



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Prova 1 Femin., 800m Livres Master Esc A
07-07-2017 - 14:30 Resultados

RN A(25-29) 10:12.96 LEITE Ana Filipa AAC Oeiras 01-07-2011

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	ALVES Joana Isabel	88	Porto	11:17.86		541	9,00
	100m: 1:18.97 1:18.97	300m: 4:10.78 1:26.30	500m: 7:03.77 1:26.58	700m: 9:55.37 1:25.62			
	200m: 2:44.48 1:25.51	400m: 5:37.19 1:26.41	600m: 8:29.75 1:25.98	800m: 11:17.86 1:22.49			
2.	MOURA Catia Vanessa	90	Individual ANMIN	11:27.89		518	7,00
	100m: 1:14.44 1:14.44	300m: 4:07.57 1:27.93	500m: 7:04.83 1:28.71	700m: 10:01.67 1:28.59			
	200m: 2:39.64 1:25.20	400m: 5:36.12 1:28.55	600m: 8:33.08 1:28.25	800m: 11:27.89 1:26.22			
3.	SILVA Raquel Alexandra	91	Leixoes	11:38.35		495	6,00
	100m: 1:22.29 1:22.29	300m: 4:16.62 1:27.21	500m: 7:13.67 1:28.40	700m: 10:12.14 1:29.05			
	200m: 2:49.41 1:27.12	400m: 5:45.27 1:28.65	600m: 8:43.09 1:29.42	800m: 11:38.35 1:26.21			
4.	MENDES Ana Rita	91	Geslours	11:56.73		458	5,00
	100m: 1:19.59 1:19.59	300m: 4:17.48 1:30.30	500m: 7:24.96 1:34.77	700m: 10:26.13 1:30.98			
	200m: 2:47.18 1:27.59	400m: 5:50.19 1:32.71	600m: 8:55.15 1:30.19	800m: 11:56.73 1:30.60			
5.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	12:02.21		447	4,00
	100m: 1:22.79 1:22.79	300m: 4:22.22 1:30.58	500m: 7:26.49 1:32.88	700m: 10:30.44 1:32.23			
	200m: 2:51.64 1:28.85	400m: 5:53.61 1:31.39	600m: 8:58.21 1:31.72	800m: 12:02.21 1:31.77			
6.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	12:08.38		436	3,00
	100m: 1:22.77 1:22.77	300m: 4:22.21 1:30.73	500m: 7:28.30 1:33.35	700m: 10:36.95 1:34.15			
	200m: 2:51.48 1:28.71	400m: 5:54.95 1:32.74	600m: 9:02.80 1:34.50	800m: 12:08.38 1:31.43			
7.	MARTINS Joana Catarina	92	Propaganda da Natacao	12:23.88		409	2,00
	100m: 1:25.17 1:25.17	300m: 4:28.66 1:32.12	500m: 7:39.52 1:36.25	700m: 10:52.86 1:35.97			
	200m: 2:56.54 1:31.37	400m: 6:03.27 1:34.61	600m: 9:16.89 1:37.37	800m: 12:23.88 1:31.02			
8.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	13:13.36		337	1,00
	100m: 1:31.21 1:31.21	300m: 4:51.39 1:40.89	500m: 8:15.64 1:41.44	700m: 11:38.72 1:41.43			
	200m: 3:10.50 1:39.29	400m: 6:34.20 1:42.81	600m: 9:57.29 1:41.65	800m: 13:13.36 1:34.64			
9.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	13:19.05		330	-
	100m: 1:27.20 1:27.20	300m: 4:41.78 1:49.09	500m: 8:09.21 1:44.44	700m: 11:37.71 1:42.90			
	200m: 2:52.69 1:25.49	400m: 6:24.77 1:42.99	600m: 9:54.81 1:45.60	800m: 13:19.05 1:41.34			
10.	JOSE Helena Manuel	90	Ginasio Santo Tirso	13:43.02		302	-
	100m: 1:29.04 1:29.04	300m: 4:48.69 1:42.57	500m: 8:23.11 1:48.35	700m: 11:57.61 1:47.13			
	200m: 3:06.12 1:37.08	400m: 6:34.76 1:46.07	600m: 10:10.48 1:47.37	800m: 13:43.02 1:45.41			
11.	JOSE Maria Joao	90	Ginasio Santo Tirso	13:45.49		299	-
	100m: 1:28.45 1:28.45	300m: 4:47.56 1:42.96	500m: 8:22.45 1:48.19	700m: 11:59.07 1:49.10			
	200m: 3:04.60 1:36.15	400m: 6:34.26 1:46.70	600m: 10:09.97 1:47.52	800m: 13:45.49 1:46.42			
12.	BARBOSA Ana Raquel	88	Geslours	14:34.68		252	-
	100m: 1:38.22 1:38.22	300m: 5:19.62 1:51.83	500m: 9:03.02 1:52.04	700m: 12:46.70 1:51.29			
	200m: 3:27.79 1:49.57	400m: 7:10.98 1:51.36	600m: 10:55.41 1:52.39	800m: 14:34.68 1:47.98			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Prova 1, Femin., 800m Livres

Prova 1	Femin., 800m Livres				Master Esc B
07-07-2017 - 14:30					Resultados
RN B(30-34)	9:37.05	GRILO Ana Paula	UDCA	Millau (FRA)	26-08-2003
Pontos: DSV Masters 16					

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	SOUSA Keissy Joselin	85	Porto	10:58.10		661	9,00
	100m: 1:16.66 1:16.66	300m: 4:00.59 1:23.00	500m: 6:48.71 1:24.65	700m: 9:36.79 1:24.52			
	200m: 2:37.59 1:20.93	400m: 5:24.06 1:23.47	600m: 8:12.27 1:23.56	800m: 10:58.10 1:21.31			
2.	KRAMER Stephanie Eleanor	87	Natacao de Lisboa	12:15.04		474	7,00
	100m: 1:21.87 1:21.87	300m: 4:27.77 1:34.35	500m: 7:34.99 1:33.86	700m: 10:44.97 1:35.07			
	200m: 2:53.42 1:31.55	400m: 6:01.13 1:33.36	600m: 9:09.90 1:34.91	800m: 12:15.04 1:30.07			
3.	PINTO Rita Loureiro	85	Ginasio Clube	12:45.05		421	6,00
	100m: 1:26.27 1:26.27	300m: 4:37.34 1:36.30	500m: 7:52.42 1:37.68	700m: 11:08.86 1:37.98			
	200m: 3:01.04 1:34.77	400m: 6:14.74 1:37.40	600m: 9:30.88 1:38.46	800m: 12:45.05 1:36.19			

Prova 1	Femin., 800m Livres				Master Esc C
07-07-2017 - 14:30					Resultados
RN C(35-39)	9:30.91	GRILO Ana Paula	UDCA	Stanford (USA)	04-08-2006
Pontos: DSV Masters 16					

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	11:33.84		589	9,00
	100m: 1:17.95 1:17.95	300m: 4:13.54 1:28.69	500m: 7:11.15 1:28.14	700m: 10:08.72 1:28.97			
	200m: 2:44.85 1:26.90	400m: 5:43.01 1:29.47	600m: 8:39.75 1:28.60	800m: 11:33.84 1:25.12			

Prova 1	Femin., 800m Livres				Master Esc D
07-07-2017 - 14:30					Resultados
RN D(40-44)	10:27.37	GRILO Ana Paula	INDALEN	Oeiras	01-07-2011
Pontos: DSV Masters 16					

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	ROTHES Ines Maria	73	Fluvial Portuense	11:16.73		656	9,00
	100m: 1:19.02 1:19.02	300m: 4:08.43 1:24.54	500m: 7:01.27 1:27.02	700m: 9:52.77 1:24.91			
	200m: 2:43.89 1:24.87	400m: 5:34.25 1:25.82	600m: 8:27.86 1:26.59	800m: 11:16.73 1:23.96			
2.	FERNANDES Filipa Cristina	76	Geslours	12:22.78		496	7,00
	100m: 1:26.04 1:26.04	300m: 4:31.47 1:34.27	500m: 7:42.26 1:35.54	700m: 10:51.60 1:34.99			
	200m: 2:57.20 1:31.16	400m: 6:06.72 1:35.25	600m: 9:16.61 1:34.35	800m: 12:22.78 1:31.18			
3.	RODRIGUES Ana Lanca	73	Geslours	12:57.77		432	6,00
	100m: 1:27.43 1:27.43	300m: 4:41.38 1:38.22	500m: 8:01.51 1:39.06	700m: 11:22.91 1:41.26			
	200m: 3:03.16 1:35.73	400m: 6:22.45 1:41.07	600m: 9:41.65 1:40.14	800m: 12:57.77 1:34.86			
4.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	13:12.40		408	5,00
	100m: 1:25.42 1:25.42	300m: 4:38.15 1:38.10	500m: 8:00.19 1:42.36	700m: 11:28.97 1:45.36			
	200m: 3:00.05 1:34.63	400m: 6:17.83 1:39.68	600m: 9:43.61 1:43.42	800m: 13:12.40 1:43.43			
5.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	15:28.53		253	4,00
	100m: 1:48.88 1:48.88	300m: 5:42.37 1:56.98	500m: 9:37.17 1:58.43	700m: 13:33.99 1:57.91			
	200m: 3:45.39 1:56.51	400m: 7:38.74 1:56.37	600m: 11:36.08 1:58.91	800m: 15:28.53 1:54.54			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Prova 1, Femin., 800m Livres

Prova 1 Femin., 800m Livres Master Esc E
07-07-2017 - 14:30 Resultados

RN E(45-49) 11:08.06 GRILO Ana Paula NDCO Swansea (GBR) 08-03-2014

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	BRANDAO Maria Teresa	69	Fluvial Portuense	11:37.53		576	9,00
	100m: 1:23.18 1:23.18	300m: 4:17.93 1:27.57	500m: 7:15.56 1:28.87	700m: 10:12.04 1:28.36			
	200m: 2:50.36 1:27.18	400m: 5:46.69 1:28.76	600m: 8:43.68 1:28.12	800m: 11:37.53 1:25.49			
2.	BLANCO Catarina Araujo	71	Fluvial Portuense	12:57.26		416	7,00
	100m: 1:31.66 1:31.66	300m: 4:50.15 1:39.44	500m: 8:06.78 1:38.38	700m: 11:23.64 1:37.98			
	200m: 3:10.71 1:39.05	400m: 6:28.40 1:38.25	600m: 9:45.66 1:38.88	800m: 12:57.26 1:33.62			
3.	SEQUEIRA Ana Paula	68	Gafanha da Encarnacao	13:14.23		390	6,00
	100m: 1:32.55 1:32.55	300m: 4:53.97 1:40.42	500m: 8:16.10 1:41.54	700m: 11:37.18 1:40.85			
	200m: 3:13.55 1:41.00	400m: 6:34.56 1:40.59	600m: 9:56.33 1:40.23	800m: 13:14.23 1:37.05			
4.	HEWETT Maria Silvia	70	Fluvial Portuense	13:48.51		344	5,00
	100m: 1:37.85 1:37.85	300m: 5:08.50 1:46.13	500m: 8:41.17 1:45.79	700m: 12:11.82 1:45.37			
	200m: 3:22.37 1:44.52	400m: 6:55.38 1:46.88	600m: 10:26.45 1:45.28	800m: 13:48.51 1:36.69			
5.	DECOCQ Sandra	72	Salesianos	13:55.53		335	4,00
	100m: 1:32.65 1:32.65	300m: 5:01.73 1:44.95	500m: 8:35.15 1:47.74	700m: 12:10.92 1:47.64			
	200m: 3:16.78 1:44.13	400m: 6:47.41 1:45.68	600m: 10:23.28 1:48.13	800m: 13:55.53 1:44.61			
6.	FERREIRA Maria Manuela	70	Leixoes	14:26.03		301	3,00
	100m: 1:40.75 1:40.75	300m: 5:21.01 1:50.74	500m: 9:00.62 1:50.00	700m: 12:39.48 1:49.43			
	200m: 3:30.27 1:49.52	400m: 7:10.62 1:49.61	600m: 10:50.05 1:49.43	800m: 14:26.03 1:46.55			
7.	AGANTE Luisa Lopes	71	Leixoes	14:47.11		280	2,00
	100m: 1:38.78 1:38.78	300m: 5:24.54 1:54.62	500m: 9:12.85 1:53.77	700m: 12:57.26 1:52.26			
	200m: 3:29.92 1:51.14	400m: 7:19.08 1:54.54	600m: 11:05.00 1:52.15	800m: 14:47.11 1:49.85			
8.	SANTINHA Fernanda Maria	72	Masters de Almada	14:52.95		274	1,00
	100m: 1:39.95 1:39.95	300m: 5:23.22 1:52.83	500m: 9:11.63 1:54.57	700m: 12:59.64 1:53.72			
	200m: 3:30.39 1:50.44	400m: 7:17.06 1:53.84	600m: 11:05.92 1:54.29	800m: 14:52.95 1:53.31			
9.	BARBARA Ana Bernardo	70	Portinado	15:49.75		228	-
	100m: 1:43.70 1:43.70	300m: 5:47.22 2:04.10	500m: 9:52.05 2:02.52	700m: 13:55.80 2:02.17			
	200m: 3:43.12 1:59.42	400m: 7:49.53 2:02.31	600m: 11:53.63 2:01.58	800m: 15:49.75 1:53.95			

Prova 1 Femin., 800m Livres Master Esc F
07-07-2017 - 14:30 Resultados

RN F(50-54) 11:38.03 KRAEVA Elena Nikolaevna CIMM Oeiras 01-07-2011

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	GONCALVES Maria Fernanda	66	Porto	12:32.77		547	9,00
	100m: 1:23.16 1:23.16	300m: 4:33.81 1:36.57	500m: 7:47.03 1:36.63	700m: 10:58.79 1:35.56			
	200m: 2:57.24 1:34.08	400m: 6:10.40 1:36.59	600m: 9:23.23 1:36.20	800m: 12:32.77 1:33.98			
2.	GUIMARAES Rita Cabral	64	Fluvial Portuense	13:48.84		410	7,00
	100m: 1:33.67 1:33.67	300m: 5:00.40 1:45.66	500m: 8:35.63 1:46.87	700m: 12:08.34 1:45.90			
	200m: 3:14.74 1:41.07	400m: 6:48.76 1:48.36	600m: 10:22.44 1:46.81	800m: 13:48.84 1:40.50			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Prova 1, Femin., 800m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
3.	CANINAS Maria Madalena	63	Masters de Almada	14:45.68		336	6,00
	100m: 1:38.92 1:38.92	300m: 5:25.39 1:54.71	500m: 9:13.68 1:53.22	700m: 12:58.19 1:50.47			
	200m: 3:30.68 1:51.76	400m: 7:20.46 1:55.07	600m: 11:07.72 1:54.04	800m: 14:45.68 1:47.49			
4.	VILARINHO Graca Maria	65	Gafanha da Encarnacao	15:04.94		315	5,00
	100m: 1:38.47 1:38.47	300m: 5:25.42 1:55.93	500m: 9:18.68 1:56.36	700m: 13:10.66 1:55.23			
	200m: 3:29.49 1:51.02	400m: 7:22.32 1:56.90	600m: 11:15.43 1:56.75	800m: 15:04.94 1:54.28			
5.	LIMA Maria Joao	65	Natacao da Maia	15:14.00		305	4,00
	100m: 1:49.11 1:49.11	300m: 5:42.28 1:55.97	500m: 9:34.23 1:57.22	700m: 13:22.10 1:54.10			
	200m: 3:46.31 1:57.20	400m: 7:37.01 1:54.73	600m: 11:28.00 1:53.77	800m: 15:14.00 1:51.90			
6.	GRAHAM Muriel	65	Fluvial Portuense	15:50.03		272	3,00
	100m: 1:47.26 1:47.26	300m: 5:47.06 2:01.03	500m: 9:50.01 2:03.14	700m: 13:53.91 2:02.06			
	200m: 3:46.03 1:58.77	400m: 7:46.87 1:59.81	600m: 11:51.85 2:01.84	800m: 15:50.03 1:56.12			
7.	MARTINS Delfina Maria	66	Ginasio Santo Tirso	18:00.23		185	2,00
	100m: 2:03.79 2:03.79	300m: 6:36.63 2:17.14	500m: 11:11.28 2:17.35	700m: 15:45.58 2:17.48			
	200m: 4:19.49 2:15.70	400m: 8:53.93 2:17.30	600m: 13:28.10 2:16.82	800m: 18:00.23 2:14.65			
8.	RIBEIRO Violante Isabel	67	Alges	19:31.51		145	1,00
	100m: 2:09.68 2:09.68	300m: 7:04.87 2:30.36	500m: 12:07.67 2:30.90	700m: 17:09.50 2:29.83			
	200m: 4:34.51 2:24.83	400m: 9:36.77 2:31.90	600m: 14:39.67 2:32.00	800m: 19:31.51 2:22.01			
DNS	MIRANDA Laura Manuela	67	Alges				-

Prova 1 Femin., 800m Livres Master Esc G
07-07-2017 - 14:30 Resultados

RN G(55-59) 11:56.24 KRAEVA Elena Nikolaevna ADRCIMM Loulé 08-07-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	KRAEVA Elena Nikolaevna	61	Colegio Monte Maior	11:52.30		695	9,00
	<i>Rec Nac Esc G</i>						
	100m: 1:24.49 1:24.49	300m: 4:24.91 1:30.70	500m: 7:25.41 1:30.65	700m: 10:25.23 1:29.40			
	200m: 2:54.21 1:29.72	400m: 5:54.76 1:29.85	600m: 8:55.83 1:30.42	800m: 11:52.30 1:27.07			
2.	NETO Maria Manuela	62	Natacao da Maia	15:50.05		293	7,00
	100m: 1:47.39 1:47.39	300m: 5:50.65 2:01.55	500m: 9:53.69 2:00.82	700m: 13:52.83 1:58.72			
	200m: 3:49.10 2:01.71	400m: 7:52.87 2:02.22	600m: 11:54.11 2:00.42	800m: 15:50.05 1:57.22			
3.	MACHADO Gracinda Maria	61	Ginasio Santo Tirso	19:33.81		155	6,00
	100m: 2:14.08 2:14.08	300m: 7:07.78 2:28.59	500m: 12:08.70 2:29.62	700m: 17:12.10 2:30.58			
	200m: 4:39.19 2:25.11	400m: 9:39.08 2:31.30	600m: 14:41.52 2:32.82	800m: 19:33.81 2:21.71			



XIX Campeonato Nacional Masters de Verão - OPEN
Famalicão, 7 - 9-7-2017

Prova 1, Femin., 800m Livres

Prova 1 Femin., 800m Livres Master Esc I
07-07-2017 - 14:30 Resultados

RN I(65-69) 13:05.16 FERREIRA Ana Maria SAD London (GBR) 25-05-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts
1.	FERREIRA Ana Maria	50	Alges	13:18.23		809	9,00
	100m: 1:34.18 1:34.18	300m: 4:56.50 1:41.81	500m: 8:19.56 1:41.73	700m: 11:41.42 1:40.32			
	200m: 3:14.69 1:40.51	400m: 6:37.83 1:41.33	600m: 10:01.10 1:41.54	800m: 13:18.23 1:36.81			