

Prova 3 17-12-2016	Masc., 400m Livres 2ª Divisão				2ª Divisão MASC Resultados	
Recordes Nacionais 50m Absoluto	3:52.29	Jorge Manuel MAIA	POR	Málaga (ESP)	05-04-2009	
Recordes Nacionais 50m Inf B	4:28.42	Pedro Fontoura OLIVEIRA	CFB	Restelo	26-07-2003	
Recordes Nacionais 50m Inf A	4:15.99	Pedro Fontoura OLIVEIRA	CFB	Badajoz (ESP)	11-07-2004	
Recordes Nacionais 50m Juv B	4:06.22	Rui Filipe COSTA	VSC	Coimbra	29-07-2006	
Recordes Nacionais 50m Juv A	3:59.38	Gustavo Manuel SANTA	POR	Tampere (FIN)	21-07-2009	
Recordes Nacionais 50m Jun17	3:57.15	Gustavo Manuel SANTA	POR	Helsinki (FIN)	14-07-2010	
Recordes Nacionais 50m Jun18	3:58.26	Ivo Emanuel CARNEIRO	POR	Linz (AUT)	12-07-2002	
Recordes Nacionais 50m Sen	3:52.29	Jorge Manuel MAIA	POR	Málaga (ESP)	05-04-2009	

Pontos: FINA 2016

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Roberto Donald GOMES	00	202380	Alges	4:06.16	+0,72	714	17,0(-)
	50m: 28.34 28.34	150m: 1:30.34 31.52	250m: 2:33.49	31.65	350m: 3:36.51	31.44		
	100m: 58.82 30.48	200m: 2:01.84 31.50	300m: 3:05.07	31.58	400m: 4:06.16	29.65		
2.	Andre Bras GONCALVES	88	14767	Belenenses	4:12.39	+0,72	662	15,0(-)
	50m: 27.94 27.94	150m: 1:30.20 31.47	250m: 2:34.01	32.18	350m: 3:39.73	32.94		
	100m: 58.73 30.79	200m: 2:01.83 31.63	300m: 3:06.79	32.78	400m: 4:12.39	32.66		
3.	Ruben Jose MORIM	97	107935	Vilacondense	4:12.44	+0,74	662	14,0(-)
	50m: 28.30 28.30	150m: 1:32.07 32.54	250m: 2:37.75	32.87	350m: 3:42.62	31.65		
	100m: 59.53 31.23	200m: 2:04.88 32.81	300m: 3:10.97	33.22	400m: 4:12.44	29.82		
4.	Cristian Fernandez NIETO	92	148727	Desportiva de Viana	4:12.93	+0,84	658	13,0(-)
	50m: 28.80 28.80	150m: 1:32.07 31.79	250m: 2:36.86	32.22	350m: 3:41.46	31.72		
	100m: 1:00.28 31.48	200m: 2:04.64 32.57	300m: 3:09.74	32.88	400m: 4:12.93	31.47		
5.	Tiago Silva OLIVEIRA	94	15465	Fluvial Portuense	4:13.87	+0,79	651	12,0(-)
	50m: 28.31 28.31	150m: 1:31.28 32.08	250m: 2:36.39	32.74	350m: 3:41.86	32.43		
	100m: 59.20 30.89	200m: 2:03.65 32.37	300m: 3:09.43	33.04	400m: 4:13.87	32.01		
6.	Jose Pedro FERNANDES	99	111611	Braga	4:14.09	+0,77	649	11,0(-)
	50m: 28.75 28.75	150m: 1:31.57 31.56	250m: 2:36.23	32.47	350m: 3:42.06	33.01		
	100m: 1:00.01 31.26	200m: 2:03.76 32.19	300m: 3:09.05	32.82	400m: 4:14.09	32.03		
7.	Duarte Miguel JORGE	01	117045	Galitos/ Bresimar	4:17.55	+0,92	623	10,0(-)
	50m: 29.70 29.70	150m: 1:32.49 31.96	250m: 2:37.63	32.76	350m: 3:44.01	33.03		
	100m: 1:00.53 30.83	200m: 2:04.87 32.38	300m: 3:10.98	33.35	400m: 4:17.55	33.54		
8.	Sebastiao Mendes GOMES	00	117930	Pimpoes/Cimai	4:17.93	+0,77	621	9,0(-)
	50m: 29.13 29.13	150m: 1:33.97 32.83	250m: 2:39.93	33.21	350m: 3:46.53	33.58		
	100m: 1:01.14 32.01	200m: 2:06.72 32.75	300m: 3:12.95	33.02	400m: 4:17.93	31.40		
9.	Nuno Goncalo SANTOS	96	101865	Bairro dos Anjos/Bomcar	4:19.13	+0,84	612	8,0(-)
	50m: 28.95 28.95	150m: 1:33.73 32.97	250m: 2:40.12	33.14	350m: 3:46.63	33.31		
	100m: 1:00.76 31.81	200m: 2:06.98 33.25	300m: 3:13.32	33.20	400m: 4:19.13	32.50		
10.	Pedro Barata NEVES	00	118137	Laranjeiro	4:19.35	+0,73	610	7,0(-)
	50m: 29.33 29.33	150m: 1:34.10 32.64	250m: 2:40.30	33.00	350m: 3:46.83	33.12		
	100m: 1:01.46 32.13	200m: 2:07.30 33.20	300m: 3:13.71	33.41	400m: 4:19.35	32.52		
11.	Joao Santos MENDES	98	111648	Leixoes	4:23.35	+0,72	583	6,0(-)
	50m: 28.58 28.58	150m: 1:31.88 31.93	250m: 2:38.84	33.74	350m: 3:48.67	34.97		
	100m: 59.95 31.37	200m: 2:05.10 33.22	300m: 3:13.70	34.86	400m: 4:23.35	34.68		
12.	Pedro Rafael GARCIA	96	123689	Academico Viseu	4:24.71	+0,73	574	5,0(-)
	50m: 29.57 29.57	150m: 1:35.14 33.38	250m: 2:42.78	34.18	350m: 3:51.55	34.53		
	100m: 1:01.76 32.19	200m: 2:08.60 33.46	300m: 3:17.02	34.24	400m: 4:24.71	33.16		
13.	Tiago Andre CARVALHO	99	105079	Academica de Coimbra	4:28.63	+0,81	549	4,0(-)
	50m: 30.37 30.37	150m: 1:37.68 34.06	250m: 2:45.98	33.86	350m: 3:54.57	34.09		
	100m: 1:03.62 33.25	200m: 2:12.12 34.44	300m: 3:20.48	34.50	400m: 4:28.63	34.06		
14.	Rodrigo Martins GOMES	98	121195	Louletano / Loule Concelho	4:32.10	+0,84	529	3,0(-)
	50m: 29.27 29.27	150m: 1:35.30 33.61	250m: 2:44.48	34.62	350m: 3:56.57	36.29		
	100m: 1:01.69 32.42	200m: 2:09.86 34.56	300m: 3:20.28	35.80	400m: 4:32.10	35.53		

Prova 3, Masc., 400m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Goncalo Carvalho FERRAO	01	127233	Naval Amorense	4:33.37	+0,68	521	2,00-
	50m: 28.90 28.90	150m: 1:33.78	33.19	250m: 2:43.67	35.21	350m: 3:57.24	37.11	
	100m: 1:00.59 31.69	200m: 2:08.46	34.68	300m: 3:20.13	36.46	400m: 4:33.37	36.13	
16.	Jose Carlos TEIXEIRA	96	102982	Foca	4:40.81	+0,81	481	1,00-
	50m: 30.23 30.23	150m: 1:38.14	34.59	250m: 2:49.68	36.08	350m: 4:04.29	37.42	
	100m: 1:03.55 33.32	200m: 2:13.60	35.46	300m: 3:26.87	37.19	400m: 4:40.81	36.52	