.08	36.28		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres

Prova 45	Femin., 1500m Livres				Absolutos
23-07-2017 - 16:00					Resultados
Rec Nac Absoluto	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Juv B	17:34.28	VELOSO Maria Miguel	CNAC	Coimbra	08-07-2007
Rec Nac Juv A	16:54.60	HOLUB Tamila Hryhorivna	POR	Dordrecht (NED)	11-07-2014
Rec Nac Jun16	16:47.35	HOLUB Tamila Hryhorivna	POR	Coimbra	31-05-2015
Rec Nac Jun17	16:20.80	HOLUB Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Sen	16:33.93	HOLUB Tamila Hryhorivna	POR	Pontevedra (ESP)	10-04-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	NEVES Vania Soares	90	Fluvial Portuense	17:13.27	+0,79	718	
	50m: 31.96 31.96	450m: 5:04.72 34.36	850m: 9:40.48 34.79	1250m: 14:19.24 35.04			
	100m: 1:05.43 33.47	500m: 5:38.89 34.17	900m: 10:15.16 34.68	1300m: 14:54.02 34.78			
	150m: 1:39.74 34.31	550m: 6:13.37 34.48	950m: 10:49.81 34.65	1350m: 15:29.33 35.31			
	200m: 2:13.69 33.95	600m: 6:47.53 34.16	1000m: 11:24.70 34.89	1400m: 16:04.48 35.15			
	250m: 2:47.96 34.27	650m: 7:22.10 34.57	1050m: 11:59.78 35.08	1450m: 16:39.61 35.13			
	300m: 3:21.94 33.98	700m: 7:56.31 34.21	1100m: 12:34.33 34.55	1500m: 17:13.27 33.66			
	350m: 3:56.31 34.37	750m: 8:31.17 34.86	1150m: 13:09.40 35.07				
	400m: 4:30.36 34.05	800m: 9:05.69 34.52	1200m: 13:44.20 34.80				
2.	ANDRE Angelica Maria	94	Fluvial Portuense	17:29.48	+0,85	685	
	50m: 31.35 31.35	450m: 5:14.63 35.88	850m: 9:57.90 34.51	1250m: 14:32.71 34.72			
	100m: 1:04.26 32.91	500m: 5:50.27 35.64	900m: 10:31.81 33.91	1300m: 15:07.51 34.80			
	150m: 1:38.47 34.21	550m: 6:25.47 35.20	950m: 11:05.85 34.04	1350m: 15:42.81 35.30			
	200m: 2:13.32 34.85	600m: 7:00.91 35.44	1000m: 11:40.27 34.42	1400m: 16:18.41 35.60			
	250m: 2:49.15 35.83	650m: 7:36.38 35.47	1050m: 12:14.61 34.34	1450m: 16:53.81 35.40			
	300m: 3:25.63 36.48	700m: 8:12.03 35.65	1100m: 12:49.11 34.50	1500m: 17:29.48 35.67			
	350m: 4:02.09 36.46	750m: 8:48.10 36.07	1150m: 13:23.51 34.40				
	400m: 4:38.75 36.66	800m: 9:23.39 35.29	1200m: 13:57.99 34.48				
3.	COSTA Maria Carolina	01	Porto	17:34.04	+0,75	676	
	50m: 31.71 31.71	450m: 5:08.19 34.51	850m: 9:49.03 35.04	1250m: 14:34.36 36.07			
	100m: 1:06.16 34.45	500m: 5:43.25 35.06	900m: 10:24.69 35.66	1300m: 15:10.52 36.16			
	150m: 1:40.49 34.33	550m: 6:18.07 34.82	950m: 10:59.74 35.05	1350m: 15:46.35 35.83			
	200m: 2:15.20 34.71	600m: 6:53.46 35.39	1000m: 11:34.82 35.08	1400m: 16:23.04 36.69			
	250m: 2:49.39 34.19	650m: 7:28.30 34.84	1050m: 12:10.31 35.49	1450m: 16:59.01 35.97			
	300m: 3:24.15 34.76	700m: 8:03.43 35.13	1100m: 12:46.76 36.45	1500m: 17:34.04 35.03			
	350m: 3:58.54 34.39	750m: 8:38.46 35.03	1150m: 13:22.29 35.53				
	400m: 4:33.68 35.14	800m: 9:13.99 35.53	1200m: 13:58.29 36.00				
4.	RODRIGUES Filipa Serrano	01	Uniao Piedense	17:41.19	+0,76	663	
	50m: 32.21 32.21	450m: 5:10.69 35.62	850m: 9:56.23 36.03	1250m: 14:44.51 36.50			
	100m: 1:06.04 33.83	500m: 5:46.06 35.37	900m: 10:31.90 35.67	1300m: 15:20.15 35.64			
	150m: 1:40.59 34.55	550m: 6:21.87 35.81	950m: 11:08.12 36.22	1350m: 15:56.37 36.22			
	200m: 2:14.85 34.26	600m: 6:57.16 35.29	1000m: 11:43.71 35.59	1400m: 16:32.15 35.78			
	250m: 2:49.49 34.64	650m: 7:33.04 35.88	1050m: 12:20.18 36.47	1450m: 17:07.39 35.24			
	300m: 3:24.69 35.20	700m: 8:08.44 35.40	1100m: 12:55.99 35.81	1500m: 17:41.19 33.80			
	350m: 3:59.93 35.24	750m: 8:44.45 36.01	1150m: 13:32.26 36.27				
	400m: 4:35.07 35.14	800m: 9:20.20 35.75	1200m: 14:08.01 35.75				

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Splash Meet Manager, 11.49862

Registered to Federacao Portuguesa De Natacao

23-07-2017 16:19 - Página 4

PARCEIROS INSTITUCIONAIS

FORNECEDOR OFICIAL

PARCEIROS



Prova 45, Femin., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	ALVES Sara Sofia	01	Columbofila Cantanhedense	17:47.83	+0,71	651	
	50m: 32.69 32.69	450m: 5:14.14	35.27	850m: 9:58.87	35.42	1250m: 14:47.39	35.85
	100m: 1:06.86 34.17	500m: 5:49.50	35.36	900m: 10:34.75	35.88	1300m: 15:23.78	36.39
	150m: 1:41.78 34.92	550m: 6:24.91	35.41	950m: 11:10.92	36.17	1350m: 16:00.27	36.49
	200m: 2:17.00 35.22	600m: 7:00.66	35.75	1000m: 11:46.81	35.89	1400m: 16:36.61	36.34
	250m: 2:52.67 35.67	650m: 7:36.35	35.69	1050m: 12:22.94	36.13	1450m: 17:12.57	35.96
	300m: 3:28.05 35.38	700m: 8:11.90	35.55	1100m: 12:59.67	36.73	1500m: 17:47.83	35.26
	350m: 4:03.63 35.58	750m: 8:47.88	35.98	1150m: 13:35.51	35.84		
	400m: 4:38.87 35.24	800m: 9:23.45	35.57	1200m: 14:11.54	36.03		
6.	MARCOS Miriam Filipe	01	Natacao de Olhao	17:53.18	+0,70	641	
	50m: 31.75 31.75	450m: 5:15.64	35.95	850m: 10:04.46	36.08	1250m: 14:54.47	36.12
	100m: 1:06.54 34.79	500m: 5:51.76	36.12	900m: 10:40.62	36.16	1300m: 15:30.79	36.32
	150m: 1:41.55 35.01	550m: 6:27.74	35.98	950m: 11:16.86	36.24	1350m: 16:06.51	35.72
	200m: 2:16.75 35.20	600m: 7:03.95	36.21	1000m: 11:53.43	36.57	1400m: 16:42.50	35.99
	250m: 2:52.25 35.50	650m: 7:39.95	36.00	1050m: 12:29.70	36.27	1450m: 17:18.39	35.89
	300m: 3:28.10 35.85	700m: 8:16.39	36.44	1100m: 13:05.99	36.29	1500m: 17:53.18	34.79
	350m: 4:03.84 35.74	750m: 8:52.22	35.83	1150m: 13:42.11	36.12		
	400m: 4:39.69 35.85	800m: 9:28.38	36.16	1200m: 14:18.35	36.24		
7.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	18:01.03	+0,80	627	
	50m: 31.91 31.91	450m: 5:15.89	35.96	850m: 10:06.35	36.14	1250m: 14:59.09	36.29
	100m: 1:06.55 34.64	500m: 5:51.83	35.94	900m: 10:42.97	36.62	1300m: 15:35.65	36.56
	150m: 1:41.61 35.06	550m: 6:27.90	36.07	950m: 11:19.69	36.72	1350m: 16:12.29	36.64
	200m: 2:17.13 35.52	600m: 7:04.34	36.44	1000m: 11:56.55	36.86	1400m: 16:49.07	36.78
	250m: 2:52.52 35.39	650m: 7:40.85	36.51	1050m: 12:32.68	36.13	1450m: 17:25.42	36.35
	300m: 3:28.35 35.83	700m: 8:17.21	36.36	1100m: 13:09.26	36.58	1500m: 18:01.03	35.61
	350m: 4:04.05 35.70	750m: 8:54.40	37.19	1150m: 13:46.19	36.93		
	400m: 4:39.93 35.88	800m: 9:30.21	35.81	1200m: 14:22.80	36.61		
8.	CARVALHO Eva Guerreiro	99	Uniao Piedense	18:07.61	+0,91	616	
	50m: 32.40 32.40	450m: 5:20.90	36.61	850m: 10:13.36	36.41	1250m: 15:05.70	36.62
	100m: 1:07.31 34.91	500m: 5:57.51	36.61	900m: 10:49.94	36.58	1300m: 15:41.89	36.19
	150m: 1:42.90 35.59	550m: 6:33.98	36.47	950m: 11:26.58	36.64	1350m: 16:18.93	37.04
	200m: 2:18.89 35.99	600m: 7:10.74	36.76	1000m: 12:02.79	36.21	1400m: 16:55.42	36.49
	250m: 2:54.84 35.95	650m: 7:47.40	36.66	1050m: 12:39.64	36.85	1450m: 17:32.06	36.64
	300m: 3:31.14 36.30	700m: 8:23.98	36.58	1100m: 13:16.36	36.72	1500m: 18:07.61	35.55
	350m: 4:07.61 36.47	750m: 9:00.56	36.58	1150m: 13:52.80	36.44		
	400m: 4:44.29 36.68	800m: 9:36.95	36.39	1200m: 14:29.08	36.28		
9.	OLIVEIRA Ines Silva	00	Fluvial Portuense	18:24.49	+0,80	588	
	50m: 33.00 33.00	450m: 5:27.54	37.18	850m: 10:22.37	36.98	1250m: 15:20.95	37.67
	100m: 1:09.06 36.06	500m: 6:04.45	36.91	900m: 10:59.72	37.35	1300m: 15:58.23	37.28
	150m: 1:45.54 36.48	550m: 6:41.22	36.77	950m: 11:37.17	37.45	1350m: 16:35.13	36.90
	200m: 2:22.61 37.07	600m: 7:18.09	36.87	1000m: 12:14.57	37.40	1400m: 17:12.24	37.11
	250m: 2:59.85 37.24	650m: 7:54.88	36.79	1050m: 12:51.93	37.36	1450m: 17:48.74	36.50
	300m: 3:36.83 36.98	700m: 8:31.54	36.66	1100m: 13:29.11	37.18	1500m: 18:24.49	35.75
	350m: 4:13.72 36.89	750m: 9:08.37	36.83	1150m: 14:06.26	37.15		
	400m: 4:50.36 36.64	800m: 9:45.39	37.02	1200m: 14:43.28	37.02		
10.	SILVA Rafaela Araujo	00	Famalicao	18:33.89	+0,91	573	
	50m: 32.82 32.82	450m: 5:30.41	37.65	850m: 10:29.44	37.57	1250m: 15:29.52	37.37
	100m: 1:08.54 35.72	500m: 6:08.16	37.75	900m: 11:06.96	37.52	1300m: 16:06.78	37.26
	150m: 1:45.60 37.06	550m: 6:46.01	37.85	950m: 11:44.44	37.48	1350m: 16:43.72	36.94
	200m: 2:22.92 37.32	600m: 7:22.67	36.66	1000m: 12:21.89	37.45	1400m: 17:21.11	37.39
	250m: 3:00.45 37.53	650m: 7:59.72	37.05	1050m: 12:59.76	37.87	1450m: 17:57.65	36.54
	300m: 3:38.13 37.68	700m: 8:37.19	37.47	1100m: 13:37.24	37.48	1500m: 18:33.89	36.24
	350m: 4:15.56 37.43	750m: 9:14.47	37.28	1150m: 14:14.85	37.61		
	400m: 4:52.76 37.20	800m: 9:51.87	37.40	1200m: 14:52.15	37.30		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	MARTINS Ines Alves	01	Fluvial Portuense	18:38.03	+0,79	567	
	50m: 33.64 33.64	450m: 5:32.38 37.51	850m: 10:32.99 37.57	1250m: 15:33.25 37.55			
	100m: 1:10.25 36.61	500m: 6:09.50 37.12	900m: 11:10.55 37.56	1300m: 16:10.44 37.19			
	150m: 1:47.37 37.12	550m: 6:47.11 37.61	950m: 11:48.25 37.70	1350m: 16:47.87 37.43			
	200m: 2:25.04 37.67	600m: 7:24.64 37.53	1000m: 12:25.66 37.41	1400m: 17:24.99 37.12			
	250m: 3:02.66 37.62	650m: 8:02.36 37.72	1050m: 13:03.23 37.57	1450m: 18:02.08 37.09			
	300m: 3:40.00 37.34	700m: 8:40.01 37.65	1100m: 13:40.66 37.43	1500m: 18:38.03 35.95			
	350m: 4:17.37 37.37	750m: 9:17.84 37.83	1150m: 14:18.23 37.57				
	400m: 4:54.87 37.50	800m: 9:55.42 37.58	1200m: 14:55.70 37.47				
12.	FERREIRA Beatriz Marques	00	Campinho	18:44.06	+0,75	558	
	50m: 33.45 33.45	450m: 5:28.30 37.28	850m: 10:30.11 37.66	1250m: 15:34.34 38.16			
	100m: 1:08.88 35.43	500m: 6:05.59 37.29	900m: 11:07.65 37.54	1300m: 16:12.48 38.14			
	150m: 1:45.42 36.54	550m: 6:43.25 37.66	950m: 11:46.16 38.51	1350m: 16:50.89 38.41			
	200m: 2:22.42 37.00	600m: 7:21.00 37.75	1000m: 12:24.18 38.02	1400m: 17:29.13 38.24			
	250m: 2:59.53 37.11	650m: 7:58.66 37.66	1050m: 13:01.51 37.33	1450m: 18:07.33 38.20			
	300m: 3:36.71 37.18	700m: 8:36.80 38.14	1100m: 13:39.75 38.24	1500m: 18:44.06 36.73			
	350m: 4:13.80 37.09	750m: 9:14.56 37.76	1150m: 14:17.69 37.94				
	400m: 4:51.02 37.22	800m: 9:52.45 37.89	1200m: 14:56.18 38.49				
13.	BARBOSA Sara Lopes	00	Aquatico Pacense	19:10.91	+0,89	519	
	50m: 34.05 34.05	450m: 5:38.57 38.41	850m: 10:46.79 38.82	1250m: 15:57.86 39.06			
	100m: 1:11.85 37.80	500m: 6:16.66 38.09	900m: 11:25.34 38.55	1300m: 16:36.50 38.64			
	150m: 1:50.05 38.20	550m: 6:54.98 38.32	950m: 12:04.46 39.12	1350m: 17:15.61 39.11			
	200m: 2:27.90 37.85	600m: 7:33.35 38.37	1000m: 12:42.77 38.31	1400m: 17:54.51 38.90			
	250m: 3:06.03 38.13	650m: 8:11.98 38.63	1050m: 13:22.10 39.33	1450m: 18:33.23 38.72			
	300m: 3:43.96 37.93	700m: 8:50.39 38.41	1100m: 14:00.63 38.53	1500m: 19:10.91 37.68			
	350m: 4:22.21 38.25	750m: 9:29.23 38.84	1150m: 14:40.01 39.38				
	400m: 5:00.16 37.95	800m: 10:07.97 38.74	1200m: 15:18.80 38.79				

Prova 45 Femin., 1500m Livres Open
23-07-2017 - 16:00 Resultados

Rec	Nac	Tempo	Nac	Clube	Local	Data
Rec Nac Absoluto	16:20.80	HOLUB	Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Inf B	18:11.07	RUIVO	Filipa Vilas	DNMG	Coimbra	05-07-2009
Rec Nac Inf A	18:05.56	ROSA	Mafalda Sofia	CNRM	Rio Maior	24-06-2016
Rec Nac Juv B	17:34.28	VELOSO	Maria Miguel	CNAC	Coimbra	08-07-2007
Rec Nac Juv A	16:54.60	HOLUB	Tamila Hryhorivna	POR	Dordrecht (NED)	11-07-2014
Rec Nac Jun16	16:47.35	HOLUB	Tamila Hryhorivna	POR	Coimbra	31-05-2015
Rec Nac Jun17	16:20.80	HOLUB	Tamila Hryhorivna	POR	Hodmezovasarhely (HUN)	08-07-2016
Rec Nac Sen	16:33.93	HOLUB	Tamila Hryhorivna	POR	Pontevedra (ESP)	10-04-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ALONSO LORENZO Paula	95	Federacion Castilla-Leon	17:00.00	+0,79	746	
	50m: 31.13 31.13	450m: 4:59.45 33.93	850m: 9:32.85 34.25	1250m: 14:08.69 34.93			
	100m: 1:04.16 33.03	500m: 5:33.47 34.02	900m: 10:07.04 34.19	1300m: 14:43.16 34.47			
	150m: 1:37.88 33.72	550m: 6:07.87 34.40	950m: 10:41.36 34.32	1350m: 15:17.71 34.55			
	200m: 2:11.19 33.31	600m: 6:41.90 34.03	1000m: 11:15.79 34.43	1400m: 15:52.15 34.44			
	250m: 2:44.60 33.41	650m: 7:16.00 34.10	1050m: 11:50.38 34.59	1450m: 16:26.66 34.51			
	300m: 3:17.94 33.34	700m: 7:50.09 34.09	1100m: 12:24.65 34.27	1500m: 17:00.00 33.34			
	350m: 3:51.75 33.81	750m: 8:24.59 34.50	1150m: 12:59.23 34.58				
	400m: 4:25.52 33.77	800m: 8:58.60 34.01	1200m: 13:33.76 34.53				

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
2.	NEVES Vania Soares	90	Fluvial Portuense	17:13.27	+0,79	718	
	50m: 31.96 31.96	450m: 5:04.72	34.36	850m: 9:40.48	34.79	1250m: 14:19.24	35.04
	100m: 1:05.43 33.47	500m: 5:38.89	34.17	900m: 10:15.16	34.68	1300m: 14:54.02	34.78
	150m: 1:39.74 34.31	550m: 6:13.37	34.48	950m: 10:49.81	34.65	1350m: 15:29.33	35.31
	200m: 2:13.69 33.95	600m: 6:47.53	34.16	1000m: 11:24.70	34.89	1400m: 16:04.48	35.15
	250m: 2:47.96 34.27	650m: 7:22.10	34.57	1050m: 11:59.78	35.08	1450m: 16:39.61	35.13
	300m: 3:21.94 33.98	700m: 7:56.31	34.21	1100m: 12:34.33	34.55	1500m: 17:13.27	33.66
	350m: 3:56.31 34.37	750m: 8:31.17	34.86	1150m: 13:09.40	35.07		
	400m: 4:30.36 34.05	800m: 9:05.69	34.52	1200m: 13:44.20	34.80		
3.	ANDRE Angelica Maria	94	Fluvial Portuense	17:29.48	+0,85	685	
	50m: 31.35 31.35	450m: 5:14.63	35.88	850m: 9:57.90	34.51	1250m: 14:32.71	34.72
	100m: 1:04.26 32.91	500m: 5:50.27	35.64	900m: 10:31.81	33.91	1300m: 15:07.51	34.80
	150m: 1:38.47 34.21	550m: 6:25.47	35.20	950m: 11:05.85	34.04	1350m: 15:42.81	35.30
	200m: 2:13.32 34.85	600m: 7:00.91	35.44	1000m: 11:40.27	34.42	1400m: 16:18.41	35.60
	250m: 2:49.15 35.83	650m: 7:36.38	35.47	1050m: 12:14.61	34.34	1450m: 16:53.81	35.40
	300m: 3:25.63 36.48	700m: 8:12.03	35.65	1100m: 12:49.11	34.50	1500m: 17:29.48	35.67
	350m: 4:02.09 36.46	750m: 8:48.10	36.07	1150m: 13:23.51	34.40		
	400m: 4:38.75 36.66	800m: 9:23.39	35.29	1200m: 13:57.99	34.48		
4.	COSTA Maria Carolina	01	Porto	17:34.04	+0,75	676	
	50m: 31.71 31.71	450m: 5:08.19	34.51	850m: 9:49.03	35.04	1250m: 14:34.36	36.07
	100m: 1:06.16 34.45	500m: 5:43.25	35.06	900m: 10:24.69	35.66	1300m: 15:10.52	36.16
	150m: 1:40.49 34.33	550m: 6:18.07	34.82	950m: 10:59.74	35.05	1350m: 15:46.35	35.83
	200m: 2:15.20 34.71	600m: 6:53.46	35.39	1000m: 11:34.82	35.08	1400m: 16:23.04	36.69
	250m: 2:49.39 34.19	650m: 7:28.30	34.84	1050m: 12:10.31	35.49	1450m: 16:59.01	35.97
	300m: 3:24.15 34.76	700m: 8:03.43	35.13	1100m: 12:46.76	36.45	1500m: 17:34.04	35.03
	350m: 3:58.54 34.39	750m: 8:38.46	35.03	1150m: 13:22.29	35.53		
	400m: 4:33.68 35.14	800m: 9:13.99	35.53	1200m: 13:58.29	36.00		
5.	RODRIGUES Filipa Serrano	01	Uniao Piedense	17:41.19	+0,76	663	
	50m: 32.21 32.21	450m: 5:10.69	35.62	850m: 9:56.23	36.03	1250m: 14:44.51	36.50
	100m: 1:06.04 33.83	500m: 5:46.06	35.37	900m: 10:31.90	35.67	1300m: 15:20.15	35.64
	150m: 1:40.59 34.55	550m: 6:21.87	35.81	950m: 11:08.12	36.22	1350m: 15:56.37	36.22
	200m: 2:14.85 34.26	600m: 6:57.16	35.29	1000m: 11:43.71	35.59	1400m: 16:32.15	35.78
	250m: 2:49.49 34.64	650m: 7:33.04	35.88	1050m: 12:20.18	36.47	1450m: 17:07.39	35.24
	300m: 3:24.69 35.20	700m: 8:08.44	35.40	1100m: 12:55.99	35.81	1500m: 17:41.19	33.80
	350m: 3:59.93 35.24	750m: 8:44.45	36.01	1150m: 13:32.26	36.27		
	400m: 4:35.07 35.14	800m: 9:20.20	35.75	1200m: 14:08.01	35.75		
6.	ALVES Sara Sofia	01	Columbofila Cantanhedense	17:47.83	+0,71	651	
	50m: 32.69 32.69	450m: 5:14.14	35.27	850m: 9:58.87	35.42	1250m: 14:47.39	35.85
	100m: 1:06.86 34.17	500m: 5:49.50	35.36	900m: 10:34.75	35.88	1300m: 15:23.78	36.39
	150m: 1:41.78 34.92	550m: 6:24.91	35.41	950m: 11:10.92	36.17	1350m: 16:00.27	36.49
	200m: 2:17.00 35.22	600m: 7:00.66	35.75	1000m: 11:46.81	35.89	1400m: 16:36.61	36.34
	250m: 2:52.67 35.67	650m: 7:36.35	35.69	1050m: 12:22.94	36.13	1450m: 17:12.57	35.96
	300m: 3:28.05 35.38	700m: 8:11.90	35.55	1100m: 12:59.67	36.73	1500m: 17:47.83	35.26
	350m: 4:03.63 35.58	750m: 8:47.88	35.98	1150m: 13:35.51	35.84		
	400m: 4:38.87 35.24	800m: 9:23.45	35.57	1200m: 14:11.54	36.03		
7.	MARCOS Miriam Filipe	01	Natacao de Olhao	17:53.18	+0,70	641	
	50m: 31.75 31.75	450m: 5:15.64	35.95	850m: 10:04.46	36.08	1250m: 14:54.47	36.12
	100m: 1:06.54 34.79	500m: 5:51.76	36.12	900m: 10:40.62	36.16	1300m: 15:30.79	36.32
	150m: 1:41.55 35.01	550m: 6:27.74	35.98	950m: 11:16.86	36.24	1350m: 16:06.51	35.72
	200m: 2:16.75 35.20	600m: 7:03.95	36.21	1000m: 11:53.43	36.57	1400m: 16:42.50	35.99
	250m: 2:52.25 35.50	650m: 7:39.95	36.00	1050m: 12:29.70	36.27	1450m: 17:18.39	35.89
	300m: 3:28.10 35.85	700m: 8:16.39	36.44	1100m: 13:05.99	36.29	1500m: 17:53.18	34.79
	350m: 4:03.84 35.74	750m: 8:52.22	35.83	1150m: 13:42.11	36.12		
	400m: 4:39.69 35.85	800m: 9:28.38	36.16	1200m: 14:18.35	36.24		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	18:01.03	+0,80	627	
	50m: 31.91 31.91	450m: 5:15.89 35.96	850m: 10:06.35 36.14	1250m: 14:59.09 36.29			
	100m: 1:06.55 34.64	500m: 5:51.83 35.94	900m: 10:42.97 36.62	1300m: 15:35.65 36.56			
	150m: 1:41.61 35.06	550m: 6:27.90 36.07	950m: 11:19.69 36.72	1350m: 16:12.29 36.64			
	200m: 2:17.13 35.52	600m: 7:04.34 36.44	1000m: 11:56.55 36.86	1400m: 16:49.07 36.78			
	250m: 2:52.52 35.39	650m: 7:40.85 36.51	1050m: 12:32.68 36.13	1450m: 17:25.42 36.35			
	300m: 3:28.35 35.83	700m: 8:17.21 36.36	1100m: 13:09.26 36.58	1500m: 18:01.03 35.61			
	350m: 4:04.05 35.70	750m: 8:54.40 37.19	1150m: 13:46.19 36.93				
	400m: 4:39.93 35.88	800m: 9:30.21 35.81	1200m: 14:22.80 36.61				
9.	CARVALHO Eva Guerreiro	99	Uniao Piedense	18:07.61	+0,91	616	
	50m: 32.40 32.40	450m: 5:20.90 36.61	850m: 10:13.36 36.41	1250m: 15:05.70 36.62			
	100m: 1:07.31 34.91	500m: 5:57.51 36.61	900m: 10:49.94 36.58	1300m: 15:41.89 36.19			
	150m: 1:42.90 35.59	550m: 6:33.98 36.47	950m: 11:26.58 36.64	1350m: 16:18.93 37.04			
	200m: 2:18.89 35.99	600m: 7:10.74 36.76	1000m: 12:02.79 36.21	1400m: 16:55.42 36.49			
	250m: 2:54.84 35.95	650m: 7:47.40 36.66	1050m: 12:39.64 36.85	1450m: 17:32.06 36.64			
	300m: 3:31.14 36.30	700m: 8:23.98 36.58	1100m: 13:16.36 36.72	1500m: 18:07.61 35.55			
	350m: 4:07.61 36.47	750m: 9:00.56 36.58	1150m: 13:52.80 36.44				
	400m: 4:44.29 36.68	800m: 9:36.95 36.39	1200m: 14:29.08 36.28				
10.	OLIVEIRA Ines Silva	00	Fluvial Portuense	18:24.49	+0,80	588	
	50m: 33.00 33.00	450m: 5:27.54 37.18	850m: 10:22.37 36.98	1250m: 15:20.95 37.67			
	100m: 1:09.06 36.06	500m: 6:04.45 36.91	900m: 10:59.72 37.35	1300m: 15:58.23 37.28			
	150m: 1:45.54 36.48	550m: 6:41.22 36.77	950m: 11:37.17 37.45	1350m: 16:35.13 36.90			
	200m: 2:22.61 37.07	600m: 7:18.09 36.87	1000m: 12:14.57 37.40	1400m: 17:12.24 37.11			
	250m: 2:59.85 37.24	650m: 7:54.88 36.79	1050m: 12:51.93 37.36	1450m: 17:48.74 36.50			
	300m: 3:36.83 36.98	700m: 8:31.54 36.66	1100m: 13:29.11 37.18	1500m: 18:24.49 35.75			
	350m: 4:13.72 36.89	750m: 9:08.37 36.83	1150m: 14:06.26 37.15				
	400m: 4:50.36 36.64	800m: 9:45.39 37.02	1200m: 14:43.28 37.02				
11.	GARCIA HERREROS Nuria	00	Adn.Rivas-Vaciamadri	18:31.52	+0,72	577	
	50m: 33.06 33.06	450m: 5:28.54 37.03	850m: 10:25.74 37.47	1250m: 15:25.38 37.66			
	100m: 1:09.11 36.05	500m: 6:05.65 37.11	900m: 11:03.05 37.31	1300m: 16:02.72 37.34			
	150m: 1:45.88 36.77	550m: 6:42.64 36.99	950m: 11:40.59 37.54	1350m: 16:40.74 38.02			
	200m: 2:22.73 36.85	600m: 7:19.58 36.94	1000m: 12:17.86 37.27	1400m: 17:18.53 37.79			
	250m: 2:59.91 37.18	650m: 7:56.80 37.22	1050m: 12:55.36 37.50	1450m: 17:55.96 37.43			
	300m: 3:37.21 37.30	700m: 8:33.92 37.12	1100m: 13:32.71 37.35	1500m: 18:31.52 35.56			
	350m: 4:14.47 37.26	750m: 9:11.15 37.23	1150m: 14:10.38 37.67				
	400m: 4:51.51 37.04	800m: 9:48.27 37.12	1200m: 14:47.72 37.34				
12.	SILVA Rafaela Araujo	00	Famalicao	18:33.89	+0,91	573	
	50m: 32.82 32.82	450m: 5:30.41 37.65	850m: 10:29.44 37.57	1250m: 15:29.52 37.37			
	100m: 1:08.54 35.72	500m: 6:08.16 37.75	900m: 11:06.96 37.52	1300m: 16:06.78 37.26			
	150m: 1:45.60 37.06	550m: 6:46.01 37.85	950m: 11:44.44 37.48	1350m: 16:43.72 36.94			
	200m: 2:22.92 37.32	600m: 7:22.67 36.66	1000m: 12:21.89 37.45	1400m: 17:21.11 37.39			
	250m: 3:00.45 37.53	650m: 7:59.72 37.05	1050m: 12:59.76 37.87	1450m: 17:57.65 36.54			
	300m: 3:38.13 37.68	700m: 8:37.19 37.47	1100m: 13:37.24 37.48	1500m: 18:33.89 36.24			
	350m: 4:15.56 37.43	750m: 9:14.47 37.28	1150m: 14:14.85 37.61				
	400m: 4:52.76 37.20	800m: 9:51.87 37.40	1200m: 14:52.15 37.30				
13.	MARTINS Ines Alves	01	Fluvial Portuense	18:38.03	+0,79	567	
	50m: 33.64 33.64	450m: 5:32.38 37.51	850m: 10:32.99 37.57	1250m: 15:33.25 37.55			
	100m: 1:10.25 36.61	500m: 6:09.50 37.12	900m: 11:10.55 37.56	1300m: 16:10.44 37.19			
	150m: 1:47.37 37.12	550m: 6:47.11 37.61	950m: 11:48.25 37.70	1350m: 16:47.87 37.43			
	200m: 2:25.04 37.67	600m: 7:24.64 37.53	1000m: 12:25.66 37.41	1400m: 17:24.99 37.12			
	250m: 3:02.66 37.62	650m: 8:02.36 37.72	1050m: 13:03.23 37.57	1450m: 18:02.08 37.09			
	300m: 3:40.00 37.34	700m: 8:40.01 37.65	1100m: 13:40.66 37.43	1500m: 18:38.03 35.95			
	350m: 4:17.37 37.37	750m: 9:17.84 37.83	1150m: 14:18.23 37.57				
	400m: 4:54.87 37.50	800m: 9:55.42 37.58	1200m: 14:55.70 37.47				

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 45, Femin., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	FERREIRA Beatriz Marques	00	Campinho	18:44.06	+0,75	558	
	50m: 33.45 33.45	450m: 5:28.30	37.28	850m: 10:30.11	37.66	1250m: 15:34.34	38.16
	100m: 1:08.88 35.43	500m: 6:05.59	37.29	900m: 11:07.65	37.54	1300m: 16:12.48	38.14
	150m: 1:45.42 36.54	550m: 6:43.25	37.66	950m: 11:46.16	38.51	1350m: 16:50.89	38.41
	200m: 2:22.42 37.00	600m: 7:21.00	37.75	1000m: 12:24.18	38.02	1400m: 17:29.13	38.24
	250m: 2:59.53 37.11	650m: 7:58.66	37.66	1050m: 13:01.51	37.33	1450m: 18:07.33	38.20
	300m: 3:36.71 37.18	700m: 8:36.80	38.14	1100m: 13:39.75	38.24	1500m: 18:44.06	36.73
	350m: 4:13.80 37.09	750m: 9:14.56	37.76	1150m: 14:17.69	37.94		
	400m: 4:51.02 37.22	800m: 9:52.45	37.89	1200m: 14:56.18	38.49		
15.	BARBOSA Sara Lopes	00	Aquatico Pacense	19:10.91	+0,89	519	
	50m: 34.05 34.05	450m: 5:38.57	38.41	850m: 10:46.79	38.82	1250m: 15:57.86	39.06
	100m: 1:11.85 37.80	500m: 6:16.66	38.09	900m: 11:25.34	38.55	1300m: 16:36.50	38.64
	150m: 1:50.05 38.20	550m: 6:54.98	38.32	950m: 12:04.46	39.12	1350m: 17:15.61	39.11
	200m: 2:27.90 37.85	600m: 7:33.35	38.37	1000m: 12:42.77	38.31	1400m: 17:54.51	38.90
	250m: 3:06.03 38.13	650m: 8:11.98	38.63	1050m: 13:22.10	39.33	1450m: 18:33.23	38.72
	300m: 3:43.96 37.93	700m: 8:50.39	38.41	1100m: 14:00.63	38.53	1500m: 19:10.91	37.68
	350m: 4:22.21 38.25	750m: 9:29.23	38.84	1150m: 14:40.01	39.38		
	400m: 5:00.16 37.95	800m: 10:07.97	38.74	1200m: 15:18.80	38.79		

RJC=Rejeitado WDR= Retirado EXH= Extra Competição