

Prova 2 Femin., 800m Livres Juvenis
20-07-2017 Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FRAZAO Alexandra Couto	02	Individual ANC	8:59.54	+0,71	725	
	50m: 31.10 31.10	250m: 2:46.61 34.42	450m: 5:03.70 34.55	650m: 7:19.78 33.81			
	100m: 1:04.32 33.22	300m: 3:20.94 34.33	500m: 5:37.81 34.11	700m: 7:53.52 33.74			
	150m: 1:38.25 33.93	350m: 3:55.01 34.07	550m: 6:12.31 34.50	750m: 8:27.07 33.55			
	200m: 2:12.19 33.94	400m: 4:29.15 34.14	600m: 6:45.97 33.66	800m: 8:59.54 32.47			
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	9:15.48	+0,82	664	
	50m: 32.53 32.53	250m: 2:52.30 35.00	450m: 5:12.23 35.04	650m: 7:32.25 35.08			
	100m: 1:07.17 34.64	300m: 3:27.01 34.71	500m: 5:47.01 34.78	700m: 8:07.34 35.09			
	150m: 1:42.50 35.33	350m: 4:02.18 35.17	550m: 6:22.34 35.33	750m: 8:41.97 34.63			
	200m: 2:17.30 34.80	400m: 4:37.19 35.01	600m: 6:57.17 34.83	800m: 9:15.48 33.51			
3.	BARBOSA Mariana Fernandes	02	Porto	9:19.92	+0,79	649	
	50m: 31.33 31.33	250m: 2:49.33 35.03	450m: 5:10.14 35.49	650m: 7:33.49 35.89			
	100m: 1:05.28 33.95	300m: 3:24.40 35.07	500m: 5:45.84 35.70	700m: 8:09.22 35.73			
	150m: 1:39.82 34.54	350m: 3:59.65 35.25	550m: 6:21.56 35.72	750m: 8:44.84 35.62			
	200m: 2:14.30 34.48	400m: 4:34.65 35.00	600m: 6:57.60 36.04	800m: 9:19.92 35.08			
4.	ROSA Mafalda Sofia	03	Rio Maior	9:22.97	+0,76	638	
	50m: 31.98 31.98	250m: 2:53.29 35.27	450m: 5:14.60 35.32	650m: 7:36.54 35.62			
	100m: 1:06.95 34.97	300m: 3:28.58 35.29	500m: 5:49.80 35.20	700m: 8:12.03 35.49			
	150m: 1:42.36 35.41	350m: 4:04.04 35.46	550m: 6:25.37 35.57	750m: 8:48.21 36.18			
	200m: 2:18.02 35.66	400m: 4:39.28 35.24	600m: 7:00.92 35.55	800m: 9:22.97 34.76			
5.	SOUSA Ana Reis	02	Litoral Alentejano	9:25.73	+0,75	629	
	50m: 31.18 31.18	250m: 2:48.62 35.09	450m: 5:12.34 36.40	650m: 7:38.62 36.66			
	100m: 1:04.69 33.51	300m: 3:23.95 35.33	500m: 5:48.79 36.45	700m: 8:14.90 36.28			
	150m: 1:38.75 34.06	350m: 3:59.73 35.78	550m: 6:25.31 36.52	750m: 8:50.99 36.09			
	200m: 2:13.53 34.78	400m: 4:35.94 36.21	600m: 7:01.96 36.65	800m: 9:25.73 34.74			
6.	RAMOS Ana Rita	02	Porto	9:31.24	+0,74	611	
	50m: 32.43 32.43	250m: 2:53.57 35.72	450m: 5:17.02 36.08	650m: 7:42.41 36.41			
	100m: 1:07.43 35.00	300m: 3:29.26 35.69	500m: 5:53.41 36.39	700m: 8:19.16 36.75			
	150m: 1:42.59 35.16	350m: 4:05.14 35.88	550m: 6:29.72 36.31	750m: 8:55.66 36.50			
	200m: 2:17.85 35.26	400m: 4:40.94 35.80	600m: 7:06.00 36.28	800m: 9:31.24 35.58			
7.	MARTINS Joana Ribeiro	03	Benfica	9:31.32		610	
	50m: 32.46 32.46	250m: 2:56.76 35.96	450m: 5:21.50 35.66	650m: 7:45.68 35.92			
	100m: 1:08.74 36.28	300m: 3:33.25 36.49	500m: 5:57.96 36.46	700m: 8:21.78 36.10			
	150m: 1:44.29 35.55	350m: 4:09.14 35.89	550m: 6:33.43 35.47	750m: 8:57.59 35.81			
	200m: 2:20.80 36.51	400m: 4:45.84 36.70	600m: 7:09.76 36.33	800m: 9:31.32 33.73			
8.	QUEIROZ Ana Rita	02	Fundacao Beatriz Santos	9:33.02	+0,80	605	
	50m: 31.62 31.62	250m: 2:53.23 35.95	450m: 5:18.79 36.13	650m: 7:44.50 36.06			
	100m: 1:06.12 34.50	300m: 3:29.89 36.66	500m: 5:55.24 36.45	700m: 8:21.21 36.71			
	150m: 1:41.61 35.49	350m: 4:06.10 36.21	550m: 6:31.71 36.47	750m: 8:57.42 36.21			
	200m: 2:17.28 35.67	400m: 4:42.66 36.56	600m: 7:08.44 36.73	800m: 9:33.02 35.60			
9.	MARTINS Francisca Soares	03	Foca	9:44.50	+0,80	570	
	50m: 33.96 33.96	250m: 3:01.42 36.88	450m: 5:29.73 36.92	650m: 7:57.50 36.91			
	100m: 1:10.81 36.85	300m: 3:38.59 37.17	500m: 6:06.53 36.80	700m: 8:34.41 36.91			
	150m: 1:47.97 37.16	350m: 4:15.93 37.34	550m: 6:43.65 37.12	750m: 9:10.89 36.48			
	200m: 2:24.54 36.57	400m: 4:52.81 36.88	600m: 7:20.59 36.94	800m: 9:44.50 33.61			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	FERNANDES Leonor Camacho	02	Sporting	9:47.42	+0,71	562	
	50m: 32.33 32.33	250m: 2:57.57 36.53	450m: 5:25.80 37.11	650m: 7:55.50 37.49			
	100m: 1:08.14 35.81	300m: 3:34.55 36.98	500m: 6:02.78 36.98	700m: 8:33.09 37.59			
	150m: 1:44.61 36.47	350m: 4:11.58 37.03	550m: 6:40.44 37.66	750m: 9:10.40 37.31			
	200m: 2:21.04 36.43	400m: 4:48.69 37.11	600m: 7:18.01 37.57	800m: 9:47.42 37.02			
11.	VARANDAS Joana Filipa	02	Laranjeiro	9:47.98	+0,83	560	
	50m: 33.19 33.19	250m: 2:59.53 37.11	450m: 5:28.20 37.27	650m: 7:57.27 37.13			
	100m: 1:09.00 35.81	300m: 3:36.61 37.08	500m: 6:05.45 37.25	700m: 8:34.70 37.43			
	150m: 1:45.45 36.45	350m: 4:13.77 37.16	550m: 6:42.75 37.30	750m: 9:11.77 37.07			
	200m: 2:22.42 36.97	400m: 4:50.93 37.16	600m: 7:20.14 37.39	800m: 9:47.98 36.21			
12.	BELO Maria Margarida	02	Sporting	9:49.98	+0,85	554	
	50m: 31.34 31.34	250m: 2:57.73 37.10	450m: 5:28.00 37.24	650m: 7:59.13 37.65			
	100m: 1:06.68 35.34	300m: 3:35.45 37.72	500m: 6:05.85 37.85	700m: 8:37.46 38.33			
	150m: 1:44.05 37.37	350m: 4:12.98 37.53	550m: 6:43.92 38.07	750m: 9:14.97 37.51			
	200m: 2:20.63 36.58	400m: 4:50.76 37.78	600m: 7:21.48 37.56	800m: 9:49.98 35.01			
13.	SOARES Carolina Silva	03	Natacao de Valongo	9:50.11	+0,82	554	
	50m: 32.81 32.81	250m: 3:01.02 37.61	450m: 5:31.20 37.56	650m: 8:01.86 38.18			
	100m: 1:09.06 36.25	300m: 3:38.67 37.65	500m: 6:08.47 37.27	700m: 8:39.19 37.33			
	150m: 1:46.33 37.27	350m: 4:16.12 37.45	550m: 6:46.04 37.57	750m: 9:15.74 36.55			
	200m: 2:23.41 37.08	400m: 4:53.64 37.52	600m: 7:23.68 37.64	800m: 9:50.11 34.37			
14.	AGOSTINHO Catia Iordan	02	Rio Maior	9:54.24	+0,59	542	
	50m: 32.90 32.90	250m: 3:01.20 37.55	450m: 5:31.31 37.52	650m: 8:02.34 37.74			
	100m: 1:09.07 36.17	300m: 3:38.65 37.45	500m: 6:09.06 37.75	700m: 8:39.70 37.36			
	150m: 1:46.04 36.97	350m: 4:16.36 37.71	550m: 6:46.77 37.71	750m: 9:17.10 37.40			
	200m: 2:23.65 37.61	400m: 4:53.79 37.43	600m: 7:24.60 37.83	800m: 9:54.24 37.14			
15.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	9:55.97	+0,72	538	
	50m: 33.08 33.08	250m: 2:59.99 37.54	450m: 5:29.61 37.70	650m: 8:02.34 38.72			
	100m: 1:09.00 35.92	300m: 3:37.08 37.09	500m: 6:07.34 37.73	700m: 8:40.86 38.52			
	150m: 1:45.69 36.69	350m: 4:14.39 37.31	550m: 6:45.40 38.06	750m: 9:19.07 38.21			
	200m: 2:22.45 36.76	400m: 4:51.91 37.52	600m: 7:23.62 38.22	800m: 9:55.97 36.90			
16.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:57.29	+0,92	534	
	50m: 34.34 34.34	250m: 3:05.08 37.95	450m: 5:36.62 37.42	650m: 8:08.06 37.54			
	100m: 1:11.65 37.31	300m: 3:43.05 37.97	500m: 6:14.40 37.78	700m: 8:45.59 37.53			
	150m: 1:48.90 37.25	350m: 4:21.07 38.02	550m: 6:52.61 38.21	750m: 9:22.34 36.75			
	200m: 2:27.13 38.23	400m: 4:59.20 38.13	600m: 7:30.52 37.91	800m: 9:57.29 34.95			
17.	PEIXEIRA Filipa Ramos	03	Sporting	9:58.33	+0,79	531	
	50m: 32.72 32.72	250m: 3:00.19 37.45	450m: 5:31.17 38.16	650m: 8:03.86 38.28			
	100m: 1:08.84 36.12	300m: 3:38.09 37.90	500m: 6:09.11 37.94	700m: 8:42.42 38.56			
	150m: 1:45.89 37.05	350m: 4:15.87 37.78	550m: 6:47.24 38.13	750m: 9:20.90 38.48			
	200m: 2:22.74 36.85	400m: 4:53.01 37.14	600m: 7:25.58 38.34	800m: 9:58.33 37.43			
18.	PELAIO Maria Joao	03	Ginasio Figueirense	9:59.79		528	
	50m: 33.53 33.53	250m: 3:03.35 37.74	450m: 5:34.74 37.85	650m: 8:07.68 38.24			
	100m: 1:10.07 36.54	300m: 3:41.45 38.10	500m: 6:13.30 38.56	700m: 8:45.89 38.21			
	150m: 1:47.48 37.41	350m: 4:19.17 37.72	550m: 6:51.43 38.13	750m: 9:23.93 38.04			
	200m: 2:25.61 38.13	400m: 4:56.89 37.72	600m: 7:29.44 38.01	800m: 9:59.79 35.86			
19.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	9:59.97	+0,79	527	
	50m: 34.15 34.15	250m: 3:04.82 37.47	450m: 5:35.35 37.69	650m: 8:07.44 37.96			
	100m: 1:11.44 37.29	300m: 3:42.55 37.73	500m: 6:13.41 38.06	700m: 8:45.00 37.56			
	150m: 1:49.17 37.73	350m: 4:19.93 37.38	550m: 6:51.49 38.08	750m: 9:22.81 37.81			
	200m: 2:27.35 38.18	400m: 4:57.66 37.73	600m: 7:29.48 37.99	800m: 9:59.97 37.16			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	CARDOSO Rita Constanca	03	Porto	10:03.55	+0,73	518	
	50m: 33.98 33.98	250m: 3:06.05 38.68	450m: 5:39.73 38.24	650m: 8:12.99 38.15			
	100m: 1:11.14 37.16	300m: 3:44.50 38.45	500m: 6:17.87 38.14	700m: 8:50.93 37.94			
	150m: 1:49.19 38.05	350m: 4:22.96 38.46	550m: 6:56.56 38.69	750m: 9:27.79 36.86			
	200m: 2:27.37 38.18	400m: 5:01.49 38.53	600m: 7:34.84 38.28	800m: 10:03.55 35.76			
21.	CAMPOS Alexandra Martins	02	Leixoes	10:04.92	+0,83	514	
	50m: 34.19 34.19	250m: 3:06.14 38.38	450m: 5:39.39 38.24	650m: 8:13.65 38.55			
	100m: 1:11.43 37.24	300m: 3:44.38 38.24	500m: 6:18.03 38.64	700m: 8:52.04 38.39			
	150m: 1:49.45 38.02	350m: 4:22.63 38.25	550m: 6:56.51 38.48	750m: 9:29.58 37.54			
	200m: 2:27.76 38.31	400m: 5:01.15 38.52	600m: 7:35.10 38.59	800m: 10:04.92 35.34			
22.	FONSECA Laura Luz	03	Naval de Ponta Delgada	10:06.95	+0,78	509	
	50m: 33.26 33.26	250m: 3:03.24 38.40	450m: 5:36.89 38.61	650m: 8:12.61 38.97			
	100m: 1:09.62 36.36	300m: 3:41.38 38.14	500m: 6:15.61 38.72	700m: 8:51.41 38.80			
	150m: 1:47.14 37.52	350m: 4:19.89 38.51	550m: 6:54.49 38.88	750m: 9:30.09 38.68			
	200m: 2:24.84 37.70	400m: 4:58.28 38.39	600m: 7:33.64 39.15	800m: 10:06.95 36.86			
23.	LIMA Jessica Soares	02	Braga	10:07.84	+0,83	507	
	50m: 33.26 33.26	250m: 3:04.24 38.61	450m: 5:39.75 38.97	650m: 8:14.50 38.67			
	100m: 1:09.64 36.38	300m: 3:42.71 38.47	500m: 6:18.35 38.60	700m: 8:52.94 38.44			
	150m: 1:47.52 37.88	350m: 4:21.79 39.08	550m: 6:57.05 38.70	750m: 9:30.95 38.01			
	200m: 2:25.63 38.11	400m: 5:00.78 38.99	600m: 7:35.83 38.78	800m: 10:07.84 36.89			
24.	FERREIRA Madalena Maria	02	Sporting	10:09.24	+0,82	503	
	50m: 33.95 33.95	250m: 3:05.04 38.73	450m: 5:40.37 38.99	650m: 8:15.59 38.99			
	100m: 1:10.26 36.31	300m: 3:43.22 38.18	500m: 6:19.17 38.80	700m: 8:54.17 38.58			
	150m: 1:48.45 38.19	350m: 4:22.54 39.32	550m: 6:58.08 38.91	750m: 9:32.27 38.10			
	200m: 2:26.31 37.86	400m: 5:01.38 38.84	600m: 7:36.60 38.52	800m: 10:09.24 36.97			
25.	ROCHA Ines Freitas	03	Aquatico Pacense	10:09.91	+0,91	502	
	50m: 33.80 33.80	250m: 3:07.88 38.96	450m: 5:44.24 39.47	650m: 8:17.90 38.55			
	100m: 1:11.55 37.75	300m: 3:47.04 39.16	500m: 6:22.09 37.85	700m: 8:55.88 37.98			
	150m: 1:49.65 38.10	350m: 4:25.80 38.76	550m: 7:00.57 38.48	750m: 9:33.78 37.90			
	200m: 2:28.92 39.27	400m: 5:04.77 38.97	600m: 7:39.35 38.78	800m: 10:09.91 36.13			
26.	CARVALHO Beatriz Moreira	03	Rio Maior	10:10.75	+0,79	500	
	50m: 33.98 33.98	250m: 3:06.59 38.46	450m: 5:40.82 38.30	650m: 8:16.47 39.02			
	100m: 1:11.28 37.30	300m: 3:44.98 38.39	500m: 6:19.57 38.75	700m: 8:55.40 38.93			
	150m: 1:49.47 38.19	350m: 4:23.79 38.81	550m: 6:58.55 38.98	750m: 9:33.88 38.48			
	200m: 2:28.13 38.66	400m: 5:02.52 38.73	600m: 7:37.45 38.90	800m: 10:10.75 36.87			
27.	OLIVEIRA Mafalda Joana	02	Individual ANNP	10:10.82	+0,94	499	
	50m: 32.70 32.70	250m: 3:04.44 38.71	450m: 5:40.17 39.15	650m: 8:16.04 39.05			
	100m: 1:09.16 36.46	300m: 3:43.10 38.66	500m: 6:19.24 39.07	700m: 8:55.12 39.08			
	150m: 1:47.52 38.36	350m: 4:21.86 38.76	550m: 6:58.07 38.83	750m: 9:33.51 38.39			
	200m: 2:25.73 38.21	400m: 5:01.02 39.16	600m: 7:36.99 38.92	800m: 10:10.82 37.31			
28.	PAIS Matilde Vieira	03	Galitos / Bresimar	10:10.96		499	
	50m: 34.29 34.29	250m: 3:05.93 38.27	450m: 5:41.20 38.45	650m: 8:17.16 38.82			
	100m: 1:11.67 37.38	300m: 3:44.57 38.64	500m: 6:20.11 38.91	700m: 8:56.21 39.05			
	150m: 1:49.62 37.95	350m: 4:23.20 38.63	550m: 6:59.33 39.22	750m: 9:34.79 38.58			
	200m: 2:27.66 38.04	400m: 5:02.75 39.55	600m: 7:38.34 39.01	800m: 10:10.96 36.17			
29.	SILVA Eduarda Reis	03	Famalicao	10:13.42	+0,83	493	
	50m: 33.00 33.00	250m: 3:03.27 38.44	450m: 5:37.50 38.50	650m: 8:15.29 39.37			
	100m: 1:09.23 36.23	300m: 3:40.97 37.70	500m: 6:16.93 39.43	700m: 8:55.43 40.14			
	150m: 1:46.91 37.68	350m: 4:19.93 38.96	550m: 6:55.78 38.85	750m: 9:34.95 39.52			
	200m: 2:24.83 37.92	400m: 4:59.00 39.07	600m: 7:35.92 40.14	800m: 10:13.42 38.47			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	RODRIGUES Ana Luisa	03	Louzan Natacao	10:18.11	+0,80	482	
	50m: 33.86 33.86	250m: 3:05.98	38.39	450m: 5:41.12	39.16	650m: 8:19.09	39.51
	100m: 1:11.06 37.20	300m: 3:44.36	38.38	500m: 6:20.29	39.17	700m: 8:59.18	40.09
	150m: 1:49.14 38.08	350m: 4:22.96	38.60	550m: 6:59.64	39.35	750m: 9:39.32	40.14
	200m: 2:27.59 38.45	400m: 5:01.96	39.00	600m: 7:39.58	39.94	800m: 10:18.11	38.79
31.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	10:18.86	+0,83	480	
	50m: 32.37 32.37	250m: 3:00.81	38.26	450m: 5:38.96	40.52	650m: 8:19.71	40.35
	100m: 1:07.96 35.59	300m: 3:40.08	39.27	500m: 6:18.24	39.28	700m: 9:00.04	40.33
	150m: 1:44.69 36.73	350m: 4:19.35	39.27	550m: 6:58.49	40.25	750m: 9:40.75	40.71
	200m: 2:22.55 37.86	400m: 4:58.44	39.09	600m: 7:39.36	40.87	800m: 10:18.86	38.11
32.	MARTINS Beatriz Picanco	03	Benfica	10:21.23	+0,87	475	
	50m: 33.22 33.22	250m: 3:06.58	38.76	450m: 5:43.98	40.09	650m: 8:22.53	40.16
	100m: 1:10.56 37.34	300m: 3:45.54	38.96	500m: 6:22.99	39.01	700m: 9:02.96	40.43
	150m: 1:49.33 38.77	350m: 4:24.77	39.23	550m: 7:02.71	39.72	750m: 9:42.90	39.94
	200m: 2:27.82 38.49	400m: 5:03.89	39.12	600m: 7:42.37	39.66	800m: 10:21.23	38.33
33.	GOMES Constanca Mendes	03	Pimpoes/Cimai	10:21.72	+0,73	474	
	50m: 34.91 34.91	250m: 3:10.85	39.79	450m: 5:49.00	40.01	650m: 8:26.76	39.61
	100m: 1:12.77 37.86	300m: 3:50.13	39.28	500m: 6:28.27	39.27	700m: 9:05.84	39.08
	150m: 1:52.09 39.32	350m: 4:29.76	39.63	550m: 7:08.13	39.86	750m: 9:44.73	38.89
	200m: 2:31.06 38.97	400m: 5:08.99	39.23	600m: 7:47.15	39.02	800m: 10:21.72	36.99
34.	VALENTE Beatriz Sousa	03	Natacao de Olhao	10:21.73	+0,86	474	
	50m: 35.61 35.61	250m: 3:11.20	39.61	450m: 5:48.69	39.98	650m: 8:26.46	39.32
	100m: 1:13.66 38.05	300m: 3:50.16	38.96	500m: 6:27.98	39.29	700m: 9:05.09	38.63
	150m: 1:52.77 39.11	350m: 4:29.73	39.57	550m: 7:07.85	39.87	750m: 9:44.38	39.29
	200m: 2:31.59 38.82	400m: 5:08.71	38.98	600m: 7:47.14	39.29	800m: 10:21.73	37.35
35.	SILVA Ana Pereira	03	Fafe	10:30.65	+0,80	454	
	50m: 34.38 34.38	250m: 3:10.77	39.77	450m: 5:49.57	40.09	650m: 8:30.53	40.66
	100m: 1:11.82 37.44	300m: 3:50.23	39.46	500m: 6:29.27	39.70	700m: 9:11.22	40.69
	150m: 1:51.47 39.65	350m: 4:29.93	39.70	550m: 7:09.68	40.41	750m: 9:51.63	40.41
	200m: 2:31.00 39.53	400m: 5:09.48	39.55	600m: 7:49.87	40.19	800m: 10:30.65	39.02

Prova 2
20-07-2017

Femin., 800m Livres

Juvenis B
Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ROSA Mafalda Sofia	03	Rio Maior	9:22.97	+0,76	638	
	50m: 31.98 31.98	250m: 2:53.29	35.27	450m: 5:14.60	35.32	650m: 7:36.54	35.62
	100m: 1:06.95 34.97	300m: 3:28.58	35.29	500m: 5:49.80	35.20	700m: 8:12.03	35.49
	150m: 1:42.36 35.41	350m: 4:04.04	35.46	550m: 6:25.37	35.57	750m: 8:48.21	36.18
	200m: 2:18.02 35.66	400m: 4:39.28	35.24	600m: 7:00.92	35.55	800m: 9:22.97	34.76
2.	MARTINS Joana Ribeiro	03	Benfica	9:31.32		610	
	50m: 32.46 32.46	250m: 2:56.76	35.96	450m: 5:21.50	35.66	650m: 7:45.68	35.92
	100m: 1:08.74 36.28	300m: 3:33.25	36.49	500m: 5:57.96	36.46	700m: 8:21.78	36.10
	150m: 1:44.29 35.55	350m: 4:09.14	35.89	550m: 6:33.43	35.47	750m: 8:57.59	35.81
	200m: 2:20.80 36.51	400m: 4:45.84	36.70	600m: 7:09.76	36.33	800m: 9:31.32	33.73

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	MARTINS Francisca Soares	03	Foca	9:44.50	+0,80	570	
	50m: 33.96 33.96	250m: 3:01.42 36.88	450m: 5:29.73 36.92	650m: 7:57.50 36.91			
	100m: 1:10.81 36.85	300m: 3:38.59 37.17	500m: 6:06.53 36.80	700m: 8:34.41 36.91			
	150m: 1:47.97 37.16	350m: 4:15.93 37.34	550m: 6:43.65 37.12	750m: 9:10.89 36.48			
	200m: 2:24.54 36.57	400m: 4:52.81 36.88	600m: 7:20.59 36.94	800m: 9:44.50 33.61			
4.	SOARES Carolina Silva	03	Natacao de Valongo	9:50.11	+0,82	554	
	50m: 32.81 32.81	250m: 3:01.02 37.61	450m: 5:31.20 37.56	650m: 8:01.86 38.18			
	100m: 1:09.06 36.25	300m: 3:38.67 37.65	500m: 6:08.47 37.27	700m: 8:39.19 37.33			
	150m: 1:46.33 37.27	350m: 4:16.12 37.45	550m: 6:46.04 37.57	750m: 9:15.74 36.55			
	200m: 2:23.41 37.08	400m: 4:53.64 37.52	600m: 7:23.68 37.64	800m: 9:50.11 34.37			
5.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:57.29	+0,92	534	
	50m: 34.34 34.34	250m: 3:05.08 37.95	450m: 5:36.62 37.42	650m: 8:08.06 37.54			
	100m: 1:11.65 37.31	300m: 3:43.05 37.97	500m: 6:14.40 37.78	700m: 8:45.59 37.53			
	150m: 1:48.90 37.25	350m: 4:21.07 38.02	550m: 6:52.61 38.21	750m: 9:22.34 36.75			
	200m: 2:27.13 38.23	400m: 4:59.20 38.13	600m: 7:30.52 37.91	800m: 9:57.29 34.95			
6.	PEIXEIRA Filipa Ramos	03	Sporting	9:58.33	+0,79	531	
	50m: 32.72 32.72	250m: 3:00.19 37.45	450m: 5:31.17 38.16	650m: 8:03.86 38.28			
	100m: 1:08.84 36.12	300m: 3:38.09 37.90	500m: 6:09.11 37.94	700m: 8:42.42 38.56			
	150m: 1:45.89 37.05	350m: 4:15.87 37.78	550m: 6:47.24 38.13	750m: 9:20.90 38.48			
	200m: 2:22.74 36.85	400m: 4:53.01 37.14	600m: 7:25.58 38.34	800m: 9:58.33 37.43			
7.	PELAIO Maria Joao	03	Ginasio Figueirense	9:59.79		528	
	50m: 33.53 33.53	250m: 3:03.35 37.74	450m: 5:34.74 37.85	650m: 8:07.68 38.24			
	100m: 1:10.07 36.54	300m: 3:41.45 38.10	500m: 6:13.30 38.56	700m: 8:45.89 38.21			
	150m: 1:47.48 37.41	350m: 4:19.17 37.72	550m: 6:51.43 38.13	750m: 9:23.93 38.04			
	200m: 2:25.61 38.13	400m: 4:56.89 37.72	600m: 7:29.44 38.01	800m: 9:59.79 35.86			
8.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	9:59.97	+0,79	527	
	50m: 34.15 34.15	250m: 3:04.82 37.47	450m: 5:35.35 37.69	650m: 8:07.44 37.96			
	100m: 1:11.44 37.29	300m: 3:42.55 37.73	500m: 6:13.41 38.06	700m: 8:45.00 37.56			
	150m: 1:49.17 37.73	350m: 4:19.93 37.38	550m: 6:51.49 38.08	750m: 9:22.81 37.81			
	200m: 2:27.35 38.18	400m: 4:57.66 37.73	600m: 7:29.48 37.99	800m: 9:59.97 37.16			
9.	CARDOSO Rita Constanca	03	Porto	10:03.55	+0,73	518	
	50m: 33.98 33.98	250m: 3:06.05 38.68	450m: 5:39.73 38.24	650m: 8:12.99 38.15			
	100m: 1:11.14 37.16	300m: 3:44.50 38.45	500m: 6:17.87 38.14	700m: 8:50.93 37.94			
	150m: 1:49.19 38.05	350m: 4:22.96 38.46	550m: 6:56.56 38.69	750m: 9:27.79 36.86			
	200m: 2:27.37 38.18	400m: 5:01.49 38.53	600m: 7:34.84 38.28	800m: 10:03.55 35.76			
10.	FONSECA Laura Luz	03	Naval de Ponta Delgada	10:06.95	+0,78	509	
	50m: 33.26 33.26	250m: 3:03.24 38.40	450m: 5:36.89 38.61	650m: 8:12.61 38.97			
	100m: 1:09.62 36.36	300m: 3:41.38 38.14	500m: 6:15.61 38.72	700m: 8:51.41 38.80			
	150m: 1:47.14 37.52	350m: 4:19.89 38.51	550m: 6:54.49 38.88	750m: 9:30.09 38.68			
	200m: 2:24.84 37.70	400m: 4:58.28 38.39	600m: 7:33.64 39.15	800m: 10:06.95 36.86			
11.	ROCHA Ines Freitas	03	Aquatico Pacense	10:09.91	+0,91	502	
	50m: 33.80 33.80	250m: 3:07.88 38.96	450m: 5:44.24 39.47	650m: 8:17.90 38.55			
	100m: 1:11.55 37.75	300m: 3:47.04 39.16	500m: 6:22.09 37.85	700m: 8:55.88 37.98			
	150m: 1:49.65 38.10	350m: 4:25.80 38.76	550m: 7:00.57 38.48	750m: 9:33.78 37.90			
	200m: 2:28.92 39.27	400m: 5:04.77 38.97	600m: 7:39.35 38.78	800m: 10:09.91 36.13			
12.	CARVALHO Beatriz Moreira	03	Rio Maior	10:10.75	+0,79	500	
	50m: 33.98 33.98	250m: 3:06.59 38.46	450m: 5:40.82 38.30	650m: 8:16.47 39.02			
	100m: 1:11.28 37.30	300m: 3:44.98 38.39	500m: 6:19.57 38.75	700m: 8:55.40 38.93			
	150m: 1:49.47 38.19	350m: 4:23.79 38.81	550m: 6:58.55 38.98	750m: 9:33.88 38.48			
	200m: 2:28.13 38.66	400m: 5:02.52 38.73	600m: 7:37.45 38.90	800m: 10:10.75 36.87			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	PAIS Matilde Vieira	03	Galitos / Bresimar	10:10.96		499	
	50m: 34.29 34.29	250m: 3:05.93	38.27	450m: 5:41.20	38.45	650m: 8:17.16	38.82
	100m: 1:11.67 37.38	300m: 3:44.57	38.64	500m: 6:20.11	38.91	700m: 8:56.21	39.05
	150m: 1:49.62 37.95	350m: 4:23.20	38.63	550m: 6:59.33	39.22	750m: 9:34.79	38.58
	200m: 2:27.66 38.04	400m: 5:02.75	39.55	600m: 7:38.34	39.01	800m: 10:10.96	36.17
14.	SILVA Eduarda Reis	03	Famalicao	10:13.42	+0,83	493	
	50m: 33.00 33.00	250m: 3:03.27	38.44	450m: 5:37.50	38.50	650m: 8:15.29	39.37
	100m: 1:09.23 36.23	300m: 3:40.97	37.70	500m: 6:16.93	39.43	700m: 8:55.43	40.14
	150m: 1:46.91 37.68	350m: 4:19.93	38.96	550m: 6:55.78	38.85	750m: 9:34.95	39.52
	200m: 2:24.83 37.92	400m: 4:59.00	39.07	600m: 7:35.92	40.14	800m: 10:13.42	38.47
15.	RODRIGUES Ana Luisa	03	Louzan Natacao	10:18.11	+0,80	482	
	50m: 33.86 33.86	250m: 3:05.98	38.39	450m: 5:41.12	39.16	650m: 8:19.09	39.51
	100m: 1:11.06 37.20	300m: 3:44.36	38.38	500m: 6:20.29	39.17	700m: 8:59.18	40.09
	150m: 1:49.14 38.08	350m: 4:22.96	38.60	550m: 6:59.64	39.35	750m: 9:39.32	40.14
	200m: 2:27.59 38.45	400m: 5:01.96	39.00	600m: 7:39.58	39.94	800m: 10:18.11	38.79
16.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	10:18.86	+0,83	480	
	50m: 32.37 32.37	250m: 3:00.81	38.26	450m: 5:38.96	40.52	650m: 8:19.71	40.35
	100m: 1:07.96 35.59	300m: 3:40.08	39.27	500m: 6:18.24	39.28	700m: 9:00.04	40.33
	150m: 1:44.69 36.73	350m: 4:19.35	39.27	550m: 6:58.49	40.25	750m: 9:40.75	40.71
	200m: 2:22.55 37.86	400m: 4:58.44	39.09	600m: 7:39.36	40.87	800m: 10:18.86	38.11
17.	MARTINS Beatriz Picanco	03	Benfica	10:21.23	+0,87	475	
	50m: 33.22 33.22	250m: 3:06.58	38.76	450m: 5:43.98	40.09	650m: 8:22.53	40.16
	100m: 1:10.56 37.34	300m: 3:45.54	38.96	500m: 6:22.99	39.01	700m: 9:02.96	40.43
	150m: 1:49.33 38.77	350m: 4:24.77	39.23	550m: 7:02.71	39.72	750m: 9:42.90	39.94
	200m: 2:27.82 38.49	400m: 5:03.89	39.12	600m: 7:42.37	39.66	800m: 10:21.23	38.33
18.	GOMES Constanca Mendes	03	Pimpoes/Cimai	10:21.72	+0,73	474	
	50m: 34.91 34.91	250m: 3:10.85	39.79	450m: 5:49.00	40.01	650m: 8:26.76	39.61
	100m: 1:12.77 37.86	300m: 3:50.13	39.28	500m: 6:28.27	39.27	700m: 9:05.84	39.08
	150m: 1:52.09 39.32	350m: 4:29.76	39.63	550m: 7:08.13	39.86	750m: 9:44.73	38.89
	200m: 2:31.06 38.97	400m: 5:08.99	39.23	600m: 7:47.15	39.02	800m: 10:21.72	36.99
19.	VALENTE Beatriz Sousa	03	Natacao de Olhao	10:21.73	+0,86	474	
	50m: 35.61 35.61	250m: 3:11.20	39.61	450m: 5:48.69	39.98	650m: 8:26.46	39.32
	100m: 1:13.66 38.05	300m: 3:50.16	38.96	500m: 6:27.98	39.29	700m: 9:05.09	38.63
	150m: 1:52.77 39.11	350m: 4:29.73	39.57	550m: 7:07.85	39.87	750m: 9:44.38	39.29
	200m: 2:31.59 38.82	400m: 5:08.71	38.98	600m: 7:47.14	39.29	800m: 10:21.73	37.35
20.	SILVA Ana Pereira	03	Fafe	10:30.65	+0,80	454	
	50m: 34.38 34.38	250m: 3:10.77	39.77	450m: 5:49.57	40.09	650m: 8:30.53	40.66
	100m: 1:11.82 37.44	300m: 3:50.23	39.46	500m: 6:29.27	39.70	700m: 9:11.22	40.69
	150m: 1:51.47 39.65	350m: 4:29.93	39.70	550m: 7:09.68	40.41	750m: 9:51.63	40.41
	200m: 2:31.00 39.53	400m: 5:09.48	39.55	600m: 7:49.87	40.19	800m: 10:30.65	39.02

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres

Prova 2
20-07-2017

Femin., 800m Livres

Juvenis A
Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FRAZAO Alexandra Couto	02	Individual ANC	8:59.54	+0,71	725	
	50m: 31.10 31.10	250m: 2:46.61 34.42	450m: 5:03.70 34.55	650m: 7:19.78 33.81			
	100m: 1:04.32 33.22	300m: 3:20.94 34.33	500m: 5:37.81 34.11	700m: 7:53.52 33.74			
	150m: 1:38.25 33.93	350m: 3:55.01 34.07	550m: 6:12.31 34.50	750m: 8:27.07 33.55			
	200m: 2:12.19 33.94	400m: 4:29.15 34.14	600m: 6:45.97 33.66	800m: 8:59.54 32.47			
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	9:15.48	+0,82	664	
	50m: 32.53 32.53	250m: 2:52.30 35.00	450m: 5:12.23 35.04	650m: 7:32.25 35.08			
	100m: 1:07.17 34.64	300m: 3:27.01 34.71	500m: 5:47.01 34.78	700m: 8:07.34 35.09			
	150m: 1:42.50 35.33	350m: 4:02.18 35.17	550m: 6:22.34 35.33	750m: 8:41.97 34.63			
	200m: 2:17.30 34.80	400m: 4:37.19 35.01	600m: 6:57.17 34.83	800m: 9:15.48 33.51			
3.	BARBOSA Mariana Fernandes	02	Porto	9:19.92	+0,79	649	
	50m: 31.33 31.33	250m: 2:49.33 35.03	450m: 5:10.14 35.49	650m: 7:33.49 35.89			
	100m: 1:05.28 33.95	300m: 3:24.40 35.07	500m: 5:45.84 35.70	700m: 8:09.22 35.73			
	150m: 1:39.82 34.54	350m: 3:59.65 35.25	550m: 6:21.56 35.72	750m: 8:44.84 35.62			
	200m: 2:14.30 34.48	400m: 4:34.65 35.00	600m: 6:57.60 36.04	800m: 9:19.92 35.08			
4.	SOUSA Ana Reis	02	Litoral Alentejano	9:25.73	+0,75	629	
	50m: 31.18 31.18	250m: 2:48.62 35.09	450m: 5:12.34 36.40	650m: 7:38.62 36.66			
	100m: 1:04.69 33.51	300m: 3:23.95 35.33	500m: 5:48.79 36.45	700m: 8:14.90 36.28			
	150m: 1:38.75 34.06	350m: 3:59.73 35.78	550m: 6:25.31 36.52	750m: 8:50.99 36.09			
	200m: 2:13.53 34.78	400m: 4:35.94 36.21	600m: 7:01.96 36.65	800m: 9:25.73 34.74			
5.	RAMOS Ana Rita	02	Porto	9:31.24	+0,74	611	
	50m: 32.43 32.43	250m: 2:53.57 35.72	450m: 5:17.02 36.08	650m: 7:42.41 36.41			
	100m: 1:07.43 35.00	300m: 3:29.26 35.69	500m: 5:53.41 36.39	700m: 8:19.16 36.75			
	150m: 1:42.59 35.16	350m: 4:05.14 35.88	550m: 6:29.72 36.31	750m: 8:55.66 36.50			
	200m: 2:17.85 35.26	400m: 4:40.94 35.80	600m: 7:06.00 36.28	800m: 9:31.24 35.58			
6.	QUEIROZ Ana Rita	02	Fundacao Beatriz Santos	9:33.02	+0,80	605	
	50m: 31.62 31.62	250m: 2:53.23 35.95	450m: 5:18.79 36.13	650m: 7:44.50 36.06			
	100m: 1:06.12 34.50	300m: 3:29.89 36.66	500m: 5:55.24 36.45	700m: 8:21.21 36.71			
	150m: 1:41.61 35.49	350m: 4:06.10 36.21	550m: 6:31.71 36.47	750m: 8:57.42 36.21			
	200m: 2:17.28 35.67	400m: 4:42.66 36.56	600m: 7:08.44 36.73	800m: 9:33.02 35.60			
7.	FERNANDES Leonor Camacho	02	Sporting	9:47.42	+0,71	562	
	50m: 32.33 32.33	250m: 2:57.57 36.53	450m: 5:25.80 37.11	650m: 7:55.50 37.49			
	100m: 1:08.14 35.81	300m: 3:34.55 36.98	500m: 6:02.78 36.98	700m: 8:33.09 37.59			
	150m: 1:44.61 36.47	350m: 4:11.58 37.03	550m: 6:40.44 37.66	750m: 9:10.40 37.31			
	200m: 2:21.04 36.43	400m: 4:48.69 37.11	600m: 7:18.01 37.57	800m: 9:47.42 37.02			
8.	VARANDAS Joana Filipa	02	Laranjeiro	9:47.98	+0,83	560	
	50m: 33.19 33.19	250m: 2:59.53 37.11	450m: 5:28.20 37.27	650m: 7:57.27 37.13			
	100m: 1:09.00 35.81	300m: 3:36.61 37.08	500m: 6:05.45 37.25	700m: 8:34.70 37.43			
	150m: 1:45.45 36.45	350m: 4:13.77 37.16	550m: 6:42.75 37.30	750m: 9:11.77 37.07			
	200m: 2:22.42 36.97	400m: 4:50.93 37.16	600m: 7:20.14 37.39	800m: 9:47.98 36.21			
9.	BELO Maria Margarida	02	Sporting	9:49.98	+0,85	554	
	50m: 31.34 31.34	250m: 2:57.73 37.10	450m: 5:28.00 37.24	650m: 7:59.13 37.65			
	100m: 1:06.68 35.34	300m: 3:35.45 37.72	500m: 6:05.85 37.85	700m: 8:37.46 38.33			
	150m: 1:44.05 37.37	350m: 4:12.98 37.53	550m: 6:43.92 38.07	750m: 9:14.97 37.51			
	200m: 2:20.63 36.58	400m: 4:50.76 37.78	600m: 7:21.48 37.56	800m: 9:49.98 35.01			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	AGOSTINHO Catia Iordan	02	Rio Maior	9:54.24	+0,59	542	
	50m: 32.90 32.90	250m: 3:01.20 37.55	450m: 5:31.31 37.52	650m: 8:02.34 37.74			
	100m: 1:09.07 36.17	300m: 3:38.65 37.45	500m: 6:09.06 37.75	700m: 8:39.70 37.36			
	150m: 1:46.04 36.97	350m: 4:16.36 37.71	550m: 6:46.77 37.71	750m: 9:17.10 37.40			
	200m: 2:23.65 37.61	400m: 4:53.79 37.43	600m: 7:24.60 37.83	800m: 9:54.24 37.14			
11.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	9:55.97	+0,72	538	
	50m: 33.08 33.08	250m: 2:59.99 37.54	450m: 5:29.61 37.70	650m: 8:02.34 38.72			
	100m: 1:09.00 35.92	300m: 3:37.08 37.09	500m: 6:07.34 37.73	700m: 8:40.86 38.52			
	150m: 1:45.69 36.69	350m: 4:14.39 37.31	550m: 6:45.40 38.06	750m: 9:19.07 38.21			
	200m: 2:22.45 36.76	400m: 4:51.91 37.52	600m: 7:23.62 38.22	800m: 9:55.97 36.90			
12.	CAMPOS Alexandra Martins	02	Leixoes	10:04.92	+0,83	514	
	50m: 34.19 34.19	250m: 3:06.14 38.38	450m: 5:39.39 38.24	650m: 8:13.65 38.55			
	100m: 1:11.43 37.24	300m: 3:44.38 38.24	500m: 6:18.03 38.64	700m: 8:52.04 38.39			
	150m: 1:49.45 38.02	350m: 4:22.63 38.25	550m: 6:56.51 38.48	750m: 9:29.58 37.54			
	200m: 2:27.76 38.31	400m: 5:01.15 38.52	600m: 7:35.10 38.59	800m: 10:04.92 35.34			
13.	LIMA Jessica Soares	02	Braga	10:07.84	+0,83	507	
	50m: 33.26 33.26	250m: 3:04.24 38.61	450m: 5:39.75 38.97	650m: 8:14.50 38.67			
	100m: 1:09.64 36.38	300m: 3:42.71 38.47	500m: 6:18.35 38.60	700m: 8:52.94 38.44			
	150m: 1:47.52 37.88	350m: 4:21.79 39.08	550m: 6:57.05 38.70	750m: 9:30.95 38.01			
	200m: 2:25.63 38.11	400m: 5:00.78 38.99	600m: 7:35.83 38.78	800m: 10:07.84 36.89			
14.	FERREIRA Madalena Maria	02	Sporting	10:09.24	+0,82	503	
	50m: 33.95 33.95	250m: 3:05.04 38.73	450m: 5:40.37 38.99	650m: 8:15.59 38.99			
	100m: 1:10.26 36.31	300m: 3:43.22 38.18	500m: 6:19.17 38.80	700m: 8:54.17 38.58			
	150m: 1:48.45 38.19	350m: 4:22.54 39.32	550m: 6:58.08 38.91	750m: 9:32.27 38.10			
	200m: 2:26.31 37.86	400m: 5:01.38 38.84	600m: 7:36.60 38.52	800m: 10:09.24 36.97			
15.	OLIVEIRA Mafalda Joana	02	Individual ANNP	10:10.82	+0,94	499	
	50m: 32.70 32.70	250m: 3:04.44 38.71	450m: 5:40.17 39.15	650m: 8:16.04 39.05			
	100m: 1:09.16 36.46	300m: 3:43.10 38.66	500m: 6:19.24 39.07	700m: 8:55.12 39.08			
	150m: 1:47.52 38.36	350m: 4:21.86 38.76	550m: 6:58.07 38.83	750m: 9:33.51 38.39			
	200m: 2:25.73 38.21	400m: 5:01.02 39.16	600m: 7:36.99 38.92	800m: 10:10.82 37.31			

Prova 2 Femin., 800m Livres Junior 16 Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Jun16	8:45.53	HOLUB Tamila Hryhorivna	POR	Coimbra	30-05-2015

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	RODRIGUES Filipa Serrano	01	Uniao Piedense	9:09.70	+0,77	685	
	50m: 31.82 31.82	250m: 2:48.40 34.56	450m: 5:07.79 34.97	650m: 7:27.14 34.95			
	100m: 1:05.41 33.59	300m: 3:23.13 34.73	500m: 5:42.36 34.57	700m: 8:02.37 35.23			
	150m: 1:39.51 34.10	350m: 3:57.98 34.85	550m: 6:17.26 34.90	750m: 8:36.74 34.37			
	200m: 2:13.84 34.33	400m: 4:32.82 34.84	600m: 6:52.19 34.93	800m: 9:09.70 32.96			
2.	COSTA Maria Carolina	01	Porto	9:17.08	+0,69	659	
	50m: 30.69 30.69	250m: 2:48.03 34.35	450m: 5:07.21 35.03	650m: 7:29.61 35.74			
	100m: 1:04.69 34.00	300m: 3:22.62 34.59	500m: 5:42.55 35.34	700m: 8:05.71 36.10			
	150m: 1:39.22 34.53	350m: 3:57.12 34.50	550m: 6:18.00 35.45	750m: 8:41.65 35.94			
	200m: 2:13.68 34.46	400m: 4:32.18 35.06	600m: 6:53.87 35.87	800m: 9:17.08 35.43			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Junior 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	ALVES Sara Sofia	01	Columbofila Cantanhedense	9:21.28	+0,74	644	
	50m: 32.06 32.06	250m: 2:50.75	35.00	450m: 5:11.77	35.12	650m: 7:35.09	35.99
	100m: 1:06.19 34.13	300m: 3:25.77	35.02	500m: 5:46.98	35.21	700m: 8:11.02	35.93
	150m: 1:40.86 34.67	350m: 4:01.21	35.44	550m: 6:22.92	35.94	750m: 8:46.70	35.68
	200m: 2:15.75 34.89	400m: 4:36.65	35.44	600m: 6:59.10	36.18	800m: 9:21.28	34.58
4.	MARCOS Miriam Filipe	01	Natacao de Olhao	9:23.25	+0,69	637	
	50m: 31.24 31.24	250m: 2:50.02	35.12	450m: 5:12.08	35.67	650m: 7:36.02	35.83
	100m: 1:05.21 33.97	300m: 3:25.08	35.06	500m: 5:48.06	35.98	700m: 8:12.28	36.26
	150m: 1:40.16 34.95	350m: 4:00.76	35.68	550m: 6:24.10	36.04	750m: 8:48.08	35.80
	200m: 2:14.90 34.74	400m: 4:36.41	35.65	600m: 7:00.19	36.09	800m: 9:23.25	35.17
5.	AMADOR Joana Costa	01	Galitos / Bresimar	9:29.30	+0,75	617	
	50m: 32.05 32.05	250m: 2:51.29	35.42	450m: 5:14.92	36.22	650m: 7:40.86	36.43
	100m: 1:06.09 34.04	300m: 3:26.84	35.55	500m: 5:51.18	36.26	700m: 8:17.19	36.33
	150m: 1:40.96 34.87	350m: 4:02.61	35.77	550m: 6:27.76	36.58	750m: 8:53.67	36.48
	200m: 2:15.87 34.91	400m: 4:38.70	36.09	600m: 7:04.43	36.67	800m: 9:29.30	35.63
6.	NEVES Carolina Marques	01	Torres Novas	9:34.16	+0,72	601	
	50m: 31.91 31.91	250m: 2:56.12	36.42	450m: 5:21.31	35.94	650m: 7:46.99	36.41
	100m: 1:07.39 35.48	300m: 3:32.69	36.57	500m: 5:57.75	36.44	700m: 8:23.64	36.65
	150m: 1:43.71 36.32	350m: 4:09.04	36.35	550m: 6:33.91	36.16	750m: 8:59.52	35.88
	200m: 2:19.70 35.99	400m: 4:45.37	36.33	600m: 7:10.58	36.67	800m: 9:34.16	34.64
7.	GALACHA Mariana Sobral	01	Sporting	9:37.16	+0,73	592	
	50m: 32.09 32.09	250m: 2:55.24	36.32	450m: 5:20.58	36.45	650m: 7:47.60	36.97
	100m: 1:07.14 35.05	300m: 3:31.40	36.16	500m: 5:57.03	36.45	700m: 8:24.73	37.13
	150m: 1:42.96 35.82	350m: 4:07.45	36.05	550m: 6:33.63	36.60	750m: 9:01.42	36.69
	200m: 2:18.92 35.96	400m: 4:44.13	36.68	600m: 7:10.63	37.00	800m: 9:37.16	35.74
8.	CORREIA Mariana Delicado	01	Sporting	9:41.18	+0,73	580	
	50m: 32.43 32.43	250m: 2:56.77	36.63	450m: 5:24.00	37.23	650m: 7:52.10	37.43
	100m: 1:07.71 35.28	300m: 3:33.41	36.64	500m: 6:00.49	36.49	700m: 8:28.63	36.53
	150m: 1:43.89 36.18	350m: 4:10.18	36.77	550m: 6:37.69	37.20	750m: 9:05.61	36.98
	200m: 2:20.14 36.25	400m: 4:46.77	36.59	600m: 7:14.67	36.98	800m: 9:41.18	35.57
9.	MARTINS Ines Alves	01	Fluvial Portuense	9:49.03	+0,82	557	
	50m: 33.15 33.15	250m: 3:00.82	36.95	450m: 5:29.42	37.12	650m: 7:58.85	36.96
	100m: 1:09.67 36.52	300m: 3:37.90	37.08	500m: 6:06.91	37.49	700m: 8:36.16	37.31
	150m: 1:46.57 36.90	350m: 4:14.89	36.99	550m: 6:44.80	37.89	750m: 9:13.21	37.05
	200m: 2:23.87 37.30	400m: 4:52.30	37.41	600m: 7:21.89	37.09	800m: 9:49.03	35.82
10.	MATOS Lara Beatriz	01	Famalicao	9:52.27	+0,93	548	
	50m: 32.54 32.54	250m: 3:00.07	37.69	450m: 5:29.01	37.26	650m: 8:00.25	37.97
	100m: 1:08.33 35.79	300m: 3:37.21	37.14	500m: 6:06.80	37.79	700m: 8:38.33	38.08
	150m: 1:45.26 36.93	350m: 4:14.50	37.29	550m: 6:44.45	37.65	750m: 9:15.65	37.32
	200m: 2:22.38 37.12	400m: 4:51.75	37.25	600m: 7:22.28	37.83	800m: 9:52.27	36.62
11.	MARTINS Maria Esteves	01	Galitos / Bresimar	9:55.52	+0,66	539	
	50m: 32.65 32.65	250m: 3:00.08	37.10	450m: 5:30.13	38.22	650m: 8:03.27	38.83
	100m: 1:08.80 36.15	300m: 3:37.08	37.00	500m: 6:07.95	37.82	700m: 8:41.46	38.19
	150m: 1:46.00 37.20	350m: 4:14.16	37.08	550m: 6:46.13	38.18	750m: 9:19.14	37.68
	200m: 2:22.98 36.98	400m: 4:51.91	37.75	600m: 7:24.44	38.31	800m: 9:55.52	36.38
12.	MARQUES Erika Almeida	01	Braga	10:09.65	+0,88	502	
	50m: 33.50 33.50	250m: 3:03.60	38.41	450m: 5:37.73	38.85	650m: 8:13.57	39.06
	100m: 1:09.76 36.26	300m: 3:41.63	38.03	500m: 6:16.70	38.97	700m: 8:52.28	38.71
	150m: 1:47.46 37.70	350m: 4:20.39	38.76	550m: 6:55.72	39.02	750m: 9:31.58	39.30
	200m: 2:25.19 37.73	400m: 4:58.88	38.49	600m: 7:34.51	38.79	800m: 10:09.65	38.07

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres

Prova 2
20-07-2017

Femin., 800m Livres

Junior 17
Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HENRIQUES Ines Jacinto	00	Pimpoes/Cimai	9:07.35	+0,72	694	
	50m: 31.27 31.27	250m: 2:46.25	34.15	450m: 5:02.97	34.56	650m: 7:22.09	35.19
	100m: 1:04.51 33.24	300m: 3:20.21	33.96	500m: 5:37.33	34.36	700m: 7:57.68	35.59
	150m: 1:38.55 34.04	350m: 3:54.46	34.25	550m: 6:12.24	34.91	750m: 8:32.93	35.25
	200m: 2:12.10 33.55	400m: 4:28.41	33.95	600m: 6:46.90	34.66	800m: 9:07.35	34.42
2.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	9:24.99		631	
	50m: 31.91 31.91	250m: 2:53.53	36.15	450m: 5:16.85	35.77	650m: 7:40.54	35.99
	100m: 1:06.28 34.37	300m: 3:29.19	35.66	500m: 5:52.64	35.79	700m: 8:16.28	35.74
	150m: 1:41.90 35.62	350m: 4:04.96	35.77	550m: 6:28.53	35.89	750m: 8:51.33	35.05
	200m: 2:17.38 35.48	400m: 4:41.08	36.12	600m: 7:04.55	36.02	800m: 9:24.99	33.66
3.	VELOSO Teresa Miguel	00	Nautico /Urgicentro-Sanfil	9:35.78	+0,68	596	
	50m: 32.34 32.34	250m: 2:54.84	36.31	450m: 5:20.55	36.50	650m: 7:46.55	36.83
	100m: 1:07.27 34.93	300m: 3:31.01	36.17	500m: 5:56.71	36.16	700m: 8:23.41	36.86
	150m: 1:43.04 35.77	350m: 4:07.91	36.90	550m: 6:33.47	36.76	750m: 9:00.40	36.99
	200m: 2:18.53 35.49	400m: 4:44.05	36.14	600m: 7:09.72	36.25	800m: 9:35.78	35.38
4.	SILVA Rafaela Araujo	00	Famalicao	9:38.64	+0,86	588	
	50m: 32.45 32.45	250m: 2:56.58	36.69	450m: 5:23.09	36.70	650m: 7:50.27	36.78
	100m: 1:07.42 34.97	300m: 3:33.12	36.54	500m: 5:59.86	36.77	700m: 8:26.68	36.41
	150m: 1:43.49 36.07	350m: 4:09.68	36.56	550m: 6:36.52	36.66	750m: 9:03.12	36.44
	200m: 2:19.89 36.40	400m: 4:46.39	36.71	600m: 7:13.49	36.97	800m: 9:38.64	35.52
5.	LEMOS Leila Tavoria	00	Vilacondense	9:40.54	+0,92	582	
	50m: 32.89 32.89	250m: 2:58.34	36.70	450m: 5:24.50	36.46	650m: 7:51.25	36.82
	100m: 1:08.69 35.80	300m: 3:34.68	36.34	500m: 6:01.06	36.56	700m: 8:28.04	36.79
	150m: 1:45.27 36.58	350m: 4:11.53	36.85	550m: 6:37.67	36.61	750m: 9:04.59	36.55
	200m: 2:21.64 36.37	400m: 4:48.04	36.51	600m: 7:14.43	36.76	800m: 9:40.54	35.95
6.	OLIVEIRA Ines Silva	00	Fluvial Portuense	9:43.83	+0,79	572	
	50m: 32.63 32.63	250m: 2:59.64	36.66	450m: 5:25.99	36.67	650m: 7:54.37	36.98
	100m: 1:08.87 36.24	300m: 3:36.26	36.62	500m: 6:03.04	37.05	700m: 8:31.43	37.06
	150m: 1:46.08 37.21	350m: 4:12.99	36.73	550m: 6:40.10	37.06	750m: 9:08.32	36.89
	200m: 2:22.98 36.90	400m: 4:49.32	36.33	600m: 7:17.39	37.29	800m: 9:43.83	35.51
7.	FERREIRA Beatriz Marques	00	Campinho	9:52.91	+0,74	546	
	50m: 33.15 33.15	250m: 2:59.07	37.23	450m: 5:29.93	38.02	650m: 8:00.77	37.65
	100m: 1:08.57 35.42	300m: 3:36.60	37.53	500m: 6:07.58	37.65	700m: 8:38.60	37.83
	150m: 1:44.89 36.32	350m: 4:14.54	37.94	550m: 6:45.26	37.68	750m: 9:16.30	37.70
	200m: 2:21.84 36.95	400m: 4:51.91	37.37	600m: 7:23.12	37.86	800m: 9:52.91	36.61
8.	BARBOSA Sara Lopes	00	Aquatico Pacense	10:03.36	+0,88	518	
	50m: 34.32 34.32	250m: 3:05.16	38.05	450m: 5:37.05	38.15	650m: 8:09.90	38.19
	100m: 1:11.63 37.31	300m: 3:42.86	37.70	500m: 6:15.16	38.11	700m: 8:47.95	38.05
	150m: 1:49.47 37.84	350m: 4:20.92	38.06	550m: 6:53.31	38.15	750m: 9:26.08	38.13
	200m: 2:27.11 37.64	400m: 4:58.90	37.98	600m: 7:31.71	38.40	800m: 10:03.36	37.28
9.	PEREIRA Andreia Brito	00	Condeixa Clube	10:20.01		478	
	50m: 32.88 32.88	250m: 3:05.11	38.51	450m: 5:41.33	38.92	650m: 8:21.55	39.83
	100m: 1:09.71 36.83	300m: 3:44.34	39.23	500m: 6:21.32	39.99	700m: 9:01.62	40.07
	150m: 1:47.61 37.90	350m: 4:22.77	38.43	550m: 7:01.45	40.13	750m: 9:41.20	39.58
	200m: 2:26.60 38.99	400m: 5:02.41	39.64	600m: 7:41.72	40.27	800m: 10:20.01	38.81

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres

Prova 2
20-07-2017
Femin., 800m Livres
Seniores
Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Sen	8:36.58	DURAES Diana Margarida	SLB	Lisboa	18-02-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MONTEIRO Ana Catarina	93	Vilacondense	9:08.95	+0,76	688	
	50m: 32.30 32.30	250m: 2:50.89	34.68	450m: 5:10.61	34.35	650m: 7:28.71	34.39
	100m: 1:06.46 34.16	300m: 3:26.27	35.38	500m: 5:45.53	34.92	700m: 8:03.03	34.32
	150m: 1:41.03 34.57	350m: 4:01.14	34.87	550m: 6:19.68	34.15	750m: 8:36.71	33.68
	200m: 2:16.21 35.18	400m: 4:36.26	35.12	600m: 6:54.32	34.64	800m: 9:08.95	32.24
2.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	9:24.09	+0,90	634	
	50m: 32.25 32.25	250m: 2:52.87	35.30	450m: 5:14.77	35.41	650m: 7:38.12	35.71
	100m: 1:07.11 34.86	300m: 3:28.30	35.43	500m: 5:50.58	35.81	700m: 8:13.77	35.65
	150m: 1:42.18 35.07	350m: 4:04.06	35.76	550m: 6:26.40	35.82	750m: 8:49.57	35.80
	200m: 2:17.57 35.39	400m: 4:39.36	35.30	600m: 7:02.41	36.01	800m: 9:24.09	34.52
3.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	9:25.43	+0,83	630	
	50m: 31.34 31.34	250m: 2:51.03	35.35	450m: 5:14.36	36.01	650m: 7:39.22	36.22
	100m: 1:05.58 34.24	300m: 3:26.64	35.61	500m: 5:50.44	36.08	700m: 8:15.42	36.20
	150m: 1:40.76 35.18	350m: 4:02.46	35.82	550m: 6:26.88	36.44	750m: 8:51.34	35.92
	200m: 2:15.68 34.92	400m: 4:38.35	35.89	600m: 7:03.00	36.12	800m: 9:25.43	34.09
4.	CARVALHO Eva Guerreiro	99	Uniao Piedense	9:29.62	+0,89	616	
	50m: 31.74 31.74	250m: 2:52.40	35.72	450m: 5:16.26	35.65	650m: 7:41.32	35.97
	100m: 1:06.38 34.64	300m: 3:28.33	35.93	500m: 5:52.60	36.34	700m: 8:17.91	36.59
	150m: 1:41.27 34.89	350m: 4:04.17	35.84	550m: 6:28.68	36.08	750m: 8:53.61	35.70
	200m: 2:16.68 35.41	400m: 4:40.61	36.44	600m: 7:05.35	36.67	800m: 9:29.62	36.01
5.	FERNANDES Maria Joao	97	Fluvial Portuense	9:49.14	+0,78	557	
	50m: 32.43 32.43	250m: 3:00.01	38.07	450m: 5:30.51	37.54	650m: 7:59.08	36.90
	100m: 1:07.83 35.40	300m: 3:37.64	37.63	500m: 6:07.39	36.88	700m: 8:35.97	36.89
	150m: 1:45.00 37.17	350m: 4:15.49	37.85	550m: 6:44.75	37.36	750m: 9:13.22	37.25
	200m: 2:21.94 36.94	400m: 4:52.97	37.48	600m: 7:22.18	37.43	800m: 9:49.14	35.92

Prova 2
20-07-2017
Femin., 800m Livres
Absolutos
Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Jun16	8:45.53	HOLUB Tamila Hryhorivna	POR	Coimbra	30-05-2015
Rec Nac Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Sen	8:36.58	DURAES Diana Margarida	SLB	Lisboa	18-02-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HENRIQUES Ines Jacinto	00	Pimpoes/Cimai	9:07.35	+0,72	694	
	50m: 31.27 31.27	250m: 2:46.25	34.15	450m: 5:02.97	34.56	650m: 7:22.09	35.19
	100m: 1:04.51 33.24	300m: 3:20.21	33.96	500m: 5:37.33	34.36	700m: 7:57.68	35.59
	150m: 1:38.55 34.04	350m: 3:54.46	34.25	550m: 6:12.24	34.91	750m: 8:32.93	35.25
	200m: 2:12.10 33.55	400m: 4:28.41	33.95	600m: 6:46.90	34.66	800m: 9:07.35	34.42
2.	MONTEIRO Ana Catarina	93	Vilacondense	9:08.95	+0,76	688	
	50m: 32.30 32.30	250m: 2:50.89	34.68	450m: 5:10.61	34.35	650m: 7:28.71	34.39
	100m: 1:06.46 34.16	300m: 3:26.27	35.38	500m: 5:45.53	34.92	700m: 8:03.03	34.32
	150m: 1:41.03 34.57	350m: 4:01.14	34.87	550m: 6:19.68	34.15	750m: 8:36.71	33.68
	200m: 2:16.21 35.18	400m: 4:36.26	35.12	600m: 6:54.32	34.64	800m: 9:08.95	32.24

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	RODRIGUES Filipa Serrano	01	Uniao Piedense	9:09.70	+0,77	685	
	50m: 31.82 31.82	250m: 2:48.40	34.56	450m: 5:07.79	34.97	650m: 7:27.14	34.95
	100m: 1:05.41 33.59	300m: 3:23.13	34.73	500m: 5:42.36	34.57	700m: 8:02.37	35.23
	150m: 1:39.51 34.10	350m: 3:57.98	34.85	550m: 6:17.26	34.90	750m: 8:36.74	34.37
	200m: 2:13.84 34.33	400m: 4:32.82	34.84	600m: 6:52.19	34.93	800m: 9:09.70	32.96
4.	COSTA Maria Carolina	01	Porto	9:17.08	+0,69	659	
	50m: 30.69 30.69	250m: 2:48.03	34.35	450m: 5:07.21	35.03	650m: 7:29.61	35.74
	100m: 1:04.69 34.00	300m: 3:22.62	34.59	500m: 5:42.55	35.34	700m: 8:05.71	36.10
	150m: 1:39.22 34.53	350m: 3:57.12	34.50	550m: 6:18.00	35.45	750m: 8:41.65	35.94
	200m: 2:13.68 34.46	400m: 4:32.18	35.06	600m: 6:53.87	35.87	800m: 9:17.08	35.43
5.	ALVES Sara Sofia	01	Columbofila Cantanhedense	9:21.28	+0,74	644	
	50m: 32.06 32.06	250m: 2:50.75	35.00	450m: 5:11.77	35.12	650m: 7:35.09	35.99
	100m: 1:06.19 34.13	300m: 3:25.77	35.02	500m: 5:46.98	35.21	700m: 8:11.02	35.93
	150m: 1:40.86 34.67	350m: 4:01.21	35.44	550m: 6:22.92	35.94	750m: 8:46.70	35.68
	200m: 2:15.75 34.89	400m: 4:36.65	35.44	600m: 6:59.10	36.18	800m: 9:21.28	34.58
6.	MARCOS Miriam Filipe	01	Natacao de Olhao	9:23.25	+0,69	637	
	50m: 31.24 31.24	250m: 2:50.02	35.12	450m: 5:12.08	35.67	650m: 7:36.02	35.83
	100m: 1:05.21 33.97	300m: 3:25.08	35.06	500m: 5:48.06	35.98	700m: 8:12.28	36.26
	150m: 1:40.16 34.95	350m: 4:00.76	35.68	550m: 6:24.10	36.04	750m: 8:48.08	35.80
	200m: 2:14.90 34.74	400m: 4:36.41	35.65	600m: 7:00.19	36.09	800m: 9:23.25	35.17
7.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	9:24.09	+0,90	634	
	50m: 32.25 32.25	250m: 2:52.87	35.30	450m: 5:14.77	35.41	650m: 7:38.12	35.71
	100m: 1:07.11 34.86	300m: 3:28.30	35.43	500m: 5:50.58	35.81	700m: 8:13.77	35.65
	150m: 1:42.18 35.07	350m: 4:04.06	35.76	550m: 6:26.40	35.82	750m: 8:49.57	35.80
	200m: 2:17.57 35.39	400m: 4:39.36	35.30	600m: 7:02.41	36.01	800m: 9:24.09	34.52
8.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	9:24.99		631	
	50m: 31.91 31.91	250m: 2:53.53	36.15	450m: 5:16.85	35.77	650m: 7:40.54	35.99
	100m: 1:06.28 34.37	300m: 3:29.19	35.66	500m: 5:52.64	35.79	700m: 8:16.28	35.74
	150m: 1:41.90 35.62	350m: 4:04.96	35.77	550m: 6:28.53	35.89	750m: 8:51.33	35.05
	200m: 2:17.38 35.48	400m: 4:41.08	36.12	600m: 7:04.55	36.02	800m: 9:24.99	33.66
9.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	9:25.43	+0,83	630	
	50m: 31.34 31.34	250m: 2:51.03	35.35	450m: 5:14.36	36.01	650m: 7:39.22	36.22
	100m: 1:05.58 34.24	300m: 3:26.64	35.61	500m: 5:50.44	36.08	700m: 8:15.42	36.20
	150m: 1:40.76 35.18	350m: 4:02.46	35.82	550m: 6:26.88	36.44	750m: 8:51.34	35.92
	200m: 2:15.68 34.92	400m: 4:38.35	35.89	600m: 7:03.00	36.12	800m: 9:25.43	34.09
10.	AMADOR Joana Costa	01	Galitos / Bresimar	9:29.30	+0,75	617	
	50m: 32.05 32.05	250m: 2:51.29	35.42	450m: 5:14.92	36.22	650m: 7:40.86	36.43
	100m: 1:06.09 34.04	300m: 3:26.84	35.55	500m: 5:51.18	36.26	700m: 8:17.19	36.33
	150m: 1:40.96 34.87	350m: 4:02.61	35.77	550m: 6:27.76	36.58	750m: 8:53.67	36.48
	200m: 2:15.87 34.91	400m: 4:38.70	36.09	600m: 7:04.43	36.67	800m: 9:29.30	35.63
11.	CARVALHO Eva Guerreiro	99	Uniao Piedense	9:29.62	+0,89	616	
	50m: 31.74 31.74	250m: 2:52.40	35.72	450m: 5:16.26	35.65	650m: 7:41.32	35.97
	100m: 1:06.38 34.64	300m: 3:28.33	35.93	500m: 5:52.60	36.34	700m: 8:17.91	36.59
	150m: 1:41.27 34.89	350m: 4:04.17	35.84	550m: 6:28.68	36.08	750m: 8:53.61	35.70
	200m: 2:16.68 35.41	400m: 4:40.61	36.44	600m: 7:05.35	36.67	800m: 9:29.62	36.01
12.	NEVES Carolina Marques	01	Torres Novas	9:34.16	+0,72	601	
	50m: 31.91 31.91	250m: 2:56.12	36.42	450m: 5:21.31	35.94	650m: 7:46.99	36.41
	100m: 1:07.39 35.48	300m: 3:32.69	36.57	500m: 5:57.75	36.44	700m: 8:23.64	36.65
	150m: 1:43.71 36.32	350m: 4:09.04	36.35	550m: 6:33.91	36.16	750m: 8:59.52	35.88
	200m: 2:19.70 35.99	400m: 4:45.37	36.33	600m: 7:10.58	36.67	800m: 9:34.16	34.64

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	VELOSO Teresa Miguel	00	Nautico /Urgicentro-Sanfil	9:35.78	+0,68	596	
	50m: 32.34 32.34	250m: 2:54.84 36.31	450m: 5:20.55 36.50	650m: 7:46.55 36.83			
	100m: 1:07.27 34.93	300m: 3:31.01 36.17	500m: 5:56.71 36.16	700m: 8:23.41 36.86			
	150m: 1:43.04 35.77	350m: 4:07.91 36.90	550m: 6:33.47 36.76	750m: 9:00.40 36.99			
	200m: 2:18.53 35.49	400m: 4:44.05 36.14	600m: 7:09.72 36.25	800m: 9:35.78 35.38			
14.	GALACHA Mariana Sobral	01	Sporting	9:37.16	+0,73	592	
	50m: 32.09 32.09	250m: 2:55.24 36.32	450m: 5:20.58 36.45	650m: 7:47.60 36.97			
	100m: 1:07.14 35.05	300m: 3:31.40 36.16	500m: 5:57.03 36.45	700m: 8:24.73 37.13			
	150m: 1:42.96 35.82	350m: 4:07.45 36.05	550m: 6:33.63 36.60	750m: 9:01.42 36.69			
	200m: 2:18.92 35.96	400m: 4:44.13 36.68	600m: 7:10.63 37.00	800m: 9:37.16 35.74			
15.	SILVA Rafaela Araujo	00	Famalicao	9:38.64	+0,86	588	
	50m: 32.45 32.45	250m: 2:56.58 36.69	450m: 5:23.09 36.70	650m: 7:50.27 36.78			
	100m: 1:07.42 34.97	300m: 3:33.12 36.54	500m: 5:59.86 36.77	700m: 8:26.68 36.41			
	150m: 1:43.49 36.07	350m: 4:09.68 36.56	550m: 6:36.52 36.66	750m: 9:03.12 36.44			
	200m: 2:19.89 36.40	400m: 4:46.39 36.71	600m: 7:13.49 36.97	800m: 9:38.64 35.52			
16.	LEMONS Leila Tavarina	00	Vilacondense	9:40.54	+0,92	582	
	50m: 32.89 32.89	250m: 2:58.34 36.70	450m: 5:24.50 36.46	650m: 7:51.25 36.82			
	100m: 1:08.69 35.80	300m: 3:34.68 36.34	500m: 6:01.06 36.56	700m: 8:28.04 36.79			
	150m: 1:45.27 36.58	350m: 4:11.53 36.85	550m: 6:37.67 36.61	750m: 9:04.59 36.55			
	200m: 2:21.64 36.37	400m: 4:48.04 36.51	600m: 7:14.43 36.76	800m: 9:40.54 35.95			
17.	CORREIA Mariana Delicado	01	Sporting	9:41.18	+0,73	580	
	50m: 32.43 32.43	250m: 2:56.77 36.63	450m: 5:24.00 37.23	650m: 7:52.10 37.43			
	100m: 1:07.71 35.28	300m: 3:33.41 36.64	500m: 6:00.49 36.49	700m: 8:28.63 36.53			
	150m: 1:43.89 36.18	350m: 4:10.18 36.77	550m: 6:37.69 37.20	750m: 9:05.61 36.98			
	200m: 2:20.14 36.25	400m: 4:46.77 36.59	600m: 7:14.67 36.98	800m: 9:41.18 35.57			
18.	OLIVEIRA Ines Silva	00	Fluvial Portuense	9:43.83	+0,79	572	
	50m: 32.63 32.63	250m: 2:59.64 36.66	450m: 5:25.99 36.67	650m: 7:54.37 36.98			
	100m: 1:08.87 36.24	300m: 3:36.26 36.62	500m: 6:03.04 37.05	700m: 8:31.43 37.06			
	150m: 1:46.08 37.21	350m: 4:12.99 36.73	550m: 6:40.10 37.06	750m: 9:08.32 36.89			
	200m: 2:22.98 36.90	400m: 4:49.32 36.33	600m: 7:17.39 37.29	800m: 9:43.83 35.51			
19.	MARTINS Ines Alves	01	Fluvial Portuense	9:49.03	+0,82	557	
	50m: 33.15 33.15	250m: 3:00.82 36.95	450m: 5:29.42 37.12	650m: 7:58.85 36.96			
	100m: 1:09.67 36.52	300m: 3:37.90 37.08	500m: 6:06.91 37.49	700m: 8:36.16 37.31			
	150m: 1:46.57 36.90	350m: 4:14.89 36.99	550m: 6:44.80 37.89	750m: 9:13.21 37.05			
	200m: 2:23.87 37.30	400m: 4:52.30 37.41	600m: 7:21.89 37.09	800m: 9:49.03 35.82			
20.	FERNANDES Maria Joao	97	Fluvial Portuense	9:49.14	+0,78	557	
	50m: 32.43 32.43	250m: 3:00.01 38.07	450m: 5:30.51 37.54	650m: 7:59.08 36.90			
	100m: 1:07.83 35.40	300m: 3:37.64 37.63	500m: 6:07.39 36.88	700m: 8:35.97 36.89			
	150m: 1:45.00 37.17	350m: 4:15.49 37.85	550m: 6:44.75 37.36	750m: 9:13.22 37.25			
	200m: 2:21.94 36.94	400m: 4:52.97 37.48	600m: 7:22.18 37.43	800m: 9:49.14 35.92			
21.	MATOS Lara Beatriz	01	Famalicao	9:52.27	+0,93	548	
	50m: 32.54 32.54	250m: 3:00.07 37.69	450m: 5:29.01 37.26	650m: 8:00.25 37.97			
	100m: 1:08.33 35.79	300m: 3:37.21 37.14	500m: 6:06.80 37.79	700m: 8:38.33 38.08			
	150m: 1:45.26 36.93	350m: 4:14.50 37.29	550m: 6:44.45 37.65	750m: 9:15.65 37.32			
	200m: 2:22.38 37.12	400m: 4:51.75 37.25	600m: 7:22.28 37.83	800m: 9:52.27 36.62			
22.	FERREIRA Beatriz Marques	00	Campinho	9:52.91	+0,74	546	
	50m: 33.15 33.15	250m: 2:59.07 37.23	450m: 5:29.93 38.02	650m: 8:00.77 37.65			
	100m: 1:08.57 35.42	300m: 3:36.60 37.53	500m: 6:07.58 37.65	700m: 8:38.60 37.83			
	150m: 1:44.89 36.32	350m: 4:14.54 37.94	550m: 6:45.26 37.68	750m: 9:16.30 37.70			
	200m: 2:21.84 36.95	400m: 4:51.91 37.37	600m: 7:23.12 37.86	800m: 9:52.91 36.61			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	MARTINS Maria Esteves	01	Galitos / Bresimar	9:55.52	+0,66	539	
	50m: 32.65 32.65	250m: 3:00.08	37.10	450m: 5:30.13	38.22	650m: 8:03.27	38.83
	100m: 1:08.80 36.15	300m: 3:37.08	37.00	500m: 6:07.95	37.82	700m: 8:41.46	38.19
	150m: 1:46.00 37.20	350m: 4:14.16	37.08	550m: 6:46.13	38.18	750m: 9:19.14	37.68
	200m: 2:22.98 36.98	400m: 4:51.91	37.75	600m: 7:24.44	38.31	800m: 9:55.52	36.38
24.	BARBOSA Sara Lopes	00	Aquatico Pacense	10:03.36	+0,88	518	
	50m: 34.32 34.32	250m: 3:05.16	38.05	450m: 5:37.05	38.15	650m: 8:09.90	38.19
	100m: 1:11.63 37.31	300m: 3:42.86	37.70	500m: 6:15.16	38.11	700m: 8:47.95	38.05
	150m: 1:49.47 37.84	350m: 4:20.92	38.06	550m: 6:53.31	38.15	750m: 9:26.08	38.13
	200m: 2:27.11 37.64	400m: 4:58.90	37.98	600m: 7:31.71	38.40	800m: 10:03.36	37.28
25.	MARQUES Erika Almeida	01	Braga	10:09.65	+0,88	502	
	50m: 33.50 33.50	250m: 3:03.60	38.41	450m: 5:37.73	38.85	650m: 8:13.57	39.06
	100m: 1:09.76 36.26	300m: 3:41.63	38.03	500m: 6:16.70	38.97	700m: 8:52.28	38.71
	150m: 1:47.46 37.70	350m: 4:20.39	38.76	550m: 6:55.72	39.02	750m: 9:31.58	39.30
	200m: 2:25.19 37.73	400m: 4:58.88	38.49	600m: 7:34.51	38.79	800m: 10:09.65	38.07
26.	PEREIRA Andreia Brito	00	Condeixa Clube	10:20.01		478	
	50m: 32.88 32.88	250m: 3:05.11	38.51	450m: 5:41.33	38.92	650m: 8:21.55	39.83
	100m: 1:09.71 36.83	300m: 3:44.34	39.23	500m: 6:21.32	39.99	700m: 9:01.62	40.07
	150m: 1:47.61 37.90	350m: 4:22.77	38.43	550m: 7:01.45	40.13	750m: 9:41.20	39.58
	200m: 2:26.60 38.99	400m: 5:02.41	39.64	600m: 7:41.72	40.27	800m: 10:20.01	38.81

Prova 2

Femin., 800m Livres

Open

20-07-2017

Resultados

Rec Nac Absoluto	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Inf B	9:30.42	RUIVO Filipa Vilas	DNMG	S. João da Madeira	25-07-2009
Rec Nac Inf A	9:14.85	SILVA Alexandra Maria	POR	Skovde (SWE)	10-08-1980
Rec Nac Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10-09-1981
Rec Nac Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27-07-2014
Rec Nac Jun16	8:45.53	HOLUB Tamila Hryhorivna	POR	Coimbra	30-05-2015
Rec Nac Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28-05-2016
Rec Nac Sen	8:36.58	DURAES Diana Margarida	SLB	Lisboa	18-02-2017

Pontos: FINA 2017

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	ALONSO LORENZO Paula	95	Federacion Castilla-Leon	8:52.77	+0,80	753	
	50m: 31.19 31.19	250m: 2:44.33	33.67	450m: 4:58.67	33.52	650m: 7:12.99	33.51
	100m: 1:04.12 32.93	300m: 3:17.61	33.28	500m: 5:32.21	33.54	700m: 7:46.60	33.61
	150m: 1:37.42 33.30	350m: 3:51.35	33.74	550m: 6:05.93	33.72	750m: 8:20.34	33.74
	200m: 2:10.66 33.24	400m: 4:25.15	33.80	600m: 6:39.48	33.55	800m: 8:52.77	32.43
2.	FRAZAO Alexandra Couto	02	Individual ANC	8:59.54	+0,71	725	
	50m: 31.10 31.10	250m: 2:46.61	34.42	450m: 5:03.70	34.55	650m: 7:19.78	33.81
	100m: 1:04.32 33.22	300m: 3:20.94	34.33	500m: 5:37.81	34.11	700m: 7:53.52	33.74
	150m: 1:38.25 33.93	350m: 3:55.01	34.07	550m: 6:12.31	34.50	750m: 8:27.07	33.55
	200m: 2:12.19 33.94	400m: 4:29.15	34.14	600m: 6:45.97	33.66	800m: 8:59.54	32.47
3.	HENRIQUES Ines Jacinto	00	Pimpoes/Cimai	9:07.35	+0,72	694	
	50m: 31.27 31.27	250m: 2:46.25	34.15	450m: 5:02.97	34.56	650m: 7:22.09	35.19
	100m: 1:04.51 33.24	300m: 3:20.21	33.96	500m: 5:37.33	34.36	700m: 7:57.68	35.59
	150m: 1:38.55 34.04	350m: 3:54.46	34.25	550m: 6:12.24	34.91	750m: 8:32.93	35.25
	200m: 2:12.10 33.55	400m: 4:28.41	33.95	600m: 6:46.90	34.66	800m: 9:07.35	34.42

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	MONTEIRO Ana Catarina	93	Vilacondense	9:08.95	+0,76	688	
	50m: 32.30 32.30	250m: 2:50.89 34.68	450m: 5:10.61 34.35	650m: 7:28.71 34.39			
	100m: 1:06.46 34.16	300m: 3:26.27 35.38	500m: 5:45.53 34.92	700m: 8:03.03 34.32			
	150m: 1:41.03 34.57	350m: 4:01.14 34.87	550m: 6:19.68 34.15	750m: 8:36.71 33.68			
	200m: 2:16.21 35.18	400m: 4:36.26 35.12	600m: 6:54.32 34.64	800m: 9:08.95 32.24			
5.	RODRIGUES Filipa Serrano	01	Uniao Piedense	9:09.70	+0,77	685	
	50m: 31.82 31.82	250m: 2:48.40 34.56	450m: 5:07.79 34.97	650m: 7:27.14 34.95			
	100m: 1:05.41 33.59	300m: 3:23.13 34.73	500m: 5:42.36 34.57	700m: 8:02.37 35.23			
	150m: 1:39.51 34.10	350m: 3:57.98 34.85	550m: 6:17.26 34.90	750m: 8:36.74 34.37			
	200m: 2:13.84 34.33	400m: 4:32.82 34.84	600m: 6:52.19 34.93	800m: 9:09.70 32.96			
6.	MENDES Mariana Amaral	02	Colegio Monte Maior	9:15.48	+0,82	664	
	50m: 32.53 32.53	250m: 2:52.30 35.00	450m: 5:12.23 35.04	650m: 7:32.25 35.08			
	100m: 1:07.17 34.64	300m: 3:27.01 34.71	500m: 5:47.01 34.78	700m: 8:07.34 35.09			
	150m: 1:42.50 35.33	350m: 4:02.18 35.17	550m: 6:22.34 35.33	750m: 8:41.97 34.63			
	200m: 2:17.30 34.80	400m: 4:37.19 35.01	600m: 6:57.17 34.83	800m: 9:15.48 33.51			
7.	COSTA Maria Carolina	01	Porto	9:17.08	+0,69	659	
	50m: 30.69 30.69	250m: 2:48.03 34.35	450m: 5:07.21 35.03	650m: 7:29.61 35.74			
	100m: 1:04.69 34.00	300m: 3:22.62 34.59	500m: 5:42.55 35.34	700m: 8:05.71 36.10			
	150m: 1:39.22 34.53	350m: 3:57.12 34.50	550m: 6:18.00 35.45	750m: 8:41.65 35.94			
	200m: 2:13.68 34.46	400m: 4:32.18 35.06	600m: 6:53.87 35.87	800m: 9:17.08 35.43			
8.	BARBOSA Mariana Fernandes	02	Porto	9:19.92	+0,79	649	
	50m: 31.33 31.33	250m: 2:49.33 35.03	450m: 5:10.14 35.49	650m: 7:33.49 35.89			
	100m: 1:05.28 33.95	300m: 3:24.40 35.07	500m: 5:45.84 35.70	700m: 8:09.22 35.73			
	150m: 1:39.82 34.54	350m: 3:59.65 35.25	550m: 6:21.56 35.72	750m: 8:44.84 35.62			
	200m: 2:14.30 34.48	400m: 4:34.65 35.00	600m: 6:57.60 36.04	800m: 9:19.92 35.08			
9.	ALVES Sara Sofia	01	Columbofila Cantanhedense	9:21.28	+0,74	644	
	50m: 32.06 32.06	250m: 2:50.75 35.00	450m: 5:11.77 35.12	650m: 7:35.09 35.99			
	100m: 1:06.19 34.13	300m: 3:25.77 35.02	500m: 5:46.98 35.21	700m: 8:11.02 35.93			
	150m: 1:40.86 34.67	350m: 4:01.21 35.44	550m: 6:22.92 35.94	750m: 8:46.70 35.68			
	200m: 2:15.75 34.89	400m: 4:36.65 35.44	600m: 6:59.10 36.18	800m: 9:21.28 34.58			
10.	ROSA Mafalda Sofia	03	Rio Maior	9:22.97	+0,76	638	
	50m: 31.98 31.98	250m: 2:53.29 35.27	450m: 5:14.60 35.32	650m: 7:36.54 35.62			
	100m: 1:06.95 34.97	300m: 3:28.58 35.29	500m: 5:49.80 35.20	700m: 8:12.03 35.49			
	150m: 1:42.36 35.41	350m: 4:04.04 35.46	550m: 6:25.37 35.57	750m: 8:48.21 36.18			
	200m: 2:18.02 35.66	400m: 4:39.28 35.24	600m: 7:00.92 35.55	800m: 9:22.97 34.76			
11.	MARCOS Miriam Filipe	01	Natacao de Olhao	9:23.25	+0,69	637	
	50m: 31.24 31.24	250m: 2:50.02 35.12	450m: 5:12.08 35.67	650m: 7:36.02 35.83			
	100m: 1:05.21 33.97	300m: 3:25.08 35.06	500m: 5:48.06 35.98	700m: 8:12.28 36.26			
	150m: 1:40.16 34.95	350m: 4:00.76 35.68	550m: 6:24.10 36.04	750m: 8:48.08 35.80			
	200m: 2:14.90 34.74	400m: 4:36.41 35.65	600m: 7:00.19 36.09	800m: 9:23.25 35.17			
12.	BERNARDO Joana Beatriz	99	Fundacao Beatriz Santos	9:24.09	+0,90	634	
	50m: 32.25 32.25	250m: 2:52.87 35.30	450m: 5:14.77 35.41	650m: 7:38.12 35.71			
	100m: 1:07.11 34.86	300m: 3:28.30 35.43	500m: 5:50.58 35.81	700m: 8:13.77 35.65			
	150m: 1:42.18 35.07	350m: 4:04.06 35.76	550m: 6:26.40 35.82	750m: 8:49.57 35.80			
	200m: 2:17.57 35.39	400m: 4:39.36 35.30	600m: 7:02.41 36.01	800m: 9:24.09 34.52			
13.	DOMINGUES Monica Seara	00	Nautico Marinha Grande	9:24.99		631	
	50m: 31.91 31.91	250m: 2:53.53 36.15	450m: 5:16.85 35.77	650m: 7:40.54 35.99			
	100m: 1:06.28 34.37	300m: 3:29.19 35.66	500m: 5:52.64 35.79	700m: 8:16.28 35.74			
	150m: 1:41.90 35.62	350m: 4:04.96 35.77	550m: 6:28.53 35.89	750m: 8:51.33 35.05			
	200m: 2:17.38 35.48	400m: 4:41.08 36.12	600m: 7:04.55 36.02	800m: 9:24.99 33.66			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	TEODOSIO Barbara Coimbra	99	Nautico Marinha Grande	9:25.43	+0,83	630	
	50m: 31.34 31.34	250m: 2:51.03 35.35	450m: 5:14.36 36.01	650m: 7:39.22 36.22			
	100m: 1:05.58 34.24	300m: 3:26.64 35.61	500m: 5:50.44 36.08	700m: 8:15.42 36.20			
	150m: 1:40.76 35.18	350m: 4:02.46 35.82	550m: 6:26.88 36.44	750m: 8:51.34 35.92			
	200m: 2:15.68 34.92	400m: 4:38.35 35.89	600m: 7:03.00 36.12	800m: 9:25.43 34.09			
15.	SOUSA Ana Reis	02	Litoral Alentejano	9:25.73	+0,75	629	
	50m: 31.18 31.18	250m: 2:48.62 35.09	450m: 5:12.34 36.40	650m: 7:38.62 36.66			
	100m: 1:04.69 33.51	300m: 3:23.95 35.33	500m: 5:48.79 36.45	700m: 8:14.90 36.28			
	150m: 1:38.75 34.06	350m: 3:59.73 35.78	550m: 6:25.31 36.52	750m: 8:50.99 36.09			
	200m: 2:13.53 34.78	400m: 4:35.94 36.21	600m: 7:01.96 36.65	800m: 9:25.73 34.74			
16.	AMADOR Joana Costa	01	Galitos / Bresimar	9:29.30	+0,75	617	
	50m: 32.05 32.05	250m: 2:51.29 35.42	450m: 5:14.92 36.22	650m: 7:40.86 36.43			
	100m: 1:06.09 34.04	300m: 3:26.84 35.55	500m: 5:51.18 36.26	700m: 8:17.19 36.33			
	150m: 1:40.96 34.87	350m: 4:02.61 35.77	550m: 6:27.76 36.58	750m: 8:53.67 36.48			
	200m: 2:15.87 34.91	400m: 4:38.70 36.09	600m: 7:04.43 36.67	800m: 9:29.30 35.63			
17.	CARVALHO Eva Guerreiro	99	Uniao Piedense	9:29.62	+0,89	616	
	50m: 31.74 31.74	250m: 2:52.40 35.72	450m: 5:16.26 35.65	650m: 7:41.32 35.97			
	100m: 1:06.38 34.64	300m: 3:28.33 35.93	500m: 5:52.60 36.34	700m: 8:17.91 36.59			
	150m: 1:41.27 34.89	350m: 4:04.17 35.84	550m: 6:28.68 36.08	750m: 8:53.61 35.70			
	200m: 2:16.68 35.41	400m: 4:40.61 36.44	600m: 7:05.35 36.67	800m: 9:29.62 36.01			
18.	RAMOS Ana Rita	02	Porto	9:31.24	+0,74	611	
	50m: 32.43 32.43	250m: 2:53.57 35.72	450m: 5:17.02 36.08	650m: 7:42.41 36.41			
	100m: 1:07.43 35.00	300m: 3:29.26 35.69	500m: 5:53.41 36.39	700m: 8:19.16 36.75			
	150m: 1:42.59 35.16	350m: 4:05.14 35.88	550m: 6:29.72 36.31	750m: 8:55.66 36.50			
	200m: 2:17.85 35.26	400m: 4:40.94 35.80	600m: 7:06.00 36.28	800m: 9:31.24 35.58			
19.	MARTINS Joana Ribeiro	03	Benfica	9:31.32		610	
	50m: 32.46 32.46	250m: 2:56.76 35.96	450m: 5:21.50 35.66	650m: 7:45.68 35.92			
	100m: 1:08.74 36.28	300m: 3:33.25 36.49	500m: 5:57.96 36.46	700m: 8:21.78 36.10			
	150m: 1:44.29 35.55	350m: 4:09.14 35.89	550m: 6:33.43 35.47	750m: 8:57.59 35.81			
	200m: 2:20.80 36.51	400m: 4:45.84 36.70	600m: 7:09.76 36.33	800m: 9:31.32 33.73			
20.	QUEIROZ Ana Rita	02	Fundacao Beatriz Santos	9:33.02	+0,80	605	
	50m: 31.62 31.62	250m: 2:53.23 35.95	450m: 5:18.79 36.13	650m: 7:44.50 36.06			
	100m: 1:06.12 34.50	300m: 3:29.89 36.66	500m: 5:55.24 36.45	700m: 8:21.21 36.71			
	150m: 1:41.61 35.49	350m: 4:06.10 36.21	550m: 6:31.71 36.47	750m: 8:57.42 36.21			
	200m: 2:17.28 35.67	400m: 4:42.66 36.56	600m: 7:08.44 36.73	800m: 9:33.02 35.60			
21.	NEVES Carolina Marques	01	Torres Novas	9:34.16	+0,72	601	
	50m: 31.91 31.91	250m: 2:56.12 36.42	450m: 5:21.31 35.94	650m: 7:46.99 36.41			
	100m: 1:07.39 35.48	300m: 3:32.69 36.57	500m: 5:57.75 36.44	700m: 8:23.64 36.65			
	150m: 1:43.71 36.32	350m: 4:09.04 36.35	550m: 6:33.91 36.16	750m: 8:59.52 35.88			
	200m: 2:19.70 35.99	400m: 4:45.37 36.33	600m: 7:10.58 36.67	800m: 9:34.16 34.64			
22.	VELOSO Teresa Miguel	00	Nautico /Urgicentro-Sanfil	9:35.78	+0,68	596	
	50m: 32.34 32.34	250m: 2:54.84 36.31	450m: 5:20.55 36.50	650m: 7:46.55 36.83			
	100m: 1:07.27 34.93	300m: 3:31.01 36.17	500m: 5:56.71 36.16	700m: 8:23.41 36.86			
	150m: 1:43.04 35.77	350m: 4:07.91 36.90	550m: 6:33.47 36.76	750m: 9:00.40 36.99			
	200m: 2:18.53 35.49	400m: 4:44.05 36.14	600m: 7:09.72 36.25	800m: 9:35.78 35.38			
23.	GALACHA Mariana Sobral	01	Sporting	9:37.16	+0,73	592	
	50m: 32.09 32.09	250m: 2:55.24 36.32	450m: 5:20.58 36.45	650m: 7:47.60 36.97			
	100m: 1:07.14 35.05	300m: 3:31.40 36.16	500m: 5:57.03 36.45	700m: 8:24.73 37.13			
	150m: 1:42.96 35.82	350m: 4:07.45 36.05	550m: 6:33.63 36.60	750m: 9:01.42 36.69			
	200m: 2:18.92 35.96	400m: 4:44.13 36.68	600m: 7:10.63 37.00	800m: 9:37.16 35.74			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	SILVA Rafaela Araujo	00	Famalicao	9:38.64	+0,86	588	
	50m: 32.45 32.45	250m: 2:56.58	36.69	450m: 5:23.09	36.70	650m: 7:50.27	36.78
	100m: 1:07.42 34.97	300m: 3:33.12	36.54	500m: 5:59.86	36.77	700m: 8:26.68	36.41
	150m: 1:43.49 36.07	350m: 4:09.68	36.56	550m: 6:36.52	36.66	750m: 9:03.12	36.44
	200m: 2:19.89 36.40	400m: 4:46.39	36.71	600m: 7:13.49	36.97	800m: 9:38.64	35.52
25.	LEMONS Leila Tavarã	00	Vilacondense	9:40.54	+0,92	582	
	50m: 32.89 32.89	250m: 2:58.34	36.70	450m: 5:24.50	36.46	650m: 7:51.25	36.82
	100m: 1:08.69 35.80	300m: 3:34.68	36.34	500m: 6:01.06	36.56	700m: 8:28.04	36.79
	150m: 1:45.27 36.58	350m: 4:11.53	36.85	550m: 6:37.67	36.61	750m: 9:04.59	36.55
	200m: 2:21.64 36.37	400m: 4:48.04	36.51	600m: 7:14.43	36.76	800m: 9:40.54	35.95
26.	CORREIA Mariana Delicado	01	Sporting	9:41.18	+0,73	580	
	50m: 32.43 32.43	250m: 2:56.77	36.63	450m: 5:24.00	37.23	650m: 7:52.10	37.43
	100m: 1:07.71 35.28	300m: 3:33.41	36.64	500m: 6:00.49	36.49	700m: 8:28.63	36.53
	150m: 1:43.89 36.18	350m: 4:10.18	36.77	550m: 6:37.69	37.20	750m: 9:05.61	36.98
	200m: 2:20.14 36.25	400m: 4:46.77	36.59	600m: 7:14.67	36.98	800m: 9:41.18	35.57
27.	OLIVEIRA Ines Silva	00	Fluvial Portuense	9:43.83	+0,79	572	
	50m: 32.63 32.63	250m: 2:59.64	36.66	450m: 5:25.99	36.67	650m: 7:54.37	36.98
	100m: 1:08.87 36.24	300m: 3:36.26	36.62	500m: 6:03.04	37.05	700m: 8:31.43	37.06
	150m: 1:46.08 37.21	350m: 4:12.99	36.73	550m: 6:40.10	37.06	750m: 9:08.32	36.89
	200m: 2:22.98 36.90	400m: 4:49.32	36.33	600m: 7:17.39	37.29	800m: 9:43.83	35.51
28.	MARTINS Francisca Soares	03	Foca	9:44.50	+0,80	570	
	50m: 33.96 33.96	250m: 3:01.42	36.88	450m: 5:29.73	36.92	650m: 7:57.50	36.91
	100m: 1:10.81 36.85	300m: 3:38.59	37.17	500m: 6:06.53	36.80	700m: 8:34.41	36.91
	150m: 1:47.97 37.16	350m: 4:15.93	37.34	550m: 6:43.65	37.12	750m: 9:10.89	36.48
	200m: 2:24.54 36.57	400m: 4:52.81	36.88	600m: 7:20.59	36.94	800m: 9:44.50	33.61
29.	GARCIA HERREROS Nuria	00	Adn.Rivas-Vaciamadri	9:45.23	+0,77	568	
	50m: 32.49 32.49	250m: 2:56.58	36.36	450m: 5:24.86	37.18	650m: 7:54.11	37.54
	100m: 1:07.86 35.37	300m: 3:33.41	36.83	500m: 6:02.13	37.27	700m: 8:31.58	37.47
	150m: 1:44.02 36.16	350m: 4:10.61	37.20	550m: 6:39.27	37.14	750m: 9:08.76	37.18
	200m: 2:20.22 36.20	400m: 4:47.68	37.07	600m: 7:16.57	37.30	800m: 9:45.23	36.47
30.	CUADRADO MARTIN Irene	02	Federacion Castilla-Leon	9:46.00	+0,74	566	
	50m: 32.75 32.75	250m: 3:00.11	37.17	450m: 5:29.11	37.17	650m: 7:58.64	37.00
	100m: 1:09.20 36.45	300m: 3:36.94	36.83	500m: 6:06.77	37.66	700m: 8:35.87	37.23
	150m: 1:46.03 36.83	350m: 4:14.75	37.81	550m: 6:44.01	37.24	750m: 9:11.54	35.67
	200m: 2:22.94 36.91	400m: 4:51.94	37.19	600m: 7:21.64	37.63	800m: 9:46.00	34.46
31.	FERNANDES Leonor Camacho	02	Sporting	9:47.42	+0,71	562	
	50m: 32.33 32.33	250m: 2:57.57	36.53	450m: 5:25.80	37.11	650m: 7:55.50	37.49
	100m: 1:08.14 35.81	300m: 3:34.55	36.98	500m: 6:02.78	36.98	700m: 8:33.09	37.59
	150m: 1:44.61 36.47	350m: 4:11.58	37.03	550m: 6:40.44	37.66	750m: 9:10.40	37.31
	200m: 2:21.04 36.43	400m: 4:48.69	37.11	600m: 7:18.01	37.57	800m: 9:47.42	37.02
32.	VARANDAS Joana Filipa	02	Laranjeiro	9:47.98	+0,83	560	
	50m: 33.19 33.19	250m: 2:59.53	37.11	450m: 5:28.20	37.27	650m: 7:57.27	37.13
	100m: 1:09.00 35.81	300m: 3:36.61	37.08	500m: 6:05.45	37.25	700m: 8:34.70	37.43
	150m: 1:45.45 36.45	350m: 4:13.77	37.16	550m: 6:42.75	37.30	750m: 9:11.77	37.07
	200m: 2:22.42 36.97	400m: 4:50.93	37.16	600m: 7:20.14	37.39	800m: 9:47.98	36.21
33.	MARTINS Ines Alves	01	Fluvial Portuense	9:49.03	+0,82	557	
	50m: 33.15 33.15	250m: 3:00.82	36.95	450m: 5:29.42	37.12	650m: 7:58.85	36.96
	100m: 1:09.67 36.52	300m: 3:37.90	37.08	500m: 6:06.91	37.49	700m: 8:36.16	37.31
	150m: 1:46.57 36.90	350m: 4:14.89	36.99	550m: 6:44.80	37.89	750m: 9:13.21	37.05
	200m: 2:23.87 37.30	400m: 4:52.30	37.41	600m: 7:21.89	37.09	800m: 9:49.03	35.82

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
34.	FERNANDES Maria Joao	97	Fluvial Portuense	9:49.14	+0,78	557	
	50m: 32.43 32.43	250m: 3:00.01 38.07	450m: 5:30.51 37.54	650m: 7:59.08 36.90			
	100m: 1:07.83 35.40	300m: 3:37.64 37.63	500m: 6:07.39 36.88	700m: 8:35.97 36.89			
	150m: 1:45.00 37.17	350m: 4:15.49 37.85	550m: 6:44.75 37.36	750m: 9:13.22 37.25			
	200m: 2:21.94 36.94	400m: 4:52.97 37.48	600m: 7:22.18 37.43	800m: 9:49.14 35.92			
35.	BELO Maria Margarida	02	Sporting	9:49.98	+0,85	554	
	50m: 31.34 31.34	250m: 2:57.73 37.10	450m: 5:28.00 37.24	650m: 7:59.13 37.65			
	100m: 1:06.68 35.34	300m: 3:35.45 37.72	500m: 6:05.85 37.85	700m: 8:37.46 38.33			
	150m: 1:44.05 37.37	350m: 4:12.98 37.53	550m: 6:43.92 38.07	750m: 9:14.97 37.51			
	200m: 2:20.63 36.58	400m: 4:50.76 37.78	600m: 7:21.48 37.56	800m: 9:49.98 35.01			
36.	SOARES Carolina Silva	03	Natacao de Valongo	9:50.11	+0,82	554	
	50m: 32.81 32.81	250m: 3:01.02 37.61	450m: 5:31.20 37.56	650m: 8:01.86 38.18			
	100m: 1:09.06 36.25	300m: 3:38.67 37.65	500m: 6:08.47 37.27	700m: 8:39.19 37.33			
	150m: 1:46.33 37.27	350m: 4:16.12 37.45	550m: 6:46.04 37.57	750m: 9:15.74 36.55			
	200m: 2:23.41 37.08	400m: 4:53.64 37.52	600m: 7:23.68 37.64	800m: 9:50.11 34.37			
37.	MATOS Lara Beatriz	01	Famalicao	9:52.27	+0,93	548	
	50m: 32.54 32.54	250m: 3:00.07 37.69	450m: 5:29.01 37.26	650m: 8:00.25 37.97			
	100m: 1:08.33 35.79	300m: 3:37.21 37.14	500m: 6:06.80 37.79	700m: 8:38.33 38.08			
	150m: 1:45.26 36.93	350m: 4:14.50 37.29	550m: 6:44.45 37.65	750m: 9:15.65 37.32			
	200m: 2:22.38 37.12	400m: 4:51.75 37.25	600m: 7:22.28 37.83	800m: 9:52.27 36.62			
38.	FERREIRA Beatriz Marques	00	Campinho	9:52.91	+0,74	546	
	50m: 33.15 33.15	250m: 2:59.07 37.23	450m: 5:29.93 38.02	650m: 8:00.77 37.65			
	100m: 1:08.57 35.42	300m: 3:36.60 37.53	500m: 6:07.58 37.65	700m: 8:38.60 37.83			
	150m: 1:44.89 36.32	350m: 4:14.54 37.94	550m: 6:45.26 37.68	750m: 9:16.30 37.70			
	200m: 2:21.84 36.95	400m: 4:51.91 37.37	600m: 7:23.12 37.86	800m: 9:52.91 36.61			
39.	AGOSTINHO Catia Iordan	02	Rio Maior	9:54.24	+0,59	542	
	50m: 32.90 32.90	250m: 3:01.20 37.55	450m: 5:31.31 37.52	650m: 8:02.34 37.74			
	100m: 1:09.07 36.17	300m: 3:38.65 37.45	500m: 6:09.06 37.75	700m: 8:39.70 37.36			
	150m: 1:46.04 36.97	350m: 4:16.36 37.71	550m: 6:46.77 37.71	750m: 9:17.10 37.40			
	200m: 2:23.65 37.61	400m: 4:53.79 37.43	600m: 7:24.60 37.83	800m: 9:54.24 37.14			
40.	MARTINS Maria Esteves	01	Galitos / Bresimar	9:55.52	+0,66	539	
	50m: 32.65 32.65	250m: 3:00.08 37.10	450m: 5:30.13 38.22	650m: 8:03.27 38.83			
	100m: 1:08.80 36.15	300m: 3:37.08 37.00	500m: 6:07.95 37.82	700m: 8:41.46 38.19			
	150m: 1:46.00 37.20	350m: 4:14.16 37.08	550m: 6:46.13 38.18	750m: 9:19.14 37.68			
	200m: 2:22.98 36.98	400m: 4:51.91 37.75	600m: 7:24.44 38.31	800m: 9:55.52 36.38			
41.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	9:55.97	+0,72	538	
	50m: 33.08 33.08	250m: 2:59.99 37.54	450m: 5:29.61 37.70	650m: 8:02.34 38.72			
	100m: 1:09.00 35.92	300m: 3:37.08 37.09	500m: 6:07.34 37.73	700m: 8:40.86 38.52			
	150m: 1:45.69 36.69	350m: 4:14.39 37.31	550m: 6:45.40 38.06	750m: 9:19.07 38.21			
	200m: 2:22.45 36.76	400m: 4:51.91 37.52	600m: 7:23.62 38.22	800m: 9:55.97 36.90			
42.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:57.29	+0,92	534	
	50m: 34.34 34.34	250m: 3:05.08 37.95	450m: 5:36.62 37.42	650m: 8:08.06 37.54			
	100m: 1:11.65 37.31	300m: 3:43.05 37.97	500m: 6:14.40 37.78	700m: 8:45.59 37.53			
	150m: 1:48.90 37.25	350m: 4:21.07 38.02	550m: 6:52.61 38.21	750m: 9:22.34 36.75			
	200m: 2:27.13 38.23	400m: 4:59.20 38.13	600m: 7:30.52 37.91	800m: 9:57.29 34.95			
43.	PEIXEIRA Filipa Ramos	03	Sporting	9:58.33	+0,79	531	
	50m: 32.72 32.72	250m: 3:00.19 37.45	450m: 5:31.17 38.16	650m: 8:03.86 38.28			
	100m: 1:08.84 36.12	300m: 3:38.09 37.90	500m: 6:09.11 37.94	700m: 8:42.42 38.56			
	150m: 1:45.89 37.05	350m: 4:15.87 37.78	550m: 6:47.24 38.13	750m: 9:20.90 38.48			
	200m: 2:22.74 36.85	400m: 4:53.01 37.14	600m: 7:25.58 38.34	800m: 9:58.33 37.43			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
44.	PELAIO Maria Joao	03	Ginasio Figueirense	9:59.79		528	
	50m: 33.53 33.53	250m: 3:03.35 37.74	450m: 5:34.74 37.85	650m: 8:07.68 38.24			
	100m: 1:10.07 36.54	300m: 3:41.45 38.10	500m: 6:13.30 38.56	700m: 8:45.89 38.21			
	150m: 1:47.48 37.41	350m: 4:19.17 37.72	550m: 6:51.43 38.13	750m: 9:23.93 38.04			
	200m: 2:25.61 38.13	400m: 4:56.89 37.72	600m: 7:29.44 38.01	800m: 9:59.79 35.86			
45.	SOUSA Ines Matos	03	Nautico /Urgicentro-Sanfil	9:59.97	+0,79	527	
	50m: 34.15 34.15	250m: 3:04.82 37.47	450m: 5:35.35 37.69	650m: 8:07.44 37.96			
	100m: 1:11.44 37.29	300m: 3:42.55 37.73	500m: 6:13.41 38.06	700m: 8:45.00 37.56			
	150m: 1:49.17 37.73	350m: 4:19.93 37.38	550m: 6:51.49 38.08	750m: 9:22.81 37.81			
	200m: 2:27.35 38.18	400m: 4:57.66 37.73	600m: 7:29.48 37.99	800m: 9:59.97 37.16			
46.	BARBOSA Sara Lopes	00	Aquatico Pacense	10:03.36	+0,88	518	
	50m: 34.32 34.32	250m: 3:05.16 38.05	450m: 5:37.05 38.15	650m: 8:09.90 38.19			
	100m: 1:11.63 37.31	300m: 3:42.86 37.70	500m: 6:15.16 38.11	700m: 8:47.95 38.05			
	150m: 1:49.47 37.84	350m: 4:20.92 38.06	550m: 6:53.31 38.15	750m: 9:26.08 38.13			
	200m: 2:27.11 37.64	400m: 4:58.90 37.98	600m: 7:31.71 38.40	800m: 10:03.36 37.28			
47.	CARDOSO Rita Constanca	03	Porto	10:03.55	+0,73	518	
	50m: 33.98 33.98	250m: 3:06.05 38.68	450m: 5:39.73 38.24	650m: 8:12.99 38.15			
	100m: 1:11.14 37.16	300m: 3:44.50 38.45	500m: 6:17.87 38.14	700m: 8:50.93 37.94			
	150m: 1:49.19 38.05	350m: 4:22.96 38.46	550m: 6:56.56 38.69	750m: 9:27.79 36.86			
	200m: 2:27.37 38.18	400m: 5:01.49 38.53	600m: 7:34.84 38.28	800m: 10:03.55 35.76			
48.	CAMPOS Alexandra Martins	02	Leixoes	10:04.92	+0,83	514	
	50m: 34.19 34.19	250m: 3:06.14 38.38	450m: 5:39.39 38.24	650m: 8:13.65 38.55			
	100m: 1:11.43 37.24	300m: 3:44.38 38.24	500m: 6:18.03 38.64	700m: 8:52.04 38.39			
	150m: 1:49.45 38.02	350m: 4:22.63 38.25	550m: 6:56.51 38.48	750m: 9:29.58 37.54			
	200m: 2:27.76 38.31	400m: 5:01.15 38.52	600m: 7:35.10 38.59	800m: 10:04.92 35.34			
49.	FONSECA Laura Luz	03	Naval de Ponta Delgada	10:06.95	+0,78	509	
	50m: 33.26 33.26	250m: 3:03.24 38.40	450m: 5:36.89 38.61	650m: 8:12.61 38.97			
	100m: 1:09.62 36.36	300m: 3:41.38 38.14	500m: 6:15.61 38.72	700m: 8:51.41 38.80			
	150m: 1:47.14 37.52	350m: 4:19.89 38.51	550m: 6:54.49 38.88	750m: 9:30.09 38.68			
	200m: 2:24.84 37.70	400m: 4:58.28 38.39	600m: 7:33.64 39.15	800m: 10:06.95 36.86			
50.	LIMA Jessica Soares	02	Braga	10:07.84	+0,83	507	
	50m: 33.26 33.26	250m: 3:04.24 38.61	450m: 5:39.75 38.97	650m: 8:14.50 38.67			
	100m: 1:09.64 36.38	300m: 3:42.71 38.47	500m: 6:18.35 38.60	700m: 8:52.94 38.44			
	150m: 1:47.52 37.88	350m: 4:21.79 39.08	550m: 6:57.05 38.70	750m: 9:30.95 38.01			
	200m: 2:25.63 38.11	400m: 5:00.78 38.99	600m: 7:35.83 38.78	800m: 10:07.84 36.89			
51.	FERREIRA Madalena Maria	02	Sporting	10:09.24	+0,82	503	
	50m: 33.95 33.95	250m: 3:05.04 38.73	450m: 5:40.37 38.99	650m: 8:15.59 38.99			
	100m: 1:10.26 36.31	300m: 3:43.22 38.18	500m: 6:19.17 38.80	700m: 8:54.17 38.58			
	150m: 1:48.45 38.19	350m: 4:22.54 39.32	550m: 6:58.08 38.91	750m: 9:32.27 38.10			
	200m: 2:26.31 37.86	400m: 5:01.38 38.84	600m: 7:36.60 38.52	800m: 10:09.24 36.97			
52.	MARQUES Erika Almeida	01	Braga	10:09.65	+0,88	502	
	50m: 33.50 33.50	250m: 3:03.60 38.41	450m: 5:37.73 38.85	650m: 8:13.57 39.06			
	100m: 1:09.76 36.26	300m: 3:41.63 38.03	500m: 6:16.70 38.97	700m: 8:52.28 38.71			
	150m: 1:47.46 37.70	350m: 4:20.39 38.76	550m: 6:55.72 39.02	750m: 9:31.58 39.30			
	200m: 2:25.19 37.73	400m: 4:58.88 38.49	600m: 7:34.51 38.79	800m: 10:09.65 38.07			
53.	ROCHA Ines Freitas	03	Aquatico Pacense	10:09.91	+0,91	502	
	50m: 33.80 33.80	250m: 3:07.88 38.96	450m: 5:44.24 39.47	650m: 8:17.90 38.55			
	100m: 1:11.55 37.75	300m: 3:47.04 39.16	500m: 6:22.09 37.85	700m: 8:55.88 37.98			
	150m: 1:49.65 38.10	350m: 4:25.80 38.76	550m: 7:00.57 38.48	750m: 9:33.78 37.90			
	200m: 2:28.92 39.27	400m: 5:04.77 38.97	600m: 7:39.35 38.78	800m: 10:09.91 36.13			

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
54.	CARVALHO Beatriz Moreira	03	Rio Maior	10:10.75	+0,79	500	
	50m: 33.98 33.98	250m: 3:06.59	38.46	450m: 5:40.82	38.30	650m: 8:16.47	39.02
	100m: 1:11.28 37.30	300m: 3:44.98	38.39	500m: 6:19.57	38.75	700m: 8:55.40	38.93
	150m: 1:49.47 38.19	350m: 4:23.79	38.81	550m: 6:58.55	38.98	750m: 9:33.88	38.48
	200m: 2:28.13 38.66	400m: 5:02.52	38.73	600m: 7:37.45	38.90	800m: 10:10.75	36.87
55.	OLIVEIRA Mafalda Joana	02	Individual ANNP	10:10.82	+0,94	499	
	50m: 32.70 32.70	250m: 3:04.44	38.71	450m: 5:40.17	39.15	650m: 8:16.04	39.05
	100m: 1:09.16 36.46	300m: 3:43.10	38.66	500m: 6:19.24	39.07	700m: 8:55.12	39.08
	150m: 1:47.52 38.36	350m: 4:21.86	38.76	550m: 6:58.07	38.83	750m: 9:33.51	38.39
	200m: 2:25.73 38.21	400m: 5:01.02	39.16	600m: 7:36.99	38.92	800m: 10:10.82	37.31
56.	PAIS Matilde Vieira	03	Galitos / Bresimar	10:10.96		499	
	50m: 34.29 34.29	250m: 3:05.93	38.27	450m: 5:41.20	38.45	650m: 8:17.16	38.82
	100m: 1:11.67 37.38	300m: 3:44.57	38.64	500m: 6:20.11	38.91	700m: 8:56.21	39.05
	150m: 1:49.62 37.95	350m: 4:23.20	38.63	550m: 6:59.33	39.22	750m: 9:34.79	38.58
	200m: 2:27.66 38.04	400m: 5:02.75	39.55	600m: 7:38.34	39.01	800m: 10:10.96	36.17
57.	SILVA Eduarda Reis	03	Famalicao	10:13.42	+0,83	493	
	50m: 33.00 33.00	250m: 3:03.27	38.44	450m: 5:37.50	38.50	650m: 8:15.29	39.37
	100m: 1:09.23 36.23	300m: 3:40.97	37.70	500m: 6:16.93	39.43	700m: 8:55.43	40.14
	150m: 1:46.91 37.68	350m: 4:19.93	38.96	550m: 6:55.78	38.85	750m: 9:34.95	39.52
	200m: 2:24.83 37.92	400m: 4:59.00	39.07	600m: 7:35.92	40.14	800m: 10:13.42	38.47
58.	RODRIGUES Ana Luisa	03	Louzan Natacao	10:18.11	+0,80	482	
	50m: 33.86 33.86	250m: 3:05.98	38.39	450m: 5:41.12	39.16	650m: 8:19.09	39.51
	100m: 1:11.06 37.20	300m: 3:44.36	38.38	500m: 6:20.29	39.17	700m: 8:59.18	40.09
	150m: 1:49.14 38.08	350m: 4:22.96	38.60	550m: 6:59.64	39.35	750m: 9:39.32	40.14
	200m: 2:27.59 38.45	400m: 5:01.96	39.00	600m: 7:39.58	39.94	800m: 10:18.11	38.79
59.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	10:18.86	+0,83	480	
	50m: 32.37 32.37	250m: 3:00.81	38.26	450m: 5:38.96	40.52	650m: 8:19.71	40.35
	100m: 1:07.96 35.59	300m: 3:40.08	39.27	500m: 6:18.24	39.28	700m: 9:00.04	40.33
	150m: 1:44.69 36.73	350m: 4:19.35	39.27	550m: 6:58.49	40.25	750m: 9:40.75	40.71
	200m: 2:22.55 37.86	400m: 4:58.44	39.09	600m: 7:39.36	40.87	800m: 10:18.86	38.11
60.	PEREIRA Andreia Brito	00	Condeixa Clube	10:20.01		478	
	50m: 32.88 32.88	250m: 3:05.11	38.51	450m: 5:41.33	38.92	650m: 8:21.55	39.83
	100m: 1:09.71 36.83	300m: 3:44.34	39.23	500m: 6:21.32	39.99	700m: 9:01.62	40.07
	150m: 1:47.61 37.90	350m: 4:22.77	38.43	550m: 7:01.45	40.13	750m: 9:41.20	39.58
	200m: 2:26.60 38.99	400m: 5:02.41	39.64	600m: 7:41.72	40.27	800m: 10:20.01	38.81
61.	MARTINS Beatriz Picanco	03	Benfica	10:21.23	+0,87	475	
	50m: 33.22 33.22	250m: 3:06.58	38.76	450m: 5:43.98	40.09	650m: 8:22.53	40.16
	100m: 1:10.56 37.34	300m: 3:45.54	38.96	500m: 6:22.99	39.01	700m: 9:02.96	40.43
	150m: 1:49.33 38.77	350m: 4:24.77	39.23	550m: 7:02.71	39.72	750m: 9:42.90	39.94
	200m: 2:27.82 38.49	400m: 5:03.89	39.12	600m: 7:42.37	39.66	800m: 10:21.23	38.33
62.	GOMES Constanca Mendes	03	Pimpoes/Cimai	10:21.72	+0,73	474	
	50m: 34.91 34.91	250m: 3:10.85	39.79	450m: 5:49.00	40.01	650m: 8:26.76	39.61
	100m: 1:12.77 37.86	300m: 3:50.13	39.28	500m: 6:28.27	39.27	700m: 9:05.84	39.08
	150m: 1:52.09 39.32	350m: 4:29.76	39.63	550m: 7:08.13	39.86	750m: 9:44.73	38.89
	200m: 2:31.06 38.97	400m: 5:08.99	39.23	600m: 7:47.15	39.02	800m: 10:21.72	36.99
63.	VALENTE Beatriz Sousa	03	Natacao de Olhao	10:21.73	+0,86	474	
	50m: 35.61 35.61	250m: 3:11.20	39.61	450m: 5:48.69	39.98	650m: 8:26.46	39.32
	100m: 1:13.66 38.05	300m: 3:50.16	38.96	500m: 6:27.98	39.29	700m: 9:05.09	38.63
	150m: 1:52.77 39.11	350m: 4:29.73	39.57	550m: 7:07.85	39.87	750m: 9:44.38	39.29
	200m: 2:31.59 38.82	400m: 5:08.71	38.98	600m: 7:47.14	39.29	800m: 10:21.73	37.35

RJC=Rejeitado WDR= Retirado EXH= Extra Competição

Prova 2, Femin., 800m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
64.	SILVA Ana Pereira	03	Fafe	10:30.65	+0,80	454	
	50m: 34.38 34.38	250m: 3:10.77 39.77	450m: 5:49.57 40.09	650m: 8:30.53 40.66			
	100m: 1:11.82 37.44	300m: 3:50.23 39.46	500m: 6:29.27 39.70	700m: 9:11.22 40.69			
	150m: 1:51.47 39.65	350m: 4:29.93 39.70	550m: 7:09.68 40.41	750m: 9:51.63 40.41			
	200m: 2:31.00 39.53	400m: 5:09.48 39.55	600m: 7:49.87 40.19	800m: 10:30.65 39.02			
DNS	SCHUETT Ida	96	Denmark				

RJC=Rejeitado WDR= Retirado EXH= Extra Competição