

Prova 8 Masc., 1500m Livres Absolutos
30-03-2017 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:30.45	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009
Rec Nac Jun17	15:43.45	Guilherme Filipe Pina	POR	Singapore (SIN)	30-08-2015
Rec Nac Jun18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	07-07-2016
Rec Nac Sen	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007

CMPL 23 +: 15:12.79 / CMJ_Masc 15 - 18: 15:38.05 / CEJ_Masc 15 - 18: 15:56.90 / FOJE_Masc Juv: 16:25.61 /
TAC Sen 50m: 16:56.35 - 25m: 16:25.40; Jun 50m: 17:21.67 - 25m: 16:45.65; Juv A 50m: 17:57.90 - 25m: 17:29.72;
Juv B 50m: 18:11.39 - 25m: 17:37.42

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Guilherme Filipe Pina <i>Recorde Nacional, Abs e Sen</i>	98			Sporting	15:15.12	862
	50m: 28.42 28.42	450m: 4:31.73 30.85	850m: 8:37.21 30.72	1250m: 12:43.96 30.94			
	100m: 58.32 29.90	500m: 5:02.26 30.53	900m: 9:07.86 30.65	1300m: 13:14.53 30.57			
	150m: 1:28.71 30.39	550m: 5:33.04 30.78	950m: 9:38.70 30.84	1350m: 13:45.37 30.84			
	200m: 1:58.87 30.16	600m: 6:03.61 30.57	1000m: 10:09.43 30.73	1400m: 14:15.85 30.48			
	250m: 2:29.47 30.60	650m: 6:34.43 30.82	1050m: 10:40.28 30.85	1450m: 14:46.00 30.15			
	300m: 2:59.72 30.25	700m: 7:04.95 30.52	1100m: 11:11.10 30.82	1500m: 15:15.12 29.12			
	350m: 3:30.35 30.63	750m: 7:35.84 30.89	1150m: 11:42.12 31.02				
	400m: 4:00.88 30.53	800m: 8:06.49 30.65	1200m: 12:13.02 30.90				
2.	Alexandre Valdagua Coutinhc97				Columbifila Cantanhedense	15:50.57	769
	50m: 28.96 28.96	450m: 4:40.57 31.91	850m: 8:53.01 31.84	1250m: 13:09.17 32.63			
	100m: 59.72 30.76	500m: 5:12.46 31.89	900m: 9:24.44 31.43	1300m: 13:41.20 32.03			
	150m: 1:30.70 30.98	550m: 5:44.59 32.13	950m: 9:56.48 32.04	1350m: 14:13.98 32.78			
	200m: 2:02.14 31.44	600m: 6:16.00 31.41	1000m: 10:28.26 31.78	1400m: 14:46.52 32.54			
	250m: 2:33.75 31.61	650m: 6:47.42 31.42	1050m: 11:00.04 31.78	1450m: 15:18.78 32.26			
	300m: 3:04.94 31.19	700m: 7:18.43 31.01	1100m: 11:31.96 31.92	1500m: 15:50.57 31.79			
	350m: 3:36.89 31.95	750m: 7:49.91 31.48	1150m: 12:04.38 32.42				
	400m: 4:08.66 31.77	800m: 8:21.17 31.26	1200m: 12:36.54 32.16				
3.	Antonio Fernando Pinto <i>Minimo CEJ</i>	99			Lousada SXXI	15:56.84	754
	50m: 28.72 28.72	450m: 4:43.17 31.87	850m: 8:58.70 32.01	1250m: 13:16.54 32.18			
	100m: 59.94 31.22	500m: 5:15.10 31.93	900m: 9:30.82 32.12	1300m: 13:49.01 32.47			
	150m: 1:31.54 31.60	550m: 5:46.84 31.74	950m: 10:02.81 31.99	1350m: 14:21.53 32.52			
	200m: 2:03.59 32.05	600m: 6:18.96 32.12	1000m: 10:34.85 32.04	1400m: 14:54.07 32.54			
	250m: 2:35.40 31.81	650m: 6:51.00 32.04	1050m: 11:07.20 32.35	1450m: 15:26.09 32.02			
	300m: 3:07.44 32.04	700m: 7:23.12 32.12	1100m: 11:39.88 32.68	1500m: 15:56.84 30.75			
	350m: 3:39.33 31.89	750m: 7:54.72 31.60	1150m: 12:11.95 32.07				
	400m: 4:11.30 31.97	800m: 8:26.69 31.97	1200m: 12:44.36 32.41				
4.	Roberto Donald Gomes	00			Alges	15:57.17	753
	50m: 28.90 28.90	450m: 4:44.07 31.73	850m: 8:59.72 31.63	1250m: 13:17.09 32.11			
	100m: 1:00.57 31.67	500m: 5:16.18 32.11	900m: 9:32.02 32.30	1300m: 13:49.63 32.54			
	150m: 1:31.94 31.37	550m: 5:47.99 31.81	950m: 10:03.88 31.86	1350m: 14:22.18 32.55			
	200m: 2:04.13 32.19	600m: 6:20.21 32.22	1000m: 10:36.21 32.33	1400m: 14:55.05 32.87			
	250m: 2:35.98 31.85	650m: 6:51.92 31.71	1050m: 11:08.08 31.87	1450m: 15:27.66 32.61			
	300m: 3:08.18 32.20	700m: 7:24.13 32.21	1100m: 11:40.57 32.49	1500m: 15:57.17 29.51			
	350m: 3:40.04 31.86	750m: 7:55.73 31.60	1150m: 12:12.61 32.04				
	400m: 4:12.34 32.30	800m: 8:28.09 32.36	1200m: 12:44.98 32.37				

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
5.	Mario Andre Bonanca	90			Sporting	16:03.42	738
	50m: 29.25 29.25	450m: 4:41.02	31.87	850m: 8:59.11	32.54	1250m: 13:21.55	32.60
	100m: 1:00.41 31.16	500m: 5:12.90	31.88	900m: 9:32.12	33.01	1300m: 13:54.02	32.47
	150m: 1:31.84 31.43	550m: 5:44.99	32.09	950m: 10:04.90	32.78	1350m: 14:26.93	32.91
	200m: 2:03.10 31.26	600m: 6:16.98	31.99	1000m: 10:37.52	32.62	1400m: 14:59.42	32.49
	250m: 2:34.72 31.62	650m: 6:49.14	32.16	1050m: 11:10.26	32.74	1450m: 15:31.96	32.54
	300m: 3:06.01 31.29	700m: 7:21.54	32.40	1100m: 11:43.07	32.81	1500m: 16:03.42	31.46
	350m: 3:37.66 31.65	750m: 7:54.14	32.60	1150m: 12:16.13	33.06		
	400m: 4:09.15 31.49	800m: 8:26.57	32.43	1200m: 12:48.95	32.82		
6.	Jose Paulo Lopes	00			Braga	16:07.32	730
	50m: 28.74 28.74	450m: 4:40.64	32.08	850m: 9:00.91	33.11	1250m: 13:27.55	33.88
	100m: 59.34 30.60	500m: 5:12.43	31.79	900m: 9:34.03	33.12	1300m: 14:01.29	33.74
	150m: 1:30.50 31.16	550m: 5:44.78	32.35	950m: 10:07.30	33.27	1350m: 14:34.66	33.37
	200m: 2:01.59 31.09	600m: 6:16.77	31.99	1000m: 10:40.42	33.12	1400m: 15:06.68	32.02
	250m: 2:33.28 31.69	650m: 6:49.40	32.63	1050m: 11:13.73	33.31	1450m: 15:38.07	31.39
	300m: 3:04.81 31.53	700m: 7:21.92	32.52	1100m: 11:46.96	33.23	1500m: 16:07.32	29.25
	350m: 3:36.81 32.00	750m: 7:54.79	32.87	1150m: 12:20.05	33.09		
	400m: 4:08.56 31.75	800m: 8:27.80	33.01	1200m: 12:53.67	33.62		
7.	Miguel Ribeiro Bate	99			Alges	16:08.00	728
	50m: 28.32 28.32	450m: 4:43.68	32.76	850m: 9:03.74	32.78	1250m: 13:26.77	32.64
	100m: 59.72 31.40	500m: 5:15.99	32.31	900m: 9:36.89	33.15	1300m: 13:59.97	33.20
	150m: 1:31.14 31.42	550m: 5:47.96	31.97	950m: 10:10.13	33.24	1350m: 14:32.80	32.83
	200m: 2:02.93 31.79	600m: 6:20.31	32.35	1000m: 10:43.10	32.97	1400m: 15:05.63	32.83
	250m: 2:34.87 31.94	650m: 6:52.57	32.26	1050m: 11:15.78	32.68	1450m: 15:37.97	32.34
	300m: 3:06.88 32.01	700m: 7:25.56	32.99	1100m: 11:48.52	32.74	1500m: 16:08.00	30.03
	350m: 3:38.76 31.88	750m: 7:58.06	32.50	1150m: 12:21.01	32.49		
	400m: 4:10.92 32.16	800m: 8:30.96	32.90	1200m: 12:54.13	33.12		
8.	Diogo Santos Cardoso	01			Colegio Monte Maior	16:12.55	718
	<i>Minimo FOJE</i>						
	50m: 29.89 29.89	450m: 4:51.65	32.92	850m: 9:14.35	32.52	1250m: 13:33.91	32.73
	100m: 1:02.05 32.16	500m: 5:24.92	33.27	900m: 9:46.75	32.40	1300m: 14:06.25	32.34
	150m: 1:34.54 32.49	550m: 5:58.16	33.24	950m: 10:19.31	32.56	1350m: 14:38.50	32.25
	200m: 2:07.19 32.65	600m: 6:31.15	32.99	1000m: 10:51.56	32.25	1400m: 15:10.74	32.24
	250m: 2:40.05 32.86	650m: 7:03.81	32.66	1050m: 11:23.94	32.38	1450m: 15:42.21	31.47
	300m: 3:12.88 32.83	700m: 7:36.47	32.66	1100m: 11:56.08	32.14	1500m: 16:12.55	30.34
	350m: 3:45.70 32.82	750m: 8:09.39	32.92	1150m: 12:28.68	32.60		
	400m: 4:18.73 33.03	800m: 8:41.83	32.44	1200m: 13:01.18	32.50		
9.	Rafael Lourenco Gil	96			Benfica	16:19.53	703
	50m: 29.07 29.07	450m: 4:43.06	32.35	850m: 9:02.66	32.96	1250m: 13:30.94	34.10
	100m: 59.71 30.64	500m: 5:15.15	32.09	900m: 9:35.63	32.97	1300m: 14:04.77	33.83
	150m: 1:31.36 31.65	550m: 5:47.45	32.30	950m: 10:08.74	33.11	1350m: 14:38.79	34.02
	200m: 2:02.85 31.49	600m: 6:19.63	32.18	1000m: 10:42.26	33.52	1400m: 15:12.79	34.00
	250m: 2:34.98 32.13	650m: 6:51.86	32.23	1050m: 11:15.60	33.34	1450m: 15:46.46	33.67
	300m: 3:06.78 31.80	700m: 7:24.35	32.49	1100m: 11:49.20	33.60	1500m: 16:19.53	33.07
	350m: 3:38.86 32.08	750m: 7:56.93	32.58	1150m: 12:23.01	33.81		
	400m: 4:10.71 31.85	800m: 8:29.70	32.77	1200m: 12:56.84	33.83		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
10.	Duarte Miguel Jorge <i>Minimo FOJE</i>	01			Galitos / Bresimar	16:21.48	698
	50m: 29.88 29.88	450m: 4:50.41	32.73	850m: 9:12.85	32.59	1250m: 13:35.64	33.19
	100m: 1:01.76 31.88	500m: 5:23.34	32.93	900m: 9:45.53	32.68	1300m: 14:08.98	33.34
	150m: 1:33.63 31.87	550m: 5:56.24	32.90	950m: 10:18.27	32.74	1350m: 14:42.74	33.76
	200m: 2:06.54 32.91	600m: 6:28.99	32.75	1000m: 10:51.02	32.75	1400m: 15:16.29	33.55
	250m: 2:39.12 32.58	650m: 7:02.07	33.08	1050m: 11:23.81	32.79	1450m: 15:49.80	33.51
	300m: 3:11.99 32.87	700m: 7:34.90	32.83	1100m: 11:56.64	32.83	1500m: 16:21.48	31.68
	350m: 3:44.66 32.67	750m: 8:07.45	32.55	1150m: 12:29.40	32.76		
	400m: 4:17.68 33.02	800m: 8:40.26	32.81	1200m: 13:02.45	33.05		
11.	Diogo Manuel Marques	98			Columbifila Cantanhedense	16:25.25	690
	50m: 28.61 28.61	450m: 4:46.19	31.93	850m: 9:12.39	32.70	1250m: 13:38.66	32.83
	100m: 1:00.65 32.04	500m: 5:19.61	33.42	900m: 9:46.53	34.14	1300m: 14:12.65	33.99
	150m: 1:31.82 31.17	550m: 5:51.83	32.22	950m: 10:19.01	32.48	1350m: 14:46.02	33.37
	200m: 2:04.27 32.45	600m: 6:25.62	33.79	1000m: 10:52.51	33.50	1400m: 15:20.02	34.00
	250m: 2:36.11 31.84	650m: 6:58.42	32.80	1050m: 11:25.33	32.82	1450m: 15:52.66	32.64
	300m: 3:08.86 32.75	700m: 7:32.32	33.90	1100m: 11:58.85	33.52	1500m: 16:25.25	32.59
	350m: 3:41.17 32.31	750m: 8:05.57	33.25	1150m: 12:31.95	33.10		
	400m: 4:14.26 33.09	800m: 8:39.69	34.12	1200m: 13:05.83	33.88		
12.	Tiago Filipe Campos	99			Rio Maior	16:26.84	687
	50m: 28.29 28.29	450m: 4:45.89	32.86	850m: 9:15.33	34.08	1250m: 13:45.94	33.52
	100m: 59.53 31.24	500m: 5:19.00	33.11	900m: 9:49.82	34.49	1300m: 14:18.88	32.94
	150m: 1:31.58 32.05	550m: 5:52.08	33.08	950m: 10:24.48	34.66	1350m: 14:51.74	32.86
	200m: 2:03.68 32.10	600m: 6:25.68	33.60	1000m: 10:58.60	34.12	1400m: 15:24.55	32.81
	250m: 2:35.67 31.99	650m: 6:59.33	33.65	1050m: 11:32.79	34.19	1450m: 15:56.37	31.82
	300m: 3:08.01 32.34	700m: 7:33.21	33.88	1100m: 12:05.91	33.12	1500m: 16:26.84	30.47
	350m: 3:40.25 32.24	750m: 8:07.31	34.10	1150m: 12:39.31	33.40		
	400m: 4:13.03 32.78	800m: 8:41.25	33.94	1200m: 13:12.42	33.11		
13.	Filipe Miguel Santo	00			Benfica	16:30.98	679
	50m: 29.02 29.02	450m: 4:46.82	32.31	850m: 9:10.78	33.45	1250m: 13:41.86	33.64
	100m: 1:00.63 31.61	500m: 5:19.55	32.73	900m: 9:44.68	33.90	1300m: 14:15.62	33.76
	150m: 1:32.42 31.79	550m: 5:51.99	32.44	950m: 10:18.60	33.92	1350m: 14:49.72	34.10
	200m: 2:04.77 32.35	600m: 6:24.82	32.83	1000m: 10:52.46	33.86	1400m: 15:23.73	34.01
	250m: 2:36.96 32.19	650m: 6:57.52	32.70	1050m: 11:26.39	33.93	1450m: 15:57.71	33.98
	300m: 3:09.72 32.76	700m: 7:30.65	33.13	1100m: 12:00.34	33.95	1500m: 16:30.98	33.27
	350m: 3:42.00 32.28	750m: 8:03.81	33.16	1150m: 12:34.37	34.03		
	400m: 4:14.51 32.51	800m: 8:37.33	33.52	1200m: 13:08.22	33.85		
14.	Diogo Coelho Jose	01			Columbifila Cantanhedense	16:34.98	670
	50m: 30.09 30.09	450m: 4:50.17	32.89	850m: 9:15.66	33.47	1250m: 13:46.65	34.53
	100m: 1:02.44 32.35	500m: 5:23.03	32.86	900m: 9:49.16	33.50	1300m: 14:20.64	33.99
	150m: 1:34.64 32.20	550m: 5:56.20	33.17	950m: 10:22.92	33.76	1350m: 14:54.85	34.21
	200m: 2:07.04 32.40	600m: 6:29.23	33.03	1000m: 10:56.53	33.61	1400m: 15:28.83	33.98
	250m: 2:39.55 32.51	650m: 7:02.58	33.35	1050m: 11:30.68	34.15	1450m: 16:02.50	33.67
	300m: 3:11.87 32.32	700m: 7:35.56	32.98	1100m: 12:04.24	33.56	1500m: 16:34.98	32.48
	350m: 3:44.46 32.59	750m: 8:08.97	33.41	1150m: 12:38.12	33.88		
	400m: 4:17.28 32.82	800m: 8:42.19	33.22	1200m: 13:12.12	34.00		
15.	Sergio Filipe Travanca	00			Fluvial Portuense	16:38.21	664
	50m: 29.94 29.94	450m: 4:53.15	33.40	850m: 9:18.62	33.69	1250m: 13:48.88	34.04
	100m: 1:02.37 32.43	500m: 5:26.22	33.07	900m: 9:52.01	33.39	1300m: 14:22.87	33.99
	150m: 1:35.34 32.97	550m: 5:59.73	33.51	950m: 10:25.64	33.63	1350m: 14:57.06	34.19
	200m: 2:07.75 32.41	600m: 6:32.83	33.10	1000m: 10:58.98	33.34	1400m: 15:30.98	33.92
	250m: 2:40.70 32.95	650m: 7:05.86	33.03	1050m: 11:32.93	33.95	1450m: 16:04.99	34.01
	300m: 3:13.49 32.79	700m: 7:38.75	32.89	1100m: 12:06.86	33.93	1500m: 16:38.21	33.22
	350m: 3:46.69 33.20	750m: 8:11.81	33.06	1150m: 12:41.07	34.21		
	400m: 4:19.75 33.06	800m: 8:44.93	33.12	1200m: 13:14.84	33.77		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
16.	Diogo Barbosa Nunes	00			Fluvial Portuense	16:43.56	653	
	50m: 29.31 29.31	450m: 4:51.61	32.77		850m: 9:20.05	33.61	1250m: 13:53.98	34.13
	100m: 1:01.42 32.11	500m: 5:24.76	33.15		900m: 9:54.16	34.11	1300m: 14:28.77	34.79
	150m: 1:33.90 32.48	550m: 5:57.83	33.07		950m: 10:28.26	34.10	1350m: 15:02.91	34.14
	200m: 2:06.92 33.02	600m: 6:31.15	33.32		1000m: 11:02.75	34.49	1400m: 15:37.51	34.60
	250m: 2:39.89 32.97	650m: 7:04.55	33.40		1050m: 11:36.88	34.13	1450m: 16:10.98	33.47
	300m: 3:12.82 32.93	700m: 7:38.21	33.66		1100m: 12:11.07	34.19	1500m: 16:43.56	32.58
	350m: 3:45.77 32.95	750m: 8:12.16	33.95		1150m: 12:45.07	34.00		
	400m: 4:18.84 33.07	800m: 8:46.44	34.28		1200m: 13:19.85	34.78		
17.	Sebastiao Mendes Gomes	00			Pimpoes/Cimai	16:45.64	649	
	50m: 29.20 29.20	450m: 4:54.00	33.43		850m: 9:26.90	33.96	1250m: 14:02.04	34.42
	100m: 1:01.43 32.23	500m: 5:27.73	33.73		900m: 10:01.38	34.48	1300m: 14:36.51	34.47
	150m: 1:34.34 32.91	550m: 6:01.57	33.84		950m: 10:35.57	34.19	1350m: 15:10.23	33.72
	200m: 2:07.77 33.43	600m: 6:34.96	33.39		1000m: 11:09.22	33.65	1400m: 15:44.03	33.80
	250m: 2:40.54 32.77	650m: 7:09.43	34.47		1050m: 11:43.57	34.35	1450m: 16:15.42	31.39
	300m: 3:14.45 33.91	700m: 7:43.78	34.35		1100m: 12:19.24	35.67	1500m: 16:45.64	30.22
	350m: 3:47.67 33.22	750m: 8:19.13	35.35		1150m: 12:53.63	34.39		
	400m: 4:20.57 32.90	800m: 8:52.94	33.81		1200m: 13:27.62	33.99		
18.	Joao Santos Mendes	98			Leixoes	16:45.80	649	
	50m: 30.35 30.35	450m: 4:56.77	33.85		850m: 9:25.34	33.46	1250m: 13:59.86	34.55
	100m: 1:03.11 32.76	500m: 5:30.05	33.28		900m: 9:58.87	33.53	1300m: 14:34.00	34.14
	150m: 1:36.22 33.11	550m: 6:04.18	34.13		950m: 10:33.42	34.55	1350m: 15:08.48	34.48
	200m: 2:09.37 33.15	600m: 6:37.70	33.52		1000m: 11:07.45	34.03	1400m: 15:42.25	33.77
	250m: 2:42.81 33.44	650m: 7:11.57	33.87		1050m: 11:42.20	34.75	1450m: 16:15.28	33.03
	300m: 3:16.08 33.27	700m: 7:44.81	33.24		1100m: 12:16.31	34.11	1500m: 16:45.80	30.52
	350m: 3:49.50 33.42	750m: 8:18.46	33.65		1150m: 12:50.80	34.49		
	400m: 4:22.92 33.42	800m: 8:51.88	33.42		1200m: 13:25.31	34.51		
19.	Lucas Pereira Bastos	00			Nautico /Urgicentro-Sanfil	16:45.89	649	
	50m: 28.48 28.48	450m: 4:50.01	32.93		850m: 9:21.57	33.92	1250m: 13:56.30	34.42
	100m: 1:00.05 31.57	500m: 5:23.41	33.40		900m: 9:56.10	34.53	1300m: 14:31.22	34.92
	150m: 1:32.12 32.07	550m: 5:56.47	33.06		950m: 10:30.24	34.14	1350m: 15:05.24	34.02
	200m: 2:04.91 32.79	600m: 6:30.53	34.06		1000m: 11:04.56	34.32	1400m: 15:39.93	34.69
	250m: 2:37.38 32.47	650m: 7:04.34	33.81		1050m: 11:38.91	34.35	1450m: 16:13.22	33.29
	300m: 3:10.59 33.21	700m: 7:38.93	34.59		1100m: 12:12.96	34.05	1500m: 16:45.89	32.67
	350m: 3:43.53 32.94	750m: 8:13.01	34.08		1150m: 12:47.07	34.11		
	400m: 4:17.08 33.55	800m: 8:47.65	34.64		1200m: 13:21.88	34.81		
20.	Joao Pedro Teixeira	99			Academico Viseu	16:48.06	645	
	50m: 29.23 29.23	450m: 4:56.56	33.72		850m: 9:28.33	33.92	1250m: 14:00.98	34.12
	100m: 1:01.66 32.43	500m: 5:30.67	34.11		900m: 10:02.31	33.98	1300m: 14:35.04	34.06
	150m: 1:34.74 33.08	550m: 6:04.75	34.08		950m: 10:36.37	34.06	1350m: 15:08.87	33.83
	200m: 2:08.22 33.48	600m: 6:38.70	33.95		1000m: 11:10.47	34.10	1400m: 15:42.54	33.67
	250m: 2:41.62 33.40	650m: 7:12.65	33.95		1050m: 11:44.56	34.09	1450m: 16:15.93	33.39
	300m: 3:15.44 33.82	700m: 7:46.62	33.97		1100m: 12:18.79	34.23	1500m: 16:48.06	32.13
	350m: 3:48.98 33.54	750m: 8:20.47	33.85		1150m: 12:53.08	34.29		
	400m: 4:22.84 33.86	800m: 8:54.41	33.94		1200m: 13:26.86	33.78		
21.	David Matias Cristiano	01			Uniao Piedense	16:55.01	631	
	50m: 28.92 28.92	450m: 4:55.86	34.09		850m: 9:30.12	34.41	1250m: 14:05.77	34.58
	100m: 1:00.80 31.88	500m: 5:30.15	34.29		900m: 10:04.17	34.05	1300m: 14:39.93	34.16
	150m: 1:33.69 32.89	550m: 6:04.64	34.49		950m: 10:38.65	34.48	1350m: 15:14.36	34.43
	200m: 2:06.84 33.15	600m: 6:38.81	34.17		1000m: 11:13.41	34.76	1400m: 15:48.48	34.12
	250m: 2:40.30 33.46	650m: 7:12.92	34.11		1050m: 11:47.91	34.50	1450m: 16:22.65	34.17
	300m: 3:13.94 33.64	700m: 7:47.10	34.18		1100m: 12:22.67	34.76	1500m: 16:55.01	32.36
	350m: 3:47.80 33.86	750m: 8:21.22	34.12		1150m: 12:56.78	34.11		
	400m: 4:21.77 33.97	800m: 8:55.71	34.49		1200m: 13:31.19	34.41		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
22.	Pedro Miguel Santos	01			Porto	17:00.01	622
	50m: 30.20 30.20	450m: 4:53.50	33.45	850m: 9:27.32	34.57	1250m: 14:05.21	34.79
	100m: 1:02.69 32.49	500m: 5:27.13	33.63	900m: 10:02.08	34.76	1300m: 14:39.96	34.75
	150m: 1:35.02 32.33	550m: 6:00.81	33.68	950m: 10:36.67	34.59	1350m: 15:15.02	35.06
	200m: 2:07.79 32.77	600m: 6:34.88	34.07	1000m: 11:11.44	34.77	1400m: 15:49.88	34.86
	250m: 2:40.81 33.02	650m: 7:09.06	34.18	1050m: 11:46.11	34.67	1450m: 16:25.12	35.24
	300m: 3:13.76 32.95	700m: 7:43.63	34.57	1100m: 12:20.78	34.67	1500m: 17:00.01	34.89
	350m: 3:47.13 33.37	750m: 8:18.41	34.78	1150m: 12:55.72	34.94		
	400m: 4:20.05 32.92	800m: 8:52.75	34.34	1200m: 13:30.42	34.70		
23.	Miguel Caridade Gaspar	99			Academica de Coimbra	17:01.14	620
	50m: 31.01 31.01	450m: 5:05.17	34.08	850m: 9:39.04	34.47	1250m: 14:12.37	34.29
	100m: 1:05.15 34.14	500m: 5:39.47	34.30	900m: 10:13.00	33.96	1300m: 14:46.68	34.31
	150m: 1:39.48 34.33	550m: 6:13.65	34.18	950m: 10:46.96	33.96	1350m: 15:21.01	34.33
	200m: 2:13.71 34.23	600m: 6:47.71	34.06	1000m: 11:21.32	34.36	1400m: 15:54.98	33.97
	250m: 2:48.22 34.51	650m: 7:21.94	34.23	1050m: 11:55.43	34.11	1450m: 16:28.59	33.61
	300m: 3:22.43 34.21	700m: 7:56.20	34.26	1100m: 12:29.90	34.47	1500m: 17:01.14	32.55
	350m: 3:56.72 34.29	750m: 8:30.47	34.27	1150m: 13:03.94	34.04		
	400m: 4:31.09 34.37	800m: 9:04.57	34.10	1200m: 13:38.08	34.14		
24.	Tiago Andre Carvalho	99			Academica de Coimbra	17:04.57	614
	50m: 30.29 30.29	450m: 5:03.27	34.68	850m: 9:39.25	34.21	1250m: 14:15.96	34.75
	100m: 1:03.14 32.85	500m: 5:37.65	34.38	900m: 10:13.50	34.25	1300m: 14:50.54	34.58
	150m: 1:37.12 33.98	550m: 6:12.26	34.61	950m: 10:48.51	35.01	1350m: 15:24.88	34.34
	200m: 2:10.95 33.83	600m: 6:46.80	34.54	1000m: 11:23.23	34.72	1400m: 15:59.36	34.48
	250m: 2:45.40 34.45	650m: 7:21.34	34.54	1050m: 11:57.33	34.10	1450m: 16:33.14	33.78
	300m: 3:19.82 34.42	700m: 7:55.64	34.30	1100m: 12:31.62	34.29	1500m: 17:04.57	31.43
	350m: 3:54.39 34.57	750m: 8:30.46	34.82	1150m: 13:06.31	34.69		
	400m: 4:28.59 34.20	800m: 9:05.04	34.58	1200m: 13:41.21	34.90		
	Rui Jorge Matias	99			Vilacondense	17:04.57	614
	50m: 30.14 30.14	450m: 5:03.73	34.49	850m: 9:38.71	34.10	1250m: 14:16.15	34.06
	100m: 1:03.14 33.00	500m: 5:38.35	34.62	900m: 10:13.68	34.97	1300m: 14:51.22	35.07
	150m: 1:36.97 33.83	550m: 6:12.60	34.25	950m: 10:48.24	34.56	1350m: 15:25.11	33.89
	200m: 2:11.37 34.40	600m: 6:47.06	34.46	1000m: 11:23.00	34.76	1400m: 16:00.22	35.11
	250m: 2:45.21 33.84	650m: 7:21.64	34.58	1050m: 11:57.28	34.28	1450m: 16:34.01	33.79
	300m: 3:19.67 34.46	700m: 7:55.80	34.16	1100m: 12:32.28	35.00	1500m: 17:04.57	30.56
	350m: 3:54.30 34.63	750m: 8:30.06	34.26	1150m: 13:06.70	34.42		
	400m: 4:29.24 34.94	800m: 9:04.61	34.55	1200m: 13:42.09	35.39		
26.	Pedro Maria Bessa	95			Nautico /Urgicentro-Sanfil	17:04.70	614
	50m: 29.04 29.04	450m: 4:53.86	33.66	850m: 9:30.25	34.89	1250m: 14:09.46	34.22
	100m: 1:00.99 31.95	500m: 5:27.58	33.72	900m: 10:05.82	35.57	1300m: 14:44.85	35.39
	150m: 1:33.58 32.59	550m: 6:01.74	34.16	950m: 10:40.79	34.97	1350m: 15:20.39	35.54
	200m: 2:06.62 33.04	600m: 6:36.21	34.47	1000m: 11:16.24	35.45	1400m: 15:56.10	35.71
	250m: 2:39.89 33.27	650m: 7:10.81	34.60	1050m: 11:51.00	34.76	1450m: 16:30.99	34.89
	300m: 3:13.23 33.34	700m: 7:45.77	34.96	1100m: 12:25.94	34.94	1500m: 17:04.70	33.71
	350m: 3:46.86 33.63	750m: 8:20.40	34.63	1150m: 13:00.35	34.41		
	400m: 4:20.20 33.34	800m: 8:55.36	34.96	1200m: 13:35.24	34.89		
27.	Sergio Gomes Abreu	96			Naval do Funchal	17:04.75	614
	50m: 29.99 29.99	450m: 5:01.27	34.47	850m: 9:34.48	34.46	1250m: 14:13.53	35.10
	100m: 1:02.92 32.93	500m: 5:35.23	33.96	900m: 10:08.94	34.46	1300m: 14:48.95	35.42
	150m: 1:36.85 33.93	550m: 6:09.37	34.14	950m: 10:43.75	34.81	1350m: 15:24.12	35.17
	200m: 2:11.47 34.62	600m: 6:43.31	33.94	1000m: 11:18.44	34.69	1400m: 15:59.94	35.82
	250m: 2:44.85 33.38	650m: 7:17.21	33.90	1050m: 11:53.05	34.61	1450m: 16:33.74	33.80
	300m: 3:18.83 33.98	700m: 7:51.20	33.99	1100m: 12:28.24	35.19	1500m: 17:04.75	31.01
	350m: 3:52.90 34.07	750m: 8:25.52	34.32	1150m: 13:03.14	34.90		
	400m: 4:26.80 33.90	800m: 9:00.02	34.50	1200m: 13:38.43	35.29		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
28.	Diogo Moreno Bastos	00			Fluvial Portuense	17:08.91	606
	50m: 29.76 29.76	450m: 5:03.54	34.67	850m: 9:42.25	34.59	1250m: 14:20.20	34.50
	100m: 1:02.95 33.19	500m: 5:38.47	34.93	900m: 10:16.98	34.73	1300m: 14:54.80	34.60
	150m: 1:36.23 33.28	550m: 6:13.14	34.67	950m: 10:52.09	35.11	1350m: 15:28.96	34.16
	200m: 2:10.31 34.08	600m: 6:47.87	34.73	1000m: 11:27.29	35.20	1400m: 16:03.94	34.98
	250m: 2:44.26 33.95	650m: 7:22.83	34.96	1050m: 12:02.03	34.74	1450m: 16:37.79	33.85
	300m: 3:19.10 34.84	700m: 7:57.66	34.83	1100m: 12:36.36	34.33	1500m: 17:08.91	31.12
	350m: 3:53.56 34.46	750m: 8:32.25	34.59	1150m: 13:10.74	34.38		
	400m: 4:28.87 35.31	800m: 9:07.66	35.41	1200m: 13:45.70	34.96		
29.	Nuno Correia Sousa	00			Fluvial Portuense	17:11.63	601
	50m: 29.83 29.83	450m: 5:01.12	34.48	850m: 9:39.68	34.69	1250m: 14:20.16	34.96
	100m: 1:02.69 32.86	500m: 5:35.54	34.42	900m: 10:14.46	34.78	1300m: 14:55.13	34.97
	150m: 1:36.18 33.49	550m: 6:10.70	35.16	950m: 10:49.79	35.33	1350m: 15:29.69	34.56
	200m: 2:10.01 33.83	600m: 6:45.45	34.75	1000m: 11:24.88	35.09	1400m: 16:04.55	34.86
	250m: 2:43.86 33.85	650m: 7:20.72	35.27	1050m: 12:00.01	35.13	1450m: 16:38.78	34.23
	300m: 3:18.00 34.14	700m: 7:55.58	34.86	1100m: 12:35.30	35.29	1500m: 17:11.63	32.85
	350m: 3:52.27 34.27	750m: 8:30.57	34.99	1150m: 13:10.37	35.07		
	400m: 4:26.64 34.37	800m: 9:04.99	34.42	1200m: 13:45.20	34.83		
30.	Bernardo Marques Goncalves00				Galitos / Bresimar	17:12.84	599
	50m: 29.47 29.47	450m: 4:57.96	34.13	850m: 9:35.75	34.91	1250m: 14:18.12	35.50
	100m: 1:01.86 32.39	500m: 5:32.03	34.07	900m: 10:10.46	34.71	1300m: 14:53.45	35.33
	150m: 1:34.89 33.03	550m: 6:06.46	34.43	950m: 10:45.72	35.26	1350m: 15:28.71	35.26
	200m: 2:08.48 33.59	600m: 6:41.20	34.74	1000m: 11:21.05	35.33	1400m: 16:03.64	34.93
	250m: 2:41.87 33.39	650m: 7:15.97	34.77	1050m: 11:56.59	35.54	1450m: 16:38.86	35.22
	300m: 3:15.71 33.84	700m: 7:51.24	35.27	1100m: 12:31.85	35.26	1500m: 17:12.84	33.98
	350m: 3:49.39 33.68	750m: 8:25.90	34.66	1150m: 13:07.08	35.23		
	400m: 4:23.83 34.44	800m: 9:00.84	34.94	1200m: 13:42.62	35.54		
31.	Rui Miguel Pires	01			Nautico Marinha Grande	17:13.50	598
	50m: 29.65 29.65	450m: 5:02.76	34.79	850m: 9:42.24	34.89	1250m: 14:21.68	34.76
	100m: 1:02.23 32.58	500m: 5:37.46	34.70	900m: 10:17.23	34.99	1300m: 14:56.62	34.94
	150m: 1:36.32 34.09	550m: 6:12.46	35.00	950m: 10:52.29	35.06	1350m: 15:31.54	34.92
	200m: 2:10.22 33.90	600m: 6:47.48	35.02	1000m: 11:26.95	34.66	1400m: 16:06.05	34.51
	250m: 2:44.95 34.73	650m: 7:22.59	35.11	1050m: 12:02.31	35.36	1450m: 16:40.37	34.32
	300m: 3:19.23 34.28	700m: 7:57.27	34.68	1100m: 12:37.03	34.72	1500m: 17:13.50	33.13
	350m: 3:53.86 34.63	750m: 8:32.47	35.20	1150m: 13:11.92	34.89		
	400m: 4:27.97 34.11	800m: 9:07.35	34.88	1200m: 13:46.92	35.00		
32.	Samson Silva Costa	02			Fluvial Portuense	17:18.68	589
	50m: 30.39 30.39	450m: 5:09.25	35.07	850m: 9:49.18	34.83	1250m: 14:29.46	34.82
	100m: 1:04.63 34.24	500m: 5:44.53	35.28	900m: 10:24.50	35.32	1300m: 15:04.48	35.02
	150m: 1:39.60 34.97	550m: 6:19.33	34.80	950m: 10:59.32	34.82	1350m: 15:38.93	34.45
	200m: 2:14.46 34.86	600m: 6:54.77	35.44	1000m: 11:34.51	35.19	1400m: 16:13.52	34.59
	250m: 2:49.19 34.73	650m: 7:29.53	34.76	1050m: 12:09.37	34.86	1450m: 16:47.06	33.54
	300m: 3:24.30 35.11	700m: 8:04.77	35.24	1100m: 12:44.53	35.16	1500m: 17:18.68	31.62
	350m: 3:59.01 34.71	750m: 8:39.50	34.73	1150m: 13:19.16	34.63		
	400m: 4:34.18 35.17	800m: 9:14.35	34.85	1200m: 13:54.64	35.48		
33.	Jose Maria Pereira	01			Sporting	17:21.48	584
	50m: 30.65 30.65	450m: 5:07.29	34.85	850m: 9:46.42	35.15	1250m: 14:28.31	35.14
	100m: 1:04.17 33.52	500m: 5:41.99	34.70	900m: 10:21.64	35.22	1300m: 15:03.41	35.10
	150m: 1:38.50 34.33	550m: 6:16.75	34.76	950m: 10:56.84	35.20	1350m: 15:38.41	35.00
	200m: 2:13.10 34.60	600m: 6:51.46	34.71	1000m: 11:32.00	35.16	1400m: 16:13.55	35.14
	250m: 2:47.73 34.63	650m: 7:26.43	34.97	1050m: 12:07.19	35.19	1450m: 16:48.31	34.76
	300m: 3:22.67 34.94	700m: 8:01.50	35.07	1100m: 12:42.62	35.43	1500m: 17:21.48	33.17
	350m: 3:57.58 34.91	750m: 8:36.28	34.78	1150m: 13:17.95	35.33		
	400m: 4:32.44 34.86	800m: 9:11.27	34.99	1200m: 13:53.17	35.22		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
34.	Ivan Emanuel Amorim	02			Fluvial Portuense	17:21.51	584
	50m: 30.67 30.67	450m: 5:09.26	34.83	850m: 9:48.02	35.01	1250m: 14:29.14	35.15
	100m: 1:04.84 34.17	500m: 5:44.22	34.96	900m: 10:23.27	35.25	1300m: 15:04.53	35.39
	150m: 1:39.20 34.36	550m: 6:18.81	34.59	950m: 10:57.97	34.70	1350m: 15:39.28	34.75
	200m: 2:14.14 34.94	600m: 6:53.64	34.83	1000m: 11:33.16	35.19	1400m: 16:14.63	35.35
	250m: 2:49.18 35.04	650m: 7:28.54	34.90	1050m: 12:08.21	35.05	1450m: 16:49.17	34.54
	300m: 3:24.30 35.12	700m: 8:03.36	34.82	1100m: 12:43.58	35.37	1500m: 17:21.51	32.34
	350m: 3:59.16 34.86	750m: 8:38.23	34.87	1150m: 13:18.65	35.07		
	400m: 4:34.43 35.27	800m: 9:13.01	34.78	1200m: 13:53.99	35.34		
35.	Hugo Miguel Viegas	02			Natacao Olhao	17:21.79	584
	50m: 31.27 31.27	450m: 5:09.52	35.25	850m: 9:49.32	35.31	1250m: 14:29.89	35.46
	100m: 1:05.12 33.85	500m: 5:44.03	34.51	900m: 10:24.16	34.84	1300m: 15:04.83	34.94
	150m: 1:40.04 34.92	550m: 6:18.88	34.85	950m: 10:59.40	35.24	1350m: 15:40.12	35.29
	200m: 2:14.72 34.68	600m: 6:53.78	34.90	1000m: 11:34.35	34.95	1400m: 16:14.81	34.69
	250m: 2:49.63 34.91	650m: 7:29.02	35.24	1050m: 12:09.60	35.25	1450m: 16:49.13	34.32
	300m: 3:24.35 34.72	700m: 8:03.76	34.74	1100m: 12:44.45	34.85	1500m: 17:21.79	32.66
	350m: 3:59.38 35.03	750m: 8:39.12	35.36	1150m: 13:19.70	35.25		
	400m: 4:34.27 34.89	800m: 9:14.01	34.89	1200m: 13:54.43	34.73		
36.	Pedro Barata Neves	00			Laranjeiro	17:22.60	583
	50m: 30.84 30.84	450m: 5:09.44	35.04	850m: 9:51.09	35.26	1250m: 14:31.96	34.83
	100m: 1:05.03 34.19	500m: 5:44.34	34.90	900m: 10:26.43	35.34	1300m: 15:06.53	34.57
	150m: 1:39.58 34.55	550m: 6:19.19	34.85	950m: 11:01.34	34.91	1350m: 15:41.19	34.66
	200m: 2:14.54 34.96	600m: 6:53.94	34.75	1000m: 11:36.26	34.92	1400m: 16:16.33	35.14
	250m: 2:49.32 34.78	650m: 7:29.19	35.25	1050m: 12:11.88	35.62	1450m: 16:50.55	34.22
	300m: 3:24.40 35.08	700m: 8:04.54	35.35	1100m: 12:47.46	35.58	1500m: 17:22.60	32.05
	350m: 3:59.56 35.16	750m: 8:40.36	35.82	1150m: 13:22.36	34.90		
	400m: 4:34.40 34.84	800m: 9:15.83	35.47	1200m: 13:57.13	34.77		
37.	Tiago Mendonca Freire	01			Leixoes	17:27.65	574
	50m: 30.67 30.67	450m: 5:09.77	35.35	850m: 9:51.09	35.05	1250m: 14:32.44	35.30
	100m: 1:04.39 33.72	500m: 5:45.02	35.25	900m: 10:26.13	35.04	1300m: 15:07.90	35.46
	150m: 1:38.71 34.32	550m: 6:20.12	35.10	950m: 11:01.22	35.09	1350m: 15:43.17	35.27
	200m: 2:13.60 34.89	600m: 6:55.40	35.28	1000m: 11:36.35	35.13	1400m: 16:18.61	35.44
	250m: 2:48.71 35.11	650m: 7:30.66	35.26	1050m: 12:11.85	35.50	1450m: 16:53.35	34.74
	300m: 3:23.98 35.27	700m: 8:05.72	35.06	1100m: 12:47.02	35.17	1500m: 17:27.65	34.30
	350m: 3:59.14 35.16	750m: 8:40.81	35.09	1150m: 13:22.16	35.14		
	400m: 4:34.42 35.28	800m: 9:16.04	35.23	1200m: 13:57.14	34.98		
38.	David Joao Tinoco	01			Columbofila Cantanhedense	17:32.61	566
	50m: 31.47 31.47	450m: 5:09.66	35.12	850m: 9:50.79	35.14	1250m: 14:35.00	35.89
	100m: 1:05.45 33.98	500m: 5:44.72	35.06	900m: 10:25.97	35.18	1300m: 15:10.80	35.80
	150m: 1:40.02 34.57	550m: 6:19.86	35.14	950m: 11:01.18	35.21	1350m: 15:46.68	35.88
	200m: 2:14.66 34.64	600m: 6:54.75	34.89	1000m: 11:36.48	35.30	1400m: 16:22.14	35.46
	250m: 2:49.62 34.96	650m: 7:30.20	35.45	1050m: 12:12.06	35.58	1450m: 16:58.00	35.86
	300m: 3:24.42 34.80	700m: 8:05.20	35.00	1100m: 12:47.59	35.53	1500m: 17:32.61	34.61
	350m: 3:59.39 34.97	750m: 8:40.36	35.16	1150m: 13:23.52	35.93		
	400m: 4:34.54 35.15	800m: 9:15.65	35.29	1200m: 13:59.11	35.59		
39.	Bernardo Cardetas Cardoso	02			Columbofila Cantanhedense	17:33.24	565
	50m: 30.86 30.86	450m: 5:08.38	35.37	850m: 9:53.07	35.83	1250m: 14:37.25	35.26
	100m: 1:04.43 33.57	500m: 5:44.35	35.97	900m: 10:28.55	35.48	1300m: 15:12.91	35.66
	150m: 1:38.45 34.02	550m: 6:19.53	35.18	950m: 11:03.79	35.24	1350m: 15:48.28	35.37
	200m: 2:13.00 34.55	600m: 6:55.11	35.58	1000m: 11:39.68	35.89	1400m: 16:23.87	35.59
	250m: 2:47.70 34.70	650m: 7:30.52	35.41	1050m: 12:15.24	35.56	1450m: 16:58.84	34.97
	300m: 3:22.64 34.94	700m: 8:05.95	35.43	1100m: 12:50.78	35.54	1500m: 17:33.24	34.40
	350m: 3:57.75 35.11	750m: 8:41.39	35.44	1150m: 13:25.92	35.14		
	400m: 4:33.01 35.26	800m: 9:17.24	35.85	1200m: 14:01.99	36.07		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
40.	Tomas Antonio Silva	01			Naval do Funchal	17:35.19	562
	50m: 30.67 30.67	450m: 5:09.10	34.73	850m: 9:51.40	35.48	1250m: 14:37.26	36.08
	100m: 1:04.63 33.96	500m: 5:44.49	35.39	900m: 10:27.18	35.78	1300m: 15:13.25	35.99
	150m: 1:39.48 34.85	550m: 6:19.56	35.07	950m: 11:02.74	35.56	1350m: 15:48.64	35.39
	200m: 2:14.15 34.67	600m: 6:55.18	35.62	1000m: 11:38.22	35.48	1400m: 16:24.73	36.09
	250m: 2:49.04 34.89	650m: 7:30.39	35.21	1050m: 12:13.93	35.71	1450m: 17:00.32	35.59
	300m: 3:23.92 34.88	700m: 8:05.92	35.53	1100m: 12:49.75	35.82	1500m: 17:35.19	34.87
	350m: 3:59.09 35.17	750m: 8:40.36	34.44	1150m: 13:25.32	35.57		
	400m: 4:34.37 35.28	800m: 9:15.92	35.56	1200m: 14:01.18	35.86		
41.	Francisco Sousa Silva	01			Alcobaca	17:36.65	560
	50m: 31.01 31.01	450m: 5:08.28	34.95	850m: 9:52.42	35.69	1250m: 14:39.96	35.60
	100m: 1:04.70 33.69	500m: 5:43.65	35.37	900m: 10:28.30	35.88	1300m: 15:16.16	36.20
	150m: 1:39.52 34.82	550m: 6:18.80	35.15	950m: 11:04.31	36.01	1350m: 15:52.03	35.87
	200m: 2:14.50 34.98	600m: 6:54.20	35.40	1000m: 11:40.32	36.01	1400m: 16:27.78	35.75
	250m: 2:49.52 35.02	650m: 7:29.58	35.38	1050m: 12:16.15	35.83	1450m: 17:02.90	35.12
	300m: 3:24.25 34.73	700m: 8:05.00	35.42	1100m: 12:52.35	36.20	1500m: 17:36.65	33.75
	350m: 3:58.72 34.47	750m: 8:40.81	35.81	1150m: 13:28.11	35.76		
	400m: 4:33.33 34.61	800m: 9:16.73	35.92	1200m: 14:04.36	36.25		
42.	Bernardo Jorge Simoes	02			Torres Novas	17:40.79	553
	50m: 32.12 32.12	450m: 5:13.44	34.68	850m: 9:57.79	35.42	1250m: 14:43.58	35.82
	100m: 1:06.26 34.14	500m: 5:48.87	35.43	900m: 10:33.48	35.69	1300m: 15:19.77	36.19
	150m: 1:41.58 35.32	550m: 6:24.56	35.69	950m: 11:09.03	35.55	1350m: 15:55.50	35.73
	200m: 2:16.87 35.29	600m: 7:00.10	35.54	1000m: 11:45.20	36.17	1400m: 16:31.53	36.03
	250m: 2:51.94 35.07	650m: 7:35.63	35.53	1050m: 12:20.92	35.72	1450m: 17:06.63	35.10
	300m: 3:27.75 35.81	700m: 8:11.60	35.97	1100m: 12:56.50	35.58	1500m: 17:40.79	34.16
	350m: 4:03.35 35.60	750m: 8:46.75	35.15	1150m: 13:31.72	35.22		
	400m: 4:38.76 35.41	800m: 9:22.37	35.62	1200m: 14:07.76	36.04		
43.	Afonso Varelas Silva	01			Nautico Marinha Grande	17:45.58	546
	50m: 31.82 31.82	450m: 5:14.25	35.98	850m: 10:00.30	35.67	1250m: 14:47.52	35.97
	100m: 1:06.34 34.52	500m: 5:49.52	35.27	900m: 10:36.22	35.92	1300m: 15:23.22	35.70
	150m: 1:41.73 35.39	550m: 6:25.27	35.75	950m: 11:12.22	36.00	1350m: 15:59.38	36.16
	200m: 2:16.66 34.93	600m: 7:01.09	35.82	1000m: 11:48.39	36.17	1400m: 16:34.83	35.45
	250m: 2:52.09 35.43	650m: 7:36.78	35.69	1050m: 12:24.44	36.05	1450m: 17:10.75	35.92
	300m: 3:27.16 35.07	700m: 8:12.76	35.98	1100m: 12:59.70	35.26	1500m: 17:45.58	34.83
	350m: 4:02.90 35.74	750m: 8:48.83	36.07	1150m: 13:35.03	35.33		
	400m: 4:38.27 35.37	800m: 9:24.63	35.80	1200m: 14:11.55	36.52		
44.	Ruy Manuel Domingos	02			Sporting	17:48.32	541
	50m: 31.86 31.86	450m: 5:15.43	35.86	850m: 10:01.19	35.84	1250m: 14:48.72	36.29
	100m: 1:06.12 34.26	500m: 5:50.90	35.47	900m: 10:36.69	35.50	1300m: 15:24.67	35.95
	150m: 1:41.67 35.55	550m: 6:26.74	35.84	950m: 11:12.81	36.12	1350m: 16:01.28	36.61
	200m: 2:16.81 35.14	600m: 7:02.14	35.40	1000m: 11:48.28	35.47	1400m: 16:37.47	36.19
	250m: 2:52.48 35.67	650m: 7:38.28	36.14	1050m: 12:24.25	35.97	1450m: 17:13.56	36.09
	300m: 3:28.00 35.52	700m: 8:13.85	35.57	1100m: 13:00.14	35.89	1500m: 17:48.32	34.76
	350m: 4:03.90 35.90	750m: 8:49.87	36.02	1150m: 13:36.34	36.20		
	400m: 4:39.57 35.67	800m: 9:25.35	35.48	1200m: 14:12.43	36.09		
45.	Paulo Andre Frota	02			Fundacao Beatriz Santos	17:50.83	538
	50m: 30.77 30.77	450m: 5:09.95	36.04	850m: 9:59.42	36.71	1250m: 14:50.46	35.77
	100m: 1:04.04 33.27	500m: 5:45.88	35.93	900m: 10:36.28	36.86	1300m: 15:26.91	36.45
	150m: 1:38.14 34.10	550m: 6:21.82	35.94	950m: 11:12.24	35.96	1350m: 16:04.37	37.46
	200m: 2:12.70 34.56	600m: 6:57.59	35.77	1000m: 11:47.71	35.47	1400m: 16:40.80	36.43
	250m: 2:48.07 35.37	650m: 7:34.52	36.93	1050m: 12:24.47	36.76	1450m: 17:16.53	35.73
	300m: 3:22.96 34.89	700m: 8:10.98	36.46	1100m: 13:01.22	36.75	1500m: 17:50.83	34.30
	350m: 3:58.68 35.72	750m: 8:47.29	36.31	1150m: 13:38.16	36.94		
	400m: 4:33.91 35.23	800m: 9:22.71	35.42	1200m: 14:14.69	36.53		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
46.	Joao Antonio Simoes	01			Torres Novas	17:53.51	534
	50m: 31.50 31.50	450m: 5:15.29	35.52	850m: 10:02.93	36.08	1250m: 14:54.39	36.70
	100m: 1:06.43 34.93	500m: 5:51.16	35.87	900m: 10:39.53	36.60	1300m: 15:31.25	36.86
	150m: 1:41.61 35.18	550m: 6:26.96	35.80	950m: 11:15.63	36.10	1350m: 16:07.21	35.96
	200m: 2:17.11 35.50	600m: 7:02.92	35.96	1000m: 11:52.17	36.54	1400m: 16:43.33	36.12
	250m: 2:52.48 35.37	650m: 7:38.77	35.85	1050m: 12:28.52	36.35	1450m: 17:18.73	35.40
	300m: 3:28.14 35.66	700m: 8:14.57	35.80	1100m: 13:05.05	36.53	1500m: 17:53.51	34.78
	350m: 4:03.75 35.61	750m: 8:50.50	35.93	1150m: 13:41.37	36.32		
	400m: 4:39.77 36.02	800m: 9:26.85	36.35	1200m: 14:17.69	36.32		
47.	Joao Mano Costa	01			Braga	17:53.86	533
	50m: 30.69 30.69	450m: 5:11.66	35.60	850m: 10:01.95	36.21	1250m: 14:52.37	36.67
	100m: 1:04.45 33.76	500m: 5:47.13	35.47	900m: 10:38.04	36.09	1300m: 15:28.90	36.53
	150m: 1:39.74 35.29	550m: 6:23.07	35.94	950m: 11:14.56	36.52	1350m: 16:05.56	36.66
	200m: 2:14.77 35.03	600m: 6:59.57	36.50	1000m: 11:50.50	35.94	1400m: 16:41.80	36.24
	250m: 2:49.91 35.14	650m: 7:35.78	36.21	1050m: 12:26.35	35.85	1450m: 17:18.27	36.47
	300m: 3:25.41 35.50	700m: 8:12.68	36.90	1100m: 13:02.76	36.41	1500m: 17:53.86	35.59
	350m: 4:00.48 35.07	750m: 8:49.38	36.70	1150m: 13:39.24	36.48		
	400m: 4:36.06 35.58	800m: 9:25.74	36.36	1200m: 14:15.70	36.46		
48.	Daniel Luis Carvalho	02			Braga	17:55.35	531
	50m: 31.54 31.54	450m: 5:14.35	35.70	850m: 10:04.13	36.70	1250m: 14:56.00	36.47
	100m: 1:05.55 34.01	500m: 5:50.15	35.80	900m: 10:40.96	36.83	1300m: 15:32.50	36.50
	150m: 1:40.60 35.05	550m: 6:26.27	36.12	950m: 11:17.48	36.52	1350m: 16:08.56	36.06
	200m: 2:15.88 35.28	600m: 7:02.36	36.09	1000m: 11:54.25	36.77	1400m: 16:45.03	36.47
	250m: 2:51.58 35.70	650m: 7:38.46	36.10	1050m: 12:30.52	36.27	1450m: 17:20.73	35.70
	300m: 3:27.06 35.48	700m: 8:14.69	36.23	1100m: 13:06.96	36.44	1500m: 17:55.35	34.62
	350m: 4:03.13 36.07	750m: 8:51.08	36.39	1150m: 13:43.40	36.44		
	400m: 4:38.65 35.52	800m: 9:27.43	36.35	1200m: 14:19.53	36.13		
49.	Manuel Landeiro Alves	02			Naval Praia da Vitoria	17:58.32	527
	50m: 31.35 31.35	450m: 5:17.66	35.91	850m: 10:07.88	36.82	1250m: 15:01.36	36.87
	100m: 1:06.09 34.74	500m: 5:53.69	36.03	900m: 10:44.36	36.48	1300m: 15:38.12	36.76
	150m: 1:41.99 35.90	550m: 6:30.07	36.38	950m: 11:21.37	37.01	1350m: 16:14.92	36.80
	200m: 2:17.37 35.38	600m: 7:06.31	36.24	1000m: 11:57.86	36.49	1400m: 16:50.21	35.29
	250m: 2:53.32 35.95	650m: 7:42.62	36.31	1050m: 12:34.55	36.69	1450m: 17:26.07	35.86
	300m: 3:29.37 36.05	700m: 8:18.58	35.96	1100m: 13:11.14	36.59	1500m: 17:58.32	32.25
	350m: 4:05.70 36.33	750m: 8:55.27	36.69	1150m: 13:47.59	36.45		
	400m: 4:41.75 36.05	800m: 9:31.06	35.79	1200m: 14:24.49	36.90		
50.	Francisco Alves Souza	02			Geslours	17:58.97	526
	50m: 30.66 30.66	450m: 5:18.44	36.12	850m: 10:09.46	36.21	1250m: 15:00.58	36.58
	100m: 1:05.62 34.96	500m: 5:55.12	36.68	900m: 10:46.19	36.73	1300m: 15:36.99	36.41
	150m: 1:40.97 35.35	550m: 6:31.04	35.92	950m: 11:22.93	36.74	1350m: 16:13.27	36.28
	200m: 2:17.12 36.15	600m: 7:07.48	36.44	1000m: 11:59.40	36.47	1400m: 16:49.03	35.76
	250m: 2:53.23 36.11	650m: 7:43.79	36.31	1050m: 12:35.50	36.10	1450m: 17:24.55	35.52
	300m: 3:29.76 36.53	700m: 8:20.60	36.81	1100m: 13:11.83	36.33	1500m: 17:58.97	34.42
	350m: 4:05.56 35.80	750m: 8:56.61	36.01	1150m: 13:47.87	36.04		
	400m: 4:42.32 36.76	800m: 9:33.25	36.64	1200m: 14:24.00	36.13		
51.	Rui Joao Marques	02			Nautico /Urgicentro-Sanfil	18:02.08	521
	50m: 31.24 31.24	450m: 5:14.28	36.29	850m: 10:07.85	36.70	1250m: 15:01.68	36.46
	100m: 1:04.57 33.33	500m: 5:50.98	36.70	900m: 10:44.81	36.96	1300m: 15:38.34	36.66
	150m: 1:39.45 34.88	550m: 6:27.63	36.65	950m: 11:21.45	36.64	1350m: 16:14.81	36.47
	200m: 2:14.57 35.12	600m: 7:04.09	36.46	1000m: 11:58.31	36.86	1400m: 16:50.97	36.16
	250m: 2:50.62 36.05	650m: 7:40.61	36.52	1050m: 12:35.07	36.76	1450m: 17:27.11	36.14
	300m: 3:25.74 35.12	700m: 8:17.52	36.91	1100m: 13:11.58	36.51	1500m: 18:02.08	34.97
	350m: 4:01.89 36.15	750m: 8:54.70	37.18	1150m: 13:48.14	36.56		
	400m: 4:37.99 36.10	800m: 9:31.15	36.45	1200m: 14:25.22	37.08		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
52.	Francisco Rodriguez Amaral	02			Campinho	18:03.30	519	
	50m: 31.81	31.81	450m: 5:21.61	36.24	850m: 10:14.37	36.97	1250m: 15:07.34	36.72
	100m: 1:07.13	35.32	500m: 5:58.36	36.75	900m: 10:51.27	36.90	1300m: 15:43.95	36.61
	150m: 1:43.32	36.19	550m: 6:34.41	36.05	950m: 11:27.86	36.59	1350m: 16:19.54	35.59
	200m: 2:19.84	36.52	600m: 7:11.13	36.72	1000m: 12:04.60	36.74	1400m: 16:56.01	36.47
	250m: 2:55.92	36.08	650m: 7:47.32	36.19	1050m: 12:40.94	36.34	1450m: 17:30.05	34.04
	300m: 3:32.39	36.47	700m: 8:24.19	36.87	1100m: 13:17.47	36.53	1500m: 18:03.30	33.25
	350m: 4:08.78	36.39	750m: 9:00.78	36.59	1150m: 13:53.59	36.12		
	400m: 4:45.37	36.59	800m: 9:37.40	36.62	1200m: 14:30.62	37.03		
53.	Miguel Sanches Lopes	01			Academico Viseu	18:04.06	518	
	50m: 31.25	31.25	450m: 5:14.19	35.93	850m: 10:07.46	36.60	1250m: 15:01.05	36.54
	100m: 1:05.97	34.72	500m: 5:49.93	35.74	900m: 10:43.85	36.39	1300m: 15:38.11	37.06
	150m: 1:41.30	35.33	550m: 6:26.46	36.53	950m: 11:20.74	36.89	1350m: 16:15.94	37.83
	200m: 2:16.50	35.20	600m: 7:03.22	36.76	1000m: 11:57.30	36.56	1400m: 16:52.53	36.59
	250m: 2:52.07	35.57	650m: 7:40.19	36.97	1050m: 12:34.03	36.73	1450m: 17:28.72	36.19
	300m: 3:27.28	35.21	700m: 8:17.40	37.21	1100m: 13:10.63	36.60	1500m: 18:04.06	35.34
	350m: 4:02.87	35.59	750m: 8:54.14	36.74	1150m: 13:47.35	36.72		
	400m: 4:38.26	35.39	800m: 9:30.86	36.72	1200m: 14:24.51	37.16		
54.	Diogo Alexandre Casteleiro	01			Sporting	18:04.07	518	
	50m: 32.47	32.47	450m: 5:22.53	36.46	850m: 10:16.23	36.02	1250m: 15:07.33	36.39
	100m: 1:08.02	35.55	500m: 5:59.62	37.09	900m: 10:52.28	36.05	1300m: 15:44.40	37.07
	150m: 1:43.77	35.75	550m: 6:35.90	36.28	950m: 11:28.23	35.95	1350m: 16:20.15	35.75
	200m: 2:20.00	36.23	600m: 7:13.31	37.41	1000m: 12:04.66	36.43	1400m: 16:56.07	35.92
	250m: 2:56.06	36.06	650m: 7:49.90	36.59	1050m: 12:41.20	36.54	1450m: 17:31.35	35.28
	300m: 3:32.41	36.35	700m: 8:26.94	37.04	1100m: 13:17.66	36.46	1500m: 18:04.07	32.72
	350m: 4:09.07	36.66	750m: 9:03.40	36.46	1150m: 13:54.07	36.41		
	400m: 4:46.07	37.00	800m: 9:40.21	36.81	1200m: 14:30.94	36.87		
55.	Joao Leite Saraiva	01			Famalicao	18:04.24	518	
	50m: 31.85	31.85	450m: 5:16.98	35.27	850m: 10:06.31	36.19	1250m: 15:01.96	37.08
	100m: 1:06.93	35.08	500m: 5:53.42	36.44	900m: 10:43.37	37.06	1300m: 15:38.97	37.01
	150m: 1:42.50	35.57	550m: 6:28.92	35.50	950m: 11:19.83	36.46	1350m: 16:15.38	36.41
	200m: 2:18.38	35.88	600m: 7:05.28	36.36	1000m: 11:56.86	37.03	1400m: 16:52.36	36.98
	250m: 2:53.85	35.47	650m: 7:40.81	35.53	1050m: 12:32.92	36.06	1450m: 17:28.47	36.11
	300m: 3:29.89	36.04	700m: 8:17.56	36.75	1100m: 13:10.34	37.42	1500m: 18:04.24	35.77
	350m: 4:05.42	35.53	750m: 8:53.34	35.78	1150m: 13:47.10	36.76		
	400m: 4:41.71	36.29	800m: 9:30.12	36.78	1200m: 14:24.88	37.78		
56.	Miguel Santos Oliveira	02			Fundacao Beatriz Santos	18:05.49	516	
	50m: 31.47	31.47	450m: 5:19.01	35.95	850m: 10:10.31	36.43	1250m: 15:03.25	36.71
	100m: 1:06.57	35.10	500m: 5:55.40	36.39	900m: 10:47.10	36.79	1300m: 15:40.34	37.09
	150m: 1:42.23	35.66	550m: 6:31.56	36.16	950m: 11:23.52	36.42	1350m: 16:16.83	36.49
	200m: 2:18.65	36.42	600m: 7:07.89	36.33	1000m: 11:59.93	36.41	1400m: 16:54.11	37.28
	250m: 2:54.38	35.73	650m: 7:44.25	36.36	1050m: 12:36.25	36.32	1450m: 17:30.16	36.05
	300m: 3:30.82	36.44	700m: 8:21.09	36.84	1100m: 13:13.11	36.86	1500m: 18:05.49	35.33
	350m: 4:06.49	35.67	750m: 8:57.43	36.34	1150m: 13:49.52	36.41		
	400m: 4:43.06	36.57	800m: 9:33.88	36.45	1200m: 14:26.54	37.02		
57.	Goncalo Sampaio Salgado	02			Famalicao	18:07.21	514	
	50m: 31.93	31.93	450m: 5:18.92	36.33	850m: 10:10.86	36.68	1250m: 15:04.98	36.95
	100m: 1:06.50	34.57	500m: 5:55.39	36.47	900m: 10:47.27	36.41	1300m: 15:41.93	36.95
	150m: 1:41.54	35.04	550m: 6:31.67	36.28	950m: 11:24.15	36.88	1350m: 16:19.12	37.19
	200m: 2:17.73	36.19	600m: 7:08.03	36.36	1000m: 12:00.73	36.58	1400m: 16:56.00	36.88
	250m: 2:53.87	36.14	650m: 7:44.49	36.46	1050m: 12:37.51	36.78	1450m: 17:31.61	35.61
	300m: 3:30.09	36.22	700m: 8:20.90	36.41	1100m: 13:14.37	36.86	1500m: 18:07.21	35.60
	350m: 4:06.33	36.24	750m: 8:57.52	36.62	1150m: 13:51.09	36.72		
	400m: 4:42.59	36.26	800m: 9:34.18	36.66	1200m: 14:28.03	36.94		

Prova 8, Masc., 1500m Livres, Absolutos

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
58.	Eduardo Gomes Fernandes	02			Hoquei Mealhada/ CA	18:11.24	508	
	50m: 31.34	31.34	450m: 5:16.16	36.15	850m: 10:11.80	37.52	1250m: 15:09.19	37.24
	100m: 1:05.44	34.10	500m: 5:52.71	36.55	900m: 10:49.13	37.33	1300m: 15:46.39	37.20
	150m: 1:40.80	35.36	550m: 6:29.55	36.84	950m: 11:26.14	37.01	1350m: 16:23.45	37.06
	200m: 2:16.39	35.59	600m: 7:06.36	36.81	1000m: 12:03.22	37.08	1400m: 16:59.96	36.51
	250m: 2:52.47	36.08	650m: 7:43.37	37.01	1050m: 12:40.46	37.24	1450m: 17:36.20	36.24
	300m: 3:28.23	35.76	700m: 8:20.30	36.93	1100m: 13:17.86	37.40	1500m: 18:11.24	35.04
	350m: 4:04.11	35.88	750m: 8:57.26	36.96	1150m: 13:54.63	36.77		
	400m: 4:40.01	35.90	800m: 9:34.28	37.02	1200m: 14:31.95	37.32		
59.	Martim Rebelo Malfeito	02			Sporting	18:25.97	488	
	50m: 30.72	30.72	450m: 5:13.12	35.94	850m: 10:16.30	36.91	1250m: 15:16.93	37.64
	100m: 1:04.85	34.13	500m: 5:50.88	37.76	900m: 10:53.73	37.43	1300m: 15:54.92	37.99
	150m: 1:39.09	34.24	550m: 6:29.74	38.86	950m: 11:31.22	37.49	1350m: 16:32.47	37.55
	200m: 2:14.37	35.28	600m: 7:08.16	38.42	1000m: 12:08.79	37.57	1400m: 17:10.84	38.37
	250m: 2:49.54	35.17	650m: 7:46.17	38.01	1050m: 12:45.62	36.83	1450m: 17:48.25	37.41
	300m: 3:25.09	35.55	700m: 8:24.24	38.07	1100m: 13:23.61	37.99	1500m: 18:25.97	37.72
	350m: 4:00.75	35.66	750m: 9:01.77	37.53	1150m: 14:01.31	37.70		
	400m: 4:37.18	36.43	800m: 9:39.39	37.62	1200m: 14:39.29	37.98		
60.	Diogo Filipe Ribeiro	02			Leixoes	18:30.09	483	
	50m: 32.27	32.27	450m: 5:21.77	37.00	850m: 10:21.26	37.45	1250m: 15:23.93	37.87
	100m: 1:07.01	34.74	500m: 5:58.56	36.79	900m: 10:58.69	37.43	1300m: 16:01.75	37.82
	150m: 1:42.60	35.59	550m: 6:35.93	37.37	950m: 11:36.79	38.10	1350m: 16:39.58	37.83
	200m: 2:18.15	35.55	600m: 7:13.15	37.22	1000m: 12:14.45	37.66	1400m: 17:16.88	37.30
	250m: 2:54.50	36.35	650m: 7:50.93	37.78	1050m: 12:52.97	38.52	1450m: 17:53.74	36.86
	300m: 3:30.98	36.48	700m: 8:28.19	37.26	1100m: 13:30.92	37.95	1500m: 18:30.09	36.35
	350m: 4:07.63	36.65	750m: 9:06.23	38.04	1150m: 14:08.44	37.52		
	400m: 4:44.77	37.14	800m: 9:43.81	37.58	1200m: 14:46.06	37.62		
61.	Ricardo Jorge Moreira	01			Natacao de Valongo	18:32.63	479	
	50m: 30.89	30.89	450m: 5:24.22	38.10	850m: 10:26.38	38.06	1250m: 15:27.20	37.84
	100m: 1:05.57	34.68	500m: 6:01.67	37.45	900m: 11:03.80	37.42	1300m: 16:04.58	37.38
	150m: 1:41.36	35.79	550m: 6:39.52	37.85	950m: 11:41.98	38.18	1350m: 16:42.31	37.73
	200m: 2:17.61	36.25	600m: 7:17.26	37.74	1000m: 12:19.43	37.45	1400m: 17:19.54	37.23
	250m: 2:54.23	36.62	650m: 7:55.42	38.16	1050m: 12:56.93	37.50	1450m: 17:56.69	37.15
	300m: 3:31.15	36.92	700m: 8:33.01	37.59	1100m: 13:34.59	37.66	1500m: 18:32.63	35.94
	350m: 4:08.69	37.54	750m: 9:10.71	37.70	1150m: 14:12.51	37.92		
	400m: 4:46.12	37.43	800m: 9:48.32	37.61	1200m: 14:49.36	36.85		
62.	Andre Botelho Azevedo	02			Nucleo Sportinguista Terceira	18:36.61	474	
	50m: 31.68	31.68	450m: 5:13.45	35.98	850m: 10:11.50	38.67	1250m: 15:25.32	39.84
	100m: 1:06.28	34.60	500m: 5:48.93	35.48	900m: 10:49.82	38.32	1300m: 16:04.01	38.69
	150m: 1:41.35	35.07	550m: 6:25.17	36.24	950m: 11:28.88	39.06	1350m: 16:43.44	39.43
	200m: 2:16.03	34.68	600m: 7:01.39	36.22	1000m: 12:08.30	39.42	1400m: 17:21.62	38.18
	250m: 2:51.14	35.11	650m: 7:38.65	37.26	1050m: 12:48.01	39.71	1450m: 18:01.38	39.76
	300m: 3:26.35	35.21	700m: 8:16.18	37.53	1100m: 13:26.53	38.52	1500m: 18:36.61	35.23
	350m: 4:01.88	35.53	750m: 8:54.39	38.21	1150m: 14:06.93	40.40		
	400m: 4:37.47	35.59	800m: 9:32.83	38.44	1200m: 14:45.48	38.55		
DNS	Joao Carvalho Diz	01			Nautico /Urgicentro-Sanfil			

Prova 8, Masc., 1500m Livres

Prova 8 Masc., 1500m Livres Juniores Resultados
30-03-2017

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Jun17	15:43.45	Guilherme Filipe Pina	POR	Singapore (SIN)	30-08-2015
Rec Nac Jun18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	07-07-2016

CMJ_Masc 15 - 18: 15:38.05 / CEJ_Masc 15 - 18: 15:56.90 / TAC 50m: 17:21.67 - 25m: 16:45.65

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Antonio Fernando Pinto <i>Minimo CEJ</i>	99			Lousada SXXI	15:56.84	754
	50m: 28.72 28.72	450m: 4:43.17	31.87	850m: 8:58.70	32.01	1250m: 13:16.54	32.18
	100m: 59.94 31.22	500m: 5:15.10	31.93	900m: 9:30.82	32.12	1300m: 13:49.01	32.47
	150m: 1:31.54 31.60	550m: 5:46.84	31.74	950m: 10:02.81	31.99	1350m: 14:21.53	32.52
	200m: 2:03.59 32.05	600m: 6:18.96	32.12	1000m: 10:34.85	32.04	1400m: 14:54.07	32.54
	250m: 2:35.40 31.81	650m: 6:51.00	32.04	1050m: 11:07.20	32.35	1450m: 15:26.09	32.02
	300m: 3:07.44 32.04	700m: 7:23.12	32.12	1100m: 11:39.88	32.68	1500m: 15:56.84	30.75
	350m: 3:39.33 31.89	750m: 7:54.72	31.60	1150m: 12:11.95	32.07		
	400m: 4:11.30 31.97	800m: 8:26.69	31.97	1200m: 12:44.36	32.41		
2.	Roberto Donald Gomes	00			Alges	15:57.17	753
	50m: 28.90 28.90	450m: 4:44.07	31.73	850m: 8:59.72	31.63	1250m: 13:17.09	32.11
	100m: 1:00.57 31.67	500m: 5:16.18	32.11	900m: 9:32.02	32.30	1300m: 13:49.63	32.54
	150m: 1:31.94 31.37	550m: 5:47.99	31.81	950m: 10:03.88	31.86	1350m: 14:22.18	32.55
	200m: 2:04.13 32.19	600m: 6:20.21	32.22	1000m: 10:36.21	32.33	1400m: 14:55.05	32.87
	250m: 2:35.98 31.85	650m: 6:51.92	31.71	1050m: 11:08.08	31.87	1450m: 15:27.66	32.61
	300m: 3:08.18 32.20	700m: 7:24.13	32.21	1100m: 11:40.57	32.49	1500m: 15:57.17	29.51
	350m: 3:40.04 31.86	750m: 7:55.73	31.60	1150m: 12:12.61	32.04		
	400m: 4:12.34 32.30	800m: 8:28.09	32.36	1200m: 12:44.98	32.37		
3.	Jose Paulo Lopes	00			Braga	16:07.32	730
	50m: 28.74 28.74	450m: 4:40.64	32.08	850m: 9:00.91	33.11	1250m: 13:27.55	33.88
	100m: 59.34 30.60	500m: 5:12.43	31.79	900m: 9:34.03	33.12	1300m: 14:01.29	33.74
	150m: 1:30.50 31.16	550m: 5:44.78	32.35	950m: 10:07.30	33.27	1350m: 14:34.66	33.37
	200m: 2:01.59 31.09	600m: 6:16.77	31.99	1000m: 10:40.42	33.12	1400m: 15:06.68	32.02
	250m: 2:33.28 31.69	650m: 6:49.40	32.63	1050m: 11:13.73	33.31	1450m: 15:38.07	31.39
	300m: 3:04.81 31.53	700m: 7:21.92	32.52	1100m: 11:46.96	33.23	1500m: 16:07.32	29.25
	350m: 3:36.81 32.00	750m: 7:54.79	32.87	1150m: 12:20.05	33.09		
	400m: 4:08.56 31.75	800m: 8:27.80	33.01	1200m: 12:53.67	33.62		
4.	Miguel Ribeiro Bate	99			Alges	16:08.00	728
	50m: 28.32 28.32	450m: 4:43.68	32.76	850m: 9:03.74	32.78	1250m: 13:26.77	32.64
	100m: 59.72 31.40	500m: 5:15.99	32.31	900m: 9:36.89	33.15	1300m: 13:59.97	33.20
	150m: 1:31.14 31.42	550m: 5:47.96	31.97	950m: 10:10.13	33.24	1350m: 14:32.80	32.83
	200m: 2:02.93 31.79	600m: 6:20.31	32.35	1000m: 10:43.10	32.97	1400m: 15:05.63	32.83
	250m: 2:34.87 31.94	650m: 6:52.57	32.26	1050m: 11:15.78	32.68	1450m: 15:37.97	32.34
	300m: 3:06.88 32.01	700m: 7:25.56	32.99	1100m: 11:48.52	32.74	1500m: 16:08.00	30.03
	350m: 3:38.76 31.88	750m: 7:58.06	32.50	1150m: 12:21.01	32.49		
	400m: 4:10.92 32.16	800m: 8:30.96	32.90	1200m: 12:54.13	33.12		
5.	Tiago Filipe Campos	99			Rio Maior	16:26.84	687
	50m: 28.29 28.29	450m: 4:45.89	32.86	850m: 9:15.33	34.08	1250m: 13:45.94	33.52
	100m: 59.53 31.24	500m: 5:19.00	33.11	900m: 9:49.82	34.49	1300m: 14:18.88	32.94
	150m: 1:31.58 32.05	550m: 5:52.08	33.08	950m: 10:24.48	34.66	1350m: 14:51.74	32.86
	200m: 2:03.68 32.10	600m: 6:25.68	33.60	1000m: 10:58.60	34.12	1400m: 15:24.55	32.81
	250m: 2:35.67 31.99	650m: 6:59.33	33.65	1050m: 11:32.79	34.19	1450m: 15:56.37	31.82
	300m: 3:08.01 32.34	700m: 7:33.21	33.88	1100m: 12:05.91	33.12	1500m: 16:26.84	30.47
	350m: 3:40.25 32.24	750m: 8:07.31	34.10	1150m: 12:39.31	33.40		
	400m: 4:13.03 32.78	800m: 8:41.25	33.94	1200m: 13:12.42	33.11		

Prova 8, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
6.	Filipe Miguel Santo	00			Benfica	16:30.98	679
	50m: 29.02 29.02	450m: 4:46.82	32.31	850m: 9:10.78	33.45	1250m: 13:41.86	33.64
	100m: 1:00.63 31.61	500m: 5:19.55	32.73	900m: 9:44.68	33.90	1300m: 14:15.62	33.76
	150m: 1:32.42 31.79	550m: 5:51.99	32.44	950m: 10:18.60	33.92	1350m: 14:49.72	34.10
	200m: 2:04.77 32.35	600m: 6:24.82	32.83	1000m: 10:52.46	33.86	1400m: 15:23.73	34.01
	250m: 2:36.96 32.19	650m: 6:57.52	32.70	1050m: 11:26.39	33.93	1450m: 15:57.71	33.98
	300m: 3:09.72 32.76	700m: 7:30.65	33.13	1100m: 12:00.34	33.95	1500m: 16:30.98	33.27
	350m: 3:42.00 32.28	750m: 8:03.81	33.16	1150m: 12:34.37	34.03		
	400m: 4:14.51 32.51	800m: 8:37.33	33.52	1200m: 13:08.22	33.85		
7.	Sergio Filipe Travanca	00			Fluvial Portuense	16:38.21	664
	50m: 29.94 29.94	450m: 4:53.15	33.40	850m: 9:18.62	33.69	1250m: 13:48.88	34.04
	100m: 1:02.37 32.43	500m: 5:26.22	33.07	900m: 9:52.01	33.39	1300m: 14:22.87	33.99
	150m: 1:35.34 32.97	550m: 5:59.73	33.51	950m: 10:25.64	33.63	1350m: 14:57.06	34.19
	200m: 2:07.75 32.41	600m: 6:32.83	33.10	1000m: 10:58.98	33.34	1400m: 15:30.98	33.92
	250m: 2:40.70 32.95	650m: 7:05.86	33.03	1050m: 11:32.93	33.95	1450m: 16:04.99	34.01
	300m: 3:13.49 32.79	700m: 7:38.75	32.89	1100m: 12:06.86	33.93	1500m: 16:38.21	33.22
	350m: 3:46.69 33.20	750m: 8:11.81	33.06	1150m: 12:41.07	34.21		
	400m: 4:19.75 33.06	800m: 8:44.93	33.12	1200m: 13:14.84	33.77		
8.	Diogo Barbosa Nunes	00			Fluvial Portuense	16:43.56	653
	50m: 29.31 29.31	450m: 4:51.61	32.77	850m: 9:20.05	33.61	1250m: 13:53.98	34.13
	100m: 1:01.42 32.11	500m: 5:24.76	33.15	900m: 9:54.16	34.11	1300m: 14:28.77	34.79
	150m: 1:33.90 32.48	550m: 5:57.83	33.07	950m: 10:28.26	34.10	1350m: 15:02.91	34.14
	200m: 2:06.92 33.02	600m: 6:31.15	33.32	1000m: 11:02.75	34.49	1400m: 15:37.51	34.60
	250m: 2:39.89 32.97	650m: 7:04.55	33.40	1050m: 11:36.88	34.13	1450m: 16:10.98	33.47
	300m: 3:12.82 32.93	700m: 7:38.21	33.66	1100m: 12:11.07	34.19	1500m: 16:43.56	32.58
	350m: 3:45.77 32.95	750m: 8:12.16	33.95	1150m: 12:45.07	34.00		
	400m: 4:18.84 33.07	800m: 8:46.44	34.28	1200m: 13:19.85	34.78		
9.	Sebastiao Mendes Gomes	00			Pimpoes/Cimai	16:45.64	649
	50m: 29.20 29.20	450m: 4:54.00	33.43	850m: 9:26.90	33.96	1250m: 14:02.04	34.42
	100m: 1:01.43 32.23	500m: 5:27.73	33.73	900m: 10:01.38	34.48	1300m: 14:36.51	34.47
	150m: 1:34.34 32.91	550m: 6:01.57	33.84	950m: 10:35.57	34.19	1350m: 15:10.23	33.72
	200m: 2:07.77 33.43	600m: 6:34.96	33.39	1000m: 11:09.22	33.65	1400m: 15:44.03	33.80
	250m: 2:40.54 32.77	650m: 7:09.43	34.47	1050m: 11:43.57	34.35	1450m: 16:15.42	31.39
	300m: 3:14.45 33.91	700m: 7:43.78	34.35	1100m: 12:19.24	35.67	1500m: 16:45.64	30.22
	350m: 3:47.67 33.22	750m: 8:19.13	35.35	1150m: 12:53.63	34.39		
	400m: 4:20.57 32.90	800m: 8:52.94	33.81	1200m: 13:27.62	33.99		
10.	Lucas Pereira Bastos	00			Nautico /Urgicentro-Sanfil	16:45.89	649
	50m: 28.48 28.48	450m: 4:50.01	32.93	850m: 9:21.57	33.92	1250m: 13:56.30	34.42
	100m: 1:00.05 31.57	500m: 5:23.41	33.40	900m: 9:56.10	34.53	1300m: 14:31.22	34.92
	150m: 1:32.12 32.07	550m: 5:56.47	33.06	950m: 10:30.24	34.14	1350m: 15:05.24	34.02
	200m: 2:04.91 32.79	600m: 6:30.53	34.06	1000m: 11:04.56	34.32	1400m: 15:39.93	34.69
	250m: 2:37.38 32.47	650m: 7:04.34	33.81	1050m: 11:38.91	34.35	1450m: 16:13.22	33.29
	300m: 3:10.59 33.21	700m: 7:38.93	34.59	1100m: 12:12.96	34.05	1500m: 16:45.89	32.67
	350m: 3:43.53 32.94	750m: 8:13.01	34.08	1150m: 12:47.07	34.11		
	400m: 4:17.08 33.55	800m: 8:47.65	34.64	1200m: 13:21.88	34.81		
11.	Joao Pedro Teixeira	99			Academico Viseu	16:48.06	645
	50m: 29.23 29.23	450m: 4:56.56	33.72	850m: 9:28.33	33.92	1250m: 14:00.98	34.12
	100m: 1:01.66 32.43	500m: 5:30.67	34.11	900m: 10:02.31	33.98	1300m: 14:35.04	34.06
	150m: 1:34.74 33.08	550m: 6:04.75	34.08	950m: 10:36.37	34.06	1350m: 15:08.87	33.83
	200m: 2:08.22 33.48	600m: 6:38.70	33.95	1000m: 11:10.47	34.10	1400m: 15:42.54	33.67
	250m: 2:41.62 33.40	650m: 7:12.65	33.95	1050m: 11:44.56	34.09	1450m: 16:15.93	33.39
	300m: 3:15.44 33.82	700m: 7:46.62	33.97	1100m: 12:18.79	34.23	1500m: 16:48.06	32.13
	350m: 3:48.98 33.54	750m: 8:20.47	33.85	1150m: 12:53.08	34.29		
	400m: 4:22.84 33.86	800m: 8:54.41	33.94	1200m: 13:26.86	33.78		

Prova 8, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
12.	Miguel Caridade Gaspar	99			Academica de Coimbra	17:01.14	620
	50m: 31.01 31.01	450m: 5:05.17	34.08	850m: 9:39.04	34.47	1250m: 14:12.37	34.29
	100m: 1:05.15 34.14	500m: 5:39.47	34.30	900m: 10:13.00	33.96	1300m: 14:46.68	34.31
	150m: 1:39.48 34.33	550m: 6:13.65	34.18	950m: 10:46.96	33.96	1350m: 15:21.01	34.33
	200m: 2:13.71 34.23	600m: 6:47.71	34.06	1000m: 11:21.32	34.36	1400m: 15:54.98	33.97
	250m: 2:48.22 34.51	650m: 7:21.94	34.23	1050m: 11:55.43	34.11	1450m: 16:28.59	33.61
	300m: 3:22.43 34.21	700m: 7:56.20	34.26	1100m: 12:29.90	34.47	1500m: 17:01.14	32.55
	350m: 3:56.72 34.29	750m: 8:30.47	34.27	1150m: 13:03.94	34.04		
	400m: 4:31.09 34.37	800m: 9:04.57	34.10	1200m: 13:38.08	34.14		
13.	Tiago Andre Carvalho	99			Academica de Coimbra	17:04.57	614
	50m: 30.29 30.29	450m: 5:03.27	34.68	850m: 9:39.25	34.21	1250m: 14:15.96	34.75
	100m: 1:03.14 32.85	500m: 5:37.65	34.38	900m: 10:13.50	34.25	1300m: 14:50.54	34.58
	150m: 1:37.12 33.98	550m: 6:12.26	34.61	950m: 10:48.51	35.01	1350m: 15:24.88	34.34
	200m: 2:10.95 33.83	600m: 6:46.80	34.54	1000m: 11:23.23	34.72	1400m: 15:59.36	34.48
	250m: 2:45.40 34.45	650m: 7:21.34	34.54	1050m: 11:57.33	34.10	1450m: 16:33.14	33.78
	300m: 3:19.82 34.42	700m: 7:55.64	34.30	1100m: 12:31.62	34.29	1500m: 17:04.57	31.43
	350m: 3:54.39 34.57	750m: 8:30.46	34.82	1150m: 13:06.31	34.69		
	400m: 4:28.59 34.20	800m: 9:05.04	34.58	1200m: 13:41.21	34.90		
	Rui Jorge Matias	99			Vilacondense	17:04.57	614
	50m: 30.14 30.14	450m: 5:03.73	34.49	850m: 9:38.71	34.10	1250m: 14:16.15	34.06
	100m: 1:03.14 33.00	500m: 5:38.35	34.62	900m: 10:13.68	34.97	1300m: 14:51.22	35.07
	150m: 1:36.97 33.83	550m: 6:12.60	34.25	950m: 10:48.24	34.56	1350m: 15:25.11	33.89
	200m: 2:11.37 34.40	600m: 6:47.06	34.46	1000m: 11:23.00	34.76	1400m: 16:00.22	35.11
	250m: 2:45.21 33.84	650m: 7:21.64	34.58	1050m: 11:57.28	34.28	1450m: 16:34.01	33.79
	300m: 3:19.67 34.46	700m: 7:55.80	34.16	1100m: 12:32.28	35.00	1500m: 17:04.57	30.56
	350m: 3:54.30 34.63	750m: 8:30.06	34.26	1150m: 13:06.70	34.42		
	400m: 4:29.24 34.94	800m: 9:04.61	34.55	1200m: 13:42.09	35.39		
15.	Diogo Moreno Bastos	00			Fluvial Portuense	17:08.91	606
	50m: 29.76 29.76	450m: 5:03.54	34.67	850m: 9:42.25	34.59	1250m: 14:20.20	34.50
	100m: 1:02.95 33.19	500m: 5:38.47	34.93	900m: 10:16.98	34.73	1300m: 14:54.80	34.60
	150m: 1:36.23 33.28	550m: 6:13.14	34.67	950m: 10:52.09	35.11	1350m: 15:28.96	34.16
	200m: 2:10.31 34.08	600m: 6:47.87	34.73	1000m: 11:27.29	35.20	1400m: 16:03.94	34.98
	250m: 2:44.26 33.95	650m: 7:22.83	34.96	1050m: 12:02.03	34.74	1450m: 16:37.79	33.85
	300m: 3:19.10 34.84	700m: 7:57.66	34.83	1100m: 12:36.36	34.33	1500m: 17:08.91	31.12
	350m: 3:53.56 34.46	750m: 8:32.25	34.59	1150m: 13:10.74	34.38		
	400m: 4:28.87 35.31	800m: 9:07.66	35.41	1200m: 13:45.70	34.96		
16.	Nuno Correia Sousa	00			Fluvial Portuense	17:11.63	601
	50m: 29.83 29.83	450m: 5:01.12	34.48	850m: 9:39.68	34.69	1250m: 14:20.16	34.96
	100m: 1:02.69 32.86	500m: 5:35.54	34.42	900m: 10:14.46	34.78	1300m: 14:55.13	34.97
	150m: 1:36.18 33.49	550m: 6:10.70	35.16	950m: 10:49.79	35.33	1350m: 15:29.69	34.56
	200m: 2:10.01 33.83	600m: 6:45.45	34.75	1000m: 11:24.88	35.09	1400m: 16:04.55	34.86
	250m: 2:43.86 33.85	650m: 7:20.72	35.27	1050m: 12:00.01	35.13	1450m: 16:38.78	34.23
	300m: 3:18.00 34.14	700m: 7:55.58	34.86	1100m: 12:35.30	35.29	1500m: 17:11.63	32.85
	350m: 3:52.27 34.27	750m: 8:30.57	34.99	1150m: 13:10.37	35.07		
	400m: 4:26.64 34.37	800m: 9:04.99	34.42	1200m: 13:45.20	34.83		
17.	Bernardo Marques Goncalves00				Galitos / Bresimar	17:12.84	599
	50m: 29.47 29.47	450m: 4:57.96	34.13	850m: 9:35.75	34.91	1250m: 14:18.12	35.50
	100m: 1:01.86 32.39	500m: 5:32.03	34.07	900m: 10:10.46	34.71	1300m: 14:53.45	35.33
	150m: 1:34.89 33.03	550m: 6:06.46	34.43	950m: 10:45.72	35.26	1350m: 15:28.71	35.26
	200m: 2:08.48 33.59	600m: 6:41.20	34.74	1000m: 11:21.05	35.33	1400m: 16:03.64	34.93
	250m: 2:41.87 33.39	650m: 7:15.97	34.77	1050m: 11:56.59	35.54	1450m: 16:38.86	35.22
	300m: 3:15.71 33.84	700m: 7:51.24	35.27	1100m: 12:31.85	35.26	1500m: 17:12.84	33.98
	350m: 3:49.39 33.68	750m: 8:25.90	34.66	1150m: 13:07.08	35.23		
	400m: 4:23.83 34.44	800m: 9:00.84	34.94	1200m: 13:42.62	35.54		

Prova 8, Masc., 1500m Livres, Juniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
18.	Pedro Barata Neves	00			Laranjeiro	17:22.60	583
	50m: 30.84 30.84	450m: 5:09.44	35.04	850m: 9:51.09	35.26	1250m: 14:31.96	34.83
	100m: 1:05.03 34.19	500m: 5:44.34	34.90	900m: 10:26.43	35.34	1300m: 15:06.53	34.57
	150m: 1:39.58 34.55	550m: 6:19.19	34.85	950m: 11:01.34	34.91	1350m: 15:41.19	34.66
	200m: 2:14.54 34.96	600m: 6:53.94	34.75	1000m: 11:36.26	34.92	1400m: 16:16.33	35.14
	250m: 2:49.32 34.78	650m: 7:29.19	35.25	1050m: 12:11.88	35.62	1450m: 16:50.55	34.22
	300m: 3:24.40 35.08	700m: 8:04.54	35.35	1100m: 12:47.46	35.58	1500m: 17:22.60	32.05
	350m: 3:59.56 35.16	750m: 8:40.36	35.82	1150m: 13:22.36	34.90		
	400m: 4:34.40 34.84	800m: 9:15.83	35.47	1200m: 13:57.13	34.77		

Prova 8 Masc., 1500m Livres Juvenis A Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	23-07-2009

CMJ_Masc 15 - 18: 15:38.05 / CEJ_Masc 15 - 18: 15:56.90 / FOJE_Masc Juv: 16:25.61 / TAC 50m: 17:57.90 - 25m: 17:29.72

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Diogo Santos Cardoso <i>Minimo FOJE</i>	01			Colegio Monte Maior	16:12.55	718
	50m: 29.89 29.89	450m: 4:51.65	32.92	850m: 9:14.35	32.52	1250m: 13:33.91	32.73
	100m: 1:02.05 32.16	500m: 5:24.92	33.27	900m: 9:46.75	32.40	1300m: 14:06.25	32.34
	150m: 1:34.54 32.49	550m: 5:58.16	33.24	950m: 10:19.31	32.56	1350m: 14:38.50	32.25
	200m: 2:07.19 32.65	600m: 6:31.15	32.99	1000m: 10:51.56	32.25	1400m: 15:10.74	32.24
	250m: 2:40.05 32.86	650m: 7:03.81	32.66	1050m: 11:23.94	32.38	1450m: 15:42.21	31.47
	300m: 3:12.88 32.83	700m: 7:36.47	32.66	1100m: 11:56.08	32.14	1500m: 16:12.55	30.34
	350m: 3:45.70 32.82	750m: 8:09.39	32.92	1150m: 12:28.68	32.60		
	400m: 4:18.73 33.03	800m: 8:41.83	32.44	1200m: 13:01.18	32.50		
2.	Duarte Miguel Jorge <i>Minimo FOJE</i>	01			Galitos / Bresimar	16:21.48	698
	50m: 29.88 29.88	450m: 4:50.41	32.73	850m: 9:12.85	32.59	1250m: 13:35.64	33.19
	100m: 1:01.76 31.88	500m: 5:23.34	32.93	900m: 9:45.53	32.68	1300m: 14:08.98	33.34
	150m: 1:33.63 31.87	550m: 5:56.24	32.90	950m: 10:18.27	32.74	1350m: 14:42.74	33.76
	200m: 2:06.54 32.91	600m: 6:28.99	32.75	1000m: 10:51.02	32.75	1400m: 15:16.29	33.55
	250m: 2:39.12 32.58	650m: 7:02.07	33.08	1050m: 11:23.81	32.79	1450m: 15:49.80	33.51
	300m: 3:11.99 32.87	700m: 7:34.90	32.83	1100m: 11:56.64	32.83	1500m: 16:21.48	31.68
	350m: 3:44.66 32.67	750m: 8:07.45	32.55	1150m: 12:29.40	32.76		
	400m: 4:17.68 33.02	800m: 8:40.26	32.81	1200m: 13:02.45	33.05		
3.	Diogo Coelho Jose	01			Columbofila Cantanhedense	16:34.98	670
	50m: 30.09 30.09	450m: 4:50.17	32.89	850m: 9:15.66	33.47	1250m: 13:46.65	34.53
	100m: 1:02.44 32.35	500m: 5:23.03	32.86	900m: 9:49.16	33.50	1300m: 14:20.64	33.99
	150m: 1:34.64 32.20	550m: 5:56.20	33.17	950m: 10:22.92	33.76	1350m: 14:54.85	34.21
	200m: 2:07.04 32.40	600m: 6:29.23	33.03	1000m: 10:56.53	33.61	1400m: 15:28.83	33.98
	250m: 2:39.55 32.51	650m: 7:02.58	33.35	1050m: 11:30.68	34.15	1450m: 16:02.50	33.67
	300m: 3:11.87 32.32	700m: 7:35.56	32.98	1100m: 12:04.24	33.56	1500m: 16:34.98	32.48
	350m: 3:44.46 32.59	750m: 8:08.97	33.41	1150m: 12:38.12	33.88		
	400m: 4:17.28 32.82	800m: 8:42.19	33.22	1200m: 13:12.12	34.00		

Prova 8, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
4.	David Matias Cristino	01			Uniao Piedense	16:55.01	631
	50m: 28.92 28.92	450m: 4:55.86	34.09	850m: 9:30.12	34.41	1250m: 14:05.77	34.58
	100m: 1:00.80 31.88	500m: 5:30.15	34.29	900m: 10:04.17	34.05	1300m: 14:39.93	34.16
	150m: 1:33.69 32.89	550m: 6:04.64	34.49	950m: 10:38.65	34.48	1350m: 15:14.36	34.43
	200m: 2:06.84 33.15	600m: 6:38.81	34.17	1000m: 11:13.41	34.76	1400m: 15:48.48	34.12
	250m: 2:40.30 33.46	650m: 7:12.92	34.11	1050m: 11:47.91	34.50	1450m: 16:22.65	34.17
	300m: 3:13.94 33.64	700m: 7:47.10	34.18	1100m: 12:22.67	34.76	1500m: 16:55.01	32.36
	350m: 3:47.80 33.86	750m: 8:21.22	34.12	1150m: 12:56.78	34.11		
	400m: 4:21.77 33.97	800m: 8:55.71	34.49	1200m: 13:31.19	34.41		
5.	Pedro Miguel Santos	01			Porto	17:00.01	622
	50m: 30.20 30.20	450m: 4:53.50	33.45	850m: 9:27.32	34.57	1250m: 14:05.21	34.79
	100m: 1:02.69 32.49	500m: 5:27.13	33.63	900m: 10:02.08	34.76	1300m: 14:39.96	34.75
	150m: 1:35.02 32.33	550m: 6:00.81	33.68	950m: 10:36.67	34.59	1350m: 15:15.02	35.06
	200m: 2:07.79 32.77	600m: 6:34.88	34.07	1000m: 11:11.44	34.77	1400m: 15:49.88	34.86
	250m: 2:40.81 33.02	650m: 7:09.06	34.18	1050m: 11:46.11	34.67	1450m: 16:25.12	35.24
	300m: 3:13.76 32.95	700m: 7:43.63	34.57	1100m: 12:20.78	34.67	1500m: 17:00.01	34.89
	350m: 3:47.13 33.37	750m: 8:18.41	34.78	1150m: 12:55.72	34.94		
	400m: 4:20.05 32.92	800m: 8:52.75	34.34	1200m: 13:30.42	34.70		
6.	Rui Miguel Pires	01			Nautico Marinha Grande	17:13.50	598
	50m: 29.65 29.65	450m: 5:02.76	34.79	850m: 9:42.24	34.89	1250m: 14:21.68	34.76
	100m: 1:02.23 32.58	500m: 5:37.46	34.70	900m: 10:17.23	34.99	1300m: 14:56.62	34.94
	150m: 1:36.32 34.09	550m: 6:12.46	35.00	950m: 10:52.29	35.06	1350m: 15:31.54	34.92
	200m: 2:10.22 33.90	600m: 6:47.48	35.02	1000m: 11:26.95	34.66	1400m: 16:06.05	34.51
	250m: 2:44.95 34.73	650m: 7:22.59	35.11	1050m: 12:02.31	35.36	1450m: 16:40.37	34.32
	300m: 3:19.23 34.28	700m: 7:57.27	34.68	1100m: 12:37.03	34.72	1500m: 17:13.50	33.13
	350m: 3:53.86 34.63	750m: 8:32.47	35.20	1150m: 13:11.92	34.89		
	400m: 4:27.97 34.11	800m: 9:07.35	34.88	1200m: 13:46.92	35.00		
7.	Jose Maria Pereira	01			Sporting	17:21.48	584
	50m: 30.65 30.65	450m: 5:07.29	34.85	850m: 9:46.42	35.15	1250m: 14:28.31	35.14
	100m: 1:04.17 33.52	500m: 5:41.99	34.70	900m: 10:21.64	35.22	1300m: 15:03.41	35.10
	150m: 1:38.50 34.33	550m: 6:16.75	34.76	950m: 10:56.84	35.20	1350m: 15:38.41	35.00
	200m: 2:13.10 34.60	600m: 6:51.46	34.71	1000m: 11:32.00	35.16	1400m: 16:13.55	35.14
	250m: 2:47.73 34.63	650m: 7:26.43	34.97	1050m: 12:07.19	35.19	1450m: 16:48.31	34.76
	300m: 3:22.67 34.94	700m: 8:01.50	35.07	1100m: 12:42.62	35.43	1500m: 17:21.48	33.17
	350m: 3:57.58 34.91	750m: 8:36.28	34.78	1150m: 13:17.95	35.33		
	400m: 4:32.44 34.86	800m: 9:11.27	34.99	1200m: 13:53.17	35.22		
8.	Tiago Mendonca Freire	01			Leixoes	17:27.65	574
	50m: 30.67 30.67	450m: 5:09.77	35.35	850m: 9:51.09	35.05	1250m: 14:32.44	35.30
	100m: 1:04.39 33.72	500m: 5:45.02	35.25	900m: 10:26.13	35.04	1300m: 15:07.90	35.46
	150m: 1:38.71 34.32	550m: 6:20.12	35.10	950m: 11:01.22	35.09	1350m: 15:43.17	35.27
	200m: 2:13.60 34.89	600m: 6:55.40	35.28	1000m: 11:36.35	35.13	1400m: 16:18.61	35.44
	250m: 2:48.71 35.11	650m: 7:30.66	35.26	1050m: 12:11.85	35.50	1450m: 16:53.35	34.74
	300m: 3:23.98 35.27	700m: 8:05.72	35.06	1100m: 12:47.02	35.17	1500m: 17:27.65	34.30
	350m: 3:59.14 35.16	750m: 8:40.81	35.09	1150m: 13:22.16	35.14		
	400m: 4:34.42 35.28	800m: 9:16.04	35.23	1200m: 13:57.14	34.98		
9.	David Joao Tinoco	01			Columbofila Cantanhedense	17:32.61	566
	50m: 31.47 31.47	450m: 5:09.66	35.12	850m: 9:50.79	35.14	1250m: 14:35.00	35.89
	100m: 1:05.45 33.98	500m: 5:44.72	35.06	900m: 10:25.97	35.18	1300m: 15:10.80	35.80
	150m: 1:40.02 34.57	550m: 6:19.86	35.14	950m: 11:01.18	35.21	1350m: 15:46.68	35.88
	200m: 2:14.66 34.64	600m: 6:54.75	34.89	1000m: 11:36.48	35.30	1400m: 16:22.14	35.46
	250m: 2:49.62 34.96	650m: 7:30.20	35.45	1050m: 12:12.06	35.58	1450m: 16:58.00	35.86
	300m: 3:24.42 34.80	700m: 8:05.20	35.00	1100m: 12:47.59	35.53	1500m: 17:32.61	34.61
	350m: 3:59.39 34.97	750m: 8:40.36	35.16	1150m: 13:23.52	35.93		
	400m: 4:34.54 35.15	800m: 9:15.65	35.29	1200m: 13:59.11	35.59		

Prova 8, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
10.	Tomas Antonio Silva	01			Naval do Funchal	17:35.19	562
	50m: 30.67 30.67	450m: 5:09.10	34.73	850m: 9:51.40	35.48	1250m: 14:37.26	36.08
	100m: 1:04.63 33.96	500m: 5:44.49	35.39	900m: 10:27.18	35.78	1300m: 15:13.25	35.99
	150m: 1:39.48 34.85	550m: 6:19.56	35.07	950m: 11:02.74	35.56	1350m: 15:48.64	35.39
	200m: 2:14.15 34.67	600m: 6:55.18	35.62	1000m: 11:38.22	35.48	1400m: 16:24.73	36.09
	250m: 2:49.04 34.89	650m: 7:30.39	35.21	1050m: 12:13.93	35.71	1450m: 17:00.32	35.59
	300m: 3:23.92 34.88	700m: 8:05.92	35.53	1100m: 12:49.75	35.82	1500m: 17:35.19	34.87
	350m: 3:59.09 35.17	750m: 8:40.36	34.44	1150m: 13:25.32	35.57		
	400m: 4:34.37 35.28	800m: 9:15.92	35.56	1200m: 14:01.18	35.86		
11.	Francisco Sousa Silva	01			Alcobaca	17:36.65	560
	50m: 31.01 31.01	450m: 5:08.28	34.95	850m: 9:52.42	35.69	1250m: 14:39.96	35.60
	100m: 1:04.70 33.69	500m: 5:43.65	35.37	900m: 10:28.30	35.88	1300m: 15:16.16	36.20
	150m: 1:39.52 34.82	550m: 6:18.80	35.15	950m: 11:04.31	36.01	1350m: 15:52.03	35.87
	200m: 2:14.50 34.98	600m: 6:54.20	35.40	1000m: 11:40.32	36.01	1400m: 16:27.78	35.75
	250m: 2:49.52 35.02	650m: 7:29.58	35.38	1050m: 12:16.15	35.83	1450m: 17:02.90	35.12
	300m: 3:24.25 34.73	700m: 8:05.00	35.42	1100m: 12:52.35	36.20	1500m: 17:36.65	33.75
	350m: 3:58.72 34.47	750m: 8:40.81	35.81	1150m: 13:28.11	35.76		
	400m: 4:33.33 34.61	800m: 9:16.73	35.92	1200m: 14:04.36	36.25		
12.	Afonso Varelas Silva	01			Nautico Marinha Grande	17:45.58	546
	50m: 31.82 31.82	450m: 5:14.25	35.98	850m: 10:00.30	35.67	1250m: 14:47.52	35.97
	100m: 1:06.34 34.52	500m: 5:49.52	35.27	900m: 10:36.22	35.92	1300m: 15:23.22	35.70
	150m: 1:41.73 35.39	550m: 6:25.27	35.75	950m: 11:12.22	36.00	1350m: 15:59.38	36.16
	200m: 2:16.66 34.93	600m: 7:01.09	35.82	1000m: 11:48.39	36.17	1400m: 16:34.83	35.45
	250m: 2:52.09 35.43	650m: 7:36.78	35.69	1050m: 12:24.44	36.05	1450m: 17:10.75	35.92
	300m: 3:27.16 35.07	700m: 8:12.76	35.98	1100m: 12:59.70	35.26	1500m: 17:45.58	34.83
	350m: 4:02.90 35.74	750m: 8:48.83	36.07	1150m: 13:35.03	35.33		
	400m: 4:38.27 35.37	800m: 9:24.63	35.80	1200m: 14:11.55	36.52		
13.	Joao Antonio Simoes	01			Torres Novas	17:53.51	534
	50m: 31.50 31.50	450m: 5:15.29	35.52	850m: 10:02.93	36.08	1250m: 14:54.39	36.70
	100m: 1:06.43 34.93	500m: 5:51.16	35.87	900m: 10:39.53	36.60	1300m: 15:31.25	36.86
	150m: 1:41.61 35.18	550m: 6:26.96	35.80	950m: 11:15.63	36.10	1350m: 16:07.21	35.96
	200m: 2:17.11 35.50	600m: 7:02.92	35.96	1000m: 11:52.17	36.54	1400m: 16:43.33	36.12
	250m: 2:52.48 35.37	650m: 7:38.77	35.85	1050m: 12:28.52	36.35	1450m: 17:18.73	35.40
	300m: 3:28.14 35.66	700m: 8:14.57	35.80	1100m: 13:05.05	36.53	1500m: 17:53.51	34.78
	350m: 4:03.75 35.61	750m: 8:50.50	35.93	1150m: 13:41.37	36.32		
	400m: 4:39.77 36.02	800m: 9:26.85	36.35	1200m: 14:17.69	36.32		
14.	Joao Mano Costa	01			Braga	17:53.86	533
	50m: 30.69 30.69	450m: 5:11.66	35.60	850m: 10:01.95	36.21	1250m: 14:52.37	36.67
	100m: 1:04.45 33.76	500m: 5:47.13	35.47	900m: 10:38.04	36.09	1300m: 15:28.90	36.53
	150m: 1:39.74 35.29	550m: 6:23.07	35.94	950m: 11:14.56	36.52	1350m: 16:05.56	36.66
	200m: 2:14.77 35.03	600m: 6:59.57	36.50	1000m: 11:50.50	35.94	1400m: 16:41.80	36.24
	250m: 2:49.91 35.14	650m: 7:35.78	36.21	1050m: 12:26.35	35.85	1450m: 17:18.27	36.47
	300m: 3:25.41 35.50	700m: 8:12.68	36.90	1100m: 13:02.76	36.41	1500m: 17:53.86	35.59
	350m: 4:00.48 35.07	750m: 8:49.38	36.70	1150m: 13:39.24	36.48		
	400m: 4:36.06 35.58	800m: 9:25.74	36.36	1200m: 14:15.70	36.46		
15.	Miguel Sanches Lopes	01			Academico Viseu	18:04.06	518
	50m: 31.25 31.25	450m: 5:14.19	35.93	850m: 10:07.46	36.60	1250m: 15:01.05	36.54
	100m: 1:05.97 34.72	500m: 5:49.93	35.74	900m: 10:43.85	36.39	1300m: 15:38.11	37.06
	150m: 1:41.30 35.33	550m: 6:26.46	36.53	950m: 11:20.74	36.89	1350m: 16:15.94	37.83
	200m: 2:16.50 35.20	600m: 7:03.22	36.76	1000m: 11:57.30	36.56	1400m: 16:52.53	36.59
	250m: 2:52.07 35.57	650m: 7:40.19	36.97	1050m: 12:34.03	36.73	1450m: 17:28.72	36.19
	300m: 3:27.28 35.21	700m: 8:17.40	37.21	1100m: 13:10.63	36.60	1500m: 18:04.06	35.34
	350m: 4:02.87 35.59	750m: 8:54.14	36.74	1150m: 13:47.35	36.72		
	400m: 4:38.26 35.39	800m: 9:30.86	36.72	1200m: 14:24.51	37.16		

Prova 8, Masc., 1500m Livres, Juvenis A

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
16.	Diogo Alexandre Casteleiro	01			Sporting	18:04.07	518	
	50m: 32.47	32.47	450m: 5:22.53	36.46	850m: 10:16.23	36.02	1250m: 15:07.33	36.39
	100m: 1:08.02	35.55	500m: 5:59.62	37.09	900m: 10:52.28	36.05	1300m: 15:44.40	37.07
	150m: 1:43.77	35.75	550m: 6:35.90	36.28	950m: 11:28.23	35.95	1350m: 16:20.15	35.75
	200m: 2:20.00	36.23	600m: 7:13.31	37.41	1000m: 12:04.66	36.43	1400m: 16:56.07	35.92
	250m: 2:56.06	36.06	650m: 7:49.90	36.59	1050m: 12:41.20	36.54	1450m: 17:31.35	35.28
	300m: 3:32.41	36.35	700m: 8:26.94	37.04	1100m: 13:17.66	36.46	1500m: 18:04.07	32.72
	350m: 4:09.07	36.66	750m: 9:03.40	36.46	1150m: 13:54.07	36.41		
	400m: 4:46.07	37.00	800m: 9:40.21	36.81	1200m: 14:30.94	36.87		
17.	Joao Leite Saraiva	01			Famalicao	18:04.24	518	
	50m: 31.85	31.85	450m: 5:16.98	35.27	850m: 10:06.31	36.19	1250m: 15:01.96	37.08
	100m: 1:06.93	35.08	500m: 5:53.42	36.44	900m: 10:43.37	37.06	1300m: 15:38.97	37.01
	150m: 1:42.50	35.57	550m: 6:28.92	35.50	950m: 11:19.83	36.46	1350m: 16:15.38	36.41
	200m: 2:18.38	35.88	600m: 7:05.28	36.36	1000m: 11:56.86	37.03	1400m: 16:52.36	36.98
	250m: 2:53.85	35.47	650m: 7:40.81	35.53	1050m: 12:32.92	36.06	1450m: 17:28.47	36.11
	300m: 3:29.89	36.04	700m: 8:17.56	36.75	1100m: 13:10.34	37.42	1500m: 18:04.24	35.77
	350m: 4:05.42	35.53	750m: 8:53.34	35.78	1150m: 13:47.10	36.76		
	400m: 4:41.71	36.29	800m: 9:30.12	36.78	1200m: 14:24.88	37.78		
18.	Ricardo Jorge Moreira	01			Natacao de Valongo	18:32.63	479	
	50m: 30.89	30.89	450m: 5:24.22	38.10	850m: 10:26.38	38.06	1250m: 15:27.20	37.84
	100m: 1:05.57	34.68	500m: 6:01.67	37.45	900m: 11:03.80	37.42	1300m: 16:04.58	37.38
	150m: 1:41.36	35.79	550m: 6:39.52	37.85	950m: 11:41.98	38.18	1350m: 16:42.31	37.73
	200m: 2:17.61	36.25	600m: 7:17.26	37.74	1000m: 12:19.43	37.45	1400m: 17:19.54	37.23
	250m: 2:54.23	36.62	650m: 7:55.42	38.16	1050m: 12:56.93	37.50	1450m: 17:56.69	37.15
	300m: 3:31.15	36.92	700m: 8:33.01	37.59	1100m: 13:34.59	37.66	1500m: 18:32.63	35.94
	350m: 4:08.69	37.54	750m: 9:10.71	37.70	1150m: 14:12.51	37.92		
	400m: 4:46.12	37.43	800m: 9:48.32	37.61	1200m: 14:49.36	36.85		
DNS	Joao Carvalho Diz	01			Nautico /Urgicentro-Sanfil			

Prova 8 Masc., 1500m Livres Juvenis B
30-03-2017 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:30.45	Duarte Miguel Jorge	CGA	Oeiras	21-07-2016

CMJ_Masc 15 - 18: 15:38.05 / CEJ_Masc 15 - 18: 15:56.90 / FOJE_Masc Juv: 16:25.61 / TAC 50m: 18:11.39 - 25m: 17:37.42

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
1.	Samson Silva Costa	02			Fluvial Portuense	17:18.68	589	
	50m: 30.39	30.39	450m: 5:09.25	35.07	850m: 9:49.18	34.83	1250m: 14:29.46	34.82
	100m: 1:04.63	34.24	500m: 5:44.53	35.28	900m: 10:24.50	35.32	1300m: 15:04.48	35.02
	150m: 1:39.60	34.97	550m: 6:19.33	34.80	950m: 10:59.32	34.82	1350m: 15:38.93	34.45
	200m: 2:14.46	34.86	600m: 6:54.77	35.44	1000m: 11:34.51	35.19	1400m: 16:13.52	34.59
	250m: 2:49.19	34.73	650m: 7:29.53	34.76	1050m: 12:09.37	34.86	1450m: 16:47.06	33.54
	300m: 3:24.30	35.11	700m: 8:04.77	35.24	1100m: 12:44.53	35.16	1500m: 17:18.68	31.62
	350m: 3:59.01	34.71	750m: 8:39.50	34.73	1150m: 13:19.16	34.63		
	400m: 4:34.18	35.17	800m: 9:14.35	34.85	1200m: 13:54.64	35.48		
2.	Ivan Emanuel Amorim	02			Fluvial Portuense	17:21.51	584	
	50m: 30.67	30.67	450m: 5:09.26	34.83	850m: 9:48.02	35.01	1250m: 14:29.14	35.15
	100m: 1:04.84	34.17	500m: 5:44.22	34.96	900m: 10:23.27	35.25	1300m: 15:04.53	35.39
	150m: 1:39.20	34.36	550m: 6:18.81	34.59	950m: 10:57.97	34.70	1350m: 15:39.28	34.75
	200m: 2:14.14	34.94	600m: 6:53.64	34.83	1000m: 11:33.16	35.19	1400m: 16:14.63	35.35
	250m: 2:49.18	35.04	650m: 7:28.54	34.90	1050m: 12:08.21	35.05	1450m: 16:49.17	34.54
	300m: 3:24.30	35.12	700m: 8:03.36	34.82	1100m: 12:43.58	35.37	1500m: 17:21.51	32.34
	350m: 3:59.16	34.86	750m: 8:38.23	34.87	1150m: 13:18.65	35.07		
	400m: 4:34.43	35.27	800m: 9:13.01	34.78	1200m: 13:53.99	35.34		

Prova 8, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
3.	Hugo Miguel Viegas	02			Natacao Olhao	17:21.79	584	
	50m: 31.27	31.27	450m: 5:09.52	35.25	850m: 9:49.32	35.31	1250m: 14:29.89	35.46
	100m: 1:05.12	33.85	500m: 5:44.03	34.51	900m: 10:24.16	34.84	1300m: 15:04.83	34.94
	150m: 1:40.04	34.92	550m: 6:18.88	34.85	950m: 10:59.40	35.24	1350m: 15:40.12	35.29
	200m: 2:14.72	34.68	600m: 6:53.78	34.90	1000m: 11:34.35	34.95	1400m: 16:14.81	34.69
	250m: 2:49.63	34.91	650m: 7:29.02	35.24	1050m: 12:09.60	35.25	1450m: 16:49.13	34.32
	300m: 3:24.35	34.72	700m: 8:03.76	34.74	1100m: 12:44.45	34.85	1500m: 17:21.79	32.66
	350m: 3:59.38	35.03	750m: 8:39.12	35.36	1150m: 13:19.70	35.25		
	400m: 4:34.27	34.89	800m: 9:14.01	34.89	1200m: 13:54.43	34.73		
4.	Bernardo Cardetas Cardoso	02			Columbofila Cantanhedense	17:33.24	565	
	50m: 30.86	30.86	450m: 5:08.38	35.37	850m: 9:53.07	35.83	1250m: 14:37.25	35.26
	100m: 1:04.43	33.57	500m: 5:44.35	35.97	900m: 10:28.55	35.48	1300m: 15:12.91	35.66
	150m: 1:38.45	34.02	550m: 6:19.53	35.18	950m: 11:03.79	35.24	1350m: 15:48.28	35.37
	200m: 2:13.00	34.55	600m: 6:55.11	35.58	1000m: 11:39.68	35.89	1400m: 16:23.87	35.59
	250m: 2:47.70	34.70	650m: 7:30.52	35.41	1050m: 12:15.24	35.56	1450m: 16:58.84	34.97
	300m: 3:22.64	34.94	700m: 8:05.95	35.43	1100m: 12:50.78	35.54	1500m: 17:33.24	34.40
	350m: 3:57.75	35.11	750m: 8:41.39	35.44	1150m: 13:25.92	35.14		
	400m: 4:33.01	35.26	800m: 9:17.24	35.85	1200m: 14:01.99	36.07		
5.	Bernardo Jorge Simoes	02			Torres Novas	17:40.79	553	
	50m: 32.12	32.12	450m: 5:13.44	34.68	850m: 9:57.79	35.42	1250m: 14:43.58	35.82
	100m: 1:06.26	34.14	500m: 5:48.87	35.43	900m: 10:33.48	35.69	1300m: 15:19.77	36.19
	150m: 1:41.58	35.32	550m: 6:24.56	35.69	950m: 11:09.03	35.55	1350m: 15:55.50	35.73
	200m: 2:16.87	35.29	600m: 7:00.10	35.54	1000m: 11:45.20	36.17	1400m: 16:31.53	36.03
	250m: 2:51.94	35.07	650m: 7:35.63	35.53	1050m: 12:20.92	35.72	1450m: 17:06.63	35.10
	300m: 3:27.75	35.81	700m: 8:11.60	35.97	1100m: 12:56.50	35.58	1500m: 17:40.79	34.16
	350m: 4:03.35	35.60	750m: 8:46.75	35.15	1150m: 13:31.72	35.22		
	400m: 4:38.76	35.41	800m: 9:22.37	35.62	1200m: 14:07.76	36.04		
6.	Ruy Manuel Domingos	02			Sporting	17:48.32	541	
	50m: 31.86	31.86	450m: 5:15.43	35.86	850m: 10:01.19	35.84	1250m: 14:48.72	36.29
	100m: 1:06.12	34.26	500m: 5:50.90	35.47	900m: 10:36.69	35.50	1300m: 15:24.67	35.95
	150m: 1:41.67	35.55	550m: 6:26.74	35.84	950m: 11:12.81	36.12	1350m: 16:01.28	36.61
	200m: 2:16.81	35.14	600m: 7:02.14	35.40	1000m: 11:48.28	35.47	1400m: 16:37.47	36.19
	250m: 2:52.48	35.67	650m: 7:38.28	36.14	1050m: 12:24.25	35.97	1450m: 17:13.56	36.09
	300m: 3:28.00	35.52	700m: 8:13.85	35.57	1100m: 13:00.14	35.89	1500m: 17:48.32	34.76
	350m: 4:03.90	35.90	750m: 8:49.87	36.02	1150m: 13:36.34	36.20		
	400m: 4:39.57	35.67	800m: 9:25.35	35.48	1200m: 14:12.43	36.09		
7.	Paulo Andre Frota	02			Fundacao Beatriz Santos	17:50.83	538	
	50m: 30.77	30.77	450m: 5:09.95	36.04	850m: 9:59.42	36.71	1250m: 14:50.46	35.77
	100m: 1:04.04	33.27	500m: 5:45.88	35.93	900m: 10:36.28	36.86	1300m: 15:26.91	36.45
	150m: 1:38.14	34.10	550m: 6:21.82	35.94	950m: 11:12.24	35.96	1350m: 16:04.37	37.46
	200m: 2:12.70	34.56	600m: 6:57.59	35.77	1000m: 11:47.71	35.47	1400m: 16:40.80	36.43
	250m: 2:48.07	35.37	650m: 7:34.52	36.93	1050m: 12:24.47	36.76	1450m: 17:16.53	35.73
	300m: 3:22.96	34.89	700m: 8:10.98	36.46	1100m: 13:01.22	36.75	1500m: 17:50.83	34.30
	350m: 3:58.68	35.72	750m: 8:47.29	36.31	1150m: 13:38.16	36.94		
	400m: 4:33.91	35.23	800m: 9:22.71	35.42	1200m: 14:14.69	36.53		
8.	Daniel Luis Carvalho	02			Braga	17:55.35	531	
	50m: 31.54	31.54	450m: 5:14.35	35.70	850m: 10:04.13	36.70	1250m: 14:56.00	36.47
	100m: 1:05.55	34.01	500m: 5:50.15	35.80	900m: 10:40.96	36.83	1300m: 15:32.50	36.50
	150m: 1:40.60	35.05	550m: 6:26.27	36.12	950m: 11:17.48	36.52	1350m: 16:08.56	36.06
	200m: 2:15.88	35.28	600m: 7:02.36	36.09	1000m: 11:54.25	36.77	1400m: 16:45.03	36.47
	250m: 2:51.58	35.70	650m: 7:38.46	36.10	1050m: 12:30.52	36.27	1450m: 17:20.73	35.70
	300m: 3:27.06	35.48	700m: 8:14.69	36.23	1100m: 13:06.96	36.44	1500m: 17:55.35	34.62
	350m: 4:03.13	36.07	750m: 8:51.08	36.39	1150m: 13:43.40	36.44		
	400m: 4:38.65	35.52	800m: 9:27.43	36.35	1200m: 14:19.53	36.13		

Prova 8, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
9.	Manuel Landeiro Alves	02			Naval Praia da Vitoria	17:58.32	527
	50m: 31.35 31.35	450m: 5:17.66	35.91	850m: 10:07.88	36.82	1250m: 15:01.36	36.87
	100m: 1:06.09 34.74	500m: 5:53.69	36.03	900m: 10:44.36	36.48	1300m: 15:38.12	36.76
	150m: 1:41.99 35.90	550m: 6:30.07	36.38	950m: 11:21.37	37.01	1350m: 16:14.92	36.80
	200m: 2:17.37 35.38	600m: 7:06.31	36.24	1000m: 11:57.86	36.49	1400m: 16:50.21	35.29
	250m: 2:53.32 35.95	650m: 7:42.62	36.31	1050m: 12:34.55	36.69	1450m: 17:26.07	35.86
	300m: 3:29.37 36.05	700m: 8:18.58	35.96	1100m: 13:11.14	36.59	1500m: 17:58.32	32.25
	350m: 4:05.70 36.33	750m: 8:55.27	36.69	1150m: 13:47.59	36.45		
	400m: 4:41.75 36.05	800m: 9:31.06	35.79	1200m: 14:24.49	36.90		
10.	Francisco Alves Souza	02			Gesloures	17:58.97	526
	50m: 30.66 30.66	450m: 5:18.44	36.12	850m: 10:09.46	36.21	1250m: 15:00.58	36.58
	100m: 1:05.62 34.96	500m: 5:55.12	36.68	900m: 10:46.19	36.73	1300m: 15:36.99	36.41
	150m: 1:40.97 35.35	550m: 6:31.04	35.92	950m: 11:22.93	36.74	1350m: 16:13.27	36.28
	200m: 2:17.12 36.15	600m: 7:07.48	36.44	1000m: 11:59.40	36.47	1400m: 16:49.03	35.76
	250m: 2:53.23 36.11	650m: 7:43.79	36.31	1050m: 12:35.50	36.10	1450m: 17:24.55	35.52
	300m: 3:29.76 36.53	700m: 8:20.60	36.81	1100m: 13:11.83	36.33	1500m: 17:58.97	34.42
	350m: 4:05.56 35.80	750m: 8:56.61	36.01	1150m: 13:47.87	36.04		
	400m: 4:42.32 36.76	800m: 9:33.25	36.64	1200m: 14:24.00	36.13		
11.	Rui Joao Marques	02			Nautico /Urgicentro-Sanfil	18:02.08	521
	50m: 31.24 31.24	450m: 5:14.28	36.29	850m: 10:07.85	36.70	1250m: 15:01.68	36.46
	100m: 1:04.57 33.33	500m: 5:50.98	36.70	900m: 10:44.81	36.96	1300m: 15:38.34	36.66
	150m: 1:39.45 34.88	550m: 6:27.63	36.65	950m: 11:21.45	36.64	1350m: 16:14.81	36.47
	200m: 2:14.57 35.12	600m: 7:04.09	36.46	1000m: 11:58.31	36.86	1400m: 16:50.97	36.16
	250m: 2:50.62 36.05	650m: 7:40.61	36.52	1050m: 12:35.07	36.76	1450m: 17:27.11	36.14
	300m: 3:25.74 35.12	700m: 8:17.52	36.91	1100m: 13:11.58	36.51	1500m: 18:02.08	34.97
	350m: 4:01.89 36.15	750m: 8:54.70	37.18	1150m: 13:48.14	36.56		
	400m: 4:37.99 36.10	800m: 9:31.15	36.45	1200m: 14:25.22	37.08		
12.	Francisco Rodriguez Amaral	02			Campinho	18:03.30	519
	50m: 31.81 31.81	450m: 5:21.61	36.24	850m: 10:14.37	36.97	1250m: 15:07.34	36.72
	100m: 1:07.13 35.32	500m: 5:58.36	36.75	900m: 10:51.27	36.90	1300m: 15:43.95	36.61
	150m: 1:43.32 36.19	550m: 6:34.41	36.05	950m: 11:27.86	36.59	1350m: 16:19.54	35.59
	200m: 2:19.84 36.52	600m: 7:11.13	36.72	1000m: 12:04.60	36.74	1400m: 16:56.01	36.47
	250m: 2:55.92 36.08	650m: 7:47.32	36.19	1050m: 12:40.94	36.34	1450m: 17:30.05	34.04
	300m: 3:32.39 36.47	700m: 8:24.19	36.87	1100m: 13:17.47	36.53	1500m: 18:03.30	33.25
	350m: 4:08.78 36.39	750m: 9:00.78	36.59	1150m: 13:53.59	36.12		
	400m: 4:45.37 36.59	800m: 9:37.40	36.62	1200m: 14:30.62	37.03		
13.	Miguel Santos Oliveira	02			Fundacao Beatriz Santos	18:05.49	516
	50m: 31.47 31.47	450m: 5:19.01	35.95	850m: 10:10.31	36.43	1250m: 15:03.25	36.71
	100m: 1:06.57 35.10	500m: 5:55.40	36.39	900m: 10:47.10	36.79	1300m: 15:40.34	37.09
	150m: 1:42.23 35.66	550m: 6:31.56	36.16	950m: 11:23.52	36.42	1350m: 16:16.83	36.49
	200m: 2:18.65 36.42	600m: 7:07.89	36.33	1000m: 11:59.93	36.41	1400m: 16:54.11	37.28
	250m: 2:54.38 35.73	650m: 7:44.25	36.36	1050m: 12:36.25	36.32	1450m: 17:30.16	36.05
	300m: 3:30.82 36.44	700m: 8:21.09	36.84	1100m: 13:13.11	36.86	1500m: 18:05.49	35.33
	350m: 4:06.49 35.67	750m: 8:57.43	36.34	1150m: 13:49.52	36.41		
	400m: 4:43.06 36.57	800m: 9:33.88	36.45	1200m: 14:26.54	37.02		
14.	Goncalo Sampaio Salgado	02			Famalicao	18:07.21	514
	50m: 31.93 31.93	450m: 5:18.92	36.33	850m: 10:10.86	36.68	1250m: 15:04.98	36.95
	100m: 1:06.50 34.57	500m: 5:55.39	36.47	900m: 10:47.27	36.41	1300m: 15:41.93	36.95
	150m: 1:41.54 35.04	550m: 6:31.67	36.28	950m: 11:24.15	36.88	1350m: 16:19.12	37.19
	200m: 2:17.73 36.19	600m: 7:08.03	36.36	1000m: 12:00.73	36.58	1400m: 16:56.00	36.88
	250m: 2:53.87 36.14	650m: 7:44.49	36.46	1050m: 12:37.51	36.78	1450m: 17:31.61	35.61
	300m: 3:30.09 36.22	700m: 8:20.90	36.41	1100m: 13:14.37	36.86	1500m: 18:07.21	35.60
	350m: 4:06.33 36.24	750m: 8:57.52	36.62	1150m: 13:51.09	36.72		
	400m: 4:42.59 36.26	800m: 9:34.18	36.66	1200m: 14:28.03	36.94		

Prova 8, Masc., 1500m Livres, Juvenis B

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts	
15.	Eduardo Gomes Fernandes	02			Hoquei Mealhada/ CA	18:11.24	508	
	50m: 31.34	31.34	450m: 5:16.16	36.15	850m: 10:11.80	37.52	1250m: 15:09.19	37.24
	100m: 1:05.44	34.10	500m: 5:52.71	36.55	900m: 10:49.13	37.33	1300m: 15:46.39	37.20
	150m: 1:40.80	35.36	550m: 6:29.55	36.84	950m: 11:26.14	37.01	1350m: 16:23.45	37.06
	200m: 2:16.39	35.59	600m: 7:06.36	36.81	1000m: 12:03.22	37.08	1400m: 16:59.96	36.51
	250m: 2:52.47	36.08	650m: 7:43.37	37.01	1050m: 12:40.46	37.24	1450m: 17:36.20	36.24
	300m: 3:28.23	35.76	700m: 8:20.30	36.93	1100m: 13:17.86	37.40	1500m: 18:11.24	35.04
	350m: 4:04.11	35.88	750m: 8:57.26	36.96	1150m: 13:54.63	36.77		
	400m: 4:40.01	35.90	800m: 9:34.28	37.02	1200m: 14:31.95	37.32		
16.	Martim Rebelo Malfeito	02			Sporting	18:25.97	488	
	50m: 30.72	30.72	450m: 5:13.12	35.94	850m: 10:16.30	36.91	1250m: 15:16.93	37.64
	100m: 1:04.85	34.13	500m: 5:50.88	37.76	900m: 10:53.73	37.43	1300m: 15:54.92	37.99
	150m: 1:39.09	34.24	550m: 6:29.74	38.86	950m: 11:31.22	37.49	1350m: 16:32.47	37.55
	200m: 2:14.37	35.28	600m: 7:08.16	38.42	1000m: 12:08.79	37.57	1400m: 17:10.84	38.37
	250m: 2:49.54	35.17	650m: 7:46.17	38.01	1050m: 12:45.62	36.83	1450m: 17:48.25	37.41
	300m: 3:25.09	35.55	700m: 8:24.24	38.07	1100m: 13:23.61	37.99	1500m: 18:25.97	37.72
	350m: 4:00.75	35.66	750m: 9:01.77	37.53	1150m: 14:01.31	37.70		
	400m: 4:37.18	36.43	800m: 9:39.39	37.62	1200m: 14:39.29	37.98		
17.	Diogo Filipe Ribeiro	02			Leixoes	18:30.09	483	
	50m: 32.27	32.27	450m: 5:21.77	37.00	850m: 10:21.26	37.45	1250m: 15:23.93	37.87
	100m: 1:07.01	34.74	500m: 5:58.56	36.79	900m: 10:58.69	37.43	1300m: 16:01.75	37.82
	150m: 1:42.60	35.59	550m: 6:35.93	37.37	950m: 11:36.79	38.10	1350m: 16:39.58	37.83
	200m: 2:18.15	35.55	600m: 7:13.15	37.22	1000m: 12:14.45	37.66	1400m: 17:16.88	37.30
	250m: 2:54.50	36.35	650m: 7:50.93	37.78	1050m: 12:52.97	38.52	1450m: 17:53.74	36.86
	300m: 3:30.98	36.48	700m: 8:28.19	37.26	1100m: 13:30.92	37.95	1500m: 18:30.09	36.35
	350m: 4:07.63	36.65	750m: 9:06.23	38.04	1150m: 14:08.44	37.52		
	400m: 4:44.77	37.14	800m: 9:43.81	37.58	1200m: 14:46.06	37.62		
18.	Andre Botelho Azevedo	02			Nucleo Sportinguista Terceira	18:36.61	474	
	50m: 31.68	31.68	450m: 5:13.45	35.98	850m: 10:11.50	38.67	1250m: 15:25.32	39.84
	100m: 1:06.28	34.60	500m: 5:48.93	35.48	900m: 10:49.82	38.32	1300m: 16:04.01	38.69
	150m: 1:41.35	35.07	550m: 6:25.17	36.24	950m: 11:28.88	39.06	1350m: 16:43.44	39.43
	200m: 2:16.03	34.68	600m: 7:01.39	36.22	1000m: 12:08.30	39.42	1400m: 17:21.62	38.18
	250m: 2:51.14	35.11	650m: 7:38.65	37.26	1050m: 12:48.01	39.71	1450m: 18:01.38	39.76
	300m: 3:26.35	35.21	700m: 8:16.18	37.53	1100m: 13:26.53	38.52	1500m: 18:36.61	35.23
	350m: 4:01.88	35.53	750m: 8:54.39	38.21	1150m: 14:06.93	40.40		
	400m: 4:37.47	35.59	800m: 9:32.83	38.44	1200m: 14:45.48	38.55		

Prova 8, Masc., 1500m Livres

Prova 8
30-03-2017

Masc., 1500m Livres

Seniores
Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007
Rec Nac Sen	15:16.22	Fernando Eurico Costa	POR	Bangkok (THA)	14-08-2007

CMPL 23 +: 15:12.79 / TAC 50m: 16:56.35 - 25m: 16:25.40

Pontos: FINA 2017

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
1.	Guilherme Filipe Pina <i>Recorde Nacional, Abs e Sen</i>	98			Sporting	15:15.12	862
	50m: 28.42 28.42	450m: 4:31.73 30.85	850m: 8:37.21 30.72	1250m: 12:43.96 30.94			
	100m: 58.32 29.90	500m: 5:02.26 30.53	900m: 9:07.86 30.65	1300m: 13:14.53 30.57			
	150m: 1:28.71 30.39	550m: 5:33.04 30.78	950m: 9:38.70 30.84	1350m: 13:45.37 30.84			
	200m: 1:58.87 30.16	600m: 6:03.61 30.57	1000m: 10:09.43 30.73	1400m: 14:15.85 30.48			
	250m: 2:29.47 30.60	650m: 6:34.43 30.82	1050m: 10:40.28 30.85	1450m: 14:46.00 30.15			
	300m: 2:59.72 30.25	700m: 7:04.95 30.52	1100m: 11:11.10 30.82	1500m: 15:15.12 29.12			
	350m: 3:30.35 30.63	750m: 7:35.84 30.89	1150m: 11:42.12 31.02				
	400m: 4:00.88 30.53	800m: 8:06.49 30.65	1200m: 12:13.02 30.90				
2.	Alexandre Valdagua Coutinhc97				Columbofila Cantanhedense	15:50.57	769
	50m: 28.96 28.96	450m: 4:40.57 31.91	850m: 8:53.01 31.84	1250m: 13:09.17 32.63			
	100m: 59.72 30.76	500m: 5:12.46 31.89	900m: 9:24.44 31.43	1300m: 13:41.20 32.03			
	150m: 1:30.70 30.98	550m: 5:44.59 32.13	950m: 9:56.48 32.04	1350m: 14:13.98 32.78			
	200m: 2:02.14 31.44	600m: 6:16.00 31.41	1000m: 10:28.26 31.78	1400m: 14:46.52 32.54			
	250m: 2:33.75 31.61	650m: 6:47.42 31.42	1050m: 11:00.04 31.78	1450m: 15:18.78 32.26			
	300m: 3:04.94 31.19	700m: 7:18.43 31.01	1100m: 11:31.96 31.92	1500m: 15:50.57 31.79			
	350m: 3:36.89 31.95	750m: 7:49.91 31.48	1150m: 12:04.38 32.42				
	400m: 4:08.66 31.77	800m: 8:21.17 31.26	1200m: 12:36.54 32.16				
3.	Mario Andre Bonanca	90			Sporting	16:03.42	738
	50m: 29.25 29.25	450m: 4:41.02 31.87	850m: 8:59.11 32.54	1250m: 13:21.55 32.60			
	100m: 1:00.41 31.16	500m: 5:12.90 31.88	900m: 9:32.12 33.01	1300m: 13:54.02 32.47			
	150m: 1:31.84 31.43	550m: 5:44.99 32.09	950m: 10:04.90 32.78	1350m: 14:26.93 32.91			
	200m: 2:03.10 31.26	600m: 6:16.98 31.99	1000m: 10:37.52 32.62	1400m: 14:59.42 32.49			
	250m: 2:34.72 31.62	650m: 6:49.14 32.16	1050m: 11:10.26 32.74	1450m: 15:31.96 32.54			
	300m: 3:06.01 31.29	700m: 7:21.54 32.40	1100m: 11:43.07 32.81	1500m: 16:03.42 31.46			
	350m: 3:37.66 31.65	750m: 7:54.14 32.60	1150m: 12:16.13 33.06				
	400m: 4:09.15 31.49	800m: 8:26.57 32.43	1200m: 12:48.95 32.82				
4.	Rafael Lourenco Gil	96			Benfica	16:19.53	703
	50m: 29.07 29.07	450m: 4:43.06 32.35	850m: 9:02.66 32.96	1250m: 13:30.94 34.10			
	100m: 59.71 30.64	500m: 5:15.15 32.09	900m: 9:35.63 32.97	1300m: 14:04.77 33.83			
	150m: 1:31.36 31.65	550m: 5:47.45 32.30	950m: 10:08.74 33.11	1350m: 14:38.79 34.02			
	200m: 2:02.85 31.49	600m: 6:19.63 32.18	1000m: 10:42.26 33.52	1400m: 15:12.79 34.00			
	250m: 2:34.98 32.13	650m: 6:51.86 32.23	1050m: 11:15.60 33.34	1450m: 15:46.46 33.67			
	300m: 3:06.78 31.80	700m: 7:24.35 32.49	1100m: 11:49.20 33.60	1500m: 16:19.53 33.07			
	350m: 3:38.86 32.08	750m: 7:56.93 32.58	1150m: 12:23.01 33.81				
	400m: 4:10.71 31.85	800m: 8:29.70 32.77	1200m: 12:56.84 33.83				
5.	Diogo Manuel Marques	98			Columbofila Cantanhedense	16:25.25	690
	50m: 28.61 28.61	450m: 4:46.19 31.93	850m: 9:12.39 32.70	1250m: 13:38.66 32.83			
	100m: 1:00.65 32.04	500m: 5:19.61 33.42	900m: 9:46.53 34.14	1300m: 14:12.65 33.99			
	150m: 1:31.82 31.17	550m: 5:51.83 32.22	950m: 10:19.01 32.48	1350m: 14:46.02 33.37			
	200m: 2:04.27 32.45	600m: 6:25.62 33.79	1000m: 10:52.51 33.50	1400m: 15:20.02 34.00			
	250m: 2:36.11 31.84	650m: 6:58.42 32.80	1050m: 11:25.33 32.82	1450m: 15:52.66 32.64			
	300m: 3:08.86 32.75	700m: 7:32.32 33.90	1100m: 11:58.85 33.52	1500m: 16:25.25 32.59			
	350m: 3:41.17 32.31	750m: 8:05.57 33.25	1150m: 12:31.95 33.10				
	400m: 4:14.26 33.09	800m: 8:39.69 34.12	1200m: 13:05.83 33.88				

Prova 8, Masc., 1500m Livres, Seniores

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	Pts
6.	Joao Santos Mendes	98			Leixoes	16:45.80	649
	50m: 30.35 30.35	450m: 4:56.77	33.85	850m: 9:25.34	33.46	1250m: 13:59.86	34.55
	100m: 1:03.11 32.76	500m: 5:30.05	33.28	900m: 9:58.87	33.53	1300m: 14:34.00	34.14
	150m: 1:36.22 33.11	550m: 6:04.18	34.13	950m: 10:33.42	34.55	1350m: 15:08.48	34.48
	200m: 2:09.37 33.15	600m: 6:37.70	33.52	1000m: 11:07.45	34.03	1400m: 15:42.25	33.77
	250m: 2:42.81 33.44	650m: 7:11.57	33.87	1050m: 11:42.20	34.75	1450m: 16:15.28	33.03
	300m: 3:16.08 33.27	700m: 7:44.81	33.24	1100m: 12:16.31	34.11	1500m: 16:45.80	30.52
	350m: 3:49.50 33.42	750m: 8:18.46	33.65	1150m: 12:50.80	34.49		
	400m: 4:22.92 33.42	800m: 8:51.88	33.42	1200m: 13:25.31	34.51		
7.	Pedro Maria Bessa	95			Nautico /Urgicentro-Sanfil	17:04.70	614
	50m: 29.04 29.04	450m: 4:53.86	33.66	850m: 9:30.25	34.89	1250m: 14:09.46	34.22
	100m: 1:00.99 31.95	500m: 5:27.58	33.72	900m: 10:05.82	35.57	1300m: 14:44.85	35.39
	150m: 1:33.58 32.59	550m: 6:01.74	34.16	950m: 10:40.79	34.97	1350m: 15:20.39	35.54
	200m: 2:06.62 33.04	600m: 6:36.21	34.47	1000m: 11:16.24	35.45	1400m: 15:56.10	35.71
	250m: 2:39.89 33.27	650m: 7:10.81	34.60	1050m: 11:51.00	34.76	1450m: 16:30.99	34.89
	300m: 3:13.23 33.34	700m: 7:45.77	34.96	1100m: 12:25.94	34.94	1500m: 17:04.70	33.71
	350m: 3:46.86 33.63	750m: 8:20.40	34.63	1150m: 13:00.35	34.41		
	400m: 4:20.20 33.34	800m: 8:55.36	34.96	1200m: 13:35.24	34.89		
8.	Sergio Gomes Abreu	96			Naval do Funchal	17:04.75	614
	50m: 29.99 29.99	450m: 5:01.27	34.47	850m: 9:34.48	34.46	1250m: 14:13.53	35.10
	100m: 1:02.92 32.93	500m: 5:35.23	33.96	900m: 10:08.94	34.46	1300m: 14:48.95	35.42
	150m: 1:36.85 33.93	550m: 6:09.37	34.14	950m: 10:43.75	34.81	1350m: 15:24.12	35.17
	200m: 2:11.47 34.62	600m: 6:43.31	33.94	1000m: 11:18.44	34.69	1400m: 15:59.94	35.82
	250m: 2:44.85 33.38	650m: 7:17.21	33.90	1050m: 11:53.05	34.61	1450m: 16:33.74	33.80
	300m: 3:18.83 33.98	700m: 7:51.20	33.99	1100m: 12:28.24	35.19	1500m: 17:04.75	31.01
	350m: 3:52.90 34.07	750m: 8:25.52	34.32	1150m: 13:03.14	34.90		
	400m: 4:26.80 33.90	800m: 9:00.02	34.50	1200m: 13:38.43	35.29		