



XIX Campeonato Nacional Masters de Verão - OPEN  
Famalicão, 7 - - 9-7-2017

Prova 12 Femin., 200m Livres Master Esc A  
08-07-2017 - 11:45 Resultados

RN A(25-29) 2:20.41 SILVA Carolina Santos CNMAIA Montréal (CAN) 05-08-2014

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	CRUZ Filipa Silva	92	Laranjeiro	<b>2:24.60</b>	+0,97	689	9,00
	50m: 34.00 34.00	100m: 1:10.64 36.64	150m: 1:48.06	37.42	200m: 2:24.60	36.54	
2.	SANTOS Carla Sofia	89	Porto	<b>2:31.20</b>	+0,87	603	7,00
	50m: 32.95 32.95	100m: 1:10.06 37.11	150m: 1:50.81	40.75	200m: 2:31.20	40.39	
3.	MOURA Catia Vanessa	90	Individual ANMIN	<b>2:33.91</b>	+1,04	571	6,00
	50m: 34.60 34.60	100m: 1:13.88 39.28	150m: 1:55.00	41.12	200m: 2:33.91	38.91	
4.	CASTRO Ana Lucia	92	Natacao de Lisboa	<b>2:35.01</b>	+0,90	559	5,00
	50m: 35.35 35.35	100m: 1:13.98 38.63	150m: 1:55.16	41.18	200m: 2:35.01	39.85	
5.	ALVES Joana Isabel	88	Porto	<b>2:35.29</b>	+0,96	556	4,00
	50m: 36.16 36.16	100m: 1:15.56 39.40	150m: 1:55.95	40.39	200m: 2:35.29	39.34	
6.	SANTOS Miriam Rodrigues	91	Masters de Almada	<b>2:38.14</b>	+0,93	527	3,00
	50m: 34.99 34.99	100m: 1:15.27 40.28	150m: 1:56.93	41.66	200m: 2:38.14	41.21	
7.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	<b>2:38.95</b>	+0,95	519	2,00
	50m: 36.21 36.21	100m: 1:16.29 40.08	150m: 1:57.47	41.18	200m: 2:38.95	41.48	
8.	MENDES Ana Rita	91	Gesloures	<b>2:44.07</b>	+0,81	472	1,00
	50m: 34.45 34.45	100m: 1:15.30 40.85	150m: 2:00.89	45.59	200m: 2:44.07	43.18	
9.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	<b>2:49.92</b>	+0,88	424	-
	50m: 39.05 39.05	100m: 1:22.15 43.10	150m: 2:05.38	43.23	200m: 2:49.92	44.54	
10.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	<b>2:52.67</b>	+0,91	404	-
	50m: 37.74 37.74	100m: 1:22.03 44.29	150m: 2:08.17	46.14	200m: 2:52.67	44.50	
11.	ESTEVES Ines Isabel	91	Penafiel	<b>2:52.77</b>	+1,11	404	-
	50m: 37.60 37.60	100m: 1:20.82 43.22	150m: 2:07.34	46.52	200m: 2:52.77	45.43	
12.	BARBOSA Ana Raquel	88	Gesloures	<b>3:23.65</b>	+0,97	246	-
	50m: 44.10 44.10	100m: 1:34.71 50.61	150m: 2:29.13	54.42	200m: 3:23.65	54.52	

Prova 12 Femin., 200m Livres Master Esc B  
08-07-2017 - 11:45 Resultados

RN B(30-34) 2:10.97 GRILO Ana Paula UDCA Millau (FRA) 27-08-2003

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SILVA Carolina Santos	86	Propaganda da Natacao	<b>2:20.35</b>	+0,67	756	9,00
	50m: 33.00 33.00	100m: 1:08.99 35.99	150m: 1:45.16	36.17	200m: 2:20.35	35.19	
2.	MIRANDA Raquel Filipa	85	Foca	<b>2:31.69</b>	+0,86	599	7,00
	50m: 34.36 34.36	100m: 1:13.38 39.02	150m: 1:53.30	39.92	200m: 2:31.69	38.39	
3.	RATOLA Margarida Raquel	83	Galitos/ Bresimar	<b>2:32.20</b>	+0,83	593	6,00
	50m: 34.65 34.65	100m: 1:14.07 39.42	150m: 1:54.05	39.98	200m: 2:32.20	38.15	
4.	RODRIGUES Sara Daniela	87	Galitos/ Bresimar	<b>2:37.09</b>	+0,90	539	5,00
	50m: 36.64 36.64	100m: 1:16.53 39.89	150m: 1:56.62	40.09	200m: 2:37.09	40.47	



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Prova 12, Femin., 200m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
5.	ROCHA Ana Margarida	86	Galitos/ Bresimar	<b>2:42.46</b>	+0,92	487	4,00
	50m: 36.94 36.94	100m: 1:17.36 40.42	150m: 1:59.79	42.43	200m: 2:42.46	42.67	
6.	COSTA Ana Filipe	83	Porto	<b>2:45.12</b>	+1,02	464	3,00
	50m: 35.33 35.33	100m: 1:15.26 39.93	150m: 1:59.11	43.85	200m: 2:45.12	46.01	
7.	RUSSO Catarina Torres	84	Galitos/ Bresimar	<b>3:25.57</b>		240	2,00
	50m: 49.13 49.13	100m: 1:40.89 51.76	150m: 2:34.24	53.35	200m: 3:25.57	51.33	
8.	CABRAL Natacha Lopes	86	Propaganda da Natacao	<b>3:28.63</b>	+0,81	230	1,00
	50m: 45.93 45.93	100m: 1:38.29 52.36	150m: 2:34.03	55.74	200m: 3:28.63	54.60	
9.	PEREIRA Catarina Isabel	83	Vilacondense	<b>3:33.18</b>	+1,02	215	-
	50m: 47.02 47.02	100m: 1:40.07 53.05	150m: 2:36.66	56.59	200m: 3:33.18	56.52	
DNS	MARCH Berta Gonzalez	87	Nacional de Natacao				-

Prova 12 Femin., 200m Livres Master Esc C  
08-07-2017 - 11:45 Resultados

RN C(35-39) 2:10.77 GRILO Ana Paula UDCA Stanford (USA) 06-08-2006

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	<b>2:40.90</b>	+0,94	557	9,00
	50m: 35.18 35.18	100m: 1:15.33 40.15	150m: 1:58.04	42.71	200m: 2:40.90	42.86	
2.	GUEDES Ana Dalte	80	Leixoes	<b>2:52.34</b>	+0,94	453	7,00
	50m: 39.28 39.28	100m: 1:23.61 44.33	150m: 2:09.43	45.82	200m: 2:52.34	42.91	
3.	FERREIRA Marta Martins	79	Funcao Publica	<b>3:24.28</b>	+1,15	272	6,00
	50m: 44.45 44.45	100m: 1:35.89 51.44	150m: 2:30.37	54.48	200m: 3:24.28	53.91	
4.	SILVA Ana Rosa	80	Foca	<b>3:25.33</b>	+0,98	268	5,00
	50m: 46.46 46.46	100m: 1:39.87 53.41	150m: 2:36.34	56.47	200m: 3:25.33	48.99	
5.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	<b>3:26.89</b>	+1,14	262	4,00
	50m: 47.00 47.00	100m: 1:39.63 52.63	150m: 2:33.93	54.30	200m: 3:26.89	52.96	
6.	MACHADO Maria Margarida	81	Vila DEste/Gaia	<b>3:31.93</b>	+0,96	244	3,00
	50m: 43.80 43.80	100m: 1:35.10 51.30	150m: 2:32.78	57.68	200m: 3:31.93	59.15	
7.	COSTA Clotilde Eunice	80	Foca	<b>3:46.04</b>		201	2,00
	50m: 47.81 47.81	100m: 1:44.54 56.73	150m: 2:45.85	1:01.31	200m: 3:46.04	1:00.19	
DNS	CUNHA Joana Isabel	80	Galitos/ Bresimar				-



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Prova 12 Femin., 200m Livres Master Esc D  
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RN D(40-44) 2:23.78 BARBARA Carla Santa FCP Loulé 09-07-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BARBARA Carla Santa <i>Rec Nac Esc D</i>	75	Porto	<b>2:22.69</b>	+0,74	785	9,00
	50m: 32.79 32.79			100m: 1:08.32 35.53		150m: 1:45.68 37.36	200m: 2:22.69 37.01
2.	ROTHES Ines Maria	73	Fluvial Portuense	<b>2:32.79</b>		639	7,00
	50m: 36.92 36.92			100m: 1:15.79 38.87		150m: 1:55.41 39.62	200m: 2:32.79 37.38
3.	RODRIGUES Ana Lanca	73	Gesloures	<b>2:50.14</b>	+0,87	463	6,00
	50m: 39.22 39.22			100m: 1:22.84 43.62		150m: 2:08.81 45.97	200m: 2:50.14 41.33
4.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	<b>3:38.12</b>	+0,90	219	5,00
	50m: 49.64 49.64			100m: 1:44.75 55.11		150m: 2:42.24 57.49	200m: 3:38.12 55.88
5.	TEIXEIRA Maria Fatima	73	Gafanha da Encarnacao	<b>3:52.91</b>	+1,12	180	4,00
	50m: 53.73 53.73			100m: 1:51.37 57.64		150m: 2:54.04 1:02.67	200m: 3:52.91 58.87

Prova 12 Femin., 200m Livres Master Esc E  
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RN E(45-49) 2:35.64 REZENDE Monica Anjos CAC Loulé 09-07-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BRANDAO Maria Teresa	69	Fluvial Portuense	<b>2:39.47</b>	+1,06	583	9,00
	50m: 36.55 36.55			100m: 1:16.93 40.38		150m: 1:58.06 41.13	200m: 2:39.47 41.41
2.	ROSA Elisabete Maria	69	Pimpoes/Cimai	<b>2:56.58</b>	+1,02	430	7,00
	50m: 40.19 40.19			100m: 1:25.06 44.87		150m: 2:11.34 46.28	200m: 2:56.58 45.24
3.	SILVA Claudia Maria	70	Palmela	<b>3:03.80</b>	+0,98	381	6,00
	50m: 39.35 39.35			100m: 1:27.19 47.84		150m: 2:16.81 49.62	200m: 3:03.80 46.99
4.	BLANCO Catarina Araujo	71	Fluvial Portuense	<b>3:03.81</b>	+1,09	381	5,00
	50m: 40.25 40.25			100m: 1:26.45 46.20		150m: 2:15.98 49.53	200m: 3:03.81 47.83
5.	HEWETT Maria Silvia	70	Fluvial Portuense	<b>3:06.40</b>	+1,04	365	4,00
	50m: 44.00 44.00			100m: 1:31.82 47.82		150m: 2:20.93 49.11	200m: 3:06.40 45.47
6.	AGANTE Luisa Lopes	71	Leixoes	<b>3:16.86</b>	+1,00	310	3,00
	50m: 43.22 43.22			100m: 1:33.85 50.63		150m: 2:26.55 52.70	200m: 3:16.86 50.31
7.	LOURENCO Teresa Margarida	69	Natacao de Valongo	<b>3:20.22</b>	+0,98	295	2,00
	50m: 43.26 43.26			100m: 1:32.27 49.01		150m: 2:25.81 53.54	200m: 3:20.22 54.41
8.	SIMOES Susana Paula	72	Leixoes	<b>3:56.95</b>		178	1,00
	50m: 53.62 53.62			100m: 1:54.99 1:01.37		150m: 2:57.55 1:02.56	200m: 3:56.95 59.40
9.	LEMOS Caxemira Kekhasharu	68	Vilacondense	<b>3:57.82</b>	+1,19	176	-
	50m: 54.26 54.26			100m: 1:53.68 59.42		150m: 2:57.75 1:04.07	200m: 3:57.82 1:00.07



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Prova 12, Femin., 200m Livres, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
10.	BARBARA Ana Bernardo	70	Portinado	<b>4:04.86</b>	+0,86	161	-
	50m: 49.72 49.72	100m: 1:52.35 1:02.63	150m: 2:59.77 1:07.42	200m: 4:04.86 1:05.09			

Prova 12 Femin., 200m Livres Master Esc F  
08-07-2017 - 11:45 Resultados

RN F(50-54) 2:45.66 KRAEVA Elena Nikolaevna CIMM Oeiras 03-07-2011

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERREIRA Isabel Baptista <i>Rec Nac Esc F</i>	67	Colegio Monte Maior	<b>2:35.40</b>	+0,79	701	9,00
	50m: 36.17 36.17	100m: 1:16.08 39.91	150m: 1:56.58 40.50	200m: 2:35.40 38.82			
2.	GUIMARAES Rita Cabral	64	Fluval Portuense	<b>3:06.15</b>	+0,89	408	7,00
	50m: 40.15 40.15	100m: 1:27.64 47.49	150m: 2:17.16 49.52	200m: 3:06.15 48.99			
3.	WISEU Maria Adriana	66	Leixoes	<b>3:11.77</b>	+0,94	373	6,00
	50m: 43.36 43.36	100m: 1:31.61 48.25	150m: 2:22.03 50.42	200m: 3:11.77 49.74			
4.	URBANO Maria Margarida	63	Academica de Coimbra	<b>3:13.84</b>	+1,08	361	5,00
	50m: 44.68 44.68	100m: 1:33.92 49.24	150m: 2:23.92 50.00	200m: 3:13.84 49.92			
5.	CANINAS Maria Madalena	63	Masters de Almada	<b>3:18.41</b>	+1,07	337	4,00
	50m: 42.98 42.98	100m: 1:31.93 48.95	150m: 2:24.96 53.03	200m: 3:18.41 53.45			
6.	MIGUEIS Maria Candida	65	Academica de Coimbra	<b>3:18.86</b>	+1,09	334	3,00
	50m: 43.58 43.58	100m: 1:34.39 50.81	150m: 2:27.01 52.62	200m: 3:18.86 51.85			
7.	TABORDA Maria Joao	67	Porto	<b>3:20.55</b>	+0,99	326	2,00
	50m: 43.74 43.74	100m: 1:34.96 51.22	150m: 2:27.79 52.83	200m: 3:20.55 52.76			
8.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	<b>3:26.77</b>	+1,09	297	1,00
	50m: 44.41 44.41	100m: 1:35.45 51.04	150m: 2:30.18 54.73	200m: 3:26.77 56.59			
9.	ALMEIDA Lucia Lima	64	Gafanha da Encarnacao	<b>4:24.76</b>	+0,93	141	-
	50m: 59.91 59.91	100m: 2:10.78 1:10.87	150m: 3:22.16 1:11.38	200m: 4:24.76 1:02.60			
10.	RIBEIRO Margarida Maria	64	Fluval Portuense	<b>4:31.27</b>	+1,35	131	-
	50m: 58.65 58.65	100m: 2:10.93 1:12.28	150m: 3:25.30 1:14.37	200m: 4:31.27 1:05.97			
DNS	MIRANDA Laura Manuela	67	Alges				-



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RN G(55-59) 2:52.92 KRAEVA Elena Nikolaevna ADRCIMM Loulé 10-07-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERNANDES Maria Santos	62	Leixoes	<b>3:19.71</b>	+1,08	355	9,00
	50m: 45.27 45.27	100m: 1:36.18 50.91	150m: 2:28.53 52.35	200m: 3:19.71 51.18			
2.	CUNHA Maria Paula	59	Leixoes	<b>3:33.02</b>	+1,13	293	7,00
	50m: 44.19 44.19	100m: 1:34.11 49.92	150m: 2:31.71 57.60	200m: 3:33.02 1:01.31			
3.	CANORA MARIN Maria Azucena	60	C.N. Aranjuez	<b>3:33.25</b>	+0,99	292	6,00
	50m: 42.91 42.91	100m: 1:32.90 49.99	150m: 2:31.27 58.37	200m: 3:33.25 1:01.98			
4.	NETO Maria Manuela	62	Natacao da Maia	<b>3:44.39</b>		250	5,00
	50m: 47.97 47.97	100m: 1:43.41 55.44	150m: 2:44.99 1:01.58	200m: 3:44.39 59.40			
5.	AMARAL Ana Margarida	62	Alges	<b>3:49.98</b>	+1,11	233	4,00
	50m: 50.64 50.64	100m: 1:47.21 56.57	150m: 2:48.47 1:01.26	200m: 3:49.98 1:01.51			

Prova 12 Femin., 200m Livres Master Esc H  
08-07-2017 - 11:45 Resultados

RN H(60-64) 2:58.63 FERREIRA Ana Maria SAD Riccione (ITA) 12-06-2012

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	MONTEIRO Isabel Costa	53	Academica de Coimbra	<b>4:03.00</b>	+1,11	280	9,00
	50m: 49.80 49.80	100m: 1:51.55 1:01.75	150m: 2:56.77 1:05.22	200m: 4:03.00 1:06.23			
2.	FERREIRA Maria Felix	54	Alges	<b>4:24.98</b>	+1,16	216	7,00
	50m: 1:01.16 1:01.16	100m: 2:09.45 1:08.29	150m: 3:20.33 1:10.88	200m: 4:24.98 1:04.65			
3.	CRUZ Maria Josefina	55	Ginasio Clube	<b>4:39.62</b>	+1,25	183	6,00
	50m: 1:01.41 1:01.41	100m: 2:12.19 1:10.78	150m: 3:28.04 1:15.85	200m: 4:39.62 1:11.58			

Prova 12 Femin., 200m Livres Master Esc I  
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RN I(65-69) 3:06.74 FERREIRA Ana Maria SAD London (GBR) 26-05-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERREIRA Ana Maria	50	Alges	<b>3:12.09</b>	+1,21	602	9,00
	50m: 42.91 42.91	100m: 1:31.44 48.53	150m: 2:22.08 50.64	200m: 3:12.09 50.01			
2.	MARQUES Maria Teresa	49	Funcao Publica	<b>4:13.31</b>		262	7,00
	50m: 57.81 57.81	100m: 2:04.24 1:06.43	150m: 3:10.56 1:06.32	200m: 4:13.31 1:02.75			
3.	SILVA Marilia Laura	52	Fluivial Portuense	<b>5:15.37</b>	+1,21	136	6,00
	50m: 1:10.07 1:10.07	100m: 2:33.54 1:23.47	150m: 3:57.57 1:24.03	200m: 5:15.37 1:17.80			

