

XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7- - 9-7-2017

Prova 8	Masc., 400m Estilos				Absoluto
07-07-2017 - 22:05					Startlist
RN A(25-29)	4:47.39	GONCALVES Andre Bras	CFB	Loulé	03-07-2015
RN B(30-34)	5:12.10	NIZ Adriano Miguel	GDNVNF	Loulé	08-07-2016
RN C(35-39)	5:17.22	NUNES Rodolfo Pereira	GESP	Riccione (ITA)	12-06-2012
RN D(40-44)	5:16.30	NUNES Rodolfo Pereira	GESP	Montréal (CAN)	05-08-2014
RN E(45-49)	5:28.81	FREITAS Jose Carlos	CFP	Oeiras	02-07-2011
RN F(50-54)	5:36.42	CARVALHO Paulo Paula	SFUAP	Loulé	03-07-2015
RN G(55-59)	5:43.74	CARVALHO Paulo Paula	SFUAP	Loulé	08-07-2016
RN H(60-64)	6:20.79	MAVIOSE Vitor Manuel	SAD	Loulé	08-07-2016
RN I(65-69)	6:57.05	BASTO Antonio Bessone	SAD	Loulé	29-06-2013
RN J(70-74)	6:59.74	BASTO Antonio Bessone	SAD	Loulé	08-07-2016
RN K(75-79)	10:04.38	TEIXEIRA Joao Rodrigues	AAC	Loulé	29-06-2013
RN L(80-84)	59:00.00				

Pista	Nome	Ano	Clube	Tp inscrição	
Série 1 de 7					
3	MENESES Goncalo Goncalves	92	Braga	NT	: . .
4	PEREIRA Norberto Matos	75	Vitoria Guimaraes	8:50.03	: . .
5	GASPAR Alexandre Azevedo	45	Alges	8:58.58	: . .

Série 2 de 7					
	1 SANTANA Fernando Manuel	68	Colegio Monte Maior	8:32.92	: . .
	2 PEREIRA Rui Manuel	56	Funcao Publica	8:00.00	: . .
	3 SEABRA Henrique Luis	61	Fluvial Portuense	7:48.91	: . .
DNS	4 PEREIRA Alexandre Marques	76	Colegio Monte Maior	7:44.12	: . .
	5 BILRO Joaquim Mendes	53	Alges	7:45.00	: . .
	6 BARRADA Orlando Gomes	45	Alges	7:55.34	: . .
	7 FERRAZ Francisco Antonio	70	Pimpoes/Cimai	8:03.48	: . .
	8 COELHO Domingos Pinto	52	Alges	8:43.38	: . .

Série 3 de 7					
	1 OLIVEIRA Sergio Frederico	74	Ginasio Clube	7:30.12	: . .
	2 IBANEZ ALMENDRO Carlos	67	Sevilla Master	7:20.47	: . .
	3 GOMES Pedro Emanuel	88	Natacao de Valongo	7:10.00	: . .
	4 SILVA Juan Luis	63	Masters de Almada	7:03.58	: . .
	5 FERNANDES Ricardo Jorge	72	Natacao de Valongo	7:09.71	: . .
	6 COSTA Antonio Goarmon	75	Nacional de Natacao	7:15.00	: . .
	7 GOMES Jose Maria	72	Ginasio Clube	7:30.02	: . .
	8 BARROS Mario Jorge	56	Porto	7:39.02	: . .

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Série 4 de 7

1	CORDEIRO Pedro Miguel	67	Alges	6:45.00	_____
2	BASTO Gustavo Ferreira	67	Galitos/ Bresimar	6:41.08	_____
3	RIBEIRO Celso Fernando	69	Porto	6:30.00	_____
4	PIRES Filipe Pinheiro	73	Foca	6:13.32	_____
5	MAVIOSE Vitor Manuel	56	Alges	6:20.79	_____
6	MALTA Joao Carlos	82	Salesianos	6:34.47	_____
7	PINTO Rui Manuel	79	Fluvial Portuense	6:43.12	_____
8	SILVA Pedro Nuno	73	Academica de Coimbra	6:48.39	_____

Série 5 de 7

1	CARVALHO Joao Carlos	90	Desportiva BJWHF	6:03.52	_____
2	GONCALVES Carlos Guimaraes	70	Fluvial Portuense	6:02.46	_____
3	NETO Angelo Miguel	82	Fluvial Portuense	5:59.52	_____
4	MARTINS Rui Carvalho	84	CLAC-Entroncamento	5:50.90	_____
5	HENRIQUES Diogo Gil	88	Alges	5:58.87	_____
6	MADUREIRA Fabio Andre	90	Penafiel	6:00.23	_____
7	SILVA Jorge Miguel	76	Salesianos	6:02.91	_____
8	PIRES Miguel Pinheiro	78	Foca	6:07.27	_____

Série 6 de 7

1	FRISCHKNECHT Emilio Nuno	71	Alges	5:45.00	_____
2	CORDEIRO Diogo Andre	90	Masters de Almada	5:42.21	_____
3	MOREIRA Paulo Ricardo	91	Propaganda da Natacao	5:37.11	_____
4	COURAS Ivan Mauricio	81	Fluvial Portuense	5:35.57	_____
5	CARVALHO Paulo Paula	61	Sporting	5:36.42	_____
6	DUARTE Jose Samuel	65	Sporting	5:39.05	_____
7	ALMEIDA Jorge Nuno	89	Ginasio Clube	5:43.20	_____
8	COUTEIRO Jose Eduardo	76	Viana Natacao	5:45.93	_____

Série 7 de 7

1	SANTOS Patrick	79	Salesianos	5:32.92	_____
2	BARBOSA Antonio Rui	82	Porto	5:30.00	_____
3	FERREIRA Joao Manuel	92	CLAC-Entroncamento	5:19.58	_____
4	NIZ Adriano Miguel	86	Famalicao	5:04.42	_____
5	ROQUE Jorge Manuel	90	Masters de Almada	5:14.82	_____
6	YOUNG Andrew	84	Salesianos	5:20.48	_____
7	MONTEIRO Bruno Daniel	88	Leixoes	5:31.24	_____
8	CARDOSO Alvaro Miguel	84	Salesianos	5:35.18	_____